

## FORMATION OF EMOTIONAL INTELLIGENCE WITH THE HELP OF CHILDREN'S LITERATURE

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**Abstract.** *In the Republic of Uzbekistan, special attention is paid to the promotion of reading in our society, especially the development of a reading culture among young people, and a lot of effective work is being done in this direction.*

*Children's literature plays a very important role in the education of young people. It helps children and adolescents develop imagination, empathy, critical thinking and other skills necessary for successful socialization.*

*The article examines the role of children's fiction in the formation of emotional intelligence in school students.*

**Keywords:** *emotional intelligence, children's fiction, language skills, moral attitudes.*

**Introduction.** Children's literature is known to help develop language and reading skills. Reading books from an early age contributes to the formation of vocabulary, competent expression of thoughts and the development of intelligence. Books also teach children to analyze information, draw conclusions, and make informed decisions.

Let's look at several ways to develop language skills and reading abilities in children:

1. Expanding vocabulary: Reading children's literature helps children become familiar with new words and expressions. They can learn new terms, describe objects, sensations and emotions, and recognize synonyms and antonyms.

2. Developing Grammar Skills: Children's literature helps children understand the correct use of grammatical structures such as verb tenses, pronouns, nouns and adjectives. They can learn sentence structure and correct word order.

3. Improving Reading Skills: Reading children's books requires children to actively participate in the reading process. They must follow the plot, understand the characters, and follow the chronology of events. This helps develop comprehension and reading comprehension skills.

4. Developing Imagination and Creativity: Children's literature often contains fantastical and magical elements that can stimulate children's imagination. They can imagine themselves as heroes and experience their adventures, developing their creative thinking.

5. Expanding Worldview: Reading children's literature allows children to learn about different cultures, countries, times and circumstances. They can understand differences between people, accept other points of view, and develop empathy for characters.

As can be seen, children's literature plays an important role in the development of language skills and reading abilities in children. Therefore, parents and teachers should encourage reading such books from a very early age.

Secondly, children's literature helps develop emotional intelligence. Through books, children learn to understand the feelings and emotions of other people and develop their empathy. This is especially important in modern society, where the ability to understand and empathize with other people is key to successful relationships.

Thirdly, children's literature helps develop imagination and creative thinking. Books allow children to immerse themselves in fictional worlds created by authors and develop their ability to think associatively. This helps them learn to see things from different perspectives, find innovative solutions to problems, and become more creative.

Finally, children's literature conveys values and moral attitudes. Good books teach children kindness, justice, hard work and other moral principles. They help shape the child's personality, value system and code of ethics. Children's literature can inspire and motivate children. Reading about characters' accomplishments and overcoming challenges can help children believe in themselves and strive for personal development. Books also stimulate interest in various fields of knowledge and help determine the direction for future hobbies and professions.

The Decree of the President of the Republic of Uzbekistan “On the program of comprehensive measures to develop the system of publishing and distributing book products, improving the culture of reading” sets the following tasks, which indicate the attention paid to reading in our country at the state level:

determination of measures to develop a reading culture and widespread promotion of literary heritage among the population, in particular the younger generation, spiritual encouragement of authors and publishers;

- systematic implementation of widespread propaganda of samples of national classical and modern literature in the country's leading literary, artistic, social and educational periodicals.
- organizing a talk show on the ‘Madaniyat va Marifat’ TV channel aimed at improving the culture of reading, as well as discussing new fiction.
- development of a reading culture in electronic media, as well as consistent promotion and explanation of these books.
- organization of meetings with book authors on a systematic basis in educational, information and library institutions and neighborhoods.
- determination of measures aimed at developing book reading culture skills among pupils and students of preschool, secondary general education, secondary special, vocational educational institutions, and students of higher educational institutions.
- development of methodological recommendations for developing book reading culture skills among pupils and students of preschool, secondary general education, secondary special, vocational educational institutions, and students of higher educational institutions.
- making proposals for the implementation of measures to create libraries (book corners) in gatherings of local residents.
- introduction of a system of writing essays based on read works into the educational process of educational institutions, revision of the system of organizing literary circles and their material support.
- organizing book festivals and book fairs in the regions with the participation of writers, poets and scientists, promoting the best examples of national and world classical literature among the population.

In order to fulfill the assigned tasks, Resolution of the Cabinet of Ministers of the Republic of Uzbekistan No. 781 dated December 14, 2020 “On approval of the National Program for the Development and Support of a Reading Culture for 2020-2025” was adopted.

Systematic promotion of literature aimed at increasing the intellectual potential of young people is an important and necessary tool for the development of education and culture. Such propaganda helps broaden the horizons and develop thinking among young people, and also helps develop critical thinking and the ability to analyze information.

The main goal of systematic propaganda of literature is to stimulate young people's interest in reading and their passion for books, which contribute not only to personal development, but also to the formation of a civic position. The literary works that are offered to young people as part of this propaganda are distinguished by a high level of intellectual complexity and contain deep meaning.

To implement systematic propaganda of literature, various actions and events are held. For example, readings of classical works are organized in schools and universities, literary competitions and festivals are held, and clubs for reading and discussing books are created. In addition, systematic propaganda of literature can be carried out through the media, such as television, radio and the Internet. For example:

Every year, republican festivals "Book Holiday", "Children's Book" are held, as well as republican review competitions "Favorite Book of Youth", "Best Book of the Year", work is underway to promote examples of creativity of the laureates of the Zulfiya State Prize for Literature.

Systematic propaganda of literature aimed at increasing the intellectual potential of young people through prize-winning intellectual television quizzes on various topics is being established; the attention paid to the preservation and exaltation of our values will be brought to the attention of the public.

It is important to note that systematic propaganda of literature should be diverse and include different genres and directions. This will take into account the diverse interests of young people and help them find books that will be most interesting to each specific reader.

Books, which are the spiritual heritage of our people, are being promoted in educational institutions and information resource centers of the republic in accordance with the action plan "The Role of Books in the Formation of Youth", widespread popularization of young people giving gifts to each other in the form of books, as well as comprehensive discussions of the real danger of impacts, directed against spirituality, which serve to develop children's book reading skills in accordance with the action plan "My Book is My Sun", recommendations will be given to parents on instilling in their children a love of reading books.

In general educational institutions of the Republic of Uzbekistan, methodological recommendations have been developed for educators and teachers, training seminars are held, and essay competitions are held on topics such as "My favorite work", "My favorite literary image", "Why I love my Uzbekistan", their winners are financially and morally encouraged.

**Conclusion.** In general, systematic propaganda of literature is aimed at developing the intellectual potential of young people and is an important component of education and personal development. It helps to broaden one's horizons, develop thinking and form a critical attitude to information.

Thus, the role of children's literature in the education of young people cannot be overestimated. It promotes the development of language skills, emotional intelligence, creative thinking and the transfer of values. It is therefore important to encourage reading among children and adolescents and provide them with access to quality children's literature. In general, children's

literature plays a huge role in the development of children. It helps them acquire not only knowledge, but also values, skills and habits that can be useful throughout their lives. Therefore, reading books should become an integral part of children's education.

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