

## Questioning as we learn: An introduction to critical thinking

### Material for Higher Education students in Sierra Leone by INASP, UK



Provided by the Critical Thinking Taskforce (CTTF)  
within the project AQHEd-SL

#### Unit 1 - Snippet 06



#### **Reflective activity - What does critical thinking mean?**

Think about the term 'critical thinking' and promptly write down what comes to your mind in connection with it. What have you heard or read about it? What do you think it means to think critically?

Once having done that, also try to answer the following questions: To what extent have you been thinking critically? What examples would you share with someone as evidence of your answer to the previous question? Try to remember a situation when you either used your critical thinking skills well or you feel in hindsight you should have thought more critically. Jot down your answers for later reference.

#### **Please note**

A crucial element of managing your own learning is reflecting on it, and relating what you learn to your own context. You can do this by keeping a learning diary in which you write down your reflections and any ideas you have as you learn. You can keep your private learning diary in any way you prefer – a Word document, pen and paper, in the cloud, whatever suits you.

The learning diary provides evidence of your own learning. It is a type of self-assessment, and a good way of monitoring your own learning. In this tutorial, we want to encourage you to keep a learning diary and we will indicate good points for reflection with this icon:

