

1 **Novel electrochemiluminescent assay for the aptamer-**  
2 **based detection of testosterone**

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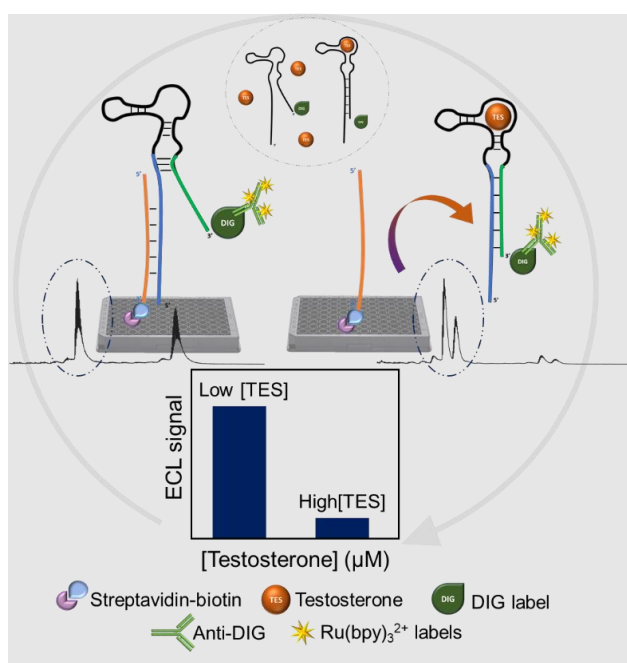
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27 **Abstract**

28 This work presents a proof-of-concept assay for the detection and quantification of  
29 small molecules based on aptamer recognition and electrochemiluminescence (ECL)  
30 readout. The testosterone-binding (TESS.1) aptamer was used to demonstrate the  
31 novel methodology. Upon binding of the target, the TESS.1 aptamer is released from  
32 its complementary capture probe – previously immobilized at the surface of the  
33 electrode – producing a decrease in the ECL signal after a washing step removing the  
34 released (labeled) TESS.1 aptamer. The analytical capability of the ECL assay  
35 towards testosterone detection was investigated displaying a linear range from 0.39  
36 to 1.56  $\mu\text{M}$  with a limit of detection of 0.29  $\mu\text{M}$ . The selectivity of the proposed assay  
37 was assessed by performing two different negative control experiments; *i*) detection  
38 of testosterone with a randomized ssDNA sequence and *ii*) detection of two other  
39 steroids, *i.e.* deoxycholic acid and hydrocortisone with the TESS.1 aptamer. In parallel,  
40 complementary analytical techniques were employed to confirm the suggested  
41 mechanism: *i*) native nano-electrospray ionization mass spectrometry (native nESI-  
42 MS) was used to determine the stoichiometry of the binding, and to characterize  
43 aptamer-target interactions; and, *ii*) isothermal titration calorimetry (ITC) was carried  
44 out to elucidate the dissociation constant ( $K_d$ ) of the complex of testosterone and the  
45 TESS.1 aptamer. The combination of these techniques provided a complete  
46 understanding of the aptamer performance, the binding mechanism, affinity and  
47 selectivity. Furthermore, this important characterization carried out in parallel validates  
48 the real functionality of the aptamer (TESS.1) ensuring its use towards selective  
49 testosterone binding in further biosensors. This research will pave the way for the  
50 development of new aptamer-based assays coupled with ECL sensing for the  
51 detection of relevant small molecules.

52 **Keywords:** electrochemiluminescence, native nESI-MS, aptamer, small molecules,  
53 testosterone, dissociation constant.

54 **Graphical abstract:**



## 55 1. Introduction

56 Aptamers are synthetic single-stranded (ss) DNA or RNA oligonucleotides first  
57 described in 1990 after the development of the Systematic Evolution of Ligands by  
58 Exponential enrichment (SELEX) method and proposed to be a promising alternative  
59 to commercially available antibodies [1,2]. The greatest advantages of these  
60 oligonucleotide-based biorecognition elements with respect to their protein-based  
61 counterparts are: *i)* their high stability over a wide range of temperatures and pH-  
62 values; *ii)* the fact they are synthetically produced, eliminating the use of cell lines or  
63 animals as required for antibodies [3]; which means they are *iii)* more affordable; and  
64 *iv)* easy to modify [1]. Additionally, aptamers can recover their native conformation  
65 after re-annealing [4,5]. The three-dimensional structure of aptamers is necessary for  
66 and may be induced by, the binding with the target [6]. In fact, aptamers often  
67 experience significant conformational changes upon target binding, which offer great  
68 flexibility in the design of novel biosensors [4,7]. Signal moieties, *e.g.* fluorophores and  
69 quenchers, can be introduced to aid the detection [5], nevertheless, only a few  
70 aptamer-based sensors are currently commercialized and approved in diagnostics  
71 and therapeutics [1]. Besides, aptamers also show few disadvantages such as: *i)*  
72 susceptibility to nuclease degradation, *ii)* limited building block diversity, *iii)* PCR bias  
73 in SELEX method and *iv)* long aptameric sequences may interfere with the  
74 reproducibility and accuracy of the biosensors [1]. Another aspect that is important to  
75 mention is that the number of non-binding aptamers has been increasing showing that  
76 a multi-technique characterization is needed [8–10].

77 Aptamers have been reported for the recognition of numerous targets including  
78 proteins [11], peptides [12], enzymes [13,14], antibodies [15] and cell surface  
79 receptors [4], as well as small molecules [16] ranging from glucose and caffeine to  
80 steroids [17,18] and trinitrotoluene [19,20]. Small molecules are characterized by low  
81 molecular weight (<1000 Da) and often play an important role in regulatory biological  
82 pathways such as vitamins, hormones, messenger molecules and cofactors [6].  
83 Nevertheless, the detection of these biomarkers is challenging due to their small size  
84 and often low concentrations (nanomolar range).

85 Nowadays, small molecules are commonly detected via chromatographic techniques,  
86 such as high-pressure liquid chromatography (HPLC) and gas chromatography (GC)  
87 coupled with mass spectrometry (MS) [1,6]. However, these methods often require a  
88 large amount of (more expensive) organic solvents, regular maintenance, trained  
89 personnel and a long-time of analysis. Therefore, the use of aptamer-based  
90 biosensors, with their potential high specificity, user-friendliness and a variety of  
91 different operational modes is a promising alternative for the detection and monitoring  
92 of small molecules [1].

93 In recent decades, electrochemical methods using aptamers as biological recognition  
94 elements have often been selected for the detection of various small molecules, such  
95 as neomycin B, aflatoxin B1, tetracycline, cocaine, bisphenol A, ochratoxin A, estradiol  
96 and dopamine [1,21,22]. However, electrochemiluminescence (ECL), a type of  
97 chemiluminescence reaction triggered by electrochemical methods, is gaining  
98 importance [4,23,24]. The combination of ECL with aptamers is so far mainly reserved

99 for large molecules such as proteins. For example, Duo and co-workers recently  
 100 developed a slow off-rate modified aptamer (SOMAmer)-based approach using ECL  
 101 for the quantification of a protein, glypican-3 [25]. Only a limited number of examples  
 102 of aptamer-based electrodes for ECL analysis of small molecules can be found in the  
 103 literature. **Table 1** summarizes the most common examples based on indium tin oxide,  
 104 platinum, glassy carbon and screen-printed electrodes. The detection principle usually  
 105 involves the use of luminophores such as a ruthenium-based complex, luminol-  
 106 hydrogen peroxide-based reactions and/or quenchers. Noteworthy, all approaches are  
 107 based on single or, in one case, dual-electrode systems [26] while none of them are  
 108 capable of measuring several targets at the same time.

109 In general, the ECL technology ensures: *i*) the absence of a background optical signal;  
 110 *ii*) the precise control of reaction kinetics offered by tuning the applied potential; *iii*) the  
 111 compatibility with solution-phase and thin-film configurations; *iv*) the separation of  
 112 excitation source (electronics) and detection readout (optical) which improves the  
 113 sensitivity and *v*) the possibility to integrate nanomaterials (nanoparticles and  
 114 nanotubes) to enhance the intensity of the signal [21].

115 **Table 1.** State of the art of ECL aptasensors for the single (or dual) detection of small  
 116 molecules, linear range (LR) and limit of detection (LOD).

Electrode	Target	Detection method	Immobilization	Nanomaterials	LR	LOD	Ref.
ITO bipolar electrode	Adenosine	Oxidation of Fc labelled on adenosine aptamer with Ru(bpy) <sub>3</sub> <sup>2+</sup> /TPRA system.	via capture probe	no	1 fM – 0.10 μM	1 fM	[27]
ITO	Bisphenol A (BPA)	Release of the aptamer from capture probe upon addition of the target.	via capture probe	no	2 pM – 50 nM	1.5 pM	[28]
ITO	2,4,6-Trinitrotoluene (TNT)	In the presence of TNT, the aptamer–AuNPs would aggregate reducing the quenching effect, leading to ECL signal restoration.	Aptamer immobilized on AuNPs	AuNPs quenching the ECL emission of Ruthenium (II)	44 pM – 440 nM	16 pM	[29]
Platinum electrode	Kanamycin	Based on luminol-H <sub>2</sub> O <sub>2</sub> properties in alkaline solution.	Aptamer immobilized on AgNPs	AgNPs as catalyzer for H <sub>2</sub> O <sub>2</sub> decomposition	1 – 206 nM	0.12 nM	[30]
Platinum electrode	Kanamycin	Based on luminol-H <sub>2</sub> O <sub>2</sub> properties + MWCNTs@TiO <sub>2</sub> /Thi.	Aptamer immobilized via Thi	MWCNTs@TiO <sub>2</sub> /Thi.	206 pM – 20.6 μM	101 pM	[31]
GCE	Bisphenol A	Ru(bpy) <sub>3</sub> <sup>2+</sup> nanosheets luminophore and NCDs@PEI as co-reactant. ECL signal ↓ upon target binding.	Aptamer immobilized on AuNPs	Electrodeposited AuNPs	100 pM – 40 μM	33 pM	[32]
GCE	Ochratoxin A	CdS QDs quenched by Cy5. After target addition, Cy5-DNA is released from the electrode surface ↑ the ECL signal.	1) DNA walker complementary to aptamer + 2) Cy5-labeled ssDNA containing a 7-nucleotide nicking recog. sequence	no	0.05 – 5 nM	0.012 nM	[33]
GCE	Zearalenone	NH <sub>2</sub> -Ru@SiO <sub>2</sub> NPs and NGQDs ECL signal ↓ upon binding of the target.	Aptamer immobilized on NGQDs-NH <sub>2</sub> -Ru@SiO <sub>2</sub>	NH <sub>2</sub> -Ru@SiO <sub>2</sub> NPs	31 fM – 31 pM	3.14 fM	[34]
GCE	Ractopamine	(Ru@SiO <sub>2</sub> NPs) + AuNPs. The ECL signal is quenched by	Aptamer immobilized by Au-S bond on the	AuNPs as a catalyzer to redox reaction	1.5 pM – 15 pM	41 fM	[35]

		the energy transfer from luminophore to benzoquinone.	modified electrode surface				
SPCE	Malachite green and CAP	Dual detection using quenchers. Upon target recognition, the aptamer leaves and the ECL signal ↑.	via capture probe for each target in each WE	CdS quantum dots WE1 and luminol-gold NPs WE2	0.1–100 nM and 0.2–150 nM	0.03 nM and 0.07 nM	[26]
96-well plate (carbon)	Testosterone	Release of the aptamer from capture probe upon addition of the target (↓ ECL).	via capture probe	no	0.39 – 1.56 μM	0.29 μM	<b>This work</b>

117 ITO: indium tin oxide, Ru(bpy)<sub>3</sub><sup>2+</sup>: tris(2,2'-bipyridyl)ruthenium(II); Fc: ferrocene; TPrA: tripropylamine; AuNPs: gold nanoparticles;  
118 AgNPs: silver nanoparticles; H<sub>2</sub>O<sub>2</sub>: hydrogen peroxide; MWCNTs: multiwall carbon nanotubes; TiO<sub>2</sub>/Thi: titanium dioxide/thionine;  
119 BSA: bovine serum albumin; GCE: glassy carbon electrode; NCDs@PEI: poly(ethylenimine) functionalized nitrogen-doped  
120 carbon nanodots; CdS QDs: Cadmium sulfide quantum dots; NH<sub>2</sub>-Ru@SiO<sub>2</sub> NPs: Amine-functionalized Ru(bpy)<sub>3</sub><sup>2+</sup>-doped silica  
121 nanoparticles; NGQDs: nitrogen doped graphene quantum dots; CAP: Chloramphenicol; WE: working electrode.

122 In this manuscript, to the best of our knowledge, an aptamer-based assay system with  
123 capacity for the simultaneous ECL-based detection of multiple small molecules is  
124 presented for the first time. More specifically, we present a proof-of-concept ECL  
125 assay for the high-affinity detection of testosterone by the TESS.1 aptamer. Moreover,  
126 the aptamer performance, the binding mechanism, affinity and selectivity are  
127 unraveled thanks to the combination of analytical techniques such as isothermal  
128 titration calorimetry (ITC) [36] and native nano-electrospray ionization mass  
129 spectrometry (native nESI-MS) [37].

130 First, the analytical performance of the aptamer-based ECL assay towards  
131 testosterone detection is studied. Second, different negative control experiments are  
132 carried out by testing the interaction of testosterone with a randomized ssDNA  
133 sequence and by investigating two other steroids, *i.e.* deoxycholic acid and  
134 hydrocortisone with the TESS.1 aptamer. In parallel, *i)* native nESI-MS experiments  
135 are performed to determine the stoichiometry of binding, and for the identification and  
136 characterization of species; and, *ii)* ITC is used to elucidate the dissociation constant  
137 ( $K_d$ ) of the TESS.1 aptamer for testosterone. This unique approach opens new  
138 perspectives and insights in the use of aptamers coupled with ECL sensing for the  
139 accurate and highly sensitive detection of a wide range of small molecules  
140 simultaneously.

## 141 2. Material and Methods

142 Detailed information related to the incubation protocol and complementary analytical  
143 techniques utilized along this work can be found in the supplementary material (SM).

### 144 2.1. Reagents

145 Sodium chloride and magnesium chloride were acquired from Fisher Scientific;  
146 potassium chloride and deoxycholic acid (98.5%) were purchased from Acros  
147 Organics (Thermo Fischer, USA); sodium phosphate dibasic, sodium phosphate  
148 monobasic, potassium phosphate dibasic and potassium phosphate monobasic salts,  
149 Tween 20 and testosterone (≥99.0%) were purchased from Sigma-Aldrich (Merck,  
150 USA); and hydrocortisone (>98.0%) from TCI (Tokyo Chemical Industries, Japan).

151 The stocks of testosterone (50 mM), deoxycholic acid (50 mM) and hydrocortisone (30  
 152 mM) were prepared in absolute ethanol ( $\geq 99.8\%$ , from Fisher Scientific, USA) in DNA  
 153 LoBind® Eppendorfs. The required dilutions of the target were performed using a  
 154 hybridization buffer. Other solutions and buffers were prepared in ultrapure water (18.2  
 155  $M\Omega\text{ cm}^{-1}$  double deionized water, Sartorius Arium® Ultrapure Water Systems). The pH  
 156 was measured using a 913 pH meter from Metrohm (The Netherlands).

157 A hybridization buffer containing 10 mM phosphate buffer, 150 mM sodium chloride  
 158 and 100 mM magnesium chloride and a washing buffer (PBS-T) with 137 mM sodium  
 159 chloride, 2.7 mM potassium chloride, 10 mM sodium phosphate dibasic, 1.8 mM  
 160 potassium phosphate monobasic and 0.05% v/v of Tween 20 were prepared in  
 161 ultrapure water. The pH was adjusted to 7.0 by using a 1 M HCl or KOH solution.

## 162 2.2. DNA sequences

163 All DNA sequences were purchased from Eurogentec (Belgium). The randomized  
 164 DNA sequence was derived from the TESS.1 aptamer and designed using the  
 165 OligoAnalyzer Tool of Integrated DNA Technologies. The melting temperatures  
 166 between capture probe-stem 1 and stem 1-stem 2 were predicted with the same  
 167 platform (OligoAnalyzer Tool). The part complementary to the capture probe was  
 168 preserved while the other nucleotides of the TESS.1 aptamer were scrambled. Non-  
 169 functionalized DNA sequences were used for the ITC and native nESI-MS  
 170 experiments, while the oligonucleotides carried some functionalizations for the ECL  
 171 experiments. An overview is provided in **Table 2**. The capture probe was ordered with  
 172 a biotin modification at the 3' end, whereas the TESS.1 aptamer and the randomized  
 173 sequence carry a digoxigenin (DIG) modification at their 3' end.

174 **Table 2.** DNA sequences utilized in this work.

	Sequence of oligonucleotides	Functionalization
Capture probe	5'- GTC GTC CCG AGA G -3'	Biotin-TEG on 3'
Aptamer TESS.1	5'- CTC TCG GGA CGA CCG GAT GTC CGG GGT ACG GTG GTT GCA GTT CGT CGT CCC -3'	DIG on 3'
Randomized TESS.1	5'- CTC TCG GGA CGA <u>CTG ACG GGC ACT CAG TTG TGT</u> <u>TGG GGT CTC GCC CCG TGG</u> -3'	DIG on 3'
Short version of TESS.1 (TESS.1short)	5'- GGG ATG TCC GGG GTA CGG TGG TTG CAG TTC -3'	-
Stem 1	5'- CTC TCG GGA CGA CCG G -3'	-
Stem 2	5'- TTC GTC GTC CC -3'	-

175 \* The bases underlined in the randomized TESS.1 are those whose position is different when compared to the  
 176 TESS.1 aptamer. The nucleotides from stems 1 and 2 in common with the aptamers are represented in blue and  
 177 green, respectively. The capture probe is colored in orange to keep the same color code in the entire manuscript  
 178 and figures. The molecular weights (in Da) of the sequences are: capture probe = 3975.6, TESS.1+DIG = 16468.0,  
 179 TESS.1 = 15787.2, randomized TESS.1+DIG = 16468.0, randomized TESS.1 = 15787.2, TESS.1short = 9562.3,  
 180 stem 1 = 4923.2, and stem 2 = 3259.2.

## 181 2.3 Native nano-electrospray ionization mass spectrometry (native nESI-MS)

182 Prior to native nESI-MS analysis, the aptamer and randomized DNA sequences  
 183 were dialyzed into 300 mM aqueous ammonium acetate (pH 6.8) using Slide-a-

184 Lyzer Mini dialysis units with a molecular weight cut-off of 3.5 kDa (Thermo Fisher  
185 Scientific) to desalt the samples and to provide a volatile electrospray buffer of  
186 appropriate ionic strength. The capture probe, stem 1 and stem 2 were not dialyzed  
187 due to their low molecular weight (3975.6 Da, 4923.2 Da and 3259.2 Da, respectively).  
188 The concentrations of the dialyzed aptamers were verified using a Nanodrop2000  
189 (Thermo Scientific). Extinction coefficients were calculated by the Nanodrop2000  
190 software based on the oligonucleotide sequences. Samples with a final concentration  
191 of 10  $\mu\text{M}$  oligonucleotides (in equimolar ratios) and a 10-fold excess of the target were  
192 prepared. The capture probe and aptamer were incubated for 30 minutes before  
193 adding the target and incubating the mixture for 30 minutes.

194 Native nESI-MS analyses were performed on a Synapt G2 HDMS Q-TOF instrument  
195 (Waters, Wilmslow, UK) in the positive ionization mode. Approximately 2-4  $\mu\text{L}$  of the  
196 sample was introduced into the mass spectrometer, using nESI with gold-coated  
197 borosilicate glass tapered-tip capillaries made in-house. The instrument was carefully  
198 tuned to preserve the native structure and non-covalent interactions. The spray  
199 capillary voltage ranged between 1.2-1.6 kV, the sampling cone voltage was 20 V and  
200 the extractor cone voltage was 1 V. The trap and transfer collision energy were set at  
201 5 V and 0 V, respectively and the trap DC bias was fixed at 40 V. The IMS wave  
202 velocity was set to 800 m/s and the IMS wave height to 35 V. Gas pressures were  
203 2.57 mbar and  $2.2 \cdot 10^{-3}$  mbar for the backing and source gas, respectively. All data  
204 were analyzed using MassLynx v4.2 (Waters). The abundance of all bound and  
205 unbound states was estimated based on the peak area of the peaks including salt  
206 adducts.

#### 207 **2.4. Electrochemiluminescence measurements**

208 The ECL measurements were performed according to the following protocol: *i)* the 96-  
209 well plate was washed once with 150  $\mu\text{L}$  PBS-T and tap dried; *ii)* 25  $\mu\text{L}$  of the capture  
210 probe (200 nM) were incubated in the well for 1 hour (always sealing the plate to avoid  
211 evaporation, all incubations were performed in a shaker at 550 rpm and RT).  
212 Simultaneously, *iii)* 55  $\mu\text{L}$  of the aptamer solution (400 nM) were mixed with 55  $\mu\text{L}$  of  
213 the target (10  $\mu\text{M}$ ) or buffer solution (as a blank) in an Eppendorf and incubated for 1  
214 hour (550 rpm and RT). *iv)* After the incubation, the solution was discarded from the  
215 plate by washing 3 times with PBS-T and tap dried. *v)* Subsequently, 50  $\mu\text{L}$  of the  
216 mixture of aptamer and target/buffer was added to the well plate and incubated for 1  
217 hour with shaking (550 rpm and RT). Then, *vi)* this mixture was discarded from the  
218 plate by washing 3 times with PBS-T and tap dried. For the ECL readout, *vii)* 25  $\mu\text{L}$  of  
219  $0.5 \mu\text{g mL}^{-1}$  functionalized anti-DIG conjugated with  $\text{Ru}(\text{bpy})_3^{2+}$  labels were incubated  
220 for 1 hour with shaking (550 rpm and RT); *viii)* the solution was discarded from the  
221 plate by washing 3 times with PBS-T and tap dried; *ix)* 150  $\mu\text{L}$  of MSD GOLD Read  
222 Buffer (R92TG-1) were added to each well; and, *x)* the ECL signal was read  
223 immediately in the Meso Scale Diagnostics device (see **Fig. S1** in SM).

224 After investigating the effect of the TESS.1 aptamer concentration on the ECL signal,  
225 200 nM was chosen as the optimal concentration, and used in the subsequent  
226 experiments, since it shows the largest decrease (61%) in ECL signal upon addition  
227 of 5  $\mu\text{M}$  of testosterone, compared to a blank (**Fig. S2**). Throughout the experiments,

228 8 different target concentrations were used between 25 and 0  $\mu\text{M}$  using twofold serial  
229 dilutions.

230 Functionalized anti-DIG antibodies (Goat polyclonal anti-digoxigenin antibody,  
231 AbCam, ab76907) were conjugated with tris(2,2'-bipyridyl)ruthenium(II) ( $\text{Ru}(\text{bpy})_3^{2+}$ )  
232 labels using the MSD Gold Sulfo-Tag NHS-Ester conjugation kit (Meso Scale  
233 Diagnostics, Cat. R31AA-1) [38] thanks to the reaction between the amine groups of  
234 the antibody with the ester on the  $\text{Ru}(\text{bpy})_3^{2+}$  labels. The antibody carries multiple  
235  $\text{Ru}(\text{bpy})_3^{2+}$  labels which emit light upon electrochemical stimulation. The ECL  
236 measurements were performed in a MESO QuickPlex SQ 120 controlled by the  
237 Methodical Mind reader software. The plates used were MSD GOLD™ 96-well Small  
238 Spot Streptavidin SECTOR Plates (L45SA-1) with streptavidin-coated carbon  
239 electrodes in the bottom of each well.

### 240 3. Results and Discussions

241 Our ECL assay is based on the principle of competitive binding. An oligonucleotide  
242 sequence partially complementary to the TESS.1 aptamer, named capture probe in  
243 this manuscript, is labeled with biotin and immobilized on streptavidin-coated working  
244 electrodes (96-well plate). The TESS.1 aptamer carries a DIG label (**Fig. 1a**) on its 3'  
245 end which allows the binding of the  $\text{Ru}(\text{bpy})_3^{2+}$  modified anti-DIG antibody [39,40]. The  
246  $\text{Ru}(\text{bpy})_3^{2+}$  labels emit light upon electrochemical stimulation and the signal is amplified  
247 by tripropylamine (TPrA) present in the reading buffer.

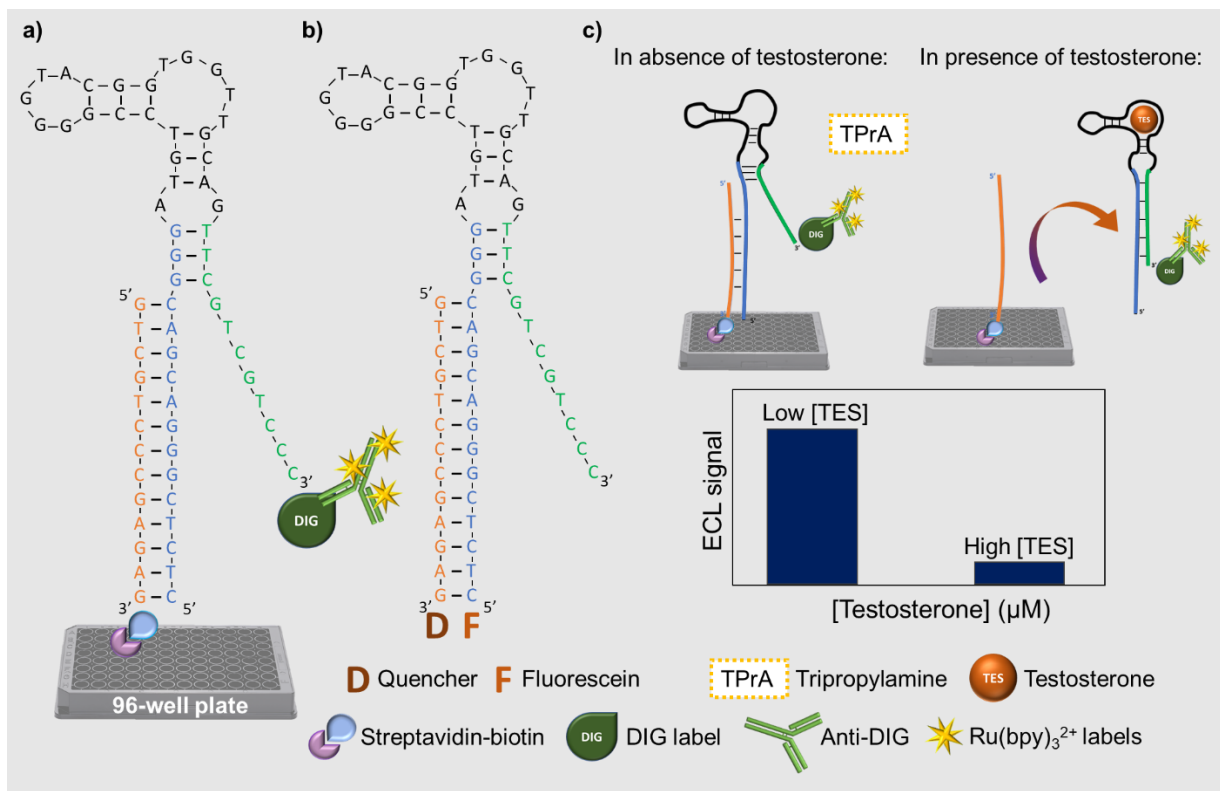
248 The approach used in this manuscript is similar to that developed by Yang and co-  
249 workers but with remarkable differences. In their work *i*) the TESS.1 aptamer is labeled  
250 with fluorescein (F) on its 5' end, *ii*) the partially complementary oligonucleotide  
251 sequence carries a fluorescence quencher (D) on its 3' end (**Fig. 1b**) and *iii*) neither  
252 the aptamer nor the capture probe are immobilized on a surface. Upon addition of the  
253 target (testosterone), there is a dissociation of the TESS.1 aptamer from its  
254 complementary strand due to the binding of the TESS.1 aptamer to testosterone,  
255 leading to an increase in the fluorescent signal [5].

256 Here, as in the work of Yang *et al.*, only the TESS.1 aptamer that does not bind to  
257 testosterone stays hybridized with the capture probe (**Fig. 1c**). This occurs when a  
258 blank solution (not containing testosterone), or a solution containing a steroid with no  
259 affinity to the TESS.1 aptamer is added to the wells. In these cases, the aptamer  
260 remains attached to the capture probe via stem 1 (colored in blue in **Table 1** and **Fig.**  
261 **1**) as no binding with the target takes place.

262 To prevent non-specific adsorption, and non-specific signal, washing steps are  
263 introduced after each incubation. More specifically, after incubation with anti-DIG  
264 (before recording the ECL signal), the washing step ensures the removal of aptamer  
265 that reacted with the target and of the anti-DIG antibody that could be non-specifically  
266 adsorbed on the well surface. Thus, the ECL signal only comes from DIG-labelled  
267 aptamers still immobilized on the well surface. Considering that the aptamer  
268 dehybridizes from the capture probe upon binding of testosterone, the aptamer will be  
269 washed away and, consequently, no interaction with the anti-DIG antibody will take



270 place. Therefore, the ECL signal decreases upon increasing the concentration of  
 271 testosterone (**Fig. 1c**).



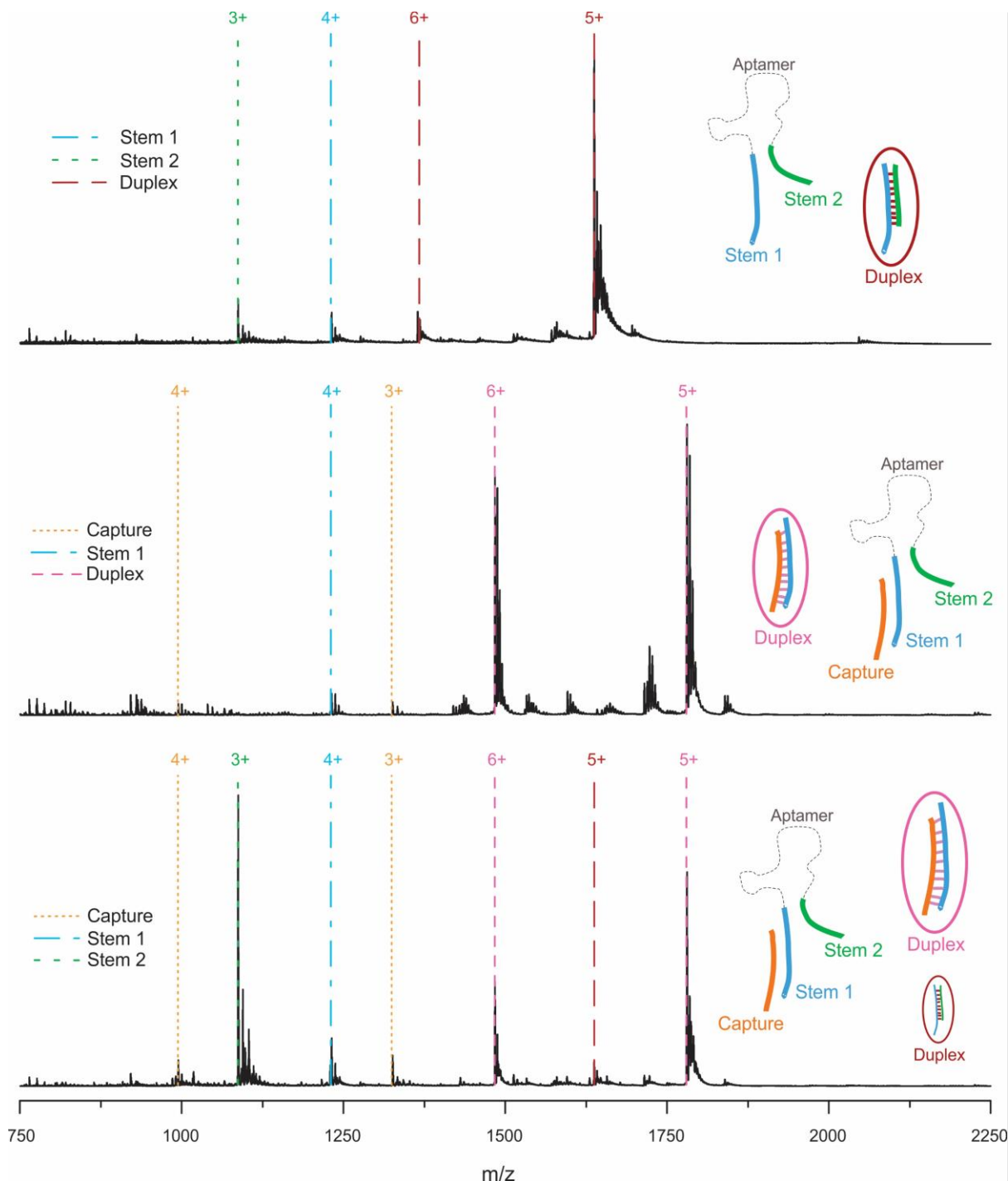
272 **Fig. 1.** Competitive binding principle. The TESS.1 aptamer used **a)** in the present work and **b)** by Yang  
 273 *et al.* [5]. **c)** Schematic representation showing: on the left, the schematic hybridization between the  
 274 capture probe (orange sequence attached to the 96-well plate) with the aptamer (stem 1 sequence, in  
 275 blue) when the target is not present or at low concentrations; on the right, the aptamer dehybridizes  
 276 from the capture probe after binding with the target (closing both stems); and the corresponding ECL  
 277 signal produced after the addition of anti-DIG antibody with Ru(bpy)<sub>3</sub><sup>2+</sup> labels and TPrA (present in the  
 278 reading buffer). The intensity of the ECL signal depends on the concentration of testosterone.

### 279 3.1. Characterization of the TESS.1 aptamer

280 The binding competent state of the TESS.1 aptamer implies a conformational change  
 281 from a more unfolded conformation (without the target) to the folded structure (by  
 282 closing both stems) when the target is present. Hence, stem 1 (in blue) and stem 2 (in  
 283 green) will hybridize upon binding of the target, hampering stem 1 to interact with the  
 284 capture probe in presence of testosterone (**Fig. 1c**). Firstly, to investigate whether  
 285 stem 1 preferentially binds to the capture probe rather than to stem 2, native nESI-MS  
 286 experiments with only the stems and capture probe were performed (**Fig. 2**).

287 When measuring a mixture of stem 1 (complementary to both capture probe and stem  
 288 2) and stem 2, a duplex of these stems is noticed (red dashed lines) and only low-  
 289 intensity peaks for the stems alone (in blue and green) can be identified (**Fig. 2 – top**).  
 290 The mixture of the capture probe and stem 1 also forms a duplex (**Fig. 2 – middle**,  
 291 pink dashed lines). After combining all three species in an equimolar mixture, a clear  
 292 signal for the capture-stem 1 duplex is observed while only a low-intensity peak for the  
 293 stem 1-stem 2 duplex is detected (**Fig. 2 – bottom**). Thereby, native nESI-MS proved  
 294 that the affinity of stem 1 to the capture probe is higher than that for stem 2. This is

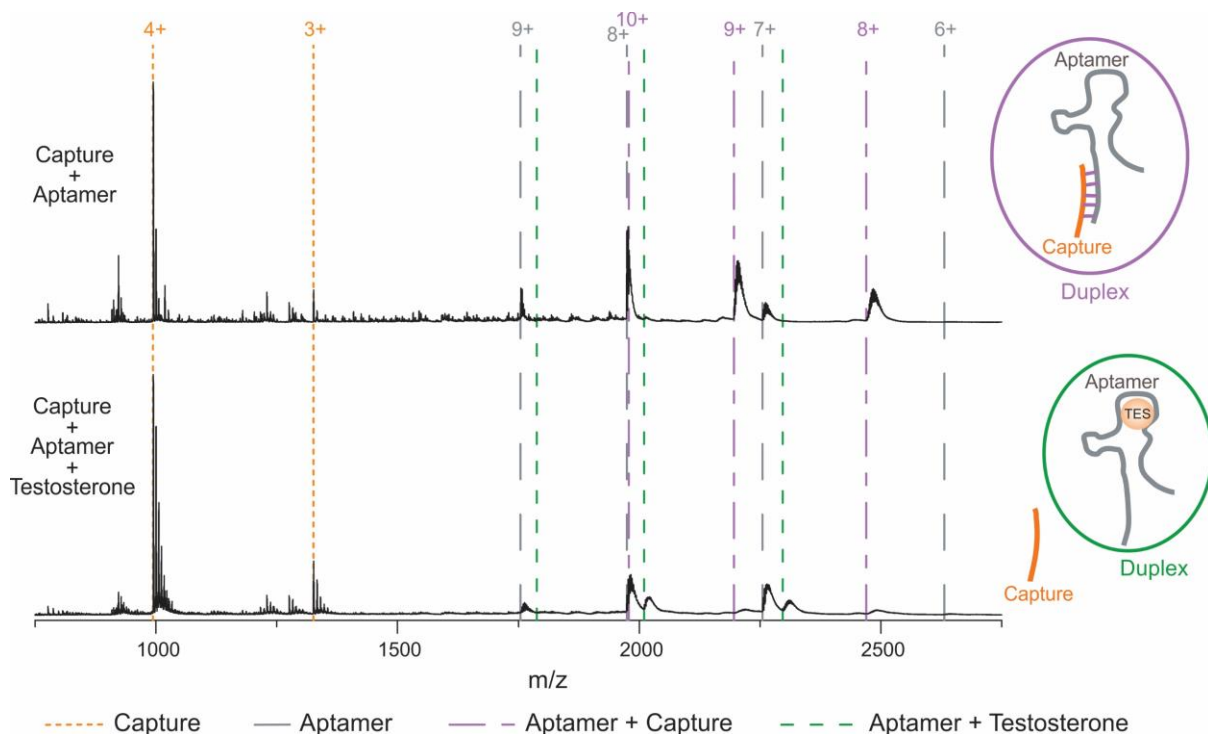
295 based on the higher number of complementary base pairs (bp) between the capture  
 296 probe-stem 1 (13 bp) in comparison with stem 1-stem 2 (9 bp) and their predicted  
 297 melting temperatures of 56.1°C and 44.6°C, respectively.



298 **Fig. 2.** Native nESI-MS spectra of stem 1 (complementary to the capture probe and stem 2) and stem  
 299 2 (complementary to the stem 1) **(top)**, capture probe and stem 1 **(middle)** and stem 1, stem 2 and the  
 300 capture probe **(bottom)** in equimolar ratios. The lines represent the theoretical m/z-values for each  
 301 species.

302 In the complete aptamer structure, stem 1 and stem 2 are, however, part of the same  
 303 chain. This could result in some entropic advantage favoring the duplex formation of  
 304 the stems instead of the hybridization of stem 1 and the capture probe. Therefore,

305 native nESI-MS experiments with the TESS.1 aptamer and capture probe were  
 306 performed. The hypothesis was disproven as a clear signal for the aptamer (which  
 307 contains stem 1) – capture complex is observed in the mass spectrum in the absence  
 308 of testosterone (**Fig. 3 – top**, purple dashed lines). Simultaneously, there is some free  
 309 aptamer (grey dashed lines) and free capture probe (orange dashed lines) detected.  
 310 Importantly, some peaks are shifted to slightly higher  $m/z$ -values due to nonspecific  
 311 binding of sodium ions, which are a common contamination in native nESI-MS. As  
 312 previously mentioned, the proposed principle assumes that the aptamer cannot form  
 313 a duplex with the capture probe upon binding to testosterone. Again, native nESI-MS  
 314 was used to confirm this hypothesis. Upon addition of testosterone, the aptamer-  
 315 capture probe interaction was almost completely disrupted and an aptamer-  
 316 testosterone complex was formed closing stem 1 and stem 2 (**Fig. 3 – bottom**, green  
 317 dashed lines).



318 **Fig. 3.** Native nESI-MS spectrum of the aptamer and capture in a 1:1 ratio (**top**) and the same mixture  
 319 with testosterone added in 10-fold excess (**bottom**). The dotted orange lines, dashed grey lines, dotted  
 320 green lines and dashed-dotted purple lines represent the theoretical  $m/z$ -values of the capture probe,  
 321 aptamer, aptamer – testosterone complex and aptamer – capture probe complex, respectively.

322 To investigate whether the stems of the TESS.1 aptamer contribute to the binding  
 323 affinity of testosterone, native nESI-MS experiments were performed with the full-  
 324 length TESS.1 aptamer and a shorter variant, called TESS.1short, which is 21  
 325 nucleotides smaller. In this shorter aptamer, 13 nucleotides from stem 1 and 8  
 326 nucleotides stem 2 are removed. **Fig. S3a** displays the native nESI-MS spectrum of  
 327 the full-length aptamer and **Fig. S3b** portrays the results acquired with the shorter  
 328 version of the aptamer. A clear complex between the full-length TESS.1 aptamer and  
 329 testosterone was identified as can be seen in **Fig. S3a**. In this case, 39% of the  
 330 aptamer forms a complex with testosterone (see also **Fig. 4b**). On the other hand, the

331 TESS.1short aptamer only shows a low-intensity peak corresponding to the complex  
332 (13% of the aptamer is present as complex, green dashed lines in **Fig. S3b**).

333 ITC experiments were performed to determine the  $K_d$  between both the TESS.1  
334 aptamer (**Fig. S4a**) and the TESS.1short (**Fig. S4c**) aptamer and testosterone. The  
335 thermograms show a clear exothermic binding process in both cases and the  $K_d$  was  
336 calculated to be  $240 \pm 29$  nM (slightly higher than the previously reported value of  $\sim 80$   
337 nM by Yang *et al.* [5]) and  $489 \pm 58$  nM, respectively (**Fig. S4c** and **S4d**). **Table S1**  
338 summarizes the parameters determined via ITC demonstrating slight differences  
339 between the TESS.1 and TESS.1short aptamers from a thermodynamic point of view,  
340 where the binding entropy of the TESS.1short aptamer is more negative than the  
341 TESS.1 aptamer, showing more unfavorable conformational changes and in  
342 consequence, less affinity [41].

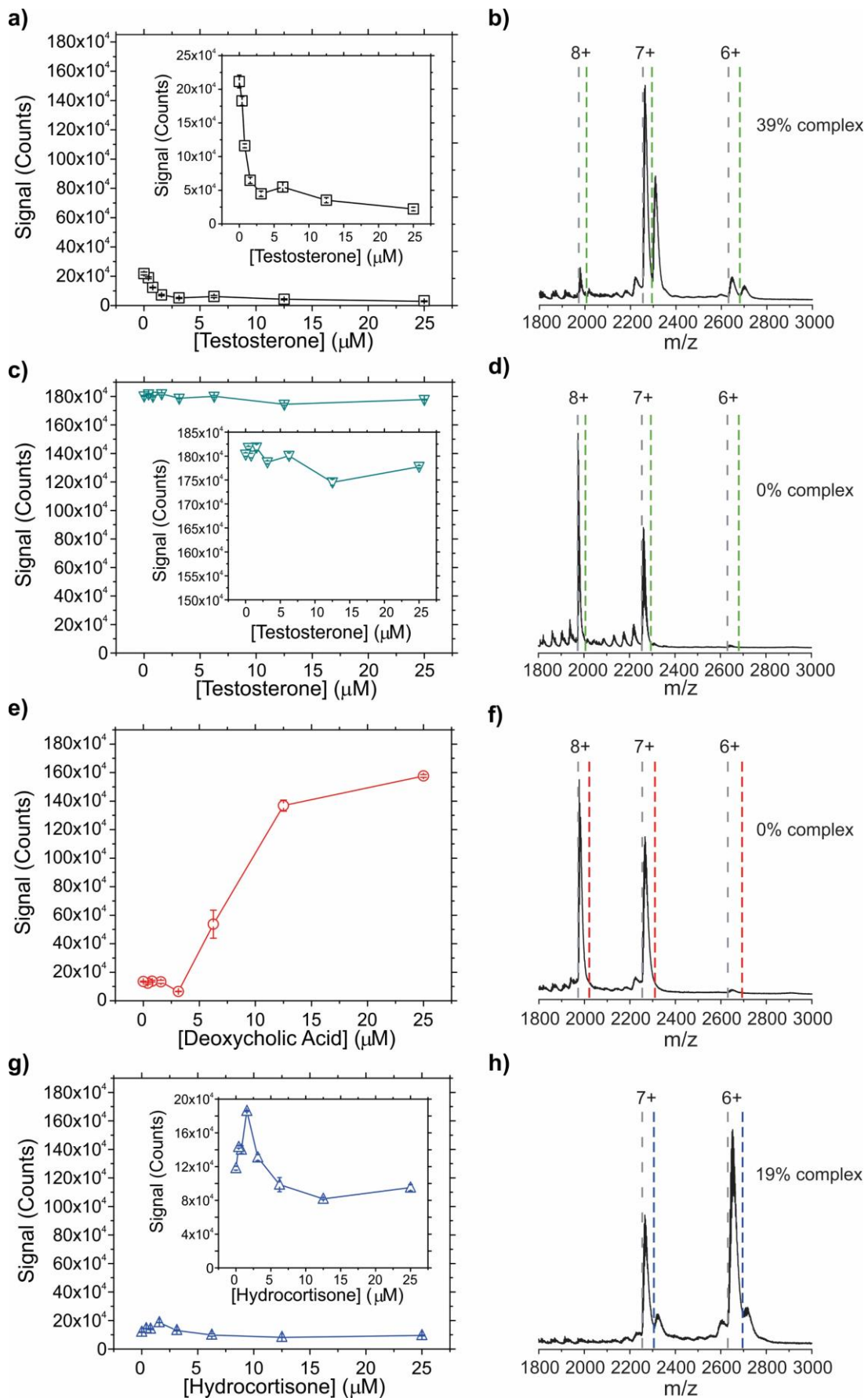
343 These results suggest that even though the TESS.1short aptamer still contains the  
344 binding region, the stems of the TESS.1 aptamer are a crucial structural part for the  
345 folding of the aptamer into its binding-competent state, enhancing its affinity towards  
346 testosterone. Since stem 1 and stem 2 of the TESS.1 aptamer hybridize upon binding  
347 of the target, stem 1 is no longer available to interact with the capture probe, as shown  
348 in **Fig. 3**.

### 349 **3.2. ECL detection of testosterone and native nESI-MS confirmation**

350 TESS.1 aptamer. After the characterization of the TESS.1 aptamer, ECL experiments  
351 with multiple concentrations of testosterone were performed to gain a better insight  
352 into the binding of testosterone to its aptamer. **Fig. 4a** shows data of the TESS.1  
353 aptamer in the presence of testosterone in a concentration range from 0 to 25  $\mu\text{M}$ ,  
354 showing a linear response from 0.39 to 1.56  $\mu\text{M}$  with a limit of detection of 0.29  $\mu\text{M}$ .  
355 This LOD was calculated following the formula  $\text{LOD} = 3.3(\text{Sy}/\text{S})$ , where  $\text{Sy}$  is the  
356 standard deviation of the blank (concentration of testosterone = 0  $\mu\text{M}$ ) and  $\text{S}$  is the  
357 slope obtained during the calibration curve (Table 1 and Table S2).

358 After the incubation of the aptamer with the different concentrations of testosterone,  
359 only the free aptamer (not bound to testosterone) will hybridize with the capture probe  
360 via the stem 1 of the aptamer and contribute to the recorded ECL signal. As can be  
361 noticed in the inset of **Fig. 4a**, the ECL signal already decreases 14% upon addition  
362 of the lowest concentration of testosterone used (0.39  $\mu\text{M}$ ). This decrease is due to  
363 the lower availability of the free TESS.1 aptamer to hybridize with the capture probe  
364 upon the addition of the target to the aptamer solution. The ECL response decreases  
365 up to 79% after the fourth addition of the target (3.13  $\mu\text{M}$ ), indicating that an increasing  
366 amount of testosterone is binding to TESS.1 aptamer in this range. From 3.13  $\mu\text{M}$   
367 onwards the signal is almost constant which suggests a saturation of the aptamer. A  
368 similar trend of the testosterone curve is observed in the results reported by Yang and  
369 co-workers where the fluorescent signal also reaches a plateau at concentrations  
370 above 3.13  $\mu\text{M}$  [5]. **Fig. 4b** displays the native nESI-MS spectrum of the TESS.1  
371 aptamer (grey dashed lines) and the complex formed with the target (green dashed  
372 lines), after the addition of the target in a 1:10 ratio, illustrating the efficient binding  
373 between TESS.1 aptamer and testosterone.

374 From the ECL experiments, the  $K_d$  was estimated using Chambers and Sauer [42]  
375 method, where the  $K_d$  equals the concentration of testosterone at which half-maximal  
376 binding of the TESS.1 aptamer occurs. Thus, the concentration of testosterone was  
377 found to be 970 nM. This is higher than the  $K_d$  determined by ITC, although it remains  
378 in the same range. It is important to consider that the presence of the capture probe  
379 (not present during ITC measurements) can likely influence the affinity by competing  
380 with the binding of testosterone.



381 **Fig. 4.** On the left: ECL data of testosterone in combination with **a)** the TESS.1 aptamer and **c)**  
 382 randomized ssDNA sequence; and, ECL data of the negative controls **e)** deoxycholic acid and **g)**

383 hydrocortisone with the TESS.1 aptamer. Target concentrations ranged from 0 to 25  $\mu\text{M}$  with a total of  
384 8 concentrations in twofold dilutions. On the right, native nESI-MS spectra showing: **b)** TESS.1 aptamer  
385 and **d)** randomized DNA sequence after addition of testosterone (10-fold excess), **f)** TESS.1 aptamer  
386 after the deoxycholic acid addition (10-fold excess) and **h)** TESS.1 aptamer after the hydrocortisone  
387 addition (10-fold excess). Theoretical  $m/z$ -values of the aptamer and the random sequence are  
388 represented with a dashed grey line, whereas the aptamer-target complexes are represented with  
389 colored dotted lines (testosterone in green, deoxycholic acid in red and hydrocortisone in blue).

390 Specificity of the ECL approach: randomized ssDNA. To investigate whether the  
391 decrease in the signal can be ascribed to specific binding, the same experiments were  
392 performed using a randomized ssDNA sequence instead of the TESS.1 aptamer, as  
393 shown in **Fig. 4c**. It is important to highlight that the randomized sequence kept the  
394 part complementary to the capture probe to allow hybridization whereas the rest of the  
395 sequence was scrambled (see **Table 2** for more details). Native nESI-MS experiments  
396 with the randomized ssDNA were carried out to confirm and demonstrate that no  
397 binding occurs between this sequence and the target (see **Fig. 4d** in comparison with  
398 **Fig. 4b**). In this case, the ECL signal at each concentration of testosterone is in the  
399 same range with a maximum deviation of 3% compared to the blank.

400 One thing that is important to notice is that the ECL signal of the randomized sequence  
401 (**Fig. 4c**) is much more intense than that of the TESS.1 aptamer (**Fig. 4a**). This is most  
402 likely due to the scrambled part that was designed to avoid self-complementarity within  
403 the TESS.1 aptamer. As a result, this unfolded structure of the randomized sequence  
404 promotes the position of the DIG label further away from the well surface, and therefore  
405 also the anti-DIG antibody with the  $\text{Ru}(\text{bpy})_3^{2+}$  labels with respect to the surface of the  
406 electrode. In consequence, the labels were closer to the light source during the  
407 generation and reading of the ECL signal, offering the highest values ( $\sim 180 \times 10^4$   
408 counts, **Fig. 4c**). The increase of the ECL response due to the larger distance between  
409 the ruthenium complex and the surface of the electrode has already been explained  
410 and demonstrated in the literature [43].

### 411 **3.3. Selectivity of the TESS.1 aptamer and the developed ECL approach**

412 Deoxycholic acid and hydrocortisone steroids were selected as negative controls to  
413 replace testosterone and confirm the selectivity of the TESS.1 aptamer. Hence, the  
414 native nESI-MS results showed no interactions between deoxycholic acid and the  
415 TESS.1 aptamer as can be seen in **Fig. 4f** (red dashed lines). In addition, only 19% of  
416 the complex between hydrocortisone and the TESS.1 aptamer was observed during  
417 the native nESI-MS experiments (**Fig. 4h**, blue dashed lines).

418 As depicted in **Fig. 4e**, in presence of deoxycholic acid the ECL signal becomes much  
419 more intense from 6.25  $\mu\text{M}$  onwards to reach 10 times its initial value. The number of  
420 counts measured at 25  $\mu\text{M}$  deoxycholic acid is in the same order of magnitude as the  
421 ECL signal observed for the unstructured randomized ssDNA ( $\sim 160 \times 10^4$  and  
422  $\sim 180 \times 10^4$  ECL counts, respectively). Currently, what causes the increase in ECL  
423 signal is unclear and, therefore, one should be careful when interpreting ECL data if  
424 such an increase in signal is observed. However, the similarities between the ECL  
425 counts observed in the case of deoxycholic acid and the randomized ssDNA suggest  
426 that the presence of deoxycholic acid might unfold the aptamer structure. Such  
427 unfolding would bring the  $\text{Ru}(\text{bpy})_3^{2+}$  labels further away from the electrode surface

428 and closer to the light source, leading to a higher number of counts as was previously  
429 discussed in section 3.2. [43]. This hypothesis would be supported by the shift of  
430 charge states towards more positive charges (i.e. the peak of the 8+ charge state)  
431 observed during the native nESI-MS experiments (**Fig. 4f**) which usually means a  
432 more unfolded structure due to a larger solvent-accessible surface being presented  
433 [7]. Furthermore, it is important to highlight herein that deoxycholic acid and its sodium  
434 form are used as biosurfactants in biological research for membrane solubilization,  
435 reconstitution of proteins and so forth [44,45]. It is reported that when interacting with  
436 proteins it promotes a major denaturation (unfolding) and loss of their structure [46].  
437 Hence, the deoxycholic acid seems to somehow disrupt the structural conformation of  
438 TESS.1 at higher concentrations (**Fig. 4e**) which could promote the unfolding of the  
439 aptamer, with similar results as the randomized sequence (**Fig. 4d**), rather than  
440 complexation (0% of complex formation, **Fig. 4f**).

441 Finally, the addition of increasing concentrations of hydrocortisone to the TESS.1  
442 aptamer first leads to a small increase of the ECL signal but afterward decreases up  
443 to 31% of its initial value (**Fig. 4g**, inset). It is important to remark that the trend of this  
444 last part is similar to the one of the binding of testosterone to the TESS.1 aptamer, but  
445 with less intensity difference indicating only low-affinity binding. This is also supported  
446 by native nESI-MS data in which a small amount of complex (19%) between the  
447 TESS.1 aptamer and hydrocortisone was detected (**Fig. 4h**).

#### 448 **4. Conclusions**

449 A novel ECL assay based on aptamer recognition towards testosterone, as a model  
450 for small molecules, was introduced. This proof of concept study can be extended  
451 towards other steroids and small molecules in the future. Inspired by the binding  
452 competent principle published by Yang and coworkers, the system consisting of a  
453 capture probe, aptamer and target was characterized using a multifaceted approach  
454 with analytical techniques such as ITC and native nESI-MS. The stems of the TESS.1  
455 aptamer were found to play a crucial role in the binding mechanism since they  
456 hybridize upon binding of testosterone. Therefore, stem 1 can no longer interact with  
457 the capture probe and the aptamer-capture probe interaction was disrupted while an  
458 aptamer-testosterone complex was formed.

459 Knowing the working mechanism of the system, a reliable ECL assay was developed  
460 for the detection of testosterone. The ECL assay could detect testosterone with a  
461 linear range from 0.39 to 1.56  $\mu\text{M}$  and a limit of detection of 0.29  $\mu\text{M}$ . Furthermore, the  
462 assay was found to be selective and specific since testosterone does not bind to a  
463 randomized DNA sequence and the aptamer does not respond to deoxycholic acid  
464 and only weakly to hydrocortisone. Although aptamer-based ECL sensors emerged  
465 only over one decade ago, they have already found broad applications in both  
466 fundamental research and biomedical diagnostics applications.

467 The present work aims to open a new avenue for the development of reliable and  
468 robust ECL biosensor assays for biochemical analysis, promoting a deeper



469 understanding of the potential of biosensors based on aptamers for the accurate  
470 detection of numerous biomolecules relevant in biomedical applications.

#### 471 **Declaration of competing interest**

472 The authors declare that they have no known competing financial interests or personal  
473 relationships that could have appeared to influence the work reported in this paper.

#### 474 **CRedit authorship contribution statement**

475 **Rocío Cánovas:** Conceptualization, Data curation, Formal analysis, Investigation,  
476 Methodology, Validation, Visualization, Writing - original draft; Writing - review &  
477 editing. **Elise Daems:** Conceptualization, Data curation, Formal analysis,  
478 Investigation, Methodology, Validation, Visualization, Writing - original draft; Writing -  
479 review & editing. **Rui Campos:** Conceptualization, Data curation, Investigation,  
480 Methodology, Validation, Writing - original draft; Writing - review & editing. **Sofie**  
481 **Schellinck:** Conceptualization, Writing - review & editing. **Annemieke**  
482 **Madder:** Conceptualization, Funding acquisition, Supervision, Writing - review &  
483 editing. **José C. Martins:** Conceptualization, Funding acquisition, Supervision, Writing  
484 - review & editing. **Frank Sobott:** Resources, Writing - review & editing. **Karolien De**  
485 **Wael:** Conceptualization, Investigation, Funding acquisition, Project administration,  
486 Resources, Supervision, Writing - review & editing.

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