

Supplementary Material

Table S1. Comparative average of fatty acids (FA) content (% of total FA) of pollen preserved with honey and their mixtures with sea buckthorn oil (SBO) and royal jelly (RJ) in a two-year period of storage at +4 °C ($p \leq 0.05$).

Fatty acids	Formula	BPH	BPH +1 % SBO	BPH +1% SBO +2 % RJ	P < .05 value
Lauric	C12:0	0.20	0.14	0.13	0.03
Myristic	C14:0	1.51	0.91	0.94	0.10
Pentadecanoic	C15:0	0.41	0.22	0.23	0.26
Palmitic	C16:0	23.85	19.19	19.30	1.07
Palmitoleic	C16:1n-7	0.74	3.68	3.58	0.38
Stearic	C18:0	2.32	2.51	2.55	0.23
Oleic	C18:1n-9 <i>cis</i>	6.26	8.46	8.34	0.83
Vaccenic	C18:1n-7	1.62	1.85	1.92	0.16
Linolelaidic	C18:2n6 <i>trans</i>	0.81	0.68	0.70	0.45
Linoleic	C18:2n-6 <i>cis</i>	10.48	28.78	27.99	2.06
γ-Linoleic	C18:3n-6	1.16	0.99	0.96	0.24
α-Linolenic	C18:3n-3	42.31	26.52	27.41	0.83
Arachidic	C20:0	0.64	0.56	0.54	0.10
Eicosenoic	C20:1n-9	0.15	0.16	0.15	0.06
Eicosadienoic	C20:2n-6	0.19	0.15	0.17	0.05
Eicosatrienoic	C20:3n-3	0.41	0.24	0.25	0.07
Arachidonic	C20:4n-6	0.61	0.16	0.13	0.57
Behenic	C22:0	0.35	0.45	0.46	0.04
Docosadienoic	C22:2n-6	0.31	0.15	0.11	0.29
Docosatetraenoic	C22:4n-6	0.23	0.21	0.22	0.12

Lignoceric	C24:0	0.31	0.23	0.26	0.07
Nervonic	C24:1n-9	0.43	0.30	0.28	0.08

Note: Saturated fatty acids (SFA): C12:0; C14:0; C15:0; C16:0; C18:0; C20:0; C22:0; C24:0

Unsaturated fatty acids (USFA): n-3; n-6; n-7; n-9; C24:1

n-3: C18:3n3; C20:5n3 and n-6: C18:2n6*trans*; C18:2n6*cis*; C18:3n6; C20:2n6; C20:4n6;

C22:2n6; C22:4n6

n-7: C16:1n7; C18:1n7 and n-9: C18:1n9*cis*; C20:1n9; C24:1n9

The bee products used in the study included pollen mixed with honey in ratio 1:2 g/g represented as BPH, pollen mixed with honey in ratio 1:2+1 % (*w/w*) SBO indicated as BPH+1 % (*w/w*) SBO, pollen mixed with honey in ratio 1:2+1 % (*w/w*) SBO+2 % RJ indicated as BPH+1% (*w/w*) SBO+2 % (*w/w*) RJ

Table S2. Relationship of fatty acids (% of total FA) between bee pollen and honey mixture with pollen during a two-year period of storage at +4 °C ($p \leq 0.05$).

Fatty acids	Formula	AVG ±SE of FA			Variation limits of FA Min/ Max, (%)		CV (%) for BP and BPH
		BP	BPH	(r)	BP	BPH	
Lauric	C12:0	0.32 0.07	0.20 0.01	0.76	0.21 0.53	0.16 0.23	44.7 14.7
Myristic	C14:0	1.53 0.12	1.51 0.09	0.82	1.20 1.75	1.28 1.72	15.5 11.9
Pentadecanoic	C15:0	0.57 0.16	0.41 0.21	0.78	0.12 0.88	0.09 0.96	56.4 1013
Palmitic	C16:0	23.31 0.52	23.85 0.33	-0.36	21.91 24.31	22.88 24.39	4.43 2.78
Palmitoleic	C16:1n-7	0.18 0.01	0.74 0.47	0.99	0.16 0.22	0.19 2.16	15.05 127.6
Stearic	C18:0	1.97 0.16	2.32 0.10	-0.28	1.68 2.36	2.14 2.56	16.36 8.82
Oleic	C18:1n-9 <i>cis</i>	6.36 0.66	6.26 0.51	0.39	4.85 7.94	5.03 7.45	20.69 16.16
Vaccenic	C18:1n-7	1.56 0.19	1.62 0.24	0.88	1.22 2.04	1.27 2.34	23.77 30.14
Linolelaidic	C18:2n-6 <i>trans</i>	1.04 0.42	0.81 0.33	0.93	0.19 2.10	0.15 1.50	80.31 82.05
Linoleic	C18:2n-6 <i>cis</i>	9.77 0.19	10.48 0.34	-0.47	9.40 10.16	9.76 11.32	3.95 6.43
γ-Linoleic	C18:3n-6	0.80 0.55	1.16 0.55	0.59	0.21 2.45	0.18 2.11	136.9 94.10
α-Linolenic	C18:3n-3	41.36 1.26	42.31 0.72	-0.59	38.59 43.94	40.24 43.57	6.11 3.42
Arachidic	C20:0	0.75 0.05	0.64 0.06	0.98	0.65 0.88	0.54 0.77	13.35 17.26
Eicosenoic	C20:1n-9	1.13 0.22	0.15 0.19	-0.48	0.17 0.258	0.12 0.18	102.1 16.69
Eicosadienoic	C20:2n-6	0.65 0.02	0.41 0.03	0.27	0.28 0.17	0.31 0.23	40.95 26.14
Eicosatrienoic	C20:3n-3	0.65 0.13	0.41 0.04	0.94	0.28 0.90	0.31 0.51	43.49 20.01
Arachidonic	C20:4n-6	0.49 0.12	0.61 0.39	0.99	0.35 0.74	0.18 1.40	31.72 111.3
Behenic	C22:0	0.44 0.07	0.35 0.02	0.98	0.32 0.62	0.32 0.40	51.67 9.62
Docosadienoic	C22:2n-6	0.38 0.13	0.31 0.02	0.99	0.24 0.67	0.29 0.32	6.96
Docosatetraenoic	C22:4n-6	0.28 0.07	0.23 0.02	0.43	0.18 0.62	0.14 0.40	26.64

		0.04	0.06		0.35	0.39	51.38
Lignoceric	C24:0	<u>0.23</u>	<u>0.31</u>	0.90	<u>0.09</u>	<u>0.25</u>	<u>47.69</u>
		0.06	0.02		0.33	0.36	14.87
		<u>0.35</u>	<u>0.43</u>	0.31	<u>0.25</u>	<u>0.35</u>	<u>23.68</u>
Nervonic	C24:1n-9	0.04	0.04		0.44	0.51	16.22

Note: Saturated fatty acids (SFA): C12:0; C14:0; C15:0; C16:0; C18:0; C20:0; C22:0; C24:0

Unsaturated fatty acids (USFA): n-3; n-6; n-7; n-9; C24:1

n-3: C18:3n3; C20:3n3 and n-6: C18:2n6*trans*; C18:2n6*cis*; C18:3n6; C20:2n6; C20:4n6;
C22:2n6; C22:4n6

n-7: C16:1n7; C18:1n7 and n-9: C18:1n9*cis*; C20:1n9; C24:1n9

CV – coefficient of variation and SE – standard error

The bee products used in the study included pollen mixed with honey in ratio 1:2 g/g
represented as BPH