

# MICROFOSSILS IN POLAR ICE CORES

## A BEGINNER'S MANUAL FOR POLLEN, SPORE, AND MICROSCOPIC CHARCOAL ANALYSIS



Authors: **Sandra O. Brugger**<sup>1,2,\*</sup>, **Alita Regi**<sup>3,\*</sup>, **Nathan J. Chellman**<sup>1</sup>, **Sophia Wensman**<sup>1</sup>, **Joseph R. McConnell**<sup>1</sup>

<sup>1</sup> Division of Hydrologic Sciences, Desert Research Institute, Reno NV, USA

<sup>2</sup> Montana State University, Bozeman MT, USA

<sup>3</sup> Division of Atmospheric Sciences, Desert Research Institute, Reno NV, USA

\* Both authors contributed equally and are considered joint first authors



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## A brief Introduction to ice palynology

Palynology is the "study of dust" (Greek: παλύνω = Palynō). Analyses of contemporary and fossil palynomorphs (paleopalynology) includes pollen and spores from plants, fungi, algae, etc. Palynology is used in genetic & evolutionary studies, melissopalynology (honey), allergy studies, meteorological pollen forecast, forensic field, and paleoecology (Lang 1994). Pollen are part of the reproductive cycle of plants: The male gametophyte generation housing in the pollen grain results from cell division involving a reduction by half of the chromosome content (Meiosis). Pollen needs dispersal to fulfill its biological function (i.e., fertilization of a "plant egg"). Pollen production and dispersal of plant species varies. For example, wind-pollinated plant species have a much higher production compared to insect or other animal-pollinated species because of a larger number of grains "getting lost" on their way (Lang 1994). Pollen and other palynomorphs are deposited in sediments of lakes, peatbogs, and ice sheets, where they preserve over millennia and provide information on vegetation history (e.g., Rey et al. 2019). Pollen grains have three characteristics that make them especially suitable for studying the changes in flora and vegetation:

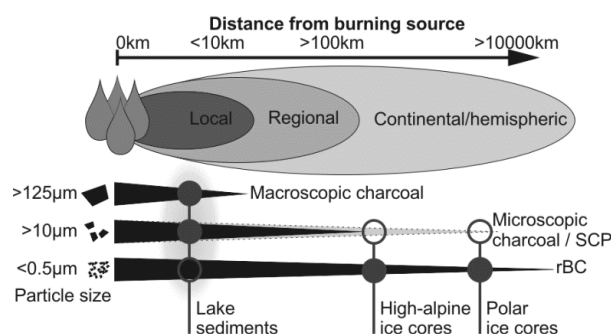
- They are ubiquitous in the environment,
- highly resistant to decay (under anoxic conditions), and
- their morphology varies according to their botanical group, making them identifiable to the plant genus- or family-, and in some cases to the species level.

Lake sediments and peatbog pollen sequences have been analyzed for over a century (Mantel 1966). Ice palynology is a much younger field (Fredskild & Wagner 1974). A few microfossil studies have been established from ice cores in the Alps (Brugger et al. 2021), Altai mountains (Nakazawa & Fujita 2006; Eichler et al. 2011; Brugger et al. 2018b), Andes (Reese & Liu 2002; Reese et al. 2003; Liu et al. 2005, 2007; Brugger et al. 2019b), Tibetan Plateau (Yang et al. 2008), and even from polar ice caps (Short & Holdsworth 1985; Koerner et al. 1988; Bourgeois 2000; Bourgeois et al. 2000; Hicks & Isaksson 2006), and recently ice caves (Feurdean et al. 2011; Leunda et al. 2019).. Earlier ice core studies mostly used pollen dating purposes (seasonality of pollen production) or pollen as an indicator for wind directions and source area estimates (Fredskild & Wagner, 1974; Bourgeois, 2000; Nakazawa et al., 2004, 2005). These earlier studies did not fully exploit the paleoecological potential of pollen from ice archives. Recent methodological advances permit the study of microfossils even from remote ice cores in Central Greenland (Brugger et al., 2019a, in press). Microfossil records from these remote ice cores have many advantages compared to traditional sediment-based records including:

- Ice cores often provide well-preserved pollen grains,
- allow for contiguous records,
- contain relatively low concentrations of dust and other non-pollen debris,
- have a large footprint of ecosystem change reflected in a single record,
- chronological precision of +/- a few years,
- contain many other climate / environmental proxies for direct comparison,
- allow for high temporal resolution for comparison with historical sources, tree-ring data etc.

Ice core disadvantages for palynology compared to lake/peat sediment cores:

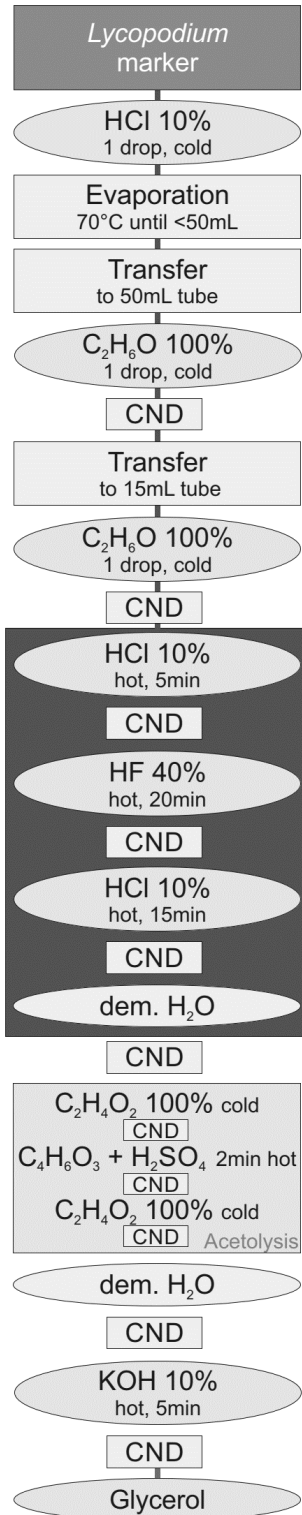
- Ice microfossil records are prone to lab contamination due to low microfossil concentrations,
- Have a risk for microfossil damage and loss during chemical treatment with acids,
- Contain low microfossil concentrations (<100 grains L<sup>-1</sup> vs. >100,000 grains cm<sup>-3</sup> in sediments),
- Require time consuming analyses due to unfavorable microfossil to marker spore ratios,
- Often have more complex source areas than local lake sediments with diverse floristic composition from many ecosystems combined in a single record (Brugger et al. 2018a).



**Figure 1** Source areas of microfossils in different natural archives.

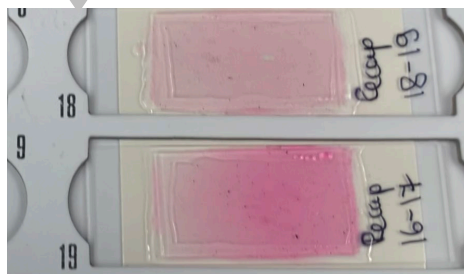
## Microfossil extraction protocol for polar ice samples

### Laboratory steps for pollen extraction



**Aim of the protocol for microfossil extraction from ice samples: A concentrated microfossil sample on a microscopic slide:**

- Removal of cell content for facilitated pollen identification
- Removal of potentially obscuring particles/impurities
- Counting of an adequate number of pollen grains, spores, and other microfossils to reconstruct past ecosystem change



**Figure 2** Laboratory protocol adapted for pollen extraction from polar ice samples with indication of additional dust removal procedure (red shading). See Brugger et al. (2018a) for details on original method.

## Introducing terminology for pollen determination

In fossil pollen assemblages, only the very durable skeleton (pollen wall) made of sporopollenin, is preserved. The pollen wall consists of several layers:

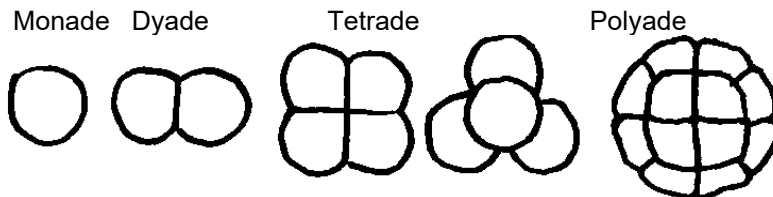


**Figure 3** The components of a pollen wall (adapted from Lang 1994).

The nexine consists of an endexine (Nexine 2 and a footlayer (nexine 1). The sexine consists of columella (sexine 1), the tectum (sexine 2) and sculptural elements (sexine 3). The footlayer together with the sexine is also called Ektexine, separating these wall components from the endexine (Lang 1994).

These fossil pollen skeletons can be determined by a number of characteristics such as the pollen grain shape, size, apertures, wall ornamentations, etc.:

- **Pollen unit**



- **Grain size** (Beug 2004)

Taxon	Size
<i>Urtica</i> (Family of nettles)	~3-5 $\mu\text{m}$
<i>Corylus/Betula</i> (Hazel, Birch)	~25-30 $\mu\text{m}$
<i>Tilia</i> (Linden/basswood)	~50 $\mu\text{m}$
<i>Pinus</i> (Pine)	~90-100 $\mu\text{m}$
<i>Picea</i> (Spruce)	~200 $\mu\text{m}$
<i>Abies</i> (Fir)	~280 $\mu\text{m}$

- **Vesiculate vs. non-vesiculate**

- One or several sacchi (airbladders)



- **Shape**

- Spheroidal = grain is as long as wide (length to width ratio is 0.75 to 1.33)
- Oblate = grain has a much larger equatorial length compared to pole length (length to width ratio is  $<0.75$ )  $\rightarrow$  appears flat
- Prolate grain has a much smaller equatorial length compared to pole length (length to width ratio is  $>1.33$ )  $\rightarrow$  appears long

• **Apertures**

- Inaperturate



- Porate (porus, pl. pori) = round openings

Monoporate



Diporate



Triporate



Stephanoporate Peri-/pantoporate



- Poroide = indistinct openings (i.e., thinning of walls in Cyperaceae)

- Colpate (colpus, pl. colpi) = elongated openings

Monocolpate



Dicolpate



Tricolpate



Stephanocolpate Pericolpate



Syncolpate



- Colporate = opening is a combination of pori and colpi

Tricolporate



Stephanocolporate



Heterocolporate



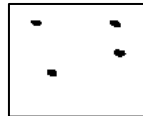
- Fenestrate (Window-like apertures)



• **Ornamentation**

- Psilate  
"Smooth surface"

Microscope view



Tectate



Semi-/Intectate

- Scabrate/Granulate  
"Sandpaper surface"




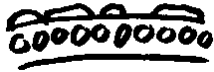

- Rugulate  
"Sausages on the surface"


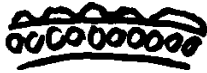



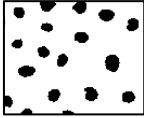

- Verrucate  
"Warts-like surface"







- Reticulate  
"Net-like"
 



		
---	--	---
  
- Striate  
"Net with direction"
 

		
---	--	---
  
- Perforate  
"Little holes"
 

	
---	---
  
- Gemmate  
"Single warts"
 

	
---	---
  
- Echinate  
"Conical spikes"
 

	
---	--
  
- Baculate  
"Columella without tectum"
 

	
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• **Some other features**

- Margo = wall thinning towards apertures



- Costae = endexine wall thickening towards apertures



- Vestibulum = inner and outer wall separate towards aperture



- Operculum = "lid on top of pore"



- Anulus = thickened ring around pore



## Common microfossils in Greenland ice

All pollen and spore pictures shown in this manual originate from the RECAP (REnland ice CAP project) ice core in East Greenland (71.30°N, 26.72°W, 2315 m a.s.l.) spanning ca 6000 years BCE to 1850 CE. Pollen determination followed Moore et al. (1991), Beug (2004), Clegg et al. (2005), and PalDat (2000).

### Vesiculate pollen

#### *Pinus*

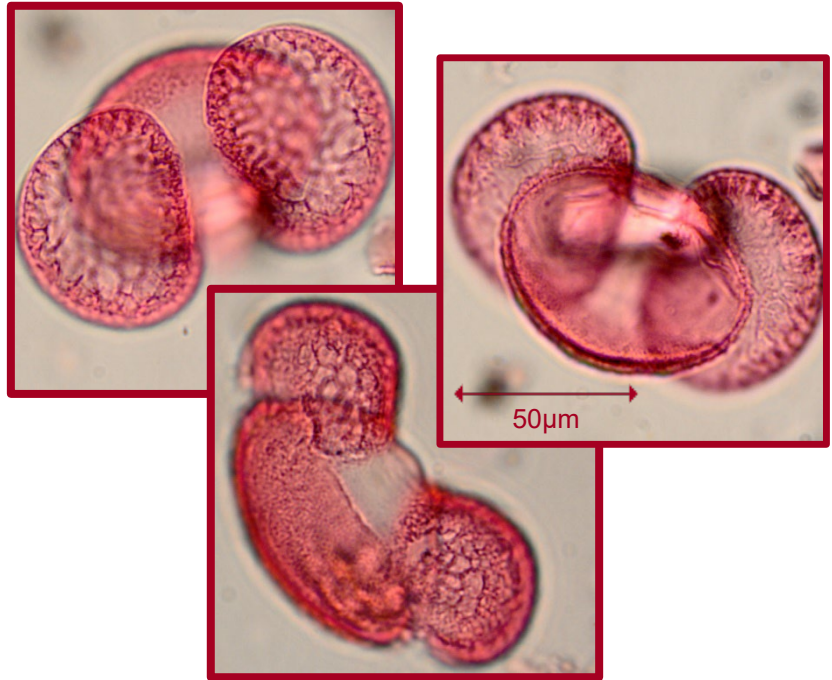
**Size:** 70-100  $\mu\text{m}$

**Shape:** vesiculate

**Dispersal unit:** monad

**Openings:** inaperturate

**Other notes:** sacchi more than half round and clearly separated from pollen body, even pollen wall



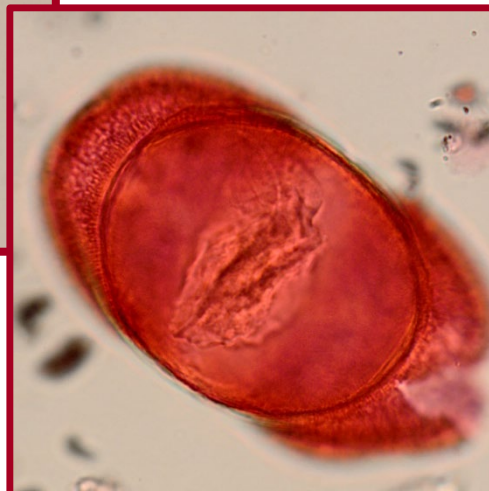
#### *Picea*

**Size:** 100-150  $\mu\text{m}$

**Shape:** vesiculate

**Dispersal unit:** monad

**Other notes:** sacchi half round and not clearly separated from pollen body





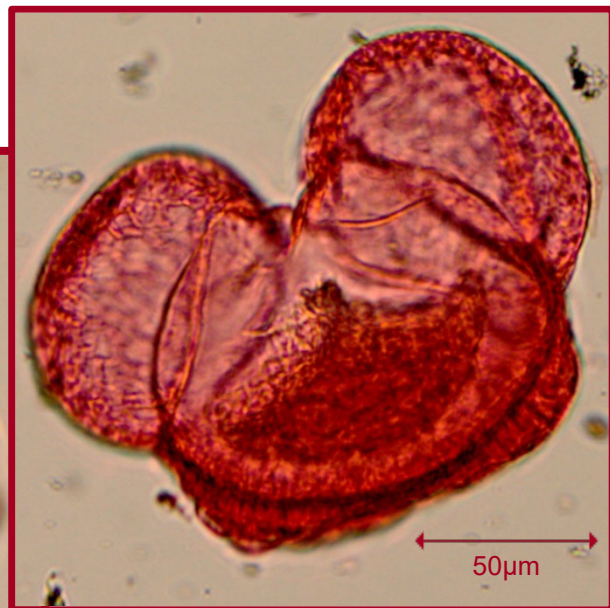
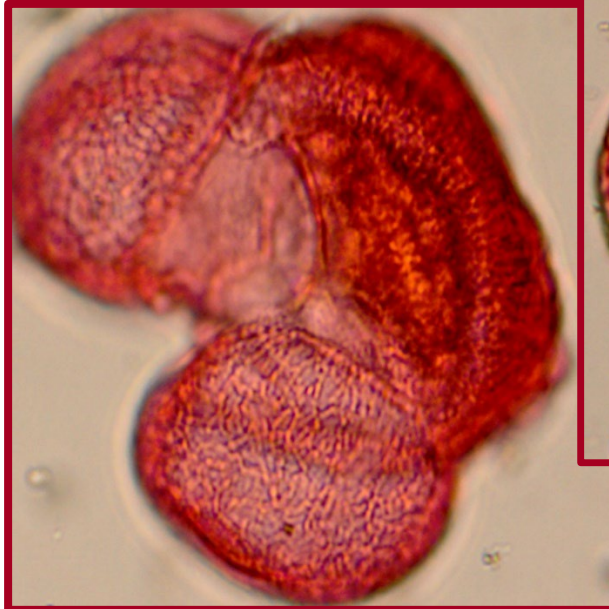
**Abies**

**Size:** 100-200  $\mu\text{m}$

**Shape:** vesiculate

**Dispersal unit:** monad

**Other notes:** sacchi more than half round and clearly separated from pollen body, thick and uneven wall



**Inaperturate pollen**

**Ephedra**

**Size:** 30-60  $\mu\text{m}$

**Structure:** psilate

**Shape:** prolate, elliptic shape

**Dispersal unit:** monad

**Openings:** inaperturate (pseudocolpi)

**Other notes:** plicate (coarse parallel ridges)

**→differentiate Ephedra:** *E. distachya*-t. with perpendicular branches while plicae are straight for *E. fragilis*-t.



### *Juniperus*

**Size:** 20-35  $\mu\text{m}$

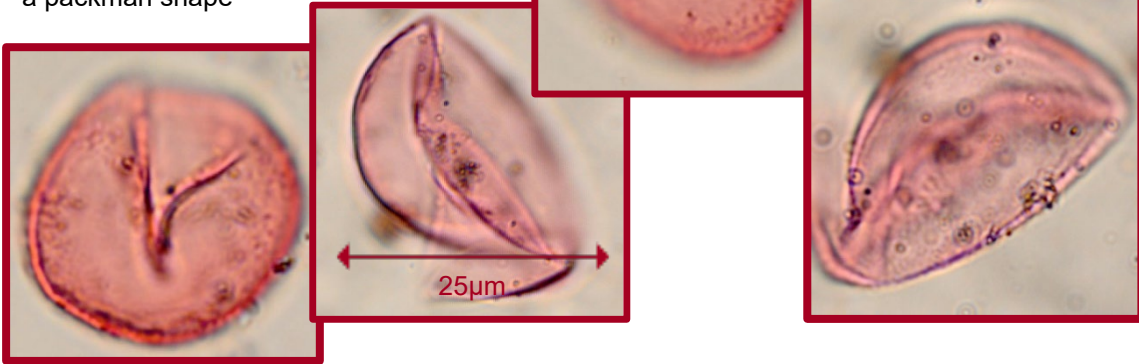
**Structure:** irregular gemmate

**Shape:** spheroidal

**Dispersal unit:** monad

**Openings:** inaperturate

**Other notes:** often breaks open as a packman shape



### *Larix*

**Size:** 60-100  $\mu\text{m}$

**Structure:** psilate

**Shape:** spheroidal, often uneven shape

**Dispersal unit:** monad

**Openings:** inaperturate

**Other notes:** pollen wall often with irregular folding



### *Populus*

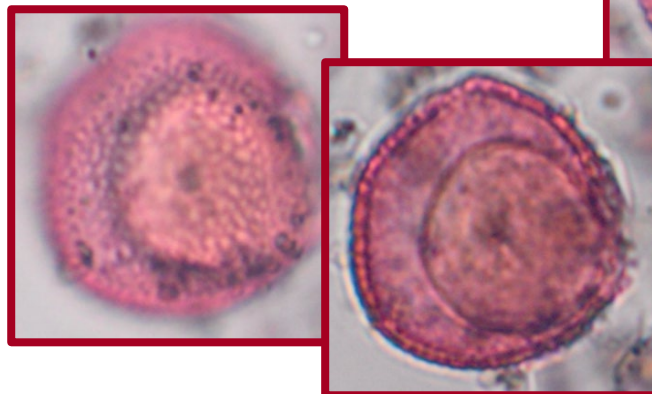
**Size:** 20-35  $\mu\text{m}$

**Structure:** reticulate

**Shape:** spheroidal

**Dispersal unit:** monad

**Openings:** inaperturate



## Poroid pollen

### Cyperaceae

**Size:** 25-50  $\mu\text{m}$

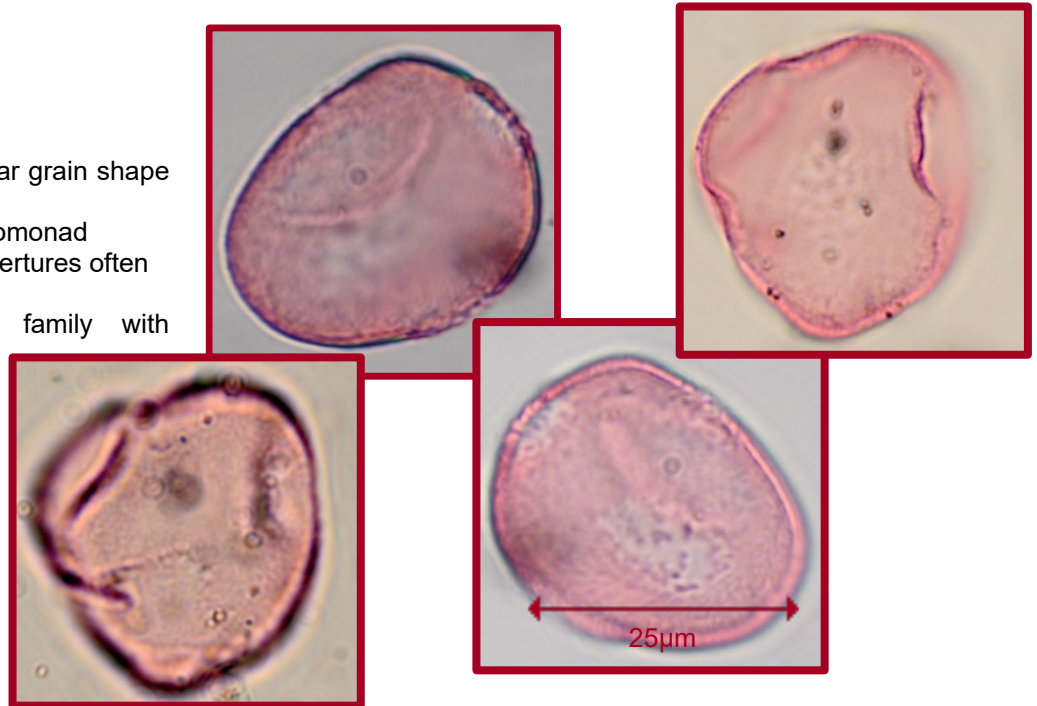
**Structure:** scabrate

**Shape:** prolate, irregular grain shape like potato bag

**Dispersal unit:** pseudomonad

**Openings:** poroide, apertures often elongated

**Other notes:** large family with variable pollen types



## Porate pollen

### Poaceae

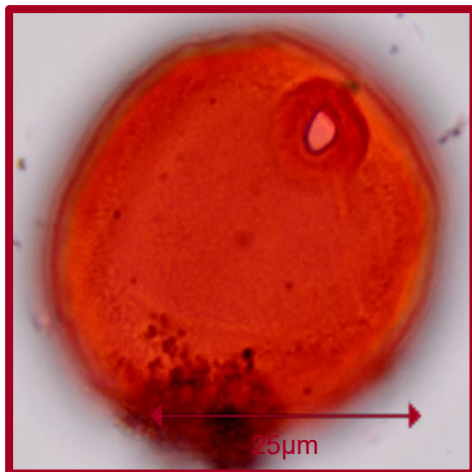
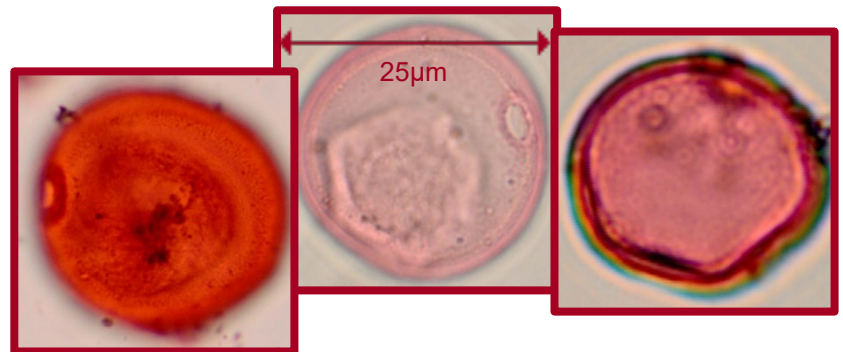
**Size:** 20-100  $\mu\text{m}$

**Structure:** psilate-scabrate

**Shape:** spheroidal to prolate

**Dispersal unit:** monad

**Openings:** monoporate, anulus, operculum



### Cerealia-t.

**Size:** >37  $\mu\text{m}$

**Structure:** psilate-scabrate

**Shape:** spheroidal to prolate

**Dispersal unit:** monad

**Openings:** monoporate, anulus, operculum

**→differentiate Cerealia-t.:** Cerealia-t. is larger in grain size, anulus thickness, width and diameter compared to other Poaceae following Beug (2004)

### Urtica

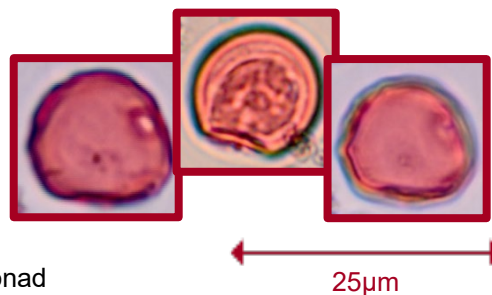
**Size:** 10-20  $\mu\text{m}$

**Structure:** psilate

**Shape:** spheroidal

**Dispersal unit:** monad

**Openings:** triporate, anulus (operculum)



### **Betula**

**Size:** 20-30  $\mu\text{m}$

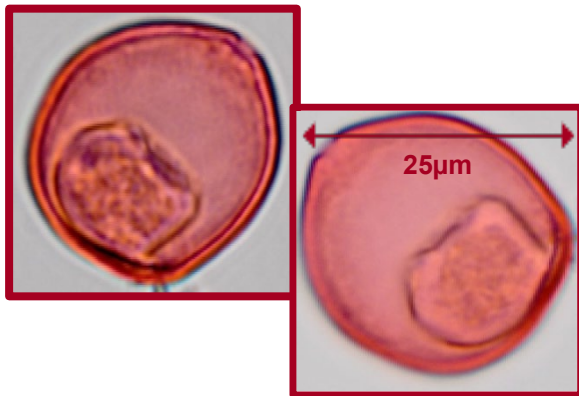
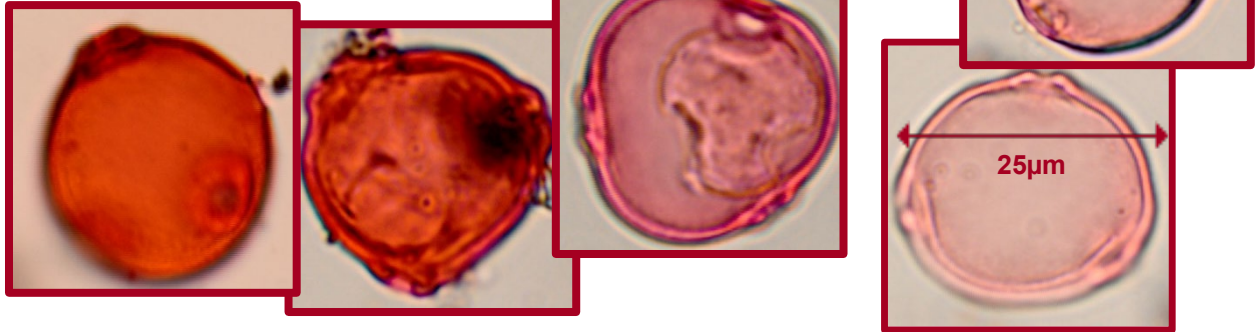
**Structure:** psilate to scabrate

**Shape:** spheroidal, triangular in equatorial view

**Dispersal unit:** monad

**Openings:** triporate, vestibulum

→ **Differentiate *Betula*:** separate *B. nana*-t. from *B. pubescence*-t. by pore diameter to pore depth ratio (following Clegg et al. 2005)



### **Corylus**

**Size:** 25-30  $\mu\text{m}$

**Structure:** psilate to scabrate

**Shape:** spheroidal, triangular in equatorial view

**Dispersal unit:** monad

**Openings:** triporate, no vestibulum

### **Epilobium**

**Size:** 50-100  $\mu\text{m}$

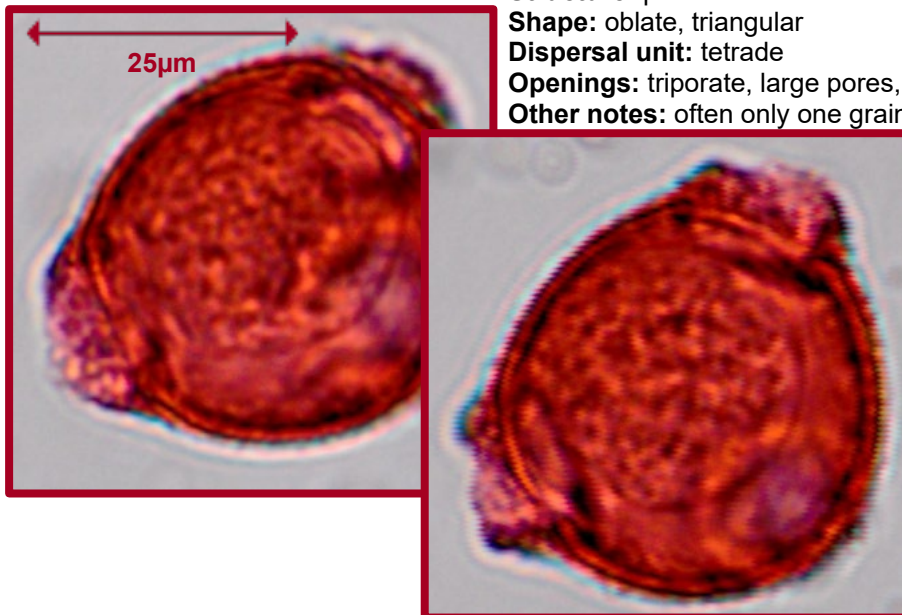
**Structure:** psilate-scabrate

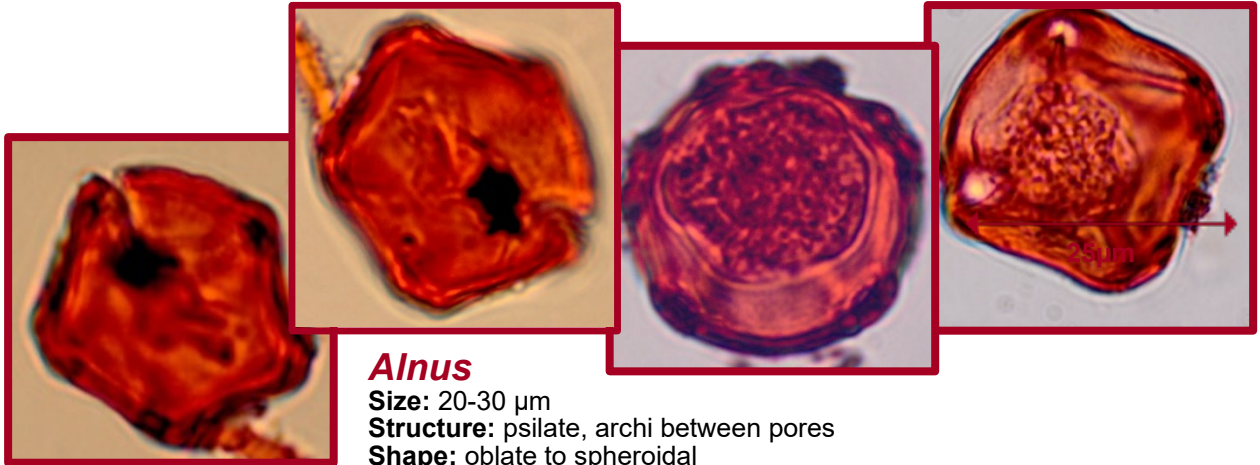
**Shape:** oblate, triangular

**Dispersal unit:** tetrad

**Openings:** triporate, large pores, large conical vestibulum

**Other notes:** often only one grain preserved





### **Alnus**

**Size:** 20-30 μm

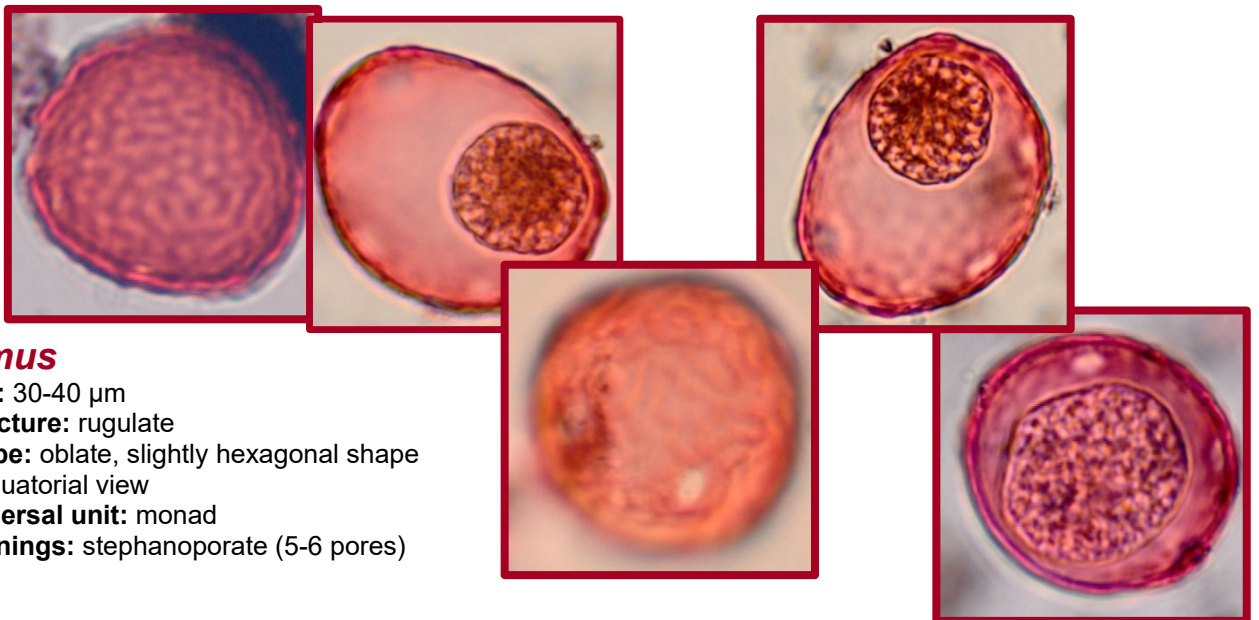
**Structure:** psilate, archi between pores

**Shape:** oblate to spheroidal

**Dispersal unit:** monad

**Openings:** stephanoporate (4-6 pores), vestibulum

**Differentiate Alnus:** *A. glutinosa*-t. with broad and clearly defined archi and *A. viridis* archi like sharp folds



### **Ulmus**

**Size:** 30-40 μm

**Structure:** rugulate

**Shape:** oblate, slightly hexagonal shape in equatorial view

**Dispersal unit:** monad

**Openings:** stephanoporate (5-6 pores)

### **Plantaginaceae**

**Size:** 20-35 μm

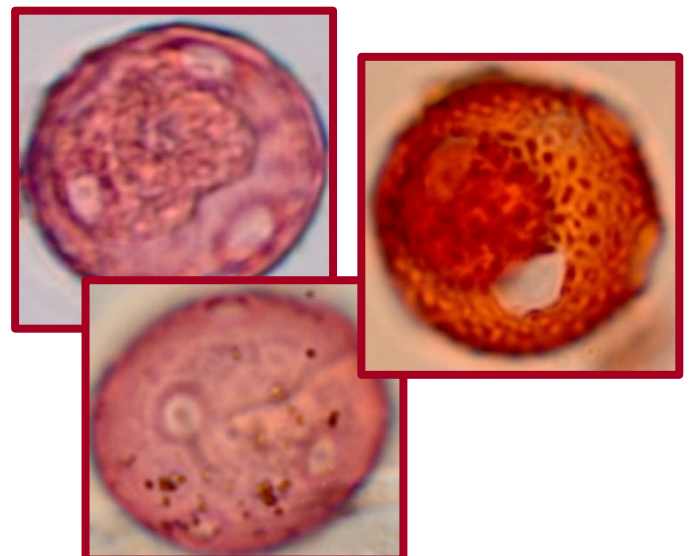
**Structure:** scabrate-verrucate

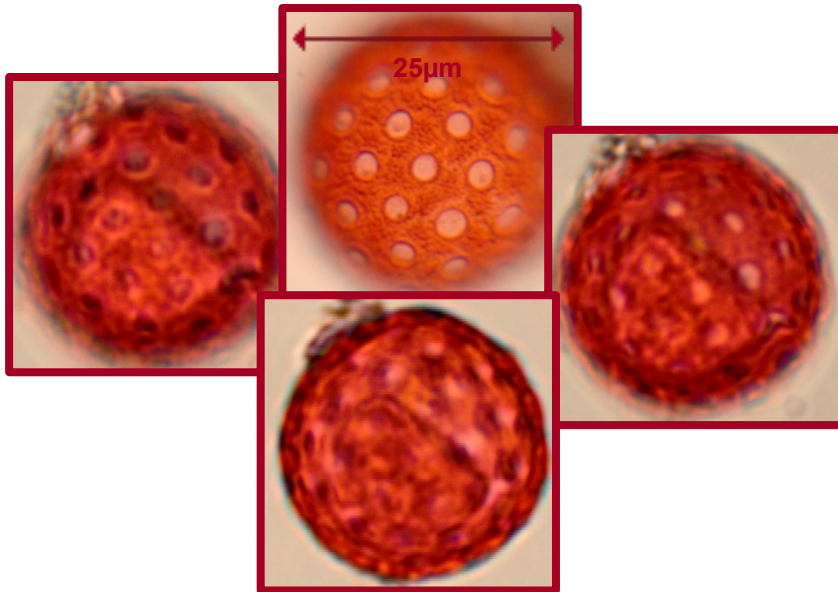
**Shape:** spheroidal

**Dispersal unit:** monad

**Openings:** poliporate (6-20 pores) with or without anulus, with or without operculum, pores often not clearly separated if without anulus

→**Differentiate Plantaginaceae:** *P. lanceolata* with clear anulus and presence of operculum, see Beug (2004) for differentiation of further Plantaginaceae types



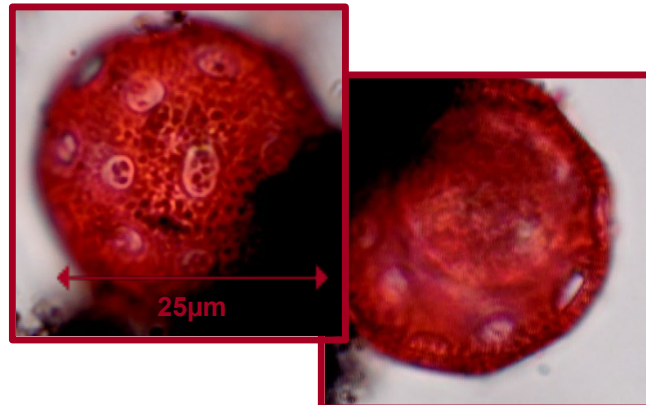


**Amaranthaceae**

**Size:** 18-40 µm  
**Structure:** psilate  
**Shape:** spheroidal  
**Dispersal unit:** monad  
**Openings:** periporate (25-50 pores)  
**Other notes:** large family with variable pollen types

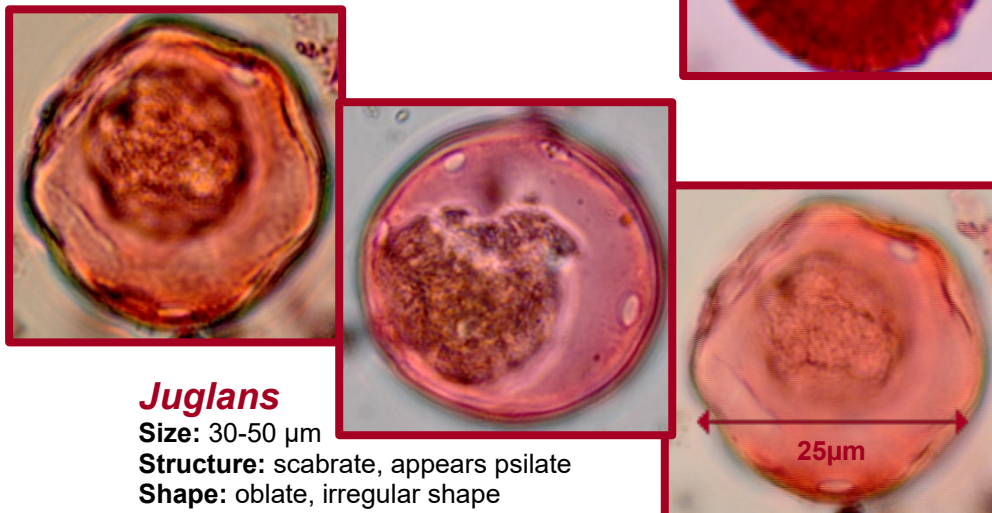
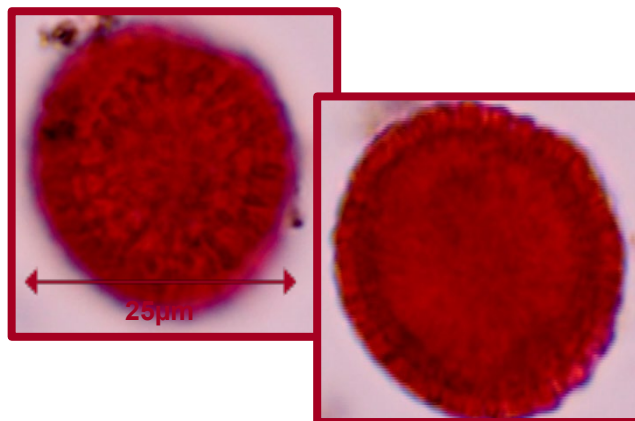
**Caryophyllaceae**

**Size:** 25-50 µm  
**Structure:** scabrate-perforate  
**Shape:** spheroidal  
**Dispersal unit:** monad  
**Openings:** periporate (10-40 pores), operculate, often with anulus  
**Other notes:** aperture membrane ornamented



**Daphne**

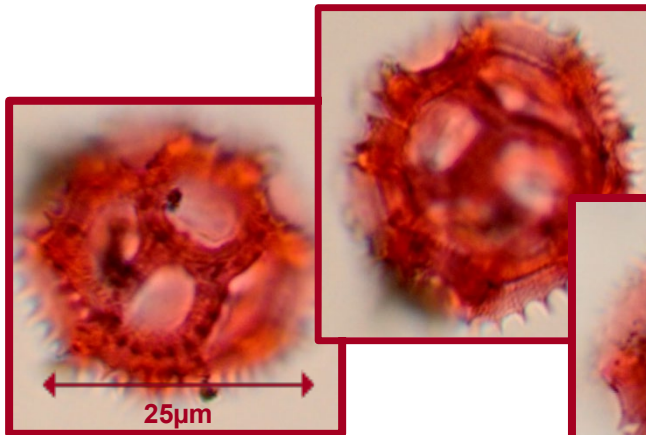
**Size:** 20-40 µm  
**Structure:** reticulate, high muri and short columella  
**Shape:** spheroidal  
**Dispersal unit:** monad  
**Openings:** periporate, pores not clearly defined



**Juglans**

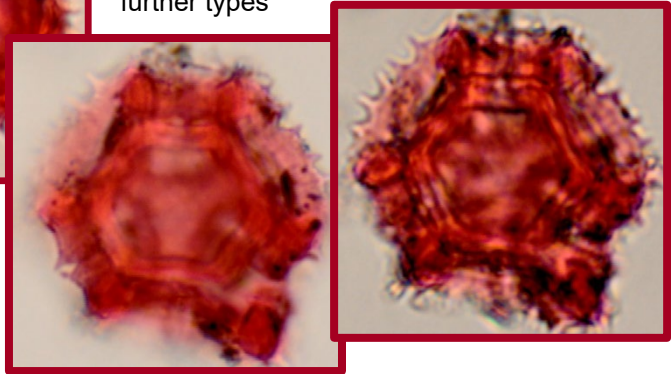
**Size:** 30-50 µm  
**Structure:** scabrate, appears psilate  
**Shape:** oblate, irregular shape  
**Dispersal unit:** monad  
**Openings:** periporate, large pori unevenly distributed, anulus

**Fenestrate pollen**

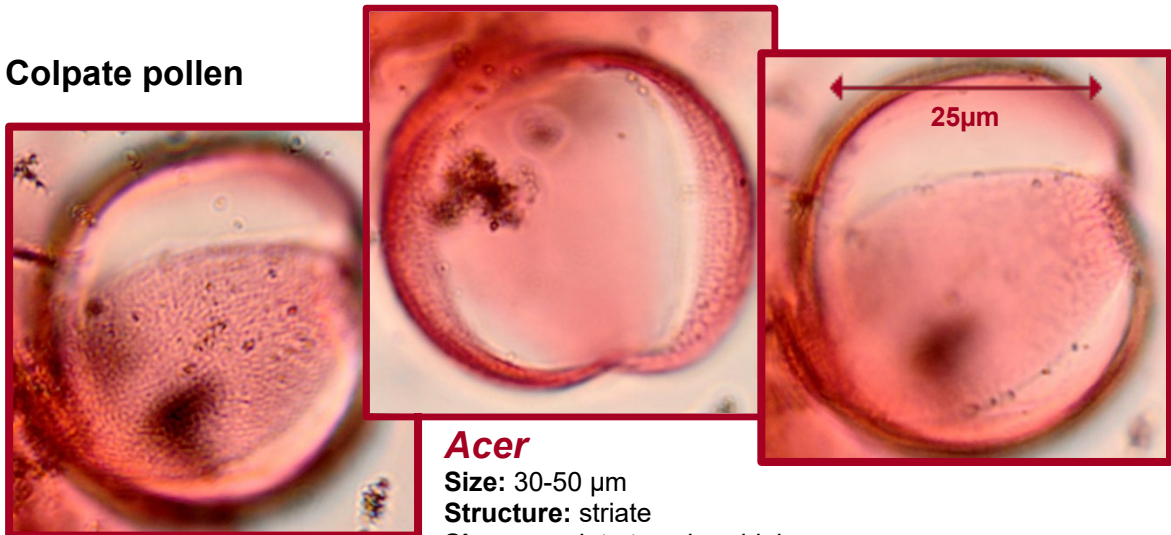


**Cichorioideae**

**Size:** 25-40 µm  
**Structure:** echinate with large echinae (> 2µm)  
**Shape:** spheroidal  
**Dispersal unit:** monad  
**Openings:** fenestrate  
 Other notes: Very large group → difficult to differentiate further types



**Colpate pollen**

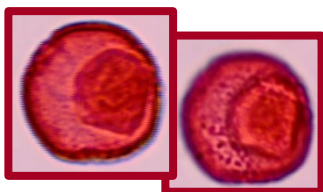
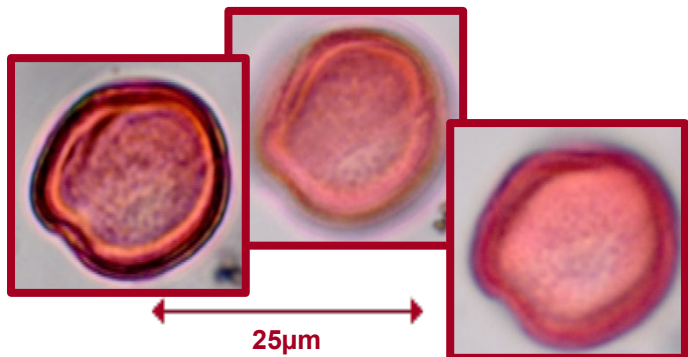


**Acer**

**Size:** 30-50 µm  
**Structure:** striate  
**Shape:** prolate to spheroidal  
**Dispersal unit:** monad  
**Openings:** tricolpate, long colpi

**Papaver**

**Size:** 20-35 µm  
**Structure:** scabrate  
**Shape:** spheroidal-prolate  
**Dispersal unit:** monad  
**Openings:** tricolpate, colpi with ornamentation



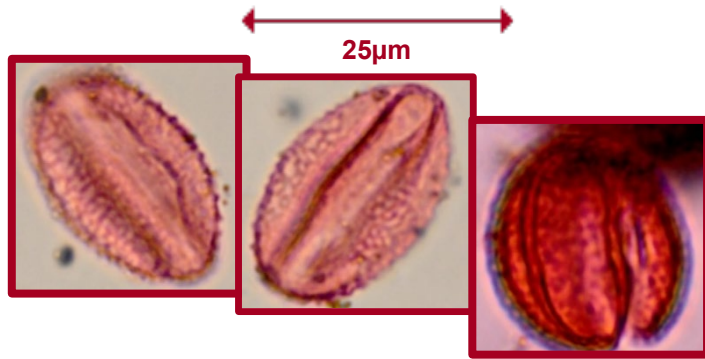
**Platanus**

**Size:** 15-25 µm  
**Structure:** reticulate  
**Shape:** spheroidal  
**Dispersal unit:** monad  
**Openings:** tricolpate, wide colpi with ornamentation



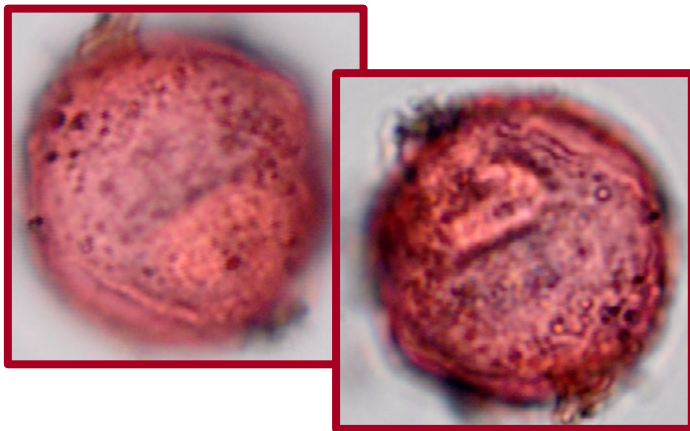
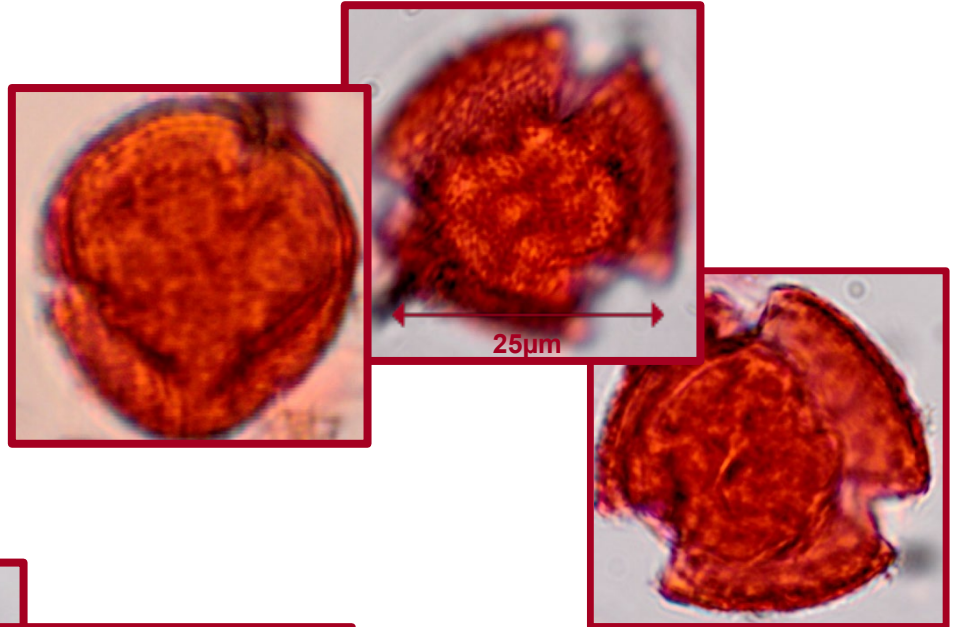
**Salix**

**Size:** 15-30  $\mu\text{m}$   
**Structure:** reticulate with margo  
**Shape:** prolate  
**Dispersal unit:** monad  
**Openings:** tricolpate (can appear tricolporoide)



**Quercus robur-t.**

**Size:** 30-40  $\mu\text{m}$   
**Structure:** scabrate  
**Shape:** prolate to spheroidal  
**Dispersal unit:** monad  
**Openings:** tricolpate, long colpi

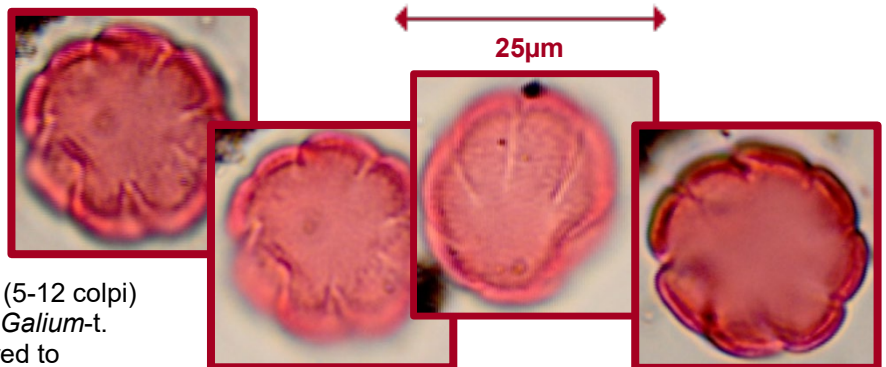


**Ranunculaceae**

**Size:** 25-50  $\mu\text{m}$   
**Structure:** scabrate  
**Shape:** spheroidal  
**Dispersal unit:** monad  
**Openings:** tri-/pericolpate, colpi with granulae

**Rubiaceae**

**Size:** 15-30  $\mu\text{m}$   
**Structure:** psilate-reticulate  
**Shape:** spheroidal to prolate  
**Dispersal unit:** monad  
**Openings:** stephanocolpate (5-12 colpi)  
**→Differentiate Rubiaceae:** *Galium-t.* with psilate structure compared to reticulate *Mentha-t.*





## Colporate pollen

### Asterioideae

**Size:** 20-50  $\mu\text{m}$

**Structure:** echinate

**Shape:** prolate to spheroidal

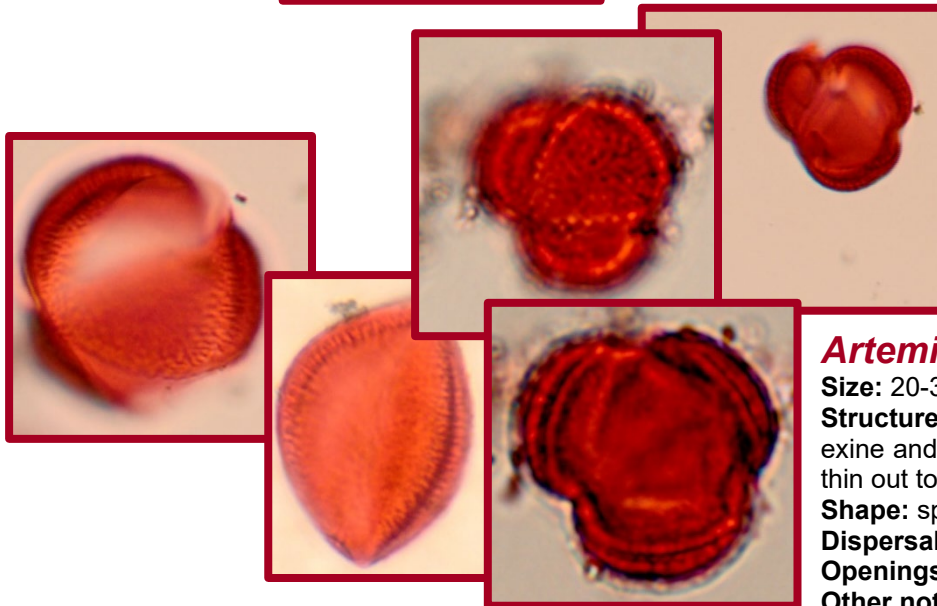
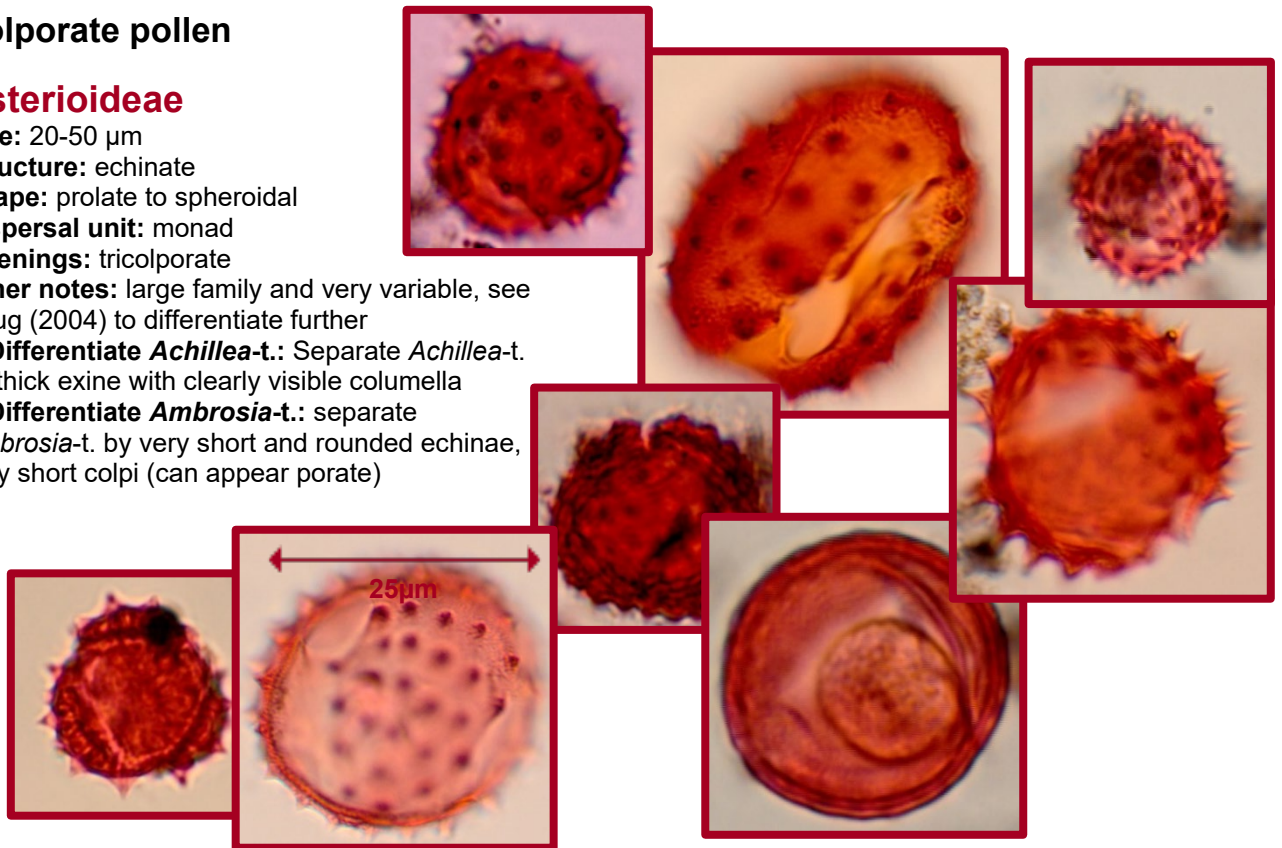
**Dispersal unit:** monad

**Openings:** tricolporate

**Other notes:** large family and very variable, see Beug (2004) to differentiate further

→ **Differentiate *Achillea*-t.:** Separate *Achillea*-t. by thick exine with clearly visible columella

→ **Differentiate *Ambrosia*-t.:** separate *Ambrosia*-t. by very short and rounded echinae, very short colpi (can appear porate)



### Artemisia

**Size:** 20-30  $\mu\text{m}$

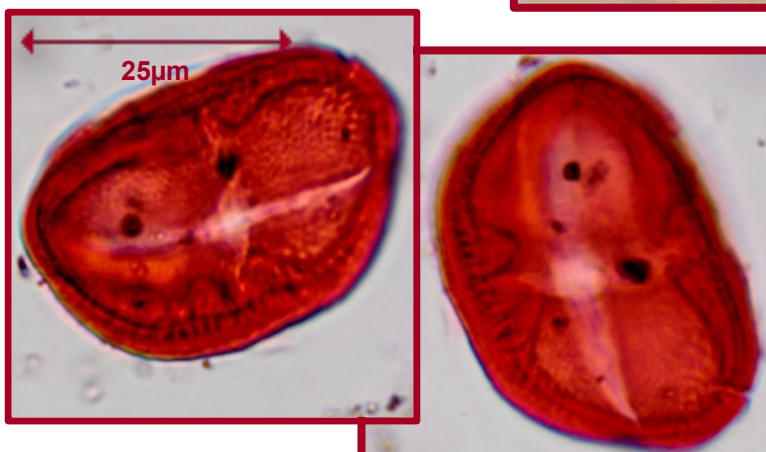
**Structure:** microechinate, with thick exine and clearly visible columella that thin out towards openings and poles

**Shape:** spheroidal to prolate

**Dispersal unit:** monad

**Openings:** tricolporate

**Other notes:** echinae mostly invisible



### Centaurea

**Size:** 25-50  $\mu\text{m}$

**Structure:** (micro)-echinate, clearly visible collumelle and thick exine

**Shape:** prolate

**Dispersal unit:** monad

**Openings:** tricolporate with pronounced costae

**Other notes:** See Beug (2004) to differentiate *Centaurea* types

## Apiaceae

**Size:** 20-80  $\mu\text{m}$

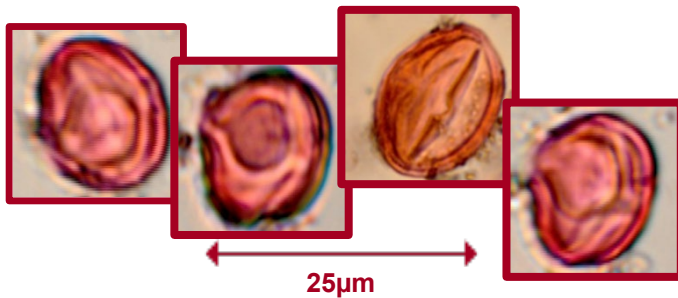
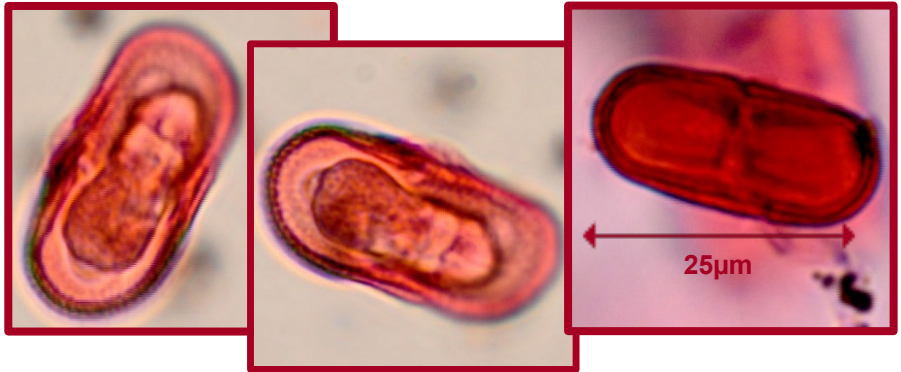
**Structure:** scabrate, appears psilate, often columelle visible, tectate

**Shape:** prolate, long shape

**Dispersal unit:** monad

**Openings:** tricolporate

**Other notes:** large family, see Beug (2004) to further differentiate Apiaceae types



## Castanea

**Size:** 10-20  $\mu\text{m}$

**Structure:** psilate

**Shape:** prolate

**Dispersal unit:** monad

**Openings:** tricolporate

## Fabaceae

**Size:** 15-60  $\mu\text{m}$

**Structure:** psilate-reticulate

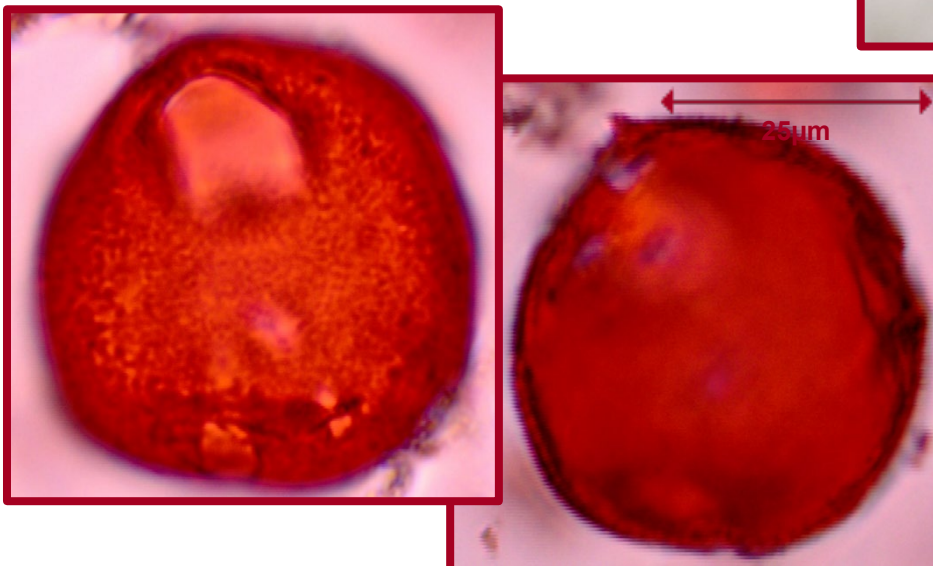
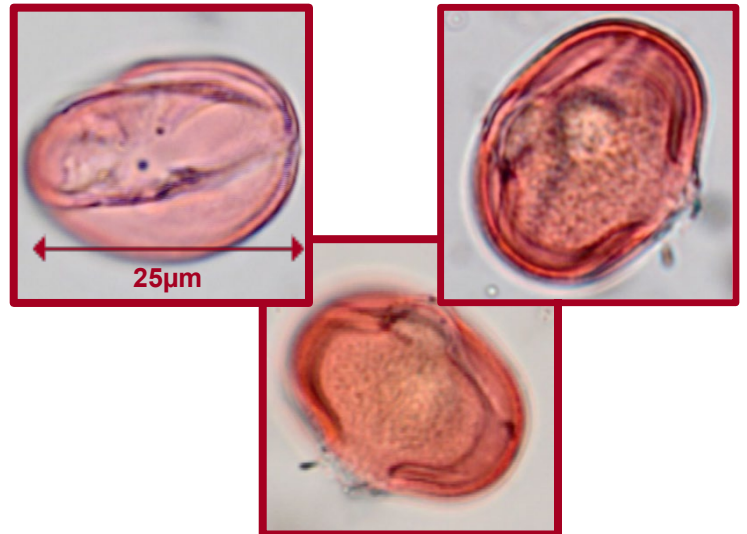
**Shape:** prolate, often barrel-like shape

**Dispersal unit:** monad

**Openings:** tricolporate, often large round to oval shaped pores

**Other notes:** large family with variable pollen types

→**Differentiate Fabaceae:** Fabaceae can be further separated with Beug (2004). Moor et al. (1991) or similar literature



## Fagus

**Size:** 40-50  $\mu\text{m}$

**Structure:** scabrate

**Shape:** spheroidal

**Dispersal unit:** monad

**Openings:** tricolporate, large round pores and relatively short colpi

## Helianthemum

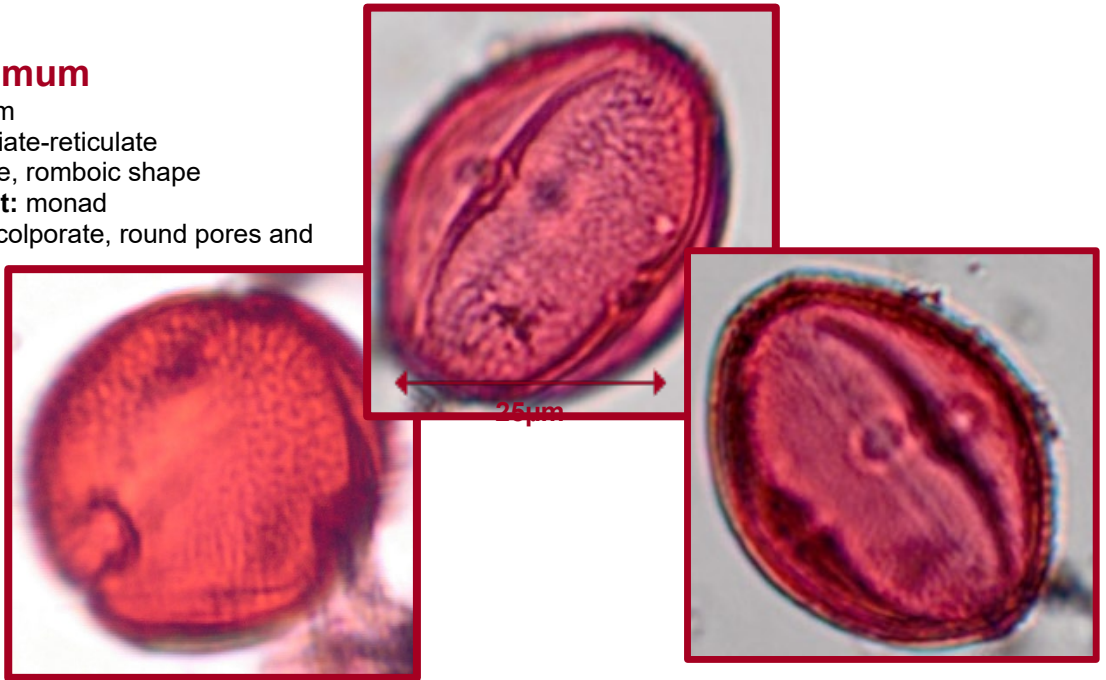
**Size:** 30-60  $\mu\text{m}$

**Structure:** striate-reticulate

**Shape:** prolate, romboic shape

**Dispersal unit:** monad

**Openings:** tricolporate, round pores and long colpi



## Rosaceae

**Size:** 15-40  $\mu\text{m}$

**Structure:** psilate-striate

**Shape:** spheroidal to prolate

**Dispersal unit:** monad

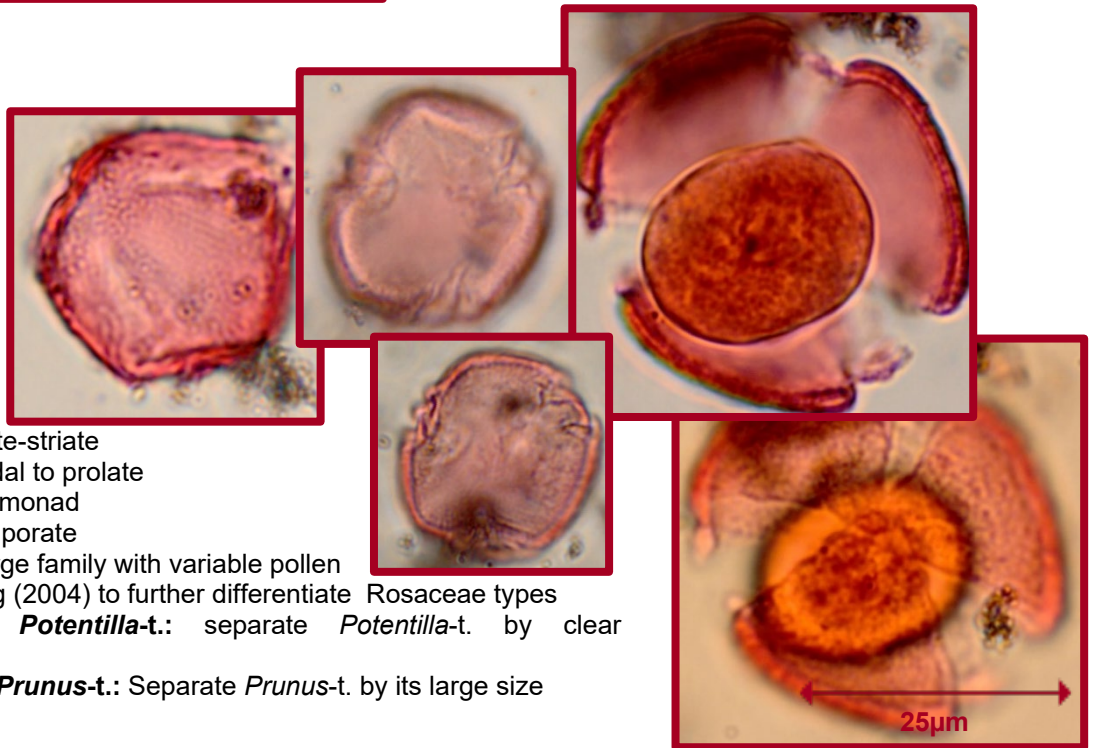
**Openings:** tricolporate

**Other notes:** large family with variable pollen

Types, see Beug (2004) to further differentiate Rosaceae types

→Differentiate *Potentilla-t.*: separate *Potentilla-t.* by clear operculum

→Differentiate *Prunus-t.*: Separate *Prunus-t.* by its large size



## Rumex

**Size:** 18-35 $\mu\text{m}$

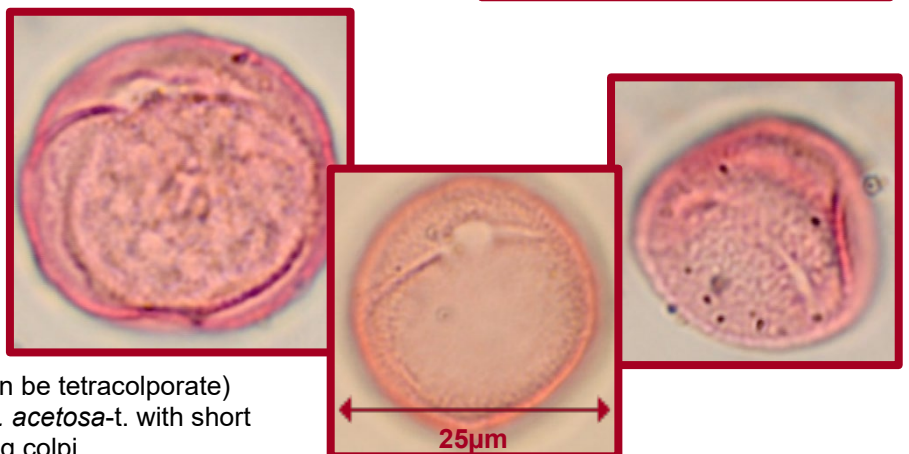
**Structure:** microreticulate

**Shape:** spheroidal

**Dispersal unit:** monad

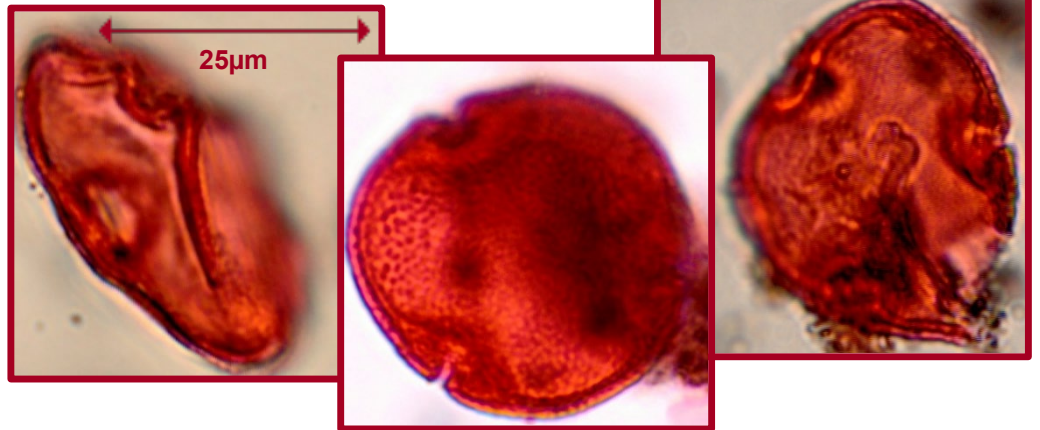
**Openings:** tricolporate (can be tetracolporate)

→Differentiate *Rumex*: *R. acetosa-t.* with short vs. *R. acetosella-t.* with long colpi



## Tilia

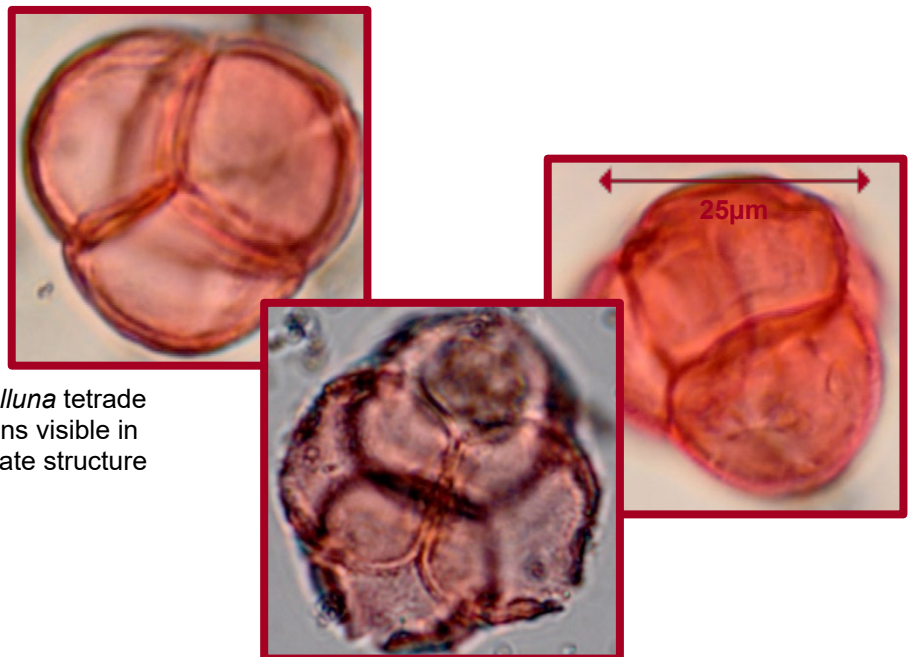
**Size:** 30-50  $\mu\text{m}$   
**Structure:** faveolate-reticulate, very thick endexine around apertures  
**Shape:** oblate  
**Dispersal unit:** monad  
**Openings:** tricolporate, very short colpi, can appear porate only



## Tetrad pollen

### Ericaceae

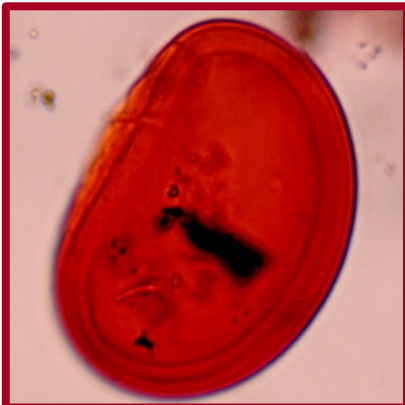
**Size:** 30-70  $\mu\text{m}$   
**Structure:** psilate-scabrate  
**Shape:** spheroidal  
**Dispersal unit:** tetrad  
**Openings:** colpate  
→Differentiate *Calluna*: *Calluna* tetrad often planar with all four grains visible in one view, scabrate to verrucate structure



## Fern spores

### Monolete fern spore

**Size:** 30-50  $\mu\text{m}$   
**Shape:** bean-like shape  
**Dispersal unit:** tetrad  
**Other notes:** monolete tetrad mark



### Trilete fern spore

**Size:** 30-50  $\mu\text{m}$   
**Shape:** round or triangular shape  
**Dispersal unit:** tetrad  
**Other notes:** trilete tetrad mark



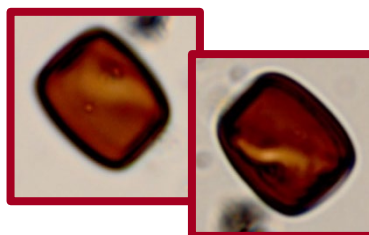
## Fungal spores

### *Sporormiella*

Size: 10  $\mu\text{m}$

Shape: square shape

Openings: one wave-shaped opening



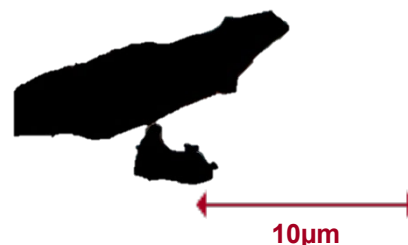
## Microscopic charcoal

Microscopic and macroscopic charcoal are an unambiguous tracer for biomass burning activity in the past (Tinner & Hu 2003). While macroscopic charcoal (>250 $\mu\text{m}$ ) reflects fires of max. a few km distance (local signal, Adolf et al. 2018), microscopic charcoal can reach even remote regions and be deposited in polar ice archives. Microscopic charcoal can be counted alongside pollen and spores in microscopic slides.

Microscopic charcoal criteria for determination following Tinner & Hu (2003):

- Completely black and opaque,
- No metal shine even under polarized light,
- >10 $\mu\text{m}$  long, often elongated shape,
- Angular shape,
- Clear and straight edges.

→ Likewise, an item is **not to be counted** as microscopic charcoal if it is shiny, not completely black, if edges are rounded or if it is so small that criteria are not clearly visible!



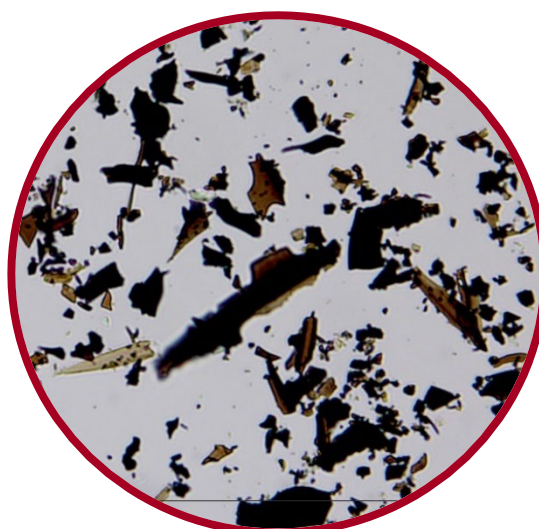
**Figure 4** Microscopic charcoal fragment under a light microscope.

Counting sums for microscopic charcoal following Finsinger & Tinner (2005):

- Minimum counting sums consist traditionally of 200 items (sum of charcoal fragments + Lycopodium spores)
- Charcoal concentrations in ice are very low, so often only a few charcoal fragments are reached at a sum of 200. It is a good rule of thumb to continue until each group consists of minimum 20 items (i.e., 20 charcoal fragments + 180 *Lycopodium* spores).

### Exercise to learn microscopic charcoal determination with light microscope in a few steps:

1. Burn a match in a petri dish
2. Lightly crush the generated charcoal fragments to small particles
3. Mix with a drop of glycerol
4. Mount on microscopic slide
5. Study the characteristics of microscopic charcoal particles under a light microscope



**Figure 5** Microscopic charcoal particles from a burned match under a light microscope.

## Acknowledgement

**This manual is based on the workshop “Microfossils in Polar Ice - IPA Workshop Ice Palynology”, 4.-5. April 2022 held at Desert Research Institute, Reno, Nevada.** We are grateful to the University of Copenhagen for providing RECAP ice for the microfossil analyses of this project. We thank Aneeta Regi for her help with the microfossil pictures. We acknowledge funding from IPA (Internal Institute Project Assignments of Desert research Institute) grant awarded to Sandra O. Brugger.

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