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## Questioning as we learn: An introduction to critical thinking

### Material for Higher Education students in Sierra Leone by INASP, UK



Provided by the Critical Thinking Taskforce (CTTF)  
within the project AQHEd-SL

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#### *Unit 2 - Snippet 29*

#### **SQ4R – an effective reading strategy**

SQ4R is a method of studying textbooks. It's an acronym for: Survey, Question, Read, Respond, Record, and Review. When using this method, complete all the steps initially, then choose which are most effective for you and your courses. The SQ4R method may seem time consuming at first, but once you know the steps, it only takes a few minutes.

Step 1: Survey the Textbook and Chapters

Step 2: Start with a Question

Step 3: Read Actively

Step 4: Respond to Your Question

Step 5: Record Your Notes

Step 6: Review Your Notes

We will go through these steps in more detail.

If you can access Youtube, watch this video about the SQ4R reading strategy:  
[https://youtu.be/zszE\\_GsphzE](https://youtu.be/zszE_GsphzE)

But don't worry if you cannot access videos, we will go through the single steps in more detail.