Online Appendix for: Modeling the Evolution of Rates of Continuous Trait Evolution

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Supplemental Tables and Figures

Table S1. Cetacean body length data and	associated references	used for empirical	example
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species	length (m)	reference
Balaena mysticetus	18.0	Slater et al., 2010
Balaenoptera acutorostrata	10.7	Slater et al., 2010
Balaenoptera bonaerensis	10.2	Konishi et al., 2008
Balaenoptera borealis	16.1	Slater et al., 2010
Balaenoptera edeni	15.4	Slater et al., 2010
Balaenoptera musculus	33.6	Slater et al., 2010
Balaenoptera omurai	10.7	Slater et al., 2010
Balaenoptera physalus	21.2	Slater et al., 2010
Berardius arnuxii	8.9	Slater et al., 2010
Berardius bairdii	12.0	Slater et al., 2010
Caperea marginata	6.2	Slater et al., 2010
Cephalorhynchus commersoni	1.5	Slater et al., 2010
Cephalorhynchus eutropia	1.5	Molina and Oporto, 1993
Cephalorhynchus heavisidii	1.7	Slater et al., 2010
Cephalorhynchus hectori	1.5	Slater et al., 2010
Delphinapterus leucas	3.8	Slater et al., 2010
Delphinus capensis	2.5	Plön et al., 2012
Delphinus delphis	2.3	Slater et al., 2010
Eschrichtius robustus	14.6	Slater et al., 2010
Eubalaena australis	13.9	Slater et al., 2010
Eubalaena glacialis	13.7	Slater et al., 2010
Eubalaena japonica	17.4	Fortune et al., 2021
Feresa attenuata	2.4	Slater et al., 2010
Globicephala macrorhynchus	4.8	Slater et al., 2010
$Globicephala\ melas$	5.1	Slater et al., 2010
Grampus griseus	3.7	Slater et al., 2010
Hyperoodon ampullatus	7.9	Slater et al., 2010
Hyperoodon planifrons	7.5	Slater et al., 2010
Indopacetus pacificus	7.2	Slater et al., 2010
Inia geoffrensis	2.0	Slater et al., 2010
$Kogia\ breviceps$	3.4	Slater et al., 2010
Kogia sima	2.4	Slater et al., 2010
Lagenodelphis hosei	2.6	Slater et al., 2010
$Lagenorhynchus\ albirostris$	3.0	Slater et al., 2010
Leucopleurus acutus	2.4	Slater et al., 2010
Lipotes vexillifer	2.0	Slater et al., 2010
Lissodelphis borealis	2.3	Slater et al., 2010
Lissodelphis peronii	2.3	Baker, 1981

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species	length (m)	reference
Megantera novaeanaliae	18.0	Slater et al., 2010
Mesonlodon hidens	5.1	Slater et al., 2010
Mesoplodon bowdoini	4.5	Slater et al., 2010
Mesonlodon carlhubbsi	5.3	Mead et al., 1982
Mesonlodon densirostris	4.7	Slater et al., 2010
Mesoplodon europaeus	5.2	Slater et al., 2010
Mesonlodon ainkaodens	4.9	Slater et al., 2010
Mesoplodon aravi	5.3	Slater et al., 2010
Mesoplodon hectori	4.4	Slater et al., 2010
Mesoplodon hotaula	4.8	Dalebout et al. 2014
Mesoplodon lauardii	6.2	Slater et al., 2010
Mesoplodon mirus	5.1	Slater et al., 2010
Mesoplodon perrini	4.4	Dalebout et al., 2002
Mesoplodon peruvianus	3.7^{a}	Reves et al., 1991
Mesoplodon stejnegeri	5.7	Slater et al., 2010
Mesoplodon traversii	5.3	Thompson et al., 2012
Monodon monoceros	4.3	Slater et al., 2010
Neophocaena phocaenoides	1.4	Slater et al., 2010
Orcaella brevirostris	2.2	Slater et al., 2010
Orcaella heinsohni	2.2	Arnold and Heinsohn, 1996
Orcinus orca	7.9	Slater et al., 2010
Peponocephala electra	2.8	Lodi et al., 1990
Phocoena dioptrica	1.9	Slater et al., 2010
Phocoena phocoena	1.9	Slater et al., 2010
Phocoena sinus	1.1	Slater et al., 2010
Phocoena spinipinnis	1.7	Slater et al., 2010
Phocoenoides dalli	1.9	Slater et al., 2010
Physeter macrocephalus	11.0	Slater et al., 2010
Platanista gangetica	2.5	Slater et al., 2010
Pontoporia blainvillii	1.5	Slater et al., 2010
Pseudorca crassidens	5.1	Slater et al., 2010
$Sagmatias \ australis$	2.1	Slater et al., 2010
$Sagmatias\ cruciger$	1.8	Slater et al., 2010
$Sagmatias \ obliquidens$	2.4	Slater et al., 2010
$Sagmatias \ obscurus$	1.9	Slater et al., 2010
Sotalia fluviatilis	1.5	Slater et al., 2010
Sotalia guianensis	2.1	Barros, 1991
$Sousa \ chinensis$	2.4	Slater et al., 2010
$Sousa \ teuszii$	2.5	Jefferson and Rosenbaum, 2014
$Stenella \ attenuata$	2.1	Slater et al., 2010
$Stenella\ clymene$	1.9	Slater et al., 2010
Stenella coeruleoalba	2.3	Slater et al., 2010
Stenella frontalis	2.1	Slater et al., 2010

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species	length (m)	reference
Stenella longirostris	2.0	Slater et al., 2010
Steno bredanensis	2.6	Slater et al., 2010
Tasmacetus shepherdi	6.5	Slater et al., 2010
Tursiops aduncus	2.1	Slater et al., 2010
Tursiops australis	2.8^{b}	Charlton-Robb et al., 2011
Tursiops truncatus	2.4	Slater et al., 2010
Ziphius cavirostris	6.4	Slater et al., 2010

 $^a\mathrm{from}$ male specimen because no mature females were measured

 b sex not reported



Figure S1. Relationship between simulated and estimated branchwise rate deviation parameters $(\ln \overline{\sigma_{dev}^2})$. The solid line represents the position of the true branchwise rate deviations, while the shallower, dashed line represents the observed line of best fit for these data.



Figure S2. Power and error rates for branchwise rate parameters $(\ln \overline{\sigma^2})$ under relaxed significance thresholds (posterior probability < 0.1 or > 0.9). Lines depict changes in proportions of branchwise rates considered anomalously slow (in dark blue) or fast (in light red) as a function of simulated rate deviations $(\ln \overline{\sigma_{dev}^2})$. These results combine all fits to simulated data that detected rate variance $(\sigma_{\sigma^2}^2)$ significantly greater than 0. The proportions are equivalent to power when the detected rate deviation is of the same sign as the true, simulated deviation (left of 0 for anomalously slow rates in dark blue and right for anomalously fast rates in light red), and to error rate when the detected and true rate deviations are of opposite signs. Here, significant rate deviations for simulated rate deviations that are exactly 0 are considered errors regardless of sign.

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APPROXIMATING GEOMETRIC BROWNIAN MOTION TIME-AVERAGES

Our model seeks to model rates (σ^2) as "evolving" under a trended Geometric 3 Brownian Motion (GBM)-like process, whereby the natural log of rates evolve in a trended 4 Brownian Motion (BM)-like manner. Unfortunately, this requires an expression for the 5 probability distribution of GBM time-averages along each branch in the phylogeny. 6 Expressions for such distributions are infamously intractable, necessitating approximate 7 solutions (Dufresne, 2004; Lepage et al., 2007). For our model, we use a multivariate 8 log-normal approximation to model rate time-averages along each branch (branchwise 9 averages, $\bar{\sigma^2}$) based on two observations. First, as the rate variance parameter $(\sigma^2_{\sigma^2})$ 10 approaches 0, rates (σ^2) will converge to following a simple exponential function with 11 respect to time, $\sigma^2 = \sigma_0^2 \exp[\mu_{\sigma^2} t]$, where σ_0^2 is the starting rate, μ_{σ^2} is the trend, and t is 12 time. In this case, the branchwise averages can be derived through integration and are 13 equivalent to the time-averaged rates expected under a conventional "early/late burst" 14 (EB/LB) model (Blomberg et al., 2003). Second, over short amounts of time and/or with 15 low rate variance, the arithmetic and geometric time-averages of a GBM process approach 16 one another. The geometric time-average of a GBM process is simply the exponentiated 17 arithmetic time-average of the GBM process on the natural log scale, which has a 18 straight-forward and tractable log-normal distribution (Devreese et al., 2010). Thus, 19 assuming that branch lengths in a phylogeny are typically short and rate variance is 20 relatively low, we can approximate the distribution of the natural log of branchwise 21 averages by adding multivariate normal "noise", γ , to the natural log of branchwise 22 averages expected under a conventional EB/LB model, β . In other words: 23

$$\ln(\overline{\sigma^2}) \approx \beta + \gamma \tag{1}$$

$$\beta = \ln(\sigma_0^2) + \begin{cases} 0 & \text{if } \mu_{\sigma^2} = 0\\ \ln(\log [\mu \circ \sigma]) & \exp[\mu \circ \sigma] \end{cases}$$
(2)

$$(\ln(|\exp[\mu_{\sigma^2}\tau_2] - \exp[\mu_{\sigma^2}\tau_1]|) - \ln(|\mu_{\sigma^2}|) - \ln(t) \quad \text{if } \mu_{\sigma^2} \neq 0$$

$$\gamma \sim MVN(0, \sigma_{\sigma^2}^2 D) \tag{3}$$

as in the main text. Here, t is a vector of branch lengths, τ_1 and τ_2 are vectors of 24 the start and end times of each branch (i.e., $\tau_2 - \tau_1 = t$), and D is the variance-covariance 25 matrix of branchwise averages for a value evolving under an untrended BM process on a 26 phylogeny. Let \bar{x} and t be vectors of time-averaged trait values and edge lengths, 27 respectively, for three edges: two sister edges, i and j, with ancestral edge, k. If traits 28 evolve under an untrended BM process and the ancestral trait value of k is fixed, the 29 variances of \bar{x}_i and \bar{x}_j are $t_i/3 + t_k$ and $t_j/3 + t_k$, respectively. The covariance between \bar{x}_i 30 and \bar{x}_j is simply t_k , and the covariances between either \bar{x}_i or \bar{x}_j and \bar{x}_k is $t_k/2$ (Devreese 31 et al., 2010). From this, we can derive an expression for the variance-covariance matrix of 32 branchwise averages given an arbitrary phylogeny, as shown in the main text: 33

$$D_{i,j} = \sum_{k \in \operatorname{anc}(i,j)} t_k - \begin{cases} 2t_i/3 & \text{if } i = j \\ t_i/2 & \text{if } i \in \operatorname{anc}(j,j) \\ t_j/2 & \text{if } j \in \operatorname{anc}(i,i) \\ 0 & \text{if } i \neq j, i \notin \operatorname{anc}(j,j), j \notin \operatorname{anc}(i,i) \end{cases}$$
(4)

While this multivariate log-normal approximation is rough, we demonstrate here 34 that it is largely sufficient for our purposes. Notably, we are not the first to approximate 35 GBM time-averages using log-normal distributions in the context of comparative 36 phylogenetics (Welch and Waxman, 2008). There are two other tractable strategies for 37 approximating these distributions given in the comparative phylogenetics literature. Both 38 of these strategies use the fact that values at the nodes of a phylogeny evolving under a 39 GBM process follow an exact multivariate log-normal distribution, and instead focus on 40 estimating nodewise values. Branchwise averages are then approximated by either 41 averaging ancestral and descendant nodewise values for each edge (e.g., Thorne et al., 42 1998) or via the maximum likelihood estimate of branchwise averages given the ancestral 43 and descendant nodewise values (e.g., Lartillot and Poujol, 2011; Revell, 2021). We term 44 these strategies "endpoint averaging" and "endpoint integration", respectively. We prefer 45 the log-normal approximation due to its convenient formulation and direct focus on 46 estimating branchwise, rather than nodewise, quantities. In the spirit of thoroughness, 47

⁴⁸ however, we conducted three simulation experiments to investigate the relative
⁴⁹ performance of these different approximation strategies.

We first conducted a simple experiment where we simulated 100,000 GBM 50 time-averages on the natural log scale under each approximation strategy. We also 51 estimated a "true" branchwise average distribution for comparison by simulating 100,000 52 fine-grained GBM sample paths (1,000 time points) and taking the natural log of each 53 sample path's average. We repeated these simulations for each combination of trend (μ_{σ^2}) 54 and rate variance $(\sigma_{\sigma^2}^2)$ parameter values used in the main text's simulation study (Fig. 55 S3). All simulations were standardized to occur over a time interval of 1, just as each 56 phylogeny in our simulation study was rescaled to have a total height of 1. The results 57 below thus represent how "off" each approximation would be for a single branch spanning 58 the entire height of a phylogeny in our simulation study. The log-normal approximation 59 notably lacks a right skew characteristic of the true distribution and other approximations. 60 The log-normal approximation also appears to overestimate the variance of branchwise 61 averages when trends are decreasing and underestimates variance when trends are 62 increasing, particularly with high rate variance. On the other hand, the endpoint average 63 approximation exhibits notable upward bias and consistently underestimates branchwise 64 average variance. Additionally, this approximation fails to converge to the correct 65 branchwise average when rate variance is 0. Lastly, the endpoint integration approximation 66 exhibits no notable bias but underestimates branchwise average variance in the case of no 67 or decreasing trends. The accuracy of branchwise average variance under the log-normal 68 approximation might be improved by adapting the Fenton-Wilkinson approximation of 69 log-normal sums for GBM processes (Safak and Safak, 2002), but we did not explore this 70 here. 71



Figure S3. Distributions of simulated branchwise averages under different approximation strategies and the true distribution given parameter combinations used in the main text's simulation study. All simulations were run on single branches of length 1.

The above results help give a sense of where each approximation breaks down in 72 parameter space, yet poorly represent the practical behavior of each approximation. In the 73 context of our model, these approximations take place on individual branches of a 74 phylogeny, which typically span relatively short intervals of time. For our next simulation 75 experiment, we scaled up to simulating sets of branchwise averages on entire phylogenies. 76 For each parameter combination (excluding combinations where rate variance is 0), we 77 repeated the same simulations on 100 pure birth phylogenies with either 50, 100, or 200 78 species (generated using the R package *phytools*; Revell, 2012) standardized to a height of 79 1. For each phylogeny, we simulated 1,000 sets of branchwise averages under each 80 approximation strategy, as well as fine-grained GBM sample paths (1,000 time points 81

across entire phylogeny's height) representing the true distribution. Because these samples 82 have a high number of dimensions (one for each branch in a phylogeny), we visualized how 83 well these multivariate distributions match one another using summary statistics. 84 Specifically, for each tree, we recorded the correlation coefficients between the 85 means/(co)variances of branchwise averages simulated under each approximation strategy 86 and the true distribution (Figs. S4-9). To have a null expectation for these correlation 87 coefficients, we also simulated a second true distribution and estimated correlation 88 coefficients for means/(co)variances between replicate true distributions. 89

Overall, the results indicate that all approximations do a fairly good job at ٩r recapitulating the means and (co)variances expected under the true distribution. The 91 log-normal approximation notably exhibits uncorrelated means in the case of no trend, in 92 contrast to other approximations. This is due to the log-normal approximation lacking the 93 right skew of the true distribution and other approximations (Fig. 3), which naturally 94 inflates the means of branchwise average distributions along long branches. In the case of 95 any trend, the endpoint average approximation exhibits somewhat less strong correlations 96 between branchwise average means compared to other approximations. When rate variance 97 is high, the log-normal approximation exhibits performance intermediate between the 98 endpoint average approximation and endpoint integration approximation/null distribution. 99 However, even the worst performing simulations nearly always exhibit strong correlations 100 in branchwise average means above 0.98. In contrast to means, correlations for branchwise 101 average (co)variances consistently varied between about 0.98-0.99 regardless of simulation 102 parameters or approximation strategy, closely matching the null distribution. 103



Figure S4. Distributions of correlation coefficients between mean simulated branchwise averages under different approximation strategies and the true distribution with rate variance $(\sigma_{\sigma^2}^2)$ set to 3. All simulations were run on pure-birth phylogenies of height 1.



Figure S5. Distributions of correlation coefficients between mean simulated branchwise averages under different approximation strategies and the true distribution with rate variance $(\sigma_{\sigma^2}^2)$ set to 3. All simulations were run on pure-birth phylogenies of height 1. Plots are zoomed in on distributions close to 1.



Figure S6. Distributions of correlation coefficients between mean simulated branchwise averages under different approximation strategies and the true distribution with rate variance $(\sigma_{\sigma^2}^2)$ set to 6. All simulations were run on pure-birth phylogenies of height 1.



Figure S7. Distributions of correlation coefficients between mean simulated branchwise averages under different approximation strategies and the true distribution with rate variance $(\sigma_{\sigma^2}^2)$ set to 6. All simulations were run on pure-birth phylogenies of height 1. Plots are zoomed in on distributions close to 1.



Figure S8. Distributions of correlation coefficients between simulated branchwise average (co)variances under different approximation strategies and the true distribution with rate variance $(\sigma_{\sigma^2}^2)$ set to 3. All simulations were run on pure-birth phylogenies of height 1.



Figure S9. Distributions of correlation coefficients between simulated branchwise average (co)variances under different approximation strategies and the true distribution with rate variance $(\sigma_{\sigma^2}^2)$ set to 6. All simulations were run on pure-birth phylogenies of height 1.

Because GBM time-averages are non-normally distributed, we also sought a 104 non-parametric method of comparing samples from the approximations and true 105 distributions. For this, we attempted to use the R package FNN (Beygelzimer et al., 2019) 106 to estimate Kullback-Leibler (KL) divergence from each approximation to the true 107 distribution. However, this estimator exhibited severe numerical issues, like negative KL 108 divergence estimates. Thus, we instead implemented a crude K nearest neighbor 109 probability density estimator (Zhao and Lai, 2021). For each tree in the simulation 110 experiment above, we used this estimator to calculate local probability densities under 111 each approximation and the true distribution around samples from a replicate true 112 distribution. We then calculated log ratios of the true densities to densities under each 113

approximation and averaged the distances between these log ratios and 0 (i.e., equal 114 densities). These averaged distances give a rough sense of how well the probability density 115 of each approximation matches that of the true distribution, with increased sampling in 116 higher-density regions of the true distribution (Figs. S10-11). Overall, the average log 117 density ratio distances under each approximation matches the null distribution well. The 118 endpoint average and log-normal approximations exhibit marginally elevated distances in 119 the case of non-zero trends and decreasing trends, respectively, likely due to these 120 approximations' under/overestimation of branchwise average variance in certain regions of 121 parameter space (Fig. S3). 122



Figure S10. Distributions of average log density ratio distances between simulated branchwise average distributions under different approximation strategies and the true distribution with rate variance $(\sigma_{\sigma^2}^2)$ set to 3. Probability densities were estimated via K nearest neighbors. All simulations were run on pure-birth phylogenies of height 3.



Figure S11. Distributions of average log density ratio distances between simulated branchwise average distributions under different approximation strategies and the true distribution with rate variance $(\sigma_{\sigma^2}^2)$ set to 6. Probability densities were estimated via K nearest neighbors. All simulations were run on pure-birth phylogenies of height 1.

Lastly, we redid our entire simulation study with trait evolution rates simulated as 123 evolving under a fine-grained GBM process (~ 500 time points across entire phylogeny's 124 height). We present all figures and tables for this simulation study below (Figs. S12-16; 125 Tables S2-4). In general, the results qualitatively match those of the simulation study 126 presented in the main text, and we feel confident that the log-normal approximation of 127 branchwise averages is sufficient for our model. While there is some discrepancy in the 128 statistical power of trend detection compared to results in the main text, it is unlikely such 129 discrepancies result from systematic bias. Notably, statistical power for trend detection 130 even under conventional EB/LB models in this simulation study also differs from the main 131 text results, suggesting that any discrepancies are attributable to variation in the 132

¹³³ simulated data.



Figure S12. Relationship between simulated and estimated rate variance $(\sigma_{\sigma^2}^2)$ and trend (μ_{σ^2}) parameters. Each point is the posterior median from a single fit, while the violins are combined posterior distributions from all fits for a given trait evolution scenario. Vertical lines represent the 50% (thicker lines) and 95% equal-tailed intervals (thinner lines) of these combined posteriors, while horizontal lines represent positions of true, simulated values.



Figure S13. Power and error rates for the rate variance parameter $(\sigma_{\sigma^2}^2)$. Lines depict changes in the proportion of model fits that correctly showed evidence for rate variance significantly greater than 0 (i.e., power, in black) and incorrectly showed evidence (i.e., error, in red) as a function of tree size.



Figure S14. Power and error rates for the trend parameter (μ_{σ^2}) . Lines depict changes in the proportion of model fits that correctly showed evidence for trends significantly less and greater than 0 (i.e., power, in black) and incorrectly showed evidence (i.e., error, in light red) as a function of tree size. Results are shown for both models allowed to freely estimate rate variance $(\sigma_{\sigma^2}^2)$ (i.e., unconstrained models, solid lines) and models with rate variance constrained to 0 (i.e., constrained models, dashed lines). The latter models are identical to conventional early/late burst models.



Figure S15. Power and error rates for branchwise rate parameters $(\ln \overline{\sigma^2})$. Lines depict changes in proportions of branchwise rates considered anomalously slow (in dark blue) or fast (in light red) as a function of simulated rate deviations $(\ln \overline{\sigma_{dev}^2})$. These results combine all fits to simulated data that detected rate variance $(\sigma_{\sigma^2}^2)$ significantly greater than 0. The proportions are equivalent to power when the detected rate deviation is of the same sign as the true, simulated deviation (left of 0 for anomalously slow rates in dark blue and right for anomalously fast rates in light red), and to error rate when the detected and true rate deviations are of opposite signs. Here, significant rate deviations for simulated rate deviations that are exactly 0 are considered errors regardless of sign.



Figure S16. Relationship between simulated and estimated branchwise rate parameters ($\ln \overline{\sigma^2}$). For each simulation and posterior sample, branchwise rates were first centered by subtracting their mean. We estimated centered branchwise rates by taking the median of the centered posterior samples. The solid line represents the position of the true centered branchwise rates, while the shallower, dashed line represents the observed line of best fit for these data.

Table S2. Median absolute errors of rate variance, trend, and branchwise rate posteriors (i.e., median absolute difference between posterior samples and their true, simulated values, a measure of posterior distribution accuracy), averaged across replicates for each simulated trait evolution scenario and tree size. $\sigma_{\sigma^2}^2$ and μ_{σ^2} indicate the true, simulated values of rate variance and trend parameters, respectively.

		rat	e varia	nce		trend		branchwise rates		
$\sigma_{\sigma^2}^2 =$		0	3	6	0	3	6	0	3	6
					50) speci	es			
$\mu_{\sigma^2} =$	-4	0.61	1.58	2.26	0.94	1.68	1.78	0.42	0.80	0.96
	0	0.89	1.89	2.23	2.09	1.56	2.22	0.62	0.82	1.04
	4	0.58	1.68	2.41	2.15	2.98	2.62	0.63	0.92	0.98
					10	0 spec	ies			
$\mu_{\sigma^2} =$	-4	0.31	2.11	2.37	0.91	1.22	1.43	0.32	0.77	0.86
	0	0.31	1.59	1.95	0.81	1.26	1.47	0.32	0.82	0.93
	4	0.26	1.49	2.21	1.67	2.16	2.02	0.41	0.85	0.94
					20	0 spec	ies			
$\mu_{\sigma^2} =$	-4	0.14	1.23	1.79	0.62	0.66	1.29	0.23	0.68	0.80
	0	0.21	0.93	1.82	0.65	1.09	1.10	0.24	0.72	0.84
	4	0.18	0.98	1.50	1.09	1.17	1.27	0.28	0.73	0.84

Table S3. Breadths of rate variance, trend, and branchwise rate posteriors (i.e., the difference between the 97.5% and 2.5% quantiles of posterior samples, a measure of posterior distribution precision), averaged across replicates for each simulated trait evolution scenario and tree size. $\sigma_{\sigma^2}^2$ and μ_{σ^2} indicate the true, simulated values of rate variance and trend parameters, respectively.

		ra	te varia	nce		trend		brane	chwise	rates
$\sigma_{\sigma^2}^2 =$		0	3	6	0	3	6	0	3	6
					50	species				
$\mu_{\sigma^2} =$	-4	3.67	9.11	12.98	4.66	6.02	6.81	2.28	3.24	3.65
	0	4.38	10.67	12.60	7.28	7.09	8.00	2.60	3.41	3.89
	4	3.35	9.00	13.88	10.34	10.95	12.09	2.81	3.50	4.10
					100) species	3			
$\mu_{\sigma^2} =$	-4	1.77	7.96	9.58	3.53	4.56	4.72	1.71	3.22	3.46
	0	1.64	6.72	9.15	4.04	5.09	5.67	1.76	3.12	3.42
	4	1.36	6.77	8.13	6.74	8.08	7.86	1.87	3.31	3.55
					200) species	5			
$\mu_{\sigma^2} =$	-4	0.71	3.97	7.20	2.64	3.58	4.06	1.24	2.50	3.12
	0	1.04	4.26	6.52	3.34	3.98	4.15	1.36	2.77	3.25
	4	0.79	3.62	6.89	4.53	4.88	5.69	1.39	2.70	3.37

Table S4. Coverage of rate variance, trend, and branchwise rate posteriors (i.e., proportion of times the true, simulated value is greater than the 2.5% posterior distribution quantile and less than the 97.5% quantile) for each simulated trait evolution scenario and tree size. $\sigma_{\sigma^2}^2$ and μ_{σ^2} indicate the true, simulated values of rate variance and trend parameters, respectively.

		rat	te vari	ance		trend		brand	chwise	rates
$\sigma_{\sigma^2}^2 =$		0	3	6	0	3	6	0	3	6
					сл C	50 spec	ies			
$\mu_{\sigma^2} =$	-4		1.00	1.00	1.00	0.80	0.90	1.00	0.95	0.94
	0		1.00	1.00	0.90	1.00	1.00	0.97	0.98	0.94
	4		1.00	1.00	1.00	0.80	1.00	0.95	0.94	0.96
					1	00 spe	cies			
$\mu_{\sigma^2} =$	-4		0.70	0.90	0.90	1.00	0.90	1.00	0.96	0.96
	0		1.00	1.00	1.00	1.00	0.90	1.00	0.94	0.94
	4		1.00	0.90	0.90	0.90	1.00	0.99	0.95	0.93
					2	00 spe	cies			
$\mu_{\sigma^2} =$	-4		0.90	1.00	1.00	1.00	0.90	0.99	0.93	0.95
	0		1.00	0.80	1.00	0.90	1.00	1.00	0.95	0.95
	4		1.00	1.00	0.90	1.00	1.00	0.99	0.93	0.96

AVERAGE CHANGES IN TRAIT EVOLUTION RATES

Conventional early/late burst (EB/LB) models of trait evolution assume that rates 135 follow a homogeneous, exponential declines or increases with respect to time (Blomberg 136 et al., 2003). The definition of EBs/LBs under such models is thus straight-forward-any 137 given time slice in a clade's history is associated with a single trait evolution rate, and 138 these rates can only decrease, increase or stay the same. On the other hand, allowing for 139 rate heterogeneity independent of overall temporal trends means that any given time slice 140 in a clade's history is associated with a *distribution* of trait evolution rates. Because of 141 this, our new method allows for alternative definitions of EBs/LBs, depending on how one 142 summarizes these distributions. In the current study, we mainly consider a definition based 143 on whether the medians, or geometric means, of these distributions decrease or increase 144 over time (change per unit time given by μ_{σ^2} , hereafter the "trend" parameter, as in the 145

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main text). Alternatively, one could use a definition based on whether the average, or arithmetic means, of these distributions decrease or increase over time (change per unit time given by $\mu_{\sigma^2} + \sigma_{\sigma^2}^2/2$, hereafter the "average change" parameter, δ_{σ^2}).

We chose to focus on trend over average change estimation and define EBs/LBs 149 based on the trend parameter for a few reasons. First, average change is a composite 150 parameter of both the trend and rate variance parameters, posing some interpretational 151 challenges. In general, it seems more intuitive to consider the magnitude of deterministic 152 changes in trait evolution rates (the trend component) apart from the magnitude of 153 stochastic changes (the rate variance component). Second, because rates evolve in an 154 approximately log-normal manner under our model, medians are a natural, reliable way of 155 summarizing their distributions, corresponding to the exponentiated average of rates on 156 the natural log scale. In contrast, the right skew of log-normal distributions causes raw 157 averages of trait evolution rates to be highly influenced by few, extreme outliers, 158 particularly when rate variance is high. For this reason, our model can produce trait 159 evolution scenarios whereby rates exhibit declines in the majority of lineages (directly 160 related to changes in median rates) while increasing on average (Figs. S17-18). Lastly, 161 many macroevolutionary biologists consider "accounting" for lineages/subclades exhibiting 162 unusual trait evolution rates critical to elucidating and understanding changes in rates over 163 time (Lloyd et al., 2012; Slater and Pennell, 2014; Benson et al., 2014; Hopkins and Smith, 164 2015; Wright, 2017; Puttick, 2018). This implies that many empiricists intuitively define 165 EBs/LBs based on majority changes in rates rather than changes in average rates. 166 Additionally, by log-transforming traits prior to analysis, many macroevolutionary 167 biologists implicitly use GBM processes to model trait evolution, just as we use a 168 (approximate) GBM process to model rate evolution here. In the context of trait evolution, 169 the analogous trend parameter is widely considered by empiricists and method developers 170 alike to determine whether a clade exhibits a directional "evolutionary trend" in traits, 171 regardless the estimated variance parameter (Hunt, 2006; Raj Pant et al., 2014; Sookias 172

¹⁷³ et al., 2012; Gill et al., 2017).



Figure S17. Distributions of 6,000 rates simulated as evolving under a GBM process with trend of -0.015 and rate variance of 0.05 at various time points, with starting rate of 1 at time t = 0. Parameter values were chosen to clearly illustrate how rates under our model may exhibit majority declines while increasing on average due to the skewed nature of rate change. Solid and dashed vertical lines represent the positions of median and average rate values, respectively, for each time point.



Figure S18. Changes over time in the median and average of 6,000 rates simulated as evolving under a GBM process with trend of -0.015 and rate variance of 0.05, with starting rate of 1 at time t = 0. Parameter values were chosen to clearly illustrate how rates under our model may exhibit majority declines while increasing on average due to the skewed nature of rate change. Solid and dashed lines depict changes in median and average rate values, respectively, while the dotted line depicts changes in the proportion of rates greater than the starting rate of 1.

Here, we briefly consider our new method's performance with respect to estimating 174 and detecting average changes in trait evolution rates. Interestingly, our simulation study 175 results revealed that, in the presence of time-independent rate heterogeneity, conventional 176 EB/LB models (equivalent to our new models with rate variance constrained to 0) appear 177 to estimate average change, rather than trend parameters, as defined under our model 178 (Figs. S19-20). We are not aware of any previous research explicitly demonstrating this 179 phenomenon. When comparing performance of constrained to unconstrained models with 180 respect to detecting significant average change (i.e., 95% equal-tailed interval lies entirely 181 below or above 0), we generally see only a modest reduction in error rates and greatly 182 reduced power to detect negative average change under the full, unconstrained model (Fig. 183 S21). Nonetheless, inference of the average change parameter seems substantially improved 184 under unconstrained models (Tables S5-7). In the presence of time-independent rate 185

heterogeneity, constrained models tend to exhibit less accurate, overly-narrow posterior
estimates of average change, particularly when the rate variance and trend parameters are
high, resulting in low posterior coverage. This warrants caution in interpreting the results
of conventional EB/LB models fitted to comparative data exhibiting substantial
time-independent rate heterogeneity, and we recommend estimating rate variance even
when one's only goal is to estimate changes in average trait evolution rates over time.



Figure S19. Relationship between simulated rate variance $(\sigma_{\sigma^2}^2)/\text{trend} (\mu_{\sigma^2})$ and estimated trend parameters. Each point is the posterior median from a single fit, while the violins are combined posterior distributions from all fits for a given trait evolution scenario. Vertical lines represent the 50% (thicker lines) and 95% equal-tailed intervals (thinner lines) of these combined posteriors, while horizontal lines represent positions of true, simulated values. Results for models with estimated rate variance unconstrained and constrained to 0 are shown on top and bottom, respectively.



Figure S20. Relationship between simulated rate variance $(\sigma_{\sigma^2}^2)/\text{trend} (\mu_{\sigma^2})$ and estimated average change (δ_{σ^2}) parameters. Each point is the posterior median from a single fit, while the violins are combined posterior distributions from all fits for a given trait evolution scenario. Vertical lines represent the 50% (thicker lines) and 95% equal-tailed intervals (thinner lines) of these combined posteriors, while horizontal lines represent positions of true, simulated values. Results for models with estimated rate variance unconstrained and constrained to 0 are shown on top and bottom, respectively.



Figure S21. Power and error rates for the average parameter (δ_{σ^2}) . Lines depict changes in the proportion of model fits that correctly showed evidence for average change significantly less and greater than 0 (i.e., power, in black) and incorrectly showed evidence (i.e., error, in light red) as a function of tree size. Results are shown for both models allowed to freely estimate rate variance $(\sigma_{\sigma^2}^2)$ (i.e., unconstrained models, solid lines) and models with rate variance constrained to 0 (i.e., constrained models, dashed lines). The latter models are identical to conventional early/late burst models.

Table S5. Median absolute errors of average change posteriors (i.e., median absolute difference between posterior samples and their true, simulated values, a measure of posterior distribution accuracy) under models with rate variance unconstrained and constrained to 0, averaged across replicates for each simulated trait evolution scenario and tree size. $\sigma_{\sigma^2}^2$ and μ_{σ^2} indicate the true, simulated values of rate variance and trend parameters, respectively.

		unc	onstrai	ined	con	nstrain	ed
$\sigma_{\sigma^2}^2 =$		0	3	6	0	3	6
				$50 \mathrm{sp}$	ecies		
$\mu_{\sigma^2} =$	-4	1.41	1.61	2.50	1.23	1.50	2.74
	0	1.43	2.10	3.08	1.45	2.45	6.08
	4	2.22	3.04	3.34	2.05	3.05	3.87
				100 sp	oecies		
$\mu_{\sigma^2} =$	-4	0.78	1.27	1.70	0.74	1.28	1.78
	0	1.15	1.65	1.72	1.08	1.88	3.35
	4	1.92	1.98	1.85	1.70	2.08	4.39
				200 sp	oecies		
$\mu_{\sigma^2} =$	-4	0.79	0.92	1.44	0.78	0.96	1.19
	0	0.92	1.21	1.01	0.90	1.35	3.05
	4	0.97	1.15	1.51	0.94	1.80	5.06

Table S6. Breadths of average change posteriors (i.e., the difference between the 97.5% and 2.5% quantiles of posterior samples, a measure of posterior distribution precision) under models with rate variance unconstrained and constrained to 0, averaged across replicates for each simulated trait evolution scenario and tree size. $\sigma_{\sigma^2}^2$ and μ_{σ^2} indicate the true, simulated values of rate variance and trend parameters, respectively.

		uno	constrai	ned	сс	constrained		
$\sigma_{\sigma^2}^2 =$		0	3	6	0	3	6	
				$50 \mathrm{spe}$	ecies			
$\mu_{\sigma^2} =$	-4	5.56	7.95	10.27	4.50	4.65	5.63	
	0	6.25	9.89	11.46	5.47	6.82	8.45	
	4	11.04	11.69	12.45	9.48	10.81	10.60	
				100 sp	ecies			
$\mu_{\sigma^2} =$	-4	3.42	5.48	6.54	3.07	3.49	3.84	
	0	4.46	6.27	7.44	3.97	4.58	6.60	
	4	7.64	8.97	8.56	7.12	8.41	8.40	
				200 sp	ecies			
$\mu_{\sigma^2} =$	-4	2.82	4.14	5.07	2.70	2.87	3.26	
	0	3.40	4.50	5.13	3.25	3.30	3.37	
	4	4.51	5.45	6.29	4.38	5.78	8.73	

Table S7. Coverage of average change posteriors (i.e., proportion of times the true, simulated value is greater than the 2.5% posterior distribution quantile and less than the 97.5% quantile) under models with rate variance unconstrained and constrained to 0 for each simulated trait evolution scenario and tree size. $\sigma_{\sigma^2}^2$ and μ_{σ^2} indicate the true, simulated values of rate variance and trend parameters, respectively.

		unc	onstra	ined	cor	strain	ed
$\sigma_{\sigma^2}^2 =$		0	3	6	0	3	6
				$50 \mathrm{sp}$	ecies		
$\mu_{\sigma^2} =$	-4	0.90	1.00	0.90	0.80	0.60	0.50
	0	1.00	1.00	1.00	0.90	0.80	0.40
	4	1.00	1.00	0.90	1.00	1.00	0.80
				100 sp	pecies		
$\mu_{\sigma^2} =$	-4	1.00	1.00	0.90	1.00	0.80	0.60
	0	1.00	0.90	0.90	0.90	0.60	0.60
	4	0.90	1.00	1.00	0.90	0.90	0.60
				200 sp	pecies		
$\mu_{\sigma^2} =$	-4	1.00	1.00	0.90	1.00	0.90	0.80
	0	0.90	1.00	1.00	0.90	0.60	0.10
	4	1.00	1.00	1.00	1.00	0.90	0.50

PRIOR SENSITIVITY STUDY

To see how sensitive our method is to alternate prior specifications, we refit models 193 to our smallest simulations (50 tips) while varying prior settings. We focus on the smallest 194 simulations because the priors are more influential when there is less data. In addition to 195 refitting models with default priors to each simulation (see *Priors* subsection of *Materials* 196 and Methods section in main text), we also refit models with "tight" and "loose" prior 197 settings, whereby the priors for rate variance $(\sigma_{\sigma^2}^2)$, trend (μ_{σ^2}) , and root rate (σ_0^2) 198 parameters were made more or less informative, respectively. We did this by either 199 reducing the prior scale parameter (i.e., standard deviation in the case of normal 200 distributions) 5-fold for more precise, informative priors or increasing 3-fold for more 201 relaxed, uninformative priors (i.e., prior scales of 1/T for rate variance, 2/T for trend, and 202

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²⁰³ 2 for root rate under the tight settings and 15/T, 30/T, and 30 under the loose settings, ²⁰⁴ where *T* is the height of the phylogeny). Within each of these three prior settings (tight, ²⁰⁵ default, or loose), we additionally shifted the location of the root rate prior by either -3, 0, ²⁰⁶ or 3, yielding a total of 9 prior settings. These shifts correspond to ~20-fold changes in the ²⁰⁷ expected root rate.

Because this simulation study design requires many more model fits compared to 208 the main text's simulation study (9 trait evolution scenarios with 10 replicates refit under 209 9 different prior settings, yielding 810 model fits), we only ran 2 Hamiltonian Monte Carlo 210 chains consisting of 1,500 iterations for each model fit and discarded the first 750 iterations 211 as warmup. Chains still mixed relatively well despite the shorter chains (greatest 212 $\hat{R} \approx 1.021$), though effective sample sizes were unsurprisingly lower compared to results in 213 the main text. Nonetheless, bulk effective sample sizes always exceeded the minimum 214 recommended 100 per chain (Vehtari et al., 2021), and all tail effective sizes exceeded 100. 215 Divergent transitions remained relatively rare, with 18 fits exhibiting a single divergent 216 transition and another 4 with 2-5 each. Most low tail effective sample sizes and divergent 217 transitions were associated with loose prior settings, likely reflecting difficulty in sampling 218 the fat tails of posteriors under such priors. 219

Overall results suggest that *evorates* is robust to alternate prior specifications 220 unless the priors are overly informative (Figs. S22-24; Tables S8-19). In particular, shifting 221 the root rate prior location had little effect on posterior distributions provided the prior's 222 scale is larger than the shift magnitude (as in the case of default and loose prior settings). 223 Unsurprisingly, posterior precision generally decreased with more uninformative priors, and 224 loose priors thus tended to yield less accurate posteriors with higher median absolute 225 errors. Counterintuitively, however, default prior settings often resulted in more accurate 226 posteriors than tight prior settings. In the case of branchwise rates, this is likely due to 227 lower estimates of rate variance under tight priors, increasing the shrinkage of branchwise 228 rate estimates (Fig. S25). In the case of trend and root rate inference, this phenomenon 229

²³⁰ mostly occurred when the root rate prior and simulated trend "conflict" by implying ²³¹ different patterns of rate change over time (e.g., a root rate prior shifted by -3 suggests ²³² rates must have increased over time to yield the observed trait data, while a decreasing ²³³ trend implies the opposite). Accordingly, posterior coverage remained essentially constant ²³⁴ at ~95% under default and loose prior settings, but dropped significantly–sometimes as ²³⁵ low as 10%–under tight prior settings when the root rate prior and simulated trend ²³⁶ conflicted in this manner.



Figure S22. The effect of trait evolution scenario and prior settings on inference of the rate variance parameter $(\sigma_{\sigma^2}^2)$. Each point is the posterior median from a single fit, while the violins are combined posterior distributions from all fits for a given trait evolution scenario and prior setting. Vertical lines represent the 50% (thicker lines) and 95% equal-tailed intervals (thinner lines) of these combined posteriors, while horizontal lines represent positions of true, simulated values.



Figure S23. The effect of trait evolution scenario and prior settings on inference of the trend parameter (μ_{σ^2}) . Each point is the posterior median from a single fit, while the violins are combined posterior distributions from all fits for a given trait evolution scenario and prior setting. Vertical lines represent the 50% (thicker lines) and 95% equal-tailed intervals (thinner lines) of these combined posteriors, while horizontal lines represent positions of true, simulated values.



Figure S24. The effect of trait evolution scenario and prior settings on inference of the root rate parameter (σ_0^2). Each point is the posterior median from a single fit, while the violins are combined posterior distributions from all fits for a given trait evolution scenario and prior setting. Vertical lines represent the 50% (thicker lines) and 95% equal-tailed intervals (thinner lines) of these combined posteriors, while horizontal lines represent positions of true, simulated values.



Figure S25. Relationship between simulated and estimated branchwise rate parameters $(\ln \overline{\sigma^2})$ under different prior settings, with tight priors being the most informative and loose priors the least. For each simulation and posterior sample, branchwise rates were first centered by subtracting their mean. We estimated centered branchwise rates by taking the median of the centered posterior samples. The solid line represents the position of the true centered branchwise rates, while the shallower, dashed line represents the observed line of best fit for the data under each prior setting. Note that tighter, more informative priors result in shallower best fit lines due to increased shrinkage of branchwise rate estimates.

Table S8. Median absolute errors of rate variance posteriors (i.e., median absolute difference between posterior samples and their true, simulated values, a measure of posterior distribution accuracy), averaged across replicates for each simulated trait evolution scenario and prior settings. $\sigma_{\sigma^2}^2$ and μ_{σ^2} indicate the true, simulated values of rate variance and trend parameters, respectively, while σ_0^2 prior shifts refer to alteration of the root rate prior location.

		tig	tht prio	ors	defa	ault pr	iors	loo	se pric	ors
$\sigma_{\sigma^2}^2 =$		0	3	6	0	3	6	0	3	6
				σ	${}_{0}^{2}$ prior	• shifte	d by -3	3		
$\mu_{\sigma^2} =$	-4	0.46	1.58	4.14	0.70	1.54	3.49	0.79	2.30	3.97
-	0	0.48	1.70	3.07	0.84	1.67	2.81	0.94	2.21	3.40
	4	0.52	1.62	3.39	0.82	1.72	2.79	0.93	2.27	3.08
				σ	r_0^2 prior	r shifte	ed by 0			
$\mu_{\sigma^2} =$	-4	0.43	1.52	3.98	0.68	1.53	3.51	0.79	2.33	4.04
	0	0.45	1.71	3.04	0.81	1.65	2.80	0.95	2.20	3.34
	4	0.51	1.63	3.50	0.83	1.72	2.88	0.94	2.34	3.00
				σ	v_0^2 prior	r shifte	ed by 3			
$\mu_{\sigma^2} =$	-4	0.40	1.52	4.14	0.69	1.53	3.66	0.79	2.28	3.95
	0	0.47	1.74	3.10	0.84	1.69	2.73	0.96	2.20	3.46
	4	0.52	1.65	3.73	0.83	1.72	2.82	0.94	2.23	3.09

Table S9. Median absolute errors of trend posteriors (i.e., median absolute difference between posterior samples and their true, simulated values, a measure of posterior distribution accuracy), averaged across replicates for each simulated trait evolution scenario and prior settings. $\sigma_{\sigma^2}^2$ and μ_{σ^2} indicate the true, simulated values of rate variance and trend parameters, respectively, while σ_0^2 prior shifts refer to alteration of the root rate prior location.

		tig	ght prie	ors	defa	ault pr	iors	loose priors		
$\sigma_{\sigma^2}^2 =$		0	3	6	0	3	6	0	3	6
				σ	${}_0^2$ prior	shifte	d by -3	3		
$\mu_{\sigma^2} =$	-4	2.03	2.34	2.68	1.32	1.57	1.65	1.35	1.64	1.64
	0	1.28	1.32	1.07	1.55	2.22	2.11	1.65	2.45	2.53
	4	1.34	2.22	2.18	2.75	2.33	2.78	4.24	2.88	3.86
				σ	r_0^2 prior	r shifte	ed by 0			
$\mu_{\sigma^2} =$	-4	1.63	1.88	2.16	1.30	1.60	1.61	1.32	1.61	1.66
	0	0.91	1.07	0.94	1.54	2.21	2.05	1.64	2.43	2.51
	4	2.06	3.04	2.97	2.61	2.30	2.77	4.07	2.85	3.82
				σ	r_0^2 prior	r shifte	ed by 3			
$\mu_{\sigma^2} =$	-4	1.28	1.50	1.69	1.32	1.58	1.62	1.34	1.62	1.62
	0	0.88	1.16	1.12	1.51	2.14	1.98	1.64	2.50	2.50
	4	2.94	3.91	3.77	2.51	2.35	2.68	4.15	2.78	3.68

Table S10. Median absolute errors of branchwise rate posteriors (i.e., median absolute difference between posterior samples and their true, simulated values, a measure of posterior distribution accuracy), averaged across replicates for each simulated trait evolution scenario and prior settings. $\sigma_{\sigma^2}^2$ and μ_{σ^2} indicate the true, simulated values of rate variance and trend parameters, respectively, while σ_0^2 prior shifts refer to alteration of the root rate prior location.

		tig	tight priors			ault pr	iors	loose priors		
$\sigma_{\sigma^2}^2 =$		0	3	6	0	3	6	0	3	6
				σ	${}_{0}^{2}$ prior	• shifte	d by -3	3		
$\mu_{\sigma^2} =$	-4	0.53	0.87	0.98	0.48	0.83	0.90	0.50	0.86	0.91
	0	0.44	0.76	0.94	0.52	0.83	1.01	0.54	0.87	1.07
	4	0.46	0.83	0.93	0.64	0.87	1.02	0.82	0.95	1.16
				0	σ_0^2 prior	r shifte	ed by 0			
$\mu_{\sigma^2} =$	-4	0.47	0.83	0.94	0.48	0.83	0.90	0.49	0.86	0.91
•	0	0.40	0.73	0.95	0.51	0.82	1.01	0.53	0.87	1.07
	4	0.52	0.88	0.99	0.63	0.87	1.01	0.80	0.95	1.16
				0	p_0^2 prior	r shifte	ed by 3			
$\mu_{\sigma^2} =$	-4	0.43	0.79	0.92	0.48	0.82	0.90	0.50	0.86	0.91
	0	0.39	0.73	0.97	0.51	0.82	1.01	0.54	0.88	1.06
	4	0.61	0.95	1.06	0.62	0.87	1.00	0.81	0.94	1.14

Table S11. Median absolute errors of root rate posteriors (i.e., median absolute difference between posterior samples and their true, simulated values, a measure of posterior distribution accuracy), averaged across replicates for each simulated trait evolution scenario and prior settings. $\sigma_{\sigma^2}^2$ and μ_{σ^2} indicate the true, simulated values of rate variance and trend parameters, respectively, while σ_0^2 prior shifts refer to alteration of the root rate prior location.

		tig	tight priors			ault pr	iors	loose priors		
$\sigma_{\sigma^2}^2 =$		0	3	6	0	3	6	0	3	6
				σ	${}_{0}^{2}$ prior	shifte	d by -3	3		
$\mu_{\sigma^2} =$	-4	1.78	2.54	1.97	1.06	1.41	1.39	1.07	1.45	1.40
	0	1.18	1.24	1.18	1.38	1.66	1.82	1.45	1.84	2.20
	4	1.08	1.36	2.16	2.49	1.83	2.49	3.87	2.39	3.43
				σ	p_0^2 prior	r shifte	ed by 0			
$\mu_{\sigma^2} =$	-4	1.38	1.88	1.40	1.04	1.41	1.36	1.06	1.41	1.41
	0	0.82	0.82	1.18	1.34	1.64	1.79	1.45	1.84	2.17
	4	1.71	2.17	3.05	2.39	1.81	2.50	3.73	2.33	3.36
				σ	r_0^2 prior	r shifte	ed by 3			
$\mu_{\sigma^2} =$	-4	1.02	1.33	1.09	1.06	1.38	1.39	1.06	1.41	1.38
	0	0.79	0.88	1.64	1.33	1.56	1.76	1.44	1.87	2.21
	4	2.54	3.07	4.15	2.27	1.83	2.41	3.80	2.27	3.27

Table S12. Breadths of rate variance posteriors (i.e., the difference between the 97.5% and 2.5% quantiles of posterior samples, a measure of posterior distribution precision), averaged across replicates for each simulated trait evolution scenario and prior settings. $\sigma_{\sigma^2}^2$ and μ_{σ^2} indicate the true, simulated values of rate variance and trend parameters, respectively, while σ_0^2 prior shifts refer to alteration of the root rate prior location.

		ti	tight priors			fault pr	riors	lo	loose priors		
$\sigma_{\sigma^2}^2 =$		0	3	6	0	3	6	0	3	6	
					σ_0^2 pri	or shifte	ed by -3				
$\mu_{\sigma^2} =$	-4	2.31	8.74	11.61	3.83	10.48	13.13	4.86	14.17	15.74	
•	0	2.42	6.13	10.76	4.24	8.76	12.73	5.33	11.29	16.48	
	4	2.40	7.14	11.94	3.89	9.60	13.33	4.81	12.18	16.82	
					σ_0^2 pri	or shift	ed by 0				
$\mu_{\sigma^2} =$	-4	2.20	7.73	11.23	3.84	10.45	13.05	4.60	14.78	15.98	
	0	2.23	6.34	10.18	4.21	8.42	13.17	5.14	11.20	16.64	
	4	2.40	7.04	11.75	3.93	9.44	13.65	4.78	12.35	16.75	
					σ_0^2 pri	or shift	ed by 3				
$\mu_{\sigma^2} =$	-4	2.10	7.82	11.03	3.82	10.31	12.66	4.74	14.44	16.06	
	0	2.26	6.10	10.49	4.02	8.34	12.68	5.21	11.50	16.57	
	4	2.50	6.90	12.57	4.04	9.28	13.47	4.90	12.18	17.02	

Table S13. Breadths of trend posteriors (i.e., the difference between the 97.5% and 2.5% quantiles of posterior samples, a measure of posterior distribution precision), averaged across replicates for each simulated trait evolution scenario and prior settings. $\sigma_{\sigma^2}^2$ and μ_{σ^2} indicate the true, simulated values of rate variance and trend parameters, respectively, while σ_0^2 prior shifts refer to alteration of the root rate prior location.

		tig	ght pri	ors	def	fault pri	iors	loc	ose prio	rs
$\sigma_{\sigma^2}^2 =$		0	3	6	0	3	6	0	3	6
					$\sigma_0^2 \text{ pr}$	ior shift	ed by -:	3		
$\mu_{\sigma^2} =$	-4	3.62	4.34	4.61	4.87	6.18	6.68	4.99	6.70	7.08
	0	4.42	4.95	4.80	6.77	8.67	8.60	7.53	9.72	10.23
	4	4.90	5.19	5.38	12.14	10.74	12.73	21.26	15.61	21.57
					$\sigma_0^2 \text{ pr}$	ior shift	ted by 0)		
$\mu_{\sigma^2} =$	-4	3.63	4.40	4.64	4.81	6.25	6.73	4.97	6.72	7.04
	0	4.23	4.84	4.76	6.77	8.46	8.52	7.44	9.90	10.47
	4	4.64	5.00	5.18	11.57	10.51	12.32	19.99	15.26	20.95
					$\sigma_0^2 \text{ pr}$	ior shift	ted by 3			
$\mu_{\sigma^2} =$	-4	3.64	4.37	4.65	4.85	6.23	6.69	4.90	6.64	6.94
	0	4.22	4.66	4.66	6.81	8.23	8.52	7.36	10.13	10.61
	4	4.63	4.90	5.20	11.56	10.28	11.82	19.62	15.68	19.45

Table S14. Breadths of branchwise rate posteriors (i.e., the difference between the 97.5% and 2.5% quantiles of posterior samples, a measure of posterior distribution precision), averaged across replicates for each simulated trait evolution scenario and prior settings. $\sigma_{\sigma^2}^2$ and μ_{σ^2} indicate the true, simulated values of rate variance and trend parameters, respectively, while σ_0^2 prior shifts refer to alteration of the root rate prior location.

		tig	tight priors			ault pr	iors	loose priors		
$\sigma_{\sigma^2}^2 =$		0	3	6	0	3	6	0	3	6
				σ	${}_{0}^{2}$ prior	shifte	d by -3	3		
$\mu_{\sigma^2} =$	-4	2.01	3.06	3.21	2.33	3.36	3.49	2.41	3.61	3.67
	0	2.05	2.73	3.37	2.52	3.28	3.85	2.65	3.52	4.20
	4	2.15	2.91	3.39	3.10	3.59	4.14	4.32	4.25	5.26
				σ	r_0^2 prior	r shifte	ed by 0			
$\mu_{\sigma^2} =$	-4	1.98	3.00	3.18	2.33	3.36	3.49	2.41	3.61	3.66
	0	2.04	2.72	3.33	2.51	3.26	3.83	2.66	3.54	4.21
	4	2.14	2.89	3.37	3.03	3.57	4.10	4.11	4.24	5.23
				σ	v_0^2 prior	r shifte	ed by 3			
$\mu_{\sigma^2} =$	-4	1.97	2.98	3.17	2.33	3.36	3.49	2.41	3.61	3.66
	0	2.04	2.70	3.36	2.49	3.22	3.83	2.63	3.57	4.21
	4	2.15	2.90	3.41	3.03	3.53	4.06	4.07	4.26	5.03

Table S15. Breadths of root rate posteriors (i.e., the difference between the 97.5% and 2.5% quantiles of posterior samples, a measure of posterior distribution precision), averaged across replicates for each simulated trait evolution scenario and prior settings. $\sigma_{\sigma^2}^2$ and μ_{σ^2} indicate the true, simulated values of rate variance and trend parameters, respectively, while σ_0^2 prior shifts refer to alteration of the root rate prior location.

		tig	tight priors			ault pr	riors	loc	loose priors			
$\sigma_{\sigma^2}^2 =$		0	3	6	0	3	6	0	3	6		
					$\overline{\sigma_0^2}$ pri	or shift	ted by -	3				
$\mu_{\sigma^2} =$	-4	2.91	3.76	3.85	4.03	5.10	5.54	4.13	5.69	5.86		
	0	3.86	4.21	4.34	5.94	7.34	7.55	6.52	8.47	9.18		
	4	4.33	4.56	4.83	10.91	9.50	11.60	19.65	14.21	19.87		
					σ_0^2 pri	or shif	ted by	00				
$\mu_{\sigma^2} =$	-4	2.92	3.65	3.84	4.03	5.22	5.51	4.17	5.52	5.80		
	0	3.71	4.10	4.20	5.98	7.21	7.37	6.61	8.51	9.39		
	4	4.17	4.43	4.78	10.40	9.38	11.22	18.51	13.81	19.42		
					σ_0^2 pri	or shif	ted by	3				
$\mu_{\sigma^2} =$	-4	3.01	3.63	3.94	4.06	5.14	5.59	4.12	5.66	5.76		
	0	3.73	4.09	4.29	5.87	7.10	7.40	6.41	8.71	9.39		
	4	4.13	4.41	4.80	10.25	9.10	10.72	18.05	14.09	17.82		

Table S16. Coverage of rate variance posteriors (i.e., proportion of times the true, simulated value is greater than the 2.5% posterior distribution quantile and less than the 97.5% quantile) for each simulated trait evolution scenario and prior settings. $\sigma_{\sigma^2}^2$ and μ_{σ^2} indicate the true, simulated values of rate variance and trend parameters, respectively, while σ_0^2 prior shifts refer to alteration of the root rate prior location.

		tight priors			def	fault p	riors	loose priors			
$\sigma_{\sigma^2}^2 =$		0	3	6	0	3	6	0	3	6	
				σ_0^2	prio	r shifte	ed by ·	-3			
$\mu_{\sigma^2} =$	-4		1.00	0.70		1.00	1.00		1.00	0.90	
	0		0.90	0.80		1.00	1.00		1.00	1.00	
	4		1.00	0.90		1.00	1.00		1.00	0.90	
				σ_0^2	pric	or shift	ed by	0			
$\mu_{\sigma^2} =$	-4		1.00	0.70		1.00	1.00		1.00	0.90	
	0		0.90	0.70		1.00	1.00		1.00	1.00	
	4		1.00	0.80		1.00	0.90		1.00	0.90	
				σ_0^2	pric	or shift	ed by	3			
$\mu_{\sigma^2} =$	-4	_	1.00	0.60		1.00	1.00		1.00	0.90	
	0		0.90	0.70		1.00	1.00		1.00	1.00	
	4		1.00	0.80		1.00	1.00		1.00	0.90	

Table S17. Coverage of trend posteriors (i.e., proportion of times the true, simulated value is greater than the 2.5% posterior distribution quantile and less than the 97.5% quantile) for each simulated trait evolution scenario and prior settings. $\sigma_{\sigma^2}^2$ and μ_{σ^2} indicate the true, simulated values of rate variance and trend parameters, respectively, while σ_0^2 prior shifts refer to alteration of the root rate prior location.

		tig	tight priors			ault pr	iors	loose priors		
$\sigma_{\sigma^2}^2 =$		0	3	6	0	3	6	0	3	6
				σ	${}_{0}^{2}$ prior	shifte	d by -3	3		
$\mu_{\sigma^2} =$	-4	0.50	0.40	0.40	1.00	0.90	1.00	1.00	1.00	1.00
	0	1.00	1.00	1.00	1.00	1.00	0.90	1.00	1.00	0.90
	4	1.00	0.70	0.80	1.00	1.00	1.00	0.90	1.00	0.90
				σ	p_0^2 prior	r shifte	ed by 0			
$\mu_{\sigma^2} =$	-4	0.50	0.70	0.60	1.00	1.00	1.00	1.00	1.00	1.00
	0	1.00	1.00	1.00	1.00	1.00	0.90	1.00	0.90	0.90
	4	0.80	0.10	0.30	1.00	1.00	1.00	1.00	1.00	0.90
				σ	p_0^2 prior	r shifte	ed by 3			
$\mu_{\sigma^2} =$	-4	0.70	0.70	0.80	1.00	0.90	1.00	1.00	1.00	1.00
	0	1.00	1.00	1.00	1.00	0.90	0.90	1.00	0.90	0.90
	4	0.10	0.00	0.10	1.00	1.00	1.00	1.00	1.00	0.90

Table S18. Coverage of branchwise rate posteriors (i.e., proportion of times the true, simulated value is greater than the 2.5% posterior distribution quantile and less than the 97.5% quantile) for each simulated trait evolution scenario and prior settings. $\sigma_{\sigma^2}^2$ and μ_{σ^2} indicate the true, simulated values of rate variance and trend parameters, respectively, while σ_0^2 prior shifts refer to alteration of the root rate prior location.

		tig	tight priors			ault pr	iors	loose priors		
$\sigma_{\sigma^2}^2 =$		0	3	6	0	3	6	0	3	6
				σ	${}_{0}^{2}$ prior	• shifte	d by -	3		
$\mu_{\sigma^2} =$	-4	0.91	0.89	0.86	0.98	0.95	0.94	0.98	0.96	0.95
	0	0.99	0.93	0.91	1.00	0.96	0.94	1.00	0.97	0.94
	4	1.00	0.91	0.92	0.99	0.96	0.96	0.97	0.97	0.95
				C	σ_0^2 prior	r shifte	ed by 0			
$\mu_{\sigma^2} =$	-4	0.94	0.91	0.87	0.98	0.95	0.94	0.98	0.96	0.95
	0	1.00	0.93	0.90	1.00	0.96	0.93	1.00	0.97	0.95
	4	0.97	0.87	0.89	0.99	0.96	0.95	0.98	0.97	0.96
				C	σ_0^2 prior	r shifte	ed by 3			
$\mu_{\sigma^2} =$	-4	0.97	0.93	0.88	0.98	0.95	0.94	0.98	0.96	0.95
	0	1.00	0.94	0.89	1.00	0.97	0.94	1.00	0.97	0.95
	4	0.89	0.83	0.86	0.99	0.96	0.95	0.98	0.97	0.96

Table S19. Coverage of root rate posteriors (i.e., proportion of times the true, simulated value is greater than the 2.5% posterior distribution quantile and less than the 97.5% quantile) for each simulated trait evolution scenario and prior settings. $\sigma_{\sigma^2}^2$ and μ_{σ^2} indicate the true, simulated values of rate variance and trend parameters, respectively, while σ_0^2 prior shifts refer to alteration of the root rate prior location.

		tig	tight priors			ault pr	iors	loose priors		
$\sigma_{\sigma^2}^2 =$		0	3	6	0	3	6	0	3	6
				σ	${}_{0}^{2}$ prior	shifte	d by -	3		
$\mu_{\sigma^2} =$	-4	0.40	0.30	0.60	1.00	0.80	1.00	0.90	0.90	1.00
	0	0.90	0.90	1.00	1.00	1.00	1.00	1.00	1.00	0.90
	4	1.00	1.00	0.60	1.00	1.00	1.00	1.00	1.00	1.00
				σ	p_0^2 prior	r shifte	ed by 0			
$\mu_{\sigma^2} =$	-4	0.60	0.60	0.80	1.00	0.80	1.00	1.00	1.00	1.00
	0	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00
	4	0.80	0.40	0.60	1.00	1.00	1.00	1.00	1.00	1.00
				σ	v_0^2 prior	r shifte	ed by 3			
$\mu_{\sigma^2} =$	-4	0.90	0.80	0.90	1.00	0.80	1.00	1.00	0.80	1.00
	0	1.00	1.00	0.60	1.00	1.00	1.00	1.00	1.00	1.00
	4	0.10	0.10	0.10	1.00	1.00	1.00	1.00	1.00	1.00

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Despite the relatively inaccurate inferences of branchwise rate, root rate, and trend parameters under overly informative priors, hypothesis testing was still largely reliable, 238 albeit sometimes underpowered, under all prior settings we considered. Across the board, 239 error rates remained conservative at around 5% or lower, with decreasing trends never 240 mistaken for increasing trends and vice versa. Error rates for detecting significant rate 241 variance may be slightly inflated under tight priors (Fig. S26), perhaps due to tighter 242 constraints on trend estimation forcing the model to instead attribute apparent rate 243 heterogeneity to rate variance. Nonetheless, power to detect significant rate variance 244 appears consistent regardless of prior settings. Notably, the same is true for anomalous 245 rate detection, despite the increasing shrinkage of branchwise rate estimation under tighter 246 priors (Fig. S28). On the other hand, prior settings had considerable influence on power to 247 detect trends (Fig. S27), with generally increasing power under looser priors – particularly 248

when the root rate prior shift and simulated trend both imply similar patterns of rate change over time (e.g., a root rate prior shifted by 3 and decreasing trend).



Figure S26. Power and error rates for the rate variance parameter $(\sigma_{\sigma^2}^2)$. Lines depict changes in the proportion of model fits that correctly showed evidence for rate variance significantly greater than 0 (i.e., power, in black) and incorrectly showed evidence (i.e., error, in light red) as a function of prior settings, with tight priors being the most informative and loose priors the least. Results are also shown for fits with the location of the root rate (σ_0^2) prior shifted by -3 (solid lines), 0 (dashed lines), and 3 (dotted lines) from the default setting.



Figure S27. Power and error rates for the trend parameter (μ_{σ^2}) . Lines depict changes in the proportion of model fits that correctly showed evidence for trends significantly less and greater than 0 (i.e., power, in black) and incorrectly showed evidence (i.e., error, in light red) as a function of prior settings, with tight priors being the most informative and loose priors the least. Results are also shown for fits with the location of the root rate (σ_0^2) prior shifted by -3 (solid lines), 0 (dashed lines), and 3 (dotted lines) from the default setting.



Figure S28. Power and error rates for branchwise rate parameters $(\ln \overline{\sigma^2})$ under different prior settings. Lines depict changes in proportions of branchwise rates considered anomalously slow (in dark blue) or fast (in light red) as a function of simulated rate deviations $(\ln \overline{\sigma_{dev}^2})$. These results combine all fits to simulated data that detected rate variance $(\sigma_{\sigma^2}^2)$ significantly greater than 0. The proportions are equivalent to power when the detected rate deviation is of the same sign as the true, simulated deviation (left of 0 for anomalously slow rates in dark blue and right for anomalously fast rates in light red), and to error rate when the detected and true rate deviations are of opposite signs. Here, significant rate deviations for simulated rate deviations that are exactly 0 are considered errors regardless of sign.

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