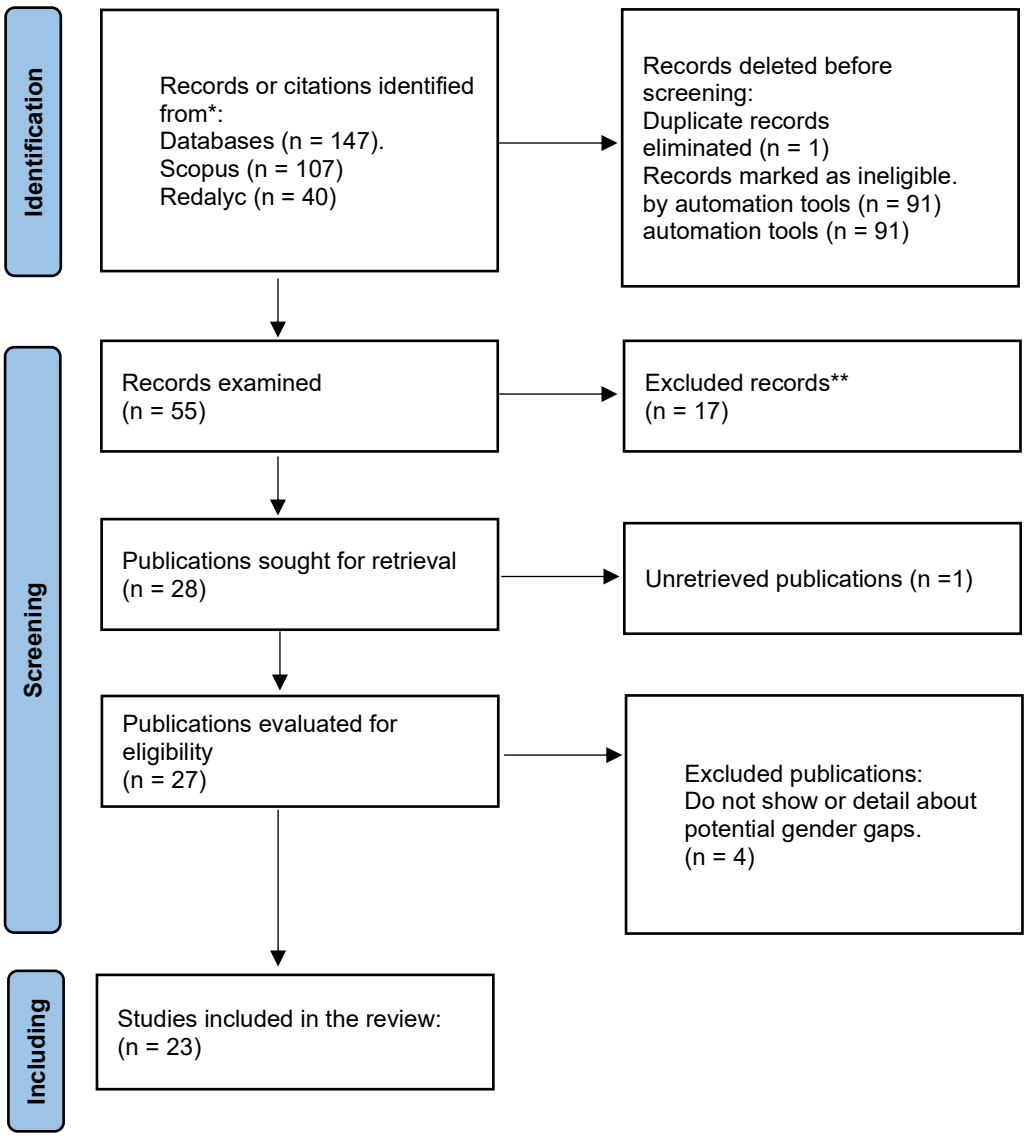Figure 1. Manuscript inclusion and exclusion flowchart according to the PRISMA 2020 method.