

APPENDIX C. Exploratory factor analysis

Table C1. *Results of the exploratory factor analysis.*

Questions (SPSS codename)	Factor					Re-defined factor (<i>of which framework element</i>)
	1	2	3	4	5	
Hassle_complicated	0.817					Habits & resistance to changing them (<i>internal competences</i>)
Habits_think	0.765					
Habits_routine	0.734					
Knowhow_differ (reversed)	-0.665					
Hassle_work	0.632					Sufficiency attitude (<i>meaning</i>)
Attitude_use		0.774				
Attitude_own		0.731				
Attitude_waste		0.670				
Knowhow_congest*		0.462		0.420		Provided knowledge & accessibility (<i>explicit competences</i>)
Knowledge_how to			0.864			
Knowledge_benefit			0.848			
Design_accessible			0.513			
Monitoring skill_app				0.804		
Monitoring skill_weather				0.582		Monitoring skill (<i>internal competences</i>)
Design_clear*			0.439	0.577		
Beliefs_passive (reversed)					0.809	User beliefs (<i>meaning</i>)
Beliefs_active					0.620	

* Item continues to load on two different factors even after rotation.