

The Psalm Project

Discovering the Spiritual World through the Psalms

Psalm 119

Rev. Dr. Michael Harvey Koplitz

The Goal of this project:

This research project will examine the 150 psalms for the spiritual awareness each Psalm offers. Each Psalm will be examined by its language and the commentary of the Sages. The spiritual awareness analysis will be done in alignment with Ari's definition of the Tree of life, the Book of Creation, and the Zohar. Each verse of the Psalm will be rewritten using the intent of the language and spiritual commentary to convey its spiritual lesson.

The Main Resources:

The Zohar

The Book of Creation

Ari's writing on the Tree of Life and the Ten Sefirot

The Theological Wordbook of the Old Testament

Samson Hirsch's commentary on the Psalms

Tehillim – Psalms – A new translation with a commentary anthologized from the Talmudic and rabbinic sources

Accordance Bible Software

Psalm 119

New American Standard 1995	Hebrew
<p>Psa. 119:1 How blessed are those whose way is ^{1a}blameless, Who ^bwalk in the law of the LORD. ² How blessed are those who ^aobserve His testimonies, Who ^bseek Him ^cwith all <i>their</i> heart. ³ They also ^ado no unrighteousness; They walk in His ways. ⁴ You have ^{1a}ordained Your precepts, ²That we should keep <i>them</i> diligently. ⁵ Oh that my ^aways may be established To ^bkeep Your statutes! ⁶ Then I ^ashall not be ashamed When I look ¹upon all Your commandments. ⁷ I shall ^agive thanks to You with uprightness of heart, When I learn Your righteous judgments. ⁸ I shall keep Your statutes; Do not ^aforsake me utterly!</p>	<p>Psa. 119:1 אֲשֶׁר־יְמִי־דָרְךָ תְּהִלָּתוֹ בְּתוֹרַת יְהוָה : ² אֲשֶׁר־יִצְדָּק עִדְתוֹ בְּכָל־לֵב יִדְרֹשׁוּהוּ : ³ אֵיךְ לֹא־פָּעַל עוֹלָה בְּדַרְכָּיו הִלְכוּ : ⁴ אֵתֶּה צְוִיֹתָה בְּקִדְיָךְ לְשֹׁמֵר מֵאֵד : ⁵ אֶת־לִי יִכְנוּ דְרָכֶיךָ לְשֹׁמֵר תְּקִיָּה : ⁶ אֲזִי לֹא־אֲבוֹשׁ בְּהִיטִי אֶל־כָּל־מִצְוֹתֶיךָ : ⁷ אֹדְךָ בְּיִשָׁר לֵבִי בְּכָל־מִלְּמֵדִי מִשְׁפָּטֶי צְדָקָתְךָ : ⁸ אֶת־תְּקִיָּתְךָ אֲשֹׁמֵר אֶל־תַּעֲזֹבֵנִי עַד־ מֵאֵד : ⁹ בְּמִה יִזְכֶּה נַעַר אֶת־אֲרָחוֹ לְשֹׁמֵר כְּדַבְּרֶךָ : ¹⁰ בְּכָל־לִבִּי דִרְשָׁתִיךָ אֶל־תִּשְׁגֵּנִי מִמִּצְוֹתֶיךָ : ¹¹ בְּלִבִּי צַפְנֹתִי אִמְרֹתֶיךָ לְמַעַן לֹא אֶחְטֶא־לָךְ : ¹² בְּרוּךְ אַתָּה יְהוָה לְמַדְנֵי תְּקִיָּה : ¹³ בְּשֹׁפְתֵי סִפְרֹתַי כָּל מִשְׁפָּטֶי־פִיךָ : ¹⁴ בְּדַרְךָ עֲרוֹתֶיךָ שִׁשְׁתִּי כַּעַל כָּל־הוֹן : ¹⁵ בְּפִקְדוֹתֶיךָ אֲשִׁיחָה וְאֶבְיֹשֶׁה אֶת־תְּקִיָּתְךָ : ¹⁶ בְּחִקְתֶיךָ אֲשַׁתַּעֲשֶׂע לֹא אֲשַׁכַּח דְּבָרֶךָ : ¹⁷ גָּמַל עַל־עֲבֹדֶךָ אֶחֱזִיה וְאֲשַׁמְרָה דְּבָרֶךָ : ¹⁸ גַּל־עֵינַי וְאֶבְיֹשֶׁה נִפְלְאוֹת מִתּוֹרַתֶךָ : ¹⁹ גַּר אֲנִכִּי בְּאֶרֶץ אֶל־ תִּסְתַּר מִמֶּנִּי מִצְוֹתֶיךָ : ²⁰ גִּרְסָה נִפְשִׁי לְתַאֲבָה אֶל־מִשְׁפָּטֶיךָ בְּכָל־עֵת : ²¹ גִּעְרָתְךָ יוֹדִים אֲרוּרִים תִּשְׁגִּים מִמִּצְוֹתֶיךָ : ²² גַּל מַעְלֵי חֲרָפָה וּבִזּוּ כִּי עִדְתֶיךָ נִצְרָתִי : ²³ גַּם יִשְׁבּוּ שָׂרִים בִּי נִדְּבָרוּ עֲבֹדֶךָ יִשִּׁית בְּתִקְיָתְךָ : ²⁴ גַּם־עִדְתֶיךָ שִׁעֲשִׁעִי אֲנִשִּׁי עֲצָתִי : ²⁵ דְּבַקָּה לְעַפְר</p>

That I may not sin against You.
 12 Blessed are You, O LORD;
 "Teach me Your statutes.
 13 With my lips I have "told of
 All the ^bordinances of Your mouth.
 14 I have ^arejoiced in the way of Your
 testimonies,
¹As much as in all riches.
 15 I will ^ameditate on Your precepts
 And ¹regard ^bYour ways.
 16 I shall ^{1a}delight in Your statutes;
 I shall ^bnot forget Your word.

Psa. 119:17 "Deal bountifully
 with Your servant,
 That I may live and keep Your
 word.
 18 Open my eyes, that I may behold
 Wonderful things from Your law.
 19 I am a "stranger in the earth;
 Do not hide Your commandments
 from me.
 20 My soul is crushed ^{1a}with longing
 After Your ordinances at all times.
 21 You ^arebuke the arrogant, ¹the
^bcursed,
 Who "wander from Your
 commandments.
 22 "Take away reproach and
 contempt from me,
 For I ^bobserve Your testimonies.
 23 Even though ^aprinces sit *and* talk
 against me,
 Your servant ^bmeditates on Your
 statutes.
 24 Your testimonies also are my
^adelight;
They are ¹my counselors.

Psa. 119:25 My ^asoul cleaves to
 the dust;

נִפְשִׁי תִּינֵי כְּדַבְּרֶךָ : 26 דְּרָכֵי סִפְרֹתֶיךָ
 וְתַעֲזֹבֵנִי לְמִדְּוָי תִּקְוֶךָ : 27 דְּרָךְ־פְּקוּדֵיךָ
 הִבִּינֵנִי וְאַשִׁיחָה בְּנִפְלְאוֹתֶיךָ : 28
 דְּלִפְתֵּי נִפְשִׁי מִתּוֹנָה קִיָּמְנִי כְּדַבְּרֶךָ : 29
 דְּרָךְ־שִׁקְרֵי הַסֵּר מִמֶּנִּי וְתוֹרַתֶךָ תִּנְנֵנִי :
 30 דְּרָךְ־אֱמוּנָה בְּחַרְתִּי מִשְׁפָּטֶיךָ
 שְׂוִיתִי : 31 דְּבִקְוֹתַי בְּעִדּוֹתֶיךָ יְהוָה אֵל־
 תִּבְשִׁינִי : 32 דְּרָךְ־מִצְוֹתֶיךָ אֲרוּץ כִּי
 תִּרְחִיב לִבִּי : 33 הוֹרֵנִי יְהוָה דְּרָךְ
 חֲקִיךָ וְאַצְרְנָה עֵקֶב : 34 הִבִּינֵנִי וְאַצְרְנָה
 תוֹרַתֶךָ וְאַשְׁמְרֵנָה בְּכָל־לֵב : 35
 הִדְרִיכֵנִי בְּנִתְיָב מִצְוֹתֶיךָ כִּי־כֹ
 חִפְצָתִי : 36 חֵט־לִבִּי אֵל־עִדּוֹתֶיךָ וְאֵל־
 אֵל־בְּצַע : 37 הֶעֱבֵר עֵינַי מִרְאוֹת שָׁוְא
 בְּדַרְכֶּךָ תִּינֵנִי : 38 תִּקֶּם לְעַבְדֶּךָ
 אֲמַרְתָּךְ אֲשֶׁר לְיִרְאַתֶּךָ : 39 הֶעֱבֵר
 חֲרַפְתִּי אֲשֶׁר יִגְדֹתִי כִּי מִשְׁפָּטֶיךָ
 טוֹבִים : 40 הִנֵּה תִּאֲבָתִי לְפִקְדֹתֶיךָ
 בְּצַדִּיקְתֶּךָ תִּינֵנִי : 41 וַיִּבְאַנֵּי חֲסִדֶּךָ יְהוָה
 תְּשׁוּעַתֶּךָ כְּאֲמַרְתָּךְ : 42 וְאַעֲנֶנָּה חֲרַפְתִּי
 דָּבָר כִּי־בִטַחְתִּי בְּדַבְּרֶךָ : 43 וְאֵל־תִּצְלַל
 מִפִּי דְבַר־אֱמֶת עַד־מָאֵד כִּי לְמִשְׁפָּטֶיךָ
 יִחַלְתִּי : 44 וְאַשְׁמְרָה תוֹרַתֶךָ תָּמִיד
 לְעוֹלָם וָעֶד : 45 וְאַתְּחַלְּקָה בְּרַחֲבָה כִּי
 פִּקְדֵיךָ דְּרָשְׁתִּי : 46 וְאֵדְבַרְתָּה בְּעִדּוֹתֶיךָ
 נִגְדַּר מִלְכִּים וְלֹא אֲבוֹשׁ : 47 וְאַשְׁתַּעֲשַׂע
 בְּמִצְוֹתֶיךָ אֲשֶׁר אֶהְבֵּתִי : 48 וְאַשְׂאֵ־כַפִּי
 אֵל־מִצְוֹתֶיךָ אֲשֶׁר אֶהְבֵּתִי וְאַשִׁיחָה
 בְּחִקֶיךָ : 49 זְכַר־דְּבָר לְעַבְדֶּךָ עַל־
 אֲשֶׁר יִחַלְתֵּנִי : 50 זֹאת נַחֲמָתִי בְּעֵנָי כִּי
 אֲמַרְתָּךְ תִּינֵנִי : 51 זָרִים הִלִּיצְנִי עַד־

^bRevive me 'according to Your word.

²⁶ I have told of my ways, and You have answered me;

^aTeach me Your statutes.

²⁷ Make me understand the way of Your precepts,

So I will ^ameditate on Your wonders.

²⁸ My ^asoul ¹weeps because of grief;
^bStrengthen me according to Your word.

²⁹ Remove the false way from me,
And graciously grant me Your law.

³⁰ I have chosen the faithful way;
I have ¹placed Your ordinances *before me*.

³¹ I ^acling to Your testimonies;
O LORD, do not put me to shame!

³² I shall run the way of Your commandments,

For You will ^aenlarge my heart.

Psa. 119:33 ^aTeach me, O LORD, the way of Your statutes,
And I shall observe it to the end.

³⁴ ^aGive me understanding, that I may ^bobserve Your law

And keep it 'with all *my* heart.

³⁵ Make me walk in the ^apath of Your commandments,

For I ^bdelight in it.

³⁶ ^aIncline my heart to Your testimonies

And not to ^b*dishonest* gain.

³⁷ Turn away my ^aeyes from looking at vanity,

And ^brevive me in Your ways.

³⁸ ^aEstablish Your ¹word to Your servant,

מֵאֲדָר מִתּוֹרַתְךָ לֹא נָשִׁיתִי : 52 זְכַרְתִּי

מִשְׁפָּטֶיךָ מֵעוֹלָם וַיהוָה וְאַתָּנַחֵם : 53
זִלְעָפָה אֲחַזְזֵנִי מִרְשָׁעִים עֲזֹבִי

תּוֹרַתְךָ : 54 וְזָמְרוֹת הָיוּ לִי חֲקִיךָ בְּבַיִת
מִגֹּרֵי : 55 זְכַרְתִּי בְּלִילָה שִׁמְךָ יְהוָה

וְאַשְׁמְרָה תּוֹרַתְךָ : 56 וְאֵת הַיְתָה־לִּי כִּי
בִּקְדֻשָׁתְךָ נִצַּרְתִּי : 57 חֲלָקֵי יְהוָה אֲמַרְתִּי

לְשֹׁמֵר דְּבָרֶיךָ : 58 חֲלִיתִי פָּנֶיךָ בְּכָל־
לֵב חֲנִנִי כְּאֲמַרְתָּךָ : 59 חֲשַׁבְתִּי דַרְכֵי

וְאֲשִׁיבָה רַגְלִי אֶל־עֲדֹתֶיךָ : 60 חֲשַׁתִּי
וְלֹא הִתְמַהֵמַה־תִּי לְשֹׁמֵר מִצְוֹתֶיךָ : 61

חֲבָלֵי רִשְׁעִים עֹוֲדֵנִי תּוֹרַתְךָ לֹא
שָׁכַחְתִּי : 62 חֲצוֹת־לַיְלָה אֶקוּם לְהוֹדוֹת

לָךְ עַל מִשְׁפָּטֶי צְדָקָתְךָ : 63 חָבַר אָנֹכִי
לְכָל־אֲשֶׁר יִרְאוּךָ וְלִשְׁמֹרֵי בִּקְדֻשָׁתְךָ : 64

חֲסִדֶּךָ יְהוָה מִלְּאֵה הָאָרֶץ חֲקִיךָ
לְמַדְנִי : 65 טוֹב עָשִׂיתָ עִם־עַבְדְּךָ יְהוָה

כַּדְּבַרְךָ : 66 טוֹב טַעַם וְדַעַת לְמַדְנִי כִּי
בְּמִצְוֹתֶיךָ הֵאֱמַנְתִּי : 67 טָרַם אֲעִנֶה אָנֹכִי

שִׁגְגָה וְעֵתָה אֲמַרְתָּךָ שָׁמַרְתִּי : 68 טוֹב־
אֲתָה וּמִטִּיב לְמַדְנִי חֲקִיךָ : 69 טָפְלוּ

עָלַי שִׁקָּר זָדִים אָנֹכִי בְּכָל־לֵב אֲאָזֵר
בִּקְדֻשָׁתְךָ : 70 טָפַשׁ כַּחֲלָב לַבָּם אָנֹכִי

תּוֹרַתְךָ שֶׁעָשִׂיתִי : 71 טוֹב־לִי כִּי־עֲנִיתִי
לְמַעַן אֶלְמַד חֲקִיךָ : 72 טוֹב־לִי תּוֹרַת־

כִּיךָ מֵאֲלֹפֵי זָהָב וְכֶסֶף : 73 יְדִיךָ עֲשׂוּנִי
וַיְכַוְנֵנִי חֲבִינֵנִי וְאֶלְמַדְתָּ מִצְוֹתֶיךָ : 74

יִרְאוּךָ יִרְאוּנִי וַיִּשְׁמְחוּ כִּי לְדַבְרֶךָ
יִחַלְתִּי : 75 יְדַעְתִּי יְהוָה כִּי־צָדִיק

מִשְׁפָּטֶיךָ וְאֲמוּנָה עֲנִיתָנִי : 76 יְהִי־נָא
חֲסִדֶּךָ לְנַחֲמֵנִי כְּאֲמַרְתָּךָ לְעַבְדְּךָ : 77

²As that which produces reverence for You.

³⁹ Turn away my reproach which I dread,

For Your ordinances are good.

⁴⁰ Behold, I long for Your precepts; Revive me through Your righteousness.

Psa. 119:41 May Your lovingkindnesses also come to me, O LORD,

Your salvation ^baccording to Your ¹word;

⁴² So I will have an ^aanswer for him who ^breproaches me,

For I trust in Your word.

⁴³ And do not take the word of truth utterly out of my mouth,

For I ^{1a}wait for Your ordinances.

⁴⁴ So I will ^akeep Your law continually,

Forever and ever.

⁴⁵ And I will ^awalk ¹at liberty,

For I ^bseek Your precepts.

⁴⁶ I will also speak of Your testimonies ^abefore kings

And shall not be ashamed.

⁴⁷ I shall ^{1a}delight in Your commandments,

Which I ^blove.

⁴⁸ And I shall lift up my hands to Your commandments,

Which I ^alove;

And I will ^bmeditate on Your statutes.

Psa. 119:49 Remember the word to Your servant,

¹In which You have made me hope.

יבאוני רחמיך ואחיה כיתורתך שעשעי: ⁷⁸ יבשו זדים כישקר עותוני

אני אשית בקורתי: ⁷⁹ ישובו לי יראיך וידעו [ידעי] עדתיך: ⁸⁰

יהי לבי תמים בחקיך למען לא אבוש: ⁸¹ כלתה לתשועתך נפשי

לדברך יחלתי: ⁸² כלו עיני לאמרתך לאמר מתי תנחמני: ⁸³ כיהייתי

כנאד בקיטור חקיך לא שכחתי: ⁸⁴ כמה ימי עבדך מתי תעשה ברדפי משפט: ⁸⁵ כרו לי זדים שיחות אשר לא כתורתך: ⁸⁶ כל מצותיך אמונה שקר רדפוני עזרני: ⁸⁷ כמעט כלוני בארץ ואני לא עזבתי בקורתי: ⁸⁸ כחסדך חניני ואשמחה עדות פיך: ⁸⁹ לעולם יהיה דברך נצב בשמים: ⁹⁰ לדר ודר אמונתך פוננת ארץ ותעמד: ⁹¹ למשפטך עמדו היום כי הכל עבדיך: ⁹² לולי תורתך שעשעי אז אבדתי בעניי: ⁹³ לעולם לא אשכח בקורתי כי כם חיתני: ⁹⁴ לך אני הושעני כי בקורתי דרשתי: ⁹⁵ לי קנו רשעים לאבדני עדתיך אתבונן: ⁹⁶ לכל תכלה ראיתי קץ רחבה מצותך מאד: ⁹⁷ מה אהבתי תורתך כל היום היא שיתתי: ⁹⁸ מאיבי תחכמני מצותך כי לעולם היא לי: ⁹⁹ מפל מפל מלמדי השכלתי כי עדותיך שיתח לי: ¹⁰⁰ מזקנים אתבונן כי בקורתי נצרת: ¹⁰¹ מפל ארח רע כלאתי רגלי למען אשמר דברך: ¹⁰²

50 This is my ^acomfort in my affliction,
 That Your word has ¹revived me.
 51 The arrogant ^autterly deride me,
 Yet I do not ^bturn aside from Your law.
 52 I have ^aremembered Your ordinances from ¹of old, O LORD,
 And comfort myself.
 53 Burning ^aindignation has seized me because of the wicked,
 Who ^bforsake Your law.
 54 Your statutes are my songs
 In the house of my ^apilgrimage.
 55 O LORD, I ^aremember Your name ^bin the night,
 And keep Your law.
 56 This has become mine,
¹That I ^aobserve Your precepts.

Psa. 119:57 The LORD is my ^aportion;
 I have ¹promised to ^bkeep Your words.
 58 I ^asought Your favor ^bwith all *my* heart;
 'Be gracious to me ^aaccording to Your ¹word.
 59 I ^aconsidered my ways
 And turned my feet to Your testimonies.
 60 I hastened and did not delay
 To keep Your commandments.
 61 The ^acords of the wicked have encircled me,
 But I have ^bnot forgotten Your law.
 62 At ^amidnight I shall rise to give thanks to You
 Because of Your ^brighteous ordinances.

מִמְשַׁפְּטֶיךָ לֹא-סָרְתִי כִּי-אַתָּה הוֹרֵתָנִי : 103 מִה-נִמְלָצוּ לְחַכֵּי אַמְרֹתֶיךָ מִדְּבַשׁ לֶפֶי : 104 מִפְּקוּדֶיךָ אֶתְבוֹנְנָן עַל-כֵּן שָׁנְאַתִּי וְכָל-אַרְחַת שִׁקָּר : 105 יָרָה-לְרִגְלֵי דְבָרְךָ וְאוֹר לְנִתְיָבְתִּי : 106 נִשְׁבַּעְתִּי וְאַקְיָמָה לְשֹׁמֵר מִשְׁפָּטֶי צְדָקָתְךָ : 107 נִעֲנִיתִי עַד-מָאֵד יְהוָה תִּינִי כְדִבְרֶךָ : 108 נִדְבֹת פִּי רָצָה-נָא יְהוָה וּמִשְׁפָּטֶיךָ לְמַדְנִי : 109 נִפְשִׁי בְּכַפֵּי תָמִיד וְתוֹרַתְךָ לֹא שָׁכַחְתִּי : 110 נִתְנֶנּוּ רִשְׁעִים פֶּחַ לִי וּמִפְּקוּדֶיךָ לֹא תָעִיתִי : 111 נִתְלַתִּי עֲדוּתֶיךָ לְעוֹלָם כִּי-שִׁשׁוֹן לִפִּי הַפְּמָה : 112 נָטִיתִי לִפִּי לְעֲשׂוֹת חַקֶּיךָ לְעוֹלָם עֲקָב : 113 סֵעַפִּים שָׁנְאַתִּי וְתוֹרַתְךָ אֶהְבֵּתִי : 114 סִתְרִי וּמִגְנִי אַתָּה לְדִבְרֶךָ יִחַלְתִּי : 115 סוּרוֹ-מִמֶּנִּי מֵרַעִים וְאַצְרָה מִצְּנוֹת אֱלֹהֵי : 116 סִמְכֵנִי כְּאַמְרֹתֶיךָ וְאַתִּיחַ וְאֶל-תְּבִישֵׁנִי מִשִּׁבְרִי : 117 סֵעַדְנִי וְאַוְשַׁעָה וְאַשְׁעָה בְּחַקֶּיךָ תָמִיד : 118 סְלִית כָּל-שׁוֹגִים מִחַקֶּיךָ כִּי-שִׁקָּר תִּרְמִיתָם : 119 סִגִּים הַשְׁבֵּת כָּל-רִשְׁעֵי-אַרְץ לְכֵן אֶהְבֵּתִי עֲדוּתֶיךָ : 120 סִמְר מִפִּתְדֶיךָ בְּשָׂרִי וּמִמְשַׁפְּטֶיךָ יִרְאֵתִי : 121 עֲשִׂיתִי מִשְׁפָּט וְצָדֵק בְּלֹ-תִנִּיחֵנִי לְעֲשָׂקִי : 122 עֲרָב עֲבָדֶיךָ לְטוֹב אֶל-יַעֲשִׂקֵנִי זָרִים : 123 עֵינַי פָּלּוּ לִישׁוּעָתְךָ וְלֹא-מָרַת צְדָקָתְךָ : 124 עֲשֵׂה עִם-עֲבָדֶיךָ כְּתִסְדֶּיךָ וְחַקֶּיךָ לְמַדְנִי : 125 עֲבָדֶיךָ-אֲנִי הִבִּינֵנִי וְאַדְעָה עֲדוּתֶיךָ : 126 עֵת לְעֲשׂוֹת לִיהוָה הִפְרוּ תוֹרַתְךָ : 127 עַל-כֵּן אֶהְבֵּתִי מִצְּוֹתֶיךָ

⁶³ I am a ^acompanion of all those who
¹fear You,
And of those who keep Your
precepts.

⁶⁴ ^aThe earth is full of Your
lovingkindness, O LORD;
^bTeach me Your statutes.

Psa. 119:65 You have dealt well
with Your servant,
O LORD, according to Your
word.

⁶⁶ Teach me good ^{1a}discernment and
knowledge,
For I believe in Your
commandments.

⁶⁷ ^aBefore I was afflicted I went
astray,
But now I keep Your word.

⁶⁸ You are ^agood and ^bdo good;
^aTeach me Your statutes.

⁶⁹ The arrogant ¹have ^aforged a lie
against me;

With all *my* heart I will ^bobserve
Your precepts.

⁷⁰ Their heart is ^{1a}covered with fat,
But I ^bdelight in Your law.

⁷¹ It is ^agood for me that I was
afflicted,
That I may learn Your statutes.

⁷² The ^alaw of Your mouth is better
to me
Than thousands of gold and silver
pieces.

Psa. 119:73 ^aYour hands made
me and ¹fashioned me;
^bGive me understanding, that I
may learn Your commandments.

⁷⁴ May those who ¹fear You ^asee me
and be glad,

מִזֶּהָב וּמִכֶּסֶד : 128 עַל־כֵּן אֶכְלֶה פְּקוּדֵיךָ

כָּל יִשְׁרָתֶי כָּל־אַרְחַ שְׁקָר שָׁנְאֵתִי : 129
פְּלֹאוֹת עֲדוֹתֶיךָ עַל־כֵּן נִצְרַתֶם נַפְשֵׁי :

130 פִּתַח דְּבַרְיָךָ יְאִיר מִבֵּין פְּתָיִים :
פִּי־בַעֲרֵתִי וְאַשְׁאַפֶּה כִּי לְמִצְוֹתֶיךָ

יֵאָבְדִי : 132 פִּנְה־אֵלַי וְתַנְנִי כְּמִשְׁפָּט
לְאַהֲבֵי שְׁמֶךָ : 133 פִּעְמֵי הָכֵן בְּאַמְרֹתֶיךָ

וְאַל־תִּשְׁלַט־בִּי כָל־אֹוֶן : 134 הֲרַנִּי
מִעֲשֵׂק אָדָם וְאַשְׁמְרָה פְּקוּדֵיךָ : 135

בְּנִיךָ הָאֵר בְּעֵבְדֶיךָ וְלִמְדֵנִי אֶת־תִּקְוֶיךָ :
136 פִּלְגֵי־מַיִם יִרְדּוּ עֵינַי עַל לֹא־שְׁמֵרֹו

תוֹרֹתֶיךָ : 137 צַדִּיק אֶתָּה יְהוָה וַיִּשָּׁר
מִשְׁפָּטֶיךָ : 138 צְוִיתָ צֶדֶק עֲדוֹתֶיךָ

וְאַמוּנָה מְאֹד : 139 צִמְתַּתֵּנִי קִנְיַתִּי כִּי־
שָׁכַחֹו דְּבַרְיָךָ צָרִי : 140 צְרוּפָה

אַמְרֹתֶיךָ מְאֹד וְעֵבְדֶיךָ אֶהְבֶּה : 141
צָעִיר אֲנִכִּי וּנְבוּזָה פִּקְוֵיךָ לֹא שָׁכַחְתִּי :

142 צַדִּיקְתָּ צֶדֶק לְעוֹלָם וְתוֹרֹתֶיךָ
אֱמֶת : 143 צַר־וּמְצוּק מִצְאוּנֵי מִצְוֹתֶיךָ

שִׁעֲשַׁעִי : 144 צַדִּיק עֲדוֹתֶיךָ לְעוֹלָם
הִבִּינֵנִי וְאַתָּה : 145 קָרָאתִי בְּכָל־לֵב

עַנְנֵי יְהוָה תִּקְוֶיךָ אֶצְרָה : 146 קָרָאתֶיךָ
הוֹשִׁיעֵנִי וְאַשְׁמְרָה עֲדוֹתֶיךָ : 147 קִנְיַתִּי

בִּנְשָׁף וְאַשׁוּעָה לְדְבַרְיָךָ [ל][רְבִרְבָּךָ]
יִחַלְתִּי : 148 קִדְמוּ עֵינַי אֲשֶׁמְרוֹת לְשִׁית

בְּאַמְרֹתֶיךָ : 149 קוֹלִי שִׁמְעָה כְּתוֹסֶדֶךָ
יְהוָה כְּמִשְׁפָּטֶיךָ תִּינֵנִי : 150 קָרְבוּ רַדְפֵי

זַמָּה מִתּוֹרֹתֶיךָ רַחֲמוּנֵי : 151 קָרֹוב אֶתָּה
יְהוָה וְכָל־מִצְוֹתֶיךָ אֱמֶת : 152 קָדָם

יָדַעְתִּי מִעֲדוֹתֶיךָ כִּי לְעוֹלָם יִסְדָּתָם :
153 רָאֵה עֲנֵנִי וְתִלְצַנֵּנִי כִּי־תוֹרֹתֶיךָ לֹא

Because I ^{2b}wait for Your word.
 75 I know, O LORD, that Your judgments are ^arighteous,
 And that ^bin faithfulness You have afflicted me.
 76 O may Your lovingkindness ¹comfort me,
 According to Your ²word to Your servant.
 77 May "Your compassion come to me that I may live,
 For Your law is my ^bdelight.
 78 May "the arrogant be ashamed, for they subvert me ^bwith a lie;
 But I shall "meditate on Your precepts.
 79 May those who ¹fear You turn to me,
 Even those who know Your testimonies.
 80 May my heart be ^{1a}blameless in Your statutes,
 So that I will not ^bbe ashamed.

Psa. 119:81 My ^asoul languishes for Your salvation;
 I ^{1b}wait for Your word.
 82 My ^aeyes fail *with longing* for Your ¹word,
²While I say, "When will You comfort me?"
 83 Though I have "become like a wineskin in the smoke,
 I do ^bnot forget Your statutes.
 84 How many are the "days of Your servant?
 When will You ^bexecute judgment on those who persecute me?
 85 The arrogant have "dug pits for me,

שְׁכַחְתִּי : 154 רִיבָה רִיבֵי וּגְאָלֵנִי
 לְאִמְרֹתֶיךָ תִּינֵנִי : 155 רְחֹק מִרְשָׁעִים
 יִשׁוּעָה כִּי־חֲקִיךָ לֹא דָרָשׁוּ : 156
 רְחֹמֶיךָ רַבִּים אִיהוּהַ כְּמִשְׁפָּטֶיךָ תִּינֵנִי :
 157 רַבִּים רֹדְפֵי וְצָרִי מֵעֲדוּתֶיךָ לֹא
 נָטִיתִי : 158 רְאִיתִי בְּגֵדִים וְאַתְקוּטָטָה
 אֲשֶׁר אִמְרֹתֶיךָ לֹא שָׁמְרוּ : 159 רְאֵה כִּי־
 בִּקְוִיךָ אֶתְבַּתִּי יְהוָה כְּחֶסֶדְךָ תִּינֵנִי :
 160 רֹאשׁ־דְּבָרְךָ אֱמֶת וְלִעוֹלָם כָּל־
 מִשְׁפָּט צְדָקָה : 161 שָׂרִים רֹדְפוּנִי תַנָּם
 וּמִדְּבָרֶיךָ [וִי][מִ][וְדְבָרְךָ] פָּתַד לִבִּי :
 162 שֵׁשׁ אֲזַכֵּי עַל־אִמְרֹתֶיךָ כְּמוֹצֵא שֶׁלֵּל
 רֹב : 163 שִׁקָּר שָׁנֵאתִי וְאַתְעַבָּה תוֹרֹתֶיךָ
 אֶתְבַּתִּי : 164 שִׁבְעַת בַּיּוֹם הִלַּלְתִּיךָ עַל־
 מִשְׁפָּטֶיךָ צְדָקָה : 165 שְׁלוֹם רַב לְאֶהְבֵי
 תוֹרֹתֶיךָ וְאִין־לָמוֹ מְכֻשׁוֹל : 166 שִׁבְרֹתַי
 לִישׁוּעָתֶךָ יְהוָה וּמִצוֹתֶיךָ עָשִׂיתִי : 167
 שָׁמְרָה נַפְשִׁי עֲדוּתֶיךָ וְאַהֲבָם מְאֹד : 168
 שִׁמְרֹתַי בִּקְוִיךָ וְעֲדוּתֶיךָ כִּי כָל־דְּרָכֶי
 נִגְדָה : 169 תִּקְרַב רִנָּתִי לְפָנֶיךָ יְהוָה
 כְּדְבָרְךָ תִּבְיָנִי : 170 תִּבּוֹא תִּחַנַּנְתִּי
 לְפָנֶיךָ כְּאִמְרֹתֶיךָ הֲצִילֵנִי : 171 תִּפְרַעַנָה
 שִׁפְתֵי תִּהְלֶה כִּי תִלְמַדְנִי חֲקִיךָ : 172
 תַעֲזֵן לְשׁוֹנֵי אִמְרֹתֶיךָ כִּי כָל־מִצוֹתֶיךָ
 צְדָק : 173 תִּהְיֶיךָ לְעִזְרָנִי כִּי בִקְוִיךָ
 בָּחַרְתִּי : 174 תִּאֲבָתִי לִישׁוּעָתֶךָ יְהוָה
 וְתוֹרֹתֶיךָ שַׁעֲשַׁעֵנִי : 175 תִּחִי־נַפְשִׁי
 וְתִהְלֶלְךָ וּמִשְׁפָּטֶיךָ יַעֲזֶרְנִי : 176 תִּעִיתִי
 כְּשֶׁה אֲבֹד בִּקְשׁ עֲבָרְךָ כִּי מִצוֹתֶיךָ לֹא
 שָׁכַחְתִּי :

Men who are not ¹in accord with
Your law.

⁸⁶ All Your commandments are
^afaithful;

They have ^bpersecuted me with a
lie; ^chelp me!

⁸⁷ They almost destroyed me ¹on
earth,

But as for me, I ^adid not forsake
Your precepts.

⁸⁸ Revive me according to Your
lovingkindness,

So that I may keep the testimony
of Your mouth.

Psa. 119:89 ^aForever, O LORD,
Your word ¹is settled in heaven.

⁹⁰ Your ^afaithfulness *continues*
¹throughout all generations;

You ^bestablished the earth, and it
^cstands.

⁹¹ They stand this day according to
Your ^aordinances,

For ^ball things are Your servants.

⁹² If Your law had not been my
^adelight,

Then I would have perished ^bin my
affliction.

⁹³ I will ^anever forget Your precepts,
For by them You have ^{1b}revived
me.

⁹⁴ I am Yours, ^asave me;

For I have ^bsought Your precepts.

⁹⁵ The wicked ^await for me to destroy
me;

I shall diligently consider Your
testimonies.

⁹⁶ I have seen ^{1a}a limit to all
perfection;

Your commandment is
exceedingly broad.

Psa. 119:97 O how I ^alove Your law!

It is my ^bmeditation all the day.

⁹⁸ Your ^acommandments make me wiser than my enemies,

For they are ever ¹mine.

⁹⁹ I have more insight than all my teachers,

For Your testimonies are my ^ameditation.

¹⁰⁰ I understand ^amore than the aged, Because I have ^bobserved Your precepts.

¹⁰¹ I have ^arestrained my feet from every evil way,

That I may keep Your word.

¹⁰² I have not ^aturned aside from Your ordinances,

For You Yourself have taught me.

¹⁰³ How ^asweet are Your ¹words to my ²taste!

Yes, *sweeter* than honey to my mouth!

¹⁰⁴ From Your precepts I ^aget understanding;

Therefore I ^bhate every false way.

Psa. 119:105 Your word is a ^alamp to my feet

And a light to my path.

¹⁰⁶ I have ^asworn and I will confirm it, That I will keep Your righteous ordinances.

¹⁰⁷ I am exceedingly ^aafflicted; ¹Revive me, O LORD, according to Your word.

¹⁰⁸ O accept the ^afreewill offerings of my mouth, O LORD,

And ^bteach me Your ordinances.

¹⁰⁹ My ¹life is continually ²in my hand,

Yet I do not ^bforget Your law.
110 The wicked have ^alaid a snare for me,

Yet I have not ^bgone astray from Your precepts.

111 I have ^ainherited Your testimonies forever,

For they are the ^bjoy of my heart.

112 I have ^ainclined my heart to perform Your statutes

Forever, *even* ^bto the end.

Psa. 119:113 I hate those who are ^adouble-minded,

But I love Your ^blaw.

114 You are my ^ahiding place and my ^bshield;

I ^{1c}wait for Your word.

115 ^aDepart from me, evildoers, That I may ^bobserve the commandments of my God.

116 ^aSustain me according to Your ¹word, that I may live;

And ^bdo not let me be ²ashamed of my hope.

117 Uphold me that I may be ^asafe, That I may ^bhave regard for Your statutes continually.

118 You have ¹rejected all those ^awho wander from Your statutes,

For their deceitfulness is ²useless.

119 You have ¹removed all the wicked of the earth *like* ^adross;

Therefore I ^blove Your testimonies.

120 My flesh ^{1a}trembles for fear of You,

And I am ^bafraid of Your judgments.

Psa. 119:121 I have ^adone justice
and righteousness;

Do not leave me to my oppressors.

¹²² Be ^asurety for Your servant for
good;

Do not let the arrogant ^boppress
me.

¹²³ My ^aeyes fail *with longing* for Your
salvation

And for Your righteous ¹word.

¹²⁴ Deal with Your servant ^aaccording
to Your lovingkindness

And ^bteach me Your statutes.

¹²⁵ ^aI am Your servant; ^bgive me
understanding,

That I may know Your
testimonies.

¹²⁶ It is time for the LORD to ^aact,

For they have broken Your law.

¹²⁷ Therefore I ^alove Your
commandments

Above gold, yes, above fine gold.

¹²⁸ Therefore I esteem right all *Your*
^aprecepts concerning everything,

I ^bhate every false way.

Psa. 119:129 Your testimonies are
^awonderful;

Therefore my soul ^bobserves them.

¹³⁰ The ^aunfolding of Your words
gives light;

It gives ^bunderstanding to the
simple.

¹³¹ I ^aopened my mouth wide and
^bpanted,

For I ¹longed for Your
commandments.

¹³² ^aTurn to me and be gracious to me,

After Your manner ¹with those
who love Your name.

¹³³ Establish my ^afootsteps in Your
¹word,

And do not let any iniquity ^bhave
dominion over me.

¹³⁴ ^aRedeem me from the oppression
of man,

That I may keep Your precepts.

¹³⁵ ^aMake Your face shine upon Your
servant,

And ^bteach me Your statutes.

¹³⁶ My eyes ¹shed ^astreams of water,
Because they ^bdo not keep Your
law.

Psa. 119:137 ^aRighteous are You,
O LORD,

And upright are Your judgments.

¹³⁸ You have commanded Your
testimonies in ^arighteousness

And exceeding ^bfaithfulness.

¹³⁹ My ^azeal has ¹consumed me,
Because my adversaries have
forgotten Your words.

¹⁴⁰ Your ^{1a}word is very ²pure,
Therefore Your servant ^bloves it.

¹⁴¹ I am small and ^adespised,
Yet I do not ^bforget Your precepts.

¹⁴² Your righteousness is an
everlasting righteousness,

And ^aYour law is truth.

¹⁴³ Trouble and anguish have ¹come
upon me,

Yet Your commandments are my
^adelight.

¹⁴⁴ Your ^atestimonies are righteous
forever;

^bGive me understanding that I may
live.

Psa. 119:145 I cried ^awith all my
heart; answer me, O LORD!

<p>I will ^bobserve Your statutes.</p> <p>¹⁴⁶ I cried to You; ^asave me And I shall keep Your testimonies.</p> <p>¹⁴⁷ I ^{1a}rise before dawn and cry for help; I ²wait for Your words.</p> <p>¹⁴⁸ My eyes anticipate the ^anight watches, That I may ^bmeditate on Your ¹word.</p> <p>¹⁴⁹ Hear my voice ^aaccording to Your lovingkindness; ^bRevive me, O LORD, according to Your ordinances.</p> <p>¹⁵⁰ Those who follow after wickedness draw near; They are far from Your law.</p> <p>¹⁵¹ You are ^anear, O LORD, And all Your commandments are ^btruth.</p> <p>¹⁵² Of old I have ^aknown from Your testimonies That You have founded them ^bforever.</p> <p>Psa. 119:153 ^aLook upon my ^baffliction and rescue me, For I do not ^cforget Your law.</p> <p>¹⁵⁴ ^aPlead my cause and ^bredeem me; Revive me according to Your ¹word.</p> <p>¹⁵⁵ Salvation is ^afar from the wicked, For they ^bdo not seek Your statutes.</p> <p>¹⁵⁶ ^{1a}Great are Your mercies, O LORD; Revive me according to Your ordinances.</p> <p>¹⁵⁷ Many are my ^apersecutors and my adversaries,</p>	
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Yet I do not ^bturn aside from Your testimonies.

¹⁵⁸ I behold the ^atreacherous and ^bloathe *them*,

Because they do not keep Your ¹word.

¹⁵⁹ Consider how I ^alove Your precepts;

^bRevive me, O LORD, according to Your lovingkindness.

¹⁶⁰ The ^asum of Your word is ^btruth, And every one of Your righteous ordinances ^cis everlasting.

Psa. 119:161 ^aPrinces persecute me without cause,

But my heart ^bstands in awe of Your words.

¹⁶² I ^arejoice at Your ¹word, As one who ^bfinds great spoil.

¹⁶³ I ^ahate and despise falsehood, *But* I ^blove Your law.

¹⁶⁴ Seven times a day I praise You, Because of Your ^arighteous ordinances.

¹⁶⁵ Those who love Your law have ^agreat peace, And ^{1b}nothing causes them to stumble.

¹⁶⁶ I ^ahope for Your salvation, O LORD,

And do Your commandments.

¹⁶⁷ My ^asoul keeps Your testimonies, And I ^blove them exceedingly.

¹⁶⁸ I ^akeep Your precepts and Your testimonies,

For all my ^bways are before You.

Psa. 119:169 Let my ^acry ¹come before You, O LORD;

^bGive me understanding ^caccording to Your word.

¹⁷⁰ Let my ^asupplication come before You;

^bDeliver me according to Your ¹word.

¹⁷¹ Let my ^alips utter praise,
For You ^bteach me Your statutes.

¹⁷² Let my ^atongue sing of Your ¹word,

For all Your ^bcommandments are righteousness.

¹⁷³ Let Your ^ahand be ¹ready to help me,

For I have ^bchosen Your precepts.

¹⁷⁴ I ^along for Your salvation, O LORD,

And Your law is my ^bdelight.

¹⁷⁵ Let my ^asoul live that it may praise You,

And let Your ordinances help me.

¹⁷⁶ I have ^agone astray like a lost sheep; seek Your servant,

For I do ^bnot forget Your commandments.

References

Psalm 119:1

¹Lit *complete*; or *having integrity*

^aPs 101:2, 6; Prov 11:20; 13:6

^bPs 128:1; Ezek 11:20; 18:17; Mic 4:2

Psalm 119:2

^aPs 25:10; 99:7; 119:22, 168

^bDeut 4:29; Ps 119:10

^cDeut 6:5; 10:12; 11:13; 13:3; 30:2

Psalm 119:3

^{a1} John 3:9; 5:18

Psalm 119:4

¹Lit *commanded*

²Lit *To keep*

^aDeut 4:13; Neh 9:13

Psalm 119:5

^aPs 40:2; Prov 4:26

^bDeut 12:1; 2 Chr 7:17

Psalm 119:6

¹Lit *to*

^aJob 22:26; Ps 119:80

Psalm 119:7

^aPs 119:62

Psalm 119:8

^aPs 38:21; 71:9, 18

Psalm 119:9

^{a1} Kin 2:4; 8:25; 2 Chr 6:16

Psalm 119:10

^{a2} Chr 15:15; Ps 119:2, 145

^bPs 119:21, 118

Psalm 119:11

^aPs 37:31; 40:8; Luke 2:19, 51

Psalm 119:12

^aPs 119:26, 64, 108, 124, 135, 171

Psalm 119:13

^aPs 40:9

^bPs 119:72

Psalm 119:14

¹Lit *As over all*

^aPs 119:111, 162

Psalm 119:15

¹Or *look upon*

^aPs 1:2; 119:23, 48, 78, 97, 148

^bPs 25:4; 27:11; Is 58:2

Psalm 119:16

¹Lit *delight myself*

^aPs 1:2; 119:24, 35, 47, 70, 77, 92, 143, 174

^bPs 119:93

Psalm 119:17

^aPs 13:6; 116:7

Psalm 119:19

^aGen 47:9; Lev 25:23; 1 Chr 29:15; Ps 39:12; 119:54; Heb 11:13

Psalm 119:20

¹Lit *for*

^aPs 42:1, 2; 63:1; 84:2; 119:40, 131

Psalm 119:21

¹Or *Cursed are those who wander...*

^aPs 68:30

^bDeut 27:26; Ps 37:22

^cPs 119:10, 118

Psalm 119:22

^aPs 39:8; 119:39

^bPs 119:2

Psalm 119:23

^aPs 119:161

^bPs 119:15

Psalm 119:24

¹Lit *the men of my counsel*

^aPs 119:16

Psalm 119:25

^aPs 44:25

^bPs 119:37, 40, 88, 93, 107, 149, 154, 156, 159; 143:11

^cPs 119:65

Psalm 119:26

^aPs 25:4; 27:11; 86:11; 119:12

Psalm 119:27

^aPs 105:2; 145:5

Psalm 119:28

¹Lit *drops*

^aPs 22:14; 107:26

^bPs 20:2; 1 Pet 5:10

Psalm 119:30

¹Or *accounted Your ordinances worthy*

Psalm 119:31

^aDeut 11:22

Psalm 119:32

^{a1} Kin 4:29; Is 60:5; 2 Cor 6:11, 13

Psalm 119:33

^aPs 119:5, 12

Psalm 119:34

^aPs 119:27, 73, 125, 144, 169

^b1 Chr 22:12; Ezek 44:24
Ps 119:2, 69

Psalm 119:35

^aPs 25:4; Is 40:14
^bPs 112:1; 119:16

Psalm 119:36

^a1 Kin 8:58
^bEzek 33:31; Mark 7:21, 22; Luke 12:15; Heb 13:5

Psalm 119:37

^aIs 33:15
^bPs 71:20; 119:25

Psalm 119:38

¹Or *promise*
²Lit *Which is for the fear of You*
^a2 Sam 7:25

Psalm 119:39

^aPs 119:22

Psalm 119:40

^aPs 119:20

Psalm 119:41

¹Or *promise*
^aPs 119:77
^bPs 119:58, 76, 116, 170

Psalm 119:42

^aProv 27:11
^bPs 102:8; 119:39

Psalm 119:43

¹Or *hope in*
^aPs 119:49, 74, 81, 114, 147

Psalm 119:44

^aPs 119:33

Psalm 119:45

¹Lit *in a wide place*

^aProv 4:12

^bPs 119:94, 155

Psalm 119:46

^aMatt 10:18; Acts 26:1, 2

Psalm 119:47

¹Lit *delight myself*

^aPs 119:16

^bPs 119:97, 127, 159

Psalm 119:48

^aPs 119:97, 127, 159

^bPs 119:15

Psalm 119:49

¹Lit *On*

Psalm 119:50

¹Or *preserved me alive*

^aJob 6:10; Rom 15:4

Psalm 119:51

^aJob 30:1; Jer 20:7

^bJob 23:11; Ps 44:18; 119:157

Psalm 119:52

¹Or *everlasting*

^aPs 103:18

Psalm 119:53

^aEx 32:19; Ezra 9:3; Neh 13:25; Ps 119:158

^bPs 89:30

Psalm 119:54

^aGen 47:9; Ps 119:19

Psalm 119:55

^aPs 63:6

^bPs 42:8; 92:2; 119:62; Is 26:9; Acts 16:25

Psalm 119:56

¹Or *Because*

^aPs 119:22, 69, 100

Psalm 119:57

¹Lit *said that I would keep*

^aPs 16:5; Lam 3:24

^bDeut 33:9

Psalm 119:58

¹Or *promise*

^a1 Kin 13:6

^bPs 119:2

^cPs 41:4; 56:1; 57:1

^dPs 119:41

Psalm 119:59

^aMark 14:72; Luke 15:17

Psalm 119:61

^aJob 36:8; Ps 140:5

^bPs 119:83, 141, 153, 176

Psalm 119:62

^aPs 119:55

^bPs 119:7

Psalm 119:63

¹Or *revere*

^aPs 101:6

Psalm 119:64

^aPs 33:5

^bPs 119:12

Psalm 119:66

¹Or *judgment*

^aPhil 1:9

Psalm 119:67

^aPs 119:71, 75; Jer 31:18, 19; Heb 12:5-11

Psalm 119:68

^aPs 86:5; 100:5; 106:1; 107:1; Matt 19:17

^bDeut 8:16; 28:63; 30:5; Ps 125:4

^cPs 119:12

Psalm 119:69

¹Lit *besmear me with lies*

^aJob 13:4; Ps 109:2

^bPs 119:56

Psalm 119:70

¹Lit *gross like fat*

^aDeut 32:15; Job 15:27; Ps 17:10; Is 6:10; Jer 5:28; Acts 28:27

^bPs 119:16

Psalm 119:71

^aPs 119:67, 75

Psalm 119:72

^aPs 19:10; 119:127; Prov 8:10, 11, 19

Psalm 119:73

¹Lit *established*

^aJob 10:8; 31:15; Ps 100:3; 138:8; 139:15, 16

^bPs 119:34

Psalm 119:74

¹Or *revere*

²Or *hope in*

^aPs 34:2; 35:27; 107:42

^bPs 119:43

Psalm 119:75

^aPs 119:138

^bHeb 12:10

Psalm 119:76

¹Lit *be for my comfort*

²Or *promise*

Psalm 119:77

^aPs 119:41

^bPs 119:16

Psalm 119:78

^aJer 50:32

^bPs 119:86

^cPs 119:15

Psalm 119:79

¹Or *revere*

Psalm 119:80

¹Lit *complete*; or *having integrity*

^aPs 119:1

^bPs 119:46

Psalm 119:81

¹Or *hope in*

^aPs 84:2

^bPs 119:43

Psalm 119:82

¹Or *promise*

²Lit *Saying*

^aPs 69:3; 119:123; Is 38:14; Lam 2:11

Psalm 119:83

^aJob 30:30

^bPs 119:61

Psalm 119:84

^aPs 39:4

^bRev 6:10

Psalm 119:85

¹Lit *according to Your law*

^aPs 7:15; 35:7; 57:6; Jer 18:22

Psalm 119:86

^aPs 119:138

^bPs 35:19; 119:78, 161

^cPs 109:26

Psalm 119:87

¹Lit *in the earth*

^aIs 58:2

Psalm 119:89

¹Lit *stands firm*

^aPs 89:2; 119:160; Is 40:8; Matt 24:35; 1 Pet 1:25

Psalm 119:90

¹Lit *to*

^aPs 36:5; 89:1, 2

^bPs 148:6

^cEccl 1:4

Psalm 119:91

^aJer 31:35; 33:25

^bPs 104:2-4

Psalm 119:92

^aPs 119:16

^bPs 119:50

Psalm 119:93

¹Or *kept me alive*

^aPs 119:16, 83

^bPs 119:25

Psalm 119:94

^aPs 119:146

^bPs 119:45

Psalm 119:95

^aPs 40:14; Is 32:7

Psalm 119:96

¹Lit *an end of*

Psalm 119:97

^aPs 119:47, 48, 127, 163, 165

^bPs 1:2; 119:15

Psalm 119:98

¹Or *with me*

^aDeut 4:6; Ps 119:130

Psalm 119:99

^aPs 119:15

Psalm 119:100

^aJob 32:7-9

^bPs 119:22, 56

Psalm 119:101

^aProv 1:15

Psalm 119:102

^aDeut 17:20; Josh 23:6; 1 Kin 15:5

Psalm 119:103

¹Or *promises*

²Lit *palate*

^aPs 19:10; Prov 8:11; 24:13, 14

Psalm 119:104

^aPs 119:130

^bPs 119:128

Psalm 119:105

^aProv 6:23

Psalm 119:106

^aNeh 10:29

Psalm 119:107

¹Or *Keep me alive*

^aPs 119:25, 50

^bPs 119:25

Psalm 119:108

^aHos 14:2; Heb 13:15

^bPs 119:12

Psalm 119:109

¹Lit *soul*

²I.e. in danger

^aJudg 12:3; Job 13:14

^bPs 119:16

Psalm 119:110

^aPs 91:3; 140:5; 141:9

^bPs 119:10

Psalm 119:111

^aDeut 33:4

^bPs 119:14, 162

Psalm 119:112

^aPs 119:36

^bPs 119:33

Psalm 119:113

^{a1} Kin 18:21; James 1:8; 4:8

^bPs 119:47

Psalm 119:114

¹Or *hope in*

^aPs 31:20; 32:7; 61:4; 91:1

^bPs 84:9

^cPs 119:74

Psalm 119:115

^aPs 6:8; 139:19; Matt 7:23

^bPs 119:22

Psalm 119:116

¹Or *promise*

²Lit *put to shame because of*

^aPs 37:17, 24; 54:4

^bPs 25:2, 20; 31:1, 17; Rom 5:5; 9:33; Phil 1:20

Psalm 119:117

^aPs 12:5; Prov 29:25

^bPs 119:6, 15

Psalm 119:118

¹Lit *made light of*

²Lit *falsehood*

^aPs 119:10, 21

Psalm 119:119

¹Lit *caused to cease*

^aIs 1:22, 25; Ezek 22:18, 19

^bPs 119:47

Psalm 119:120

¹Lit *bristles up from*

^aJob 4:14; Hab 3:16

^bPs 119:161

Psalm 119:121

^a2 Sam 8:15; Job 29:14

Psalm 119:122

^aJob 17:3; Heb 7:22

^bPs 119:134

Psalm 119:123

¹Or *promise*

^aPs 119:82

Psalm 119:124

^aPs 51:1; 106:45; 109:26; 119:88, 149, 159

^bPs 119:12

Psalm 119:125

^aPs 116:16

^bPs 119:27

Psalm 119:126

^aJer 18:23; Ezek 31:11

Psalm 119:127

^aPs 19:10; 119:47

Psalm 119:128

^aPs 19:8

^bPs 119:104

Psalm 119:129

^aPs 119:18

^bPs 119:22

Psalm 119:130

^aProv 6:23

^bPs 19:7

Psalm 119:131

^aJob 29:23; Ps 81:10

^bPs 42:1

^cPs 119:20

Psalm 119:132

¹Lit *to*

^aPs 25:16; 106:4

Psalm 119:133

¹Or *promise*

^aPs 17:5

^bPs 19:13; Rom 6:12

Psalm 119:134

^aPs 119:84; 142:6; Luke 1:74

Psalm 119:135

^aNum 6:25; Ps 4:6; 31:16; 67:1; 80:3, 7, 19

^bPs 119:12

Psalm 119:136

¹Lit *run down*

^aJer 9:1, 18; 14:17; Lam 3:48
^bPs 119:158

Psalm 119:137

^aEzra 9:15; Neh 9:33; Ps 116:5; 129:4; 145:17; Jer 12:1; Lam 1:18; Dan 9:7, 14

Psalm 119:138

^aPs 19:7-9; 119:144, 172
^bPs 119:86, 90

Psalm 119:139

¹Lit *put an end to*
^aPs 69:9; John 2:17

Psalm 119:140

¹Or *promise*
²Lit *refined*
^aPs 12:6; 19:8
^bPs 119:47

Psalm 119:141

^aPs 22:6
^bPs 119:61

Psalm 119:142

^aPs 19:9; 119:151, 160

Psalm 119:143

¹Lit *found me*
^aPs 119:24

Psalm 119:144

^aPs 19:9
^bPs 119:27

Psalm 119:145

^aPs 119:10
^bPs 119:22, 55

Psalm 119:146

^aPs 3:7

Psalm 119:147

¹Lit *anticipate the dawn*

²Or *hope in*

^aPs 5:3; 57:8; 108:2

Psalm 119:148

¹Or *promise*

^aPs 63:6

^bPs 119:15

Psalm 119:149

^aPs 119:124

^bPs 119:25

Psalm 119:151

^aPs 34:18; 145:18; Is 50:8

^bPs 119:142

Psalm 119:152

^aPs 119:125

^bPs 119:89; Luke 21:33

Psalm 119:153

^aLam 5:1

^bPs 119:50

^cPs 119:16; Prov 3:1; Hos 4:6

Psalm 119:154

¹Or *promise*

^a1 Sam 24:15; Ps 35:1; Mic 7:9

^bPs 119:134

Psalm 119:155

^aJob 5:4

^bPs 119:45, 94

Psalm 119:156

¹Or *Many*

^a2 Sam 24:14

Psalm 119:157

^aPs 7:1; 119:86, 161

^bPs 119:51

Psalm 119:158

¹Or *promise*

^aIs 21:2; 24:16

^bPs 139:21

Psalm 119:159

^aPs 119:47

^bPs 119:25

Psalm 119:160

^aPs 139:17

^bPs 119:142

^cPs 119:89, 152

Psalm 119:161

^{a1} Sam 24:11; 26:18; Ps 119:23

^bPs 119:120

Psalm 119:162

¹Or *promise*

^aPs 119:14, 111

^{b1} Sam 30:16; Is 9:3

Psalm 119:163

^aPs 31:6; 119:104, 128; Prov 13:5

^bPs 119:47

Psalm 119:164

^aPs 119:7, 160

Psalm 119:165

¹Lit *they have no stumbling block*

^aPs 37:11; Prov 3:2; Is 26:3; 32:17

^bProv 3:23; Is 63:13; 1 John 2:10

Psalm 119:166

^aGen 49:18; Ps 119:81, 174

Psalm 119:167

^aPs 119:129

^bPs 119:47

Psalm 119:168

^aPs 119:22

^bJob 24:23; Ps 139:3; Prov 5:21

Psalm 119:169

¹Lit *come near before*

^aJob 16:18; Ps 18:6; 102:1

^bPs 119:27, 144

^cPs 119:65, 154

Psalm 119:170

¹Or *promise*

^aPs 28:2; 130:2; 140:6; 143:1

^bPs 22:20; 31:2; 59:1

Psalm 119:171

^aPs 51:15; 63:3

^bPs 94:12; 119:12; Is 2:3; Mic 4:2

Psalm 119:172

¹Or *promise*

^aPs 51:14

^bPs 119:138

Psalm 119:173

¹Lit *to help me*

^aPs 37:24; 73:23

^bJosh 24:22; Luke 10:42

Psalm 119:174

^aPs 119:166

^bPs 119:16, 24

Psalm 119:175

^aIs 55:3

Psalm 119:176

^aIs 53:6; Jer 50:6; Matt 18:12; Luke 15:4

^bPs 119:16

Targum

Psa. 119:1 How happy are the perfect of way, who walk in the Torah of the LORD. ² How happy those who keep his testimony; with a whole heart they will seek his instruction. ³ Truly, they have not acted deceitfully; in his proper ways they have walked. ⁴ You have given your commandments, to keep very much. ⁵ It is good for me that my ways are straight, to keep your decrees. ⁶ Then I will not be disappointed when I look to all your commandments. ⁷ I will give thanks in your presence with uprightness of heart, when I learn the judgments of your righteousness. ⁸ I will keep your decrees; do not abandon me utterly. ⁹ In what way shall a youth purify his way? To keep [it] as your words. ¹⁰ With all my heart I have sought your teaching; do not let me go astray from your commandments. ¹¹ In my heart I have hidden your word, that I might not sin in your presence. ¹² Blessed are you, O LORD; teach me your decrees. ¹³ With my lips I have recounted all the judgments of your mouth. ¹⁴ In the way of your testimonies I have rejoiced, as at a stroke of luck. ¹⁵ I will speak by your commandments, and I will behold, your ways. ¹⁶ I will find delight in your decrees, I will not forget your utterance. ¹⁷ Requite your servant with good; I will live, and keep your words. ¹⁸ Uncover my eyes, and I will behold, wonders from your Torah. ¹⁹ I am a dweller in the land; do not take away your commandments from me. ²⁰ My soul has longed with longing for your commandments at all times. ²¹ You have rebuked the malicious; cursed are all who stray from your commandments. ²² Remove from me humiliation and shame; for I have kept your testimonies. ²³ For leaders sit speaking against me; your servant is engaged in instruction of your decrees. ²⁴ Also your testimonies are my delight, the source of my counsel. ²⁵ My soul is joined to the dust; heal me according to your word. ²⁶ I numbered my ways and you received my prayer; teach me your decrees. ²⁷ Give me insight into the way of your commandments, and I will speak of your wonders. ²⁸ My soul is grieved by weariness; sustain me according to your word. ²⁹ Remove from me the path of lies; and [by] your Torah have compassion on me. ³⁰ I have chosen the faithful path; I have placed your judgements [with me]. ³¹ I have joined myself to your testimonies, O LORD; do not make me ashamed. ³² I will run in the path of your commandments, for you will expand my heart. ³³ Teach me, O LORD, the way of your decrees, and I will keep it totally. ³⁴ Give me insight, and I will keep your Torah, O LORD; and I will keep it with a whole heart. ³⁵ Make me walk in the course of your commandments, for I desire it. ³⁶ Incline my heart to your testimonies, and not to money. ³⁷ Turn my eyes away from the sight of deceit; by your words heal me. ³⁸ Confirm your word to your servant, which [leads] to your worship. ³⁹ Take away my reproach, which I fear, for your judgments are good. ⁴⁰ Behold, I have yearned for your commandments; in your generosity heal me. ⁴¹ And let your kindness come upon me, O LORD, your redemption

in accordance with your word. ⁴² And I will give answer to those who mock me, for I have trusted in your word. ⁴³ And do not remove the word of truth from my mouth utterly, for I have waited long for your judgments. ⁴⁴ And I will keep your Torah always, for ages upon ages. ⁴⁵ And I will walk in the wideness of the Torah, for I have sought your commandments. ⁴⁶ And I will speak of your testimonies before kings, and I will not be ashamed. ⁴⁷ And I will delight myself in your commandments, which I love. ⁴⁸ And I will lift my hands to your commandments, which I love, and I will speak of your decrees. ⁴⁹ Remind your servant of the word, for you waited long for me. ⁵⁰ This is my comfort in my pain, for your word has sustained me. ⁵¹ The malicious mock me greatly; I have not turned away from your Torah. ⁵² I remembered your judgments of old, O LORD, and I was comforted. ⁵³ Trembling seized me because of the wicked who forsake your Torah. ⁵⁴ Your decrees became psalms for me in my dwelling place. ⁵⁵ I remembered your name in the night, O LORD, and I kept your Torah. ⁵⁶ This became merit for me, for I kept your commandments. ⁵⁷ My portion is the LORD, I have promised to keep your words. ⁵⁸ I have prayed in your presence with a whole heart; have pity on me according to your word. ⁵⁹ I have thought to improve my way, and I will turn my feet to your testimonies. ⁶⁰ I was eager, and did not delay to keep your commandments. ⁶¹ The band of wicked men has gathered against me; I have not forgotten your Torah. ⁶² In the middle of the night I will rise to sing praise in your presence, for the sake of your righteous judgments. ⁶³ I am a companion to all who revere you, and to those who keep your commandments. ⁶⁴ Your goodness, O LORD, fills the earth; teach me your decrees. ⁶⁵ You have shown goodness to your servant, O LORD, according to your words. ⁶⁶ Teach me good sense and knowledge, for I have believed in your commandments. ⁶⁷ Before I was afflicted, I was in error, but now I have kept your word. ⁶⁸ You are good, and do good; teach me your decrees. ⁶⁹ The malicious have shouted me down with lies; I will keep your commandments with a whole heart. ⁷⁰ The impulse of their heart is dulled as with fat; as for me, my delight is your Torah. ⁷¹ It is good for me, for I was humbled, so that I might learn your decrees. ⁷² Better for me is the Torah of your mouth, than a thousand talents of gold and silver. ⁷³ Your hands made me and established me; give me insight and I will learn your commandments. ⁷⁴ Those who fear you will see me and be glad; for I have waited long for your word. ⁷⁵ I know, O LORD, for your judgments are righteous and you have afflicted me in truth. ⁷⁶ Now let your kindness be for my comfort, according to your word to your servant. ⁷⁷ Let your mercies come to me and I will live; for your Torah is my delight. ⁷⁸ The arrogant will be ashamed, for they twisted a lie against me; I will speak of your commandments. ⁷⁹ Those who fear you will turn to my teaching, and those who know your testimonies. ⁸⁰ Let my heart be without blemish in your decrees, so that I may not be ashamed. ⁸¹ My soul has yearned for your redemption; I have waited

long for your word. ⁸² My eyes are spent for your word, saying, “When will you comfort me?” ⁸³ For I have become like a water-skin that hangs in the smoke; your decrees I have not forgotten. ⁸⁴ How many are the days of your servant? When will you pass judgment on my persecutors? ⁸⁵ The malicious have dug pits for me, that you have not commanded them in your Torah. ⁸⁶ All your commandments are truth; for a lie they persecuted me, help me! ⁸⁷ They almost destroyed me in the land; but I have not forsaken your commandments. ⁸⁸ Sustain me according to your kindness, and I will keep the testimony of your mouth. ⁸⁹ Forever, O LORD, your word endures in heaven. ⁹⁰ Your faithfulness is to every generation; you established the earth and it endures. ⁹¹ This day have they risen for your judgments, for all of them are your servants. ⁹² Had your Torah not been my delight, then I would have perished in my affliction. ⁹³ I will never forget your commandments, for you have sustained me by them. ⁹⁴ For I am yours, redeem me; for I have sought after your commandments. ⁹⁵ The wicked waited for me to annihilate me; I will contemplate your commandments. ⁹⁶ To everything that began and ended I have seen an end; your commands are very spacious. ⁹⁷ How I have loved your Torah! It is my conversation all day. ⁹⁸ Your commandments make me wiser than my enemies; because it is always mine. ⁹⁹ I have understood more than all my teachers; for your testimonies are my conversation. ¹⁰⁰ I will have greater insight than the wise, for I have kept your commandments. ¹⁰¹ I have kept my feet from every evil way, so that I may keep your words. ¹⁰² I have not gone away from your judgments, for you have taught me. ¹⁰³ How sweet to my palate are your words; sweeter by far than honey to my mouth. ¹⁰⁴ I will gain insight from your commandments; because of this, I hate every son of man who lies. ¹⁰⁵ Your words are like a lamp that illuminates my feet, and a light for my path. ¹⁰⁶ I have sworn and covenanted to keep the commandments of your righteousness. ¹⁰⁷ I was greatly afflicted, O LORD; heal me according to your words. ¹⁰⁸ Be pleased now, O LORD, with the offerings of my mouth; and teach me your judgments. ¹⁰⁹ My soul is always in danger by my own hands; but I have not forgotten your Torah. ¹¹⁰ The wicked have arranged a trap for me; but I have not strayed from your commandments. ¹¹¹ I have inherited your testimonies forever; for they are the joy of my heart. ¹¹² I have inclined my heart to do your decrees forever, to the very end. ¹¹³ I hate those who think vain thoughts, but I have loved your Torah. ¹¹⁴ You are my hiding place and my shield; I have waited long for your word. ¹¹⁵ Turn from me, evildoers; and I will keep the commandments of my God. ¹¹⁶ Support me by your word, and I will live; and do not disappoint me because of my trust. ¹¹⁷ Help me and I will be redeemed; and I will be happy in your Torah always. ¹¹⁸ You have subdued all who went astray from your decrees; for their deceit is a lie. ¹¹⁹ You have terminated all the unfit, you have frustrated all the wicked of the earth; because of this, I have loved your testimonies. ¹²⁰ My flesh is blushing for fear of you; and I am afraid of your judgments.

¹²¹ I have practiced justice and righteousness; do not abandon me to my oppressors. ¹²² Delight your servant with goodness; do not let the malicious oppress me. ¹²³ My eyes have hoped for your redemption, and for the word of your righteousness. ¹²⁴ Act with your servant according to your kindness, and teach me your decrees. ¹²⁵ I am your servant, give me insight, and I will know your testimonies. ¹²⁶ It is time to do the will of the LORD; the scholars have desecrated your Torah. ¹²⁷ Because of this, I have loved your commandments more than gold and more than pure gold. ¹²⁸ Because of this, I have harmonized all the commandments whatsoever; I hate every way of deceit. ¹²⁹ Your testimonies are wonderful; because of this, my soul has kept them. ¹³⁰ Your engraved words will enlighten the needy, the simple will gain insight. ¹³¹ I opened my mouth and learned, for I desired your commandments. ¹³² Turn to me and have compassion on me, as is the custom towards those who love your name. ¹³³ Establish my steps by your word, and let no deceit rule over me. ¹³⁴ Redeem me from the oppression of the son of man, and I will keep your commandments. ¹³⁵ Shine the splendor of your face on your servant, and teach me your decrees. ¹³⁶ Streams of water will go down my eyes, because they have not kept the Torah. ¹³⁷ You are righteous, O LORD, and your judgments are upright. ¹³⁸ You have commanded righteousness, testimony, and much faithfulness. ¹³⁹ My zeal has overcome me, for my oppressors have forgotten your words. ¹⁴⁰ Your word is very pure, and your servant loves it. ¹⁴¹ I am small and despised; I have not forgotten your commandments. ¹⁴² Your generosity is righteousness forever, and your Torah is truth. ¹⁴³ Trouble and the oppressor have befallen me; your commandments are my delight. ¹⁴⁴ Your testimonies are righteousness forever; give me insight and I will endure. ¹⁴⁵ I have called with a whole heart; answer me, O LORD! I will keep your decrees. ¹⁴⁶ I have called you, redeem me; and I will keep your testimonies. ¹⁴⁷ I have risen early at dawn, and prayed; I have waited long for your word. ¹⁴⁸ My eyes have preceded the watches of morning and evening to speak of your word. ¹⁴⁹ Hear my voice in accordance with your kindness, O LORD; sustain me according to your judgments. ¹⁵⁰ Those who pursue fornication have drawn near; they have gone far from your Torah. ¹⁵¹ You are near, O LORD, and all your commandments are truth. ¹⁵² Long ago I grew wise from your testimonies, for you founded them forever. ¹⁵³ See my affliction and deliver me; for I have not forgotten your Torah. ¹⁵⁴ Argue my case and redeem me; heal me for your word. ¹⁵⁵ Redemption is far from the wicked; for they have not sought your decrees. ¹⁵⁶ Your mercies are many, O LORD; heal me according to your judgments. ¹⁵⁷ Those who pursue me and oppress me are many; I have not turned away from your testimonies. ¹⁵⁸ I saw despoilers and I contended with them, who have not kept your word. ¹⁵⁹ See [this], for I have loved your commandments; O LORD, according to your kindness heal me. ¹⁶⁰ The beginning of your word is truth; and all the judgments of your righteousness are forever. ¹⁶¹ Rulers have pursued me

without cause; and my heart is in fear of your word. ¹⁶² I am glad concerning your word, like a man who finds much spoil. ¹⁶³ I have hated deceit and loathed it; I have loved your Torah. ¹⁶⁴ Seven times a day I have praised you, because of the judgements of your righteousness. ¹⁶⁵ There is great peace for those who love your Torah in this age, and they have no stumbling-block in the age to come. ¹⁶⁶ I have hoped for your redemption, O LORD, and I have done your commandments. ¹⁶⁷ My soul has kept your testimonies, and I have loved them greatly. ¹⁶⁸ I have kept your commandments and your testimonies, for all my ways are before you. ¹⁶⁹ My prayer will come near in your presence, O LORD; give me insight according to your word. ¹⁷⁰ Let my prayer come before you; deliver me according to your word. ¹⁷¹ My lips will seek praise, for you will teach me your decrees. ¹⁷² My tongue will reply [to] your word, for all your judgments are righteousness. ¹⁷³ May your hand be [ready] to help me, for I have taken pleasure in your commandments. ¹⁷⁴ I have yearned for your redemption, O LORD, and your Torah is my delight. ¹⁷⁵ May my soul live and praise you, and may your judgments give me aid. ¹⁷⁶ I have gone astray like a lost flock; seek your servant, for I have not forgotten your commandments.

Spiritual Awareness

Introduction

This Psalm outlines the life of King David. He was always attempting to reach self-perfection in his service to the LORD. Every step he took was to bring him closer to the LORD. He made a few missteps along the way. This Psalm follows the sequence of the Hebrew alphabet as it describes his life. David described the many obstacles and dangers that confronted him during his lifetime. Even in times of sorrow, he never lost his faith nor his objective.

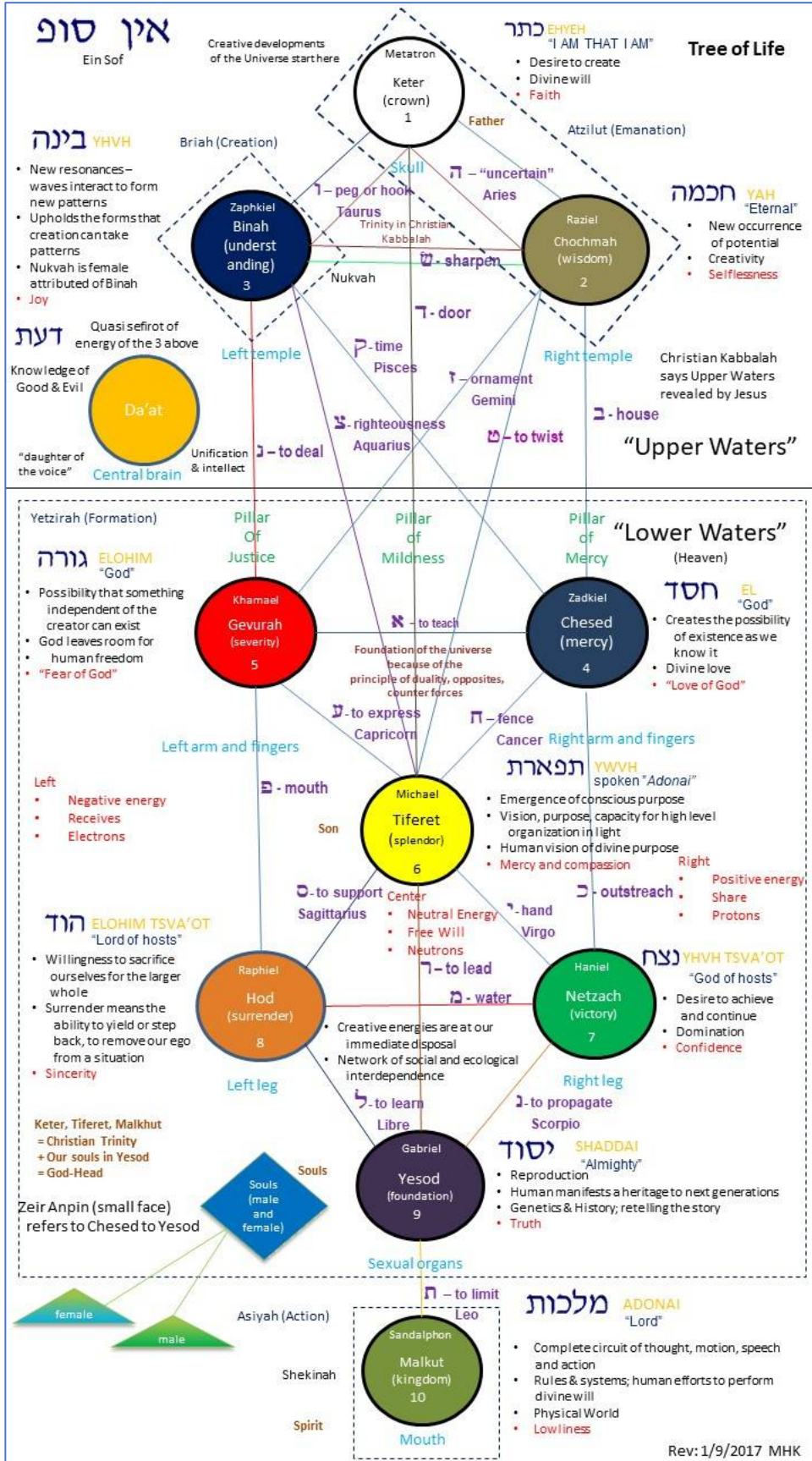
Notes of the Psalm

This entire psalm is a lesson in spiritual awareness. How many people today attempt to reach the LORD throughout their lives? David made it a top priority. Ask yourself, where does the LORD come into play in your life? Unfortunately, the major mechanism to help people find the LORD are man-made institutions. These institutions are more concerned about their survival rather than the survival of the membership. Politics and power are the mainstay in churches and synagogues.

How can a person find their spirituality when the institutions originally designed to help are now corrupt? This is where self-study of the Bible is necessary. There are many biblical researchers on the internet. Beware of many and check out their credentials and writings. In Hebraic studies, there are many ways to express an interpretation of the Bible. Rabbi Steinsaltz said that every person needs to put together their own Torah. He meant that there are numerous ways to understand the LORD's words. If your interpretation is not anti-biblical, it is acceptable as your view.

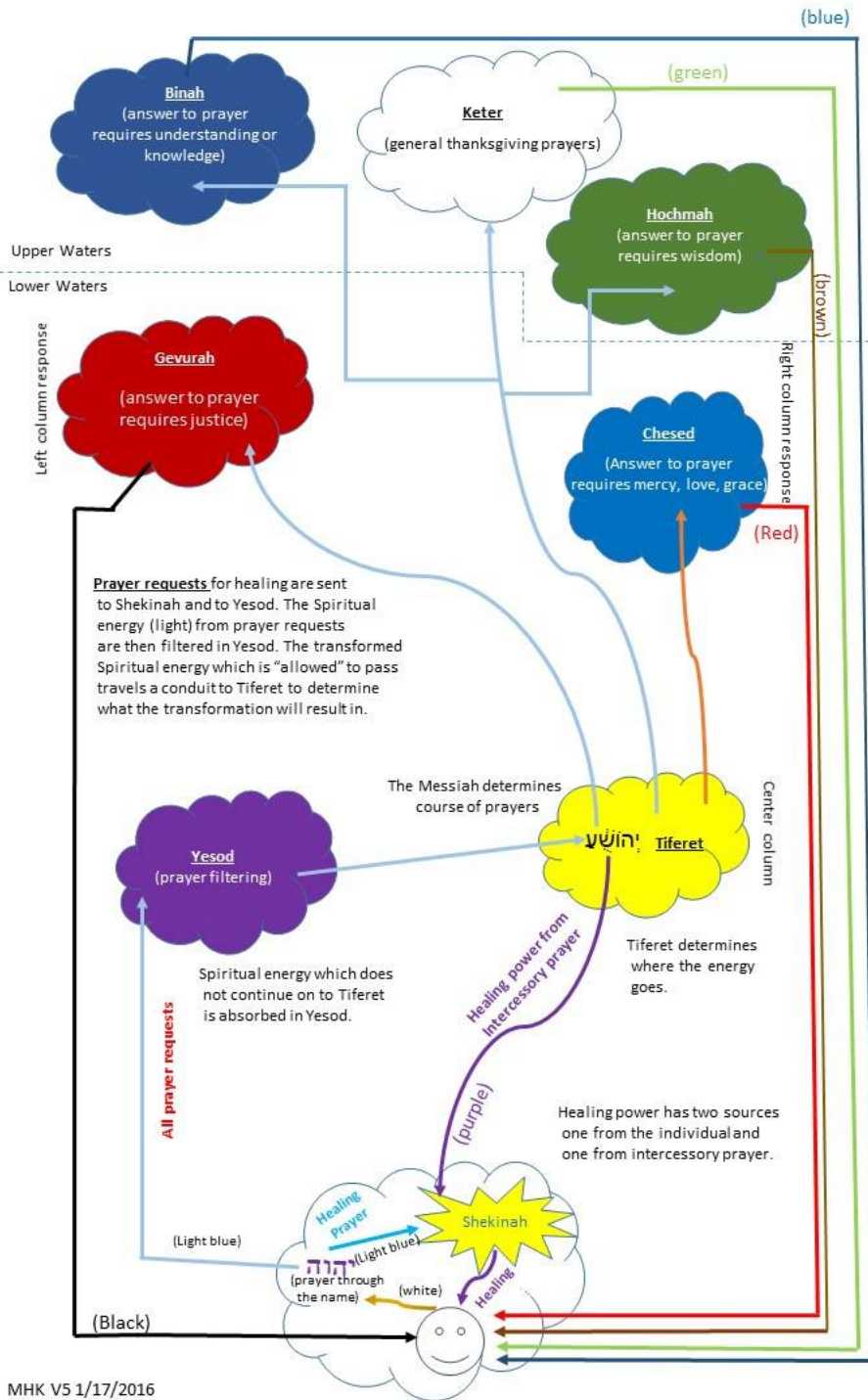
There is a church denomination today (2023) in which its leadership, the bishops, says that the Bible is just a book of ancient stories. In addition, they espouse that the Bible does not have to be followed. If they toss the Bible out of this church, then it is no longer a church but a large social club. So, if you are a part of a religious organization, ensure that it follows the LORD's word.

Appendix



Mystical Methodology to Prayer

All prayers result in spiritual energy which rises through the conduits that connect Sefirot realms. The "answer" to prayers is the transformation of spiritual energy from its original frequency to an appropriate frequency which will give the necessary results.



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