

1 **Valorisation of spent coffee grounds as functional feed ingredient improves**  
2 **productive performance of Latxa dairy ewes**

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12 **Abstract**

13 Spent coffee grounds (SCG) represent one of the main residues derived from  
14 restoration and hostelry. The aim of this study was to evaluate the effect of SCG,  
15 included in the concentrate at different concentrations (0, 30, 50 and 100 g/kg), on milk  
16 yield and quality, feeding behaviour, dry matter intake, apparent digestibility and  
17 ruminal short chain fatty acid profile. In this trial of 51 days of duration, 48 Latxa dairy  
18 ewes were used. The ewes were blocked in quartets according to milk yield (1918 ±  
19 287g) and days in milk (35.7 ± 8.9 days). All of the concentrates were formulated to be  
20 isoenergetic (1.01 UFL), isoproteic (166 g/kg), isofat (76 g/kg) and to meet the  
21 production needs. The concentrate was given in two doses of 450 g of **dry matter during**  
22 **the morning and afternoon milkings**, and fescue hay was offered *ad libitum*. Milk  
23 production was recorded and samples were taken for fat, protein and lactose  
24 composition analysis. Dry matter intake and apparent dry matter digestibility were

25 estimated using two markers, and feeding behaviour data was recorded. Increasing  
26 doses of SCG in the concentrate up to 100g/kg resulted in a linear ( $P<0.001$ ) increase **in**  
27 **the rumen** of the isovaleric and isobutyric acid **contents** which could explain the  
28 observed quadratic response ( $P<0.001$ ) in milk yield and a linear increase ( $P<0.001$ ) in  
29 milk protein. A linear increase ( $P<0.001$ ) in milk fat was found which could be  
30 explained by the observed linear increase ( $P<0.001$ ) in ruminal acetic and butyric acid  
31 **contents**. Increasing doses of SCG in the concentrate linearly decreased ruminal  
32 ( $P<0.001$ ) propionic acid **content**, resulting in a concomitant linear **increase ( $P<0.001$ )**  
33 **in acetic:propionic** ratio. Furthermore, no differences were found in intake, apparent dry  
34 matter digestibility and feeding behaviour. In conclusion, inclusion of SCG up to  
35 100g/kg in the concentrate modified ruminal fermentation pattern towards an increase in  
36 isoacids and acetic and butyric acid **contents** in the rumen with a concomitant  
37 improvement in milk production and composition without impairing feeding behaviour  
38 or apparent digestibility.

39 **Keywords:** melanoidins, phenolic compounds, antimicrobial, circular economy,  
40 efficiency, by-products

41 **Abbreviations:** ADFom, acid detergent fiber; aNDFom, neutral detergent fiber;  
42 BCVFA, branched chain volatile fatty acids; BCS, body conditioning score; BW, body  
43 weight; CP, crude protein; DM, dry matter; DMD, apparent dry matter digestibility;  
44 DMI, dry matter intake; FPCM, fat and protein corrected milk; GAE: gallic acid  
45 equivalent; SEM, standard error of the mean; SCG: spent coffee grounds; UFL, feed  
46 units for lactation

## 47 **1. Introduction**

48 Coffee is one of the most valuable primary products in world trade due to the  
49 high consumption of coffee beverage; it is after water the second most popular beverage

50 worldwide, and the second largest commodity in stock exchange after oil (Mussatto et  
51 al., 2011; Girotto et al., 2018). According to the International Coffee Organization  
52 statistics, coffee world production in 2018 was around 9.5 million tons, of which EU  
53 countries consume about 2.52 million tons, with an increasing tendency.

54 Coffee consumption leads to amounts of organic waste; the primary by-product from  
55 coffee production is spent coffee grounds (SCG). SCG is the insoluble residue that  
56 remains after coffee beans are roasted, milled and brewed. For every kilogram of coffee  
57 consumed, two kilograms of SCG are generated (Mussatto et al., 2011). The generation  
58 of SCG is distributed in soluble coffee industry, which uses about 50% of the global  
59 coffee harvest, and in coffee shops and the consumers, accounting for the remaining  
60 50% (Scully et al., 2016).

61 In Europe, most of the SCG is currently being incinerated or disposed of in landfills  
62 (Mata et al., 2018), despite its potential interest for different applications such as  
63 **cosmetic, nutraceutical or even pharmaceutical, based on its chemical composition:**  
64 **cellulose, hemicelluloses, proteins, fat, polyphenols, minerals (Esquivel and Jimenez,**  
65 **2012; Mussatto et al., 2011).** Besides, in addition to its interesting nutritional profile,  
66 SCG also contains a wide range of components formed through the Maillard reactions  
67 during the roast, such as melanoidins (Borrelli et al., 2004), which are supposed to have  
68 antimicrobial properties and play an important role in preventing oxidative damage and  
69 diseases related to free radicals (Wang et al., 2011).

70 In this regard, considering the large amount of SCG produced annually all over the  
71 world and their potential pollution hazard affecting especially the soil ecosystem  
72 (Mussatto et al., 2011), the reutilization of this by-product is a **relevant subject in the**  
73 **search of the circular economy.** Some alternative uses have been proposed to revalorize  
74 this by-product, like pellet (Silva et al., 1998), biodiesel production (Kondamudi et al.,

75 2008), its use as substrate for fermentation technology (Ramalakshmi et al., 2009) or in  
76 wastewater treatment (Franca et al., 2009). In addition, its use as functional ingredient  
77 in human diets has also been proposed due to the antioxidant, antihypertensive and  
78 antimicrobial activities in gut microbiota associated to some of their chemical  
79 constituents like coffee melanoidins and phenolic compounds (Rufian-Henares and  
80 Morales, 2007).

81 These by-products have been suggested as alternative feed source for livestock. In this  
82 context, some studies in the late 70s have been focused on the use of SCG as feed  
83 ingredient in ruminant's rations. *In vitro* studies observed that dry matter digestibility  
84 was decreased at a dose higher than 100 g/kg of SCG in the ration (Bartley et al, 1978).  
85 In addition, production trials with dairy cows and beef including SCG in the ration at  
86 doses between 50 and 200 g/kg of total diet concluded that some undesirable  
87 consequences, like reduced grain intake in dairy cows and reduced average daily gain in  
88 beef cattle, can appear possibly related to reduced ration palatability and digestibility  
89 (Bartley et al, 1978). More recent studies also concluded that SCG at a dose between  
90 100 and 200 g/kg reduced linearly the *in vitro* digestibility of dry matter (DM), protein,  
91 fiber and energy (Xu et al., 2007). In all the reported studies, SCG have been used as a  
92 feed ingredient replacing nutritionally more rich-feed ingredients and therefore reducing  
93 the energy and nutrient content of the ration. However, to our knowledge, there is no  
94 report about the potential use of SCG at lower doses as a functional ingredient in the  
95 diet. In this regard, different compounds with antimicrobial properties, like monensin  
96 (Richardson et al., 1976), plant extracts (Busquets et al., 2006) and chitosan (Goiri et  
97 al., 2009, 2010) among others, have shown positive effects manipulating ruminal  
98 ecosystem and enhancing production. In this context, some chemical constituents of  
99 SCG like coffee melanoidins and phenolic compounds have been proposed as

100 antimicrobials (Jimenez-Zamora et al., 2015) and hypothetically could exert antibiotic-  
101 like growth promoter action resulting, if provided in adequate doses, in increased  
102 production performance.

103 Therefore, the objective of the present study was to evaluate the use of the SCG as a  
104 functional ingredient in the concentrate of dairy ewes and its effects on digestibility,  
105 production performance, milk quality and feeding behaviour.

## 106 **2. Material and methods**

107 All experimental procedures were performed in accordance with the European  
108 Union Directive (2010/63/EU) and Spanish Royal Decree (RD 53/2013) for the  
109 protection of animals used for experimental and other scientific purposes, and approved  
110 by the ethics committee (NEIKER-OEBA-2018-004).

### 111 *2.1. Spent coffee grounds collection and drying*

112 This study was focused on the SCG produced by hotels, restaurants and coffee  
113 shops located in the north of Spain (Basque Country and Navarre) and south of France  
114 (Aquitaine). About 0.5 tons of SCG were stored and collected during a week. This  
115 amount of SCG was transported to a drying plant for its processing as an ingredient for  
116 dairy ewes feed. SCG were dried using the flash dryer technology (RINA-JET 1008,  
117 Riera Nadeu S.A.), in order to prevent biodegradation due to the microbial activity.  
118 Chemical composition and nutritional value of SCG can be seen on Table 1.

### 119 *2.2. Animals, experimental design and diets*

120 The study was conducted with 48 Latxa ewes of the experimental flock of  
121 NEIKER-Tecnalia in Arkaute (Spain) at the beginning of lactation. Ewes were blocked  
122 in quartets based on their milk production ( $1918 \pm 287$  g) and days in milk ( $35.7 \pm 8.9$   
123 days). Each ewe in the quartet was assigned a treatment based on SCG inclusion level in  
124 the concentrate supplied (0, 30, 50 and 100 g/kg DM). Table 1 shows the composition

125 and the chemical analysis of the concentrates and forage supplied. The concentrate was  
126 supplied in individual feeders in the milking parlour in two doses of 450g of DM during  
127 the morning (7:30) and afternoon (18:00) milkings. **Fescue (*Festuca pratensis*) hay was**  
128 **group fed** *ad libitum* in a feed bunk (0.5 m/ewe). The quantity of fescue hay offered was  
129 based on morning bunk readings, and the amount of feed offered was adjusted daily to  
130 allow 10% refusals. The experimental period lasted for 51 days, of which the first 7  
131 days were for covariate determination, the following 7 for adaptation to diets and the  
132 last 37 days were used for measurements and samplings.

### 133 *2.3. Productive performance*

134 Ewes were milked daily at 07:30 and 18:00 during the experimental period, and  
135 milk production was recorded individually 7 d/wk electronically (MM25 SG, DeLaval,  
136 Madrid, Spain). On days 17, 31 and 43, a portion of milk (am and pm milkings) from  
137 each ewe was stored with azidiol at 4°C until further analysis of fat, protein and lactose.  
138 Body weight (BW) and body conditioning score (BCS) were measured on the first and  
139 last day of the trial.

### 140 *2.4. Dry matter intake, apparent dry matter digestibility and feeding behaviour*

141 The quantity of concentrate offered and rejected was determined individually on  
142 a daily basis. Dry matter intake (DMI) and apparent dry matter digestibility (DMD)  
143 were estimated as proposed by Cochran et al. (1986) using chromium sesquioxide  
144 ( $\text{Cr}_2\text{O}_3$ ) as an external marker and acid-insoluble ash as an internal marker. Ewes  
145 received one gram of  $\text{Cr}_2\text{O}_3$ , stored in gelatine capsules at 07:30 h and 18:00 h during  
146 10 days. The quantity of chromium received daily was 1.37 g per ewe. After the 7-day  
147 standardization period, faecal samples were taken on three consecutive days. Samples  
148 were obtained from the rectum, composited by ewe and stored at -20°C for the analysis  
149 of chromium and insoluble ash.

150 For the feeding behaviour data a close visual observation of the sheep was carried out  
151 during 48 consecutive hours. The predominant behaviour (eating, rumination, and  
152 idling) was recorded within intervals of 10 minutes. Behavioural activities were  
153 averaged by ewe.

#### 154 2.5. *Ruminal samples*

155 The last day of the experimental period rumen fluid samples were taken for short  
156 chain fatty acid (SCFA) analysis. Ewes were fasted since the previous afternoon  
157 milking. Ruminal samples were collected from each dairy ewe after the morning  
158 milking using an esophageal tube (0.9 cm in diameter and 150 cm in length) connected  
159 to a mechanical pumping unit (Vacuubrand ME 2SI, Wertheim, Germany). Ruminal  
160 samples were filtered through four layers of sterile cheese cloths, then about 10 ml of  
161 each ruminal extraction were placed into a container and were immediately frozen and  
162 stored at  $-20\pm 5^{\circ}\text{C}$  until further analysis of SCFA.

#### 163 2.6. *Chemical analyses*

164 Milk fat, protein and lactose contents were analysed by near-infrared  
165 spectroscopy (Foss System 4000, Foss Electric, Hillerød, Denmark; Instituto  
166 Lactológico Lekunberri, Lekunberri, Spain).

167 Roughage and concentrate were dried in a forced-air oven and fecal grab samples were  
168 freeze-dried (Christ Alpha 1-4 LD Plus, Fisher Bioblock Scientific, Madrid, Spain). All  
169 samples including SCG were ground to pass a 1-mm screen. DM content (method  
170 934.01) was determined following (AOAC, 2007). Nitrogen content (method 941.04)  
171 was determined using the macro-Kjeldahl procedure on a Kjeltac Auto 1030 (Foss,  
172 Hillerød, Denmark). Neutral detergent fibre (aNDFom) was determined with use of an  
173 alpha amylase, but without sodium sulphite, and was expressed free of ash (Van Soest  
174 et al., 1991). Acid detergent fibre (ADFom) was determined and expressed exclusive of

175 residual ash (Robertson and Van Soest, 1981). Acid detergent lignin was determined  
176 (Method 973.18) following (AOAC, 2007). Fat content (Method 2005.5) was  
177 determined without hydrolysis by the automated soxhlet method (Selecta S.A.,  
178 Barcelona, Spain) using hexane for 6 h as solvent. Acid-insoluble ash contents of feeds  
179 and faeces were determined gravimetrically after drying, ashing, boiling of ash in  
180 hydrochloric acid, filtering and washing of the hot hydrolysate, and re-ashing (Van  
181 Keulen and Young, 1977). Starch content was measured by polarimetry (MAPA, 1995).  
182 Faeces were analysed for Cr by atomic absorption spectrometry (Williams et al., 1962).  
183 Concentrates were analysed for caffeine (ISO 20481, 2008), total phenolic compounds  
184 (Singleton and Rosi, 1965) and melanoidins (Pérez-Hernández et al., 2012).  
185 The analysis of SCFA (acetic, propionic, butyric, isobutyric, valeric and isovaleric) of  
186 rumen samples was performed by gas chromatography: a volume of 4 mL of rumen  
187 liquor mixed with 1 mL of a solution of 20 g/L of ortophosphoric acid and 4 g/L of  
188 isocaproic acid as an internal standard was centrifuged (15000 × g for 15 min at 4°C) to  
189 separate the liquid phase from the feed residuals. After, the liquid phase was  
190 microfiltered (premium syringe filter regenerated cellulose, 0.45µm 4mm, Agilent  
191 Technologies, Madrid, Spain), and 1 mL of liquid phase was directly injected in the  
192 apparatus (Perkin-Elmer Inc., Boston, MA) using a semicapillary column (300 mm ×  
193 7.8 mm; 9-µm particle size; TR-FFAP, Supelco, Barcelona, Spain) kept at 250°C in the  
194 injector with a helium flow rate of 13 mL/min. The analyses were carried out applying  
195 an isocratic elution (flux 0.6 mL/min) with a 0.008 N H<sub>2</sub>SO<sub>4</sub> solution as mobile phase;  
196 the injection loop was 20 µL. Individual SCFA were identified using a standard solution  
197 of 4.50 g/L of acetic acid, 5.76 g/L of propionic acid, 7.02 g/L of butyric acid and  
198 isobutyric acid, 8.28 g/L of valeric acid and isovaleric acid in 0.1 N H<sub>2</sub>SO<sub>4</sub> (A6283,  
199 P1386, B103500, I1754, 240370, 129542, respectively; Sigma-Aldrich, Madrid, Spain).

200 Quantification expressed in mmol/L was done using an external calibration curve based  
201 on the standards described above. Data were expressed in mmol/mol.

## 202 2.7. Calculations and statistical analysis

203 Average daily weight gain was calculated by subtracting the final to the initial  
204 BW and divided by the total days of the trial. Body conditioning score was assessed  
205 according to the five-point scale described by Russel et al. (1984). Milk fat, protein and  
206 lactose concentrations were calculated as weighted average of the morning and  
207 afternoon data. Milk production was adjusted to 6.5% fat and 5.8% protein in order to  
208 determinate de fat and protein corrected milk (FPCM) following the equation developed  
209 by Pulina et al. (2005). Individual concentrate intake was calculated as the difference  
210 between the quantities offered and refused. Branched-chain volatile fatty acid (BCVFA)  
211 values were calculated as isovaleric plus isobutiric acids.

212 For the statistical analysis, each dairy ewe (n=48) was considered as the experimental  
213 unit. Milk yield, FPCM, milk fat and protein concentration and yields were analyzed  
214 using the MIXED procedure (SAS, 2017) for repeated measures (Littell et al., 1998)  
215 and assuming a covariance structure fitted on the basis of Schwarz's Bayesian  
216 information model fit criterion, according to the following statistical model, including  
217 the fixed effects of block (*B*), concentrate (*Con*) and week, their interaction and the  
218 initial record measured at week 0 as covariate,

$$219 \quad Y_{ijklm} = \mu + Cov_i + Con_j + B_k + W_l + (W_l \times Con_j)_m + \varepsilon_{ijklm}$$

220 Where *Y* is the dependent variable,  $\mu$  is the mean value, *Cov* is the covariate data used,  
221 *Con* is the fixed effect of the concentrate, *B* is the fixed effect of the block, *W* is the  
222 fixed effect of the week, *W* $\times$ *Con* is the fixed effect of the interaction between the  
223 concentrate and the week and  $\varepsilon$  the residuals. The effect of the sheep within the block  
224 was considered as random effect.

225 Total, hay and concentrate DMI, DMD, SCFA, average daily weight gain, BCS and  
226 feeding behavior were analyzed using the GLM procedure (SAS, 2017), according to  
227 the following model:

$$228 \quad Y_{jk} = \mu + Con_j + B_k + \varepsilon_{jk}$$

229 Where  $Y$  is the dependent variable,  $\mu$  is the mean values for each treatment,  $Con$  is the  
230 fixed effect of the concentrate used,  $B$  is the fixed effect of the block and  $\varepsilon$  are the  
231 residuals

232 Due to the unequal doses, spaced coefficients for orthogonal polynomials were  
233 calculated using the ORPOL function in PROC IML in SAS (SAS, 2017), in order to  
234 determinate linear and quadratic trends.

### 235 **3. Results**

#### 236 *3.1. Ruminal fermentation*

237 Regarding ruminal fermentation, increasing doses of SCG resulted in similar total  
238 SCFA production (Table 2). However, increasing doses of SCG resulted in a  
239 linear/quadratic increase effect in the acetic acid content (P=0.002 and P=0.012  
240 respectively) and a linear increase (P=0.028) in the butyric acid content (Table 2).  
241 Concomitantly, increasing doses of SCG linearly decreased propionic acid content  
242 (P<0.001), and increased acetic:propionic ratio (P<0.001). The BCVFA content were  
243 affected quadratically (P=0.003) as the concentration of SCG was increased in the  
244 concentrate. Valeric acid content, however, was not affected.

#### 245 *3.2. Productive performance and milk quality*

246 The effect of increasing doses of SCG in the concentrate on milk yield and  
247 composition can be seen in Table 3. Increasing doses of SCG resulted in a quadratic  
248 effect (P<0.001) in milk yield and in a linear increase in the FPCM (P= 0.099). Fat yield  
249 (P=0.002) and concentration (P<0.001) experimented a linear increase, whereas protein

250 and lactose yields ( $P=0.043$  and  $P=0.007$ , respectively) and concentrations ( $P=0.038$   
251 and  $P=0.012$ , respectively) were affected quadratically. Productive efficiency measured  
252 as milk yield per kg of DMI showed a quadratic response ( $P=0.011$ ) and productive  
253 performance measured as FPCM per kg of DMI showed a linear increase ( $P=0.077$ ) to  
254 SCG inclusion in the concentrate. Inclusion of SCG did affect neither average daily  
255 weight gain nor BCS (Table 3). Inclusion of SCG in the concentrate did not affect either  
256 forage or total DMI, or DMD at any of the studied doses.

### 257 3.3. Feeding behaviour

258 The effect of increasing doses of SCG in the concentrate on sheep's feeding  
259 behaviour can be seen in Table 4. It was observed that increasing doses of SCG resulted  
260 in a linear decrease in time spent eating ( $P= 0.019$ ) and in a tendency for a quadratic  
261 effect in the rumination time ( $P= 0.064$ ). However, SCG did not affect rumination time  
262 per kg of DMI.

## 263 4. Discussion

264 Research on animal nutrition has often been focused on finding alternative feed  
265 ingredients to replace edible ones in order to reduce feed costs and competition with  
266 human consumption. In addition, with the aim of promoting the circular economy, the  
267 use of agro industrial by-products as feed resources has been prompted bringing  
268 benefits both for the economy and the environment. In this context, there have been  
269 studies on the potential use of SCG as a feed source for ruminants (Campbell et al.,  
270 1976; Bartley et al., 1978; Givens and Barber, 1986; Xu et al., 2007). The common  
271 conclusion of these authors was that SCG do not contain enough nutrients to support  
272 livestock requirements. It has been reported that diets containing SCG had significantly  
273 lower aNDFom DMD, and it was speculated that phenolic compounds and some  
274 components derived from the Maillard reaction in SCG might be associated with this

275 lower DMD (Puchala et al., 2005; Senevirathne et al., 2012) and palatability.  
276 However, no studies have tackled the use of SCG at lower doses, taking advantage of  
277 the potential beneficial effect on rumen fermentation of these active compounds present  
278 in SCG. Therefore, the hypothesis tested in this trial was that the inclusion of SCG as a  
279 functional ingredient in the concentrate for ruminants could represent a way of  
280 valorisation of this by-product that is usually managed as a residue.

281 The SCG DMI observed in the current trial (between 1.2 and 4% of total DMI) was  
282 lower than that reported in other studies (Abate et al., 1986), but it was enough to cause  
283 a shift in the ruminal fermentation pattern towards an increased accumulation of  
284 BCVFA. SCG are characterized by high valine, leucine and isovaline concentrations  
285 (Campos-Vega et al., 2015) whose natural rumen degradation and decarboxylation  
286 could explain the observed BCVFA accumulation (Andries et al., 1987).

287 These isoacids are essential nutrients for certain rumen microorganisms, and have been  
288 reported to enhance the growth of fiber-digesting microorganisms in the rumen (Liu et  
289 al., 2018). Further research analysing the effect of SCG on microbial populations is  
290 necessary to elucidate if the observed shift towards a greater acetic and butyric acid  
291 content is explained by an increase in the abundance of fibre digesting microorganisms.

292 These results agree with Seo et al. (2015) and Senevirathne et al. (2012), and are  
293 consistent with the concomitant reduced propionic acid content. On the other hand, the  
294 observed change in fermentation pattern towards more acetic and butyric acid contents  
295 could result in the observed greater total fat content in milk (Folley et al., 1950).

296 Because the concentration of fat in milk is normally positively correlated with body fat  
297 mobilization and the concentration of aNDFom in the diet (Nudda et al., 2002), it is  
298 important to point out that these results were obtained without a BW or BCS loss, and  
299 with a similar aNDFom DMI. In this sense, although some studies relate certain coffee

300 components, such as caffeine, with fat mobilization process in humans (Bellet et al.,  
301 1968; Acheson et al., 2004), results from the present study do not point out that a  
302 significant fat mobilization process was taking place in terms of BW or BCS loss. In  
303 addition the aNDFom level in the ration ranged between 33 and 40% that is above the  
304 30-32% threshold recommended by Nudda et al. (2002) beyond which a further increase  
305 in milk fat content is not observed.

306 The increased response in milk yields cannot be associated to a greater digestible DMI,  
307 since DMI or DMD remained unchanged between treatments. Cook et al. (1985)  
308 proposed that isoacid receptors are present in the rumen and/ or the liver, and that  
309 interaction between the acid and the receptor results in an increase in plasma growth  
310 hormone and a decrease in insulin levels. Growth hormone is considered to possess  
311 lactogenic activity, whereas insulin decreases transport of nutrients to the mammary  
312 gland in favour of other organs. This effect of isoacids outside the rumen may be related  
313 to the increase in milk production observed in SCG-fed ewes.

314 According to Bravo et al. (2012), caffeine concentration in SCG range from 3.59 to 8.09  
315 mg/g of SCG. However, in the present study caffeine concentration of SCG used to  
316 formulate experimental concentrates seemed to be widely under this range  
317 (approximately 1.6 mg/g SCG), probably because SCG were obtained from hostelry and  
318 could contain a mix of caffeinated and decaffeinated coffee residues. The effects of  
319 caffeine have been studied with animals showing either an increase in the anxiogenic  
320 (Maximino et al., 2011) or anxiolytic (Garcia et al., 2011) effect depending on the  
321 timing of administration and dosage (Kulkarni et al., 2007). In the current trial feeding  
322 SCG did not result in an adverse or stressed behavioral pattern measured as time spent  
323 eating or concentrate DMI agreeing with previous results described in the current trial  
324 which indicate that dosage was not excessive.

325 In summary any nutritional strategy resulting in improved milk yields and/or  
326 composition without impairing animal behaviour, such as feeding SCG as functional  
327 ingredient, would be interesting for farmers because most milk payment systems are  
328 based on volume but with a differential for variation in milk composition (De Wet,  
329 1998). However, further research is needed to shed light on the effects of SCG on  
330 ruminal microbiome.

## 331 **5. Conclusions**

332 In conclusion, inclusion of SCG up to 100 g/kg in the concentrate modified  
333 ruminal fermentation pattern towards increased isoacids, acetic and butyric acid  
334 contents in the rumen with a concomitant improvement in milk production and  
335 composition without impairing feeding behaviour or apparent digestibility.

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515 **Table 1**

516 Ingredients and chemical composition of experimental concentrates and fescue hay.

Item	SCG inclusion level (g/kg DM)				Fescue hay	SCG
	0	30	50	100		
Ingredients (g/kg DM)						
Barley	200	250	250	250	—	
Oats	300	170	150	50	—	
Corn	170	220	220	270	—	
Rapeseed meal	150	150	150	150	—	
Hydrogenated palm fat	20	20	20	20	—	
Molasses	30	30	30	30	—	
Vitamin-mineral premix	30	30	30	30	—	
DDGs	100	100	100	100	—	
Coffee grounds	0	30	50	100	—	
Chemical composition (g/kg DM)						
Dry matter	894	912	896	909	943	
Organic matter	936	943	937	940	—	985
Crude protein	161	165	167	170	123	125
aNDFom	257	217	227	213	468	730
ADFom	115	96	100	97	231	480
Fat	78	77	75	74	—	164
Starch	333	370	354	355	—	30
Caffeine (mg/kg DM)	0	50	96	120	—	

GAE(mg/g DM)	0	3.7	3.8	4.0	—
Melanoidins (g/100g DM)	0	3.5	3.7	4.2	—
UFL	1.0	1.0	1.0	1.0	—

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517 SCG= spent coffee ground; DM= dry matter; DDGs: distillers dried grains with  
518 solubles; aNDFom= neutral detergent fiber; ADFom= acid detergent fiber; GAE= gallic  
519 acid equivalents; UFL= feed units for lactation

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539 **Table 2**

540 Ruminal SCFA profile of dairy ewes fed with increasing levels of coffee grounds in the  
 541 concentrate.

Item	SCG inclusion level (g/kg DM)					Polynomial contrast	
	0	30	50	100	SEM	<i>L</i>	<i>Q</i>
SCFA (mmol/L)	42.2	43.2	44.3	47.1	14.94	0.51	0.78
Individual SCFA (mmol/mol)							
Acetic	648	662	666	667	11.2	0.002	0.012
Propionic	197	176	179	160	11.7	<0.001	0.30
Butyric	123	131	126	135	11.0	0.028	0.82
Valeric	13.7	13.3	13.4	12.8	1.30	0.16	0.92
Isovaleric	11.9	9.66	8.79	15.2	2.401	0.007	<0.001
Isobutyric	7.21	6.93	6.5	10.1	2.231	0.002	0.020
BCVFA	18.4	16.6	15.3	25.3	4.37	0.003	0.004
Acetic: Propionic	3.31	3.78	3.73	4.19	0.269	<0.001	0.30

542 SCG= spent coffee ground; *L*= linear effect; *Q*= quadratic effect; SEM= standard error  
 543 of the mean; SCFA=short chain fatty acid; BCVFA=branched-chain volatile fatty acids

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547 **Table 3**

548 Milk yield and composition, intake, dry matter digestibility, average daily weight gain  
 549 and body conditioning score of dairy ewes fed with increasing levels of coffee grounds  
 550 in the concentrate.

Item	SCG inclusion level (g/kg DM)					Polynomial contrast	
	0	30	50	100	SEM	<i>L</i>	<i>Q</i>
Yield (g/day)							
Milk	1982	1984	2203	1987	12.5	0.14	<0.001
FPCM	1650	1741	1831	1828	48.8	0.099	0.14
Fat	101	108	114	119	3.9	0.002	0.36
Protein	86.0	92.2	95.8	93.2	2.00	<0.001	0.043
Lactose	100	103	110	101	2.4	0.66	0.007
Efficiency							
Milk yield per kg DMI (g/kg)	924	957	1042	921	32.5	0.95	0.011
FPCM per kg DMI (g/kg)	761	804	846	833	28.7	0.077	0.18
Milk composition (g/kg)							
Protein	44.0	45.4	45.9	46.8	0.49	<0.001	0.038
Fat	50.7	57.4	53.4	60.0	1.13	<0.001	0.89
Lactose	50.3	50.8	52.4	51.5	0.40	0.021	0.012
Intake (kg DM/day)							
Forage	1.39	1.31	1.32	1.34	0.319	0.80	0.60
Total	2.28	2.26	2.22	2.23	0.319	0.80	0.60

DMD	0.62	0.61	0.61	0.61	0.055	0.82	0.78
Average daily weight gain (g/day)	78.4	80.3	81.9	56.9	10.11	0.28	0.51
Body conditioning score	2.44	2.25	2.54	2.52	0.571	0.93	0.76

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551 SCG= spent coffee ground; *L*= linear effect; *Q*= quadratic effect; SEM= standard error  
552 of the mean; SEM= standard error of the mean; FPCM= fat and protein corrected milk;  
553 DM= dry Matter; DMI= dry matter intake; DMD= apparent dry matter digestibility  
554 coefficient

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566 **Table 4**

567 Feeding behaviour of dairy ewes fed with increasing levels of coffee grounds in the  
 568 concentrate.

Item	SCG inclusion level (g/kg DM)					Polynomial contrast	
	0	30	50	100	SEM	<i>L</i>	<i>Q</i>
Intake (min/day)	391	356	374	349	21.1	0.019	0.52
Rumination (min/day)	539	588	568	548	18.6	0.95	0.064
Chewing (min/day)	929	943	945	897	33.0	0.21	0.22
Idling (min/day)	509	497	498	543	32.9	0.15	0.16
Rumination per kg of DMI (min/kg)	253	280	263	260	16.6	0.99	0.41

569 SCG= spent coffee ground; *L*= linear effect; *Q*= quadratic effect; SEM= standard error  
 570 of the mean; DM=dry matter; DMI=dry matter intake

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