# **Historical Review of Recurrence Plots**

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**Abstract.** In the last two decades recurrence plots (RPs) were introduced in many different scientific disciplines. It turned out how powerful this method is. After introducing approaches of quantification of RPs and by the study of relationships between RPs and fundamental properties of dynamical systems, this method attracted even more attention. After 20 years of RPs it is time to summarise this development in a historical context.

#### 1 Introduction

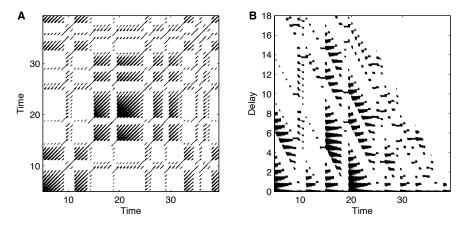
The technique known as recurrence plot is 20 years old. However, recurrences were studied and employed long before. The Maya calender is one example where we can find the principle of recurrences as the basic idea. We encounter recurrences in different aspects in nature and social life.

With the birth of the modern mathematics in the 19th century recurrence was discovered to be a fundamental property of conservative dynamical systems. Poincaré formulated his thesis in the work about the restricted three-body system, which won him a prize sponsored by Oscar II of Sweden and Norway. Poincaré found that "In this case, neglecting some exceptional trajectories, the occurrence of which is infinitely improbable, it can be shown, that the system recurs infinitely many times as close as one wishes to its initial state." (translated from [40]). In the following years, several important mathematical works were performed (e.g. [19]).

However, more than a half century had to pass for recurrences to be comprehensively studied on numerical simulations and real measurements. Not until the introduction of powerful computers such numerically costly studies were possible. As an example, we may take the Lorenz system, which was one of the first numerical models exhibiting recurrences and chaotic behaviour [26]. Recurrences were analysed by *first return maps* [41], *space time separation plots* [42], *return time* and *recurrence time statistics* [1,16]

The persistent growth of computer power allowed even more computer intense investigations, as a pair-wise comparison of all possible combinations of pairs of a data series. This can be done by the similarity matrix, a graphical representation of the similarity of all pairwise combinations in the considered data series. Although strictly speaking, the idea of a distance metric can be traced back to the Pythagorean Theorem, the modern concept of this tool dates back to the 1920s in both applicative [57] as well as methodological fields [27]. The work of Kruskal in the 1960s [23] was one of the most quoted works in statistics and deeply affected many fields of investigation from ecology to psychology and economics. All these fields appeared as separate by physical science so that the appreciation of these works remained limited in physics. However, these authors deeply investigated and exploited this

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**Fig. 1.** (A) Recurrence plot and (B) "close returns plot" of the *x*-component of the Lorenz system [26]. Used RP parameters: m = 5,  $\tau = 5$ ,  $\varepsilon = 7.6$ ,  $L_{\infty}$ -norm.

approach for an analysis of distance spaces allowing for an unbiased representation of virtually all kind of data without any constraint about their characteristics. In this manner, they paved the way for the nowadays recognized ability of recurrence based methods to deal with non-stationary, non-linear and relatively short data series.

With the intense usage of computers, the similarity matrix was re-invented by several scientific disciplines around the change from the 1970s to 1980s, and therefore different terms for the same technique, like *dot plot* [4], *contact map* [5, 17], *similarity matrix* [22, 24] or *distance matrix* [49] emerged. In the field of chaos theory it found its way a few years later as the *recurrence plot* [6] (Fig. 1A). Now the aim was to compare all possible states represented by a higher-dimensional phase space trajectory. In case the trajectory runs through a region in the phase space it passed before, then we consider it as a recurrence. A recurrence means that the recurrent state is somehow similar to a former state. This definition of similarity offers leeway to adopt the method to the needs of the investigation, as we will see later. Thus, the recurrence plot technique was not really new. The intention of Eckmann et al. was to have another representation of the dynamics of the systems. However, they immediately noted that further important information, like determinism, divergence and drifting behaviour can be found in such plots. They also stated that the lengths of the diagonal line structures in the RP are related to the positive Lyapunov exponent.

## 2 The birth of the recurrence plot

By utilisation of the similarity matrix as a tool to visualise recurrences of higher-dimensional phase space trajectories, Eckmann et al. did not expect to establish a new direction in nonlinear data analysis. Nevertheless, 1987 is considered to be the birth of *recurrence plots* and their quantification as a modern tool of nonlinear data analysis.

Short time later (no later than 1992), different authors independently introduced another kind of representation of recurrences [38,64]. They did not compare all possible time points, but only a given time into the past and future (Fig. 1B). Here a further name appeared: the *close returns plot*. Such a representation can be more intuitive, in particular for beginners, because the line structures of the recurrence plot will be parallel to the *x*-axis.

### 3 Recurrence quantification analysis

These first years were characterised by a rather rare application of this method (Fig. 2). The appearance of recurrence plots in publications was somehow exotic. Moreover, up to this time, recurrence plots were just a visualisation tool, what yielded to the disadvantage that the user had to detect and interpret the patterns and structures revealed by the recurrence plot. Low screen and printer resolutions further worsened this issue. To overcome this subjective part of the method, starting in the late eighties, Zbilut and Webber tried to quantify the structures of the RP. At first they just determined the density of recurrence points in the RP and studied the histogram of the lengths of diagonal lines [61, 65, 66]. In the following five years, they introduced the known measures of complexity based on diagonal line structures of recurrence plots and therewith established the *recurrence quantification analysis* (*RQA*):

- percentage recurrences or recurrence rate
- percentage determinism
- maximal line length and divergence
- Shannon entropy of the distribution of the line lengths
- trend.

For a definition of these measures we refer to [33]. The usefulness of these measures was shown by an increasing number of applications to real data. However, until 1995, only few applications of RPs and RQA appeared in publications.

Since the early nineties, Webber provides a freely available software (*RQA Software*) which can be used to compute RPs and the RQA measures. In 1996, Kononov started the *Visual Recurrence Analysis (VRA)* software. It has a user-friendly graphical interface and computational enhancements. Therefore, this software is rather popular. The TISEAN package, provided by Hegger, Kantz and Schreiber, was also one of the first software packages able to compute RPs (but without quantification, just RPs). For locations of these software in the WWW we refer to the web site http://www.recurrence-plot.tk.

As a next milestone we find the introduction of the time-dependent RQA. The RQA measures are calculated from windows moved along the main diagonal of the RP. This allows for the study of the evolution of the RQA measures over time [58]. It was shown that with this approach it would be possible to detect transitions in dynamical systems. At this moment, only transitions between regular and non-regular dynamics (like period-chaos transitions) could be detected. In the same year, a publication with the promising title "Recurrence plots revisited" by [2] appeared. It suggested to use RPs to reconstruct the driving force of dynamical systems and introduced the idea of *meta recurrence plots*, based on windowing and correlation sum.

The major methodological work on the RP and RQA during the 1990s was performed by the group around Zbilut and Webber in Chicago. Since the mid-1990s, the scientific community became more and more aware of RPs, as the continuously increasing number of publications between 1996 and 2004 demonstrates (Fig. 2).

Towards the end of the 1990s, first theoretical studies on the RP regarding their relationship with dynamical invariants and the preservation of the topology appeared. McGuire et al. analytically demonstrated that the distance matrix as the base of the RP preserves all information to reconstruct the underlying data series [37]. Faure and Korn have shown that the cumulative distribution of the lengths of the diagonal lines is directly related to the  $K_2$  entropy [10]. The link between the columns of the RP and the *information dimension* was discussed by Gao and Cai [11].

In 1998, Iwanski et al. already discussed the issue whether it is really necessary to embed in order to derive quantities for the description of the dynamics. The authors based their discussion on more heuristic numerical work and by using the RQA measure *maximal line length*. This issue was further discussed by Gao and Cai [11], who also used the RP in order to estimate recurrence times. They defined two types of recurrence times based on the vertical distance between recurrence points in the RP.

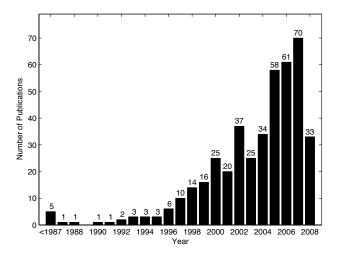


Fig. 2. Publications about RPs and RQA for the last 20 years (May 2008).

In 1999, the *perpendicular RP* was suggested as a refinement in order to estimate the divergence of the states [3]. Here a recurrence is defined using the additional condition that the recurrence points have to lie on a plane which is perpendicular to the phase space trajectory of the reference point. The *iso-directional RP*, introduced in 2002, goes in a similar direction [18]. Its additional recurrence condition requires that the recurrent phase space trajectories have to evolve in parallel, i.e. in the same direction. Unfortunately, these variants of a RP are not popular, probably because of their higher computational efforts.

### 4 Extensions for the recurrence plot and quantification analysis

Also around the change to the new millennium, the RP technique was extended to the bivariate *cross recurrence plot (CRP)* [29, 62]. This bivariate extension tests for simultaneous occurrences of similar states in two different systems. Consequently, cross recurrence quantification analysis followed. This technique can be used to detect deterministic signals [62] and to study complex interrelations between different systems [30, 35]. Here delay based variants of the RQA measures were introduced [30]. Furthermore, CRPs appeared rather illustrative to study differences or transformations of time scales of similar observations [34]. This feature was later used to understand changing shapes of line structures in RPs [31]. The detection of deterministic signals by using RQA was further demonstrated by Zbilut et al. [63].

With the introduction of CRPs, the freely available *CRP Toolbox* for MATLAB, written by Marwan, appeared. This toolbox is platform independent and contains almost all RP related tools and measures. It is noteworthy that also commercial software started to include at least the computation of RPs, like *Dataplore* (ixellence GmbH, Germany). For locations of these software in the WWW we again refer to the web site http://www.recurrence-plot.tk

With the new millennium, further measures of complexity were added to the RQA. Marwan et al. introduced measures based on vertical line structures in the RP and are called *laminarity* and *trapping time* [36]. Using these measures it was possible to detect chaos-chaos transitions.

At the same time, in bio-informatics RPs and RQA were employed to investigate the spatial structure of biopolymers [13]. This was a deep change in perspective, because here

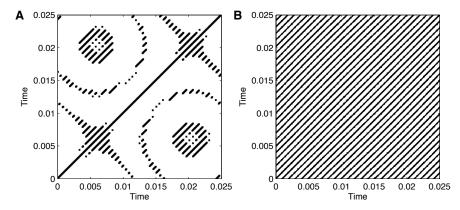


Fig. 3. (A) Pattern of gaps (all white areas) in a recurrence plot of a modulated harmonic oscillation  $\cos(2\pi 1000t + 0.5\sin(2\pi 38t))$  sampled with 1 kHz. These gaps represent missing recurrences due to the sampling frequency close to the frequency of the harmonic signal. (B) Corresponding RP as shown in (A), but for a higher sampling rate of 10 kHz. As expected, the entire RP now consists of the periodic line structures due to the oscillation. Used RP parameters: m = 3,  $\tau = 1$ ,  $\varepsilon = 0.05\sigma$ ,  $L_{\infty}$ -norm.

these methods do not analyse time series but spatial series or even spatial structures (starting directly from distance matrices without the need of a pre-existing series, [60]) and makes the technique to come back to its 'purely statistical' lineage (as opposite to the dynamical lineage).

## 5 Theoretical basis and dynamical invariants

Between 2002 and 2006, Romano and Thiel published several pioneering articles related to different aspects of RPs. They theoretically justified the choice of the recurrence threshold for data with observational noise and were able to analytically describe an RP for noise [51,54]. They explained the link between the line lengths of the diagonal lines and the dynamical invariants [56]. This work led to further studies about the influence of embedding [28,52,53]

In 2004, a real multivariate extension of RPs, the *joint recurrence plot (JRP)* was introduced [47]. JRPs test for simultaneous occurrences of recurrences in different systems and are proper means for the detection of general synchronisation [44]. Romano et al. have further demonstrated how to use a delay based RQA measure for the detection of phase synchronisation, even for non-phase coherent oscillators [46]. This technique can be used to detect the direction of the coupling between systems [45]. During this time, the idea of twin surrogates appeared, which are dynamics preserving surrogates based on recurrences [33,55]. Such surrogates can be used to derive a statistical inference for a synchronisation analysis. Moreover, a spatial extension of RPs was introduced, resulting in RPs of higher dimension (like 4D or 6D) [32].

As we can see, a main part of theoretical and methodical work was now done by the group of Marwan, Romano and Thiel in Potsdam. Consequently, a first international workshop exclusively dedicated to recurrence plots was organised in 2005 in Potsdam, Germany (33 participants).

Instead of using spatial information of the phase space trajectory for the definition of recurrence, Groth has suggested to use the local rank order [15]. The local rank order defines specific order patterns whose recurrences are represented by the *order patterns RP*. This definition of a RP can help to overcome problems with changing amplitudes (e.g. drift).

The work of the Potsdam group was continued by Zou, Ngamga, and Schinkel who worked on a theoretical approach for recurrences of quasiperiodic systems [67, 68], on dif-

ferent kinds of transitions, as to strange non-chaotic attractors [39], and on order patterns RPs [50].

The sampling rate of oscillating signals can be of importance for the detection of recurrences [8,9]. Under certain conditions, large gaps can appear in a RP where actually recurrence points should be (Fig. 3). This feigned disadvantage can be indeed rather helpful for the detection of slight frequency changes in oscillating signals which are not visible by standard spectral analysis.

A second international workshop on RPs was organised in 2007, this time in Siena, Italy (44 participants).

In 2008, Rohde et al. linked statistical properties of the distance matrix to the variance and covariance (at least for stochastic processes) [43]. Krishnan et al. considered RPs from a completely different point [20,21]. They stressed the fact that a RP can be considered as the adjacency matrix of a complex network, allowing topological analysis of networks or graphs by means of RQA. This approach is especially interesting in many interdisciplinary scientific research.

#### 6 The spreading application fields

In the last years, RPs again received more attention. Since 2005, more than 50 publications appear per year (Fig. 2). Whereas in the beginning of the applications of RPs, the method was mainly applied in life sciences (e.g. cardiology, neuro-psychology), the method became popular in other scientific fields during the years. Starting in 1994, a first application in earth sciences [25], in 1996 in finance [12], and in 1999 in engineering [7], chemistry [48] and applied physics [59] appeared. Since 2000 we find numerous applications in many disciplines, from physiology, to biology, earth sciences, acoustics, engineering and material sciences, finance and economics, to fundamental research in chemistry and physics (for examples we refer to [33]).

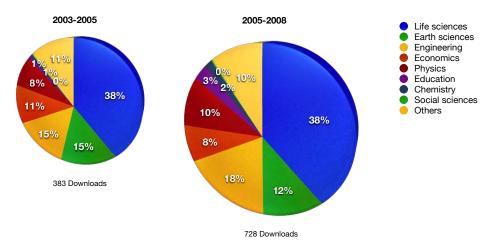


Fig. 4. Usage of the CRP Toolbox for Matlab since 2003.

For the usage of the CRP Toolbox (cf. http://www.recurrence-plot.tk) we have a statistic of the main purposes of application, which allows us to estimate the distribution of applications of recurrence plot based techniques in different scientific disciplines

since 2003 (Tab. 1, Fig. 4). Although we found few repetitions of downloads, the main distribution of application fields is not affected by such repetitions. A further problem in analysing these data is, that we sometimes got multiple choices of scientific fields, even rather unlike combinations, like earth science and neuro science. The selection of the scientific fields and sub-fields may occur rather arbitrary. We do not claim that it is a complete and best selection. However, it is mainly based on the submitted scientific fields or research interests of the users. Some noteworthy and interesting fields are hidden within the more general subjects, like artificial intelligence (in engineering), image processing or telecommunications (in computer and IT networks) or volcanology (in geophysics). Several users have not provided information about the intended purpose. We should also mention that we ensure a high data policy and use the provided data only for a statistical analysis like this.

For a usage statistics we consider two separate periods: a first period between May 2003 and October 2005 with 383 downloads and a second between November 2005 and May 2008 with 728 downloads, revealing the increasing popularity of RPs and the needs of a corresponding Matlab toolbox. The distribution of the application fields has only slightly changed between these two periods; only the increase of applications in engineering (from 15% to 18%) and the slight decrease in earth sciences (from 15% to 12%) is remarkable (Fig. 4). Therefore, in the following we discuss only the second period. The main application fields are life sciences (275 downloads), where psychology, neuro and cognitive sciences (EEG measurements) take the largest part (152 downloads) and cardiology only the third largest part (36 downloads) behind different medical problems (75 downloads). The next application fields are engineering (131), earth sciences (89), physics (72), economics (55), education (21), chemistry (12) and even social sciences (2). For 71 downloads we have not received sufficient information about the purpose of the usage.

#### 7 Outlook

A rather curious sign that RPs are at the final step to really become widely known and accepted, we conclude with the 2008 April hoax of the Australian office of the internet company Google. In a press release on April 1st, 2008, Google announced the launch of a new search technology called gDay, which would be able to accurately predict future internet content [14]:

"... Using Google's index of historic, cached web content and a mashup of numerous factors including recurrence plots and fuzzy measure analysis, gDay creates a sophisticated model of what the internet will look like 24 hours from now – including share price movements, sports results and news events. ..."

As we know, many things Google introduced turned out to be quite popular later.

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**Table 1.** Scientific fields of usage of the CRP Toolbox since 2003 (May 2003 – October 2005, November 2005 – May 2008; descending order of usage in period 2005–2008).

Field	Subject	2003-2005		2005–2008	
Life sciences	Psychology/ cognitive and neuro sciences	54	147	152	275
	Medicinal research/ bio-electronics	59		75	
	Cardiology	24		36	
	Genomics/ DNA sequencing	2		6	
	Proteins/ systems biology	8		6	
Engineering	Engineering	39	56	63	131
	Computer and IT networks	7		30	
	Speech signals/ audio analysis	8		18	
	Traffic and transportation	2		14	
	Metal processing and analysis	0		6	
Earth sciences	Atmosphere and weather/ climatology	10	59	29	89
	Solar and astrophysics	9		14	
	Hydrology	4		12	
	Ecology	19		11	
	Geology	5		9	
	Geophysics	4		5	
	Seismology	6		4	
	Geography	2		5	
Physics	Applied physics	20	31	38	72
	Theoretical physics	11		34	
Economics	Finance and markets	35	41	41	55
	Economics	6		14	
Education/ Teaching			3		21
Chemistry			2		12
Social sciences			1		2
Others			43		71

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