



## CRYING, UNSETTLED, DISTRESSED INFANTS: EFFECTIVENESS STUDY



Crying Diary – Baby unique reference number

Thank you for participating in this study. **Please record your baby's crying time 24 hours before your first appointment and for the next 14 days after.**

We would like you to monitor your baby's crying time using the table overleaf, this will help us determine if there has been any change in your baby's crying.

Please record the number of minutes your baby cries each hour in the hour grids provided. **If you do not know exactly, please make the best estimate that you can. If your baby does not cry in any hour, please put 0 in the hour grid. The crying diary should take no longer than 5-10 minutes per day**

On day 1 please indicate hour treatment received with an x.

If you have any questions with completing this form please contact a member of the study team at:

School of Health Sciences, +41 (0)78 788 33 66 or [paul.vaucher@hes-so.ch](mailto:paul.vaucher@hes-so.ch)

Please e-mail, scan or photo your crying diary at day 14 and email it to: [dawn.carnes@uco.ac.uk](mailto:dawn.carnes@uco.ac.uk)

Baby ID:

Morning

Afternoon

Evening

Night

Day	06.00	07.00	08.00	09.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00	22.00	23.00	24.00	01.00	02.00	03.00	04.00	05.00	Total
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	07.00	08.00	09.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00	22.00	23.00	24.00	01.00	02.00	03.00	04.00	05.00	06.00	
24 hours before treatment																									
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