

perceived / created scarcity

- misery (spiritual, social, material)
- exhaustion (self, resources)
- dis-eases, corruption (physical, ecosystems)

perceived / created abundance

- equanimity
- cultivation
- dynamic equilibrium



egocentric competition

- economic / ideological wars (nations, market)
- value extracted from the collective
- control (techniques, rules imposed)

emerging cooperation

- cohabitation of plural realities / value systems
- value generated with / for the commons
- convergence (soft skills, local customs)



survival

- greed, aversion
- inhibition of thought / feelings (self-ignorance)
- belonging to the collective narrative is critical

fullness / reliance

- presence, love (*agape*), inner peace
- freethought, introspection, interoception
- congruence of own narrative is critical

