

The Psalm Project

Discovering the Spiritual World through the Psalms

Psalm 43

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The Goal of this project:

This research project will examine the 150 psalms for the spiritual awareness each Psalm offers. Each Psalm will be examined by its language and the commentary of the Sages. The spiritual awareness analysis will be done in alignment with Ari's definition of the Tree of life, the Book of Creation, and the Zohar. Each verse of the Psalm will be rewritten using the intent of the language and spiritual commentary to convey its spiritual lesson.

The Main Resources:

The Zohar

The Book of Creation

Ari's writing on the Tree of Life and the Ten Sefirot

The Theological Wordbook of the Old Testament

Samson Hirsch's commentary on the Psalms

Tehillim – Psalms – A new translation with a commentary anthologized from the Talmudic and rabbinic sources

Accordance Bible Software

Psalm 43

New American Standard 1995	Hebrew
<p>Psa. 43:1 “Vindicate me, O God, and ^bplead my case against an ungodly nation; ¹O deliver me from ‘the deceitful and unjust man! ² For You are the “God of my strength; why have You ^brejected me? Why do I go ‘mourning ¹because of the oppression of the enemy? Psa. 43:3 O send out Your “light and Your truth, let them lead me; Let them bring me to Your ^bholy hill And to Your ‘dwelling places. ⁴ Then I will go to “the altar of God, To God ¹my exceeding ^bjoy; And upon the ‘lyre I shall praise You, O God, my God. Psa. 43:5 “Why are you ¹in despair, O my soul? And why are you disturbed within me? ²Hope in God, for I shall ³again praise Him, The ⁴help of my countenance and my God.</p>	<p>1 שְׁפֹטֵנִי אֱלֹהִים וְרִיבָה רִיבֵי מִנְּוֵי לֹא-תִסִּיד מֵאִישׁ- מִרְמָה וְעוֹלָה תִפְלֹטֵנִי : 2 כִּי-אַתָּה אֱלֹהֵי מַעֲוִיזֵי לָמָּה זָנַחְתָּנִי לָמָּה-קָדַר אֶתְהַלֵּךְ בְּלַחַץ אֹיִב : 3 שְׁלַח-אוֹרְךָ וְאֱמֹתֶךָ הַמָּה יִנְחֹנֵנִי יְבִיאֹנֵנִי אֶל-הַר-קָדְשְׁךָ וְאֶל- מִשְׁכְּנֹתֶיךָ : 4 וְאָבֹאָה אֶל- אֱלֹהֵי מִזְבֵּחַ אֱלֹהִים אֶל- שִׁמְחַת גִּילִי וְאוֹדֶךָ בְּכִנּוֹר אֱלֹהִים אֱלֹהֵי : 5 מָה- תִּשְׁתּוֹחֲתִי אֲנִפְשִׁי וְיָמָה- תִּהְיֶה עָלַי הוֹחֵלִי לְאֱלֹהִים כִּי-עוֹד אוֹדְנִי יִשׁוּעַת פָּנָי וְאֱלֹהֵי :</p>

References

Psalm 43:1

¹Or *May You*

^aPs 26:1; 35:24

^b1 Sam 24:15; Ps 35:1

^cPs 5:6; 38:12

Psalm 43:2

¹Or *while the enemy oppresses*

^aPs 18:1; 28:7; 31:4

^bPs 44:9; 88:14

^cPs 42:9

Psalm 43:3

^aPs 36:9

^bPs 2:6; 3:4; 42:4; 46:4

^cPs 84:1

Psalm 43:4

¹Lit *the gladness of my joy*

^aPs 26:6

^bPs 21:6

^cPs 33:2; 49:4; 57:8; 71:22

Psalm 43:5

¹Or *sunk down*

²Or *Wait for*

³Or *still*

⁴Or *saving acts of*

^aPs 42:5, 11

Targum

Psa. 43:1 Judge me, O LORD with true judgment; it is for you to argue my case with a people that is not righteous; from the deceitful and oppressive man you will save me. ² For you are God, my strength; why have you abandoned me? why do I go about in gloom at the oppression of the enemy? ³ Send your light and your faithfulness; they will guide me, they will bring me to the mount of the sanctuary and the academies, the place of your presence. ⁴ And I will come to make his sacrifice at the altar of my God the LORD; to my God from whom is the joy of my gladness; and I will give thanks in your presence with the lyre, O LORD my God. ⁵ Why will you be lowly, O my soul, and [why] will you rage against me? Wait for God, for again I will praise him for the redemption that comes from his presence, for he is my God.

Spiritual Awareness

The spiritual rewrite for the verses is in bold.

Introduction

The Sage Radak believed that this Psalm is a continuation of the preceding Psalm. In it, the author expresses a deep yearning for redemption from the agony of exile.

Verse one

מִנְּגֵי לֹא־חֲסִיד (meegoy lo-chaseed) – means “from ungodly people.” This phrase also implies a people who fail to practice fundamental human rights. They say they do, but it is only lip service.

Judge me, O God and please my cause against a nation which does not work loving-kindness; O deliver me from a man of deceit and violence.

Verse two

The Psalmist asks the LORD why he was always given spiritual support, and now it has stopped.

You are my LORD who supplies me with spiritual support and strength; why have you taken it away? Why do I go mourning because of the oppression of the enemy?

Verse three

שְׁלַח אֹרְךָ וְאֱמֶתְךָ (sh'lach or'cha vaameet'cha) – means "send out Your light and truth." This phrase can be understood differently; "O grant me the enlightenment to understand the truth you have set down for me in Your Torah."

O grant me the enlightenment to understand the truth you have set down for me in Your Torah. They will bring me home to the mountain of Your Sanctuary and to Your dwelling places.

Verse four

The Psalmist tells the LORD what he will do if granted the enlightenment from verse three.

Then I will go to the altar of God, to God my exceeding joy; and upon the lyre, I shall praise You, O God, my God.

Verse five

Israel discovered that there has never been a conflict between the goals set by the LORD and those toward which the nation must strive in truth. Israel will realize that even in the dark times, they served the LORD to advance genuine truth, happiness and fulfill the destiny that is the goal of its mission in the history of the world. This is the same final verse as in Psalm 42.

Why are you in despair, O my soul? And why have you become disturbed within me? Hope in God, for I shall yet praise Him, the help of my countenance and my God.

Complete Psalm Rewrite Emphasizing Spiritual Awareness

Judge me, O God and please my cause against a nation which does not work loving-kindness; O deliver me from a man of deceit and violence.

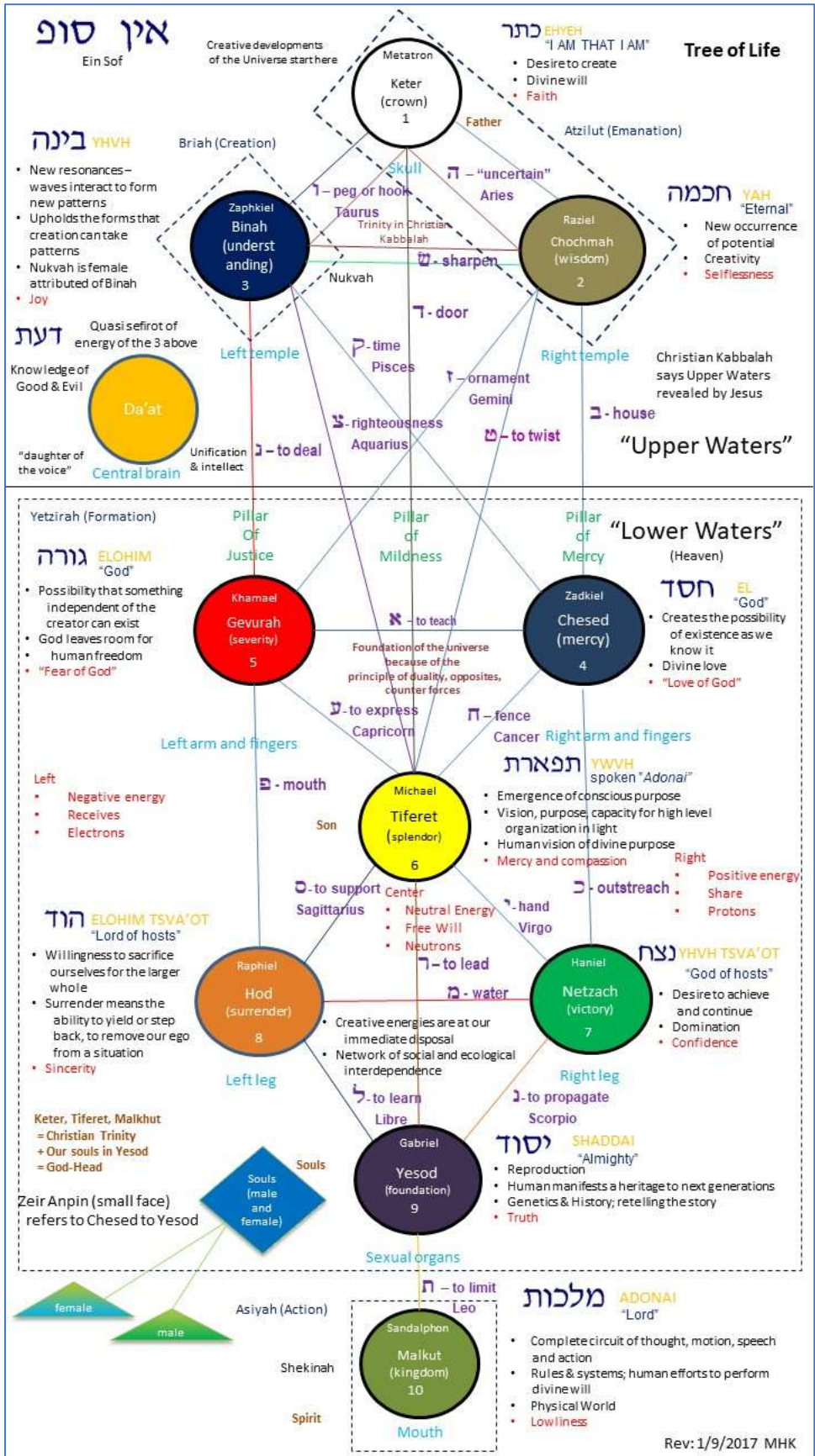
You are my LORD who supplies me with spiritual support and strength; why have you taken it away? Why do I go mourning because of the oppression of the enemy?

O grant me the enlightenment to understand the truth you have set down for me in Your Torah. They will bring me home to the mountain of Your Sanctuary and to Your dwelling places.

Then I will go to the altar of God, to God my exceeding joy; and upon the lyre, I shall praise You, O God, my God.

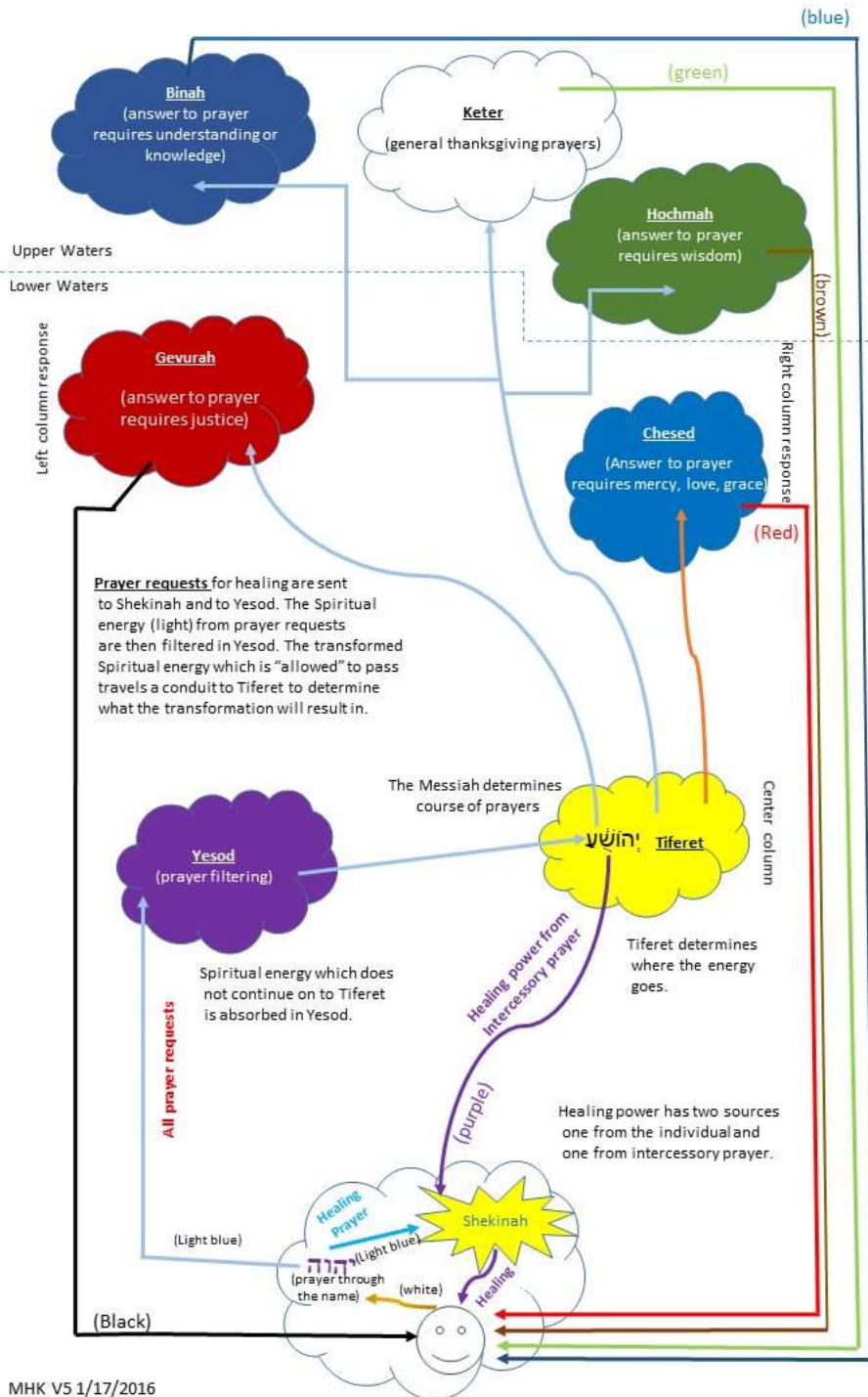
Why are you in despair, O my soul? And why have you become disturbed within me? Hope in God, for I shall yet praise Him, the help of my countenance and my God.

Appendix



Mystical Methodology to Prayer

All prayers result in spiritual energy which rises through the conduits that connect Sefirot realms. The "answer" to prayers is the transformation of spiritual energy from its original frequency to an appropriate frequency which will give the necessary results.



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