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## Evaluation of methods to determine sperm density for the European eel, *Anguilla anguilla*

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**ABSTRACT.** European eel, *Anguilla anguilla*, is a target species for future captive breeding, yet best methodology to estimate sperm density for application in *in vitro* fertilization is not established. Thus, our objectives were to evaluate methods to estimate European eel sperm density including spermatocrit, computer assisted sperm analysis (CASA) and flow-cytometry (FCM), using Neubauer Improved hemocytometer as benchmark. Initially, relationships between spermatocrit, hemocytometer counts, and sperm motility were analyzed, as well as the effect of sperm dilution on hemocytometer counts. Furthermore, accuracy and precision of spermatocrit, applying a range of G-forces, were tested and the best G-force used in method comparisons. We found no effect of dilution on hemocytometer sperm density estimates, whereas motility associated positively with hemocytometer counts, but not with spermatocrit. Results from all techniques, spermatocrit, CASA and FCM, showed significant positive correlations with hemocytometer counts. The best correlation between spermatocrit and hemocytometer counts was obtained at 6000 × g ( $r = 0.68$ ). Out of two CASA variants, one or three photographic fields (CASA-1 and CASA-2), CASA-2 showed a very high accuracy to hemocytometer counts ( $r = 0.93$ ), but low precision (CV: CASA-2 = 28.4%). FCM was tested with and without microfluorospheres (FCM-1 and FCM-2,) and relationships to hemocytometer counts were highly accurate (FCM-1:  $r = 0.94$ ; 45 FCM-2:  $r = 0.88$ ) and precise (CV: FCM-1 = 2.5; FCM-2 = 2.7%). Overall, CASA-2 and FCM-1 feature reliable methods for quantification of European eel sperm, but FCM-1 has a clear advantage featuring highest precision and accuracy. Together, these results provide a useful basis for gamete management in fertilization protocols.

**Keywords:** sperm density, eel reproduction, European Eel, *Anguilla anguilla*

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## 26 **Contents**

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28 methodology to estimate sperm density for application in *in vitro* fertilization is not  
29 established. Thus, our objectives were to evaluate methods to estimate European eel  
30 sperm density including spermatocrit, computer assisted sperm analysis (CASA) and  
31 flow-cytometry (FCM), using Neubauer Improved hemocytometer as benchmark.  
32 Initially, relationships between spermatocrit, hemocytometer counts, and sperm motility  
33 were analyzed, as well as the effect of sperm dilution on hemocytometer counts.  
34 Furthermore, accuracy and precision of spermatocrit, applying a range of G-forces, were  
35 tested and the best G-force used in method comparisons.

36 We found no effect of dilution on hemocytometer sperm density estimates, whereas  
37 motility associated positively with hemocytometer counts, but not with spermatocrit.  
38 Results from all techniques, spermatocrit, CASA and FCM, showed significant positive  
39 correlations with hemocytometer counts. The best correlation between spermatocrit and  
40 hemocytometer counts was obtained at  $6000 \times g$  ( $r = 0.68$ ). Out of two CASA variants,  
41 one or three photographic fields (CASA-1 and CASA-2), CASA-2 showed a very high  
42 accuracy to hemocytometer counts ( $r = 0.93$ ), but low precision (CV: CASA-2 =  
43 28.4%). FCM was tested with and without microfluorospheres (FCM-1 and FCM-2,) and  
44 relationships to hemocytometer counts were highly accurate (FCM-1:  $r = 0.94$ ;  
45 FCM-2:  $r = 0.88$ ) and precise (CV: FCM-1 = 2.5; FCM-2 = 2.7%). Overall, CASA-2  
46 and FCM-1 feature reliable methods for quantification of European eel sperm, but  
47 FCM-1 has a clear advantage featuring highest precision and accuracy. Together, these  
48 results provide a useful basis for gamete management in fertilization protocols.

49

50

## 51 **Introduction**

52 European eel, *Anguilla anguilla*, is a well-known species in aquaculture with a  
53 commercial value in 2010 of ~8.3 € per kg and production approaching 7000 tons  
54 (FIGIS 2012). Still, the eel farming industry relies solely on wild-caught juveniles for  
55 production, as protocols for commercial production of glass eels are not available. Since  
56 2006, new integrated methods have expanded this research field for European eel, thus  
57 enabling researchers to produce multiple batches of competent gametes, embryos and  
58 yolk sac larvae (Tomkiewicz 2012; PRO-EEL 2013).

59 For several species of marine finfish, it is challenging to produce high-quality  
60 gametes for fertilization (Bobe and Labbé 2010). As such, research has focused on how  
61 to optimize fertilization strategies for a given species (Butts et al. 2012; 2009).  
62 Standardizing the sperm to egg ratio is one such technique that has been used to  
63 improve fertilization rates (Bart and Dunham 1996; Christopher et al. 2010; Suquet et  
64 al. 1995). Generally lowering the sperm density reduces the fertilization percentage, but  
65 any excess sperm sticking to the egg chorion serves as a substrate for microbial activity,  
66 which is known to impair embryonic development (Bergh et al. 1992; Oppenheimer  
67 1955). Determining the optimal sperm to egg ratio (among other methods) is therefore  
68 important for successful *in-vitro* fertilization, thus implying the need for accurate and  
69 precise methods for quantification of sperm concentration and density.

70 Sperm quality is commonly assessed using density and motility/velocity. In the  
71 literature sperm density and motility has been correlated to motility (Rideout et al.,  
72 2004). Quantifying spermatozoa density is routinely done by counting the number of  
73 spermatozoa in a specific volume of ejaculate (Alavi et al. 2008). The most common  
74 counting method is performed using a hemocytometer, which is classified by the World  
75 Health Organization as the “gold standard” for sperm quantification in humans (WHO

76 1999). This method however, is time consuming (Suquet et al. 1992), and precision  
77 relies on skilled personnel. As such, studies have been conducted to discover faster and  
78 more automated counting methods (reviewed in Fauvel et al. 2010).

79 Spermocrit, defined as the ratio of packed sperm to the total volume of milt  $\times 100$ ,  
80 is a fast and easy method to estimate spermatozoa concentration. Positive significant  
81 correlations between spermocrit and sperm density estimates, using a hemocytometer,  
82 have been reported for several species (Agarwal and Raghuvanshi 2009; Ciereszko and  
83 Dabrowski 1993; Hatef et al. 2007; Rideout et al. 2004). However, it is important to  
84 note that sperm sedimentation is a reported feature in marine fish species (Fauvel et al.  
85 2010), potentially compromising the accuracy of spermocrit estimates. In addition,  
86 fluctuations in spermatozoa size during the spawning season potentially bias and  
87 influence spermocrit values; for instance, spermatozoa head size changes in marine  
88 fish during a spawning season, such as in Atlantic cod (Butts et al. 2011).

89 Computer assisted sperm analysis (CASA) automates sperm quality assessment,  
90 which in turn provides quick, precise, and objective results (Fauvel et al. 2010; López  
91 Rodríguez et al. 2011). The strength of CASA lies in quantification of motility, velocity,  
92 and behavioral trajectories (i.e. linearity, amplitude of lateral head movement). CASA is  
93 furthermore capable of quantifying density of sperm as shown by (Ehlers et al. 2011)  
94 together making it a versatile descriptor of sperm quality. Flow-cytometry (FCM) is  
95 another automated technique that is able to measure the amount of one or more  
96 fluorescent stains in a cell. It features high precision, sensitivity, accuracy, and speed  
97 (Cordelli et al. 2005) and due to this deemed a potentially valuable method for assessing  
98 male germ cell quality (Cordelli et al. 2005). Within this context, there is a need to  
99 assess the applicability of these automated counting methods for the European eel.

100 Spermatogenesis in eels applied in captive reproduction experiments is induced using  
101 human chorionic gonadotropin (hCG) (Pérez et al. 2000; Tomkiewicz et al. 2011).  
102 Spermiation in European eel starts around week 5 using 1.5 to 2.0 IU hCG g<sup>-1</sup> fish in  
103 weekly treatment (Asturiano et al. 2006; Pérez et al. 2000) with sperm volume  
104 increasing until week 8-12 of treatment after which it stabilizes (Asturiano et al. 2006;  
105 Tomkiewicz et al. 2011). At this stage, spermatozoa densities are in the range of 5 to 18  
106 × 10<sup>9</sup> cells mL<sup>-1</sup> (Gallego et al. 2012; Pérez et al. 2000). During spermatozoa  
107 maturation, spermatozoa size changes in European eel (Asturiano et al. 2006; Marco-  
108 Jiménez et al. 2006). This includes an increase in spermatozoa head length from the 5<sup>th</sup>  
109 to 7<sup>th</sup> week and head thickening continuing until the 8<sup>th</sup> week of hormonal treatment  
110 (Asturiano et al. 2006; Marco-Jiménez et al. 2006). After the 8<sup>th</sup> week, only minor  
111 changes in spermatozoa/sperm cells head size occur, followed by a decrease in head  
112 length from the 12<sup>th</sup> week and onwards (Marco-Jiménez et al. 2006; Peñaranda et al.  
113 2010; Pérez et al. 2009). Within the last decade, European eel sperm have been  
114 analyzed using CASA techniques to describe motility parameters (Gallego et al. 2013;  
115 Peñaranda et al. 2010; Pérez et al. 2009), ratio of viable spermatozoa (Asturiano et al.  
116 2005; 2004) and their morphology (Marco-Jiménez et al. 2006). Furthermore,  
117 spermatocrit (12,000 × g) has been used to standardize sperm:egg ratios in European eel  
118 fertilization experiments (Tomkiewicz 2012). However, no studies have been conducted  
119 to quantify eel sperm density using CASA or FCM; nor has the accuracy and precision  
120 of different methods to quantify sperm density been evaluated.

121 The purpose of this study was to provide fast and reliable tools to measure sperm  
122 density for European eel. More specifically, our objectives were to (i) test the  
123 relationship between spermatocrit and Neubauer Improved hemocytometer counts, (ii)  
124 test whether spermatocrit and hemocytometer counts correlates with sperm motility

125 class; (iii) assess the effect of sperm dilution on hemocytometer counts; (iii) test the  
126 accuracy of spermatocrit for sperm quantification and identify the G-force for best  
127 correlation between spermatocrit and hemocytometer counts; (iv) evaluate accuracy and  
128 precision of spermatocrit, CASA, FCM using hemocytometer counts as benchmark; and  
129 (v) discuss these results in context of applicability for use in hatchery production of the  
130 European eel.

131

## 132 **Material and methods**

### 133 **Data collection**

#### 134 *Fish and hormonal treatment*

135 Male European eels (n = 43; mean standard length and body weight  $\pm$  SD: 40  $\pm$  2.6 cm  
136 and 124  $\pm$  21 g, respectively) were obtained from a commercial eel farm, Stensgård Eel  
137 Farm A/S in Jutland, Denmark (55.655461N : 9.20051E). Age of the fish ranged from 2  
138 to 6 years. The fish were transported to a research facility (55.407444N : 9.403414E) of  
139 the Technical University of Denmark (DTU) in September 2011, and acclimatized to  
140 saltwater over a 10 day period. While at DTU, the eels were kept in 300 L tanks  
141 equipped with a closed re-circulation system. The salinity and temperature of the system  
142 ranged from 36.7 to 37.3 ppt and 19.5 to 20.5 °C, respectively. Saltwater was made  
143 artificially using Tropic Marin Sea Salt (Dr. Biener GmbH, Wartenberg, Germany).  
144 Fish were maintained under a 12 L light photoperiod at ~20 lux and 12 h dark with a 30  
145 min gradual transition. No feed was provided during the experiment to mimick nature,  
146 as eels cease feeding in the silvering stage (Dollerup and Graver 1985).

147 Hormonal treatment was initiated on 22 September 2011. Prior to onset of hormonal  
148 treatment, all males were anesthetized using ethyl p-aminobenzoate at 20 mg L<sup>-1</sup>  
149 (benzocaine; Sigma-Aldrich Chemie, Steinheim, Germany). Each fish was tagged with

150 a passive integrated transponder (PIT tag) in the dorsal muscle tissue. Each week, fish  
151 were weighed and received dorsal injections of recombinant human chorionic  
152 gonadotropin at 1.5 IU g<sup>-1</sup> fish (rhCG; Ovitrelle, Madrid, Spain) following Gallego et al.  
153 (2012).

154

#### 155 *Sperm sampling*

156 Milt was collected after the 8<sup>th</sup> (trial 1) and 9<sup>th</sup> (trials 2+3) hormonal treatment,  
157 coinciding with the recommended time to strip sperm for high quality gametes  
158 (Asturiano et al. 2006). Sperm samples were obtained 24 h after injection of rhCG to  
159 optimize sperm quality (Pérez et al. 2000). Prior to harvest, males were anesthetized  
160 using benzocaine, as above. The urogenital pore was thoroughly cleaned using Milli-Q  
161 water and dried prior to sperm collection. The first ejaculate of milt was omitted to  
162 avoid urine and feces contamination. Ejaculated milt was kept in sterilized 50 mL  
163 Falcon tubes, covered using Parafilm<sup>®</sup>M, and stored at 4 °C until motility estimation  
164 (max. 30 min). Following motility estimation sperm was refrigerated at 4 °C until  
165 further assessment (within 5 h).

166

#### 167 *Sperm dilution*

168 Dilutions used for hemocytometer counting, CASA, and FCM were 1:1000 or 1:2000  
169 (see below). Hemocytometer counts were performed on fresh sperm, while the other  
170 treatments were conducted on preserved sperm samples. Sperm dilutions were done  
171 immediately after milt collection in P1 medium (Peñaranda et al. 2010) containing  
172 glutaraldehyde 2.5% (v/v) (Sigma-Aldrich Chemie, Steinheim, Germany) to avoid  
173 movement of sperm. Dilutions were done using a two-step procedure by first diluting  
174 sperm 1:20 and subsequently 1:50 or 1:100 to obtain final dilutions of 1:1000 or 1:2000,



175 respectively.

176

### 177 *Sperm motility determination*

178 Immediately after milt collection, sperm motility was assessed by mixing 2  $\mu$ L of milt  
179 with 200  $\mu$ L of 37 ppt artificial seawater (Aqua Medic Sea salt, GmbH, Bissendorf,  
180 Germany), with 2% w/v Bovine Serum Albumin (Sigma-Aldrich, Chemie, Steinheim,  
181 Germany), adjusted to 8.2 pH (Peñaranda et al. 2010). After activation, 2  $\mu$ L of sperm  
182 were assessed in a SpermTrack-10® chamber (Proiser R+D, S.L.; Paterna, Spain) and  
183 observed between 15 and 30 s after activation using a Nikon Eclipse 55i microscope  
184 (Nikon Corporation, Tokyo, Japan), fitted with a Nikon DS-Fi1 camera head, and 100 $\times$   
185 magnification (10 $\times$  CFI Plan Flour). All the samples were performed in triplicate and  
186 analyzed by the same trained observer to avoid subjective differences in motility  
187 evaluation. Motility of each replicate was characterized to the nearest 10% increment,  
188 averaged, and then categorized into an arbitrary scale where 0: represents no motile  
189 sperm; while I: <25%; II: 25-50%; III: 50-75%; IV: 75-90%; and V: 90-100% represent  
190 per cent of motile spermatozoa (Pérez et al. 2009).

191

### 192 *Spermatocrit*

193 Spermatocrit, defined as the ratio of packed sperm to the total volume of milt  $\times$  100,  
194 was used to estimate sperm concentration. Fresh milt from each male was drawn into  
195 three Vitrex™ micro-hematocrit tubes, 75 mm long, with a 1.1 to 1.2 mm opening and  
196 sealed using Vitrex™ Sigillum wax. Tubes were centrifuged (Haematokrit 210, Andreas  
197 Hettich GmbH & Co.KG, Tuttlingen Germany) for 10 min at specific G-forces ranging  
198 from 500 to 14,000  $\times$  g (see below for further details). The mean of three measurements  
199 per male was used for statistical analyses. Spermatocrit was determined using a digital

200 caliper ( $\pm 0.05$  mm).

201

### 202 *Hemocytometer counting*

203 A Neubauer Improved hemocytometer was used for counting sperm cell density diluted  
204 at 1:1000 or 1:2000 (see section *Sperm dilution*). Sperm counts were done in triplicate  
205 and results expressed as spermatozoa  $\times 10^9$  mL<sup>-1</sup>

206

### 207 *CASA counting*

208 Milt samples preserved and diluted at 1:2000 in P1 medium (see section *Sperm dilution*)  
209 were used for CASA counting. Sperm (2.5  $\mu$ L) were added to the SpermTrack-10®  
210 chamber (Proiser R+D, S.L.; Paterna, Spain) and density was assessed by the  
211 concentration module of the Integrated Semen Analysis System (ISAS; Proiser R+D,  
212 S.L.; Paterna, Spain). Images for CASA analyses were captured using a Nikon Eclipse  
213 E-400 microscope (Nikon Corporation, Tokyo, Japan) equipped with a 10 $\times$  negative  
214 phase objective lens. The image captured represented  $\sim$ 90% of the whole microscope  
215 field. The mean number of cells per field varied between 15 and 45 sperm, depending  
216 on sperm density. All analyses were performed in triplicate and two different methods  
217 were used: CASA-1 = capturing one microscope field per replicate and CASA-2 =  
218 capturing three microscope fields per replicate.

219

### 220 *Flow cytometer counting*

221 Milt samples used for flow cytometer analyses (Cytomics FC500; Beckman Coulter,  
222 USA) were diluted at 1:2000 in P1 medium (see section *Sperm dilution*). Two different  
223 methods were applied to calculate sperm density: FCM-1 = at least 5000 events  
224 (spermatozoa detected, after discarding debris) were analyzed by a medium flow rate

225 (30  $\mu\text{L}/\text{min}$ ) with time as the measured factor in each sample; and FCM-2 = a known  
226 concentration of fluorospheres (Flow-Check™ Fluorospheres, Beckman Coulter) were  
227 diluted in each sperm sample and at least 5000 events (spermatozoa and fluorospheres  
228 detected, after discarding debris) were analyzed by a medium flow rate. Here the ratio  
229 of sperm cells/fluorospheres was the registered factor in each sample. In both methods,  
230 sperm density was determined by the number of spermatozoa per volume analyzed for  
231 each sample. All spermatozoa were stained using 0.1  $\mu\text{M}$  SYBR-14 for 10 min, making  
232 sperm distinguishable from the remaining particles. We used a 20-mW air-cooled  
233 Argon ion laser with excitation wavelength of 488 nm, and measured emission light  
234 using the FL1 photodetector channel to read the green light (525 nm).

235

## 236 **Experimental design**

### 237 *Trial 1: Relationships between spermatocrit, sperm density, and motility*

238 Males ( $n = 43$ ) were stripped and spermatocrit was measured in triplicate for individual  
239 males by centrifuging at  $12,000 \times g$  for 10 min. Sperm samples were counted using a  
240 hemocytometer with a dilution of 1:1000. Sperm motility was assessed for each male.

241

### 242 *Trial 2: Effect of sperm dilution*

243 In total, 14 randomly chosen males were stripped and sperm from six of these  
244 individuals were selected to have a good dispersion of motility values and avoid bias  
245 (10 to 45%). For hemocytometer counts, sperm samples from the same males were  
246 diluted at 1:1000 and 1:2000 in P1 medium.

247

### 248 *Trial 3: Identification of the optimal G-force*

249 Initially milt from 35 mature males was collected. From these fish, sperm from 10  
250 males were selected covering the range from low to high (27 to 95%) spermatozoa  
251 motility. Spermatocrit was measured using 500; 2000; 4000; 6000; 8000; 10,000;  
252 12,000; and 14,000  $\times$  g at a centrifugal time of 10 min. For each G-force, new aliquot  
253 samples of sperm were used. For each male, hemocytometer counts were obtained using  
254 samples diluted at 1:2000 (see section *Hemocytometer counting*).

255

256 *Trail 4: Test accuracy of automated methods (CASA, FCM) with hemocytometer counts*

257 Data were collected using the same 10 sperm samples as in Trial 3. Automated counting  
258 was performed using CASA (CASA-1 and CASA-2) and FCM (FCM-1 and FCM-2). In  
259 addition, sperm were counted using a hemocytometer. Measurements were done in  
260 triplicate.

261

## 262 **Statistical analyses**

263 Data were analyzed using Sigmaplot v. 11 (Systat Software Inc, Hounslow, UK), and R  
264 (R Core Team, 2012, Vienna, Austria). Shapiro-Wilk and Levene's test were used to  
265 check for normality and homoscedasticity assumptions, respectively. Data were  
266 expressed as mean  $\pm$  SD. Alpha was set at 0.05 for main effects and interactions.

267

268 *Trial 1: Relationships between spermatocrit, sperm density, and motility*

269 To compare spermatocrit and hemocytometer counts Model II linear regression was  
270 used (ordinary least products regression as described by (Ludbrook 2010)) due to  
271 possible variation on both x and y-axes. Model II regression was run for all males and  
272 also for a subset of males exhibiting motility values greater than 80%. Furthermore,  
273 one-way ANOVAs were run to test whether spermatocrit and hemocytometer counts

274 were independent of sperm motility class. Hemocytometer data violated ANOVA  
275 assumptions. As such, a Kruskal-Wallis test was used for further analyses.

276

277

278 *Trial 2: Effect of sperm dilution on sperm density*

279 A student T-test was used to compare sperm density estimates in samples diluted in the  
280 ratios 1:1000 and 1:2000, respectively.

281

282 *Trial 3: Identification of the optimal G-force*

283 Model II linear regression was used to compare hemocytometer counts and spermatocrit  
284 for each G-force.

285

286 *Trial 4: Test accuracy of automated methods (CASA, FCM) with hemocytometer counts*

287 Model II linear regression was used to compare CASA-1, CASA-2, FCM-1, FCM-2,  
288 spermatocrit with hemocytometer counts. Next, coefficient of variation (CV) was used  
289 for each counting technique to assess between subject variability; spermatocrit values  
290 for this analysis were obtained from Trial 3.

291

## 292 **Results**

293 *Trial 1: Relationships between spermatocrit, sperm density, and motility*

294 Spermatocrit at  $12,000 \times g$  ranged from 12.3 to 100% and hemocytometer counts  
295 ranged from  $1.4$  to  $21.4 \times 10^9$  sperm  $\text{mL}^{-1}$  (Fig. 1). For these 43 males, there was a  
296 significant positive relationship between spermatocrit and hemocytometer counts ( $r =$   
297  $0.53$ ,  $F_{1,42} = 15.60$ ,  $P < 0.001$ ,  $y = -1.564 + 4.031x$ ). However, a high degree of scatter  
298 was observed in the spermatocrit values; i.e. spermatocrit values for hemocytometer

299 counts around  $8 \times 10^9 \text{ mL}^{-1}$  ranged from 15 to 60%. The hemocytometer counts for  
300 males showing motility  $> 80\%$  ( $n = 10$ ) were generally higher, resulting in a different  
301 relationship between spermatocrit and hemocytometer counts ( $r = 0.62$ ,  $F_{1,9} = 5.02$ ,  $P =$   
302  $0.030$ ,  $y = -24.434 + 4.661x$ ).

303

304 [Insert Figure 1]

305

306 Hemocytometer counts were associated with motility class, such that sperm counts  
307 were significantly higher in motility class V (approaching 100 %) than in class 0 with  
308 lowest motility ( $F_{4,37} = 2.73$ ,  $P = 0.034$ ; Fig. 2). On the contrary, spermatocrit values did  
309 not vary among sperm motility classes ( $H = 4.789$ ,  $P = 0.442$ ; Fig. 2); class 0 showed  
310 high variability as it was composed of two individuals.

311

312 [Insert Figure 2]

313

314 *Trial 2: Effect of sperm dilution on sperm density*

315 The effect of dilution (1:1000 vs. 1:2000) on hemocytometer estimates of sperm density  
316 was non-significant ( $t_{10} = 0.048$ ,  $P = 0.963$ ; Fig. 3); only the variation among replicates  
317 tended to be higher at lower dilution.

318

319 [Insert Figure 3]

320

321 *Trial 3: Identification of optimal G-force*

322 Sperm from Male 3 and Male 8 showed a rapid decrease in spermatocrit over the G-  
323 force gradient (Fig. 4). There were significant positive relationships between

324 spermocrit and hemocytometer counts at 500; 4000; 6000; 12,000; and 14,000  $\times$  g (r  
325 values ranged from 0.33 to 0.68,  $P \leq 0.049$ ; Fig. 5). The best relationship was found  
326 between spermocrit and hemocytometer counts at 6000  $\times$  g ( $r = 0.68$ ,  $P = 0.016$ ; Fig.  
327 5), as such these G-force data were used for further comparisons.

328

329 [Insert Figure 4]

330 [Insert Figure 5]

331

332 *Trail 4: Test accuracy of automated methods (CASA, FCM) with hemocytometer counts*  
333 CASA-1 ( $r = 0.70$ ,  $F_{1,9} = 7.61$ ,  $P = 0.012$ ) and CASA-2 ( $r = 0.93$ ,  $F_{1,9} = 51.16$ ,  $P < 0.001$ ;  
334 Fig. 6) density estimates were positively related to hemocytometer counts. Furthermore,  
335 there were significant positive relationships between FCM-1 ( $r = 0.94$ ,  $F_{1,9} = 62.921$ ,  $P <$   
336  $0.001$ ) and FCM-2 ( $r = 0.88$ ,  $F_{1,9} = 26.84$ ,  $P < 0.001$ ) and hemocytometer counts.

337

338 [Insert Figure 6]

339

340 The CVs for CASA-1 (17.9%) and CASA-2 (28.4%) were in the order of 7.5 times  
341 greater compared to the other counting techniques (CV ranges from 2.5 to 5.9%; Table  
342 1).

343

344 [Insert Table 1]

345

## 346 **Discussion**

347 In this study, we report several key findings: (i) hemocytometer counts were positively  
348 associated sperm motility; (ii) hemocytometer counts were not affected by milt dilution

349 ratio; (iii) optimizing G-force for centrifuging milt improved the relationship between  
350 spermatocrit and hemocytometer counts; (iv) spermatocrit, CASA and FCM, were all  
351 positively related to hemocytometer counts with CASA-2 and FCM-1 having the  
352 strongest relationship to hemocytometer counts.

353 Spermatocrit has been used to estimate sperm concentration for several species of  
354 fish (Rakitin et al. 1999; Rideout et al. 2004), such as yellow perch, *Perca flavescens*  
355 (Ciereszko and Dabrowski 1993), haddock, *Melanogrammus aeglefinus* (Rideout et al.  
356 2004), Atlantic halibut, *Hippoglossus hippoglossus* (Tvedt et al. 2001), snow trout,  
357 *Schizothorax richardsonii* (Agarwal and Raghuvanshi 2009), brown trout, *Salmo trutta*  
358 (Poole and Dillane 1998), Atlantic salmon, *Salmo salar* (Aas et al. 1991), rainbow trout,  
359 *Oncorhynchus mykiss* (Ciereszko and Dabrowski 1993) and lake whitefish, *Coregonus*  
360 *clupeaformis* (Ciereszko and Dabrowski 1993). Together these studies found  
361 spermatocrit as a quick and easy technique for estimating sperm concentration (Alavi et  
362 al. 2008). In the present study, we evaluated the relationship between spermatocrit and  
363 hemocytometer counts for the European eel and showed a significant positive  
364 relationship between these two quantitative sperm metrics. However, its relationship  
365 with hemocytometer counts showed considerable scatter and appeared inferior to the  
366 automated counting methods. Furthermore, the tests of different centrifugal G-forces  
367 revealed that r-values varied between 0.33 and 0.68 and the best relationship between  
368 spermatocrit and hemocytometer counts was obtained at 6000 × g. Higher centrifugal  
369 forces tended to result in low correlation coefficients, as a result of changes in cell  
370 packing within the microhematocrit tube.

371 A non-significant relationship between spermatocrit and hemocytometer counts was  
372 found in Atlantic cod, *Gadus morhua* (Rakitin et al. 1999). The authors suggested this  
373 might be an artifact of small volumes of milt being diluted in immobilizing media



374 before sperm density was quantified using a hemocytometer. This study by Rakitin et al.  
375 (1999) used a one-step 500-fold dilution and their reported variability was high (CV =  
376 27.7%). We found negligible effect of milt dilution ratio on hemocytometer counts as  
377 well as a low coefficient of variation (CV = 5.9%). The precision and accuracy of  
378 hemocytometer counts has been addressed in the literature (see Alavi et al. 2008 and  
379 Fauvel et al. 2010 for review) and errors due to pipetting, dilution ratio, sperm settling  
380 times, and operator biases are emphasized (Rakitin et al. 1999). Therefore, there is a  
381 need for species-specific guidelines for fishes as set by the WHO for humans (WHO  
382 1999).

383 Sperm motility and spermatocrit values were independent, while hemocytometer  
384 density estimates increased with motility class, such that the low motility class 0 (no  
385 motility) had significantly lower sperm density than the high motility class V (90-100%  
386 motility). The latter concurs with final hydration of spermatozoa coinciding with final  
387 maturation and increase of motility (Gallego et al. 2012). Useful future research should  
388 relate these quantitative sperm metrics to other estimates of quality, such as sperm  
389 velocity and fertilization success.

390 In our study, CASA-2 and FCM-1 show strong predictive relationships with  
391 hemocytometer counts ( $r = 0.93$  and  $0.94$ , respectively). FCM-1 gave the strongest  
392 relationship. FCM has an advantage over CASA in that it has a 10-fold lower  
393 coefficient of variation. Similarly, sperm counts measured by hemocytometer and flow  
394 cytometer were also highly correlated ( $r^2 = 0.85$ ) in the razorback sucker, *Xyrauchen*  
395 *texanus* (Jenkins et al. 2011). CASA, although not commonly used for quantification of  
396 fish sperm density, gave us promising result. This indicates that CASA is a universal  
397 tool for sperm quality/quantity assessment and further complements flow cytometry  
398 which -besides quantification, can describes the physiology of milt parameters (i.e.

399 membrane potential, cell integrity; Cordelli et al. 2005; Fauvel et al. 2010). CASA  
400 software is commonly used throughout the field of sperm biology (Marco-Jiménez et al.  
401 2006; Peñaranda et al. 2010; 2008; Pérez et al. 2009), as open-source systems have  
402 immersed, resulting in inexpensive alternatives for sperm quality assessment (Komori  
403 et al. 2006; Wilson-Leedy and Ingermann 2007). We recommend these automated  
404 systems for studying reproductive physiology and for routine assessment of sperm  
405 density for the European eel. Additionally, spectrophotometry methods should be  
406 examined (Fauvel et al. 1999).

407       When deciding which method to use for quantification of sperm, both economic  
408 feasibility and accuracy/precision of specific device(s) need to be considered. In Table  
409 2, we provide an overview of resource requirements, advantages, and disadvantages for  
410 the different quantitative methods investigated. In summary, the hemocytometer  
411 features low operational costs, precise measurements, but is time consuming and  
412 precision relies on skilled personnel. Spermatocrit measurements require a centrifuge,  
413 low level of operator training, are fast, but are not as accurate as other methods. CASA-  
414 1 requires special software and a microscope with video frame grabber. Additionally,  
415 CASA-1 gives fast results, but has relatively low accuracy and precision. CASA-2, like  
416 the aforementioned, needs software, requires a microscope, and video frame grabber.  
417 Furthermore, CASA-2 gives an accurate result, but at low precision. FCM-1 requires  
418 expensive equipment, gives both accurate and precise results, while FCM-2 features the  
419 same characteristics, although slightly more expensive and less accurate. Both the  
420 hemotocymeter and automated counting techniques differ from spermatocrit by giving  
421 counts rather than concentration, and therefore are likely less subjective to bias from  
422 changes in spermatozoa head morphology (Marco-Jiménez et al. 2006).

423

424 [Insert Table 2]

425

426 In conclusion, we found highly predictive relationships between CASA-2 and FCM-  
427 1 and hemocytometer counts, which can be considered as accurate methods for  
428 quantification of European eel sperm. These methods appear the most efficient for  
429 developing standardized fertilization protocols, enabling optimized sperm to egg ratios.  
430 We also found a lower, but significant correlation between spermatocrit and  
431 hemocytometer counts, although not as clear as reported in some other fish species.

432

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445 with the European Union regulations concerning the protection of experimental animals  
446 (Dir 86/609/EEC).

447

### 448 **Conflict of interest**

449 None of the authors have any conflict of interest to declare.

450

#### 451 **Author contributions**

452 SRS, JT and JFA conceived the experiment. SRS, VG, LP and JFA performed the  
453 experimental design and experiment execution. SRS, VG, IEAB, JT and JFA performed  
454 data analyses and interpretation. JT and JFA supervised the study design, execution,  
455 analysis and approved the final version. All authors read and approved the manuscript.

456

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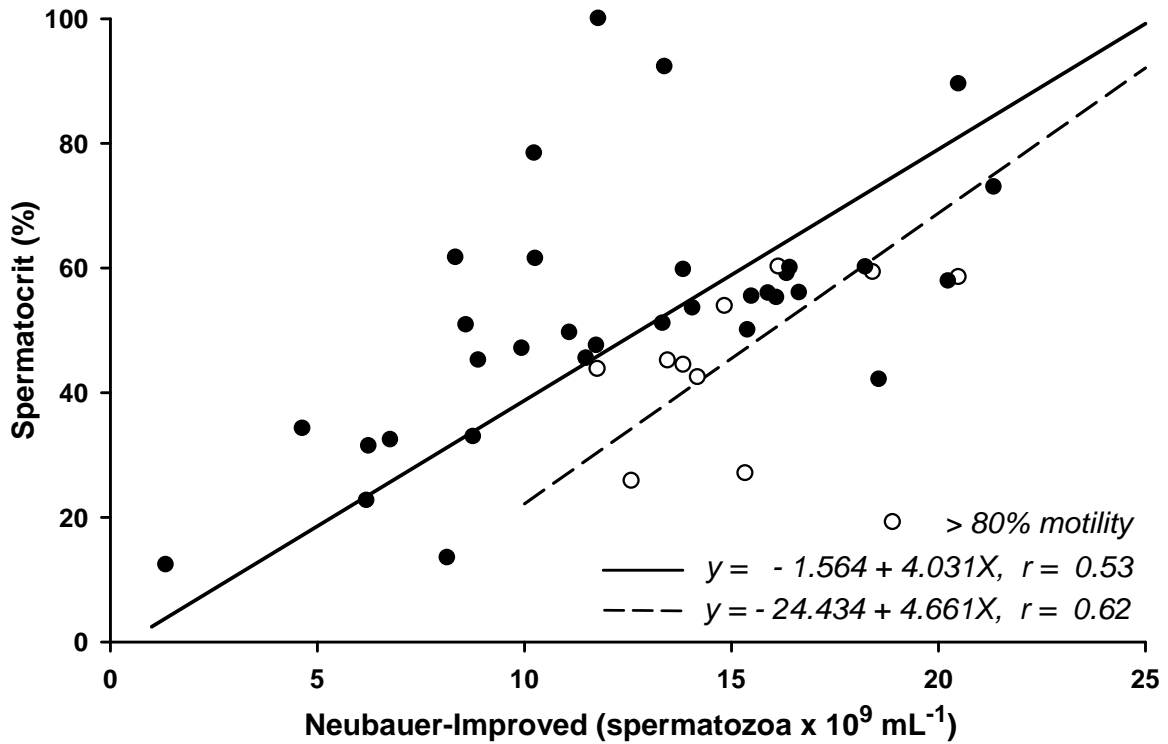
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600 Figure 1

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604 Fig. 1. Relationships between spermatocrit and hemocytometer counts in the European  
605 eel, *Anguilla anguilla*. Model II linear regression was used (ordinary least products  
606 regression as described by (Ludbrook 2010)) due to possible error in both x and y-axes.  
607 Regression analyses were run for all males (n = 43) and this is represented by a solid  
608 line; those males with motility >80% (n = 10) are represented by open circles and a  
609 dashed line.

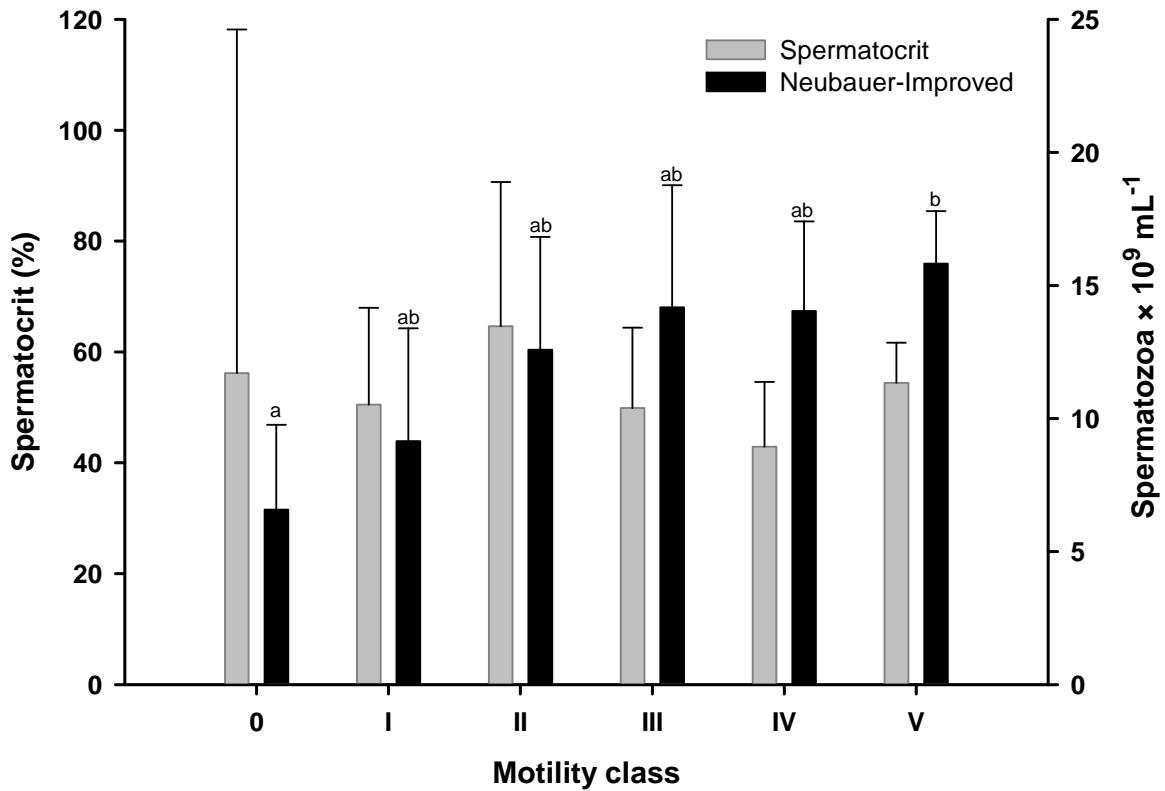
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614 Figure 2



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617 Fig. 2. Spermatocrit (gray bars on primary y-axis) and hemocytometer counts (black  
618 bars on secondary y-axis) for five sperm motility classes in the European eel, *Anguilla*  
619 *anguilla*. Data are expressed as mean  $\pm$  SD. Values with common letters were not  
620 significantly different via one-way ANOVA. 0 = 0% motility; I: 1 to 25% motility; II:  
621 25 to 50% motility; III: 50 to 75% motility; IV: 75 to 90% motility; V: 90 to 100%  
622 motility.

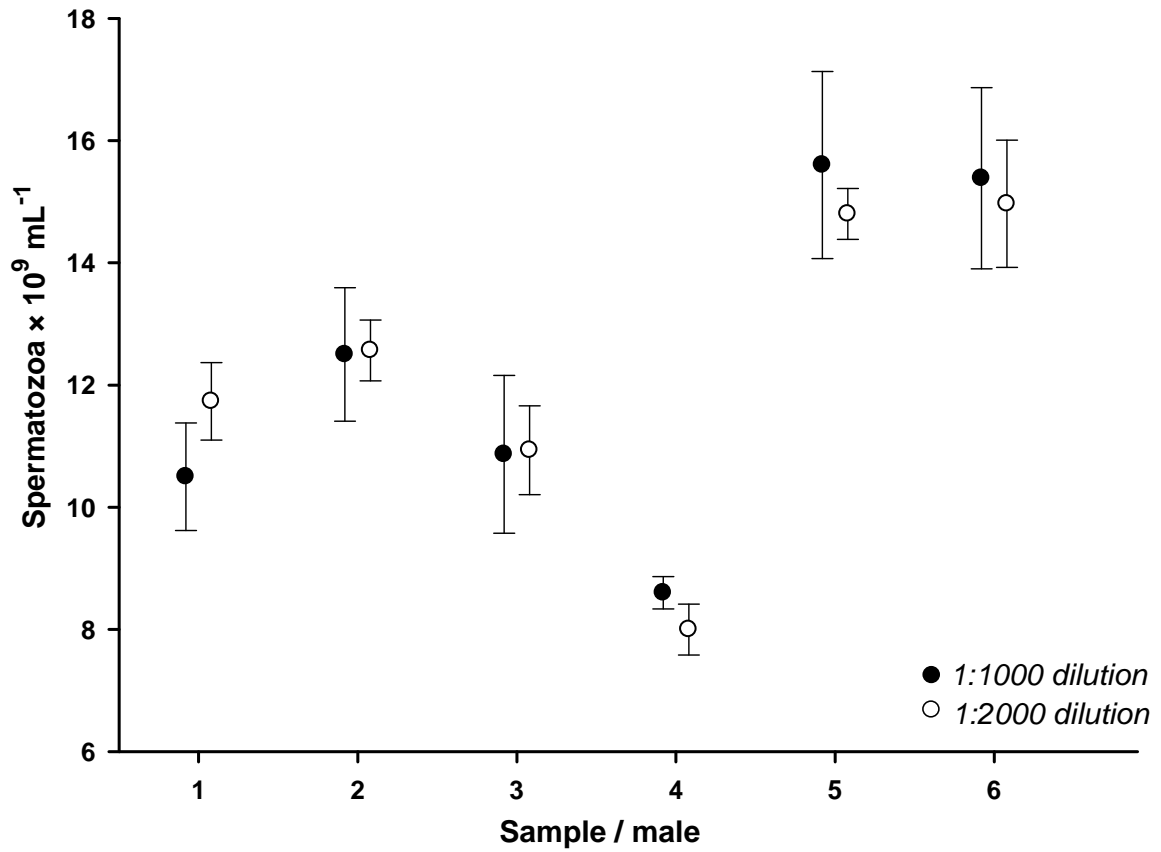
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627 Figure 3



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630 Fig. 3. Hemocytometer counts for six males using two different milt dilutions in the  
631 European eel, *Anguilla anguilla*. Solid symbols = 1:1000; open symbols = 1:2000  
632 dilution.

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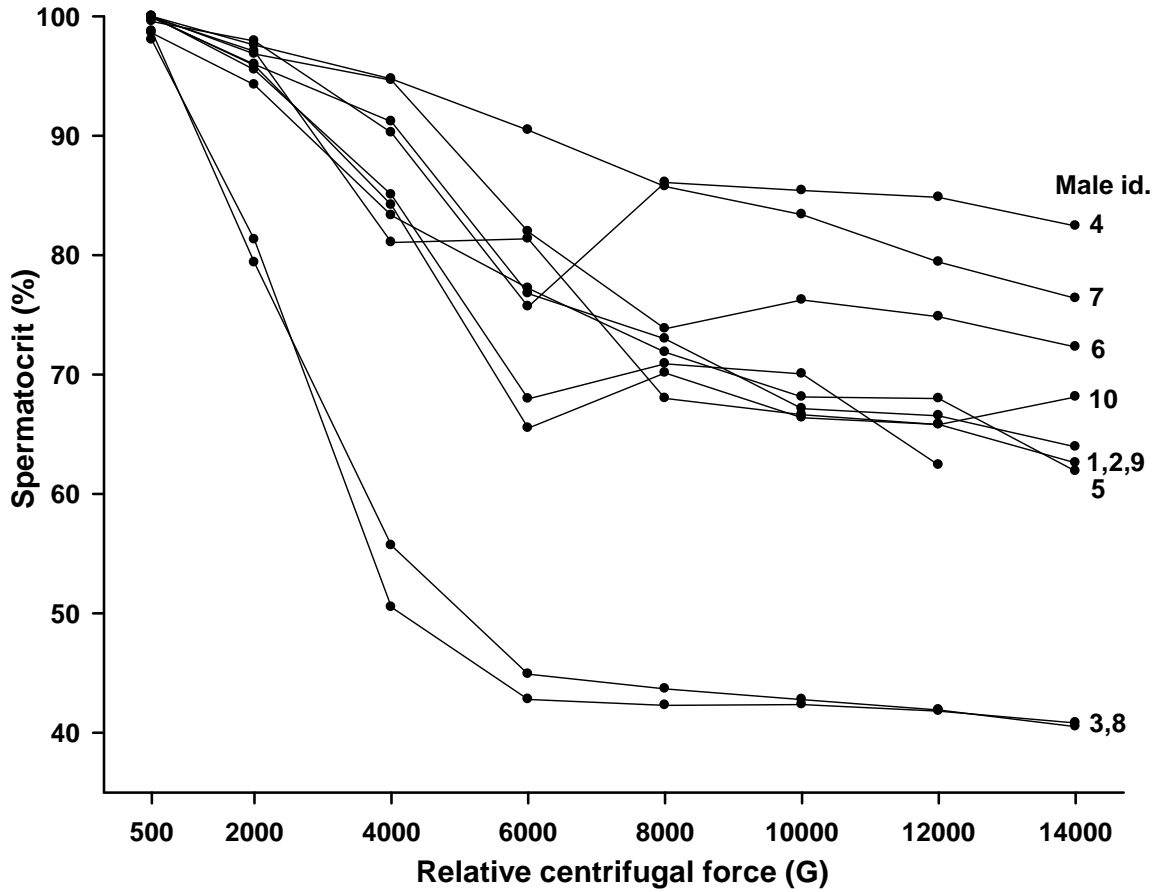
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639 Figure 4



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642 Fig. 4. Values of spermatocrit for 10 males over a G-force gradient (500 to 14,000 × g)  
643 in the European eel, *Anguilla anguilla*. Male Id is shown on the right (1 to 10).

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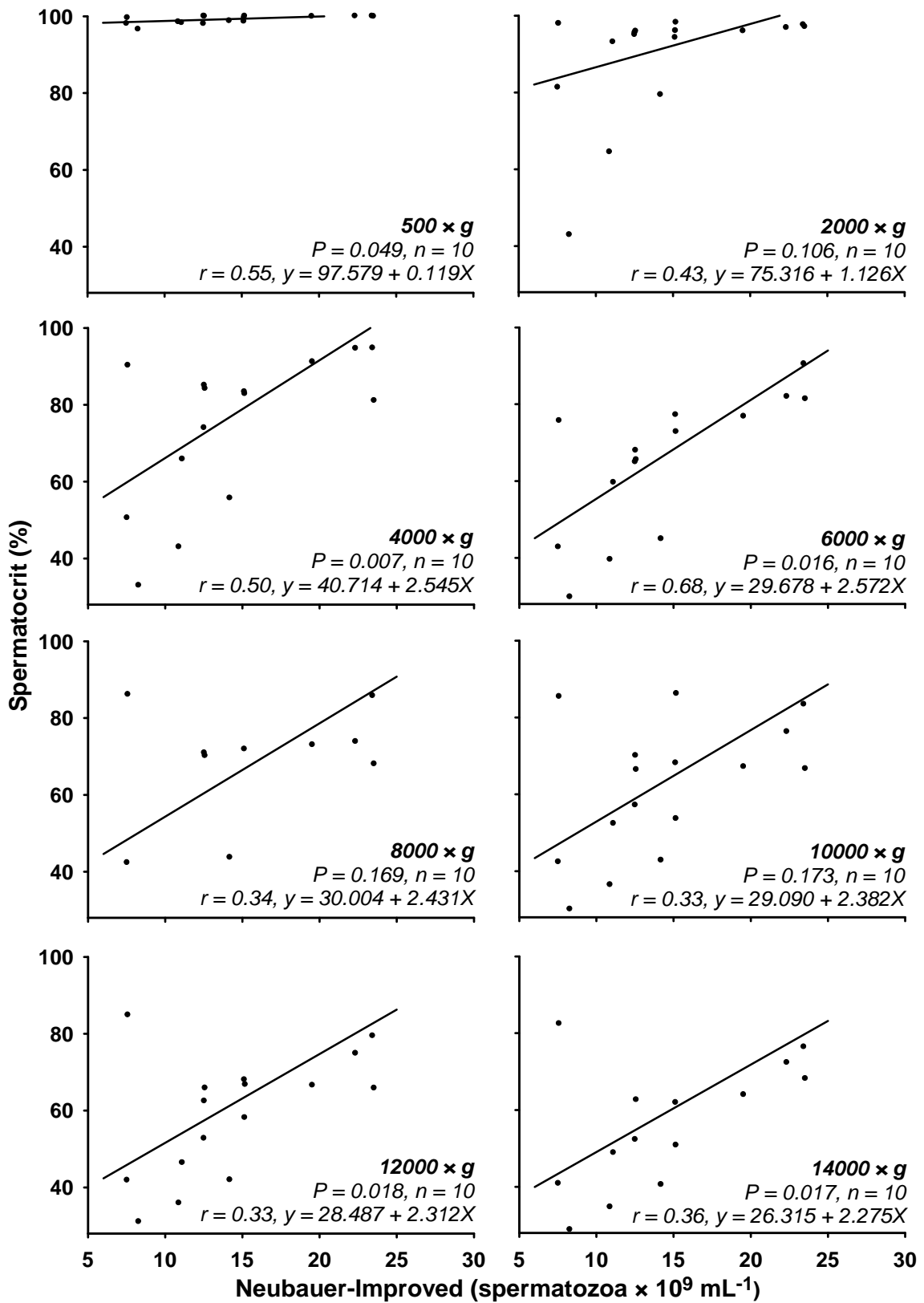
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650 Figure 5



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653 Fig. 5. Relationships between spermatocrit and hemocytometer counts over a G-force  
654 gradient (500 to 14000 × g) in the European eel, *Anguilla anguilla*. Model II linear  
655 regression was used (ordinary least products regression as described by (Ludbrook  
656 2010)) due to possible error in both x and y-axes. For each plot the P-value, sample size,  
657 correlation coefficient, and equation of line are shown.

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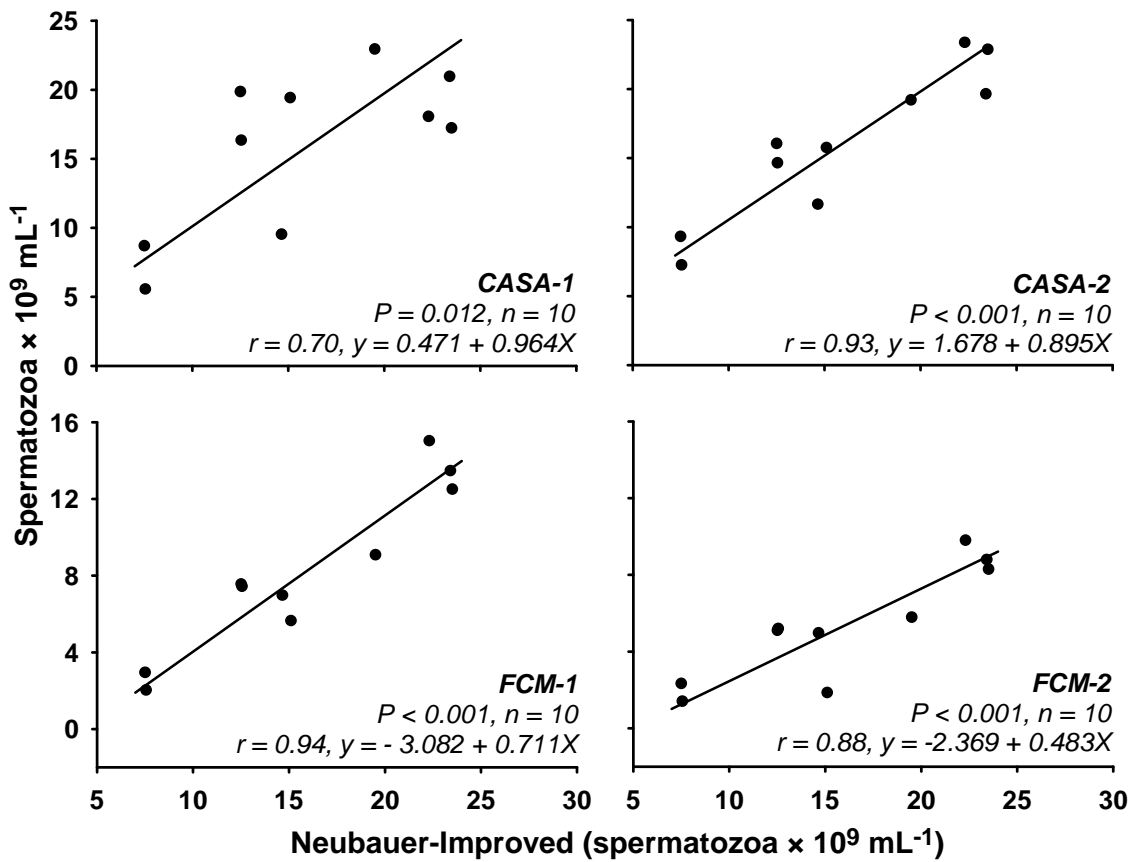
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677 Fig. 6. Relationships between CASA-1, CASA-2, FCM-1, FCM-2 and hemocytometer  
 678 for the European eel, *Anguilla anguilla*. Model II linear regression was used (ordinary  
 679 least products regression as described by (Ludbrook 2010)) due to possible error in both  
 680 x and y-axes. For each plot the P-value, sample size, correlation coefficient, and  
 681 equation of line are shown.

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685 Table 1. Coefficients of variation for hemocytometer, spermatocrit at  $6000 \times g$ ,  
 686 computer assisted sperm analysis (CASA-1 and CASA-2) and flow cytometry (FCM-1  
 687 and FCM-2) for the European eel, *Anguilla anguilla*. Mean values are shown for each  
 688 counting method. Measurements were performed in triplicate for 10 males.  
 689

Male number	Neubauer-Improved	Spermatocrit	CASA-1	CASA-2	FCM-1	FCM-2
1	6.1	6.5	36.5	34.7	5.5	3.6
2	11.2	3.0	11.7	31.5	1.7	2.5
3	8.4	2.1	13.8	27.4	1.8	3.5
4	0.0	10.1	6.9	36.0	2.1	1.5
5	5.1	9.6	30.6	27.3	1.7	1.4
6	4.7	6.8	12.0	21.0	2.5	3.9
7	8.7	6.8	1.8	16.0	3.8	4.2
8	6.0	4.0	29.0	21.5	2.0	3.2
9	7.6	4.2	32.4	26.4	0.8	3.0
10	0.9	3.1	3.8	42.2	3.6	0.5
<b>Mean</b>	5.9	5.6	17.9	28.4	2.5	2.7

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703 Table 2. Resource requirements, advantages, and disadvantages for the different  
 704 quantitative methods used to determine sperm density for the European eel, *Anguilla*  
 705 *anguilla*.

Quantification method	Requirements	Advantages	Disadvantages
<b>Neubauer-Improved hemocytometer</b>	<ul style="list-style-type: none"> <li>• microscope required</li> <li>• Neubauer Improved hemocytometer</li> <li>• trained personnel</li> </ul>	<ul style="list-style-type: none"> <li>• cheap</li> <li>• precise - low CV</li> <li>• described in literature</li> </ul>	<ul style="list-style-type: none"> <li>• time consuming</li> </ul>
<b>Spermatocrit</b>	<ul style="list-style-type: none"> <li>• centrifuge required</li> <li>• microhematocrit tubes</li> <li>• tube sealant</li> <li>• haematocrit tube reader</li> </ul>	<ul style="list-style-type: none"> <li>• fast</li> <li>• precise - low CV</li> <li>• low level of training</li> </ul>	<ul style="list-style-type: none"> <li>• inaccurate - low r</li> <li>• sperm sedimentation</li> </ul>
<b>CASA-1</b>	<ul style="list-style-type: none"> <li>• CASA software</li> <li>• software calibration</li> <li>• computer and microscope with frame grabber</li> <li>• training</li> </ul>	<ul style="list-style-type: none"> <li>• fast</li> <li>• additional measures of sperm quality obtained</li> </ul>	<ul style="list-style-type: none"> <li>• low precision - high CV</li> <li>• inaccurate – low r</li> <li>• trained personnel</li> </ul>
<b>CASA-2</b>	<ul style="list-style-type: none"> <li>• CASA software</li> <li>• software calibration needed</li> <li>• computer and microscope with frame grabber</li> <li>• training</li> </ul>	<ul style="list-style-type: none"> <li>• fast</li> <li>• accurate - high r</li> <li>• additional measures of sperm quality easy obtainable</li> </ul>	<ul style="list-style-type: none"> <li>• low precision - high CV</li> <li>• trained personnel</li> </ul>
<b>FCM-1</b>	<ul style="list-style-type: none"> <li>• flow cytometer required</li> <li>• training</li> </ul>	<ul style="list-style-type: none"> <li>• precise - low CV</li> <li>• accurate – high r</li> </ul>	<ul style="list-style-type: none"> <li>• trained personnel</li> <li>• need to extrapolate by equation</li> </ul>
<b>FCM-2</b>	<ul style="list-style-type: none"> <li>• flow cytometer and fluorospheres required</li> <li>• training</li> </ul>	<ul style="list-style-type: none"> <li>• precise - low CV</li> <li>• accurate – high r</li> </ul>	<ul style="list-style-type: none"> <li>• fluorospheres making it more expensive than FCM-1</li> <li>• lower accuracy than FCM-1</li> <li>• need to extrapolate by equation</li> </ul>

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