



HES-SO|FR School of Health Sciences Fribourg Osteopathy Department

CUTIES-CH - Unsettled crying and osteopathic care

Swiss part of an international collaboration for a clinical trial

Principal Investigator : Prof. Paul Vaucher, Haute Ecole de Santé Fribourg (HES-SO) *Co-investigator :* [ADD NAME OF CO-INVESTIGATOR], osteopath

Call for participants in a study on osteopathy

We invite parents of healthy infants under 10 weeks of age with unsettled crying (infant colic) to participate with their child in a clinical study in osteopathy.

Aim of the study: This study aims to evaluate the effect of soft touch in osteopathy for reducing infants' crying time.

Procédure and duration of the study: Participating to the study involves attending one to four consultations over a period of two weeks with an osteopath experienced in paediatric care. During the first consultation, you will be able to ask questions and the osteopath will check that you and your child meet the study criteria. In addition to usual osteopathic care, your child will receive either gentle osteopathic treatment or a touch without the intention of modifying the tissues. This will be determined by chance without you knowing which type of treatment will be provided. With the help of a daily diary, you will have to indicate the number of crying hours on a daily basis. The treatment being tested is the one usually offered by osteopaths and does not present any known risk to your child's health.

Compensation (including travel): No compensation is provided, but the costs of the osteopathic consultations during the two weeks will be covered by the study.

All data will be treated **confidentially**. Parents who are *interested* in participating to the study and who meet the above-mentioned criteria are requested to *contact* [ADD NAME OF CO-INVESTIGATOR], [ADD CABINET ADDRESS], tel. from the secretariat: [ADD CABINET TELEPHONE NUMBER].

Please note that the *information* of those who contact the [ADD NAME OF CO-INVESTIGATOR] osteopathic practice by telephone will be *recorded*. The data of those who do not wish to participate to the study will be destroyed immediately.

For further information, please contact us by e-mail (paul.vaucher@hes-so.ch).