Prioritised IHC concepts

| Higher level IHC concepts | Included Key Concepts |
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| Claims | |
| Claims about effects that are not supported by evidence from fair comparisons are not necessarily | |
| wrong, but there is an insufficient basis for believing them. | |
| Assumptions that treatments are safe or effective can be misleading. | 1. Do not assume that treatments are safe. |
| | 2. Do not assume that treatments have large, |
| | dramatic effects. |
| | 3. Do not assume that comparisons are not |
| | needed. |
| Seemingly logical assumptions about <u>research</u> | |
| can be misleading. | |
| | 4. Do not assume that a treatment is better |
| | based on how new or technologically |
| Seemingly logical assumptions about | impressive it is. |
| <u>treatments</u> can be misleading. | 5. Do not assume that a treatment is helpful or |
| | safe based on how widely used it is or has |
| | been. |
| Trust based on the source of a claim alone can | 6. Do not assume that personal experiences |
| be misleading. | alone are sufficient. |
| Comparisons | |
| To identify treatment effects, studies should make fair comparisons, designed to minimize the risk | |
| of systematic errors (biases) and random errors (the play of chance). | |
| Comparisons of treatments should be fair. | 7. Consider whether the people being |
| Reviews of the effects of treatments should be | compared were similar. |
| fair. | |
| Descriptions of effects should clearly reflect the | |
| size of the effects. | |
| Descriptions of effects should reflect <i>the risk of</i> | 8. Be cautious of small studies. |
| being misled by the play of chance. | o. De cautious of sinal studies. |
| Choices | |
| What to do depends on judgements about a problem, the relevance of the available evidence, and | |
| the balance of expected benefits, harms, and costs. | |
| Evidence should be relevant. | |
| Expected advantages should outweigh expected | 9. Weigh the benefits and savings against the |
| disadvantages. | harms and costs of acting or not. |