

# Optimal time lags for linear cortical auditory attention detection: differences between speech and music listening

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## Abstract

In recent decades, there has been a lot of interest in detecting auditory attention from brain signals. Cortical recordings have been demonstrated to be useful in determining which speaker a person is listening to a mixed variety of sounds (the cocktail party effect). Linear regression, often called the stimulus reconstruction method, shows that the envelope of the sounds heard can be reconstructed from continuous electroencephalogram recordings (EEG). The target sound, to which the listener is paying attention, can be reconstructed to a greater extent compared to other sounds present in the sound scene, which can allow attention decoding. Reconstruction can be obtained with EEG signals that are delayed compared to the audio signal, to consider the time for neural processing. It can be used to identify latencies where the reconstruction is optimal, which reflects a cortical process specific to the type of audio heard. However, most of these studies used only speech signals and did not investigate other types of auditory stimuli, such as music.

In the present study, we applied this stimulus reconstruction method to decode auditory attention in a cocktail party scenario that includes both speech and music. Participants were presented with a target sound (either speech or music) and a distractor sound (either speech or music) while continuously recording their cortical response during the listening with a 64-channels EEG system. From these recordings, we reconstructed the envelope of the stimuli, both target and distractor, by using linear ridge regression decoding models at individual time lags. Results showed different time lags for maximal reconstruction accuracies between music and speech listening, suggesting separate underlying cortical processes. Results also suggest that an attentional aspect can influence the reconstruction accuracy for middle/late time-lags.

## 1 Introduction

The world is composed of complex auditory scenes, where several sources of sounds coexist simultaneously, such as noise, speech, or music, and a listener can actively attend to one of the auditory streams. For instance, when sitting in a cafe, with people talking and background music, one can choose to focus on a conversation or to follow the music (Cherry, 1953). Separating and tracking individual sound streams from a complex sound scene is possible thanks to selective auditory attention.

38 An effect of selective attention is reflected in the cortical signal of the listener. Several studies  
39 recorded continuous neural response of listener presented with two or more sounds, with elec-  
40 troencephalogram or magnetoencephalogram: results showed that the cortical response track  
41 the attended sound stream better than an ignored sound stream (Ding & Simon, 2012a, 2012b;  
42 O’sullivan et al., 2015; Schäfer et al., 2018). Using this effect and an approach called stimulus  
43 reconstruction method, it has been shown that auditory attention can be decoded from con-  
44 tinuous neural recording (O’sullivan et al., 2015). This approach uses linear filters, computed  
45 using least-squares optimization, to reconstruct the sound heard by the listener from the cortical  
46 recording (Alickovic et al., 2019). This stimulus reconstruction method have be shown to be  
47 sensitive to auditory attention for dichotic speech listening (Fuglsang, Dau, & Hjortkjær, 2017;  
48 Mirkovic et al., 2015; O’sullivan et al., 2015), and also during music listening (An et al., 2021;  
49 Cantisani, Essid, & Richard, 2019; Hausfeld et al., 2021).

50 When attempting to decode auditory attention with the stimulus reconstruction approach,  
51 most studies use multi-lag models to take into account cortical processing time (Di Liberto,  
52 O’Sullivan, & Lalor, 2015). In such a multi-lags model, the model is trained and evaluated on a  
53 combination of EEG recording at different time lags (e.g., 0 to 500 ms), relative to the stimulus.  
54 While using the multi-lags model can enhance the model prediction and the performance of an  
55 auditory attention decoder, it does not allow for investigating the reconstruction performance  
56 of individual time lags, which can give information on the temporal neural processing of the  
57 sound signal (Crosse et al., 2021). A single-lags model can be used, to gain insight into the  
58 reconstruction accuracy at each time lag. This can help to compare neural processes for different  
59 types of signals, or conditions (Alickovic et al., 2021; Hausfeld et al., 2018). This method can  
60 also be used to explore the effect of the attentional state of the listener on their cortical response:  
61 training such models to either reconstruct the target stimulus or the reconstructed stimulus can  
62 give information on the effect of attention (O’sullivan et al., 2015). Investigating the individual  
63 time-lags to find an optimal value that enhances stimulus reconstruction can help to gain insight  
64 into the cortical processes involved in speech and music listening. It can also provide useful  
65 information to design an auditory attention decoder, which could be fitted to either music or  
66 speech listening and enhance the performance of such an auditory attention decoder.

67 In the present study, we used stimulus reconstruction methods with single lags models to explore  
68 differences between cortical processing of music and cortical processing of speech. Subsequently,  
69 we compare target-trained and distractor-trained models, for both speech and music listening,  
70 to identify time lags affected by auditory attention.

## 71 2 Methods

### 72 2.1 Participants

73 For this study, 35 participants (14 female) were recruited, aged between 21- and 33-year-old  
74 (mean = 26,29). Participants did not report any hearing disorders or neurological disorders  
75 among the participants. Three of the participants were native English speakers, and all the  
76 others were fluent, with education or work experience in English. Written informed consent was  
77 obtained and participants were compensated for their participation in the study. Due to poor  
78 data quality, EEG recordings from two participants were excluded after recording.

## 79 2.2 Procedure and Stimuli

80 For each trial of one minute, the participant was exposed to two separate sound streams origi-  
 81 nating from separate loudspeakers, placed in front of her/him (+/- 30° azimuth). The direction  
 82 of arrival of the target sound (left or right loudspeaker) was randomly selected for each trial  
 83 The participant was instructed to pay attention to one of the sounds (target) while ignoring the  
 84 other sound (distractor) the target may be either speech or music. During listening, the subject  
 85 was instructed to keep their eyes fixed on a crosshair and to minimize blinks and movements.  
 86 There were four categories of stimuli employed, split into two types (music and speech), with  
 87 each type further subdivided into two genres.

- 88 • Piano Music: 8 excerpts of mono instrumental pieces played on a piano
- 89 • Electronic music: 8 excerpts of polyphonic pieces of instrumental electronic music
- 90 • Speech female: 8 excerpts of an audiobook read by a woman in English
- 91 • Speech male: 8 excerpts of an audiobook read by a man in English

92 In the same trial, the target and the distractor could have been both music, both speech, or one  
 93 of each type. Each excerpt was used as a target just once. distractors were selected to obtain  
 94 a balanced number of trials across conditions (Music/Speech, Music/Music, Speech/Speech,  
 95 Speech/Music). Participants completed 32 one-minute trials. For each participant the experi-  
 96 ment was conducted in a single session.

## 97 2.3 Data collection and pre-processing

98 A 64-channel g.HIamp-Research system was used to record continuous EEG data at 512 Hz  
 99 (g.tec Medical engineering GmbH, Austria). The electrodes were placed on the scalp in accor-  
 100 dance with the international 10-20 system. The impedance of each electrode was kept below  
 101 5 kOhms.

102 After data collection, pre-processing of the data was carried out using EEGLAB v2021.1 (De-  
 103 lorme & Makeig, 2004). The EEG data were referenced to the average of all scalp electrodes.  
 104 The noise-contaminated EEG channels were visually evaluated and interpolated from neigh-  
 105 bouring electrodes. Independent Component Analysis (ICA) was performed in EEGLAB, and  
 106 the automatic identification plugin allowed the artefacts associated with eye blinks or eye move-  
 107 ments to be removed (Pion-Tonachini, Kreutz-Delgado, & Makeig, 2019). The envelopes of the  
 108 sound signal, both target and distractor, were extracted using a Hilbert transform. Both EEG  
 109 data and audio envelopes were finally bandpass filtered between 1 and 8Hz and downsampled  
 110 to a 64Hz sampling rate.

## 111 2.4 Stimulus reconstruction

112 We used a classic stimulus reconstruction approach to decode auditory attention from the EEG  
 113 data (Alickovic et al., 2019; Crosse et al., 2021; O’sullivan et al., 2015). The EEG data is utilized  
 114 to reconstruct an estimation of the input stimuli using a linear reconstruction l. This model  
 115 relates EEG-measured brain activity to the stimulus envelope as follows:

$$s'(t) = \sum_n \sum_{\tau} g(1, n)R(t, n) \quad (1)$$

116 where  $s'$  is the reconstructed envelope,  $R(t, n)$  is the EEG response at time  $t$  for electrode  $n$ ,  
 117 and  $g$  is the linear model, which is a function of electrode  $n$ .

118 The model  $g$  can be estimated by minimizing the mean squared error between the original and  
 119 the reconstructed envelopes, which can be solved analytically using ridge regularization methods  
 120 (Wong et al., 2018):

$$g = (R^T R + I\lambda)^{-1} R^T S \quad (2)$$

121 where  $I$  is the identity matrix,  $S$  is the stimulus envelope, and  $\lambda$  is the regularization parameter  
 122 used to prevent overfitting (Alickovic et al., 2019; Wong et al., 2018). The regularization factor  
 123 was set to  $10^5$ . This value was chosen by calculating several models with different values of  
 124 this regularization parameter. The value that produced the highest reconstruction accuracy  
 125 (measured by the Pearson’s correlation coefficient between the original and the reconstructed  
 126 envelope) was used for the analysis.

127 We calculated the Pearson’s  $r$ , or correlation coefficient, between the original target envelope  
 128 and the reconstructed one ( $r_{target}$ ) to assess reconstruction accuracy. To obtain  $r_{target}$ , a “Target  
 129 model” was trained by using EEG signals and the original envelope of the target. To assess  
 130 the processes that are encountered by the distractor stimulus, a “Distractor model” was also  
 131 trained, with EEG signals and the envelope of the distractor. The obtained reconstructed  
 132 distractor is then compared to the original distractor to obtain the reconstruction accuracy of  
 133 the distractor,  $r_{distractor}$ .

## 134 2.5 Single-lag model

135 To explore variation across time lags, several models have been trained on each individual  
 136 time lag. The models were trained using the original envelope of the sound stimulus and the  
 137 corresponding EEG data from the specific time lags. For example, to compute a model  $g_{30}$  for a  
 138 time lag of approximately 30 ms, which corresponds to a time lag of 2 samples at the sampling  
 139 rate of 64 Hz (see Figure 1), we used original envelope  $S$  and time-lags EEG  $R$  as follows:

$$S = \begin{bmatrix} s(0) \\ s(1) \\ s(2) \\ \vdots \\ s(t) \end{bmatrix} \quad \text{and} \quad R = \begin{bmatrix} r_1(2) & \cdots & r_{64}(2) \\ r_1(3) & \cdots & r_{64}(3) \\ \vdots & \ddots & \vdots \\ r_1(T) & \cdots & r_{64}(T) \\ r_1(T+1) & \cdots & r_{64}(T+1) \\ r_1(T+2) & \cdots & r_{64}(T+2) \end{bmatrix}$$

140 We computed models to covert times lags ranging from 0 ms to 500 ms, at a sample rate of  
 141 64 Hz. That corresponds to thirty-three individual single-lag models, separated by an interval  
 142 of 15.625 ms.

143 All models were trained in a leave-one-out approach, which means that each trial was tested on  
 144 a model created by averaging the parameters of the models trained on every other trial.

145 Four categories of single lags models were trained:

- 146 • Models optimized for music as a Target, where only trials where the target of attention  
 147 was music are used for training and testing, and by using the Target envelope for training

- 148 • Models optimized for speech as a Target, where only trials where the target of attention  
149 was speech are used for training and testing, and by using the Target envelope for training
- 150 • Models optimized for music as a distractor, where only trials where the distractor was  
151 music are used for training and testing, and by using the distractor envelope for training
- 152 • Models optimized for speech as a distractor, where only trials where the distractor was  
153 speech are used for training and testing, and by using the distractor envelope for training

### 154 3 Results

#### 155 3.1 Differences between speech and music listening

156 Figure 2 shows the reconstruction accuracy across different time lags for both trials where  
157 the target of attention was music stimulus (music listening) and trials where the target of  
158 attention was speech stimulus. Shaded areas correspond to the 95% confidence interval for the  
159 reconstruction accuracies. The reconstruction accuracies for speech were obtained similarly, but  
160 by testing all speech-target trials on models trained on speech-target trials. In Figure 2, there  
161 is a clear difference between reconstruction accuracies for speech and music. For all time lags,  
162 the reconstruction accuracy for speech is significantly higher than the reconstruction accuracies  
163 for music (permutation test speech vs. music,  $p < 0.05$  for each time lag).

164 The second thing that stands out in Figure 2 is the pattern in variation of the reconstruction  
165 accuracies. For both speech and music, we can observe two peaks of increased reconstruction  
166 accuracy across the different time lags: a first peak at an early time lag and a second, larger

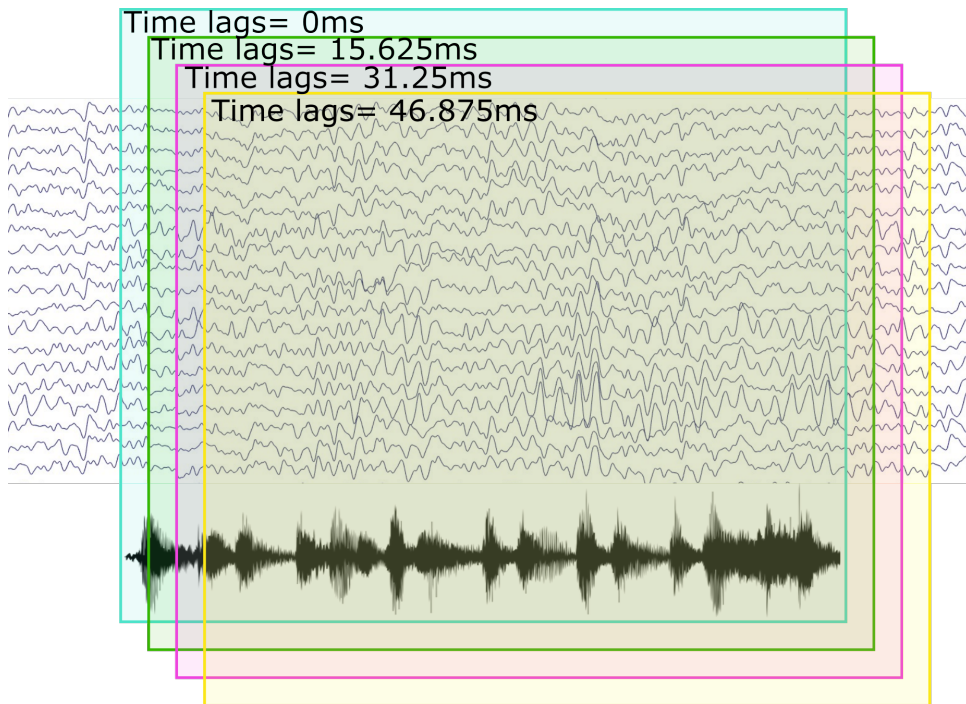


Figure 1 — Schematic of the EEG data selection used for each single lag model. Each model is trained based on the 1 minute of audio data, and 1 minute of EEG data delayed compared to the audio data.

167 peak at a later time lag. The first peak is located at a time lag comprised of between 30 and  
 168 50 ms, and the timing of this first peak is similar for both speech and music. However, the  
 169 timing of the second peak varies between speech and music:  $\approx 170$  ms for speech and  $\approx 265$  ms  
 170 for music. This difference in time lags between speech and music could indicate time process  
 171 differences for speech and music sounds. Maximized reconstructions for speech corroborates results  
 172 precisely obtained in other studies: O’sullivan et al. (2015) describe a two peaks pattern, with  
 173 increased reconstruction accuracy and increased decoding accuracy for the interval of 170-250  
 174 ms; Alickovic et al. (2021) show an increase of reconstruction accuracy when using late EEG  
 175 response ; Mirkovic et al. (2015) found increased decoding accuracy for time lags between  
 176 130 to 220 ms; Wöstmann, Fiedler, and Obleser (2017)’s results showed an increase of cross-  
 177 correlation between the envelope of the sound signal and M/EEG data at 80 ms, followed by  
 178 a second peak of increased correlation. For music, the current results can be compared with  
 179 results obtained by Hausfeld et al. (2018), where an early peak was also observed at -10 to 30  
 180 ms. Hausfeld et al. (2018) also observed a second peak of increased reconstruction accuracies  
 181 at late latencies. However, they found this peak happening for time lags comprise between 460  
 182 and 500 ms, which is later than what we observe in the current study.

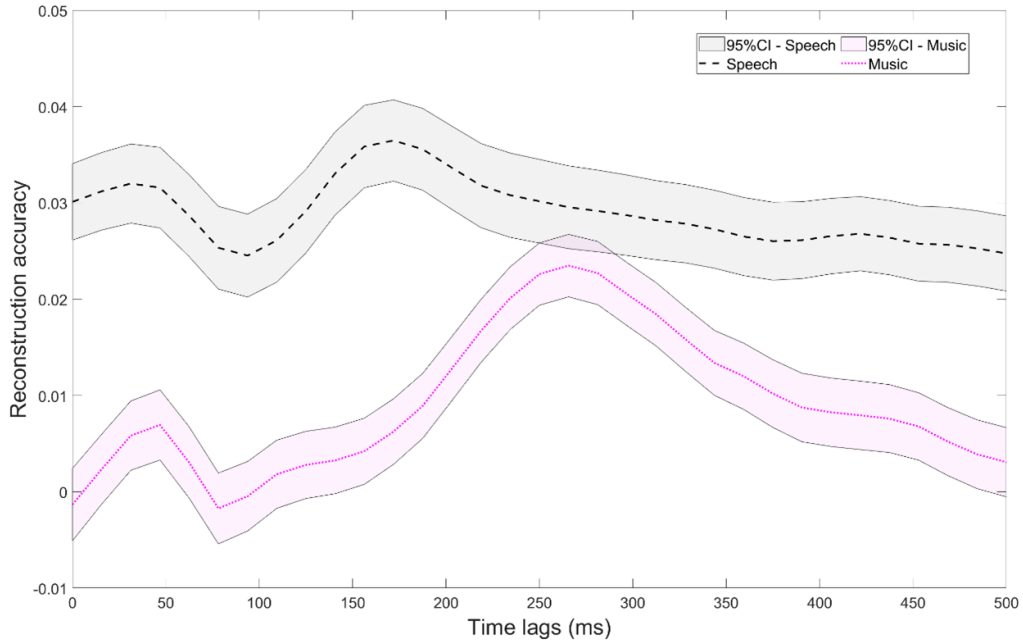


Figure 2 — Reconstruction Accuracy across all time lags for trials where the target audio is Speech and trials where the target audio is Music.

### 183 3.2 Effect of attention

184 To explore if the attentional processes influence the temporal pattern of reconstruction accuracy,  
 185 we compared reconstruction accuracy obtained with models trained to reconstruct the target  
 186 of attention and models trained to reconstruct the distractor stimulus.

187 To that mean, separate models have been trained to either reconstruct envelopes of the target  
 188 sound or to reconstruct envelopes of the distractor sound. Target models are trained in a  
 189 leave-one-out approach, by using trials where the target is of the same time as the trial under

190 test (either music or speech). The distractor models are trained with a similar approach, but  
 191 by using trials where the distractor was the same type as the distractor of the trial under  
 192 test. Comparing the reconstructions accuracy of these two models can give information about  
 193 the effect of attention on cortical auditory processes: increased reconstruction accuracy at a  
 194 given time lag observable for the target model but not for the distractor model can indicate an  
 195 attentional effect.

### 196 3.3 Music listening scenario

197 Figure 3 shows the reconstruction accuracies for both target models and distractor models for  
 198 music listening. The two peak patterns can be seen for both models, with both peaks happening  
 199 at similar time lags for both the Target model and the distractor model. Permutation tests,  
 200 based on 100,000 permutations, were run to compare the reconstruction accuracy between mod-  
 201 els for each time lag. Significant differences were found for time lags between 260 and 285 ms,  
 202 and also 320 and 380 ms, where the Target model results in higher reconstruction accuracies  
 203 than the distractor model. The maximum of reconstruction accuracies with a difference between  
 204 the performance of the Target model compared to the distractor model, which suggests that a  
 205 music-specific process around 265 ms time lags may be affected by attentional processes.

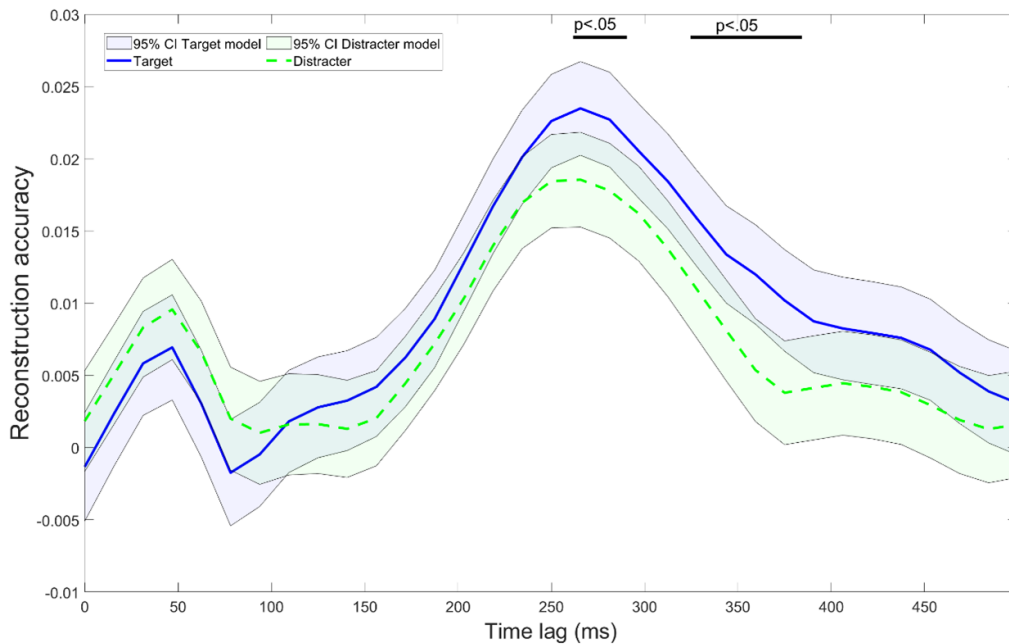


Figure 3 — Reconstruction accuracy across all time-lags, obtained with Target model, with music as a target and Decoder model, with music as a distractor

### 206 3.4 Speech listening scenario

207 Figure 4 shows the reconstruction accuracies for both target and distractor models for speech  
 208 listening. Overall, reconstructions accuracies were obtained with the distractor models com-  
 209 pared to the target model, for all time lags. Permutation tests, based on 100,000 permutations  
 210 were run to compare the target model versus the distractor model, and indicate significant

211 differences ( $p < .05$ ) for all time lags, except between 355 and 410 ms. Despite the difference  
 212 between the target and distractor models, the variation of the reconstruction accuracies across  
 213 shows different trends for the models. For both models, the first peak of increased reconstruction  
 214 accuracies can be observed between 30 and 50 ms. However, while a second peak with  
 215 maximal reconstruction accuracies arises at around 170 ms for the target model, there is no  
 216 such increase for the distractor model. For the distractor model, an increase in reconstruction  
 217 accuracy is observable at late time lags (350 to 450 ms) Taken together, it suggests that during  
 218 speech listening, attentional processes affect the reconstruction accuracies level. The absence  
 219 of a peak of maximal reconstruction when using the decoder model could indicate an increased  
 220 attentional effect around a time lag of 170 ms, as suggested by O’sullivan et al. (2015).

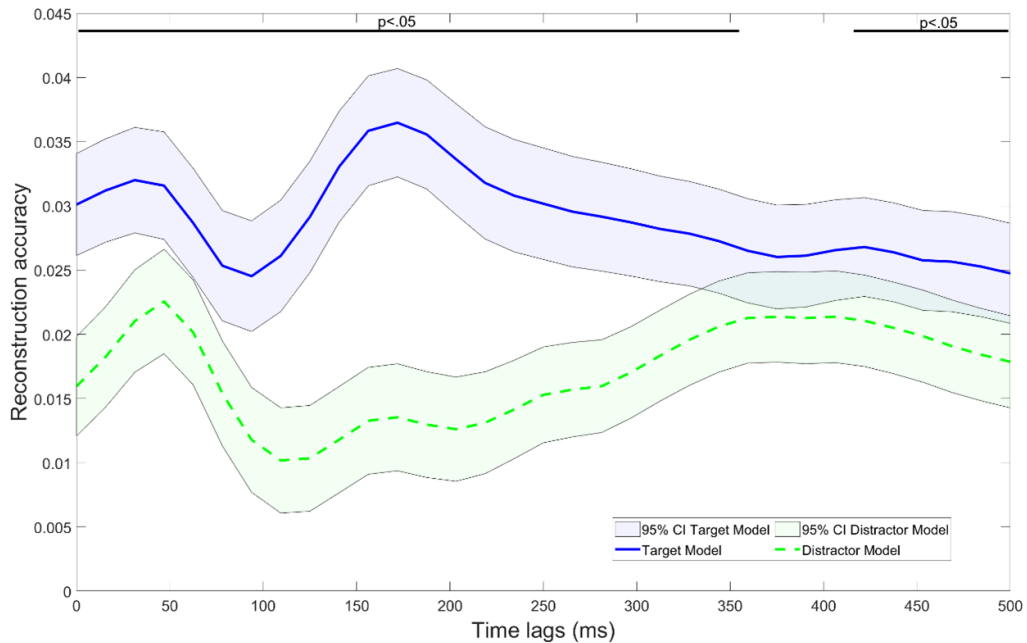


Figure 4 — Reconstruction accuracy across all time-lags, obtained with Target model, with speech as a target and Decoder model, with speech as a distractor.

## 221 4 Discussion

222 In this study, we used linear regression to reconstruct sound heard from EEG data. By using  
 223 single-lag models we explore the effect of time lags applied to EEG data to reconstruction  
 224 accuracy. We compare models trained on speech and on music to highlight temporal differences  
 225 in the cortical process for speech listening and music listening.

226 Overall, the reconstruction accuracy is higher for speech listening compared to music listening,  
 227 for all time lags. This result was expected as performance differences for reconstruction accuracy  
 228 have previously been observed between speech and music (Simon et al., 2022 - Submitted; Zuk  
 229 et al., 2021).

230 For both Speech and music listening, a two-peak pattern can be observed: an early first peak of  
 231 increased reconstruction accuracies for time lags around 30 to 50 ms, and a later second peak  
 232 of maximal reconstruction accuracy, where the timing differs between speech and music. This



233 two-peak pattern has previously been observed for Speech listening (O’sullivan et al., 2015) or  
234 Music listening (Hausfeld et al., 2018).

235 Results suggest that the maximized reconstruction accuracies are obtained using different time  
236 lags for speech listening and music listening. For Speech, optimized reconstruction is obtained  
237 by applying a time lag of approximately 170 ms to the EEG data, relative to the audio signal.  
238 This is coherent with previous findings on optimal time lag for speech reconstruction or auditory  
239 attention decoding (Fuglsang, Dau, & Hjortkjær, 2017; Mirkovic et al., 2015; O’sullivan et al.,  
240 2015).

241 For music listening, the peak of optimized reconstruction is obtained for a time lag of approxi-  
242 mately 265 ms. This optimal timing differs from previous results, where maximized reconstruc-  
243 tion accuracies were found for music either at short time lags (Hausfeld et al., 2021), or longer  
244 time lags (Hausfeld et al., 2021; Hausfeld et al., 2018).

245 The early peak could suggest an early auditory process, which is coincident with both speech  
246 and music listening. The timing differences at middle/late timelags between speech and music  
247 listening suggest different cortical processes in place for speech listening and music listening.

248 A second question explored in the present study was to investigate the effect of selective au-  
249 ditory attention on reconstruction accuracies. To that mean, decoder models were trained  
250 to reconstruct the distractor stimulus, which was ignored by the participant. Comparing the  
251 reconstruction accuracies across time lags between the outputs of the target models and the  
252 distractor model can provide insight about the effect of attention.

253 For music, small but significant differences in reconstruction accuracies were found for time lags  
254 between 260 and 285 ms, and also 320 and 380ms. This difference is aligned with the peak  
255 of maximized reconstruction accuracies, which suggests that the process that creates this peak  
256 of maximal reconstruction might be affected by attention. On the other hand, the first peak  
257 of maximized reconstruction is similar for both target and distractor models. Taking together,  
258 these findings could suggest two separate cortical processes of music, an early one, not affected  
259 by selective auditory attention, and a late process, influenced by attentional processes.

260 For speech, the findings should be interpreted with more caution as a significant difference is  
261 observed for the Target and distractor model, across all time lags. These differences might be  
262 influenced by the difficulty of the task: when attending to a target sound is more challenging,  
263 an increased effort may be necessary to ignore the distractor, and the cortical tracking of  
264 the distractor might be reduced. Trials used for the speech decoder model correspond to trials  
265 where the listener had to attend to either speech signal or music signal in presence of distracting  
266 speech. However, attending to music in presence of speech is not a common task for human  
267 beings, compared for example to listening to speech in presence of music. This task might  
268 have been more challenging for the participants, which could influence the results observed in  
269 Figure 3.

270 Despite this offset between models, the shape of the peaks is worth considering. For both target  
271 and distractor models, an early peak of increased reconstruction accuracy is present for time  
272 lags of 30 to 50 ms. This suggests that the underlining cortical process is activated for stimuli  
273 that are inside or outside the focus of attention of the listener. For the target model, a second  
274 peak is observed at middle time lags ( $\approx 170$  ms), while for the distractor model this peak is  
275 almost inexistent. It could indicate that the underlining cortical process that results in this  
276 peak is activated only for attended speech. It corroborates the idea developed in (O’sullivan  
277 et al., 2015), which suggested an important attentional effect between 170 and 250 ms.

## 278 5 Conclusion

279 The present study explored the temporal aspect of cortical auditory processes and the effect  
 280 of auditory attention by using a stimulus reconstruction approach. The results highlight two  
 281 phases of auditory processes: an early process, which is concomitant for both speech and music  
 282 listening and a second process, happening later for music listening than for speech listening.  
 283 While the first process does not seem to be affected by attentional processes, the second might  
 284 be enhanced by sounds that are actively attended by the listener. More research should be  
 285 conducted to replicate, confirm, and elaborate on the current findings. Further analysis, such  
 286 as using a forward model (Alickovic et al., 2019), could provide additional information on  
 287 the cortical processes in places during listening in complex auditory sound scenes and explore  
 288 more the similarities and differences between speech and music listening. Overall, this study  
 289 highlights differences in optimal time-lags for cortical stimulus reconstruction between speech  
 290 listening and music listening. This suggests temporal differences in cortical processing of speech  
 291 and music. These differences could be used to fine-tune an auditory attention decoder that  
 292 would be specifically tuned for music or speech.

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