The Environmental Conditions, Treatments, and Exposures Ontology (ECTO): Connecting Toxicology and Exposure to Human Health and Beyond

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Abstract

Background: In this manuscript we present the Environmental Conditions, Treatments, and Exposures Ontology (ECTO), a species-agnostic ontology focused on describing experimental and natural exposure processes such as dietary, workplace, or research contexts. ECTO is intended for use in harmonizing environmental health data resources to support cross-study integration and inference for mechanism discovery.

Evaluating the impact of environmental exposures on organism health is a key goal of modern biomedicine and critically important in an age of greater pollution and chemicals in our environment. Environmental health utilizes many different research methods and generates

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many types of data. However, to date, no comprehensive database represents the full spectrum of environmental health data. Due to a lack of interoperability between databases, tools for integrating these resources are needed.

Methods and Findings: ECTO is a terminology designed for describing organismal exposures such as toxicological research, environmental variables, dietary features, and patient-reported information from surveys. ECTO utilizes the base model established within the Exposure Ontology (ExO). ECTO is developed using a combination of manual curation and Dead Simple OWL Design Patterns (DOSDP), and contains over 2700 environmental exposure terms, with axioms to existing ontologies such as for chemicals or environments. ECTO is an Open Biological and Biomedical Ontology (OBO) Foundry ontology that is designed for interoperability, reuse, and axiomatization with other ontologies. ECTO terms have been utilized for logical axiomatization within the Mondo Disease Ontology to represent diseases caused or influenced by environmental factors, as well as for survey encoding for the Personalized Environment and Genes Study (PEGS).

Conclusions: We have constructed ECTO to meet Open Biological and Biomedical Ontology (OBO) Foundry principles to increase translation opportunities between environmental health and other areas of biology. ECTO has a growing community of contributors consisting of toxicologists, public health epidemiologists, and health care providers to provide the necessary expertise for areas that have been identified previously as gaps.

Kew words: Biomedical Ontology, environmental exposures, environmental health

Introduction

Environmental health is a branch of public health that encompasses the study of the interrelationship between organisms (typically humans) and their environment and how that may
impact health. Environmental health often relates to hazardous toxin exposures, but it can also
encompass exposure to chemicals and environments that we may not always consider
hazardous, such as vitamins, climate, and social stressors. Identification of stimuli in
environmental substances is critical for disease prevention and management of adverse health
outcomes, as well as to identify and evaluate mechanisms of action to develop clinical
treatments. Environmental health has evolved alongside other fields including genomics,
phenomics, nutrition, epidemiology, and crop sciences. Each of these interconnected disciplines
are essential to understanding the full picture of how environments can prevent, cause, or
ameliorate disease.

Toxicology is an important sub-field of environmental health. Existing toxicology-focused databases and data repositories including Chemical Effects in Biological Systems (CEBS)¹, Comparative Toxicogenomics Database (CTD)², National Health and Nutrition Examination Survey (NHANES), and Aggregated Computational Toxicology Resource (ACToR) databases ³ currently house a mix of structured, semi-structured, and unstructured information regarding environmental exposure impacts on a variety of species ⁴. These resources offer unique features, including being repositories for raw data from toxicology studies, aggregating and inferring findings from the literature, or housing survey questions and results. For some of these data resources (e.g., NHANES surveys) Common Data Elements (CDEs) are utilized, which include standardized survey questions and responses intended to unify data from multiple resources using the same CDEs. While the attempts to align a variety of related but heterogeneous data resources using CDEs is meaningful, unfortunately, CDEs are often lacking in their computational encoding, making them challenging to use for making data interoperable⁵.

Resources such as the Human Health Exposure Analysis Resource (HHEAR)(Viet et al. 2021), the Unified Medical Language System (UMLS)(Bodenreider 2004) and the Adverse Outcomes Pathway Knowledgebase (AOP)(Ives et al. 2017) have opted to include ontology terminology in their modeling. However, content regarding environmental exposures is still needed within AOP and UMLS, and analytical opportunities and widespread uptake are still limited using HHEAR. Even the most comprehensive resources are still limited by their lack of standardized language, computational structure, or cross-study and cross-discipline data comparison capabilities. In efforts to support data integration within and beyond environmental health, a common standard for describing and coordinating these data is necessary.

Currently, ontologies related to environmental exposure are limited, with most ontologies focused on the description of environments, chemicals, or species specific exposure conditions. However, no species-agnostic ontology focused on the exposure process including the stimuli and media currently exists, limiting the opportunity to harmonize existing and future data regarding environmental exposures and related health outcomes.

A demand for integration of environmental health into interoperable data resources using ontologies is documented ^{6–8}, with a variety of toxicologists, public health epidemiologists, and health care clinicians seeking established standards and resources. For this reason, we have created the Environmental Conditions, Treatments, and Exposures Ontology (ECTO) to satisfy the gaps seen within current ontology resources and to provide a translation tool for toxicology and biological data integration. ECTO's exposure event structure is a species-agnostic approach that can be used to align existing environmental health databases and resources. For example, CTD offers highly relevant data regarding exposure stimuli including potential biological ramifications of exposure and references to literature. While it is meaningful data, the data is structured in a format that does not create context for the exposure itself (e.g. multiple

rows of data may relate to an exposure to chlorpyrifos and list some reported outcomes, but the outcomes are not coordinated with each other to provide an exposure phenotype profile or to compare to any known diseases and their common phenotypes). By utilizing the computable structure of ECTO, resources like CTD could be directly aligned with other ECTO compatible resources and could be leveraged for inference regarding exposures and human phenotype or disease outcomes across data sources. Additionally ECTO follows Findable, Accessible, Interoperable, and Reusable (FAIR) principles (Wilkinson et al. 2016).

The Environmental Conditions, Treatments, and Exposures Ontology (ECTO)

ECTO contains compositional classes which utilize content from existing biomedical ontologies (such as the Environment Ontology (ENVO)¹² and the Chemical Entities of Biological Interest (ChEBI)¹³) to create exposure classes. Examples of exposures represented in ECTO include: experimental treatments and interventions used in research (e.g. toxicological investigations), exposures experienced by humans or other organisms in daily life, natural and artificial stimuli experienced by organisms, and environmental conditions or ecosystems experienced by a single organism or population of organisms. By maintaining a general scope of terms, ECTO can provide a wide range of content that can be applied in research settings ranging from wet lab to clinical care. Included in ECTO's exposure content are an organism's internal and external exposures, mixtures of known and inferred exposures, and indication of the route and medium of exposure when available.

For example, acute and chronic dietary exposure to agricultural chemicals may pose a risk to human health, particularly for children and developing fetuses ⁹. Chlorpyrifos was banned for household use in the US in 2000, but up until recently it has continued to be used in American agriculture, regardless of potential detrimental health effects¹⁰. **Figure 1** showcases ECTO's unification capacity, coordinating existing ontologies or data sources as part of an 'exposure to

chlorpyrifos', which even in low doses may have resulting phenotypes such as a runny nose, tears, or drooling¹¹. In this example, a person presented to a health care provider complaining of an ongoing runny nose, tears, and drooling in recent history with no known illness, and they report eating apples daily. Our existing knowledge from our exposure event structure includes 1) chlorpyrifos is sprayed on some apples, and 2) runny nose, tears, and drooling are all chlorpyrifos associated phenotypes. Having structured knowledge in a format that supports queries, we can more quickly identify the exposure concern and provide an intervention. This structure would also allow for alignment of heterogeneous databases and data sources such as electronic health record and survey-based resources.

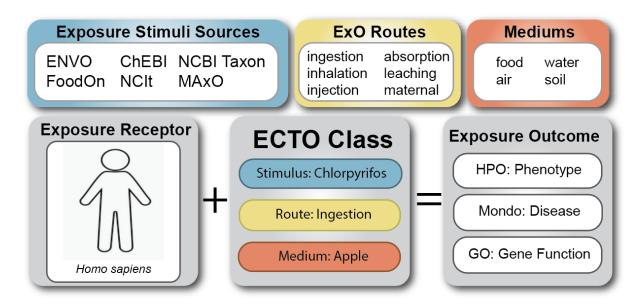


Figure 1: ECTO unifies exposure attributes. Existing ontologies contain terms describing common exposure stimuli, exposure routes, and potential exposure media, however unifying terms to describe the exposure process were not yet represented. Utilizing the schema of the Exposure Ontology (ExO), ECTO classes can coordinate the stimulus, route, and exposure components into a single process term for consistent exposure classes. Logical axioms can be used to define the relationships between exposure receptors, ECTO classes, and documented exposure outcomes from the literature. Instance level schemas can also be developed using individual data points as the exposure receptor or exposure outcomes. Abbreviations: ENVO, The Environment Ontology; ChEBI, Chemical Entities of Biological Interest; NCBI Taxon, National Center for Biotechnology Information Taxonomy; FoodOn, Food Ontology; NCIt, National Cancer Institute Thesaurus; MAxO, Medical Actions Ontology; HPO, Human Phenotype Ontology; Mondo, Mondo Disease Ontology; GO, Gene Ontology.

The primary audience for ECTO includes toxicologists, clinicians, integrative and/or computational biologists, and exposure researchers who are seeking a standard for documenting environment and exposure-based interventions. Additionally, ECTO is intended to serve environmental epidemiologists whose experimental designs may focus on identifying environmental exposures impacting their subjects. In turn, researchers who are interested in any related areas of biology can then also capitalize on any indicated relationships between organism exposure and health outcomes. A variety of competency questions and use cases have been documented by stakeholders including toxicologists, public health epidemiologists, and clinicians⁶. Some examples can be seen in <u>Supplement Table 1</u>.

ECTO's Methodological Framework

ECTO is available on GitHub¹⁴. The ECTO life cycle is managed using the Ontology

Development Kit (ODK), a standardized approach for initializing ontology creation via GitHub ¹⁵.

ODK offers initial Makefiles to support a release workflow, incorporates Travis-CI for any pull requests, and allows for a standardized documentation and layout for ease of navigation.

ECTO is designed to include modular classes that are generated using existing ontology terms from other related ontologies using DOSDPs. This allows for class composition to work like piecing together building blocks to create the term of interest. Exposures modeled in ECTO are based on the upper-level Exposure Ontology (ExO)¹⁶, while offering specific content such as an exposure to a chemical, an environmental condition, or a mixture of components. Created by exposure science community researchers in 2012, ExO contains a high-level toxicology schema to connect exposure stimuli, receptors, routes, and media as described in Figure 2A. The ExO schema describes the components of an environmental exposure event, which can be leveraged for depicting a specific environmental exposure such as those terms found in ECTO. Figure 2B showcases the detailed modeling that is achievable using ECTO exposure terms as well as the logical axioms that can be instantiated based on literature findings.

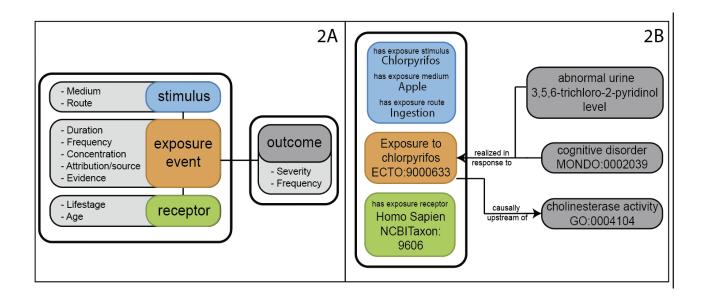


Figure 2. Overview of exposure schema. A. ExO Upper-Level Schema: Modified from Mattingly et al. (2012)¹⁶, the ExO schema for modeling exposure events forms the base infrastructure for ECTO. B. ECTO exposure schema. Utilizing the ExO schema, ECTO terms include detailed information regarding the stimulus, medium, and route of an exposure. Relationships from the OBO Relations Ontology also facilitate annotations of the exposure receptor and a variety of exposure outcomes. Further annotations regarding data specific information such as temporality or dose of the exposure can be included as annotations within a knowledge graph or other computational data structure.

ECTO treats exposures as events; in ontological terms, they are types of occurrents (e.g. an entity with temporal parts and that happens, unfolds or develops through time). As a subclass of occurrent, the exposure event includes interactions between a receptor (typically an organism, but could be a population of organisms or an organism part) and a stimulus (an agent or process that has a potential effect on the receptor). The stimulus may interact with the organism through some kind of environmental medium (e.g. air, water, soil), and may enter via some route (e.g. permeating the skin or analogous barrier). In turn, the exposure terms in ECTO range from somewhat broad terms (e.g. exposure to lead) to more specific (e.g. exposure to lead in water via ingestion). ECTO terms follow a standardized nomenclature of 'exposure to X' with 'X' referring to an 'exposure stimulus' term that is an existing ontology term, and the ability to add variable terms referring to the medium and

route if required. By utilizing terms from existing ontologies, ECTO can additionally harmonize content from other databases annotated to the terms (e.g. CAS Registry Numbers for chemical terms). Inclusion of annotations like temporality of exposure or dose of exposure may be desired within a data model for analysis. Annotation models, analogous to those used for the Gene Ontology(Gene Ontology Consortium et al. 2013), can be used to annotate ECTO terms within a knowledge graph format to associate instance level data with the standardized exposure terms.

Content Creation for ECTO

Terms are developed for ECTO using both expert manual curation using the Protege ontology editor tool ¹⁷ and pattern-based curation. To avoid ECTO becoming overly complex and subsequent maintenance challenges, a pattern-based annotation format can be used to describe unique features of the stimulus, receptor, exposure event, and outcome. Pattern-based curation is conducted using Dead simple OWL design patterns (DOSDPs) ¹⁸. DOSDPs are easy to read, YAML based templates for generation of ontology content including labels, synonyms, text definitions, and logical axioms. DOSDPs are particularly useful in their ability to reference existing terms from other ontologies, which for ECTO is an essential component to term development. DOSDPs contain set classes and relationships that can be used to structure logical axioms, as well as variable fields which will differ for each class created with the template. Application of DOSDPs is further depicted in **Figure 3**.

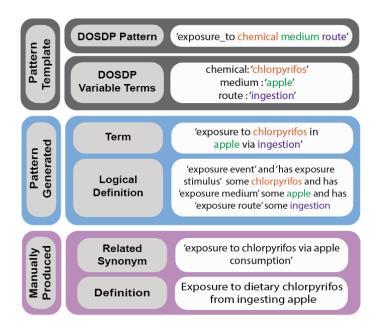


Figure 3. Chlorpyrifos Exposure in Apple Design Pattern. Represented is the 'exposure to chemical medium route' DOSDP, which can be used to create the term 'exposure to chlorpyrifos in apple via ingestion' and its logical definition using existing 'chlorpyrifos', 'apple' and 'ingestion' terms and the DOSDP template developed by a curator. Synonyms and human readable definitions can be manually added to the term or can also be included within the DOSDP if appropriate.

Three distinct axiomatic patterns have been developed specifically for use within ECTO, including Exposure, Exposure + Route, and Exposure + Route + Medium pattern formats.

Current patterns in ECTO can be viewed on GitHub¹⁹.

In both precomposed ECTO terms and in postcomposed annotations, the Relation Ontology (RO) provides standardized relationships, including those seen in **Figure 4**.

related via exposure (RO:0002244)

has exposure receptor (RO:0002240):

A broad relationship between an exposure event or process and any entity (e.g., an organism, organism population, or an organism part) that interacts with an exposure stimulus during the exposure event.

has exposure route (RO:0002242):

A broad relationship between an exposure event or process and a process by which the exposure stressor comes into contact with the exposure receptor

has exposure medium (RO:0016004):

X has exposure medium Y if X is an exposure event (process), Y is a material entity, and the stimulus for X is transmitted or carried in Y

has exposure stimulus (RO:0002309):

A relationship between an exposure event or process and any agent, stimulus, activity, or event that causally affects an organism and interacts with an exposure receptor during an exposure event.

has exposure stressor (RO:0002241):

A broad relationship between an exposure event or process and any agent, stimulus, activity, or event that causes stress or tension on an organism and interacts with an exposure receptor during an exposure event.

Figure 4. Exposure Based Relations. The OBO Relations Ontology contains a variety of relationship terms that fall under the superclass of 'related via exposure'. Each of these relations can be used in conjunction with ECTO terms to create an exposure schema.

Using ECTO in Data Annotations

Annotations using ECTO are created by associating environmental exposures to a phenotype, disease, gene, or behavior in efforts to create a depiction of current exposure knowledge.

Annotations can include a variety of information such as temporality, concentration/dose, and related evidence that connects the exposure to the term of interest.

ECTO annotations contain the following components:

- ECTO term (required)
- Associated phenotype/disease/behavior/gene (required)
- Reference (required if assertion is from literature)
- Evidence (required)

ECTO annotations are intended to be supported either directly or indirectly by relevant and accurate scientific literature. Information from databases and resources such as CTD or TOXNET can also be leveraged for annotations. For example, with the use of ECTO terms, annotations from CTD can be integrated into the larger Monarch knowledge graph ²⁰. Similarly, data from the National Toxicology Program (NTP)(Home - National Toxicology Program) could be structured using ECTO in combination with dosing and timing regimens along with outcomes encoded using uPheno or HPO as an annotation file format for use in downstream computation. ECTO terms are used to axiomatize exposure-related diseases in the Mondo Disease Ontology (Mondo). Mondo integrates several underlying disease terminologies and ontologies into a merged resource that provides semantic mappings to source ontologies (https://mondo.monarchinitiative.org/). Mondo provides a library of DOSDPs, including a pattern for diseases where the cause of the disease is an exposure to an environmental stimulus²¹. Axiomizating Mondo using these standard exposure patterns allows for auto-classification of the hierarchy, and an overall more robust description of the disease term. This pattern is now used for 46 different exposure influenced disease terms in Mondo.

ECTO and Model Organism Research

Exposure modeling and annotations can be particularly useful for toxicology research using model organisms. Robust phenotype ontologies have been developed for model organisms, such as the Zebrafish Model Organism Network (ZFIN) which describes genetic, genomic, phenotypic, and developmental data for zebrafish²², and the overarching Unified Phenotype Ontology (uPheno) which integrates multiple phenotype ontologies into a unified cross-species phenotype ontology²³.

Ontologies or standards for experimental conditions exist for some model organisms. For example, the Zebrafish Experimental Conditions Ontology (ZECO) describes experimental designs in zebrafish studies²⁴. Planteome, a network of ontologies that integrate data from

experiments on plants, offers a Plant Trait Ontology (TO) as well as a Plant Experimental Conditions Ontology (PECO)²⁵. PECO terms describe common treatments, growing conditions, and/or study types used in plant biology experiments. Similarly to how uPheno has been developed for the unification of cross-species phenotype content, we hope ECTO can follow a similar approach to offer cross-species content regarding environmental conditions and treatments for any model organism or humans.

Modeling goals and development strategies (e.g. DOSDP) are aligned for ECTO as well as ZECO and other specific environmental condition ontologies. The similar construction offers the opportunity for a higher level unification (such as seen within phenotype ontologies and uPheno) through OWL Axiomatization and OWL Reasoning. If all experimental condition ontologies document the semantic axioms within their individual content, a reasoner (such as ELK or HermiT) can evaluate multiple ontology terms and find the overarching classes being referenced.

For example, the PECO term 'formaldehyde exposure' contains the logical axiom:

plant exposure and has exposure stimulus some formaldehyde

And a related ECTO term 'exposure to formaldehyde' has the logical axiom:

exposure event and has exposure stimulus some formaldehyde

These two similar logical axioms contain the same relationship of 'has exposure stimulus' and the stimulus of 'formaldehyde', so while the exposures (plant exposure vs exposure event) may differ, their logical axioms still allow for adequate association of the terms and a link between two related but distinct exposures.

While ECTO has similar modeling structures to related ontologies, ECTO is distinct in its descriptions of species agnostic exposures to environmental entities, chemicals, and other stimuli. Distinctions between ECTO and related ontologies are described in Supplemental
Table 2.

Established Use Cases For ECTO

PEGS Use Case

An initial use case for ECTO was provided by the National Institute of Environmental Health Sciences (NIEHS) and their Personalized Environment and Genes (PEGS) research group ²⁶. PEGS researchers are focused on a variety of ways in which environmental exposures impact organism health. This use case is intended to identify methods for parsing environmental exposure and health data collected via self-reported survey and evaluate associations between singular or combined exposures that are associated with an adverse health outcome.

PEGS has developed three surveys for self-reported data collection including Health and Exposures, Internal Exposome, and External Exposome surveys. Each survey was developed to include some CDEs, however as previously noted CDEs are limited in their computational capacity and often inadequately aligned across survey tools for integrated data analysis. Our use case focused on ontological encoding of each survey question using ECTO to provide standardized language and computational structure to each survey item (**Figure 5**). In turn this methodology is a template for mapping preexisting data from heterogeneous surveys to align and compare findings. Additionally, these methods will support future survey development to enhance immediate data interoperability.

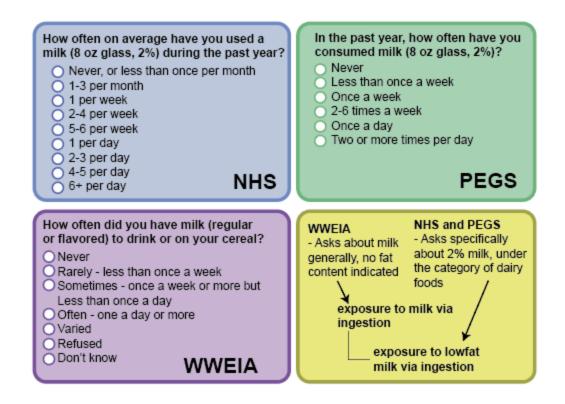


Figure 5. Making Common Data Elements (CDEs) interoperable. Surveys can include question and response CDEs. A variety of CDE registries exist, but not all of them are interoperable and some CDEs may be duplicative in their content. Three different surveys and CDEs can be seen in blue, purple, and green, which compare similar questions about milk from the Nurses' Health Study (NHS), What We Eat in America (WWEIA) and the PEGS surveys. While each question asks about milk, the responses elicited from each are not directly compatible and can be difficult to computationally assess. An ontology centric approach assesses each question and the resulting responses for the common exposure feature which can be classified using the ontology hierarchy and annotated in a knowledge graph to encompass a variety of potential responses for harmonization.

The content of the PEGS surveys was utilized as a primary resource for common workplace, home, hobby, and activity based exposures that informed ECTO's initial exposure classes. Of particular interest to PEGS researchers was the creation of mixture exposure terms that include metadata regarding each component of the mixture. For mixture compounds, our use cases required metadata for the components of the mixture within the exposure. To create mixture terms, we worked with the ENVO team to template all necessary elements for each term including information about the mixture components (e.g., methyl cellulose paste is

composed of methyl cellulose and water), and created the subsequent exposure term (e.g., exposure to methyl cellulose paste).

Using this structure, the survey data can be classified based on exposure to the mixtures or exposure to the components within the mixture. Additionally, the exposure terms can also be classified based on the inherent relationships within the ontology (e.g. an exposure to sulfuric acid can be classified with other exposures to acids), further supporting higher powered assessment.

Zebrafish Use Case

We have also used ECTO for the annotation of toxicology studies, such as exposure investigations in zebrafish (*Danio rerio*). Zebrafish are a commonly used toxicological model organism due to a variety of features such as low cost, quick breeding cycle, and transparent embryos ²⁷. However, it has been challenging to compare results of studies performed in different laboratories because the way in which the exposure chemicals, methods and parameters, and resulting phenotypes are encoded is laboratory-specific. Further, in some cases the chemicals themselves are obfuscated due to partnerships with commercial entities. However, it is still possible to classify such chemicals into higher level categories such as "exposure to aldehydes". Without the computational mappings of ontology terms and logical axioms to this instance level data, researchers would have to integrate manually. By enriching these data with ontology terms, we have empowered researchers to efficiently integrate heterogeneous data across labs at scale for more powerful statistical and metanalyses (Fig. 6).

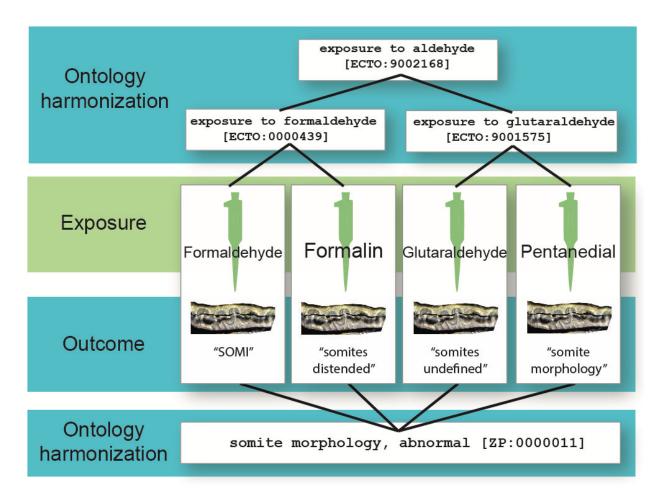


Figure 6: Standardizing exposures and outcomes in zebrafish. In this study, zebrafish embryos were exposed to an aldehyde by four different labs (formaldehyde CHEBI:16842 and glutaraldehyde CHEBI:64276). Once hatched, the zebrafish were observed for irregular phenotypes and all displayed an abnormality of their somites. The names used to describe the stimulus and the outcome was different in each of the four labs. Using ontologies like the Zebrafish Phenotype Ontology (ZP), the Environmental Conditions, Treatments, and Exposures Ontology (ECTO), and the Chemicals of Biological Interest Ontology (ChEBI) we can integrate data from four different labs even though they use different terms and different stimuli.

Limitations of ECTO

ECTO currently describes a wide array of chemical and natural or built environmental exposures, but it does not yet include exposures to infectious agents, many foods, nutrients, social environments (e.g. education, crime, and access), as well as more unique or complex multi-layered exposures (e.g. exposure to UV radiation while wearing SPF 30 sunscreen).

Another limitation of ECTO is its reliance on existing ontology content for the development of exposure terms. While many stimuli are represented in robust ontologies like ChEBI and ENVO, our team is consistently pursuing content requests in other ontologies to create ECTO terms for our use cases. This is sometimes hindered by non-OBO terminologies with relevant content not otherwise available within OBO, such as the National Cancer Institute thesaurus (NCIt).

Conclusions

ECTO is a comprehensive computational ontology designed to support any type of exposure event to any type of organism. It can be utilized to harmonize data from across sources and data modalities, such as surveys, literature annotations, toxicological studies, and in clinical research. ECTO will continue developing content for exposures to allergens, foods and nutrients, hobby and occupational exposures, and geographic location-based exposures. We are particularly interested in coordinating dietary survey information from specific geographical regions with agricultural chemical usage data to ask questions such as "If a person ate an apple grown in Washington, are they likely to be exposed to chlorpyrifos?", "what if the apple is washed?", "was it an organic apple?" and other layers of questions to infer dietary exposures. We hope that by asking questions such as these within knowledge graphs and other instance level data visualizations, we can infer what and how exposures may be occurring, potentially assert some general quantification information on the exposure, and if available coordinate exposure findings with documented health outcomes in the respondent. With continued development of ECTO and its use in logical axioms like in Mondo disease ontology, we plan to integrate environmental exposures and coordinated health outcomes into the diagnostic tools The Monarch Initiative currently supports.

This manuscript introduces the Environmental Conditions, Treatments, and Exposures Ontology (ECTO) as described using the minimum information for the reporting of an ontology (MIRO) guidelines²⁸.

Ontology Owner: The Monarch Initiative

Contact: Anne Thessen, annethessen@gmail.com

License: CC BY 3.0

Ontology URL: http://www.obofoundry.org/ontology/ecto.html

Ontology Repository: https://github.com/EnvironmentOntology/environmental-exposure-ontology

We welcome user requests for new terms and other contributions via our issue tracker (https://github.com/EnvironmentOntology/environmental-exposure-ontology/issues).

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