

## Immunomodulatory and anti-vibrio properties of plant extract to manage the health of the shrimp *Penaeus vannamei*

### Propiedades inmunomoduladoras y antivibrio de extractos de plantas para manejar la salud del camarón *Penaeus vannamei*

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**ABSTRACT** | Vibriosis is a multifactorial disease that causes economic losses in the shrimp farming industry. As part of an ecological approach for its control, aqueous extracts from plants generally recognized as safe (GRAS): *Allium sativum* (290000  $\mu\text{g mL}^{-1}$ ), *Camellia sinensis* (40000  $\mu\text{g mL}^{-1}$ ), *Morinda citrifolia* (250000  $\mu\text{g mL}^{-1}$ ) and *Origanum vulgare* (50000  $\mu\text{g mL}^{-1}$ ) were evaluated for their antibacterial, antioxidant and immunostimulant properties. The study began by evaluating the microbicidal properties of the extracts against shrimp pathogenic *Vibrio* spp. as well as their antioxidant characteristics. Subsequently, the minimum inhibitory concentration and the minimum bactericidal concentration (MBC) were determined in order to find sublethal working concentrations for a comprehensive anti-virulence strategy. The extracts had the ability to disrupt bioluminescence and/or biofilm formation over a wide range of dilutions below the MBC (about 10 to 50 times); 1450 to 145  $\mu\text{g mL}^{-1}$  for *A. sativum*, 2000 to 200  $\mu\text{g mL}^{-1}$  for *C. sinensis*, 12500 to 1250  $\mu\text{g mL}^{-1}$  for *M. citrifolia*, and 2500 to 250  $\mu\text{g mL}^{-1}$  for *O. vulgare*. All plant extracts exhibited antioxidant characteristics, differentially modulating superoxide generation depending on the plant extract, without significantly affecting superoxide generation rates; in this case, at the lowest concentrations tested. The most consistent results were obtained with *A. sativum* extract, which exhibited powerful properties to remove superoxide from unstimulated hemocytes at concentrations ranging from 14500 to 1.45  $\mu\text{g mL}^{-1}$ . In experimental earthen ponds (400 m<sup>2</sup>, four replicates per treatment), shrimp treated with plant extracts added to food at immunomodulatory concentrations (*A. sativum*: 36  $\mu\text{g per g}$ , *M. citrifolia*: 31  $\mu\text{g per g}$ ) exhibited reduced melanosis, moreover shrimp treated with *A. sativum* had the highest harvest weight. These results indicate that aqueous extracts of *A. sativum*, *C. sinensis*, *O. vulgare*, and *M. citrifolia* can improve shrimp health due to their antioxidant, immunomodulatory, and antimicrobial properties.

#### Palabras clave

Plantas GRAS  
Sistema Inmune de camarón  
Detección de *quorum*  
Acuicultura de camarón  
Vibriosis

**RESUMEN** | Las vibriosis son enfermedades multifactoriales que causan pérdidas económicas en la industria camaronera. Como parte de un enfoque ecológico para su control, extractos acuosos de plantas generalmente reconocidas como seguras (GRAS): *Allium sativum* (290000  $\mu\text{g mL}^{-1}$ ), *Camellia sinensis* (40000  $\mu\text{g mL}^{-1}$ ), *Morinda citrifolia* (250000  $\mu\text{g mL}^{-1}$ ) y *Origanum vulgare* (50 000  $\mu\text{g mL}^{-1}$ ), fueron evaluados por sus propiedades antibacterianas, antioxidantes e inmuoestimulantes. Se inició el estudio evaluando las propiedades microbicidas de los extractos contra *Vibrio* spp. patógenos del camarón, así como sus características antioxidantes. Posteriormente, se encontró la concentración inhibitoria mínima y la concentración bactericida mínima (MBC) para determinar concentraciones subletales como parte de una estrategia antivirulencia. Los extractos mantuvieron la capacidad de interrumpir la bioluminiscencia y/o la formación de biopelículas en un amplio rango de dilución por debajo del MBC (alrededor de 10 a 50 veces el MBC); 1450 a 145  $\mu\text{g mL}^{-1}$  para *A. sativum*, 2000 a 200  $\mu\text{g mL}^{-1}$  para *C. sinensis*, 12500 a 1250  $\mu\text{g mL}^{-1}$  para *M. citrifolia* y 2500 a 250  $\mu\text{g mL}^{-1}$  para *O. vulgare*. Todos los extractos de plantas exhibieron características antioxidantes, modulando de manera diferencial la generación de superóxido según el extracto de la planta, sin afectar significativamente las tasas de generación de superóxido, a las concentraciones más bajas ensayadas. Los resultados más consistentes se obtuvieron del ensayo realizado con extracto de *A. sativum*, el cual exhibió poderosas propiedades para eliminar el superóxido de los hemocitos no estimulados en concentraciones que oscilaron entre 14500 y 1,45  $\mu\text{g mL}^{-1}$ . En estanques de tierra experimentales (400 m<sup>2</sup>, cuatro repeticiones por tratamiento), los camarones tratados con extractos de plantas añadidos

al alimento en concentraciones inmunomoduladoras (*A. sativum*: 36 µg por g, *M. citrifolia*: 36 µg por g) exhibieron una melanosis reducida. Además, los camarones tratados con *A. sativum* tuvieron el mayor tamaño a la cosecha. Estos resultados indican que los extractos acuosos de *A. sativum*, *C. sinensis*, *O. vulgare* y *M. citrifolia* pueden promover la salud de los camarones debido a sus propiedades antioxidantes, inmunomoduladoras y antimicrobianas.

## INTRODUCTION

The sustainability of the shrimp industry depends on disease control. Vibriosis is one of the diseases with a major impact on the shrimp industry. *Vibrio* spp. are common in *Penaeus vannamei* shrimp culture systems and species belonging to the Harveyi clade are among the most abundant. Luminescent and non-luminescent *Vibrio* strains belonging to this clade have caused severe losses in penaeid larviculture and grow-out ponds (Vandenberghé *et al.*, 1999). *Vibrio parahaemolyticus*, producing PirA/B toxins, is the cause of acute hepatopancreatic necrosis disease (AHPND) and affects shrimp farming, causing huge losses (Han *et al.*, 2015). Besides the tissue destruction by bacterial toxins, it has also been reported that vibriosis leads to oxidative stress in shrimp (Castex *et al.*, 2010; Duan *et al.*, 2015; Velázquez-Lizárraga *et al.*, 2019), provoking additional tissue damage (Castex *et al.*, 2010), and deleterious effects on shrimp immune system (Zhao *et al.*, 2017). Moreover, the capacity of vibrios to persist in biofilms is considered a serious threat in shrimp culture systems (Beshiru & Igbiosa, 2018). Biofilm production is regulated by Quorum sensing (QS) (Parsek & Greenberg, 2005; Passos da Silva *et al.*, 2017) Biofilms constitute reservoirs of *Vibrio* from which dispersal is possible, facilitating outbreaks, and easing horizontal gene transfer between vibrios (Kiran *et al.*, 2014). To deal with vibriosis, shrimp farmers use antibiotics to mitigate the losses (Done & Halden, 2015; Loo *et al.*, 2020), but their continuous and indiscriminate use could lead to the development of virulent strains (Akinbowale *et al.*, 2007; Meek *et al.*, 2015). Also, the presence of antibiotic residues in seafood augments the risk of bacterial resistance to antibiotics in humans (Done & Halden, 2015). Consequently, antibiotic traces are targeted in the quality analysis performed by shrimp importing countries (Productor, s. f.). To mitigate vibriosis and associated health disorders in shrimp culture, the use of alternative substances to antibiotics is being explored. Alternatives include immunostimulants (Mohan *et al.*, 2019a; Mohan *et al.*, 2019b; Wan *et al.*, 2019), probiotics (Gullian & Rodríguez, 2001), and antimicrobial natural products (Asimi & Sahu, 2013; Stefanakis *et al.*, 2014; Srinivasan *et al.*, 2017; Elumalai *et al.*, 2021). Natural products from plants have several compounds, such as flavonoids, terpenes, and phenols known for their many bioactivity properties (antimicrobial, antioxidant and/or immunostimulant); (Mendonça-Filho, 2006; Ravipati *et al.*, 2012).

Several plants, known as "Generally Recognized as Safe" (GRAS) for human food, are rich in bioactive molecules. Among these plants, *Allium sativum*, *Origanum vulgare*, *Camellia sinensis*, and *Morinda citrifolia* have documented activity against vibrios that cause diseases in aquaculture (Yano *et al.*, 2006; Talpur & Ikhwanuddin, 2012; Morales-Covarrubias *et al.*, 2016; Singh *et al.*, 2016; Jahanjoo *et al.*, 2018; Mukherjee & Bassler, 2019; Mohammadi *et al.*, 2020). Additionally, these plants have antioxidant and immunostimulant properties (Ngo *et al.*, 2007; de Queiroz *et al.*, 2014; Hasanpour *et al.*, 2017; Halim *et al.*, 2017; Adineh *et al.*, 2020; García Beltrán *et al.*, 2020).

Aquaculture research on the use of bioactive extracts of plants has focused on specific characteristics or benefits of GRAS plants or their compounds, mostly in their microbicidal characteristics at lethal doses (Kakoolaki *et al.*, 2016; Aftabuddin *et al.*, 2017; Marisa Halim *et al.*, 2017; Palanikumar *et al.*, 2020; Reverter *et al.*, 2021). These plants can be used as part of a holistic approach to treat vibriosis and the imbalances it causes on shrimp health (oxidative stress and immune suppression). In this study, we have determined that sublethal doses for pathogenic *Vibrio* spp. of shrimp (for a comprehensive anti-virulence strategy) of *A. sativum*, *O. vulgare*, *C. sinensis* and *M. citrifolia*, allow taking advantage of their anti-QS, antioxidant, and immunomodulatory characteristics, as part of a holistic approach for shrimp health management

## MATERIALS AND METHODS

To assess the effectiveness of plant extracts, we started by evaluating their anti-vibrio properties (see below). Once confirmed that the aqueous extracts of plants had this bioactivity, we determined the Minimal Inhibitory Concentration (MIC), and Minimal Bactericidal Concentration (MBC) to find sublethal concentrations. Sublethal concentrations of plant extracts capable of inhibiting biofilm formation and bioluminescence of *Vibrio* spp. were taken as the basis for evaluating their immunomodulatory effect.

### Preparation of plant extracts

Ten grams of *A. sativum* cloves were triturated with a mortar and macerated in 20 mL of distilled water and kept in constant motion in a shaker at 110 rpm (New Brunswick Scientific–Classic series, USA) for 12 h at room temperature (25 °C). The extracts were then filtered with Whatman filter paper (0.7 µm, Whatman International Ltd., England). One gram of dry leaves of *C. sinensis* and *O. vulgare* were macerated in 10 mL of distilled water. The aqueous preparations were incubated with a lid (to minimize the evaporation) in a digital water bath (VWR Digital Dual Water Bath, Hampton) at 60 °C for 1h under shaking to 300 rpm. The plant extracts were filtered with Whatman filter paper. The juice from *M. citrifolia* was extracted by freezing and thawing the mature fruits before filtering with Whatman filter paper. The extracts were stored at 8 °C. To determine the concentrations of aqueous extracts, aliquots were lyophilized (Eyela, Japan), and the resulting dry powder was weighed. The concentrations of the aqueous extracts were 290000 µg mL<sup>-1</sup> for *A. sativum*, 40000 µg mL<sup>-1</sup> for *C. sinensis*, 250000 µg mL<sup>-1</sup> for *M. citrifolia* and 50000 µg mL<sup>-1</sup> for *O. vulgare*.

### Estimation of bioactivities of aqueous extracts of plants

#### *Antibiogram against Vibrio spp.*

Three bacterial strains were used: *V. harveyi* Strain E22 isolated from diseased postlarvae with signs of "bolitas" syndrome in Ecuador (Vandenbergh *et al.*, 1999); *V. parahaemolyticus* strain ATCC 27969, isolated from crab hemolymph (<https://www.atcc.org/products/27969>); and *V. vulnificus* strain S2, isolated from local shrimp larvae affected by Zoea Syndrome. Each bacterium strain was plated on Tryptic Soy Agar (TSA) enriched with sodium chloride (NaCl) 2%. Four colonies were inoculated in 9 mL of Trypticase Soy Broth (TSB) containing 2% NaCl and incubated at 28 °C until turbidity was visible (2-5 hours, depending on the type of bacterium). The turbidity was adjusted with a solution of 2% NaCl to reach a value of 0.5 on the McFarland scale (McFarland, 1907), equivalent to 1 x 10<sup>8</sup> Colony Forming Units (CFU) mL<sup>-1</sup>. Before we validated the MacFarland method with the viable bacteria (CFU) count (Sutton, 2011). One milliliter of this bacterial suspension was spread on the whole agar surface, and after a few minutes, the excess liquid was removed, and the agar plates were left to dry for 5 min. In each agar plate containing the pathogenic vibrios, 5 discs of Whatman paper of 6 mm diameter were placed. Each Whatman paper disc before treated with 5, 10, 15, 20, and 25 µL of the plant extracts. The pH of each plant extract was neutralized with Hepes buffer to a final concentration of 10 mM, pH 7.0. Whatman disks were dried at room temperature (25 °C) for 5 min in a safety cabinet (type II) before being placed on the agar. Disks with oxytetracycline (3000 µg) were used as a positive control.

#### Determination of the Minimal Inhibitory Concentration (MIC) and the Minimal Bactericidal Concentration (MBC)

The determination of MIC was performed for the different bacteria, following the protocol described by Soković *et al.* (2010) with slight modifications. The bacterial inoculum at 1 x 10<sup>8</sup> CFU mL<sup>-1</sup> was prepared as described before. A 1/100 dilution of the inoculum was carried out to get a concentration of approximately 1 x 10<sup>6</sup> colony CFU per mL. One hundred µL of this bacterial suspension was distributed into the wells in a 96-well microplate. The mother solutions of plant extracts were prepared by mixing 50 mL of each extract with 50 mL of TSB 2X. The attained concentrations of mother solutions were 1.16 x 10<sup>4</sup> µg mL<sup>-1</sup> for *A. sativum*, 1.6 x 10<sup>4</sup> µg mL<sup>-1</sup> for *C. sinensis*, 1.0 x 10<sup>5</sup> µg mL<sup>-1</sup> for *M. citrifolia*, and 2.0 x 10<sup>4</sup> µg mL<sup>-1</sup> for *O. vulgare*. To avoid the interference of low pH of plant extracts with the bacterial growth, the plant extracts were previously neutralized with Hepes buffer at pH 7 (50 mM final concentration). From these mother solutions,

several dilutions were prepared in TSB (Table 1). One hundred  $\mu\text{L}$  of each dilution was distributed by triplicate into the wells of the 96-well microplate, which was before inoculated with the bacterial suspension, thus obtaining a final volume of 200  $\mu\text{L}$  in each well (Table 1). The microplates were incubated for 15 h at 28°C. The MIC corresponded to the wells with the lowest plant extract concentration where bacterial growth was not detected. One hundred microliter were extracted from the wells that exhibited no bacterial growth, were plated on Agar TSA with 2% NaCl and incubated for 15 h at 28°C. The lowest concentration of plant extract in culture wells, which upon sub-culturing on agar plates produced colonies less than 0.1% of the original inoculum, was considered the MBC.

**Table 1.** Final concentrations of each plant extract tested against bacteria to determine Minimal Inhibitory Concentration and Minimal Bactericidal Concentration.

Nº	Volume per well (extract/bacterium)	<i>Allium</i>	<i>Camellia</i>	<i>Morinda</i>	<i>Origanum</i>
		<i>sativum</i> ( $\mu\text{g mL}^{-1}$ )	<i>sinensis</i> ( $\mu\text{g mL}^{-1}$ )	<i>citrifolia</i> ( $\mu\text{g mL}^{-1}$ )	<i>vulgare</i> ( $\mu\text{g mL}^{-1}$ )
1	160/40	116000	16000	100000	20000
2	120/80	87000	12000	75000	15000
3	110/90	79750	11000	68750	13750
4	100/100	72500	10000	62500	12500
5	85/115	61625	11500	53125	10625
6	65/135	47125	6500	40625	8125
7	60/140	43500	6000	37500	7500
8	35/165	25375	3500	21875	4375
9	17,5/183	13050	1800	11250	2250
10	8,75/191	6525	900	5625	1125
11	1:10	14500	2000	12500	2500
12	1:100	7250	1000	6250	1250

#### Effects of plant extracts on Quorum Sensing indicators (biofilm formation and bioluminescence)

The ability of sublethal concentrations of plant extracts to interfere with two mechanisms, bioluminescence of *V. harveyi* and biofilm formation of all three vibrios, was estimated following the procedure described by Djordjevic *et al.* (2002). Each bacterial strain was plated on TSA with 2% NaCl and incubated for 18 h. After the incubation, the bacterial strains were inoculated in 9 mL of TSB and incubated using a water bath at 30 °C for 3 to 4 h (depending on the bacterium) until they reached turbidity of 0.5 on the McFarland scale ( $1 \times 10^8$  UFC  $\text{mL}^{-1}$ ).

One hundred microliters of neutralized plant extracts at different concentrations in a saline solution (2% NaCl) were distributed per well into a 96-well microplate. One hundred microliters of the bacterial suspension at a concentration of  $1 \times 10^6$  CFU  $\text{mL}^{-1}$  (prepared as described before) were distributed into the wells of the microplate containing the extracts. The concentrations of plant extracts assessed were: 14500, 1450 and 145  $\mu\text{g mL}^{-1}$  for *A. sativum*; 25000, 2500 and 250  $\mu\text{g mL}^{-1}$  for *O. vulgare*; 20000, 2000, 200  $\mu\text{g mL}^{-1}$  for *C. sinensis*; and 125000, 12500, 1 250  $\mu\text{g mL}^{-1}$  for *M. citrifolia*.

Two controls (C) were performed: either 100  $\mu\text{L}$  of 2% NaCl solution were used instead of plant extracts (C1), or the bacterial suspension was replaced by 100  $\mu\text{L}$  of culture medium (C2). After overnight incubation, bacterial growth was estimated by recording the turbidity (after resuspending the cells) at 540 nm with a Synergy HT-BioTek (Winooski, Vermont, USA), and the luminescence registered (in a dark room).

After 20 h, the supernatants were withdrawn from the wells, and 200  $\mu\text{L}$  of TSB (2% NaCl) per well were added. After 48 hours at 30°C, the supernatants were removed, and the wells were washed three times using 2% NaCl. The microplate was left to dry for 1 h at 30 °C. Next, 200  $\mu\text{L}$  of Crystal Violet at 0.1% were added, and after 15 min, the microplate was washed again using tap water. The biofilm solubilization was carried

out using 200  $\mu\text{L}$  of Tween 80 at 10%, and the reading was performed in the microplate reader Thermo Scientific Multiskan EX (Shangay, China) at 541 nm.

### Antioxidant assay

The antioxidant capacity of each extract was determined using a colorimetric assay based on the method of total phenols (Walker & Everette, 2009). This method gauges the ability of the antioxidant to decolorize the 2,2'-azinobis-3-ethylbenzothiazoline-6-sulfonic acid (ABTS) radical cation (ABTS $\cdot^+$ ), which is blue in solution (Walker & Everette, 2009). The stock solutions of plant extracts were tested, and ascorbic acid (10 mg mL $^{-1}$ ) was used as a positive control. The assay was performed in a 96-well microplate, and the optical density was read at 620 nm using the microplate reader Thermo Scientific Multiskan EX (Shanghai, China). A control treatment was performed using wells containing only plant extract without ABTS. No interference of the color of the extracts with the discoloration of ABTS was observed.

### Anion ( $\text{O}_2^-$ ) measurement

To analyze the effects of the sublethal concentrations of plant extracts on the shrimp immune system, the generation of superoxide anion ( $\text{O}_2^-$ ) produced by shrimp hemocytes was assessed. Shrimp hemolymph was withdrawn from the ventral sinus located at the base of the first abdominal segment using 1 mL syringe containing 100  $\mu\text{L}$  of sodium citrate solution (10%) as described by Muñoz *et al.* (2000). The  $\text{O}_2^-$  was measured by the reduction of Nitro blue tetrazolium (NBT), following the procedure optimized by Muñoz *et al.* (2000). The assay was performed in a 96-well microplate. Phorbol myristate acetate (PMA) (Sigma) prepared in dimethyl sulfoxide at a concentration of 30  $\mu\text{g mL}^{-1}$  was used to elicit the respiratory burst. The plant extracts added to the primary culture of hemocytes were diluted in Hank's salts at different concentrations (starting from the concentrations inhibiting the formation of biofilms and bioluminescence). The  $\text{O}_2^-$  was quantified as both basal activity (unstimulated) and stimulated activity with PMA. The results are expressed as a rate, dividing the optical density (620 nm) value of the sample stimulated with PMA against the value of the same sample without stimulation.

### *In vivo* tests

#### Pond trials

The experiment was carried out in 400 m $^2$  earthen ponds at the CENAIM experimental station, located 150 km from Guayaquil, for 117 days. Two plant extracts were chosen based on the results *in vitro*. Four replicates per treatment were employed, including the control. Each extract was applied to the commercial feed (28% of protein) in a single daily dose by soaking 110 mL $^{-1}$  of seawater, containing plant extract (36 mg Kg $^{-1}$  for *A. sativum* and 31 mg Kg $^{-1}$  for *M. citrifolia*). Afterward, the feed was soaked with fish oil in order to avoid plant extracts lixiviation. In both cases, these concentrations were sublethal to vibrios but sufficient to create a protective layer on the feed, limiting bacterial adhesion. Probiotics P62-P64 (Gullian *et al.*, 2004) were used in all ponds, including the controls. To limit the interference of plant extracts with the establishment of beneficial microflora, plant extracts were applied alternately with probiotics at weekly intervals starting the first day of culture and throughout the whole production cycle. Metabisulfite was not applied during the harvest, and the cephalothorax of the harvested animals was removed to reduce blackening. The following parameters were recorded: weight, survival rate, and yield. Finally, in order to evaluate the effect of plant extracts on the quality of the harvested shrimp, 30 animals were chosen randomly in order to perform a double-blind analysis of appearance (percentages of animals with telson dark pigment and body color) and palatability

### Statistical analysis

A variance analysis (One-way ANOVA) was performed with the obtained data (Superoxide assays and pond trials). When significant differences were observed, Tukey's Honest Significant Difference (HSD) post hoc test was applied ( $\alpha = 0.05$  significance level).

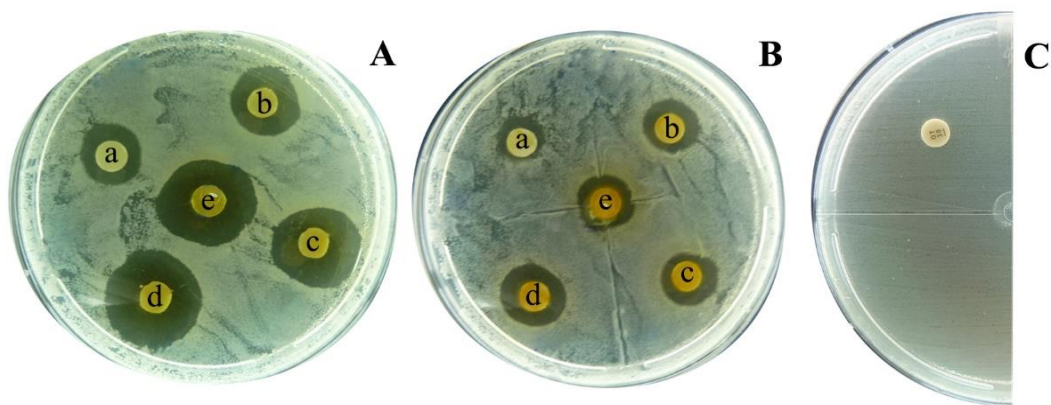
## RESULTS

### Antibiogram results

The four plant extracts produced a clearing zone by inhibiting bacterial growth in the agar plates for all three bacteria tested. Figure 1 and Table 2 show the results of the extracts of *Camellia sinensis* and *Origanum vulgare* against *Vibrio harveyi*.

**Table 2.** Inhibition zones produced by plant extracts against *Vibrio harveyi* using concentrations of 50000  $\mu\text{g mL}^{-1}$  for *Origanum vulgare* and 40000  $\mu\text{g mL}^{-1}$  for *Camellia sinensis*. Antibiograms are expressed as diameters (mm).

Aqueous Extracts	Volume ( $\mu\text{g}$ ) by antibiogram				
	5 $\mu\text{L}$	10 $\mu\text{L}$	15 $\mu\text{L}$	20 $\mu\text{L}$	25 $\mu\text{L}$
<i>Camellia sinensis</i>	10 mm	13 mm	12 mm	15 mm	12 mm
<i>Origanum vulgare</i>	13 mm	15 mm	18 mm	20 mm	21 mm



**Figure 1.** Antibacterial activity of aqueous extracts of *Origanum vulgare* and *Camellia sinensis* against *Vibrio harveyi*. **A.** *Origanum vulgare*, **B.** *Camellia sinensis*, and **C.** Positive control: Antibiotic oxytetracycline. Volume for disc: a) 5  $\mu\text{L}$ ; b) 10  $\mu\text{L}$ ; c) 15  $\mu\text{L}$ ; d) 20  $\mu\text{L}$  and e) 25  $\mu\text{L}$ . Concentration 50000  $\mu\text{g mL}^{-1}$  of *Origanum vulgare*, 40000  $\mu\text{g mL}^{-1}$  of *Camellia sinensis* and 30000  $\mu\text{g}$  of Oxytetracycline.

### Minimal Inhibitory Concentration and Minimal bactericidal concentration against *V. vulnificus*, *V. parahaemolyticus* and *V. harveyi*

The MIC and the MBC of *A. sativum* were the same against the three *Vibrio* spp. tested (13050  $\mu\text{g mL}^{-1}$ ). For *O. vulgare*, no differences were observed between the MIC and MBC for *V. vulnificus* (7500  $\mu\text{g mL}^{-1}$ ) and *V. harveyi* (4375  $\mu\text{g mL}^{-1}$ ); but, against *V. parahaemolyticus*, the MIC was 10625  $\mu\text{g mL}^{-1}$  and the MBC was 15000  $\mu\text{g mL}^{-1}$ . For *C. sinensis*, the MIC and the MBC were the same against *V. vulnificus* (3500  $\mu\text{g mL}^{-1}$ ), *V. parahaemolyticus* (11500  $\mu\text{g mL}^{-1}$ ), and *V. harveyi* (6000  $\mu\text{g mL}^{-1}$ ). For *M. citrifolia*, the MIC and MBC were different for the three *Vibrio* spp. For *V. vulnificus*, the MIC and MBC were 62500  $\mu\text{g mL}^{-1}$  and 100000  $\mu\text{g mL}^{-1}$ , and for *V. harveyi*, the MIC was 53125  $\mu\text{g mL}^{-1}$  and the MBC was 100000  $\mu\text{g mL}^{-1}$ . An MBC was not found against *V. parahaemolyticus*, while the MIC was 62500  $\mu\text{g mL}^{-1}$  (Table 3).

### Effects of plant extracts on biofilm formation and bioluminescence at sublethal concentrations

The four plant extracts showed the ability to inhibit biofilm formation of *V. vulnificus*, *V. parahaemolyticus*, and *V. harveyi* at sublethal concentrations. The extracts' dilutions that disrupted biofilm formation without affecting bacterial growth (MIC and MBC) ranged between 9 and 90 times the MBC for *A. sativum*, 6 and 60 times for *O. vulgare*, 6 and 58 times for *C. sinensis*, and 8 and 80 times for *M. citrifolia*.

(Table 3). Bioluminescence of *V. harveyi* was inhibited by *A. sativum* (at *O. vulgare* and *C. sinensis*) to the same effective concentrations against biofilms (Table 3).

**Table 3.** Comparison of MIC and MBC of plant extracts and concentrations that inhibit biofilm formation in *Vibrio vulnificus*, *Vibrio parahaemolyticus*, and *Vibrio harveyi*, and luminescence in *Vibrio harveyi*.

BF: biofilm. LM: luminescence

BG: Bacterial growth.

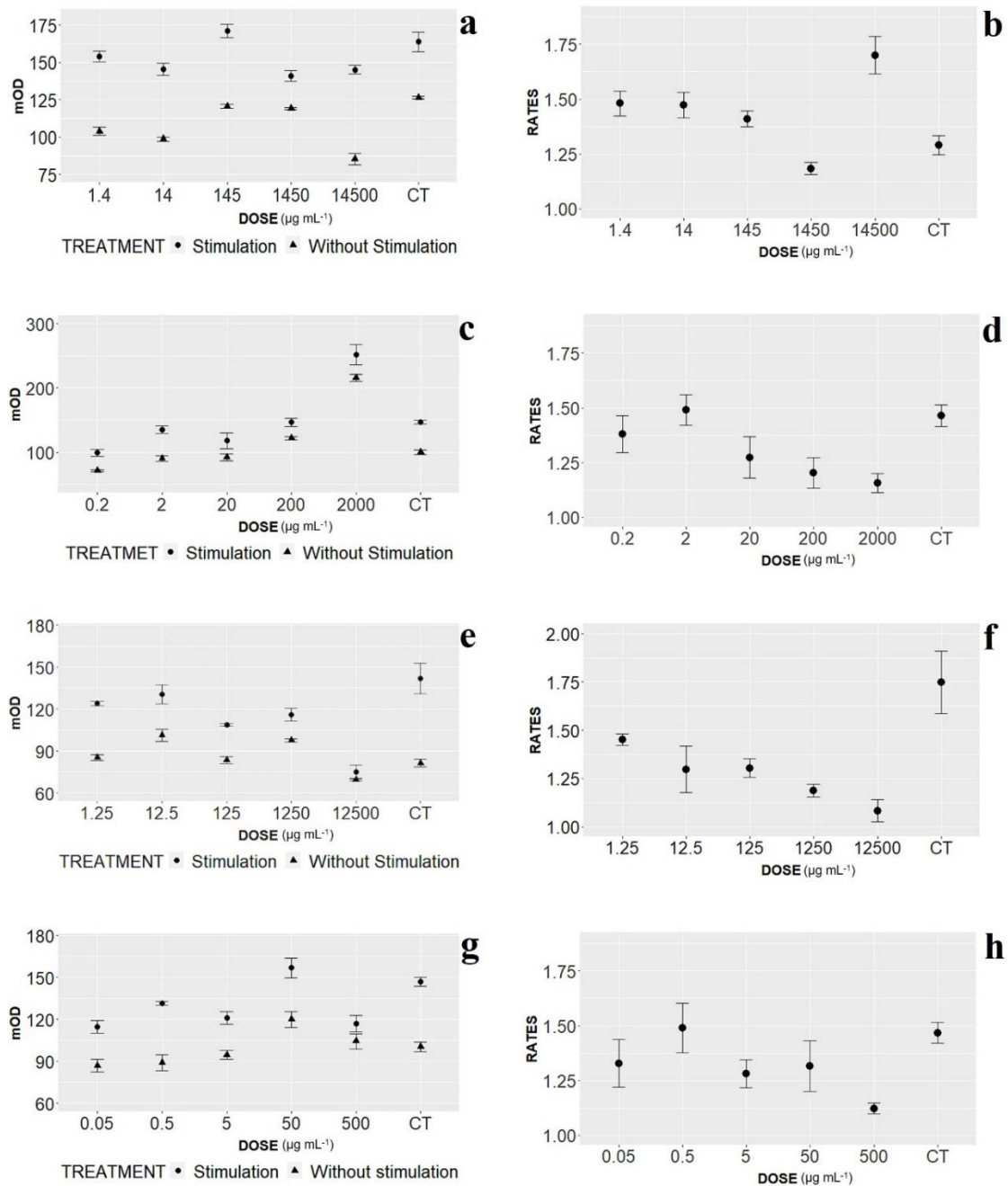
Extract	<i>Vibrio vulnificus</i>				<i>Vibrio parahaemolyticus</i>				<i>Vibrio harveyi</i>				
	BF		MIC	MBC	BF		MIC	MBC	BF		LM	MIC	MBC
	Concentration ( $\mu\text{g mL}^{-1}$ )	Inhibition %	( $\mu\text{g mL}^{-1}$ )	( $\mu\text{g mL}^{-1}$ )	Concentration ( $\mu\text{g mL}^{-1}$ )	Inhibition %	( $\mu\text{g mL}^{-1}$ )	( $\mu\text{g mL}^{-1}$ )	Concentration ( $\mu\text{g mL}^{-1}$ )	Inhibition %		( $\mu\text{g mL}^{-1}$ )	( $\mu\text{g mL}^{-1}$ )
<i>Allium sativum</i>	1450	57.2±17.24	13050	13050	1450	73.9±40.88	13050	13050	1450	50.7±14.13	Yes	13050	13050
	145	87.1±32.27			145	116±80.75			145	48.4±7.73			
<i>Camellia sinensis</i>	2000	100±6.00	3500	3500	2000	28±23.97	11500	11500	2000	36±6.51	No	6000	
	200	100±4.3			200	86.4±13.03			200	29.7±6.28			
<i>Morinda citrifolia</i>	12500	60±4.17	62500	100000	12500	75.8±3.46	62500	BG	12500	63.2±26.22	No	53125	
	1250	44.4±1.41			1250	92.7±13.82			1250	84.8±34.95			
<i>Origanum vulgare</i>	2500	22.5±2.62	7500	7500	2500	15.8±35.36	10625	10625	2500	27.8±6.17	No	4375	4375
	250	36.7±8.56			250	26.9±27.21			250	19.9±10.85			

### Antioxidant activity

The antioxidant capacity, measured using the ABTS technique, indicated that all the tested aqueous solutions demonstrated significant antioxidant capacity ( $p < 0.05$ ). The optical density values recorded were  $1204 \pm 26$  mOD for *A. sativum*,  $89 \pm 2$  mOD for *O. vulgare*,  $57 \pm 10$  mOD for *M. citrifolia*,  $140 \pm 14$  mOD for *C. sinensis*,  $105 \pm 13$  mOD for ascorbic acid (positive control), and  $1915 \pm 67$  mOD for the negative control (distilled water replacing plant extract).

### Superoxide detection

Antioxidant properties of plant extracts affected the superoxide generation differently. The lowest concentrations of *A. sativum*, *C. sinensis*, and *O. vulgare* extracts reduce superoxide generation in unstimulated hemocytes without affecting their rates. *Camellia sinensis* and *O. vulgare* extracts also decreased superoxide generation in stimulated hemocytes (respiratory burst elicited by PMA) at the two lowest concentrations tested without affecting rates, while *M. citrifolia* extract significantly reduce superoxide elicited by PMA in hemocytes, negatively affecting superoxide generation rates. (Fig. 2). The highest concentration of *A. sativum* ( $144500 \mu\text{g mL}^{-1}$ ), produced high rates of superoxide generation, while *C. sinensis* produced a strong response in superoxide generation in unstimulated and stimulated hemocytes at the highest concentration tested.



**Figure 2.** Superoxide anion generation by shrimp hemocytes in the presence of aqueous solutions of *Allium sativum*, *Camellia sinensis*, *Morinda citrifolia*, and *Origanum vulgare*, at several concentrations ( $\mu\text{g mL}^{-1}$ ). In a, c, e, and g: Base activity and stimulated activity. In b, d, f, and h superoxide generation is expressed in rates. Rates have been calculated by dividing the optical density (620 nm) value of the sample stimulated with PMA against the value of the same sample without stimulation. Error bars represent the standard error of three replicates

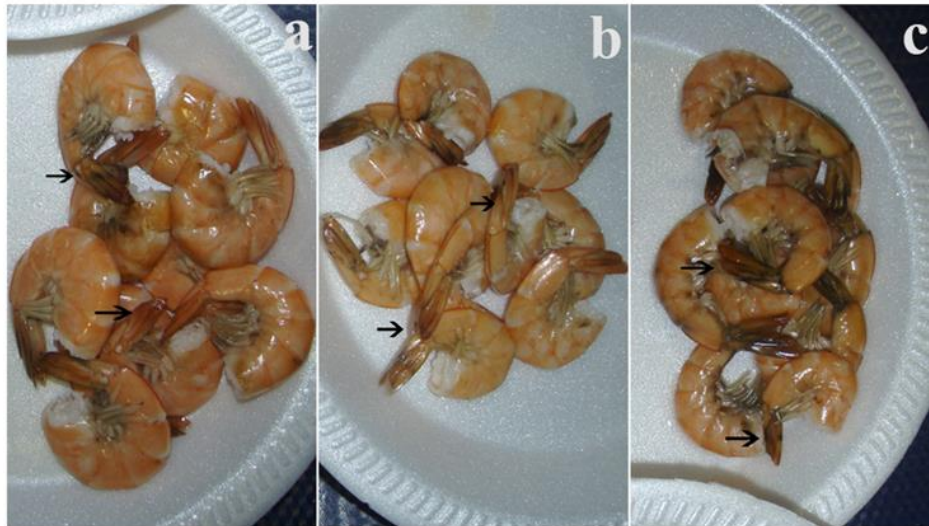
### Pond trial

Survival and yield were high in all ponds (treatments and control), and there were no significant differences among treatments. However, shrimps treated with *A. sativum* were larger than the shrimps from the control ( $P = 0.029$ ) and those treated with *M. citrifolia* ( $P = 0.039$ ). Considering the organoleptic characteristics, lower melanosis was observed in the animals treated with *A. sativum* and *M. citrifolia* (Fig. 3). A difference in taste was not detected among the treatments, and animals treated with *A. sativum* (Table 4), were visually more appealing, as they were more colorful and larger.



**Table 4.** Production variables at harvest of shrimp ponds treated with aqueous extracts of *Allium sativum* and *Morinda citrifolia* applied to commercial feed, plus a control treatment without aqueous extracts.

Characteristics	Treatment		
	Control	<i>Allium sativum</i>	<i>Morinda citrifolia</i>
Initial density (shrimp/m <sup>2</sup> )	6	6	6
Final density (shrimp/m <sup>2</sup> )	5±0.5	4.3±0.3	4.8±0.5
Weight (g)	10.2±0.8	12.7±1.4	10.4±1.0
Survival (%)	82±9	72±6	79±8
Yield (kg/ha)	503±33	548±43	497±87
Feed Conversion Ratio	1.6±0.1	1.5±0.1	1.6±0.3
Melanosis (percentage of telsons dark pigmented)	100%	30%	30%

**Figure 3.** Appearance at the harvest of shrimp treated with plant extracts. a. *Allium sativum*; b. *Morinda citrifolia*; c. Control. Note the body color and level of melanization of the uropods (arrows).

## DISCUSSION

In this study, we evaluated the effects of four GRAS plants *A. sativum*, *O. vulgare*, *C. sinensis*, and *M. citrifolia* aqueous extracts as tools to manage shrimp health. All four extracts exhibited antibacterial activity against pathogenic *Vibrios* of shrimp. At sublethal doses for pathogen *Vibrio* spp., the plant extracts exhibited the ability to disrupt the biofilm formation and luminescence, processes regulated by QS. At sublethal concentration, plant extracts also exhibit antioxidant properties, without affecting the ratios of superoxide generation in shrimp hemocytes. All plant extracts showed antibacterial activity against the three *Vibrios*. Curiously the inhibiting zone persisted, for several days, contrary to what is observed in the antibiograms performed with antibiotics, where the bacteria begin to invade the inhibition halos from 24 hours of exposure. The aquaculture literature has reported the bactericidal features of *A. sativum*, *O. vulgare*, *C. sinensis*, and *M. citrifolia* ( Wei *et al.*, 2008; Stefanakis *et al.*, 2014; Breyer *et al.*, 2015; Kongchum *et al.*, 2016; Chirawithayaboon *et al.*, 2020; Fakharzadeh *et al.*, 2020). In our study, we confirmed the anti-vibrio activity of aqueous extracts prepared with these plants. This was the preliminary step to studying its effect on QS indicators, such as bioluminescence, and biofilms, as well as antioxidant and immunomodulatory properties at sublethal concentrations.

Currently, QS disruption by using compounds at sublethal doses represents an alternative in microbiological control (Defoirdt *et al.*, 2010; Lu *et al.*, 2022), to avoid the selection pressure over the bacteria, minimizing the occurrence of bacterial resistance (Defoirdt *et al.*, 2010). The ability of the tested extracts to inhibit the luminescence of *V. harveyi* and the biofilm formation of the three *Vibrios*. indicates that the four plant extracts can be applied in culture systems as bioproducts to manage bacterial diseases by limiting the risk of persistent vibriosis. Since infectious processes can induce oxidative stress, another aspect

addressed in this study was the antioxidant capacity of the plant extracts. (Duan *et al.*, 2015; Arvaniti *et al.*, 2019;). But oxygen radicals generated during the respiratory burst are potent antibacterial oxidizing agents, essential in host defense (Knight, 2000; Obeagu, 2018). Poor control of antioxidant mechanisms can increase the cost of the immune system, impair respiratory burst, and lead to tissue damage. Thus, in this study, to improve shrimp immune reactions, we tested concentrations of plant extracts that allow us to take advantage of their antioxidant properties without interfering with the oxidative reactions associated with the respiratory burst.

At sublethal doses, all the tested aqueous solutions exhibited significant antioxidant capacity. *Allium sativum* is a seleniferous plant (Rivlin, 2009), containing phenolic and organosulphur compounds (Phan *et al.*, 2019), including the antioxidant diallyl sulfide (Phan *et al.*, 2019; Herrera-Calderon *et al.*, 2021;). The antioxidant features of *M. citrifolia* (Ly *et al.*, 2020; Pandey *et al.*, 2020) are caused by the presence of lignans /neolignans (americanin, morindolin and others) (Nelson & Elevitch, 2006), whereas the antioxidant properties of *O. vulgare* and *C. sinensis* are explained by the presence of thymol, carvacrol and polyphenolic compounds (Ozdemir *et al.*, 2018; Rani *et al.*, 2018). In addition, antioxidant compounds of crude plant extracts contain polysaccharides. These complex combinations of compounds have a deep immunomodulatory effect. Therefore, the effect of plant extracts on an effector of the immune response and the superoxide generation associated with respiratory burst were evaluated.

The generation of superoxide as basal activity decreased at low concentrations of *A. sativum*, *O. vulgare*, and *C. sinensis* extracts; however, this generation increased at higher concentrations of these extracts. The most consistent results were obtained from *A. sativum*, which showed powerful properties to scavenge superoxide from unstimulated hemocytes, while an increase in PMA-induced superoxide generation was observed at all concentrations tested (including the concentration inhibiting *Vibrio* spp. biofilm formation). Low basal superoxide generation in unstimulated hemocytes, accompanied by high responses under eliciting with PMA, results in enhanced rates of superoxide generation. These results could be explained by the antioxidant properties and immunostimulant polysaccharides present in *A. sativum* (Jiang *et al.*, 2022). Nya & Austin (2009) reported the stimulating effect of garlic on phagocytosis and the respiratory burst of trout. *Origanum vulgare* and *C. sinensis* extracts did not affect PMA-evoked superoxide generation rate in hemocytes, but *M. citrifolia* extract reduced rates mainly at high concentrations. These results can be explained by the potent antioxidant activity detected in this extract in the ABTS assay.

Based on anti-vibrio activity, immunomodulatory performances, and antioxidant features at sublethal doses, the extracts of *A. sativum* and *M. citrifolia*, were selected to be applied in a preliminary assay performed in ponds. Both extracts were used at immunomodulating concentration. Considering in the calculation a food rate of 5% of the biomass, and losses by leaching and other causes (e.g., food consumption by fish present in ponds, such as *Poecilia reticulata*). No vibriosis outbreaks were observed in ponds, thus treatments were not challenged, but the antioxidant properties of both extracts had an unexpected positive effect on the quality of the final harvested product, observing a significant decrease in the melanosis in the harvested shrimp, which were not exposed to sodium metabisulfite. Also, shrimp treated with the extract of *A. sativum* were larger than those of the control, resulting in higher yields in the ponds. It cannot be ruled out that this effect on size was caused by enhanced growth from the added probiotics. Indeed, *A. sativum* has fructans, polysaccharides known as prebiotic (Jiang *et al.*, 2022). In the future, tests can be carried out combining probiotics and *A. sativum* extracts at sublethal concentrations, which would not exert a negative effect on probiotics. Despite the strong flavor of *A. sativum* and *M. citrifolia*, during a palatability test performed during the harvest, the volunteers did not find a difference in flavor between the treated and control shrimp; rather, they reported being more attracted by big red shrimp (ie, those treated with *A. sativum*). Color, taste, appearance, and organoleptic characteristics are critical in defining the quality of foodstuffs (Dixon, 1968) , and they significantly impact the marketing of the final product. These preliminary results illustrate the many applications that these natural products can have in shrimp aquaculture.

In conclusion, the extracts of GRAS plants can contribute to the control of vibriosis and other disorders, provoked by vibrio, also protecting shrimps from oxidative stress, and positively influencing their immune

system. Using GRAS plant extracts has the advantage of not presenting any risk to human health. In addition, sublethal doses applied to food do not affect the culture water quality. Another advantage is that they are effective at a wide range of sublethal concentrations, and therefore, their effectiveness can be guaranteed despite the possible variability in the chemical composition of the plants used. Finally, the plants tested are easily accessible at a low cost. As a result, aqueous plant extracts constitute promising tools that can be used to design health management strategies in shrimp cultures and thus avoid the use of antibiotics.

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