

Protocols for Characterizing Aerosol Emission from Heater Cooler Devices

Catalog of Regulatory Science Tools to Help Assess New Medical Devices

Technical Description

This *in vitro* tool describes protocols that may be used for measuring aerosol emission from water-based heater cooler devices (HCDs).

Aerosols inadvertently generated from contaminated water in HCDs have been associated with multiple infections¹. FDA requests medical device manufacturers to provide performance data that demonstrates that the risks of aerosol emission from their heater cooler devices are low. This tool describes how to prepare samples of clinically relevant test organisms before performing aerosolization testing with HCDs and how to then sample these organisms postaerosolization. This tool also provides protocols for a positive control that can be used for validating the sampling methodology before testing HCDs.

Intended Purpose

Heater Cooler devices (HCDs) are used in patients who undergo cardiopulmonary bypass surgeries. The current technical protocols may assist medical-device manufacturers or third-party testing facilities with testing aerosol emission from HCDs.

Related product codes DWC or DWJ

Testing

Bubbling in contaminated water tanks is believed to be the primary mode of aerosol generation in heater cooler devices. The included publication demonstrates how a bubbler can be used as a positive control for device manufacturers. The bubbling characteristics were qualitatively matched with bubbling observed in heater cooler devices. The publication also demonstrates how one biological assay can be used for collection and quantifying aerosol emissions in heater coolers. Inter-species variability, repeatability, and operator to operator variability were also characterized.



Limitations

This tool is not designed to be part of a physical assay to quantify and analyze total aerosol emission from heater cooler devices.

This assay cannot quantitatively determine the size distribution of bioaerosols.

Supporting Documentation

The basis for this tool can be found in the publication: Guha, S., Wolloscheck, D., Abdali, N., Wentz, C., Gillette, N., Bauer, K. A., & Weeks, J. W. (2022). *A methodology for investigating aerosolization of nontuberculous mycobacteria from contaminated heater cooler devices*. Frontiers. <u>https://doi.org/10.3389/frwa.2022.902872</u>

Given the complexities of working with Non-tuberculous Mycobacterium (NTM) aerosols, we recommend that the user be proficient in growth and isolation of NTM. We also recommend that testing be conducted in a BSL 2 laboratory with adequate safety controls to protect the experimenter from aerosol exposure (i.e., experiments performed within a 6' Class II Type A2 or other Biosafety Cabinet).

We recommend the use of the following testing parameters:

Testing Parameters¹

- Test organism selection:
 - *Mycobacterium chimaera* has been associated with patient infections during heater cooler use. Therefore, device manufacturers should use this organism for their studies.
- Positive control criteria:
 - Positive control should be capable of generating reasonable concentration of *M. chimaera* aerosols with a low air flow rate of (0.2 Liters/minute) and with a liquid inoculum containing *M. chimaera* at a concentration of (10^5 CFU/milliliters).

Tool Output

If the test results indicate that the positive control generates sufficient *M. chimaera* aerosols, then the biological assay used in the positive control may subsequently be employed for quantifying the extent of aerosol emission from the heater cooler device.

A protocol for preparing NTM solution, measuring concentrations, description of a positive control and an assay is provided as an attachment.



Additional resources for informational use only

The following publication discusses additional considerations for testing in heater coolers and similar reprocessed devices:

Weeks, J.W., Segars K., & Guha S. (2020) *The Research Gap in Non-tuberculous Mycobacterium* (*NTM*) *and Reusable Medical Devices. Frontiers in Public Health*. <u>https://doi.org/10.3389/fpubh.2020.00399</u>

Contact

• <u>RST_CDRH@fda.hhs.gov</u>

Tool Reference

In addition to citing relevant publications please reference the use of this tool using DOI: 10.5281/zenodo.8383608

For more information:

<u>Catalog of Regulatory Science Tools to Help Assess New Medical Devices</u>

Appendix

Supporting Information

for

Protocol for Characterizing Aerosol Emission from Heater-Cooler Devices

For providing feedback or for additional questions related to the protocols please reach out to: <u>RST_CDRH@fda.hhs.gov</u>.

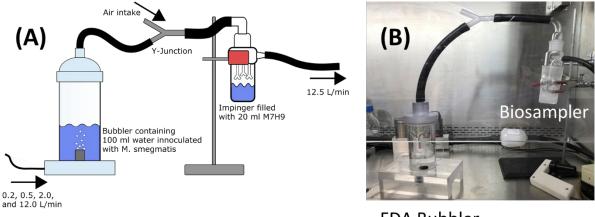
PROTOCOLS

P1. FDA Bubbler for Use as Positive Control

The aerosol emission testing FDA currently recommends that testing include both positive and negative controls. Device manufacturers can choose to use their own devices that are known to aerosolize (when the water tanks are contaminated) as positive control. However, when unsure about device or apparatus to use as positive control, device manufacturers can also use the FDA bubbler design. This bubbler is built to recreate the bubbling process in heater cooler water tanks that have been the primary mode of aerosolization of Nontuberculous mycobacterium from heater coolers.¹



A schematic of the FDA bubbler set up as well as the actual bubbler is shown in Figure S1 below.



FDA Bubbler

Figure S1 (A) Schematic of the FDA bubbler including the SKC biosampler. (B) Actual test set up as observed inside a biosafety cabinet.

The bubbler was carefully constructed after going through some design iterations. The design iteration process is discussed in more details elsewhere.² The key considerations when designing the bubbler tested constructed and testing by FDA is:

- 1. The height and diameter of the bubbler should be approximately 140 mm and 50 mm, respectively.
- 2. The aquarium aerator can used to generate bubbles and it should be placed centrally.
- 3. Filtered Air will need to be connected to the aerator through the bottom, and the air should be controlled with a mass flow controller. The mass flow controller should be able to deliver flow rates < 10 L/minute with high accuracy.
- 4. The top outlet of the bubbler should also be centrally located and can be of inner diameter around 10 mm.
- 5. At the top of the chamber, a conductive silicon tubing (TSI Inc. Shoreview, MN) should transport the aerosolized NTM to a SKC Biosampler (SKC Inc., PN 225-9595) which needs to be operated at a fixed flow rate of 12.5 L/minute.
- 6. The bubbler should preferably be operated at < 1 L/minute. Hence the offset of the flow rate (SKC biosampler pulling at 12.5 L/minute) needs to be accomplished by using a Y-connector after the outlet to allow supplementary air to dilute the aerosols emitting from the bubbler before reaching the SKC biosampler.</p>

P2. Preparation of the bacteria before aerosolization

 Fresh cultures for both *M. chimaera* and *M. smegmatis* (if desired for early feasibility experiments) can be prepared by diluting stationary phase cells 1:100 and subculturing to an optical density (OD550) of ~1.5.



- 2. After reaching an OD550 of \sim 1.5, cultures should be centrifuged at 5,000 RPM for 20 min at room temperature.
- 3. The supernatant should be decanted, and cells should be washed twice before suspending to an OD550 of 1.0 in sterile deionized (DI) water.
- 4. Cultures should then be enumerated by performing 10-fold serial dilutions and plating 100 μ l aliquots on MB 7H10 agar plates. Typically, in our experience, *M. smegmatis* correlates ~2 × 10⁸ colony forming units (CFU)/ml for OD550 of 1.0. and *M. chimaera* correlates ~4 x 10⁸ CFU/ml for OD550 of 1.0.
- 5. These bacterial suspensions can be diluted with autoclaved tap water to create desirable final concentrations to be used in the bubbler. Typically, we recommend preparing inoculum concentrations of $10^0 10^7$ CFU/mL that can also allow for a serial dilution study to understand the performance of the bubbler at a specific air flow rate.

P3. Operating the bubbler

- 1. The FDA bubbler should be filled to 100 mL with inoculum.
- 2. If the inoculum will be prepared to the desired concentration in the bubbler, the bubbler should be filled with autoclaved tap water of the correct volume and the corresponding volume of concentrated inoculum. For example: the OD550 ~1.0 solution was determined to be 2 x 10⁸ CFU/ml. To make a 100 ml of 10⁷ CFU/ml bacterial inoculum, add 95 ml of autoclaved tap water to the bubbler, then 5 ml of OD550 ~1.0 should be added and mixed to the solution.
- We recommend starting experiments using an inoculum concentration of 10⁵ CFU/mL. As indicated in P2 above, concentrations from 10⁰-10⁷ CFU/ml can be used for testing to determine the optimum concentration and flow rate to act as a positive control.
- 4. The flow rate should be gradually increased using the mass flow controller from 0.2 L/minute in increments of 0.2 L/minute up to 1.0 L/minute.
- 5. User can choose a final flow rate to perform their positive control test. The final flow rate would ultimately be dictated by the response obtained from the test-set up and can depend on a variety of factors including the aerosolization potential of strain of NTM used, the tubing lengths, the aerator design, the design of the bubbler etc.

P4. Protocol for Sampling

- The SKC biosampler should be filled with 20 ml of M7H9 supplemented with 10% OADC, 0.1% Tween 80, and 0.004% Antifoam B silicone emulsion (JT Baker, B531-05) that prevents froth formation particularly during collection of hydrophobic bacteria.
- 2. Aerosols should be collected in the biosampler for 5 min.
- 3. Impinged solution should then be transferred into 50 ml conical vials.
- 4. Impinged solutions should then be vortexed for 30 s at 1,500 RPM (VWR) and 10-fold serial dilutions should be prepared by diluting 1 ml of solution into 9 ml of phosphate



buffered saline (Fisher). Samples should either be collected by vacuum filtration onto 0.45 μ m filters (Millipore) or by spread plating 100 μ l onto M7H10 agar plates.

5. Samples may be plated as a single replicate at three different dilutions.

P5. Additional precautions and considerations

The major organism of concern is Mycobacterium chimaera, and aerosolization of this bacterium poses a high risk for the user especially in case of leakage from the test set-up. Therefore, additional precautions are required.

- 1. After setting up the protocol, user should use a particle counter (e.g. TSI Inc. Condensation Particle Counter Model 3775) at various points near the test set up to ensure that no additional particle counts are detected across various set ups (e.g. without water, with water, or with water contaminated with *M. chimaera*).
- 2. For the safety of the user, this leak testing can also be performed using M. smegmatis which is a lower risk microorganism compared to M. chimaera.
- 3. If the counts across various set ups are similar that provides assurance to the user that there are no leaks. However, if the particle counter determines relatively higher particle counts when the water is contaminated with *M. smegmatis*, then the bubbler set up connections would need to be tightened or modified.
- 4. If the counts are found to be similar after tightening the test set up, then the above tests would need to be repeated with *M. chimaera* to ensure leak proof set up.

Other considerations include taking different precautions for preventing aggregation for different subspecies of NTM. For example, 0.1 % Tween 80 should be added to M7H9 buffer specifically when culturing M. smegmatis to ensure uniform growth and to reduce aggregate formation. NTM concentrations above 10⁷ CFU/mL should be avoided as large concentrations tend to result in aggregate formation, settling of these aggregates from the water, and hence depletion of single units of NTM in solution.

References

- <u>FDA's Ongoing Evaluation and Continued Monitoring of Reports of Nontuberculous</u> <u>Mycobacteria Infections Associated with Water-Based Heater-Cooler Devices</u> (last accessed July 29, 2022)
- Guha, S., Wolloscheck, D., Abdali, N., Wentz, C., Gillette, N., Bauer, K. A., & Weeks, J. W. (2022). A methodology for investigating aerosolization of nontuberculous mycobacteria from contaminated heater cooler devices. Frontiers. <u>https://doi.org/10.3389/frwa.2022.902872</u>