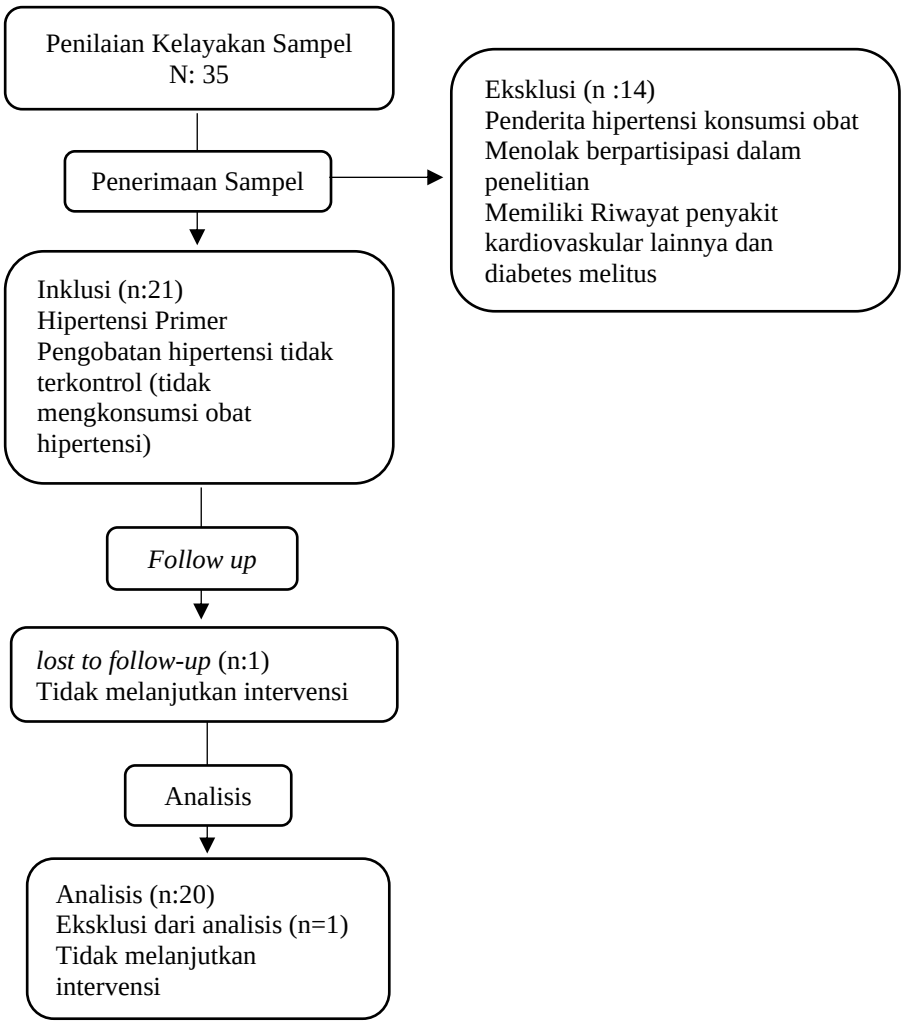Bagan alir perkembangan subjek dalam pre-test post test desain kuasi-eksperimental