

DEVELOPMENT OF PHYSICAL EDUCATION AND MASS SPORTS IN THE NEW UZBEKISTAN

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Abstract: *This article provides information about the legal framework for the development of the sports sector in the Republic of Uzbekistan and the reforms in the field of physical education and sports in our country.*

Keywords: *Physical Culture, public policy, law, under-law, health, general, special, aesthetic, information, education and training, function, practical, sports, retrieval, wellness, rehabilitation.*

РАЗВИТИЕ ФИЗИЧЕСКОЙ КУЛЬТУРЫ И МАССОВОГО СПОРТА В НОВОМ УЗБЕКИСТАНЕ

Аннотация: *В данной статье представлена информация о законодательных основах развития спортивной отрасли в Республике Узбекистан и реформах в области физической культуры и спорта в нашей стране.*

Ключевые слова: *физическая культура, государственная политика, право, подзаконное, здоровье, общее, специальное, эстетическое, информационное, образование и воспитание, функциональное, практическое, спортивное, рекреационное, оздоровительное, реабилитационное*

INTRODUCTION

Relevance. On March 5, 2018, the decree of our President Shavkat Mirziyoyev “on measures to radically improve the system of Public Administration in the field of Physical Education and sports” was adopted in our country. In accordance with the decree, on the basis of the previous state committee and its territorial divisions, the Ministry of physical education and sports of the Republic of Uzbekistan was established, its functions and powers were expanded. On September 20, 2018, a meeting was held by the head of the country dedicated to the issues of development of the field of physical education and sports. It noted that the introduction of a new system for improving the selection – selection work of athletes gave its initial results.

MATERIALS AND METHODS

In order to increase the popularity of physical education and sports in our republic to a higher level, develop the movement of Physical Culture, revive the people's National Games, form a healthy lifestyle, train talented athletes in modern sports and improve their sports skills, the president of our country Sh.M.Mirziyoyev of the decrees and decisions made by on implementation have become important in the popularization and development of the sports sector in our country. We are proud of our athletes who have made a significant contribution to increasing the prestige and prestige of Uzbekistan in international sports fields. At the same time, we should pay great attention to mass sports, not limited to the achievements in high Sports – said the president of the Republic of Uzbekistan Shavkat Mirziyoyev at this meeting.

It is especially noteworthy that representatives of our country are achieving high results at the Olympic Games, World Championships, Asian Games and championships, international competitions, the prestige and sports potential of Uzbekistan in the world is increasing, magnificent sports facilities are being built in the regions of the Republic corresponding to World

templates, and sports games “sprouts of Hope”, “perfect generation” and “Universiade”, consisting of three

RESULTS AND DISCUSSION

At the same time, in all regions of our country, the necessary conditions are being created to promote and promote the important importance of mass sports in the life of a person and a family, the basis of its physical and spiritual wellness, to protect young people who are entering life with high hopes from harmful habits, to realize their abilities and talents, to

Physical education and sports relations between individuals, teams and peoples have become one of the most common forms, uniting millions to millions of peoples. . Considering also its international forms in the growing current of the movement of Physical Culture between peoples, ideological unification and friendly communication through friendship and peace stands. The universality of the” sports language”, the understanding of all people without translation, the ability to fight rightly, leads to the unification of people, and not distribution.

Today, Development and changes are taking place in all aspects of the new Uzbekistan. In the process of developing physical education and mass sports in our country, the necessary conditions are created for strengthening the health of the population, gaining a profession, playing sports according to their own interests and aspirations.

It was envisaged to ensure comprehensive training and successful participation of athletes of our country, to provide material support for athletes who have won gold, silver and bronze medals, as well as to further develop mass sports in our country.

CONCLUSION

The new Uzbekistan, further development of physical education and mass sports and promotion of the population to a healthy lifestyle, further improvement of athletes and their skills and adequate reforms are being carried out in this regard, physical education is encouraging to increase strong intelligence, increase spiritual wealth, scientific potential and find a place in life.

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