

Institut created by Marie Curie in 1909

3 missions



Research



Care



Generation & Preservation of knowledge

3,700 employees on 3 sites

CONTEXT

Background situation

- High stress levels for medical professionals
- Suffering and lack of communication by patients
- Post-Covid crisis – loss of social coherence

Animals can provide solutions, they

- Encourage communication and interaction
- Bring positive distraction
- Reduce anxiety

2 MAIN OBJECTIVES

To offer to the project team and all Institut Curie staff a happy and friendly presence, in order to lighten the burden of busy days in terms of both work density and emotional load.

To provide Snoopy time on request to patients for whom the presence of a dog could be beneficial: non-communicative or very anxious patients, in oncogeriatrics, adolescent consultations.

METHODS



Choice of the dog

- Not too big
- Floppy ears to avoid appearing aggressive
- Robust and healthy
- With a calm temperament and familiar with humans



Experts team

- A vet and animal behaviour expert at National Veterinary School
- A occupational therapist and lecturer at Univ. Paris Est Créteil
- A professional dog trainer
- A team of 5 specially trained nurses



Balance of spirit

- Training period
- Positive educational model



First month of work with

- Cancer patients, non communicative patients, > 75 years old, adolescent cancer patients
- Stressed clinicians
- Consultations and waiting room
- Before stressful examinations



Evaluation: Who ? Impacts ?

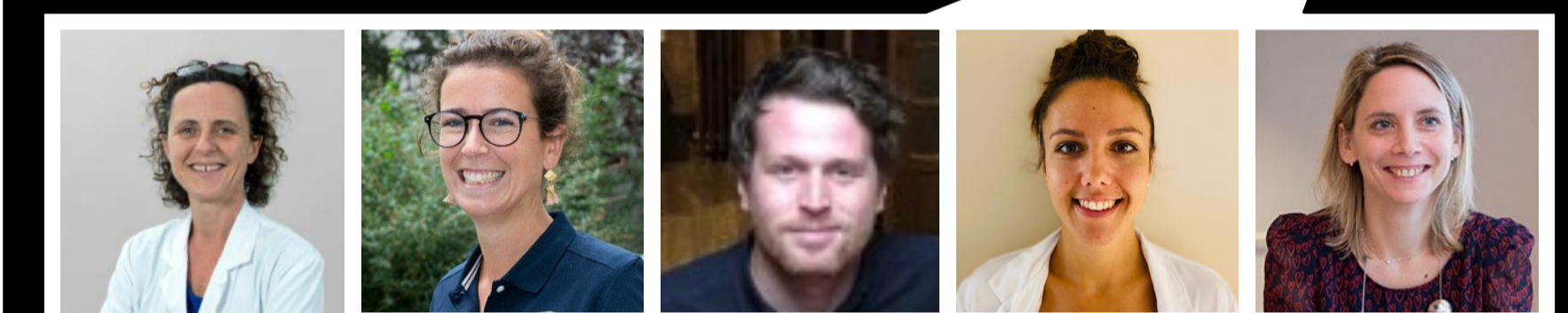
- Internal staff and patients
- Quality of work life, stress level



WHO IS SNOOPY ?

a two-year-old English setter who was adopted from the SPA animal rescue center in 2022

SNOOPY FAMILY



+ many Snoopy volunteers

FIRST RESULTS

Hospital waiting room



consultation room



- Health and safety charter validated
- Many positive surprises
- Countless smiles
- A canine project full of humanity
- More than a colleague on 4 paws
- Snoopy is a super doctor
- New links between Hospital and Research Center

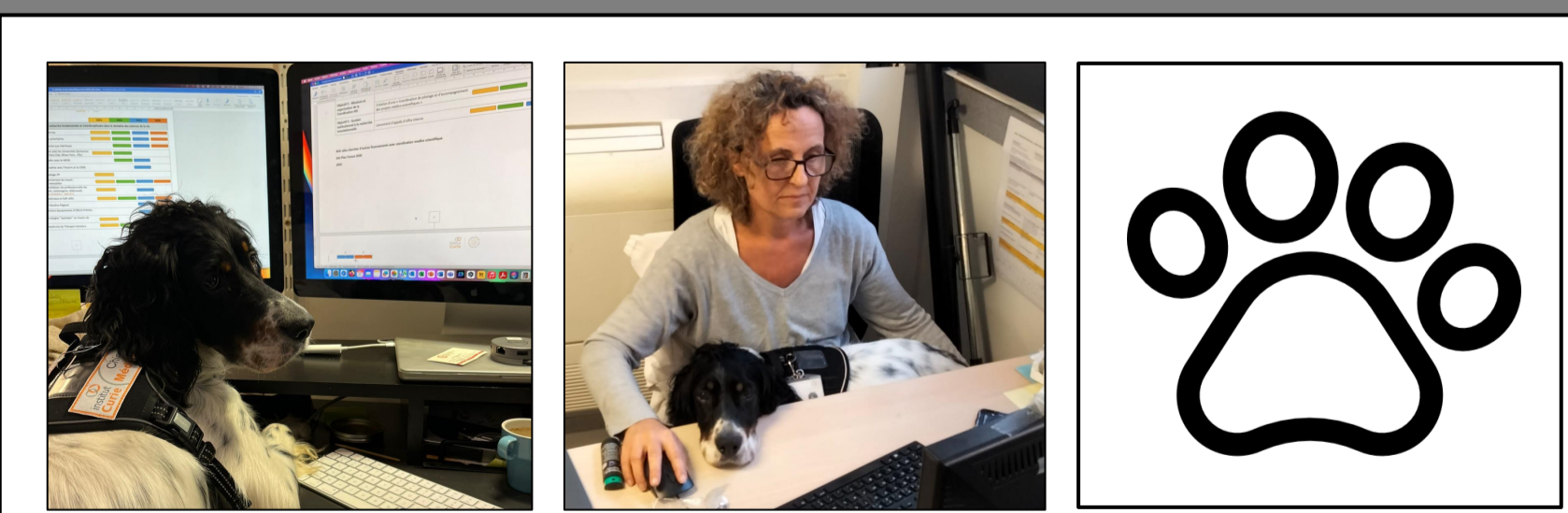
PERSPECTIVES FOR THE FUTURE

Improve project management
Mitigate limiting factors
Reflexion about a second dog?
Possibility of replicating the project: other Curie sites, the Research Center, other establishments in France and beyond.

CONCLUSION



After Curietherapy and Immunotherapy
it's time for SNOOPYTHERAPY



REFERENCES

- Jensen CL, Bibbo J, Rodriguez KE, O'Haire ME. The effects of facility dogs on burnout, job-related well-being, and mental health in paediatric hospital professionals. *Journal of Clinical Nursing*. 2021
- Maurice C, Engels C, Canoui-Poitrine F, Lemogne C, Fromantin I, Poitrine E. Dog ownership and mental health among community-dwelling older adults: A systematic review. *Int J Geriatr Psychiatry*. 2022
- Ginex P, Montefusco M, Zecco G, Trocchia Mattessich N, Burns J, Heddal-Siegel J, Kopelman J, See Tan K. Animal-Facilitated Therapy Program: Outcomes from caring canines, a program for patients and staff on an inpatient Surgical oncology unit *Clinical Journal of Oncology Nursing*. 2018
- Mueller MK, Gee N, Bures RM. Human-animal interaction as a social determinant of health: descriptive findings from the health and retirement study. *BMC Public Health*. 2018



virginie.bel@curie.fr - maxime.cheron@curie.fr

