

In Vivo Transcriptomic Profiling using Cell Encapsulation Identifies Effector Pathways of Systemic Aging

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Abstract

1 Sustained exposure to a young systemic environment rejuvenates aged organisms and
2 promotes cellular function. However, due to the intrinsic complexity of tissues it remains
3 challenging to pinpoint niche-independent effects of circulating factors on specific cell
4 populations. Here we describe a method for the encapsulation of human and mouse skeletal
5 muscle progenitors in diffusible polyethersulfone hollow fiber capsules that can be used to
6 profile systemic aging *in vivo* independent of heterogeneous short-range tissue interactions.
7 We observed that circulating long-range signaling factors in the old systemic environment
8 lead to an activation of Myc and E2F transcription factors, induce senescence and suppress
9 myogenic differentiation. Importantly, *in vitro* profiling using young and old serum in 2D
10 culture does not capture all pathways deregulated in encapsulated cells in aged mice. Thus,
11 *in vivo* transcriptomic profiling using cell encapsulation allows for the characterization of
12 effector pathways of systemic aging with unparalleled accuracy.

Main

1 Systemic crosstalk between tissues has emerged as an important determinant of organismal
2 aging (Demontis et al., 2013). Supporting this notion, several features of tissue aging can be
3 slowed or reversed by heterochronic parabiosis (Bert, 1864; Conboy et al., 2015).
4 Restoration of a youthful systemic environment has been shown to improve the function of
5 muscle, heart, liver, brain, and other tissues in aged mice (Baht et al., 2015; Conboy et al.,
6 2005; Katsimpardi et al., 2014; Loffredo et al., 2013; Ruckh et al., 2012; Sinha et al., 2014;
7 Smith et al., 2015; Villeda et al., 2011). Interestingly, the positive effects of young blood on
8 aged tissues appear to be milder than the pronounced negative effects of aged blood on
9 young tissues (Rebo et al., 2016). This observation suggests the presence of dominant pro-
10 aging factors in the systemic circulation, which cross-talk with local tissue niches to induce
11 the global decline in organ function associated with old age. Recent studies have aimed at
12 identifying the circulating factors involved in systemic aging, and some of the experimental
13 interpretations have led to considerable controversy in the field (Conese et al., 2017).

14 It has long been known that a range of endocrine hormones are perturbed in later
15 stages of life. Aging affects the somatotroph axis leading to decreased levels of growth
16 hormone and insulin-like growth factor 1 (IGF-1) (Garcia et al., 2000). Levels of sex
17 hormones such as testosterone and estrogen drop in aged individuals (Institute of Medicine,
18 2004). Old age is also associated with increased systemic inflammation that often goes along
19 with a metabolic syndrome attributed to insulin resistance and an excessive flux of fatty acids
20 (Dominguez and Barbagallo, 2016; Franceschi and Campisi, 2014). Next to these broad
21 biological processes, several distinct pro- and anti-aging factors have been identified in the
22 systemic environment. These include growth differentiation factor 15 (GDF15), eotaxin, β 2-
23 microglobulin, and transforming growth factor- β (TGF- β), which negatively affect brain or
24 muscle tissue in aging (Lehallier et al., 2019; Smith et al., 2015; Tanaka et al., 2018; Villeda
25 et al., 2011; Yousef et al., 2015). Factors activating Notch, growth differentiation factor 11
26 (GDF11) and tissue inhibitor of metalloproteinases 2 (TIMP2), on the other hand, have been
27 suggested to have rejuvenating effects (Castellano et al., 2017; Conboy et al., 2005; Conboy
28 and Rando, 2002; Mahmoudi et al., 2019), although the role of GDF11 is still controversial
29 (Egerman et al., 2015; Egerman and Glass, 2019; Harper et al., 2016; Schafer et al., 2016;

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1 Sinha et al., 2014). In addition, transcript levels of the pro-longevity protein Klotho in
2 circulating extracellular vesicles decreases with aging (Sahu et al., 2021).

3 The modulation of age affected signaling pathways, represents a promising alternative
4 to supplying or inhibiting systemic factors for rejuvenation. However, the study of pathways
5 that are responsive to systemic changes is complicated by the heterogeneous composition of
6 tissues, which contain a multitude of cell types that communicate through secreted short-
7 range signals. Systemic factors do not always act in a direct manner on tissue resident cell
8 populations but can instead trigger paracrine propagation and modulation of signals through
9 accessory cell types in the niche. In the intestinal crypt, paneth cells are known to transmit
10 systemic signals induced by caloric restriction to intestinal stem cells (Yilmaz et al., 2012).
11 Moreover, fibro-adipogenic progenitors, an age-affected support cell population for skeletal
12 muscle stem cells, are highly susceptible to systemic cytokines (Biferali et al., 2019;
13 Lukjanenko et al., 2019). Factors in the aging circulation also alter accessory cell signaling in
14 the neurogenic niche, which contributes to neural stem cell dysfunction (Smith et al., 2018).
15 These examples illustrate that profiling of aging pathways that are directly affected by
16 systemic long-range signaling factors, requires an approach that allows to subtract the
17 pervasive noise generated by the heterogeneous tissue environment.

18 Here we present a method that allows for the encapsulation of homogeneous cell
19 populations in diffusible hollow fiber capsules that can be transplanted subcutaneously to
20 profile the effects of an aged systemic environment in the absence of short-range cellular
21 interactions (**Fig. 1a**). This approach makes it possible to expose cells from multiple species
22 and different genetic backgrounds to heterotypic physiological environments to characterize
23 gene-environment relationships. It provides a paradigm to disentangle direct effects mediated
24 by systemic signals from cell intrinsic programming and input relayed by accessory cells in
25 the tissue niche.

26 **Encapsulation of myogenic progenitors in PES hollow fiber membranes**

27 Given their wide use in ultra-filtration applications, their oxidative, thermal and
28 hydrolytic stability, and their favorable mechanical properties we chose polyethersulfone
29 (PES) hollow fiber membrane (HFM) tubes for encapsulation of primary human (hskMPs) and
30 C57BL/6J mouse derived skeletal muscle progenitors (mskMPs) (Zhao et al., 2013).

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1 Importantly, PES fibers are biocompatible, have low immunogenicity, and become
2 vascularized when subcutaneously implanted (Hunter et al., 1999). In order to maximize the
3 number of encapsulated cells and, at the same time, allow for adequate oxygen diffusion
4 throughout the capsule, we selected a tubular HFM with an outer diameter of 0.9 mm and an
5 inner diameter of 0.7 mm (**Fig. 1b**). The spongy-like, cross-linked architecture of PES-HFM
6 allows for the diffusion of molecules up to 280 kDa freely through the membrane but prevents
7 infiltration by cells. To provide a suitable adhesion matrix, cells were embedded in growth
8 factor reduced Matrigel (Kleinman et al., 1982). Based on flow cytometric quantification of
9 apoptosis, Matrigel resulted in cellular viability >90% following a ten-day culture period that
10 was superior to other extracellular matrix substrates or hydrogel (**Supplementary Fig. 1a-c**).
11 After mounting of the HFM to an adaptor hub, the exposed end and the external hub interface
12 were sealed using a bio-compatible photopolymerizing medical grade polyacrylate adhesive
13 (**Fig. 1c and Supplementary Fig. 1d**). Sealing of devices was verified using a submersion
14 air pressure decay test. Trypsinized hskMPs or mskMPs mixed with Matrigel were injected
15 into the capsule through the adaptor hub and the loaded capsule was transferred onto a 3D
16 printed autoclavable USP Class VI plastic cutting and sealing platform (**Supplementary Fig.**
17 **1e,f**). Following cutting of the adaptor hub, the loaded capsule remained protected in the UV
18 impermeable plastic device while the second adhesive seal was photopolymerized.

19 ***In vitro* characterization of encapsulated myogenic progenitors**

20 For validation of our experimental setup and to interrogate the behavior of
21 encapsulated cells, we performed a series of *in vitro* experiments. Capsules loaded with
22 hskMPs or mskMPs were placed into culture dishes, immersed in growth media, and were
23 maintained on a horizontal shaker platform in a tissue culture incubator. Terminal
24 deoxynucleotidyl transferase dUTP nick end labeling (TUNEL) staining of cryosections from
25 capsules that were kept in culture for ten days revealed that over 90% of the cells remained
26 viable (**Fig. 2a,b**). Indicative of proper oxygen and nutrient supply, cell density increased
27 slightly in capsules in culture (**Fig. 2c,d**). Following ten days in culture, hskMPs and mskMPs
28 were distributed across the entire diameter of the capsules (**Fig. 2e,f**). Over the ten-day
29 encapsulation time-course, hskMPs and mskMPs showed a mild $\leq 37\%$ reduction in the
30 number of cells positive for the myogenic marker Pax7, while $\geq 80\%$ of the cells remained

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1 positive for MyoD (**Fig. 2g-l**). Indicating that the capsule 3D context favors the maintenance
2 of myogenic markers, hskMPs in classic 2D culture downregulated Pax7 and MyoD
3 expression by 62% and MyoD by 37% over the same ten-day period (**Supplementary Fig.**
4 **1g**). No apparent difference in the distribution of mitochondria was observed when hskMPs or
5 mskMPs in 2D culture were compared to encapsulated cells (**Supplementary Fig. 2a-d**).
6 When compared to cells in 2D culture, 3D exposure to Matrigel in the capsules led to a higher
7 cytoskeletal complexity with an 123% increase in filopodia in mskMPs (**Supplementary Fig.**
8 **2a-e**). Growth factor deprivation over a four-day differentiation period, induced a robust $\geq 80\%$
9 reduction of Pax7 in hskMPs and mskMPs, reduced MyoD by 43% in human cells, and, in
10 spite of spatial restraints due to 3D embedding, increased the terminal differentiation marker
11 myosin heavy chain (MHC) by $\geq 170\%$ in both cell types (**Fig. 2m-s**). After encapsulation,
12 proliferative cells could be recovered from the capsules by enzymatic liberation
13 (**Supplementary Fig. 3a**). Collectively, these observations demonstrate that encapsulated
14 hskMPs and mskMPs remain viable and proliferative, retain the expression of myogenic
15 markers, and are capable to respond to pro-differentiative signals.

16 ***In vivo* characterization of encapsulated myogenic progenitors**

17 We next established the capsule implantation and recovery procedure in adult
18 male C57BL/6J mice. Since it is easily accessible and in contact with the extensive
19 subcutaneous vasculature, skeletal muscle, and bone, resembling the systemic environment
20 myogenic progenitors are exposed to *in situ*, we chose the myofascia of the ribcage as an
21 implantation site. The animals were anesthetized, and incisions were made on the back
22 slightly posterior to each scapula. Three to four capsules containing hskMPs or mskMPs
23 were introduced in varying locations into the subcutaneous fascia over the ribcage separated
24 by 3-5 mm (**Fig. 3a**). Capsule insertion was performed using a hypodermal plastic tube with a
25 sliding metal plunger. In case of hskMPs, an immune reaction to secreted xenogeneic
26 proteins was prevented by subcutaneous implantation of an osmotic pump supplying the
27 immunosuppressant FK-506 on the flank contralateral to the capsules. After ten days of *in*
28 *vivo* insertion the capsules showed external vascularization and minimal connective tissue
29 build-up (**Fig. 3b**). The porous capsule wall served as an effective barrier for host cells, and
30 we did not observe any CD31 positive blood vessels that were able to penetrate the devices

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1 **(Supplementary Fig. 3b)**. TUNEL apoptosis assays using cross-sections from explanted
2 capsules revealed that $\geq 80\%$ of hskMPs and mskMPs remained viable (**Fig. 3c,d**), and that
3 Pax7, MyoD and MHC were still expressed by the cells (**Fig. 3e-m**). Out of a panel of 40
4 inflammatory markers, not a single factor was upregulated in serum from C57BL/6J mice that
5 received capsules containing syngeneic cells in the absence of immunosuppression
6 (**Supplementary Fig. 4a and Supplementary Table 1**). Thus, PES hollow fiber capsules do
7 not cause an apparent immunogenic response.

8 ***In vivo* profiling of systemic aging**

9 To apply our systemic profiling protocol, we implanted young and aged C57BL/6J mice
10 with capsules containing hskMPs and mskMPs. hskMPs take about ten days to fully fuse into
11 myotubes (Cheng et al., 2014). Thus, in order to account for eventual differentiative effects of
12 the systemic environment on the encapsulated cells, we chose this time point for isolation
13 and analysis. The RNA yield was sufficient for genome wide transcriptomic profiling for both
14 cell types (**Supplementary Fig. 5a,b**). Gene set enrichment analysis using the hallmark
15 database revealed that targets of the Myc and E2F family of transcription factors that have
16 previously been implicated in aging and senescence, were induced in both hskMPs and
17 mskMPs exposed to an aged systemic environment (Dimri et al., 2000; Hofmann et al., 2015;
18 Shavlakadze et al., 2018) (**Fig. 4a-c and Supplementary Table 2-5**). To confirm these
19 findings independently, we performed semi-quantitative PCR using mRNA isolated from
20 capsules containing hskMPs after ten days of implantation in young and aged mice. This
21 experiment confirmed age-mediated a 157% increase of the Myc target small nuclear
22 ribonucleoprotein polypeptide A' (Snrpa1) and a 92% increase of the E2F target transferrin
23 receptor (Tfrc) that were part of the respective gene sets upregulated in encapsulated cells in
24 old mice (**Supplementary Fig. 5c,d**).

25 Myc is induced by mitogens and inflammatory processes (Frank et al., 2001; Liu et al.,
26 2015). However, aging is known to downregulate systemic sex hormones and the
27 somatotroph axis leading to decreased levels of critical growth factors and mitogens such as
28 IGF-1 and growth hormone (Garcia et al., 2000). Thus, in order to determine whether Myc
29 induction goes along with elevated systemic proinflammatory markers, we profiled serum
30 from aged C57BL/6J mice and detected increased levels of B lymphocyte chemoattractant

1 (BLC, CXCL13), intercellular adhesion molecule-1 (ICAM-1, CD54), Leptin, monokine
2 induced by gamma (MIG, CXCL9) and TIMP-1 when compared to the young condition
3 (**Supplementary Fig. 6a and Supplementary Table 6**). Interestingly, immunostaining for Ki-
4 67 showed that increased levels of Myc signaling in the aged condition did not lead to a
5 higher rate of proliferation in encapsulated cells (**Supplementary Fig. 7a,b**). However, we
6 observed an 39% increase in β -galactosidase positive senescent cells in capsules explanted
7 from aged mice (**Supplementary Fig. 7c,d**).

8 Further gene set analysis revealed that the categories myogenesis, epithelial-
9 mesenchymal transition (EMT), interleukin, interferon, and p53 signaling were found to be
10 suppressed in hskMPs and mskMPs by an aged systemic environment (**Fig. 4d and**
11 **Supplementary Table 7,8**). In agreement with an anti-myogenic effect in the aged
12 circulation, we observed that encapsulated hskMPs explanted from old mice showed a 51%
13 lower fusion index than in the young condition (**Supplementary Fig 7e,f**).

14 To determine which features of aging are directly controlled by long-range secreted
15 factors in the systemic circulation as opposed to signals transduced by the physiological
16 tissue niche, we compared our dataset to freshly isolated myogenic progenitors from young
17 and aged C57BL/6J mice (**Fig. 4e and Supplementary Table 9,10**). Next to many
18 exclusively niche controlled processes, we observed an overlap with respect to an
19 upregulation of Myc and E2F targets, as well as a downregulation of myogenesis and EMT.
20 Collectively, these results demonstrate that aging is characterized by an increased
21 abundance of systemic inflammatory molecules that correlates with higher activity of Myc and
22 E2F transcription factors, cellular senescence, and a reduced differentiation potential of
23 myogenic progenitors.

24 **Exposure to aged serum only captures a fraction of systemically affected pathways**

25 We next set out to determine whether the systemic aging signature we observed using
26 encapsulated cells *in vivo* can be reproduced using a simple cell culture paradigm. To this
27 end we exposed hskMPs in 2D culture for four and ten days to young and aged human
28 serum, isolated RNA, and performed and genome wide transcriptomic profiling. Gene set
29 enrichment analysis revealed that aged human serum led to a weak induction of pathways at
30 day four, while more gene categories and a partial overlap with the profile obtained from

1 encapsulated myogenic progenitors in old mice was observed at day ten (**Supplementary**
2 **Fig. 8a and Supplementary Table 11,12**). In particular, the top three pathways, Myc targets,
3 oxidative phosphorylation, and E2F targets, were similarly induced by aged human serum *in*
4 *vitro* and in encapsulated myogenic progenitors in old mice. Counterintuitively, the category
5 myogenesis was upregulated by aged serum *in vitro* after both four and ten days of exposure.
6 Moreover, other gene set categories such as fatty acid metabolism that were strongly
7 induced in both encapsulated cells in old mice and in aged freshly isolated myogenic
8 progenitors, were not affected by aged serum *in vitro*.

9 After both four or ten days of exposure of hskMPs to aged human serum *in vitro*, we
10 observed a robust response in downregulated gene sets (**Supplementary Fig. 8b and**
11 **Supplementary Table 13,14**). However, in particular the top downregulated gene sets
12 showed poor overlap with the profile obtained from encapsulated hskMPs or mskMPs in aged
13 mice or in freshly isolated old myogenic progenitors. Moreover, myogenesis, which was
14 consistently downregulated in both encapsulated cells and in freshly isolated cells in the aged
15 condition, was not repressed by aged serum *in vitro*.

16 In contrast to our observations using encapsulated cells (**Supplementary Fig. 7a-f**),
17 we observed that aged human serum *in vitro* did not increase the abundance of senescence-
18 associated beta-galactosidase positive cells or affect the fusion index of the cells
19 (**Supplementary Fig. 9a-f**). Overall, these results demonstrate that the effects of systemic
20 aging observed in encapsulated myogenic progenitors in old mice can only partially be
21 reproduced *in vitro*.

22 We conclude that cell encapsulation allows to capture the transcriptional effects of
23 systemic aging on myogenic progenitors at unprecedented resolution. Long-range signals in
24 the aged circulation lead to a deregulation of a wide variety of pathways, including an
25 activation of Myc and E2F transcription factors, as well as an induction of anti-myogenic and
26 senescence related processes.

Discussion

1 Our study demonstrates that encapsulation of syn- and xenogeneic cells allows for
2 systemic transcriptional profiling independent of short-range heterogenous cellular
3 interactions. The effects of aged serum on cells in 2D culture only partially overlapped with
4 our observations in encapsulated cells in young and old mice. This result supports the notion
5 that certain factors in the systemic circulation are unstable *in vitro* or have a very short half-
6 life. Compared to other types of capsules that have been used in mice, for instance planar
7 macroencapsulation devices (Lathuiliere et al., 2014), hollow fiber capsules are miniaturized
8 to a diameter of 0.7 mm and a length of 1cm that can be varied according to need. PES is
9 one of the most frequently used polymers in medical applications and, due to its low
10 immunogenicity, has been studied extensively in the context of artificial organs and medical
11 devices used for blood purification in humans (Samtleben et al., 2003; Tullis et al., 2002;
12 Werner et al., 1995; Zhao et al., 2001). Underlining its biocompatibility, we observed that
13 subcutaneous implantation of PES capsules did not induce systemic inflammatory markers.

14 The myofascia of the ribcage is extensively vascularized and in close proximity to
15 bone and skeletal muscle. Thus, resembling the endogenous niche environment of myogenic
16 cells, it was well suitable as an implantation site for our study. However, for investigation of
17 other cell types that require implantation in different tissues or organs the hollow fiber capsule
18 format may not be ideal and may have to be adapted. Further miniaturization of the capsules
19 would likely yield insufficient mRNA for bulk transcriptomics and either extensive amplification
20 or single-cell sequencing would be required for downstream processing. Given, the broad
21 interest of the aging field in using skeletal muscle stem cells as a model system for tissue
22 maintenance and repair (Drew, 2018; Evano and Tajbakhsh, 2018; Gopinath and Rando,
23 2008), we selected myogenic progenitors for our profiling experiments. We observed that
24 after explantation of capsules viable proliferative cells can be enzymatically liberated. Thus,
25 our method is not limited to bulk transcriptomic profiling, but could also be modified to allow
26 for single cell sequencing or for the *in vitro* study of long-lasting intrinsic adaptations induced
27 by exposure to an aged systemic environment.

28 Worldwide, the population of aged individuals has grown to an unprecedented size,
29 and by 2050 more than 430 million people will be over the age of 80 (Drew, 2018). The
30 characterization of *bona fide* aging signatures in defined cell populations independent of the

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1 heterogenous niche context, could potentially allow for the identification of novel therapeutic
2 targets for the systemic treatment of age-associated cellular dysfunction in frail individuals.
3 Importantly, cell encapsulation allows to filter out the dominant noise of the aged tissue that is
4 in direct contact with the cell population of interest. Only long-range signaling factors are able
5 to diffuse over the capsule membrane, which allows to read out effects of these molecules
6 independent of extracellular matrix, heterologous cell-cell contacts, and short-range paracrine
7 growth factors secreted by accessory cells in the tissue. Therefore, in contrast to profiling of
8 cells directly extracted from aged niches or following parabiotic pairing, encapsulation allows
9 to obtain a pure and unbiased transcriptional signature of the systemic environment in
10 defined cell types of choice and makes this amenable to cellular signaling across different
11 species. As such, encapsulation is not an alternative to studying cells in their endogenous
12 niche, but a complementary approach that allows to dissect specific questions on systemic
13 versus tissue-mediated interactions.

14 Using gene set enrichment analysis, we observed that the aged systemic environment
15 induces senescence, is anti-myogenic, and activates the Myc and E2F family of transcription
16 factors in both mouse and human myogenic progenitors. E2F1, which interacts with the
17 retinoblastoma tumor suppressor, has been shown to have a role in promoting cellular
18 senescence (Dimri et al., 2000). Mice haploinsufficient for Myc exhibit an increased lifespan
19 and are resistant to osteoporosis, cardiac fibrosis and immunosenescence (Hofmann et al.,
20 2015). Rapalogs, which inhibit the activity of mammalian target of rapamycin complex 1,
21 increase life span and delay hallmarks of aging in many species. It has been shown that the
22 rapalog RAD001, counter-regulates Myc in aged kidneys (Shavlakadze et al., 2018).
23 Moreover, Myc is known to be induced by mitogens and inflammatory processes (Frank et
24 al., 2001; Liu et al., 2015). In agreement with these observations, we detected significantly
25 increased levels of systemic pro-inflammatory factors in aged mice. Interestingly,
26 fundamental biological mechanisms such as RNA processing and inflammation related
27 processes affected in our encapsulation study, were also changed in brain tissue of
28 heterochronic parabionts (Baruch et al., 2014). Altogether, our study suggests that these
29 cellular mechanisms are a consequence of systemic aging that occur independent of the
30 influence of heterologous tissue-resident accessory cells. In contrast, comparison to
31 myogenic cells directly isolated from skeletal muscle tissue, indicates that processes such as

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1 apoptosis are imposed by the aged niche and are not directly affected by the systemic
2 environment.

3 Importantly, our protocol is not limited to aging and might also allow to assess the
4 impact of other multisystemic conditions on defined cell populations of interest. Moreover, in
5 future applications, the combination of encapsulation technology with genetically engineered
6 or induced pluripotent stem cell (iPSC) derived cells, could allow to study systemic effects
7 under controlled physiological conditions at an unprecedented level of detail.

Acknowledgements

1 We are grateful to Nagabhooshan Hegde, José Sanchez and the Nestlé Institute of Health
2 Science Musculo-Skeletal Health and Cell Biology departments and community for
3 discussion and support. We thank Phoukham Phothirath and Oliver Rizzo of the preclinical
4 investigations group of Nestlé Research for expert advice and support with *in vivo*
5 experiments. O.M., J.N.F. and C.F.B are supported by the Fondation Suisse de Recherche
6 sur les Maladies Musculaires (FSRMM). C.F.B. is supported by the Canadian Institutes of
7 Health Research (CIHR, PJT-162442), the Natural Sciences and Engineering Research
8 Council of Canada (NSERC, RGPIN-2017-05490), the Fonds de Recherche du Québec -
9 Santé (FRQS, Dossiers 296357, 34813, and 36789), the ThéCell Network (supported by the
10 FRQS), the Canadian Stem Cell Network, and a research chair of the Centre de Recherche
11 Médicale de l'Université de Sherbrooke (CRMUS). P.M.C is supported by ERC-2016-AdG-
12 741966, La Caixa-HEALTH-HR17-00040, MDA, AFM, MWRF, UPGRADE-H2020-825825,
13 RTI2018-096068-B-I00, a María de Maeztu Unit of Excellence award to UPF (MDM-2014-
14 0370), and a Severo Ochoa Center of Excellence award to the CNIC (SEV-2015-0505). X.H
15 is recipient of a Severo Ochoa FPI (SEV-2015-0505-17-1) predoctoral fellowship.

Author Contributions

16 O.M., X.H., C.B., F.D.F., J.M., and N.B. contributed to experimental design, conducted
17 experiments, and analyzed results. E.LM., J.C.T, J.I., and P.M.C. provided critical reagents
18 and experimental support. E.M. and G.L. performed bioinformatic analysis. S.M., F.R. and
19 P.D. developed the RNA isolation methodology and performed transcriptional profiling. O.M.,
20 X.H., J.N.F, and C.F.B. directed the study, designed experiments, analyzed and interpreted
21 results, and wrote the manuscript.

Competing Financial Interests

22 O.M., X.H., E.M., G.L., C.B., F.D.F., J.M., S.M., F.R., P.D., N.B., J.N.F. and C.F.B. were or
23 are employees of the Société des Produits Nestlé S.A., Switzerland.

Figure legends

1 **Fig. 1 | PES hollow fiber capsules for transcriptomic profiling of long-range systemic**
2 **signals. a**, Scheme outlining interactions in the tissue niche in the context of the systemic
3 circulation. Using cell encapsulation, the direct effects of long-range diffusible factors,
4 including growth factors, nutrients, gases and ions, on maintenance and differentiation of
5 defined cell types of interest can be assessed independent of the influence of accessory cells
6 presenting cell-cell adhesion receptors or secreting extracellular matrix and short-range
7 signaling factors. **b**, Scanning electron micrographs of the polyethersulfone (PES) hollow
8 fiber membrane. Scale bars: 200 μm (top left), 20 μm (bottom left) and 5 μm (right). **c**,
9 Schematic outlining the capsule loading procedure and photograph of a PES hollow fiber
10 membrane mounted to the adaptor hub.

11 **Fig. 2 | *In vitro* characterization of encapsulated myogenic progenitors. a,b**, Terminal
12 deoxynucleotidyl transferase dUTP nick end labeling (TUNEL) based quantification of
13 apoptosis in encapsulated human (hskMP) or mouse (mskMP) skeletal muscle progenitors
14 maintained in growth media for ten days. **c,d** DNA staining based quantification of hskMP or
15 mskMP numbers in cross sections of capsules maintained for 4, 8 or 10 days in growth
16 media. **e,f**, Representative DNA stainings of cross sections from a capsule containing
17 hskMPs or mskMPs maintained ten days in growth media. Scale bars: 75 μm . **g**,
18 Representative Pax7 immunostainings of cross sections from capsules containing hskMPs or
19 mskMPs maintained ten days in growth media. Scale bars: 150 μm . **h,i**, Quantification of
20 Pax7 positive cells in capsules containing hskMPs or mskMPs maintained for 4, 8 or 10 days
21 in growth media. **j**, Representative MyoD immunostainings of cross sections from capsules
22 containing hskMPs or mskMPs maintained ten days in growth media. Scale bars: 150 μm . **k,l**,
23 Quantification of MyoD positive cells in capsules containing hskMPs or mskMPs maintained
24 for 4, 8 or 10 days in growth media. **m-p**, Quantification of Pax7 and MyoD in cross sections
25 from capsules maintained for four days under proliferative (Prolif.) conditions in growth media
26 or in differentiation (Diff.) media. **q**, Representative myosin heavy chain (MHC)
27 immunostainings of cross sections from capsules containing hskMPs or mskMPs maintained
28 for four days in differentiation media. Scale bars: 75 μm . **r,s**, Quantification of MHC positive
29 cells in capsules containing hskMPs or mskMPs maintained for four days in growth media

1 compared to differentiation media. All graphs represent means +/- s.e.m. n≥3 cross sections
2 from different capsules were quantified for each experiment and time-point. ****P<0.0001,
3 ***P<0.001, **P<0.01, *P<0.05. Two-way comparisons were made with a student's t-test and
4 multiple comparisons by one-way ANOVA followed by Bonferroni post-test.

5 **Fig. 3 | *In vivo* characterization of encapsulated myogenic progenitors.** **a**, Schematic of
6 the implantation strategy for the PES hollow fiber capsules in mice. In case of hskMPs, an
7 osmotic pump supplying immunosuppressant was implanted at the contralateral flank. **b**,
8 Photograph of the capsules in the connective tissue under the skin of mice ten days after
9 implantation. Arrows are pointing at blood vessels in proximity of the capsules. Scale bar: 0.2
10 cm. **c,d**, Quantification of TUNEL negative hskMP or mskMP skeletal muscle progenitors
11 after ten days *in vivo*. **e**, Representative Pax7 immunostainings of cross sections from
12 capsules containing hskMPs or mskMPs after ten days *in vivo*. **f,g**, Quantification of Pax7
13 positive cells in capsules containing hskMPs or mskMPs after ten days *in vivo*. **h**,
14 Representative MyoD immunostainings of cross sections from capsules containing hskMPs
15 or mskMPs after ten days *in vivo*. **i,j**, Quantification of MyoD positive cells in capsules
16 containing hskMPs or mskMPs after ten days *in vivo*. **k**, Representative MHC
17 immunostainings of cross sections from capsules containing hskMPs or mskMPs after ten
18 days *in vivo*. **l,m**, Quantification of MHC positive cells in capsules containing hskMPs or
19 mskMPs after ten days *in vivo* (**c,d,f,g,i,j,l,m**) Cross sections of capsules explanted from n=3
20 mice were analyzed for each experiment. Graphs represent means +/- s.e.m. (**e,h,k**) Scale
21 bars: 150 μm. Comparisons were made by one-way ANOVA followed by Bonferroni post-
22 hoc test.

23 **Fig. 4 | Transcriptomic profiling of systemic aging.** **a**, Gene set enrichment analysis
24 (GSEA) of age-induced genes in encapsulated hskMPs or mskMPs compared to the young
25 control after ten days *in vivo*. Shaded bars represent gene sets overlapping between human
26 and mouse cells. Snowflakes indicate gene sets that are also upregulated by aged serum *in*
27 *vitro* (Supplementary fig. 8a). **b,c**, GSEA barcode plots depicting enrichment of Myc targets
28 with age in encapsulated hskMPs or mskMPs compared to the young control after ten days *in*
29 *vitro*. **d**, GSEA of genes downregulated with age in encapsulated hskMPs or mskMPs
30 compared to the young control after ten days *in vivo*. Shaded bars represent gene sets

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1 overlapping between human and mouse cells. Snowflakes indicate gene sets that are also
2 downregulated by aged serum *in vitro* (Supplementary fig. 8b). **e**, GSEA of genes up- or
3 downregulated with age in freshly isolated niche resident skeletal muscle stem cells. Shaded
4 bars represent gene sets overlapping with encapsulated hskMPs or mskMPs in young and
5 aged mice. Snowflakes indicate gene sets that are also up- or downregulated by aged serum
6 *in vitro* (Supplementary fig. 8a,b). Data from n=8 young or aged mice. (**a-e**) Samples and
7 data are derived from capsules of n≥5 mice in each age group. False discovery rate (FDR) =
8 Adjusted p-value using Benjamini-Hochberg procedure.

Methods

1 Cell culture

2 Human skeletal myoblasts (hskMPs, Lonza, CC-2580) isolated from donated human tissue of
3 20 year old healthy Caucasians were used at passages 3-5 after obtaining permission for
4 their use in research applications by the Cantonal Ethical Commission of canton de Vaud
5 (CER-VD). For *in vitro* expansion, the cells were maintained in human skeletal muscle
6 myoblast growth medium (Zenbio, SKM-M) in human fibronectin coated dishes fibronectin
7 (Corning, 356008) in a 37°C, 5% CO₂ incubator, and were passaged once confluency
8 reached 50%. Primary mouse myoblasts (mskMPs) from 3-week-old C57Bl6/J (Charles
9 River, C57BL/6NCrl) mice were maintained in collagen I coated dishes (Sigma-Aldrich,
10 C3867-1VL) in Ham's F10 media (Wisent, 318-051-CL) containing 20% FBS (Wisent, 80450,
11 lot 115714), 1% Penicillin-Streptomycin solution (Wisent, 450-201-EL) and 2,5 ng/mL bFGF
12 (VWR, 10821-962) in a 37°C, 5% CO₂ incubator at a confluence under 80%. For
13 transcriptomic profiling of hskMPs *in vitro*, the cells were seeded into human fibronectin
14 coated dishes (Corning, 356008) in human skeletal muscle myoblast growth medium (Zenbio,
15 SKM-M). After 8 hours, the cells were washed and maintained in medium containing 1%
16 human skeletal muscle myoblast growth medium (Zenbio, SKM-M) and 9% of human serum
17 from 3 different 19-20 year old (young) or 3 different 60-64 year old (aged) healthy Caucasian
18 donors (HumanCells Biosciences, FP-006-C200) after obtaining permission for their use in
19 research applications by informed consent and legal authorization for 4 or 10 days. The cells
20 were maintained under humidified conditions at 37°C in a 5% CO₂ incubator and medium
21 was changed every other day.

22 Embedding of cells

23 Growth factor reduced Matrigel (Corning, 354230) and MaxGel ECM (Sigma-Aldrich, E0282)
24 were thawed at 4 °C and pipette tips were chilled at -20 °C before starting the experiment. All
25 material was kept on ice or at 4 °C during the procedure. All mixing steps were carried out
26 with caution to avoid generating bubbles. Cells were harvested with trypsin, numbers were
27 quantified using a cell counter (Vi-CELL, AT39233), and the sample was centrifuged. The
28 pellet was resuspended in ice-cold medium at a concentration of 20k cells/μl and kept on ice.
29 The cell mixture was mixed with 1 volume Matrigel or MaxGel by gentle pipetting, giving rise

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1 to a final concentration of 10k cells/ μ l. Hydrogels (Sigma-Aldrich, TrueGel3D Hydrogel Kit,
2 TRUE7) of \sim 10kPa were prepared by thawing of the SLO-DEXTRAN solution, TrueGel3D
3 buffer at room temperature. SLO-DEXTRAN solution and TrueGel3D buffer were then mixed
4 with the cells as described above for Matrigel and MaxGel. For hydrogel polymerization
5 peptide based crosslinker (Sigma-Aldrich, TRUECD) was added to the cell suspension mix.

6 Device mounting

7 Polyethersulfone (PES) hollow fiber membranes (HFM, AKZO NOBEL) were cut into pieces
8 of 1.2 cm (**Fig. 1b,c**). The adaptor hub (**Supplementary fig. 1d**) was produced by
9 assembling a plastic loading head (Neurotech Pharmaceuticals) with a piece of PEBAX
10 single lumen tubing (Medical Extrusion Technologies). The piece of HFM was then connected
11 to the adaptor hub and sealed at the external interface and the exposed end using a bio-
12 compatible photopolymerizing medical grade adhesive (Loctite, Henkel, L37DAI9124).
13 Polymerization was induced using a BlueWave LED Prime UVA high-intensity spot-curing
14 system (Dymax, 40322) emitting two 5 second pulses of UV. The remaining empty lumen (1
15 cm) of the capsule holds a volume of 4 μ L. Sealing of each device was verified using an air-
16 leak test. While immersed in sterile double distilled water, filtered air was injected at a
17 pressure of 17.58 hPa (2.5 Psi) for 5 s. Devices showing pressure decay greater than 100 Pa
18 over 5 s were discarded. Assembled devices were sterilized with ethylene oxide gas before
19 further use.

20 Cell encapsulation

21 10 μ l of the cell-Matrigel mixture was loaded into each capsule using a Hamilton gastight
22 syringe (50 μ l) through the adaptor hub. Once the injected volume exceeded the inner
23 volume of the device, a fraction of the total volume was ultrafiltrating through the porous
24 membrane. The loaded capsule was transferred onto the 3D printed autoclavable USP Class
25 VI plastic cutting and sealing platform (**Supplementary fig. 1e,f**), cut with a razor blade and
26 sealed with the medical grade adhesive while left protected in the UV blocking plastic device.
27 The capsule was then transferred to pre-warmed media and maintained on a shaker (80 rpm)
28 in a 37° C, 5% CO₂ incubator. Media was changed every day. For *in vivo* studies, freshly
29 loaded capsules were maintained in the incubator overnight before implantation. To re-isolate
30 live cells from capsules, they were cut with a razor blade on both ends. A Hamilton gastight

1 syringe was then used to perfuse with StemPro accutase (Thermo Fisher Scientific,
2 A1110501).

3 Surgery

4 Capsule implantation experiments were performed using 6-week to 22-month-old male
5 C57BL/6J mice (Janvier, C57BL/6JRj) in accordance with the Swiss regulation on animal
6 experimentation and the European Community Council directive (86/609/EEC) for the care
7 and use of laboratory animals. Experiments were approved by the Vaud cantonal authorities
8 under license VD3085, and by the Animal Care and Ethics Committee of the Spanish
9 National Cardiovascular Research Center (CNIC) and regional authorities. Mice had access
10 to water and food ad libitum at all time. Animals were randomized by body weight within
11 experimental groups. Before surgery, mice were anesthetized using isoflurane and lidocaine
12 was applied onto the shaved skin. Capsules were implanted through a small incision on the
13 back, slightly posterior to the scapulae. Separated by 3-5 mm, 3-4 capsules were inserted
14 through the incision into the subcutaneous fascia over the rip-cage using hypodermic venflon
15 plastic tube (BD) sliding over a metal plunger. The metal plunger held the capsule in place
16 while the plastic applicator tube was withdrawn over it. For encapsulated human cells, an
17 osmotic minipump (Alzet 1002, Charles River) supplying 2.5 mg/kg/day of FK-506 in 70%
18 ethanol (VWR Chemicals BDH, 153386F) was implanted through a second incision on the
19 opposite side of the spine. Subsequently the incisions were closed using surgical staples.
20 After surgery, mice were kept in single housing with daily surveillance and bodyweight
21 measurement. 10 days after implantation, the mice were euthanized and the capsules were
22 retrieved, washed in warm PBS, incubated in 37 °C warm trypsin for 5 minutes, and washed
23 again before processing. Mice that showed weight loss >15% or displayed signs of wound
24 infection and inflammation, were excluded from the study.

25 Cryo-sample preparation

26 Gelatin solution was heated up to and kept at 39 °C until completely melted. Capsules were
27 placed on a layer of gelatin applied to a thin plastic mold. Subsequently, another layer of
28 gelatin was applied to cover the capsules. The sample was then kept at 4 °C for 5 minutes to
29 ensure complete gelation. The sample was then snap frozen in a liquid nitrogen chilled
30 isopentane slurry for 1 minute and transferred to dry ice.

1 Stainings

2 Capsule cryosections were fixed with 4% PFA (Thermo Fisher Scientific, 28908). Fixed
3 samples were washed with PBS and permeabilized in 0.1% Triton X-100 (Sigma-Aldrich,
4 T8787) for 15 minutes at room temperature. The sections were then blocked with 4% IgG-
5 free BSA (Jackson ImmunoResearch, 001000162) for 1 hour at room temperature. Samples
6 were incubated with primary antibody at 4°C overnight or for 2 hours at room temperature in
7 blocking buffer. After washing, the sections were incubated with the corresponding secondary
8 antibodies and 40, 6-diamidino-2-phenylindole (Thermo Fisher Scientific, D1306) for 45
9 minutes at room temperature. After further washing, the slide was dried and mounted
10 (ProLong Diamond Antifade Mountant, P36965). Imaging was carried out using a DMI6000
11 inverted microscope (Leica, DM14000B) or VS120 slide scanner (Olympus, EVK-L100-
12 042FL). Primary antibodies were anti-Pax7 (DHSB, 528428), anti-MyoD antibody (C-20)
13 (Santa Cruz Biotechnology, sc-304), anti-myosin heavy chain (Merck Millipore, A4.1025),
14 anti-CD31 (Abcam, ab32457), Ki-67 (ab833, Abcam), and anti- β -galactosidase (Abcam,
15 ab9361). Hoechst (B2261, Sigma-Aldrich) was used to stain DNA. Mitochondria were
16 labeled using MitoTracker Red CMXRos (ThermoFisher Scientific, M7512) and F-actin
17 staining was performed using CytoPainter-Phalloidin-iFluor 488 reagent (Abcam, 176753).
18 TUNEL staining was performed using the *In Situ* Cell Death Detection Kit (Roche,
19 11684795910) according to the manufacturer's instructions.

20 Fluorescence-activated cell sorting

21 Cells were isolated after 4 and 10 days of embedding into Matrigel, MaxGel and hydrogel
22 using the TrypLE express enzyme (Thermo Fisher Scientific, 12605010) and StemPro
23 accutase (Thermo Fisher Scientific, A1110501). Cell viability was determined using a
24 LSRFortessa SORP FACS analyzer (BD Biosciences, H647800N0001). CytoCalcein (Pacific
25 Blue) and Apopxin (FITC) (Abcam, ab176749) were used as indicators for live and apoptotic
26 cells. Data was recorded with the BD FACSDiva software version 8.0.2. All data were
27 subsequently analyzed with FCS Express Flow Cytometry version 6.06.0014 (De Novo
28 Software, 4193).

29 Mouse inflammatory cytokines

30 Serum cytokines were quantified using the ELISA based Quantibody Mouse Inflammation

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1 Array Q1 Kit (Raybiotech, QAM-INF-1-1). Following incubation of the cytokine-specific
2 immobilized antibodies with serum and standard cytokines, a biotinylated antibody cocktail
3 recognizing the different bound cytokines was added. For detection, Cy3-labelled streptavidin
4 was added, and fluorescence was quantified using the InnoScan 710 AL microarray scanner
5 (Innopsys, Innoscan-710). Data was extracted and computed using MAPIX software
6 (Innopsys, version 8.2.7) and Quantibody Q-Analyzer software (Raybiotech, QAM-INF-1-
7 SW). Cytokine concentration in the samples was determined by comparing signals from
8 unknown samples to the control cytokine standard curve.

9 RNA extraction and transcriptomic analysis

10 2-3 devices from the same mouse were pooled and added to a Lysing Matrix D tube (MP
11 Biomedicals, 116913500) on ice. After addition of 450 μ L of Agencourt RNAdvance Tissue
12 lysis buffer (Beckman Coulter, A32646) the capsules were homogenized using a FastPrep-24
13 (MP Biomedicals). RNA was extracted using the Agencourt RNAdvance Tissue Kit (Beckman
14 Coulter, A32646) following the manufacturer's instructions. For encapsulated hskMPs, two
15 rounds cRNA synthesis starting with 5 ng of total RNA were performed using the
16 MessageAmp II aRNA amplification kit (Life Technologies, AM1751) and MessageAmp II-
17 biotin enhanced aRNA amplification kit (Life Technologies, AM1791) according to the
18 manufacturer's instructions. RNA and cRNA were quantified using the Quant-iT RiboGreen
19 RNA Assay Kit (Invitrogen, 10207502) using a Spectramax M2 (Molecular Devices, M2).
20 RNA quality assessment was performed using a Bioanalyzer 2100 with RNA 6000 Pico Kit
21 (Agilent Technologies, 5067-1513). cRNA quality assessment was done using a Fragment
22 Analyzer-96 with the Standard Sensitivity RNA Analysis Kit (15-nt) (Advanced Analytical
23 Technologies, DNF-471-0500). Hybridization of 750ng of cRNA on Human HT-12 v4.0
24 Expression BeadChip (Illumina, BD-103-0604), were performed according to the
25 manufacturer's instructions. Scanning of the microarrays was performed on Illumina HiScan
26 (Illumina, SY-103-1001). No signal was observed on human-specific microarrays using
27 similar amounts of RNA/cRNA from connective tissue isolated in the immediate periphery of
28 the implants. For encapsulated mskMPs, 50 ng of total-RNA was used to generate QuantSeq
29 libraries using the QuantSeq-3' mRNA-Seq-Library Prep Kit FWD for Illumina (Lexogen,
30 15.384) following 20 cycles of PCR amplification. Libraries were quantified with the Quant-iT
31 Picogreen (Invitrogen, 10545213) on a FilterMax F3 (Molecular Devices, F3). Size pattern

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1 was assessed with Fragment Analyzer-96 with the DNF-474-0500 High Sensitivity NGS
2 Fragment Analysis Kit (Agilent Technologies, DNF-474-0500). Libraries (Average size: 295
3 bp) were pooled at an equimolar ratio and clustered at a concentration of 9 pM on a single
4 read sequencing flow cell. 65 cycles of sequencing were performed on an Illumina HiSeq
5 2500 (Illumina, SY-401-2501) in rapid mode using a 50 cycles SBS Kit (Illumina, GD-402-
6 4002, FC-402-4022) according to the manufacturer's instructions. The generated data were
7 demultiplexed using bcl2fastq v2.19. Reads were aligned to the mouse genome (GRCm38)
8 using STAR (Dobin et al., 2013), and the number of reads mapped within genes was
9 quantified by HTSeq (Anders et al., 2015). Samples had a sequencing depth between 6.9-
10 14.6 million reads, of which between 4.9-10.6 million reads were uniquely mapped. Freshly
11 isolated niche resident cells were isolated and transcriptomically analyzed as previously
12 described (Lukjanenko et al., 2016). Briefly, extracted RNA were subjected to 3' microarray
13 analysis on Illumina MouseRef-8_V2 chips. Semi-quantitative PCR was performed using a
14 LightCycler 480 (Roche Diagnostics) and the LightCycler DNA green master mix (Roche
15 Molecular Systems, 05573092001). Taqman probes (ThermoFisher Scientific) were Tfrc
16 (Hs00951083_m1), Snrpa1 (Hs00795392_mH) and GAPDH (Hs02758991_g1) as a
17 housekeeper.

18 3D-printing

19 Design of the capsule cutting-sealing platform was carried out using Solidworks software
20 (Dassault Systèmes, SW PRO). Printing was done using the ProJet 3500 HDMax (3D
21 systems) 3D printer. VisiJet M3 Crystal and VisiJet S300 (3D systems, 1.0000-M06 and
22 1.0000-M03) served as printing material and support material, respectively. Schematics are
23 deposited on www.thingiverse.com/thing:4005301.

24 Statistical analysis

25 After visual inspection and exclusion of microarrays presenting low signal (\log_2 median
26 expression <6) or low variability (standard deviation <0.1), Illumina expression signals were
27 quantile-normalized. We applied a nonspecific filter to discard probes with low average signal
28 and retained 6969 Illumina probes whose mean expression was greater than the third quartile
29 of expression of all probes. Genes (represented by probes) were tested for differential
30 expression using the moderated t-statistic as implemented in LIMMA(Smyth, 2004). RNA-

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1 sequencing data were normalized by the Trimmed Mean of M-values (TMM) method using
2 the calcNormFactors function in edgeR (Robinson et al., 2010) after selecting genes with
3 more than 4 counts per-million in at least 5 samples. Differentially expressed genes were
4 defined by fitting a quasi-likelihood negative binomial generalized log-linear model to count
5 data using glmQLFTest function in edgeR. The mean-rank gene-set enrichment (Michaud et
6 al., 2008) procedure as implemented in LIMMA was applied to investigate pathway
7 perturbations between gene profiles derived from encapsulated cells exposed to a young and
8 aged environment using the hallmark and C5 (GO) gene set collections from MSigDB
9 (Liberzon et al., 2015) version 6.2. All genome wide statistical analyses were performed using
10 R, version 3.3.3 (microarray data), version 3.5.3 (RNA-sequencing data) and Bioconductor
11 libraries. For cytokine arrays, the mean fluorescence intensities of positive controls were
12 utilized for normalization. Values below the Limit of Detection (LOD) were substituted by
13 $LOD/\sqrt{2}$ while the values above the highest standard were replaced by the highest
14 standards. The non-parametric statistical (two-sample Wilcoxon) tests were used for the
15 analysis. For visualization data were log-transformed.

16 Accession codes

17 The data discussed in this publication will be deposited in NCBI's Gene Expression Omnibus.
18 GEO Series accession numbers are GSE111401 and GSE81096. The remaining datasets
19 are presently processed.

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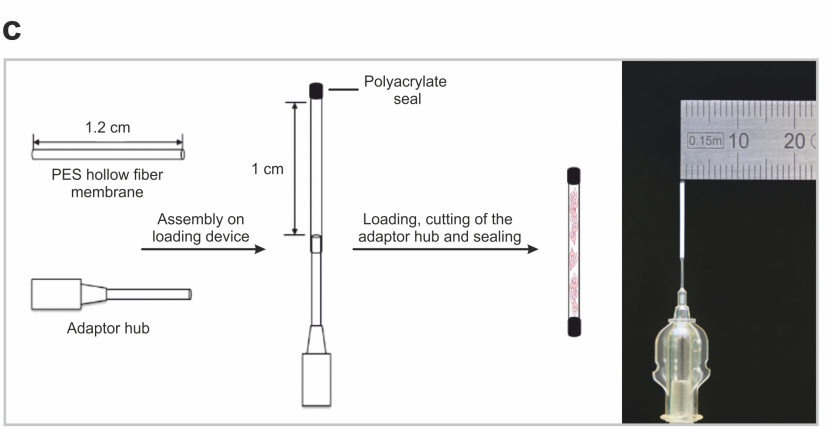
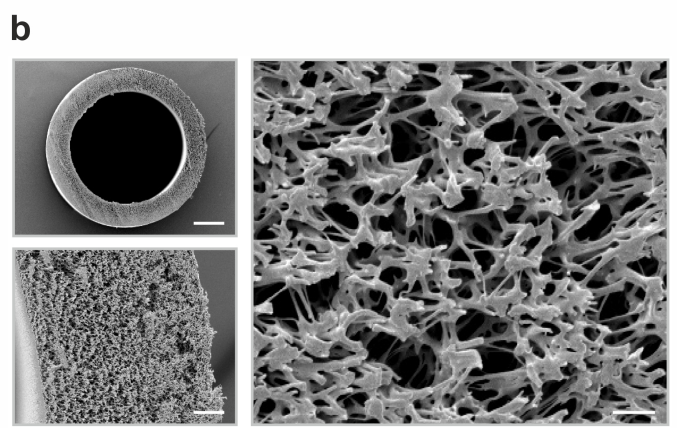
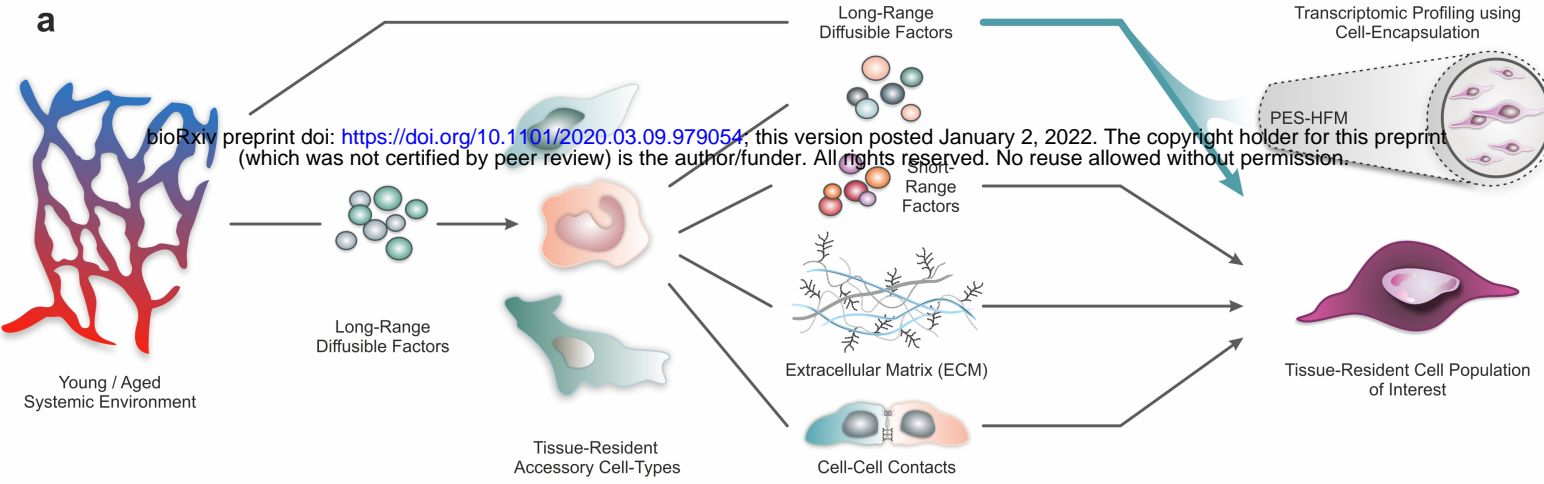


Figure 1

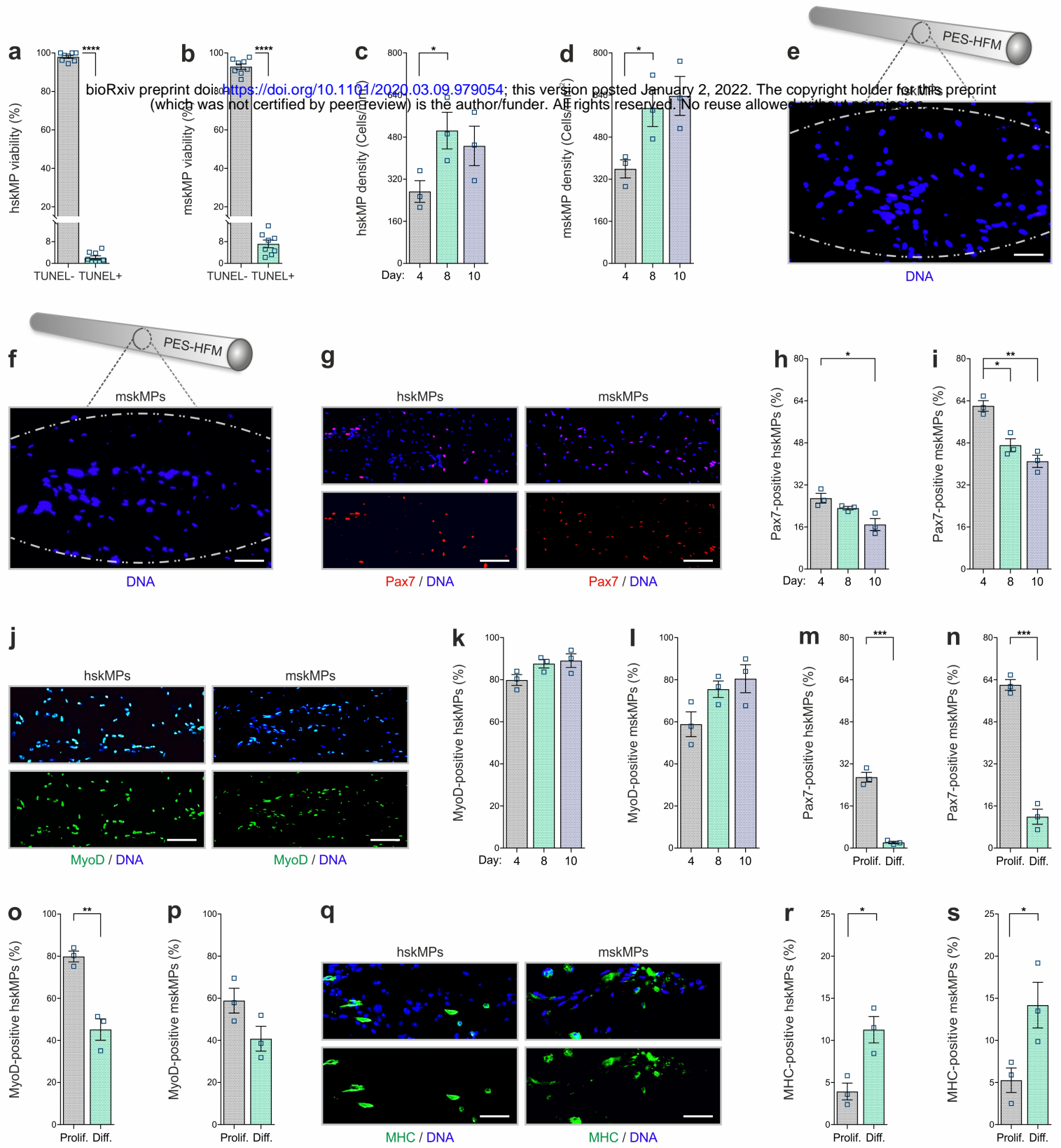


Figure 2

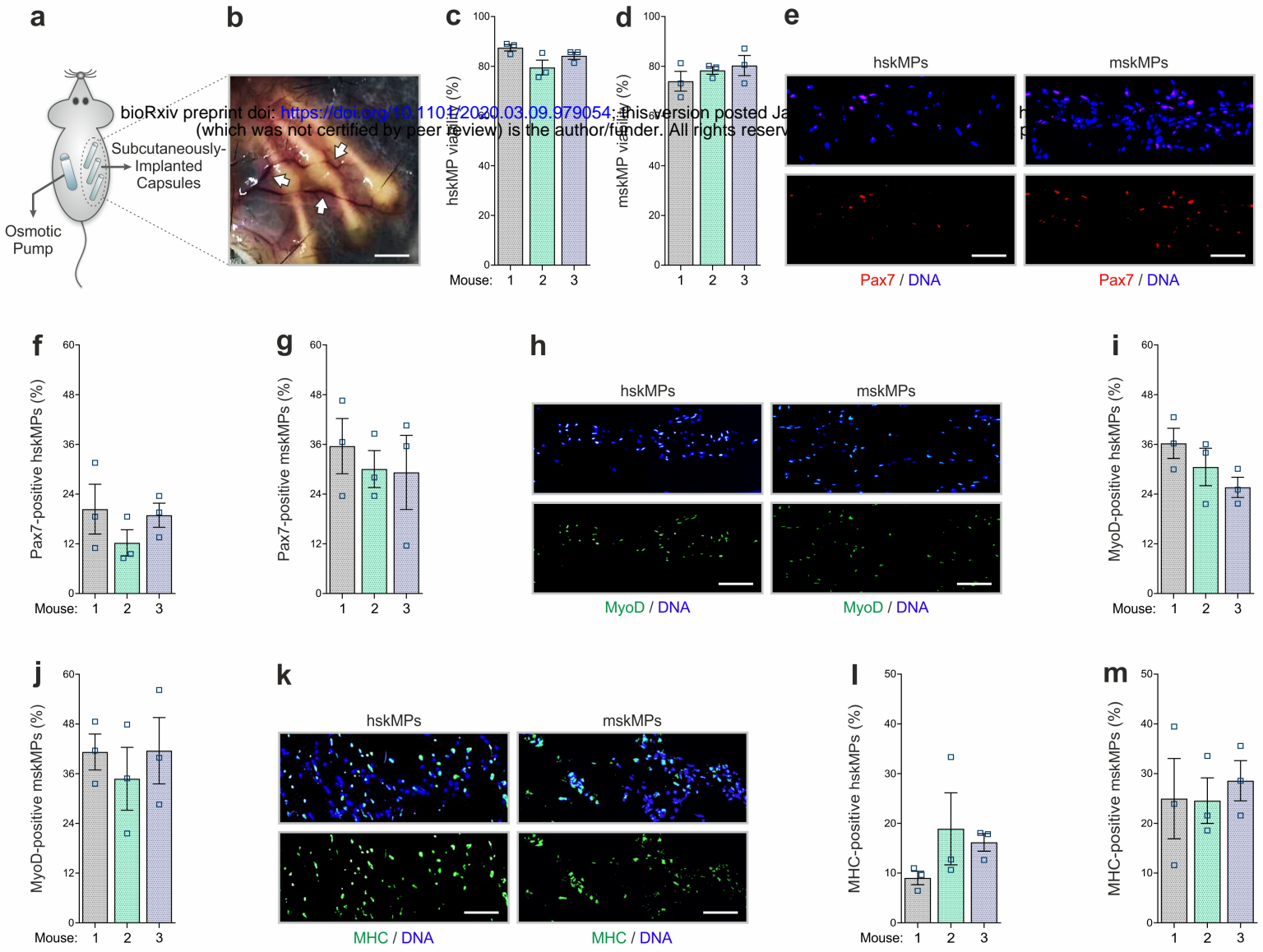
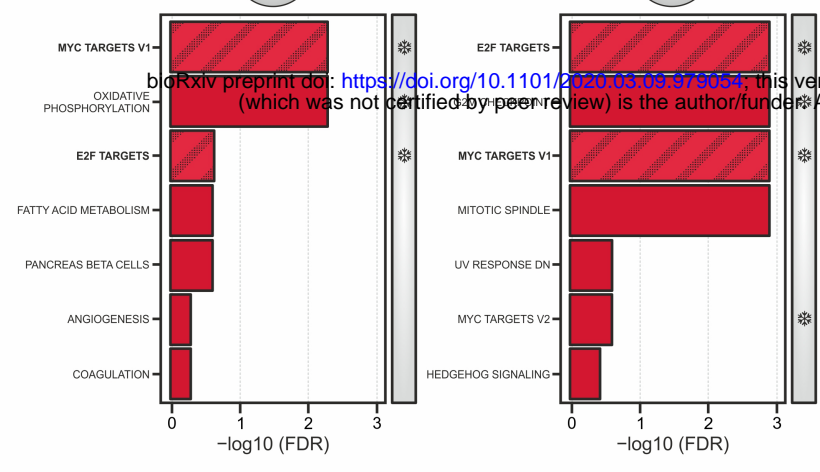
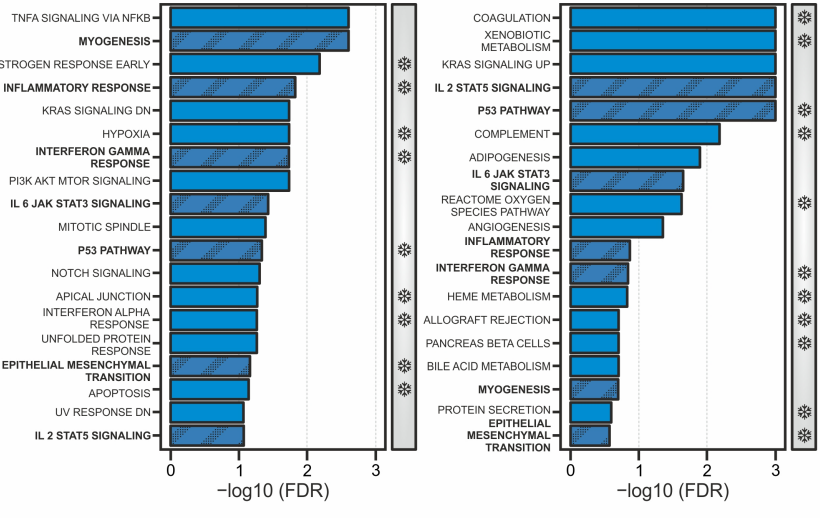


Figure 3

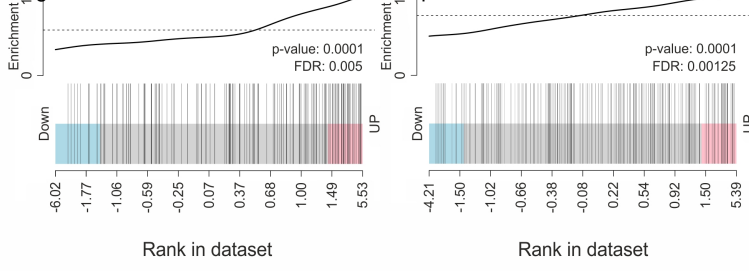
a Upregulated in encapsulated cells in aged mice



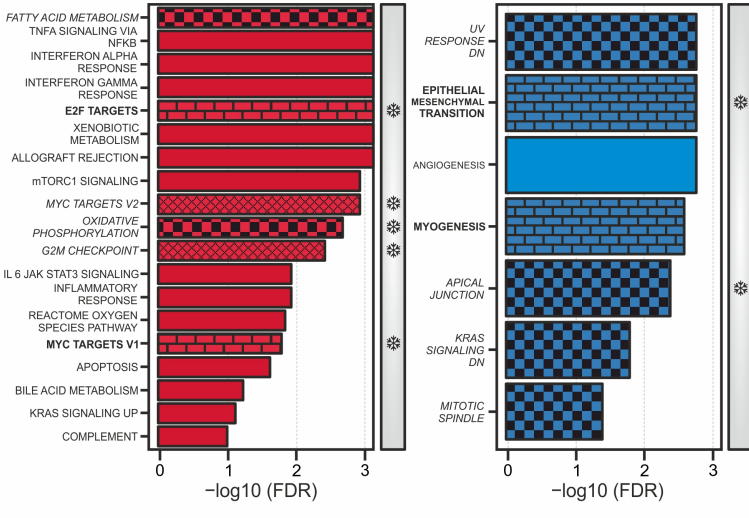
d Downregulated in encapsulated cells in aged mice



b MYC TARGETS V1 (hskMPs) **c** MYC TARGETS V1 (mskMPs)



e Upregulated & downregulated in cells isolated from aged mice



<p>Overlapping:</p> <p>Encapsulated human cells --- Encapsulated mouse cells</p>	<p>Overlapping:</p> <p>Freshly isolated mouse cells --- Encapsulated human cells --- Encapsulated mouse cells</p>	<p>Overlapping:</p> <p>Freshly isolated mouse cells --- Encapsulated human cells</p>	<p>Overlapping:</p> <p>Freshly isolated mouse cells --- Encapsulated mouse cells</p>	<p>Overlapping:</p> <p>Up- or downregulated by aged serum <i>in vitro</i></p>
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Figure 4

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In Vivo Transcriptomic Profiling using Cell Encapsulation Identifies Effector Pathways of Systemic Aging

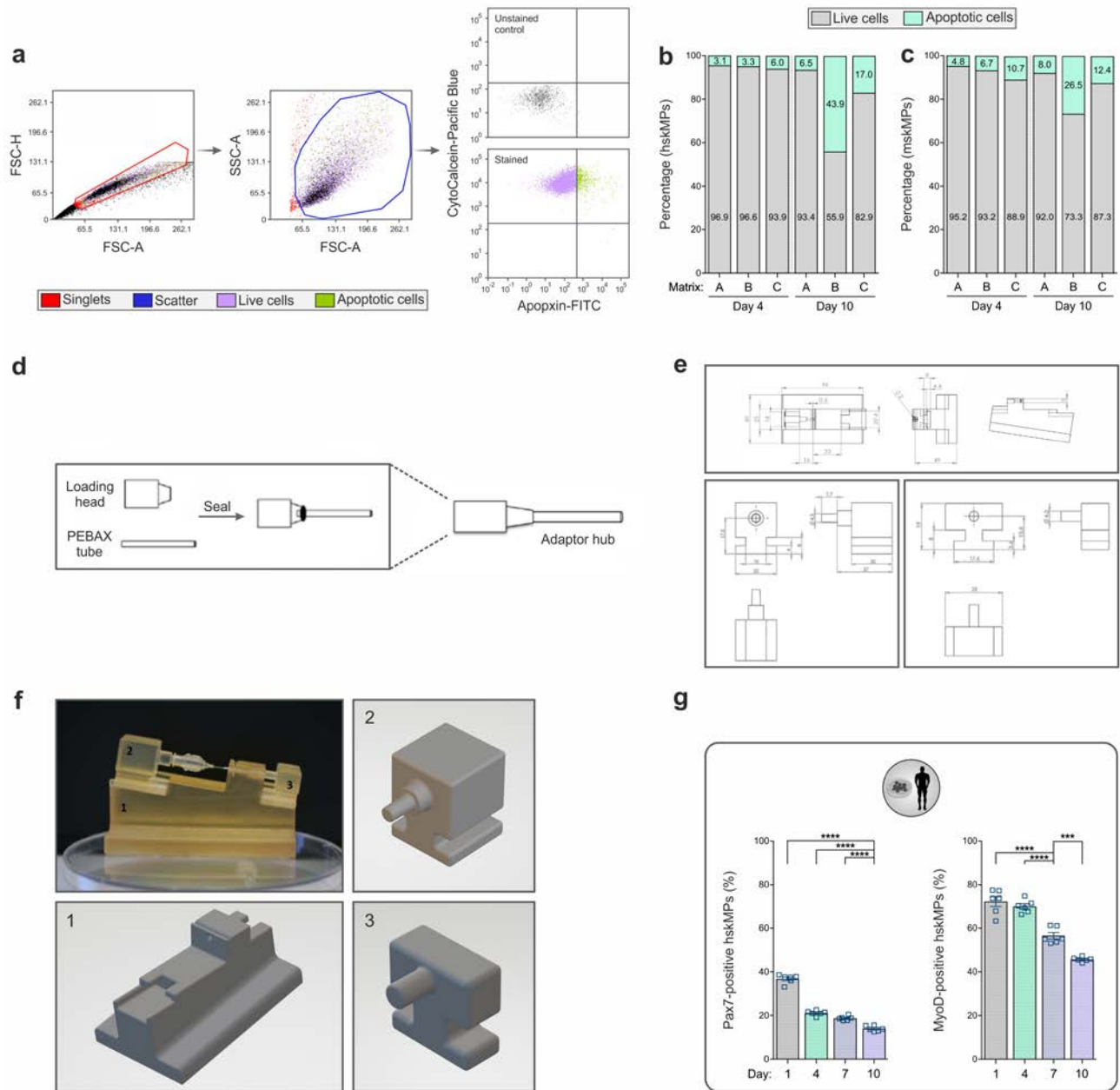
Omid Mashinchian, Xiaotong Hong, Joris Michaud, Eugenia Migliavacca, Gregory Lefebvre, Christophe Boss, Filippo De Franceschi, Emmeran Le Moal, Jasmin Collette-Tremblay, Joan Isern, Sylviane Metairon, Frederic Raymond, Patrick Descombes, Nicolas Bouche, Pura Muñoz-Cánoves, Jerome N. Feige, C. Florian Bentzinger

Supplementary Information

Supplementary Figures 1-9

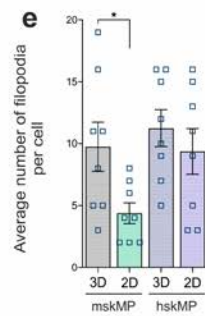
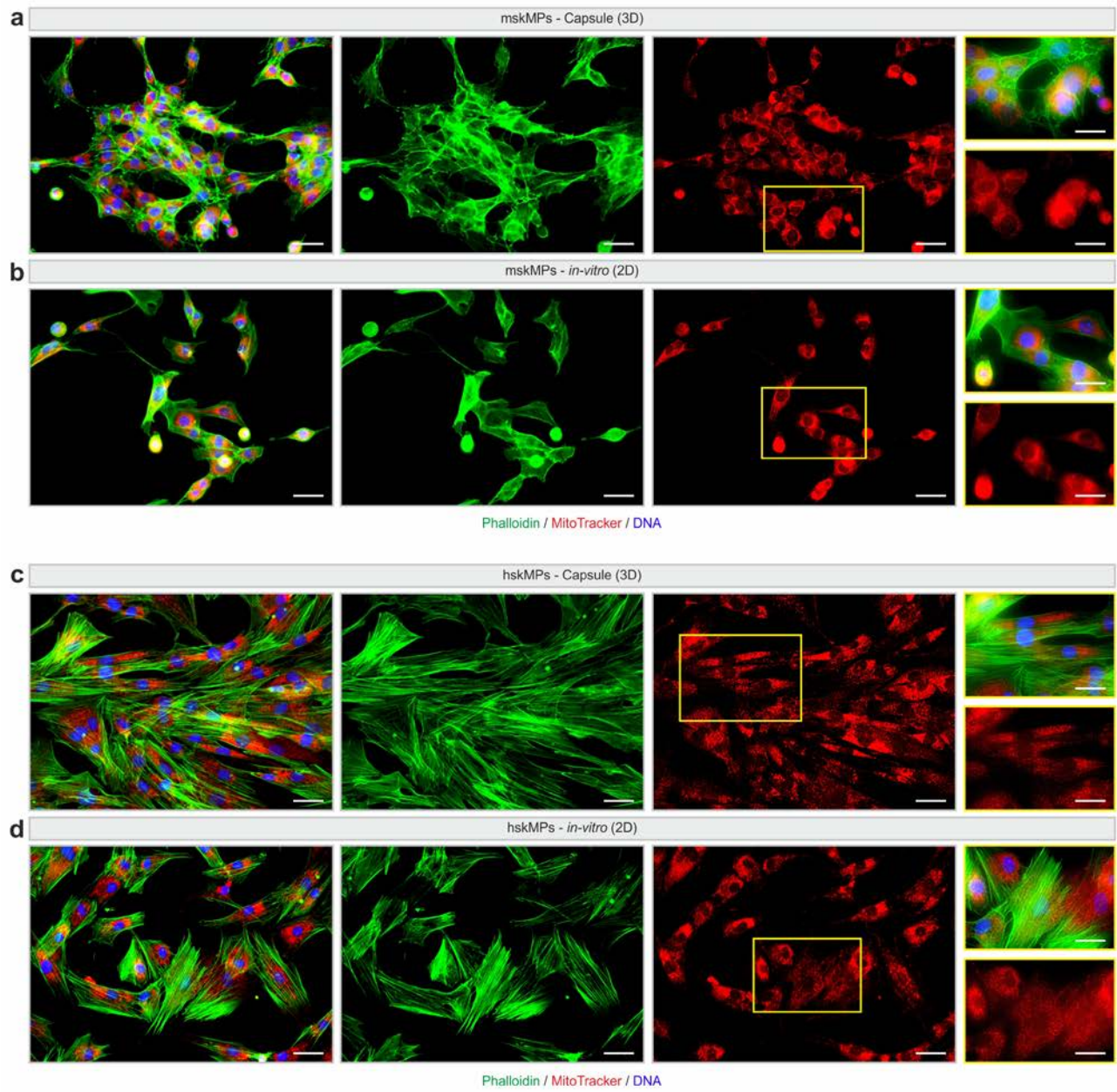
Supplementary Table 1-14

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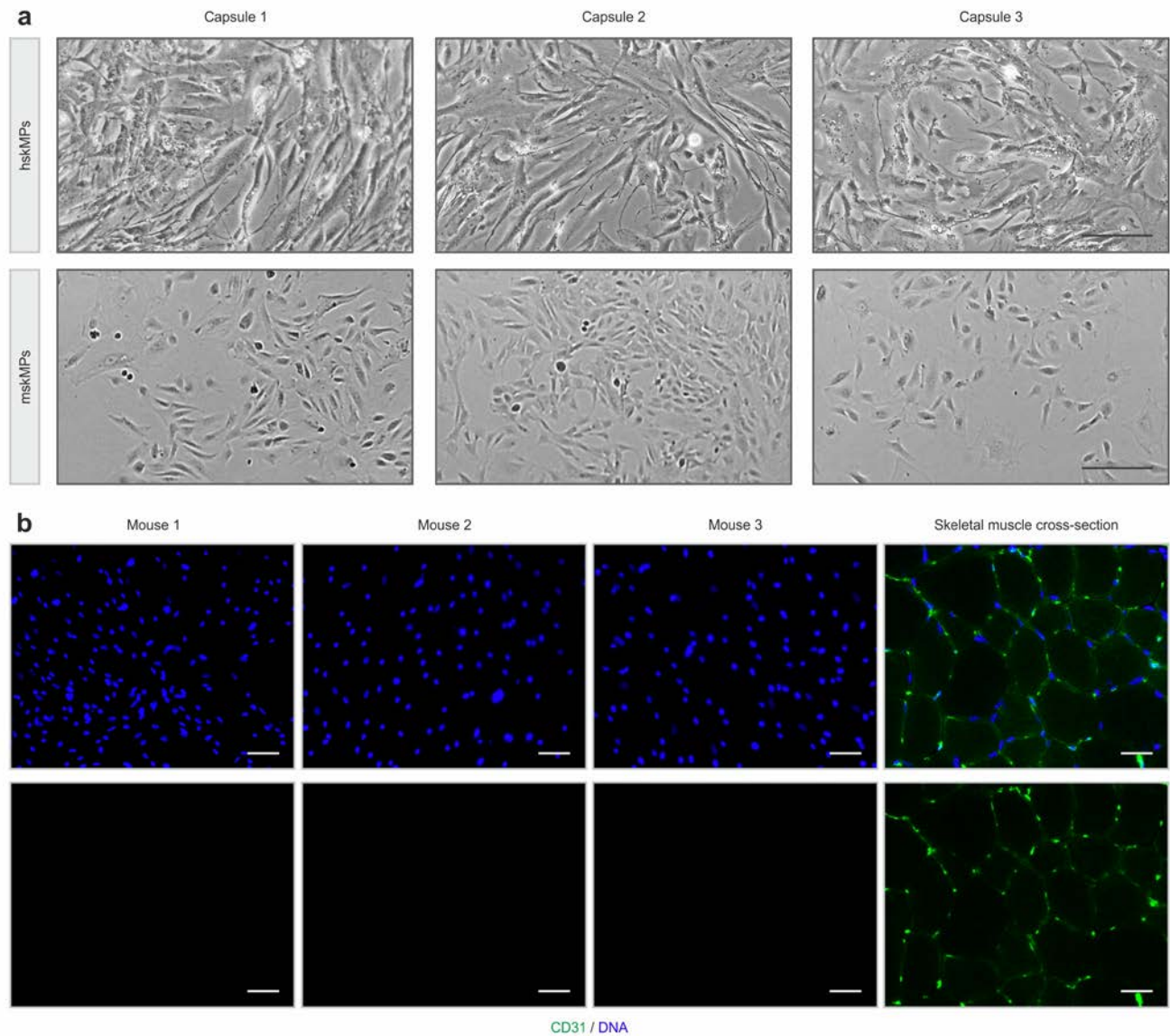


Supplementary fig. 1 | a, Flow cytometry strategy used to identify live and apoptotic cells. CytoCalcein is sequestered in the cytoplasm of live cells, while apoptosis is measured by labeling of cell surface phosphatidylserine using Apopxin. **b**, Quantification of live and apoptotic human (hskMP) or mouse (mskMP) skeletal muscle progenitors embedded into different biomaterials and maintained in growth media for four or ten days. A=Growth factor reduced Matrigel, B=Hydrogel, C=MaxGel extracellular matrix. Values were obtained from pooled cells of n=6 replicates. **c**, Schematic outlining the construction of the adaptor hub used for mounting and loading of the capsules. **d,e**, Schematics and graphical representations of the parts of the 3D printed capsule cutting and sealing platform. The photograph in the upper left of **(f)** shows the assembled platform loaded with a capsule mounted to the adaptor hub. **g**, Quantification of Pax7 and MyoD positive hskMPs over a time course of ten days in 2D culture. Graphs represent means +/- s.e.m. n=6 replicates for each time-point. ****P<0.0001, ***P<0.001 by one-way ANOVA followed by Bonferroni post-test.

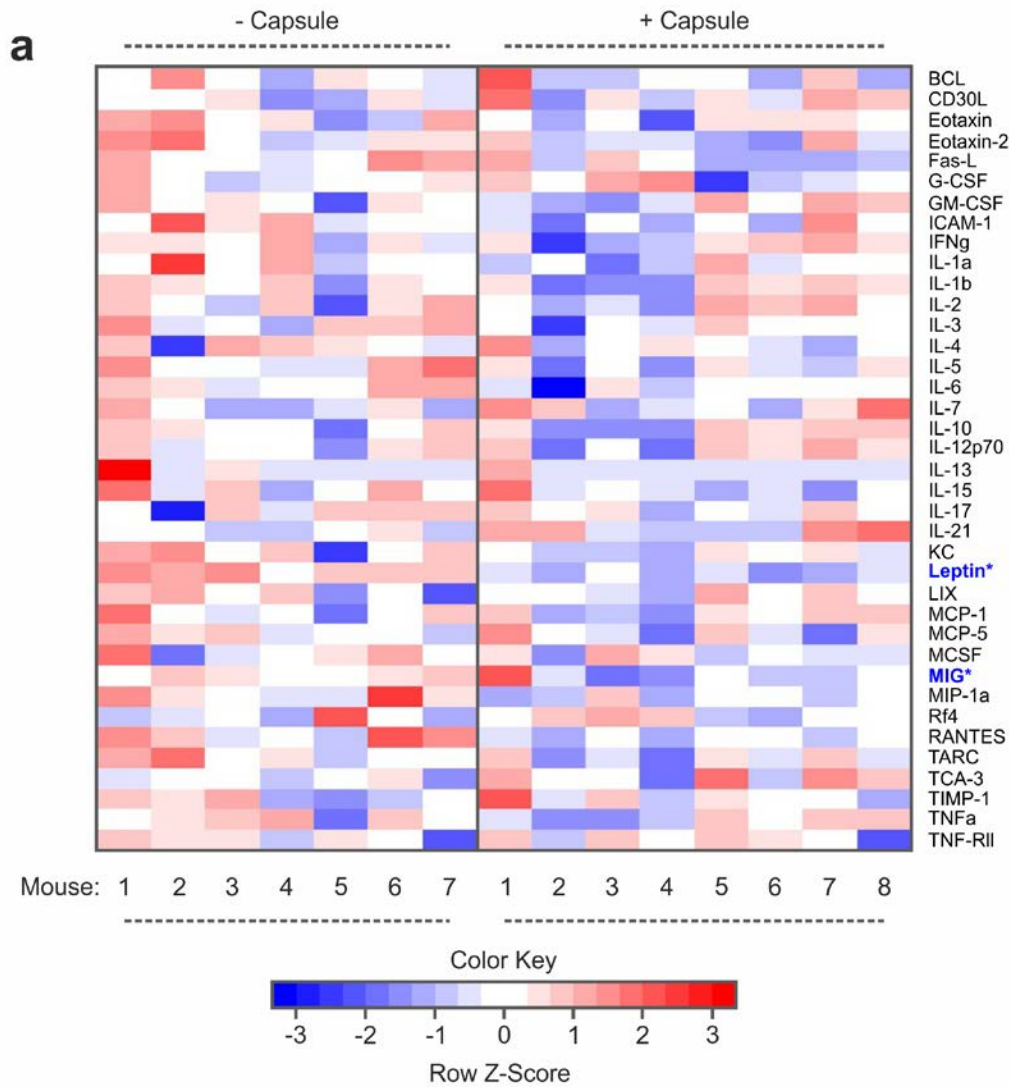
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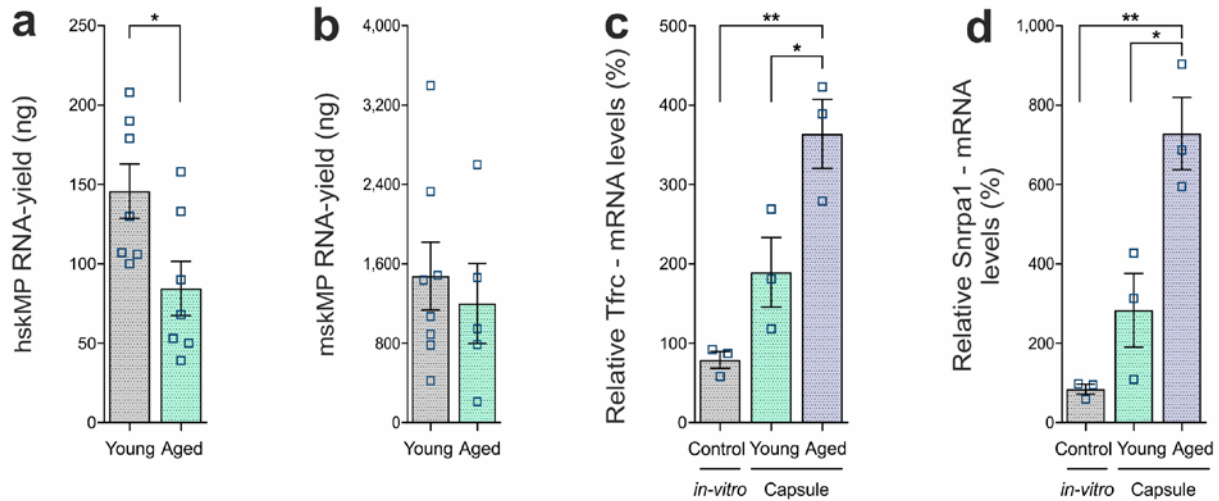
Supplementary fig. 2 | a-d, Representative phalloidin and MitoTracker stainings of hskMPs and mskMPs in cross sections of PES hollow fiber capsules and in 2D culture. Scale bars: 50 μm and 25 μm for inserts. **e**, Quantification of the number of filopodia in hskMPs and mskMPs in PES hollow fiber capsules and in 2D culture. n=8 replicates for each condition. Graphs represent means \pm s.e.m. *P<0.05 by one-way ANOVA followed by Bonferroni post-test.



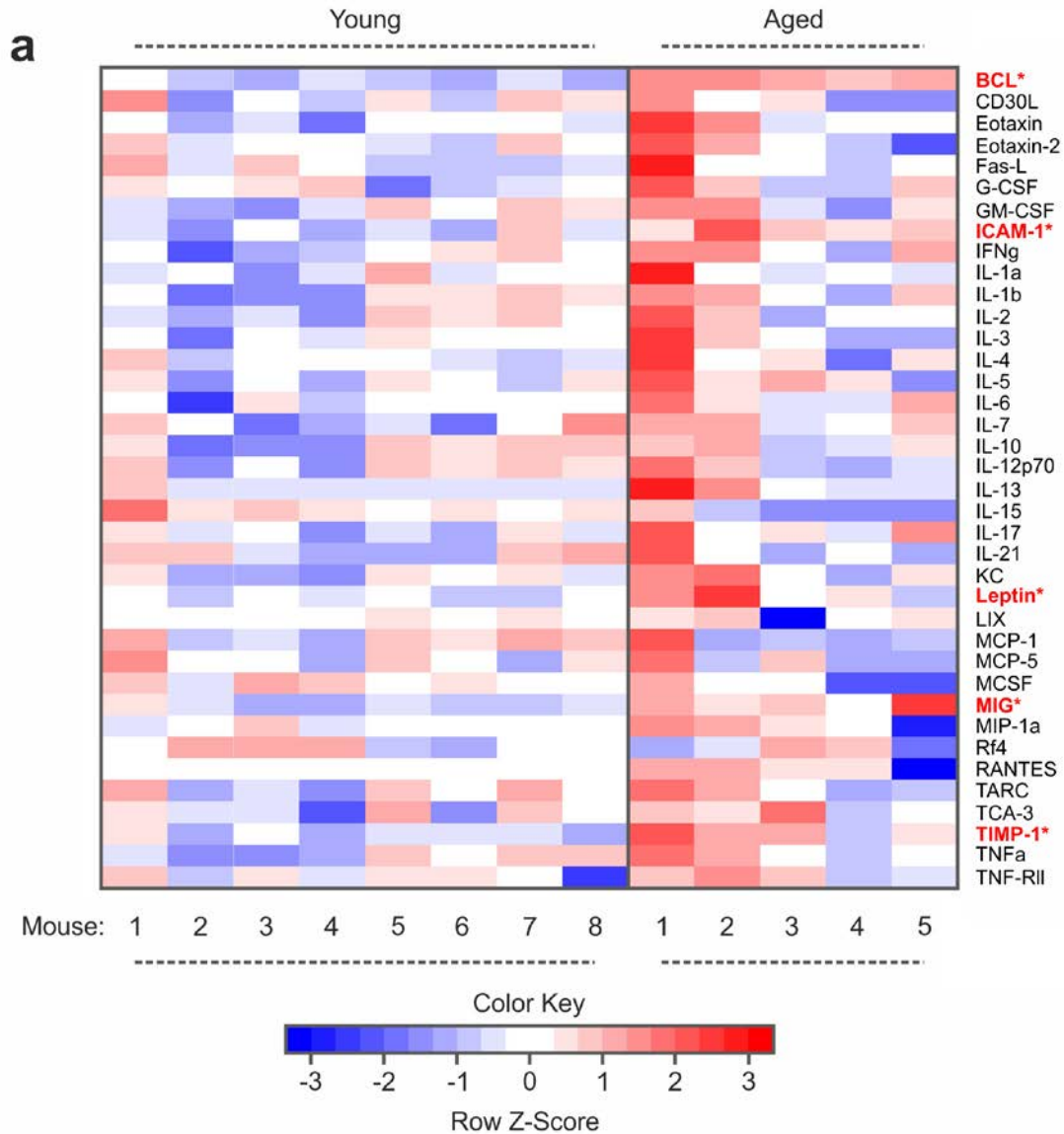
Supplementary fig. 3 | a, Representative bright field images of hskMPs and mskMPs in 2D culture after enzymatic liberation after encapsulation. Scale bars: 40 μ m. **b**, Representative CD31 immunostainings of cross sections of PES hollow fiber capsules after ten days *in vivo*. Each image was taken capsules explanted from different animals. As a positive control CD31 staining of a mouse tibialis anterior muscle cross section is shown. Scale bars: 75 μ m.



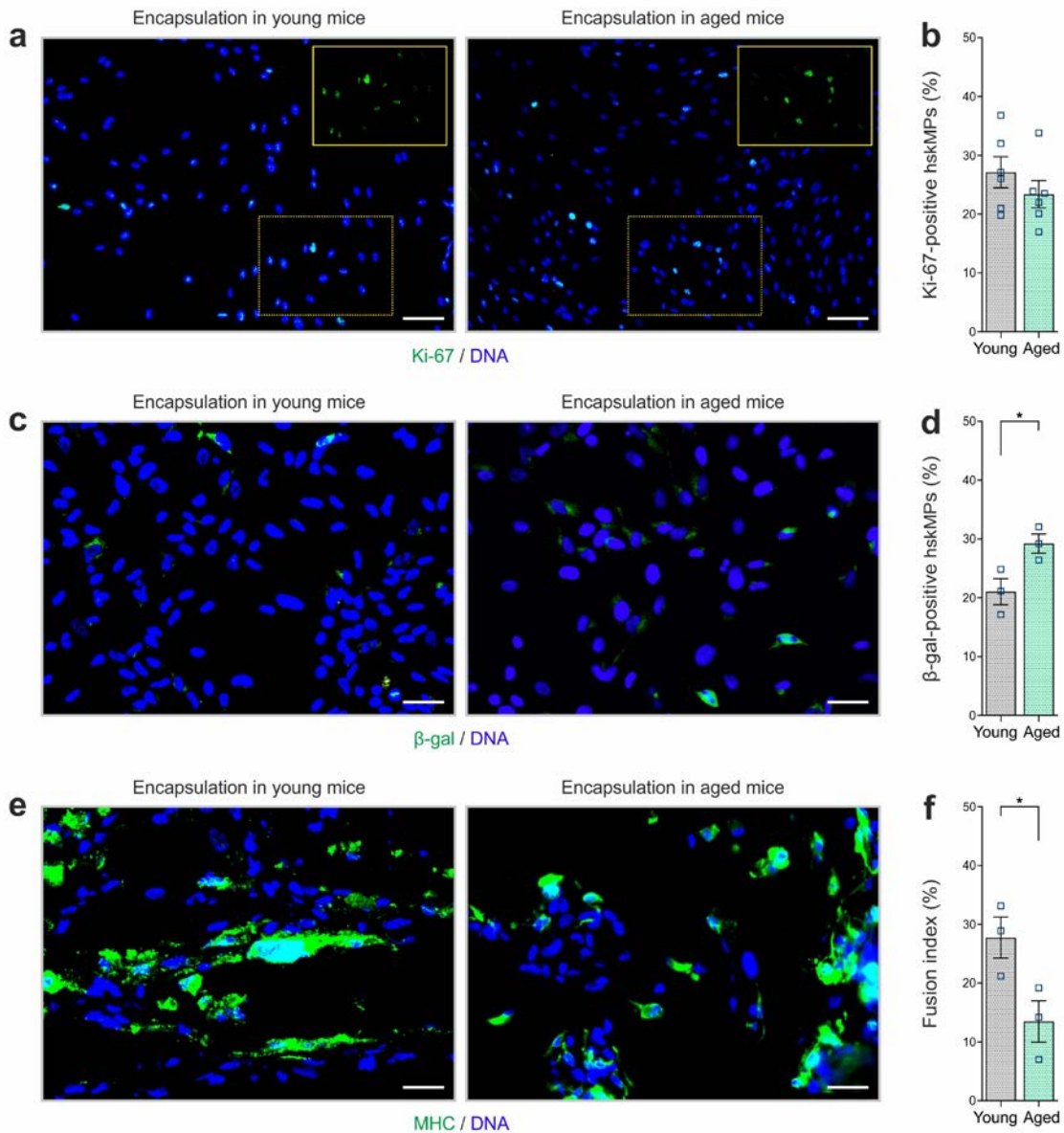
Supplementary fig. 4 | a, Multiplexed enzyme-linked immunosorbent assay (ELISA) array signal heatmaps for levels of inflammatory factors in serum of mice that underwent surgical implantation of PES hollow fiber capsules compared to untreated controls ten days after the procedure. $n \geq 7$ mice. Asterisks indicate factors changed with a p-value of ≤ 0.05 in a two-sample Wilcoxon test. TNF-R1 and MIP-1g were excluded from the analysis since signals were outside of the detection range.



Supplementary fig. 5 | a,b, RNA yield from capsules containing hskMPs or mskMPs after ten days *in vivo* in young and aged mice. For each replicate two capsules from one mouse were pooled. Graphs represent means +/- s.e.m. Data is derived from capsules of $n \geq 5$ mice in each group. * $P < 0.05$ by student's t-test. **c,d**, mRNA levels of the E2F target gene *Tfrc* and the Myc target *Snrpa1* in hskMPs after ten days of encapsulation in young and aged mice. hskMPs in 2D culture were included as an expression control (*in-vitro*). Graphs represent means +/- s.e.m. $n = 3$ mice (young and aged) or replicates (*in-vitro*) for each condition. ** $P < 0.01$, * $P < 0.05$ by one-way ANOVA followed by Bonferroni post-test.

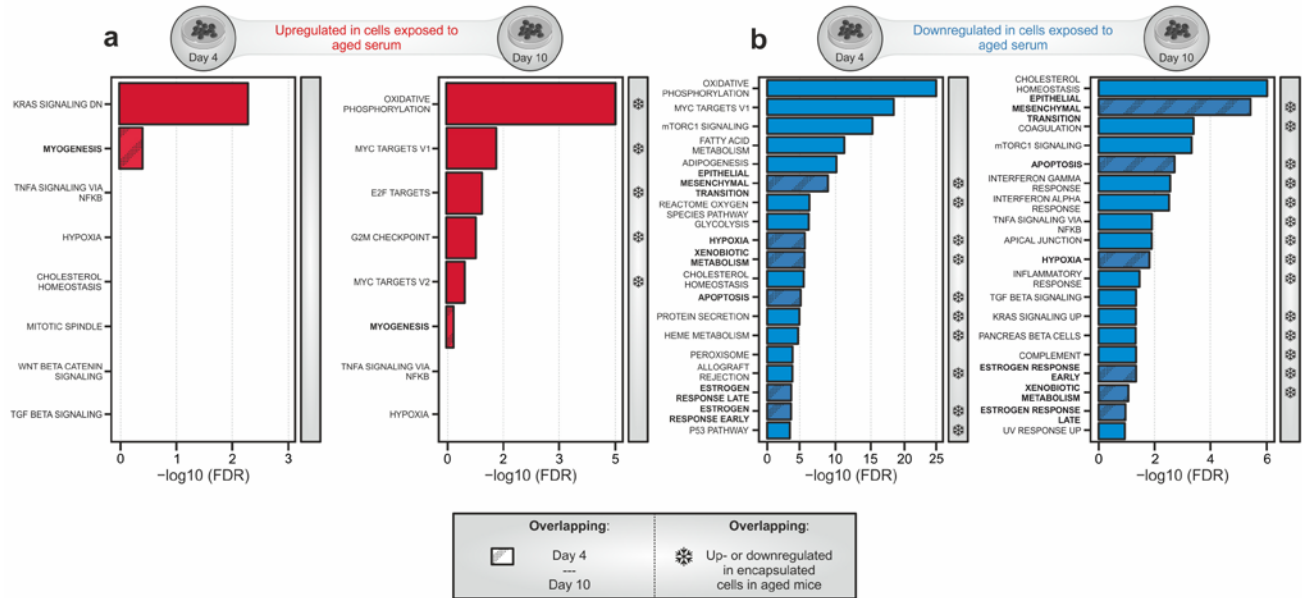


Supplementary fig. 6 | a, Multiplexed ELISA array heatmaps for levels of inflammatory factors in plasma of young and aged mice. $n \geq 5$ mice. Asterisks indicate factors changed with a p-value of ≤ 0.05 in a two-sample Wilcoxon test. TNF-R1 and MIP-1g were excluded from the analysis since signals were outside of the detection range.

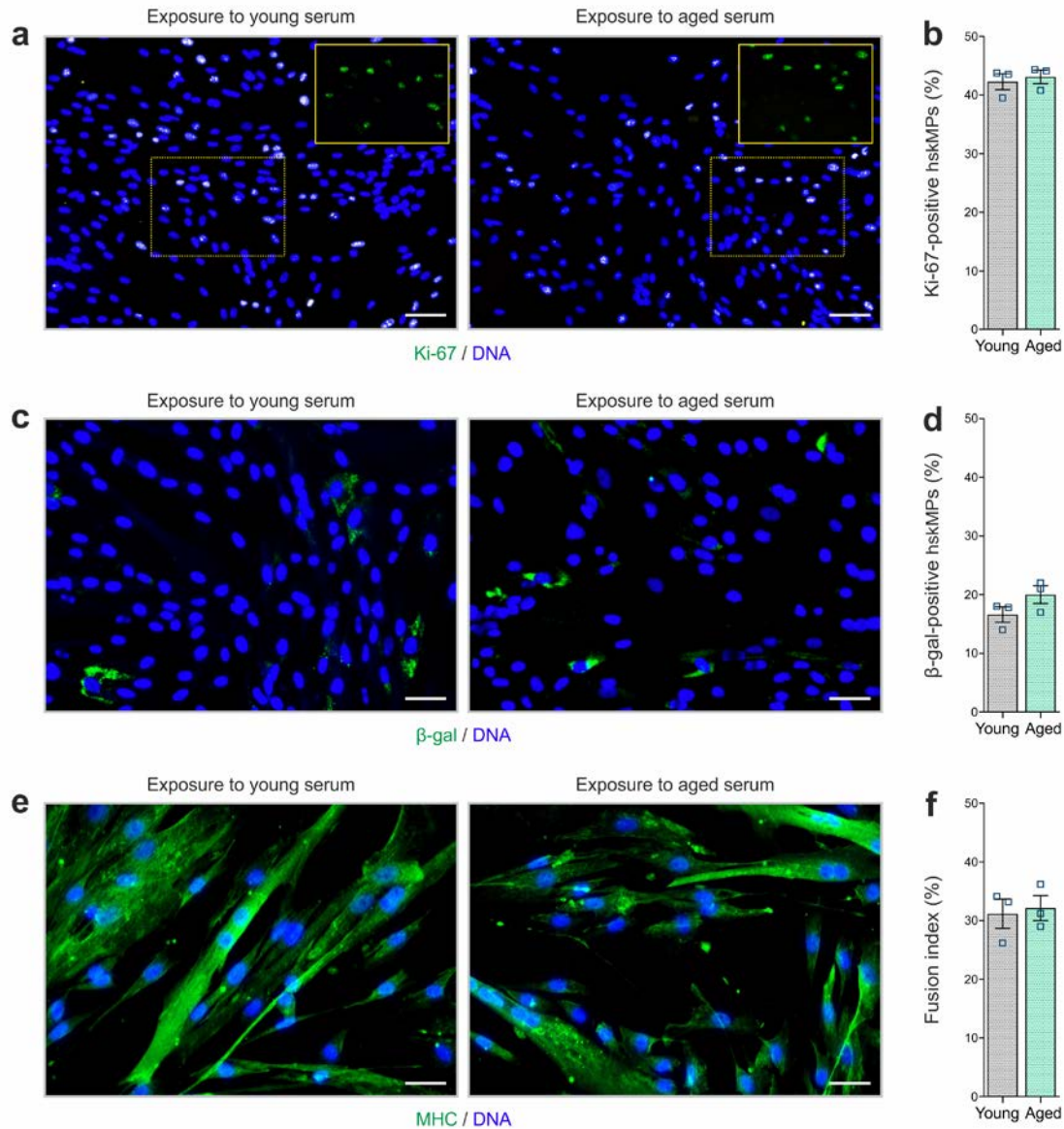


Supplementary fig. 7 | a,b, Representative Ki-67 immunostainings and quantification of cross sections of PES hollow fiber capsules containing hskMPs after ten days of exposure to the systemic environment in young and aged mice. **c,d**, Representative β -galactosidase (β -gal) immunostainings and quantification of cross sections of capsules containing hskMPs after ten days of exposure to the systemic environment in young and aged mice. **e,f**, Representative myosin heavy chain (MHC) immunostainings and quantification of the fusion index in cross sections of capsules containing hskMPs after ten days of exposure to the systemic environment in young and aged mice. Scale bars: 70 μ m (a), 40 μ m (b,c). Graphs represent means \pm s.e.m. Data is derived from $n \geq 3$ mice in each group. * $P < 0.05$ by student's t-test.

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Supplementary fig. 8 | a, Gene set enrichment analysis (GSEA) of genes induced in hskMPs in 2D culture in the presence of aged human serum for four or ten days compared to the young condition. Gene sets that were also induced in encapsulated cells in aged mice (Fig. 4a) are marked by snowflakes. **b**, Gene set enrichment analysis (GSEA) of genes downregulated in hskMPs in 2D culture in the presence of aged human serum for four or ten days compared to the young condition. Gene sets that were also downregulated in encapsulated cells in aged mice (Fig. 4d) are marked by snowflakes. Samples and data are derived from hskMPs exposed to human serum from n=3 different young or aged donors. False discovery rate (FDR) = Adjusted p-value using Benjamini-Hochberg procedure.



Supplementary fig. 9 | a,b Representative Ki-67 immunostainings and quantification of 2D cultured hskMPs exposed to young and aged human serum for 4 days. **c,d** Representative β-galactosidase (β-gal) immunostainings and quantification of 2D cultured hskMPs exposed to young and aged human serum for 4 days. **e,f** Representative myosin heavy chain (MHC) immunostainings and quantification of the fusion index of 2D hskMPs exposed to young and aged human serum under differentiation conditions for 4 days. Scale bars: 70 μm (a), 40 μm (b,c). Graphs represent means +/- s.e.m. Data is derived from n=3 replicates in young or aged serum. Significance was determined using student's t-test.

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Mouse	- Capsule							+ Capsule							
	1	2	3	4	5	6	7	1	2	3	4	5	6	7	8
BLC	18.5	28.5	20.5	14.4	23.0	18.6	18.2	33.6	16.7	16.3	21.3	21.2	15.1	24.0	15.1
CD30L	11.2	9.4	13.9	1.1	5.4	13.3	8.2	35.2	3.1	13.2	6.7	15.2	6.9	21.8	18.8
Eotaxin	312.8	344.3	183.5	240.3	122.8	159.1	302.6	213.1	139.2	181.6	92.7	253.5	250.7	245.6	192.2
Eotaxin-2	165.7	212.9	96.7	63.6	80.9	107.4	118.4	125.8	66.0	71.5	72.6	57.8	52.9	153.6	78.4
Fas L	115.4	17.8	30.8	13.0	36.4	119.8	92.0	100.6	11.1	77.1	25.6	0.0	1.6	6.0	9.1
G-CSF	219.4	168.9	113.9	126.1	160.7	145.1	186.4	211.0	156.4	229.1	255.7	62.7	118.5	130.1	145.6
GM-CSF	26.2	20.3	21.3	19.2	9.9	21.7	20.6	16.1	12.6	12.0	16.2	27.0	19.2	27.2	25.3
ICAM-1	1873.4	2621.3	2061.8	2268.4	1723.5	1824.2	1947.8	1765.7	1440.2	1896.0	1588.8	1871.7	1597.9	2409.4	1874.0
IFN γ	66.7	65.9	63.8	85.6	39.0	69.7	51.2	67.5	25.4	40.0	43.0	68.1	78.2	85.5	65.4
IL-1a	4.6	17.0	5.3	8.4	2.7	4.4	4.6	3.0	3.8	1.6	2.9	8.0	3.3	4.8	4.8
IL-1b	171.3	164.0	143.3	183.4	77.5	149.3	123.9	156.0	72.4	83.5	80.2	175.8	167.0	185.9	162.6
IL-2	116.4	91.6	77.9	116.6	57.5	106.1	122.5	88.0	74.8	84.9	69.0	123.7	114.0	121.2	97.2
IL-3	3.8	1.1	1.5	0.8	2.6	2.7	3.3	1.8	0.3	1.4	1.1	2.4	1.5	1.4	1.7
IL-4	2.2	0.0	2.8	2.3	1.9	1.6	1.1	3.6	0.8	1.7	1.9	1.5	1.1	0.8	1.3
IL-5	131.3	71.0	79.2	69.2	66.4	111.7	156.0	91.7	43.6	75.2	48.7	92.8	69.7	59.0	92.5
IL-6	23.6	19.5	11.3	16.4	14.4	25.3	25.8	11.9	3.0	17.9	9.7	17.0	14.7	14.6	15.9
IL-7	87.3	46.8	0.0	9.5	21.8	56.3	10.0	116.5	65.8	3.6	27.9	38.0	0.0	65.7	194.5
IL-10	324.7	307.3	261.2	272.0	119.3	262.4	309.6	287.5	139.5	147.3	142.0	340.5	292.4	316.5	323.1
IL-12p70	93.2	56.1	72.5	62.3	38.2	85.3	96.0	100.3	37.2	65.8	36.6	96.6	84.2	107.1	88.8
IL-13	171.3	6.2	18.5	4.8	4.5	0.0	0.0	31.4	0.0	0.9	6.4	0.0	0.0	3.1	0.0
IL-15	479.5	136.3	265.4	107.0	194.8	360.8	161.7	482.5	138.8	202.3	153.6	105.6	145.8	81.5	168.7
IL-17	2.1	0.1	4.0	1.2	3.6	3.5	4.1	3.6	1.7	2.7	0.9	2.0	1.2	3.6	1.8
IL-21	5.7	5.6	0.0	0.0	5.8	8.5	1.8	15.1	14.4	4.0	0.0	0.0	0.0	15.5	20.1
KC	4.6	4.8	3.6	4.4	2.0	3.3	4.4	3.7	2.9	2.9	2.7	3.9	3.5	3.9	3.2
Leptin	661.5	586.4	665.4	296.8	428.9	414.8	432.2	140.3	91.7	188.0	105.9	161.8	78.7	83.4	161.9
LIX	508.7	553.1	377.6	460.3	215.1	379.6	153.0	356.0	322.0	292.9	230.1	531.1	381.0	482.4	392.8
MCP-1	59.6	30.9	24.2	29.9	15.9	30.2	42.2	45.0	20.3	21.4	16.8	37.7	32.9	45.0	40.9
MCP-5	47.9	32.3	36.4	21.6	29.4	30.1	18.9	53.2	25.8	19.8	11.6	40.9	20.9	11.1	31.4
MCSF	9.6	0.7	1.9	3.4	4.1	7.2	2.6	4.3	0.8	6.1	3.7	1.5	3.1	2.0	1.7
MIG	41.0	49.3	45.0	40.9	42.3	43.7	46.2	67.0	35.5	25.7	28.1	36.9	31.8	32.8	40.9
MIP-1a	24.1	16.1	13.9	12.2	11.6	36.7	16.8	8.4	10.3	19.6	8.9	12.8	12.6	10.8	12.5
PF4	3066.6	3415.4	3692.6	3006.8	5273.3	3779.9	2905.3	3734.5	4274.5	4317.3	4222.6	3164.9	2978.8	3612.0	3644.5
RANTES	3.2	2.6	1.7	1.8	1.5	4.3	3.3	1.7	1.3	2.2	1.4	2.1	1.8	1.5	1.8
TARC	40.9	48.3	26.0	31.1	18.4	26.9	23.0	35.2	14.0	19.5	12.1	30.0	20.1	36.6	20.7
TCA-3	18.0	19.5	21.4	14.9	21.0	26.6	11.1	34.7	23.5	23.3	10.4	45.4	14.2	38.8	30.2
TIMP-1	597.3	575.2	638.2	442.1	431.9	456.9	512.9	721.0	479.6	587.1	472.9	563.8	544.4	555.8	445.5
TNFa	29.8	37.4	41.9	48.4	17.0	43.1	34.8	28.0	19.2	18.2	22.7	44.8	34.4	42.6	44.5
TNF RII	412.8	370.1	350.4	196.1	348.9	267.6	116.9	416.2	209.0	373.4	259.0	396.6	367.6	306.4	113.3

Supplementary table 1 | Multiplexed ELISA quantification of inflammatory factors in serum of mice that underwent surgical implantation of PES hollow fiber capsules compared to untreated controls ten days after the procedure. $n \geq 7$ mice. Each value represents averages in pg/ml from $n=4$ technical replicates for each factor. TNF-RI and MIP-1g were excluded from the analysis since signals were outside of the detection range.

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Gene Set Name - Human	GST Pval	GST FDR
HALLMARK_MYC_TARGETS_V1	1.00E-04	0.005
HALLMARK_OXIDATIVE_PHOSPHORYLATION	2.00E-04	0.005
HALLMARK_E2F_TARGETS	0.0166	0.238
HALLMARK_FATTY_ACID_METABOLISM	0.0215	0.238
HALLMARK_PANCREAS_BETA_CELLS	0.0238	0.238
HALLMARK_ANGIOGENESIS	0.0648	0.506428571
HALLMARK_COAGULATION	0.0709	0.506428571
HALLMARK_KRAS_SIGNALING_UP	0.1885	1
HALLMARK_XENOBIOTIC_METABOLISM	0.1988	1
HALLMARK_ADIPOGENESIS	0.2427	1
HALLMARK_G2M_CHECKPOINT	0.2755	1
HALLMARK_REACTIVE_OXIGEN_SPECIES_PATHWAY	0.284	1
HALLMARK_SPERMATOGENESIS	0.3227	1
HALLMARK_ANDROGEN_RESPONSE	0.3554	1
HALLMARK_WNT_BETA_CATENIN_SIGNALING	0.3626	1
HALLMARK_PROTEIN_SECRETION	0.4046	1
HALLMARK_CHOLESTEROL_HOMEOSTASIS	0.5342	1
HALLMARK_MYC_TARGETS_V2	0.633	1
HALLMARK_BILE_ACID_METABOLISM	0.6826	1
HALLMARK_HEME_METABOLISM	0.7257	1
HALLMARK_TGF_BETA_SIGNALING	0.7263	1
HALLMARK_PEROXISOME	0.7279	1
HALLMARK_DNA_REPAIR	0.7765	1
HALLMARK_ALLOGRAFT_REJECTION	0.788	1
HALLMARK_MTORC1_SIGNALING	0.9169	1
HALLMARK_UV_RESPONSE_UP	0.9296	1
HALLMARK_APICAL_SURFACE	0.9408	1
HALLMARK_HEDGEHOG_SIGNALING	0.9426	1
HALLMARK_ESTROGEN_RESPONSE_LATE	0.9434	1
HALLMARK_IL2_STAT5_SIGNALING	0.961	1
HALLMARK_GLYCOLYSIS	0.963	1
HALLMARK_COMPLEMENT	0.964	1
HALLMARK_UV_RESPONSE_DN	0.9709	1
HALLMARK_APOPTOSIS	0.9756	1
HALLMARK_EPITHELIAL_MESENCHYMAL_TRANSITION	0.979	1
HALLMARK_INTERFERON_ALPHA_RESPONSE	0.9823	1
HALLMARK_UNFOLDED_PROTEIN_RESPONSE	0.9841	1
HALLMARK_APICAL_JUNCTION	0.9851	1
HALLMARK_NOTCH_SIGNALING	0.9871	1
HALLMARK_P53_PATHWAY	0.9898	1
HALLMARK_MITOTIC_SPINDLE	0.9913	1
HALLMARK_IL6_JAK_STAT3_SIGNALING	0.992	1
HALLMARK_PI3K_AKT_MTOR_SIGNALING	0.9961	1
HALLMARK_INTERFERON_GAMMA_RESPONSE	0.9976	1
HALLMARK_KRAS_SIGNALING_DN	0.9978	1
HALLMARK_HYPOXIA	0.9986	1
HALLMARK_INFLAMMATORY_RESPONSE	0.9988	1
HALLMARK_ESTROGEN_RESPONSE_EARLY	0.9996	1
HALLMARK_TNFA_SIGNALING_VIA_NFKB	0.9998	1
HALLMARK_MYOGENESIS	1	1

Supplementary table 2 | Gene sets increased with age in encapsulated hskMPs compared to the young control after ten days *in vivo*. Data are derived from capsules of $n \geq 5$ mice in each age group. GST Pval = Wilcoxon gene set test p- value. GST FDR = Adjusted p-value using the Benjamini-Hochberg procedure. GST FDR = Wilcoxon gene set test false discovery rate.

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Gene Set Name - Mouse	GST Pval	GST FDR
HALLMARK_MITOTIC_SPINDLE	1.00E-04	0.00125
HALLMARK_G2M_CHECKPOINT	1.00E-04	0.00125
HALLMARK_E2F_TARGETS	1.00E-04	0.00125
HALLMARK_MYC_TARGETS_V1	1.00E-04	0.00125
HALLMARK_UV_RESPONSE_DN	0.0271	0.245833333
HALLMARK_MYC_TARGETS_V2	0.0295	0.245833333
HALLMARK_HEDGEHOG_SIGNALING	0.0512	0.365714286
HALLMARK_CHOLESTEROL_HOMEOSTASIS	0.1214	0.677777778
HALLMARK_KRAS_SIGNALING_DN	0.122	0.677777778
HALLMARK_NOTCH_SIGNALING	0.1655	0.8275
HALLMARK_TGF_BETA_SIGNALING	0.2272	1
HALLMARK_APICAL_JUNCTION	0.3936	1
HALLMARK_PI3K_AKT_MTOR_SIGNALING	0.4044	1
HALLMARK_ANDROGEN_RESPONSE	0.4386	1
HALLMARK_FATTY_ACID_METABOLISM	0.5445	1
HALLMARK_OXIDATIVE_PHOSPHORYLATION	0.5468	1
HALLMARK_MTORC1_SIGNALING	0.6076	1
HALLMARK_ESTROGEN_RESPONSE_LATE	0.653	1
HALLMARK_SPERMATOGENESIS	0.6719	1
HALLMARK_TNFA_SIGNALING_VIA_NFKB	0.712	1
HALLMARK_APICAL_SURFACE	0.7926	1
HALLMARK_INTERFERON_ALPHA_RESPONSE	0.7937	1
HALLMARK_UNFOLDED_PROTEIN_RESPONSE	0.8104	1
HALLMARK_APOPTOSIS	0.8208	1
HALLMARK_PEROXISOME	0.823	1
HALLMARK_HYPOXIA	0.8294	1
HALLMARK_WNT_BETA_CATENIN_SIGNALING	0.8509	1
HALLMARK_DNA_REPAIR	0.8616	1
HALLMARK_UV_RESPONSE_UP	0.8777	1
HALLMARK_ESTROGEN_RESPONSE_EARLY	0.8856	1
HALLMARK_GLYCOLYSIS	0.8878	1
HALLMARK_EPITHELIAL_MESENCHYMAL_TRANSITION	0.8937	1
HALLMARK_PROTEIN_SECRETION	0.9015	1
HALLMARK_MYOGENESIS	0.9268	1
HALLMARK_BILE_ACID_METABOLISM	0.9381	1
HALLMARK_PANCREAS_BETA_CELLS	0.9405	1
HALLMARK_ALLOGRAFT_REJECTION	0.9481	1
HALLMARK_HEME_METABOLISM	0.9549	1
HALLMARK_INTERFERON_GAMMA_RESPONSE	0.9629	1
HALLMARK_INFLAMMATORY_RESPONSE	0.9704	1
HALLMARK_ANGIOGENESIS	0.9902	1
HALLMARK_IL6_JAK_STAT3_SIGNALING	0.9955	1
HALLMARK_REACTIVE_OXIGEN_SPECIES_PATHWAY	0.9964	1
HALLMARK_ADIPOGENESIS	0.9986	1
HALLMARK_COMPLEMENT	0.9992	1
HALLMARK_P53_PATHWAY	0.9999	1
HALLMARK_XENOBIOTIC_METABOLISM	1	1
HALLMARK_COAGULATION	1	1
HALLMARK_IL2_STAT5_SIGNALING	1	1
HALLMARK_KRAS_SIGNALING_UP	1	1

Supplementary table 3 | Gene sets increased with age in encapsulated mskMPs compared to the young control after ten days *in vivo*. Data are derived from capsules of $n \geq 5$ mice in each age group. GST Pval = Wilcoxon gene set test p-value. GST FDR = Adjusted p-value using the Benjamini-Hochberg procedure.

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Gene list Name: Human Myc	Entrez_Gene_ID	Pval
SNRPA1	6627	0.003392238
EEF1B2	1933	0.005434609
RAN	5901	0.006608012
HSPD1	3329	0.007032145
RPS3	6188	0.009164852
DHX15	1665	0.013753848
PSMA4	5685	0.013889751
EIF3B	8662	0.020952363
APEX1	328	0.024259783
PPM1G	5496	0.030717253
EIF4G2	1982	0.032850738
CLNS1A	1207	0.038547487
CNBP	7555	0.041247494
H2AFZ	3015	0.041308998
GOT2	2806	0.044374131
SFRS2	6427	0.050671179
PSMD14	10213	0.056216794
NCBP2	22916	0.056863238
AP3S1	1176	0.058218092
C1QBP	708	0.059635644
RPL34	6164	0.065106571
PSMA1	5682	0.067628383
SRM	6723	0.069279662
LSM7	51690	0.079526429
EIF4H	7458	0.089024704
HNRNPR	10236	0.091514993
ACP1	52	0.093385566
GLO1	2739	0.096041822
HDDC2	51020	0.10373487
ILF2	3608	0.105062374
KPNB1	3837	0.110552543
SF3B3	23450	0.116055116
TFDP1	7027	0.120165263
RRM1	6240	0.12146948
NME1	4830	0.124680277
RPS5	6193	0.133603961
PRDX3	10935	0.138578212
PSMA2	5683	0.145037331
RPLP0	6175	0.151014333
TYMS	7298	0.153238502
RUVBL2	10856	0.159409647
VDAC1	7416	0.165072978
PRDX4	10549	0.16886725
EXOSC7	23016	0.174912282
NOP16	51491	0.185175615
RPL18	6141	0.185269043
SMARCC1	6599	0.185794825
COP55	10987	0.191437874
PWP1	11137	0.192517154
XPO1	7514	0.197505488
PABPC1	26986	0.208075705
XRCC6	2547	0.209376027
PA2G4	5036	0.221226783
LDHA	3939	0.225430805
MRPL23	6150	0.244494583
PHB	5245	0.252734546
CCT7	10574	0.258988772
RFC4	5984	0.268219724
PCBP1	5093	0.275406523
VBP1	7411	0.290212542

Gene list Name: Human Myc	Entrez_Gene_ID	Pval
PSMA6	5687	0.303152803
CDK4	1019	0.309228977
UBA2	10054	0.310913108
HNRNPU	3192	0.317074711
CCT3	7203	0.339467799
PHB2	11331	0.342385831
EPRS	2058	0.35703362
UBE2L3	7332	0.364117639
TOMM70A	9868	0.372195491
HNRPA2B1	3181	0.376637968
PSMB3	5691	0.387885477
PRPF31	26121	0.39110615
NOP56	10528	0.401195203
EIF1AX	1964	0.409281904
RPL14	9045	0.410832143
RANBP1	5902	0.413335163
GNB2L1	10399	0.414275317
RPS10	6204	0.43780544
SNRPD2	6633	0.446926748
EIF4A1	1973	0.459292469
DDX18	8886	0.482601512
MCM7	4176	0.489656126
SRPK1	6732	0.534856431
NHP2	55651	0.536197653
CBX3	11335	0.543034244
LSM2	57819	0.588783927
IMPDH2	3615	0.589423651
PRPS2	5634	0.589960777
HDAC2	3066	0.59311393
RPS2	6187	0.594295408
SNRPG	6637	0.600540544
SSBP1	6742	0.620666447
CUL1	8454	0.620751457
SNRPA	6626	0.620999589
POLD2	5425	0.623895233
MRPS18B	28973	0.628720883
FAM120A	23196	0.636059558
GSPT1	2935	0.647862269
PGK1	5230	0.649784957
CCNA2	890	0.655805663
RNPS1	10921	0.657031519
AIMP2	7965	0.668976235
HPRT1	3251	0.719650193
FBL	2091	0.719962808
HSP90AB1	3326	0.753094124
NCBP1	4686	0.757050736
USP1	7398	0.767226527
MCM5	4174	0.772826422
SLC25A3	5250	0.775933741
IFRD1	3475	0.786216915
ODC1	4953	0.789157714
SNRNP2	6629	0.790869565
TCP1	6950	0.817451206
CCT2	10576	0.826007656
TUFM	7284	0.832394346
SYNCRIP	10492	0.904366833
SFRS1	6426	0.960965928
RPL6	6128	0.971733909
HNRNPD	3184	0.977363883
PSMD1	5707	0.985781608

Supplementary table 4 | Significantly enriched Hallmark Myc V1 target genes when comparing encapsulated hskMPs in aged mice to the young control after ten days *in vivo*. Data are derived from capsules of n≥5 mice in each age group. P-value (Pval) <1%.

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Gene list Name: Human E2F	Entrez_Gene_ID	Pval
RAN	5901	0.006608012
RPA2	6118	0.014860127
POLE4	56655	0.01802049
CKS1B	1163	0.024697221
CDKN1A	1026	0.032848419
H2AFZ	3015	0.041308998
TFRC	7037	0.044915398
SFRS2	6427	0.050671179
SLBP	7884	0.087256292
DCTPP1	79077	0.116609801
LSMD1	84316	0.117569831
NME1	4830	0.124680277
PHF5A	84844	0.130757893
KIF2C	11004	0.13211421
PRDX4	10549	0.16886725
XPO1	7514	0.197505488
XRCC6	2547	0.209376027
PA2G4	5036	0.221226783
HMGA1	3159	0.222380315
CSE1L	1434	0.281000763
MCM3	4172	0.281581876
NUP205	23165	0.294058659
CDK4	1019	0.309228977
NASP	4678	0.352631128
PLK4	10733	0.355090367
CBX5	23468	0.3614241
RAD21	5885	0.36235764
TUBG1	7283	0.369973582
UNG	7374	0.378476061
NOP56	10528	0.401195203
TUBB	203068	0.40819291
ILF3	3609	0.412356029
RANBP1	5902	0.413335163
LBR	3930	0.459788183
MCM7	4176	0.489656126
H2AFX	3014	0.492478323
CDCA8	55143	0.500398232
ZW10	9183	0.552227285
PTTG1	9232	0.570565713
BUB1B	701	0.575293758
RPA3	6119	0.6134248
POLD2	5425	0.623895233
GSPT1	2935	0.647862269
MTHFD2	10797	0.765228305
USP1	7398	0.767226527
MCM5	4174	0.772826422
CROP	51747	0.794736654
RFC1	5981	0.810546431
LOC146909	146909	0.813877648
DNMT1	1786	0.832302909
PDS5B	23047	0.845750177
MRE11A	4361	0.892357382
PRPS1	5631	0.904327377
SYNCRIP	10492	0.904366833
SNRPB	6628	0.912005837
SFRS1	6426	0.960965928
HNRNPD	3184	0.977363883
C6ORF167	253714	0.989129666
DDX39	10212	0.996693587

Supplementary table 5 | Significantly enriched Hallmark E2F target genes when comparing encapsulated hskMPs in aged mice to the young control after ten days *in vivo*. Data are derived from capsules of $n \geq 5$ mice in each age group. P-value (Pval) <1%.

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Mouse	Young								Aged				
	1	2	3	4	5	6	7	8	1	2	3	4	5
BLC	33.6	16.7	16.3	21.3	21.2	15.1	24.0	15.1	95.8	112.4	75.9	69.4	81.6
CD30L	35.2	3.1	13.2	6.7	15.2	6.9	21.8	18.8	37.9	14.3	19.5	0.4	3.1
Eotaxin	213.1	139.2	181.6	92.7	253.5	250.7	245.6	192.2	703.0	454.6	192.3	233.9	271.6
Eotaxin-2	125.8	66.0	71.5	72.6	57.8	52.9	153.6	78.4	329.8	174.2	75.9	49.2	22.6
Fas L	100.6	11.1	77.1	25.6	0.0	1.6	6.0	9.1	943.1	22.5	27.0	0.0	20.7
G-CSF	211.0	156.4	229.1	255.7	62.7	118.5	130.1	145.6	518.0	241.5	112.8	108.0	240.6
GM-CSF	16.1	12.6	12.0	16.2	27.0	19.2	27.2	25.3	35.6	34.6	16.2	11.6	24.5
ICAM-1	1765.7	1440.2	1896.0	1588.8	1871.7	1597.9	2409.4	1874.0	2260.4	5278.9	2393.3	2234.2	2339.1
IFNg	67.5	25.4	40.0	43.0	68.1	78.2	85.5	65.4	117.5	119.0	55.4	36.4	100.7
IL-1a	3.0	3.8	1.6	2.9	8.0	3.3	4.8	4.8	25.4	3.7	3.1	3.4	2.8
IL-1b	156.0	72.4	83.5	80.2	175.8	167.0	185.9	162.6	248.9	232.1	143.7	94.0	195.3
IL-2	88.0	74.8	84.9	69.0	123.7	114.0	121.2	97.2	170.0	118.8	74.5	91.7	99.1
IL-3	1.8	0.3	1.4	1.1	2.4	1.5	1.4	1.7	8.8	2.8	1.9	0.7	0.7
IL-4	3.6	0.8	1.7	1.9	1.5	1.1	0.8	1.3	12.1	2.2	2.9	0.4	2.4
IL-5	91.7	43.6	75.2	48.7	92.8	69.7	59.0	92.5	175.4	88.6	122.1	88.4	42.2
IL-6	11.9	3.0	17.9	9.7	17.0	14.7	14.6	15.9	43.3	19.2	10.9	11.4	28.9
IL-7	116.5	65.8	3.6	27.9	38.0	0.0	65.7	194.5	161.4	146.0	45.5	75.2	113.8
IL-10	287.5	139.5	147.3	142.0	340.5	292.4	316.5	323.1	311.4	358.1	194.9	207.9	299.1
IL-12p70	100.3	37.2	65.8	36.6	96.6	84.2	107.1	88.8	147.1	109.6	49.2	47.1	54.4
IL-13	31.4	0.0	0.9	6.4	0.0	0.0	3.1	0.0	198.2	59.5	21.9	0.0	0.0
IL-15	482.5	138.8	202.3	153.6	105.6	145.8	81.5	168.7	228.9	61.3	0.0	0.0	0.0
IL-17	3.6	1.7	2.7	0.9	2.0	1.2	3.6	1.8	14.8	2.2	3.8	2.0	9.2
IL-21	15.1	14.4	4.0	0.0	0.0	0.0	15.5	20.1	45.4	8.3	2.4	7.0	0.0
KC	3.7	2.9	2.9	2.7	3.9	3.5	3.9	3.2	4.6	4.8	3.5	2.8	3.7
Leptin	140.3	91.7	188.0	105.9	161.8	78.7	83.4	161.9	687.3	1930.5	220.0	325.6	84.3
LIX	356.0	322.0	292.9	230.1	531.1	381.0	482.4	392.8	512.4	663.4	18.0	257.4	411.3
MCP-1	45.0	20.3	21.4	16.8	37.7	32.9	45.0	40.9	69.6	17.1	18.5	17.7	20.2
MCP-5	53.2	25.8	19.8	11.6	40.9	20.9	11.1	31.4	67.1	15.3	41.5	12.7	11.6
MCSF	4.3	0.8	6.1	3.7	1.5	3.1	2.0	1.7	9.4	0.9	2.0	0.1	0.1
MIG	67.0	35.5	25.7	28.1	36.9	31.8	32.8	40.9	92.5	70.8	77.6	52.1	201.7
MIP-1a	8.4	10.3	19.6	8.9	12.8	12.6	10.8	12.5	32.5	26.3	17.7	15.1	2.0
PF4	3734.5	4274.5	4317.3	4222.6	3164.9	2978.8	3612.0	3644.5	3049.0	3336.7	4330.0	4125.5	2772.5
RANTES	1.7	1.3	2.2	1.4	2.1	1.8	1.5	1.8	5.7	5.2	3.1	2.5	0.1
TARC	35.2	14.0	19.5	12.1	30.0	20.1	36.6	20.7	44.1	34.6	21.4	13.3	16.0
TCA-3	34.7	23.5	23.3	10.4	45.4	14.2	38.8	30.2	40.2	34.9	63.9	18.7	25.9
TIMP-1	721.0	479.6	587.1	472.9	563.8	544.4	555.8	445.5	1055.8	851.2	830.4	505.2	694.6
TNFa	28.0	19.2	18.2	22.7	44.8	34.4	42.6	44.5	64.1	50.0	29.7	23.1	35.7
TNF RII	416.2	209.0	373.4	259.0	396.6	367.6	306.4	113.3	439.8	542.5	401.2	225.7	248.6

Supplementary table 6 | Multiplexed ELISA array quantification of levels of inflammatory factors in plasma of mice young and aged mice. n≥5 mice. Each value represents averages in pg/ml from n=4 technical replicates for each factor. TNF-RI and MIP-1g were excluded from the analysis since signals were outside of the detection range.

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Gene Set Name - Human	GST Pval	GST FDR
HALLMARK_TNFA_SIGNALING_VIA_NFKB	1.00E-04	0.0025
HALLMARK_MYOGENESIS	1.00E-04	0.0025
HALLMARK_ESTROGEN_RESPONSE_EARLY	4.00E-04	0.006666667
HALLMARK_INFLAMMATORY_RESPONSE	0.0012	0.015
HALLMARK_KRAS_SIGNALING_DN	0.0022	0.018571429
HALLMARK_HYPOXIA	0.0026	0.018571429
HALLMARK_INTERFERON_GAMMA_RESPONSE	0.0026	0.018571429
HALLMARK_PI3K_AKT_MTOR_SIGNALING	0.004	0.025
HALLMARK_IL6_JAK_STAT3_SIGNALING	0.0067	0.037222222
HALLMARK_MITOTIC_SPINDLE	0.0082	0.041
HALLMARK_P53_PATHWAY	0.0112	0.04875
HALLMARK_NOTCH_SIGNALING	0.0117	0.04875
HALLMARK_APICAL_JUNCTION	0.0139	0.053461538
HALLMARK_INTERFERON_ALPHA_RESPONSE	0.0159	0.055
HALLMARK_UNFOLDED_PROTEIN_RESPONSE	0.0165	0.055
HALLMARK_EPITHELIAL_MESENCHYMAL_TRANSITION	0.022	0.06875
HALLMARK_APOPTOSIS	0.0246	0.072352941
HALLMARK_UV_RESPONSE_DN	0.0331	0.085714286
HALLMARK_IL2_STAT5_SIGNALING	0.0352	0.085714286
HALLMARK_COMPLEMENT	0.0353	0.085714286
HALLMARK_GLYCOLYSIS	0.036	0.085714286
HALLMARK_ESTROGEN_RESPONSE_LATE	0.0493	0.112045455
HALLMARK_HEDGEHOG_SIGNALING	0.0537	0.11673913
HALLMARK_APICAL_SURFACE	0.0593	0.123541667
HALLMARK_UV_RESPONSE_UP	0.0726	0.1452
HALLMARK_MTORC1_SIGNALING	0.0827	0.159038462
HALLMARK_ALLOGRAFT_REJECTION	0.2044	0.378518519
HALLMARK_DNA_REPAIR	0.225	0.401785714
HALLMARK_HEME_METABOLISM	0.2687	0.449193548
HALLMARK_PEROXISOME	0.2711	0.449193548
HALLMARK_TGF_BETA_SIGNALING	0.2785	0.449193548
HALLMARK_BILE_ACID_METABOLISM	0.3176	0.49625
HALLMARK_MYC_TARGETS_V2	0.376	0.56969697
HALLMARK_CHOLESTEROL_HOMEOSTASIS	0.4723	0.694558824
HALLMARK_PROTEIN_SECRETION	0.5884	0.840571429
HALLMARK_ANDROGEN_RESPONSE	0.6312	0.857837838
HALLMARK_WNT_BETA_CATENIN_SIGNALING	0.6348	0.857837838
HALLMARK_SPERMATOGENESIS	0.6707	0.8825
HALLMARK_REACTIVE_OXIGEN_SPECIES_PATHWAY	0.7166	0.896875
HALLMARK_G2M_CHECKPOINT	0.7175	0.896875
HALLMARK_ADIPOGENESIS	0.7542	0.919756098
HALLMARK_XENOBIOTIC_METABOLISM	0.8072	0.952790698
HALLMARK_KRAS_SIGNALING_UP	0.8194	0.952790698
HALLMARK_COAGULATION	0.9334	1
HALLMARK_ANGIOGENESIS	0.9352	1
HALLMARK_PANCREAS_BETA_CELLS	0.9707	1
HALLMARK_FATTY_ACID_METABOLISM	0.9777	1
HALLMARK_E2F_TARGETS	0.9846	1
HALLMARK_OXIDATIVE_PHOSPHORYLATION	0.9996	1
HALLMARK_MYC_TARGETS_V1	1	1

Supplementary table 7 | Gene sets decreased with age in encapsulated hskMPs compared to the young control after ten days *in vivo*. Data are derived from capsules of $n \geq 5$ mice in each age group. GST Pval = Wilcoxon gene set test p-value. GST FDR = Adjusted p-value using the Benjamini-Hochberg procedure.

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Gene Set Name - Mouse	GST Pval	GST FDR
HALLMARK_XENOBIOTIC_METABOLISM	1.00E-04	0.001
HALLMARK_P53_PATHWAY	1.00E-04	0.001
HALLMARK_COAGULATION	1.00E-04	0.001
HALLMARK_IL2_STAT5_SIGNALING	1.00E-04	0.001
HALLMARK_KRAS_SIGNALING_UP	1.00E-04	0.001
HALLMARK_COMPLEMENT	8.00E-04	0.006666667
HALLMARK_ADIPOGENESIS	0.0018	0.012857143
HALLMARK_IL6_JAK_STAT3_SIGNALING	0.0036	0.0225
HALLMARK_REACTIVE_OXIGEN_SPECIES_PATHWAY	0.0043	0.023888889
HALLMARK_ANGIOGENESIS	0.0089	0.0445
HALLMARK_INFLAMMATORY_RESPONSE	0.0296	0.134545455
HALLMARK_INTERFERON_GAMMA_RESPONSE	0.0348	0.145
HALLMARK_HEME_METABOLISM	0.0391	0.150384615
HALLMARK_ALLOGRAFT_REJECTION	0.0561	0.198823529
HALLMARK_PANCREAS_BETA_CELLS	0.0606	0.198823529
HALLMARK_BILE_ACID_METABOLISM	0.0648	0.198823529
HALLMARK_MYOGENESIS	0.0676	0.198823529
HALLMARK_PROTEIN_SECRETION	0.0918	0.255
HALLMARK_EPITHELIAL_MESENCHYMAL_TRANSITION	0.1071	0.268809524
HALLMARK_ESTROGEN_RESPONSE_EARLY	0.1125	0.268809524
HALLMARK_GLYCOLYSIS	0.1129	0.268809524
HALLMARK_UV_RESPONSE_UP	0.1237	0.281136364
HALLMARK_DNA_REPAIR	0.1388	0.30173913
HALLMARK_WNT_BETA_CATENIN_SIGNALING	0.1468	0.305833333
HALLMARK_HYPOXIA	0.1736	0.334038462
HALLMARK_PEROXISOME	0.1737	0.334038462
HALLMARK_APOPTOSIS	0.183	0.33625
HALLMARK_UNFOLDED_PROTEIN_RESPONSE	0.1883	0.33625
HALLMARK_INTERFERON_ALPHA_RESPONSE	0.2077	0.3485
HALLMARK_APICAL_SURFACE	0.2091	0.3485
HALLMARK_TNFA_SIGNALING_VIA_NFKB	0.2938	0.473870968
HALLMARK_SPERMATOGENESIS	0.3287	0.51359375
HALLMARK_ESTROGEN_RESPONSE_LATE	0.3518	0.533030303
HALLMARK_MTORC1_SIGNALING	0.3919	0.576323529
HALLMARK_FATTY_ACID_METABOLISM	0.4534	0.640555556
HALLMARK_OXIDATIVE_PHOSPHORYLATION	0.4612	0.640555556
HALLMARK_ANDROGEN_RESPONSE	0.5669	0.766081081
HALLMARK_PI3K_AKT_MTOR_SIGNALING	0.5979	0.768333333
HALLMARK_APICAL_JUNCTION	0.5993	0.768333333
HALLMARK_TGF_BETA_SIGNALING	0.7692	0.9615
HALLMARK_NOTCH_SIGNALING	0.8402	1
HALLMARK_CHOLESTEROL_HOMEOSTASIS	0.873	1
HALLMARK_KRAS_SIGNALING_DN	0.8786	1
HALLMARK_HEDGEHOG_SIGNALING	0.9466	1
HALLMARK_UV_RESPONSE_DN	0.9712	1
HALLMARK_MYC_TARGETS_V2	0.9741	1
HALLMARK_MITOTIC_SPINDLE	1	1
HALLMARK_G2M_CHECKPOINT	1	1
HALLMARK_E2F_TARGETS	1	1
HALLMARK_MYC_TARGETS_V1	1	1

Supplementary table 8 | Gene sets decreased with age in encapsulated mskMPs compared to the young control after ten days *in vivo*. Data are derived from capsules of $n \geq 5$ mice in each age group. GST Pval = Wilcoxon gene set test p-value. GST FDR = Adjusted p-value using the Benjamini-Hochberg procedure.

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Gene Set Name - Freshly Isolated MPs	GST Pval	GST FDR
HALLMARK_TNFA_SIGNALING_VIA_NFKB	1.00E-04	0.000714286
HALLMARK_INTERFERON_ALPHA_RESPONSE	1.00E-04	0.000714286
HALLMARK_INTERFERON_GAMMA_RESPONSE	1.00E-04	0.000714286
HALLMARK_E2F_TARGETS	1.00E-04	0.000714286
HALLMARK_XENOBIOTIC_METABOLISM	1.00E-04	0.000714286
HALLMARK_FATTY_ACID_METABOLISM	1.00E-04	0.000714286
HALLMARK_ALLOGRAFT_REJECTION	1.00E-04	0.000714286
HALLMARK_MTORC1_SIGNALING	2.00E-04	0.001111111
HALLMARK_MYC_TARGETS_V2	2.00E-04	0.001111111
HALLMARK_OXIDATIVE_PHOSPHORYLATION	4.00E-04	0.002
HALLMARK_G2M_CHECKPOINT	8.00E-04	0.003636364
HALLMARK_IL6_JAK_STAT3_SIGNALING	0.0028	0.011153846
HALLMARK_INFLAMMATORY_RESPONSE	0.0029	0.011153846
HALLMARK_REACTIVE_OXIGEN_SPECIES_PATHWAY	0.0039	0.013928571
HALLMARK_MYC_TARGETS_V1	0.0047	0.015666667
HALLMARK_APOPTOSIS	0.0074	0.023125
HALLMARK_BILE_ACID_METABOLISM	0.0194	0.057058824
HALLMARK_KRAS_SIGNALING_UP	0.0265	0.073611111
HALLMARK_COMPLEMENT	0.0371	0.097631579
HALLMARK_DNA_REPAIR	0.0452	0.113
HALLMARK_PEROXISOME	0.0858	0.204285714
HALLMARK_SPERMATOGENESIS	0.1062	0.241363636
HALLMARK_GLYCOLYSIS	0.1574	0.342173913
HALLMARK_APICAL_SURFACE	0.2034	0.42375
HALLMARK_ESTROGEN_RESPONSE_LATE	0.2152	0.4304
HALLMARK_IL2_STAT5_SIGNALING	0.2275	0.4375
HALLMARK_ADIPOGENESIS	0.2721	0.503888889
HALLMARK_CHOLESTEROL_HOMEOSTASIS	0.2845	0.508035714
HALLMARK_UNFOLDED_PROTEIN_RESPONSE	0.326	0.562068966
HALLMARK_PANCREAS_BETA_CELLS	0.39	0.65
HALLMARK_HEME_METABOLISM	0.4151	0.65890625
HALLMARK_COAGULATION	0.4217	0.65890625
HALLMARK_P53_PATHWAY	0.4672	0.707878788
HALLMARK_HYPOXIA	0.4937	0.726029412
HALLMARK_ANDROGEN_RESPONSE	0.556	0.794285714
HALLMARK_PI3K_AKT_MTOR_SIGNALING	0.5926	0.823055556
HALLMARK_UV_RESPONSE_UP	0.7824	1
HALLMARK_ESTROGEN_RESPONSE_EARLY	0.8029	1
HALLMARK_WNT_BETA_CATENIN_SIGNALING	0.8277	1
HALLMARK_PROTEIN_SECRETION	0.841	1
HALLMARK_TGF_BETA_SIGNALING	0.9167	1
HALLMARK_NOTCH_SIGNALING	0.9188	1
HALLMARK_HEDGEHOG_SIGNALING	0.9471	1
HALLMARK_MITOTIC_SPINDLE	0.9955	1
HALLMARK_KRAS_SIGNALING_DN	0.9984	1
HALLMARK_MYOGENESIS	0.9994	1
HALLMARK_APICAL_JUNCTION	0.9996	1
HALLMARK_UV_RESPONSE_DN	0.9999	1
HALLMARK_EPITHELIAL_MESENCHYMAL_TRANSITION	1	1
HALLMARK_ANGIOGENESIS	1	1

Supplementary table 9 | Gene sets increased with age in niche resident freshly isolated mouse muscle stem cells compared to the young control. Data from n=8 young or aged mice. GST Pval = Wilcoxon gene set test p-value. GST FDR = Adjusted p-value using the Benjamini-Hochberg procedure.

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Gene Set Name - Freshly Isolated MPs	GST Pval	GST FDR
HALLMARK_EPITHELIAL_MESENCHYMAL_TRANSITION	1.00E-04	0.001666667
HALLMARK_UV_RESPONSE_DN	1.00E-04	0.001666667
HALLMARK_ANGIOGENESIS	1.00E-04	0.001666667
HALLMARK_MYOGENESIS	2.00E-04	0.0025
HALLMARK_APICAL_JUNCTION	4.00E-04	0.004
HALLMARK_KRAS_SIGNALING_DN	0.0019	0.015833333
HALLMARK_MITOTIC_SPINDLE	0.0055	0.039285714
HALLMARK_HEDGEHOG_SIGNALING	0.0509	0.318125
HALLMARK_NOTCH_SIGNALING	0.0785	0.435
HALLMARK_TGF_BETA_SIGNALING	0.087	0.435
HALLMARK_PROTEIN_SECRETION	0.1603	0.728636364
HALLMARK_WNT_BETA_CATENIN_SIGNALING	0.1808	0.739615385
HALLMARK_ESTROGEN_RESPONSE_EARLY	0.1923	0.739615385
HALLMARK_UV_RESPONSE_UP	0.2166	0.773571429
HALLMARK_PI3K_AKT_MTOR_SIGNALING	0.3975	1
HALLMARK_ANDROGEN_RESPONSE	0.4511	1
HALLMARK_HYPOXIA	0.5136	1
HALLMARK_P53_PATHWAY	0.5311	1
HALLMARK_COAGULATION	0.585	1
HALLMARK_HEME_METABOLISM	0.5856	1
HALLMARK_PANCREAS_BETA_CELLS	0.6043	1
HALLMARK_UNFOLDED_PROTEIN_RESPONSE	0.667	1
HALLMARK_CHOLESTEROL_HOMEOSTASIS	0.7074	1
HALLMARK_ADIPOGENESIS	0.7445	1
HALLMARK_IL2_STAT5_SIGNALING	0.768	1
HALLMARK_ESTROGEN_RESPONSE_LATE	0.7814	1
HALLMARK_APICAL_SURFACE	0.8004	1
HALLMARK_GLYCOLYSIS	0.8457	1
HALLMARK_SPERMATOGENESIS	0.8918	1
HALLMARK_PEROXISOME	0.9184	1
HALLMARK_DNA_REPAIR	0.9581	1
HALLMARK_COMPLEMENT	0.9625	1
HALLMARK_KRAS_SIGNALING_UP	0.9756	1
HALLMARK_BILE_ACID_METABOLISM	0.9823	1
HALLMARK_APOPTOSIS	0.9911	1
HALLMARK_REACTIVE_OXIGEN_SPECIES_PATHWAY	0.9948	1
HALLMARK_MYC_TARGETS_V1	0.9957	1
HALLMARK_IL6_JAK_STAT3_SIGNALING	0.9977	1
HALLMARK_INFLAMMATORY_RESPONSE	0.9982	1
HALLMARK_MTORC1_SIGNALING	0.9998	1
HALLMARK_G2M_CHECKPOINT	0.9999	1
HALLMARK_FATTY_ACID_METABOLISM	0.9999	1
HALLMARK_TNFA_SIGNALING_VIA_NFKB	1	1
HALLMARK_INTERFERON_ALPHA_RESPONSE	1	1
HALLMARK_INTERFERON_GAMMA_RESPONSE	1	1
HALLMARK_E2F_TARGETS	1	1
HALLMARK_MYC_TARGETS_V2	1	1
HALLMARK_XENOBIOTIC_METABOLISM	1	1
HALLMARK_OXIDATIVE_PHOSPHORYLATION	1	1
HALLMARK_ALLOGRAFT_REJECTION	1	1

Supplementary table 10 | Gene sets decreased with age in niche resident freshly isolated mouse muscle stem cells compared to the young control. Data from n=3 young or aged mice. GST Pval = Wilcoxon gene set test p-value. GST FDR = Adjusted p-value using the Benjamini-Hochberg procedure.

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Gene Set Name: Human - D4 - <i>in-vitro</i>	GST_Pval	GST_FDR
HALLMARK_KRAS_SIGNALING_DN	7.38184E-05	0.003690921
HALLMARK_MYOGENESIS	0.016547233	0.413680814
HALLMARK_MITOTIC_SPINDLE	0.092710962	1
HALLMARK_WNT_BETA_CATENIN_SIGNALING	0.127484809	1
HALLMARK_SPERMATOGENESIS	0.155043207	1
HALLMARK_HEDGEHOG_SIGNALING	0.308988817	1
HALLMARK_KRAS_SIGNALING_UP	0.489306906	1
HALLMARK_UV_RESPONSE_DN	0.502201637	1
HALLMARK_NOTCH_SIGNALING	0.523833904	1
HALLMARK_G2M_CHECKPOINT	0.629324403	1
HALLMARK_APICAL_SURFACE	0.754826941	1
HALLMARK_E2F_TARGETS	0.780390542	1
HALLMARK_ANGIOGENESIS	0.866321537	1
HALLMARK_INTERFERON_ALPHA_RESPONSE	0.909711872	1
HALLMARK_INFLAMMATORY_RESPONSE	0.918050427	1
HALLMARK_APICAL_JUNCTION	0.919415481	1
HALLMARK_PANCREAS_BETA_CELLS	0.940161163	1
HALLMARK_IL2_STAT5_SIGNALING	0.960055152	1
HALLMARK_TNFA_SIGNALING_VIA_NFKB	0.966177046	1
HALLMARK_INTERFERON_GAMMA_RESPONSE	0.967155442	1
HALLMARK_TGF_BETA_SIGNALING	0.972137076	1
HALLMARK_IL6_JAK_STAT3_SIGNALING	0.983257911	1
HALLMARK_MYC_TARGETS_V2	0.988243344	1
HALLMARK_BILE_ACID_METABOLISM	0.993171096	1
HALLMARK_COMPLEMENT	0.995493526	1
HALLMARK_DNA_REPAIR	0.996835177	1
HALLMARK_UNFOLDED_PROTEIN_RESPONSE	0.996925414	1
HALLMARK_UV_RESPONSE_UP	0.998857485	1
HALLMARK_ANDROGEN_RESPONSE	0.999000297	1
HALLMARK_COAGULATION	0.999724498	1
HALLMARK_PI3K_AKT_MTOR_SIGNALING	0.999749468	1
HALLMARK_P53_PATHWAY	0.99977587	1
HALLMARK_ESTROGEN_RESPONSE_EARLY	0.999855771	1
HALLMARK_ESTROGEN_RESPONSE_LATE	0.999880179	1
HALLMARK_ALLOGRAFT_REJECTION	0.999921122	1
HALLMARK_PEROXISOME	0.99993053	1
HALLMARK_HEME_METABOLISM	0.999989611	1
HALLMARK_PROTEIN_SECRETION	0.999993718	1
HALLMARK_APOPTOSIS	0.999996336	1
HALLMARK_CHOLESTEROL_HOMEOSTASIS	0.999998683	1
HALLMARK_XENOBIOTIC_METABOLISM	0.999999212	1
HALLMARK_HYPOXIA	0.999999372	1
HALLMARK_GLYCOLYSIS	0.999999863	1
HALLMARK_REACTIVE_OXIGEN_SPECIES_PATHWAY	0.999999898	1
HALLMARK_EPITHELIAL_MESENCHYMAL_TRANSITION	1	1
HALLMARK_ADIPOGENESIS	1	1
HALLMARK_FATTY_ACID_METABOLISM	1	1
HALLMARK_MTORC1_SIGNALING	1	1
HALLMARK_MYC_TARGETS_V1	1	1
HALLMARK_OXIDATIVE_PHOSPHORYLATION	1	1

Supplementary table 11 | Gene sets increased after four days in 2D hskMP culture exposed to aged human serum compared to the young human serum. GST Pval = Wilcoxon gene set test p-value. Data are derived from hskMPs exposed to human serum from n=3 different young or aged donors. GST FDR = Adjusted p-value using the Benjamini-Hochberg procedure.

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Gene Set Name: Human - D10 - <i>in-vitro</i>	GST_Pval	GST_FDR
HALLMARK_OXIDATIVE_PHOSPHORYLATION	2.36115E-07	1.18058E-05
HALLMARK_MYC_TARGETS_V1	0.000955568	0.0238892
HALLMARK_E2F_TARGETS	0.003459696	0.057661598
HALLMARK_G2M_CHECKPOINT	0.00849323	0.106165371
HALLMARK_MYC_TARGETS_V2	0.029563729	0.295637295
HALLMARK_MYOGENESIS	0.074208319	0.618402659
HALLMARK_MITOTIC_SPINDLE	0.193517125	0.999999997
HALLMARK_SPERMATOGENESIS	0.237153025	0.999999997
HALLMARK_ADIPOGENESIS	0.246304701	0.999999997
HALLMARK_DNA_REPAIR	0.307501786	0.999999997
HALLMARK_WNT_BETA_CATENIN_SIGNALING	0.318443285	0.999999997
HALLMARK_NOTCH_SIGNALING	0.377910729	0.999999997
HALLMARK_BILE_ACID_METABOLISM	0.413454301	0.999999997
HALLMARK_HEME_METABOLISM	0.481253969	0.999999997
HALLMARK_UV_RESPONSE_DN	0.52024193	0.999999997
HALLMARK_PI3K_AKT_MTOR_SIGNALING	0.58492227	0.999999997
HALLMARK_HEDGEHOG_SIGNALING	0.58804766	0.999999997
HALLMARK_KRAS_SIGNALING_DN	0.605869514	0.999999997
HALLMARK_ANDROGEN_RESPONSE	0.748988541	0.999999997
HALLMARK_PEROXISOME	0.803261712	0.999999997
HALLMARK_GLYCOLYSIS	0.821549992	0.999999997
HALLMARK_UNFOLDED_PROTEIN_RESPONSE	0.859727268	0.999999997
HALLMARK_FATTY_ACID_METABOLISM	0.862474641	0.999999997
HALLMARK_PROTEIN_SECRETION	0.869307435	0.999999997
HALLMARK_ALLOGRAFT_REJECTION	0.886954491	0.999999997
HALLMARK_P53_PATHWAY	0.904334185	0.999999997
HALLMARK_ANGIOGENESIS	0.909348451	0.999999997
HALLMARK_IL6_JAK_STAT3_SIGNALING	0.914068939	0.999999997
HALLMARK_REACTIVE_OXIGEN_SPECIES_PATHWAY	0.922475651	0.999999997
HALLMARK_APICAL_SURFACE	0.928490118	0.999999997
HALLMARK_IL2_STAT5_SIGNALING	0.959439771	0.999999997
HALLMARK_UV_RESPONSE_UP	0.967586043	0.999999997
HALLMARK_ESTROGEN_RESPONSE_LATE	0.972020235	0.999999997
HALLMARK_XENOBIOTIC_METABOLISM	0.979705067	0.999999997
HALLMARK_COMPLEMENT	0.99032617	0.999999997
HALLMARK_ESTROGEN_RESPONSE_EARLY	0.990701043	0.999999997
HALLMARK_PANCREAS_BETA_CELLS	0.991640362	0.999999997
HALLMARK_KRAS_SIGNALING_UP	0.992024922	0.999999997
HALLMARK_TGF_BETA_SIGNALING	0.99293276	0.999999997
HALLMARK_INFLAMMATORY_RESPONSE	0.995120988	0.999999997
HALLMARK_HYPOXIA	0.998285232	0.999999997
HALLMARK_APICAL_JUNCTION	0.998711642	0.999999997
HALLMARK_TNFA_SIGNALING_VIA_NFKB	0.998906247	0.999999997
HALLMARK_INTERFERON_ALPHA_RESPONSE	0.99980783	0.999999997
HALLMARK_INTERFERON_GAMMA_RESPONSE	0.999847467	0.999999997
HALLMARK_APOPTOSIS	0.999915392	0.999999997
HALLMARK_MTORC1_SIGNALING	0.999986277	0.999999997
HALLMARK_COAGULATION	0.999991192	0.999999997
HALLMARK_EPITHELIAL_MESENCHYMAL_TRANSITION	0.999999972	0.999999997
HALLMARK_CHOLESTEROL_HOMEOSTASIS	0.999999997	0.999999997

Supplementary table 12| Gene sets increased after ten days in 2D hskMP culture exposed to aged human serum compared to the young human serum. Data are derived from hskMPs exposed to human serum from n=3 different young or aged donors. GST Pval = Wilcoxon gene set test p-value. GST FDR = Adjusted p-value using the Benjamini-Hochberg procedure.

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Gene Set Name: Human - D4 - <i>in-vitro</i>	GST_Pval	GST_FDR
HALLMARK_OXIDATIVE_PHOSPHORYLATION	2.37546E-27	1.18773E-25
HALLMARK_MYC_TARGETS_V1	9.99263E-21	2.49816E-19
HALLMARK_MTORC1_SIGNALING	1.85244E-17	3.0874E-16
HALLMARK_FATTY_ACID_METABOLISM	4.28616E-13	5.3577E-12
HALLMARK_ADIPOGENESIS	7.65179E-12	7.65179E-11
HALLMARK_EPITHELIAL_MESENCHYMAL_TRANSITION	1.62655E-10	1.35546E-09
HALLMARK_REACTIVE_OXIGEN_SPECIES_PATHWAY	1.02231E-07	7.30222E-07
HALLMARK_GLYCOLYSIS	1.36731E-07	8.54569E-07
HALLMARK_HYPOXIA	6.2757E-07	3.4865E-06
HALLMARK_XENOBIOTIC_METABOLISM	7.87998E-07	3.93999E-06
HALLMARK_CHOLESTEROL_HOMEOSTASIS	1.31717E-06	5.98715E-06
HALLMARK_APOPTOSIS	3.66435E-06	1.52681E-05
HALLMARK_PROTEIN_SECRETION	6.28291E-06	2.4165E-05
HALLMARK_HEME_METABOLISM	1.03897E-05	3.71061E-05
HALLMARK_PEROXISOME	6.94786E-05	0.000231595
HALLMARK_ALLOGRAFT_REJECTION	7.88859E-05	0.000246518
HALLMARK_ESTROGEN_RESPONSE_LATE	0.000119831	0.000352445
HALLMARK_ESTROGEN_RESPONSE_EARLY	0.000144241	0.000400668
HALLMARK_P53_PATHWAY	0.000224146	0.000589858
HALLMARK_PI3K_AKT_MTOR_SIGNALING	0.000250558	0.000626395
HALLMARK_COAGULATION	0.000275532	0.000656028
HALLMARK_ANDROGEN_RESPONSE	0.0009998	0.002272272
HALLMARK_UV_RESPONSE_UP	0.0011426	0.002483913
HALLMARK_UNFOLDED_PROTEIN_RESPONSE	0.003074825	0.00633007
HALLMARK_DNA_REPAIR	0.003165035	0.00633007
HALLMARK_COMPLEMENT	0.004506768	0.008666861
HALLMARK_BILE_ACID_METABOLISM	0.00682946	0.012647149
HALLMARK_MYC_TARGETS_V2	0.011757726	0.020995939
HALLMARK_IL6_JAK_STAT3_SIGNALING	0.016743553	0.028868194
HALLMARK_TGF_BETA_SIGNALING	0.027865236	0.04644206
HALLMARK_INTERFERON_GAMMA_RESPONSE	0.032846143	0.052850754
HALLMARK_TNFA_SIGNALING_VIA_NFKB	0.033824482	0.052850754
HALLMARK_IL2_STAT5_SIGNALING	0.039946673	0.060525262
HALLMARK_PANCREAS_BETA_CELLS	0.059846482	0.088009533
HALLMARK_APICAL_JUNCTION	0.080587632	0.113823879
HALLMARK_INFLAMMATORY_RESPONSE	0.081953193	0.113823879
HALLMARK_INTERFERON_ALPHA_RESPONSE	0.090292878	0.122017402
HALLMARK_ANGIOGENESIS	0.133689274	0.175906939
HALLMARK_E2F_TARGETS	0.219615085	0.281557801
HALLMARK_APICAL_SURFACE	0.245188044	0.306485055
HALLMARK_G2M_CHECKPOINT	0.37068282	0.452052219
HALLMARK_NOTCH_SIGNALING	0.476186059	0.566888165
HALLMARK_UV_RESPONSE_DN	0.497807442	0.578845863
HALLMARK_KRAS_SIGNALING_UP	0.51070201	0.580343194
HALLMARK_HEDGEHOG_SIGNALING	0.691028537	0.767809485
HALLMARK_SPERMATOGENESIS	0.844964205	0.918439353
HALLMARK_WNT_BETA_CATENIN_SIGNALING	0.87252442	0.928217468
HALLMARK_MITOTIC_SPINDLE	0.907292211	0.945096053
HALLMARK_MYOGENESIS	0.983453569	0.99992619
HALLMARK_KRAS_SIGNALING_DN	0.99992619	0.99992619

Supplementary table 13 | Gene sets decreased after four days in 2D hskMP culture exposed to aged human serum compared to the young human serum. Data are derived from hskMPs exposed to human serum from n=3 different young or aged donors. GST Pval = Wilcoxon gene set test p-value. GST FDR = Adjusted p-value using the Benjamini-Hochberg procedure.

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Gene Set Name: Human - D10 - <i>in-vitro</i>	GST_Pval	GST_FDR
HALLMARK_CHOLESTEROL_HOMEOSTASIS	3.38115E-09	1.69057E-07
HALLMARK_EPITHELIAL_MESENCHYMAL_TRANSITION	2.8198E-08	7.0495E-07
HALLMARK_COAGULATION	8.80894E-06	0.000146816
HALLMARK_MTORC1_SIGNALING	1.37243E-05	0.000171553
HALLMARK_APOPTOSIS	8.46158E-05	0.000846158
HALLMARK_INTERFERON_GAMMA_RESPONSE	0.000152545	0.001271212
HALLMARK_INTERFERON_ALPHA_RESPONSE	0.000192191	0.001372792
HALLMARK_TNFA_SIGNALING_VIA_NFKB	0.001093828	0.006836424
HALLMARK_APICAL_JUNCTION	0.001288447	0.007158037
HALLMARK_HYPOXIA	0.001714879	0.008574394
HALLMARK_INFLAMMATORY_RESPONSE	0.00487935	0.022178864
HALLMARK_TGF_BETA_SIGNALING	0.00706795	0.029449793
HALLMARK_KRAS_SIGNALING_UP	0.007975567	0.029861084
HALLMARK_PANCREAS_BETA_CELLS	0.008361104	0.029861084
HALLMARK_ESTROGEN_RESPONSE_EARLY	0.009299486	0.030232521
HALLMARK_COMPLEMENT	0.009674407	0.030232521
HALLMARK_XENOBIOTIC_METABOLISM	0.020296026	0.059694193
HALLMARK_ESTROGEN_RESPONSE_LATE	0.027981149	0.077725414
HALLMARK_UV_RESPONSE_UP	0.032415584	0.085304169
HALLMARK_IL2_STAT5_SIGNALING	0.040562078	0.101405195
HALLMARK_APICAL_SURFACE	0.071516386	0.170277109
HALLMARK_REACTIVE_OXIGEN_SPECIES_PATHWAY	0.07752997	0.176204476
HALLMARK_IL6_JAK_STAT3_SIGNALING	0.085936579	0.186818651
HALLMARK_ANGIOGENESIS	0.090659734	0.188874445
HALLMARK_P53_PATHWAY	0.095669122	0.191338244
HALLMARK_ALLOGRAFT_REJECTION	0.113050418	0.217404651
HALLMARK_PROTEIN_SECRETION	0.130698452	0.241859331
HALLMARK_FATTY_ACID_METABOLISM	0.137530456	0.241859331
HALLMARK_UNFOLDED_PROTEIN_RESPONSE	0.140278412	0.241859331
HALLMARK_GLYCOLYSIS	0.178455331	0.297425551
HALLMARK_PEROXISOME	0.196746281	0.317332711
HALLMARK_ANDROGEN_RESPONSE	0.251020589	0.39221967
HALLMARK_KRAS_SIGNALING_DN	0.394140878	0.592983711
HALLMARK_HEDGEHOG_SIGNALING	0.411971511	0.592983711
HALLMARK_PI3K_AKT_MTOR_SIGNALING	0.415088598	0.592983711
HALLMARK_UV_RESPONSE_DN	0.479767137	0.666343246
HALLMARK_HEME_METABOLISM	0.518754536	0.701019643
HALLMARK_BILE_ACID_METABOLISM	0.586557064	0.77178561
HALLMARK_NOTCH_SIGNALING	0.622108325	0.797574776
HALLMARK_WNT_BETA_CATENIN_SIGNALING	0.681572497	0.844519472
HALLMARK_DNA_REPAIR	0.692505967	0.844519472
HALLMARK_ADIPOGENESIS	0.753701485	0.887042534
HALLMARK_SPERMATOGENESIS	0.76285658	0.887042534
HALLMARK_MITOTIC_SPINDLE	0.806488121	0.916463774
HALLMARK_MYOGENESIS	0.925794414	0.999999764
HALLMARK_MYC_TARGETS_V2	0.970438614	0.999999764
HALLMARK_G2M_CHECKPOINT	0.991507212	0.999999764
HALLMARK_E2F_TARGETS	0.996540502	0.999999764
HALLMARK_MYC_TARGETS_V1	0.999044493	0.999999764
HALLMARK_OXIDATIVE_PHOSPHORYLATION	0.999999764	0.999999764

Supplementary table 14 | Gene sets decreased after ten days in 2D hskMP culture exposed to aged human serum compared to the young human serum. Data are derived from hskMPs exposed to human serum from n=3 different young or aged donors. GST Pval = Wilcoxon gene set test p-value. GST FDR = Adjusted p-value using the Benjamini-Hochberg procedure.