

# MRI Image Segmentation, Prediction and Diagnostic Accuracy: Deep Learning Framework and Machine Learning Techniques Analysis for Reducing The impact of Cardiac Diseases

R. Kannan , V. Vasanthi

**Abstract: Background:** Usage of tele - monitoring system of electronic patient record (EHR) and magnetic reasoning is expected to increase rapidly in near future, yet numerous studies have examined cardiovascular risk prediction and statistic adoptive approach could improve clinical risk prediction.

**Objectives:** To assess the performance outcomes of various techniques for predicting the risk of cardiovascular diseases and MRI image segmentation method on the basis of systematic review.

**Research Design:** Retrospective Cardiovascular study. We associate UCI dataset, AHA dataset, real time patient datasets, hospital dataset and sunny broken dataset from 2017 to 2019, and predicted risk using the logistic regression, stochastic gradient boosted, random forest, SVM, ROC Curve, KNN algorithm, MXNET UNET.

**Measures:** The proposed methods have been developed in four categories to accurately diagnose cardiovascular diseases. We assessed to analyze and compared the accuracy of four different machine learning algorithms with the ROC for assessing and diagnosing cardiovascular disease from UCI cardiac datasets. The research will then focus on to predict heart diseases automatically by segmenting and classifying the patients' heart data in real-time with the help of machine learning algorithms, big data, wireless heart monitor and smart phones. We further improve the prediction accuracy by using logistic regression and ROC Curve to improve the prediction performance. Consequently, K- Nearest-Neighbor (KNN) method, R programming language and big data where applied to easily find the nearest hospitals, monitor and provide on-time visualization to the medical professionals. Finally, we propose automatic myocardial segmentation method for cardiac MRI on the basis of Deep Convolutional neural network.

**Results:** Logistic Regression methods outperformed the standard accuracy rate even with application of ROC curve (AUC increased

from 87% to 91%). Ever better performance was achieved in Models using additional Real time dataset attributes (AUC increased to 93% and KNN achieved approximately 83%). Proposed image segmentation method results tended using following techniques, Jaccard ( $0.6 \pm 0.1$  mean accuracy Dice's value) outplays the dices co efficient ( $0.58 \pm 0.1$  mean accuracy Dice's value) CCN reaches the value of the 0.9 (Table 7) and for the dice's co-efficient respectively that can be compared to manual segmentation. The accuracy tended to decline while PM (Papillary muscles) we got 0.89 for the dice's coefficient and mean squared error 0.01.

**Conclusions:** The tele - monitoring system plays the important role for cardiovascular patients and the healthcare industry. Moreover, cardiac image classification demands a high level of expertise and significant time consumption on the part of the operator. Multicenter sufficiently powered and randomized controlled trials are needed to assess the potential benefits and cost-effectiveness of this intervention. Subsequently, our findings of image classification method will facilitate more advanced discovery.

**Keywords:** Machine learning, Deep learning, logistic regression, KNN algorithm, ROC Curve, Convolutional neural network, Heart disease.

## I. INTRODUCTION

Currently, the information technology has changed almost every aspect of human life. The use of technology, especially in the health sector is rapidly emphasized and the benefits of this innovative prologue are felt throughout the world. This evolution produces more data on patient which can be worked through technologies and has become machine learning techniques, useful information and knowledge. The data can be used to create expert systems in finding diseases, reducing cost, processing time and improving diagnose. Nevertheless, modern medicine produces large quantities of data every day and has been made to use these available data to solve successfully the challenges ahead [1].

Machine learning plays a tremendous role in healthcare sector and it can process huge data apart from the scope of human capability. It also reliably converts the analysis of those data into medical attention. Recent times, many leading firms have been using machine learning technique to research different types of diseases to predict the early symptoms. If such information is predetermined, doctors will be able to provide better treatment

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based on the condition and it shall ultimately lead to better outcomes in favour of patients.

According to statement of World Health Department, Cardiovascular disease is the leading cause of death in the world for the past 10 years and the leading cause of death in high- and low-income countries. Asia and Pacific Economic and Social Commission say that in one fifth of Asian countries, most lives are lost due to non-communicable diseases such as cardiovascular, cancer and diabetes.

A recent study by the Registrar General of India (RGI) and the Medical Research Council of India, reveal that 25% of deaths in the age group of 25-69 years are due to heart disease. In order to help health physician, researchers use large number of cardiovascular data to extract knowledge they require.

For the past few years, the health communication industry has been playing a key role in efficiently managing and protecting medical data. The data thus collected can help improve the diagnosis and treatment of patients' illnesses. In addition, Health Communication facilitates the systematic management, analysis and use of health-related data for healthcare delivery and service for patients and clients [2].

Researchers have been using various machine learning techniques to diagnose diseases such as diabetes, stroke, cancer and heart diseases. Several Machine learning techniques applied to diagnosis of heart disease have shown different levels of accuracy.

The main contributions of this work are merging with the various machine learning techniques for improved results in diagnose and for prior treatment of heart disease. Since our previous studies present different classification results of presence and absence of cardiac diseases as well as MRI image segmentations [3]. The Proposed system provides optimal results by finding the right combination of different classification and emerging deep learning techniques. With regards to diagnosis approach, this research work proposes three approaches for binary classification of heart diseases based on machine learning techniques [4].

## II. LITERATURE FINDINGS

we have developed a search strategy for prediction of heart disease and image segmentation form by using the following key words: machine learning, supervised machine learning algorithms, unsupervised machine learning algorithms, gradient boosted, logistic regression, K-Nearest-Neighbor, KNN algorithm, ROC Curve, deep learning, convolutional neural network, UNET, MXNET, MRI Image Segmentation, Big data, disease prediction, heart disease, types of heart diseases, predicting heart diseases, visualizing heart diseases, cardiac diseases, heart diseases prediction experimental and heart image segmentation. We also searched Reference lists of related articles.

## III. LITERATURE REVIEW

In this section we are going to have comparative study of this research and the works done by other researchers, where machine learning techniques have been used to diagnose heart

diseases and convolutional neural network has been used to segment the heart images. The datasets and machine learning algorithm that have been utilized in this research which were applied by various researchers have also found out that various researchers have adopted different techniques such as roc, Naïve bayes, KNN classifiers, SVM, DT,NB convolutional and 5-Fold cross validation, the average dice coefficient layer and eventually have got different results.

In this paper, we are going to elaborately discuss about the ROC technique developed by Liangqing Zhang, Cuirong which can be utilized for the purpose of continuous supervision of patients by using a medical monitoring system designed for heart diseases [6]. This method gives outright solutions that consist of data collection, data storage and access, analytical data and feedback. The system also provides prognosis of HF by the virtue of estimating NT-PROBNP level on the basis of the changes in blood pressure and body weight by using machine learning techniques. The application of machine learning methods yields 29 features of attributes which have been extracted after different sessions of experiments were conducted with the psychological data collection of 7 DAYS and 30 days. A pilot clinical study of 34 samples renders the system more efficient. With the help of this pilot clinical study, NT-Pro BNP Test has been used to help train the prediction model to verify the prediction results for the system. The results obtained by using the systems gave 79.4% accuracy for predicting HF on day 7 on the basis of daily body weight and blood pressure collected over 30 days.

A number of methods have been proposed in the last decade by Mina Nasr-Esfahani, Majid Mohrekesh to automatically segment the mentioned LV properties by using fully convolutional layer that has been utilized for segmenting left ventricle. Different sessions of experiments were conducted with the York datasets of heart image data collected from 33 Patients. Finally, the Dice score of this method reaches 87.24% by training effectively the fully convolution layer on the York dataset of heart images.

Wesler et al., According to their systematic review, have used a large number of models that exceeded their requirements. Given the method of comparing individual samples in the past, they provide appropriate guidance on which models are best suited in a given situation. However, the reviews provided earlier were conducted decades ago and excluded models have not been validated internally and externally. Moreover, external articles only describe external values. Therefore, it is imperative to compare how the methods used are appropriate for patient care.

Various prognostic models were developed to assess cardiovascular risk in a systematic study by Temen et al. Moreover, they published their reviews of predictive models and their findings in BMJ. They had also examined the development characteristics of the model and if they were subject to external validation. 212 eligible articles were classified as Developmental Articles 125 and External Articles 136. The portrayal of combinations of articles for development and external verification was often cited.

An approach for tackling data problems was identified in

previous researchers and literatures. The proven and proposed method showed good improvements in classification accuracy as compared to the original dataset which contained some missing feature values. The observed improvements for heart disease prediction using a logistic regression algorithm helps predict the signs of a pending heart attack. Receiver Operating Characteristics (ROC) curve in the logistic regression technique improves the prediction performance and the K Nearest-Neighbors (KNN) method to easily find the nearest hospitals. The R programming language and big data has been effectively utilized for monitoring and providing on-time visualization.

Also on the other hand, previous researchers got different accuracy results for image segmentation method by using fully convolutional network and consequently our system reached good accuracy level.

Table I. UCI Cleveland Dataset

Variable name	Description
Age	Age in years
Sex	Sex, 1 for male, 0 for female
CP	Chest pain type (1 = typical angina; 2 = atypical angina; 3 = non-angina pain; 4 = asymptomatic)
Trestbps	Resting blood pressure
Chol	Serum cholesterol in mg/dl
Fps	Fasting blood sugar larger 120 mg/dl (1 true)
Restecg	Resting electrocardiographic results (1 = abnormality, 0 = normal)
Thalach	Maximum heart rate achieved
Exang	Exercise-induced angina (1 yes)
Old peak	ST depression induce. Exercise relative to rest.
Slope	Slope of peak exercise ST
CA	Number of major vessel
Thal	No explanation provided, but probably thalassemia
Num	Diagnosis of heart disease (angiographic disease status) 0 (<50% diameter narrowing) 1 (>50% diameter narrowing)

#### IV. DATA ANALYSIS AND EXTRACTION

We collected two types of information on presence of cardiovascular diseases and image segmentation method. The data collection techniques acquired for proposed research method are open source datasets and real time data sets. For the purpose of comparison of the data and accurate prediction, following open source data sets have been collected and utilized.

- UCI Cleveland Datasets
- American Heart association
- Sunny Broken Datasets

Three types of datasets have been used as real time sources.

- Heart rhythmic – It consists of the extracted

physiological data of patients that has also been used for prediction method (Table 2)

- Patient dataset – it contains the previous health records of the patients which are utilized for even better prediction of heart disease and alert notification to the caretaker when an emergency occurs. (Table 3).
- The Hospital dataset – it includes the data of the hospitals located nearby so that the medical experts can be alerted on time in case of emergency. (Table 4).

As discussed earlier, our primary goal in this study is to predict the performance of heart diseases using Data for this analysis that were taken from the UCI Cleveland datasets (Table 1) repository of healthcare industries which has obtained 303 records with 14 set of variables. An intelligent classification method with those set of variable obtained from UCI Cleveland dataset reveals whether patients have heart disease or not, so that we can predict, alert, and provide visualizations.

Table II. Heart Rhythm Dataset

Field Name	Description
Patient ID	Patients ID requires to identify and track the heart diseases by hospitals
HR	heart rate [bpm] (numeric)
Date Time	date and time (format “YYYY-MM-DD HH:MI:SS”)
GPS Landmark	latitude and longitude (GPS X & Y coordinates)
Steps	steps (numeric)
GSR	galvanic skin response (numeric)
Calories	burned calories (numeric)
Temp	skin temperature [°F] (numeric)

The prediction model derived by adding new data sets (Heart Rhythmic Dataset, Patient Dataset and Hospital Dataset) is compared with AHA Datasets (Table5) using comparative method for the purpose of improving prediction accuracy and performance of the model.

And even though above - mentioned databases successfully are applied on for early detection of heart diseases, medical professionals are focusing on MRI Scanning methods to improve diagnose efficiency for all Heart diseases. So that we focused on the purpose of MRI Image Segmentation and we utilized Sunny Broken Dataset as they increased the success rate and decreased the decision-making time for the diagnosis of Pending Heart Diseases.

Though there are two other prediction methods, the image segmentation method has adopted to obtain the accurate results and fasten treatment process. For this purpose, sunny brook cardiac data has been utilized to train and evaluate the present network for myocardial segmentation. The dataset consists of 45 cine MRI images with the expert contours as a part of the clinical routine. Proposed dataset has been obtained from various patients’ and pathologists, healthy, hyper

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trophy, heart failure with infraction and without infraction. image, the SCD dataset was used by training MXNET model. For the automatic segmentation of the left ventricle from MRI

Table III. Patient Dataset

Field Name	Description
Hospital ID	Patient's registered Hospital ID and valid Hospitals listed in Hospitals dataset
Patient ID	Patient's ID requires to identify and track the heart diseases by hospitals
First Name	Patient First Name
Last Name	Patient Last Name
Mobile No	Patient's Mobile No to track and extract the data from wireless hrms device
Address	Patient's permanent address along with postal code for communication
Date of Birth	Valid date >1900 and <=Today.
Gender	Male/Female/Not known
Height	Patient's Height in cm
Weight	Patient's Weight in kgs
Diagnosis History	The patient's diagnosis existing records
Previous Heart failure	Hypertensive heart disease with heart failure, Ischemic / Dilated cardiomyopathy, cardiomyopathy, unspecified, heart failure, left ventricular failure, heart failure unspecified, and applicable
Smoking status	Never smoked / Ex-smoker / Current smoker
Diabetes Status	Nondiabetic/Diabetics (dietary control)/Diabetic (oral medicine)/Diabetic (insulin)/Insulin plus oral medication
Family Member(s) Names	To communicate with the family members when the patients occurs heart
Family Member(s) Mobile Numbers	To alert & communicate with the family members when the patients occurs heart
Wireless HRMS Status	Yes/No
Wireless HRMS Number	Wireless heart rating monitoring system unique number
Wireless HRMS Name	Wireless heart rating monitoring system Model Name
Wireless HRMS Details	Wireless heart rating monitoring system Model technical specification

Table IV. Hospital dataset

Field Name	Description
Hospital ID	Registered Unique Hospital ID
Hospital Name	Name of the hospital
Contact Numbers	Hospital Contact numbers (24/7)
Location	Exact Hospital Location
GPS landmark	latitude and longitude (GPS X & Y coordinates)
Address	Hospital Address with postal code
Working Days	Hospital working days in a week
Working Hours	Hospital working hours per day
Specialists Name	Names of the heart specialists
Specialists Mobile Number	To communicate, identify and track the heart patients diseases
Ambulance facility	Yes / No

Table V. AHA Predicted Heart Diseases Dataset

Sinus Rhythm Type	Threshold value of HR, BP and Hotness
Normal	60<=HR<=100 (Beats /min), BP=100-140/60-80 mmHg, & Hotness =36.5-37.5 o C
Bradycardia	HR<=60 (Beats /min)
Tachycardia	HR>=100 (Beats /min)
Hypertension Stage 1)	BP=Sys/Dys>=140/90 mmHg
Hypertension (Stage 2)	BP=Sys/Dys>=150/95 mmHg
Hypotension	BP=Sys/Dys<=00/60 mmHg
Fever	Hotness >=37.8 o C
Hypothermia	Hotness <=35.0 o C

### V. METHODOLOGY

To accomplish this goal, we designed three scenarios. 14 sets of variables of the Cleveland dataset risk score (Table 1) age, sex, chest pain type, resting blood pressure, serum cholesterol, fasting blood sugar larger, resting electrocardiographic, maximum heart rate achieved, exercise-induced angina st depression induce exercise relative to res, slope of peak exercise st, number of major vessel No explanation provided, but probably thalassemia and diagnosis of heart disease (angiographic disease status) 0 (<50% diameter narrowing) 1 (>50% diameter narrowing)) were using multivariable with Four ML Algorithm (Table 6) utilized to find the best cardiac prediction model.

Table VI. Comparison of ACU & Accuracy Between Models

Algorithms	ACU	Accuracy
Logistic Regression	0.9161585	0.8651685
Random Forest	0.8953252	0.8089888
Stochastic gradient boosting	0.9070122	0.8426966
Support vector machine	0.882622	0.7977528

Table VII. UNET Image Segmentation Accuracy

SF	Architecture	Dice's acc
2	U-net - Dice's	0.7491
2	U-net – JD	0.7494
2	U-net - BN – JD	0.8697
2	U-net - BN - RL – JD	0.8899
1	U-net - BN - RL – JD	0.9108

This prediction model was then extended by different tuning parameters and compared to the best model of each machine learning algorithm with ROC curve. The prediction accuracy was tested with a likelihood ratio test for interaction between Roc and Logistic Regression. Moreover, the prediction of the logistic regression method that is compared with the accuracy of ROC yields an accuracy prediction of up

to 0.87% (Figure 1).

The improvement of the addition intelligent classification method to diagnose the model was tested with the original variables of real time extracted data - such as (Patient ID ,HR, Date and time, GPS Landmark, Steps, GSR, Calories and Temp ) and AHA datasets (Normal - 60<=HR<=100 (Beats /min), BP=100-140/60-80 mmHg, & Hotness =36.5-37.5 o C , Bradycardia - HR<=60 (Beats /min) , Tachycardia - HR>=100 (Beats /min) , Hypertension Stage 1 - BP=Sys/Dys>=140/90 mmHg , Hypertension (Stage 2) - BP=Sys/Dys>=150/95 mmHg , Hypotension - BP=Sys/Dys<=00/60 mmHg , Fever - Hotness >=37.8 o C , Hypothermia - Hotness <=35.0 o C ) Usage of both datasets was assessed by comparing the predictive method of observed risk to Cleveland datasets based on the logistic regression method to describe the association between response and predictor variables.

The net classification improvement was calculated and quantified with ROC curve to improve accuracy and performance. The method led to a 93% of prediction accuracy result (Figure 2). Our risk prediction model was based on time-to-event data, which contained not only improved classification and prediction method, but also individual nearest hospital for alerting process in case of emergency occurs by using patient dataset and hospital dataset with KNN Euclidean distance and it has corresponding 83% of the result of alert processing of SMS calls and email.

Finally, the image segmentation reclassification improvement approach task is demanding and an initialization step is frequently needed to provide more accurate anatomical information to clinical practitioner. The segmentation analyses were performed in sunny broken dataset consists of 45 cine images obtained from various patient and pathologists, healthy, hyper

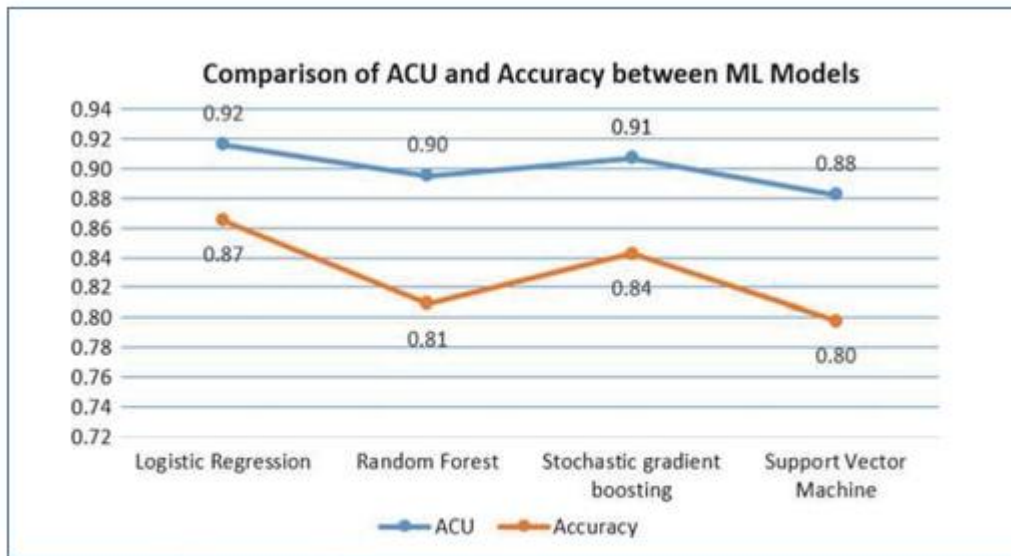


Fig. 1 Visualizing The Results of ACU And Accuracy Models

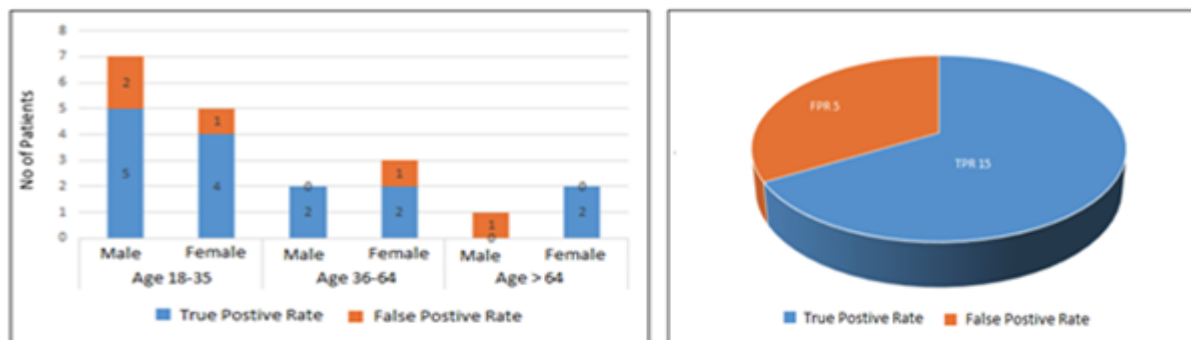


Fig. 2 Heart Diseases Prediction and Performance Measure

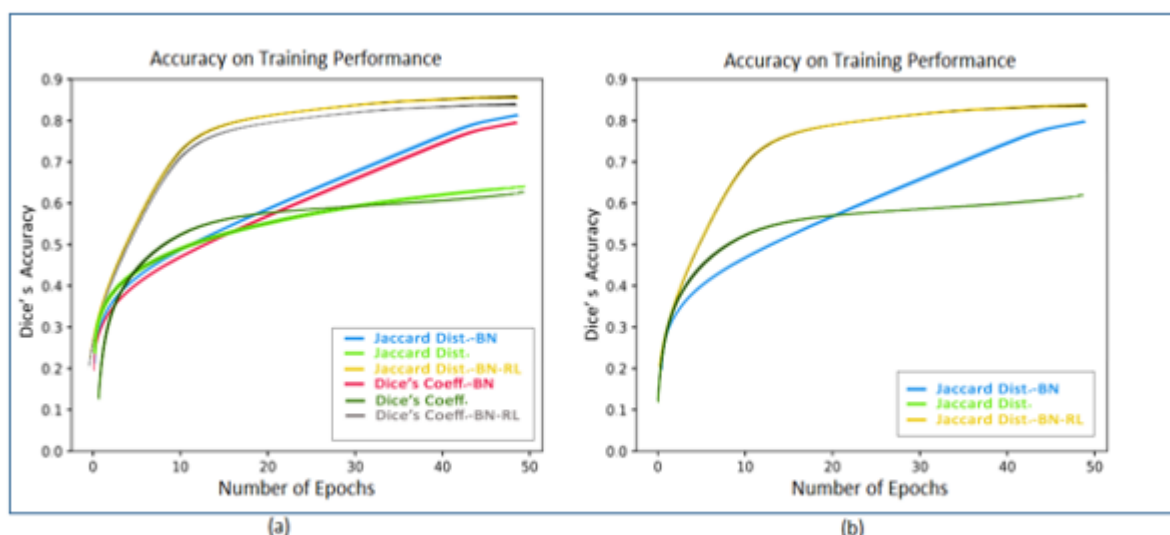


Fig 3 Batch Normalization and Residual Learning strategies

trophy, heart failure with infraction and without infraction by training MXNET Model. Specific analysis was performed as images during 10' to 15' sec breath control holds with temporal resolution of 20 cardiac phases over the heart cycle

and those images were scanned for the end-diastolic (ED) phase. In order to validate our model, we addressed three sets of experiments were performed for

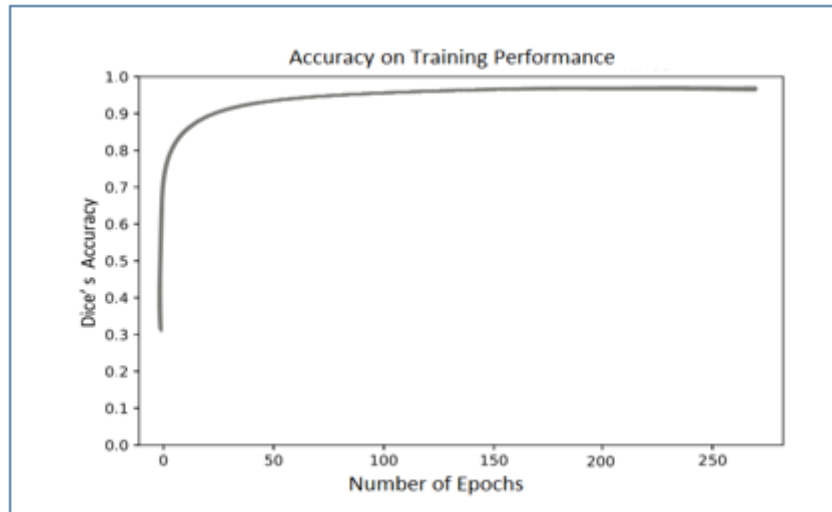


Fig 4 UNET Architecture Accuracy on Training Performance

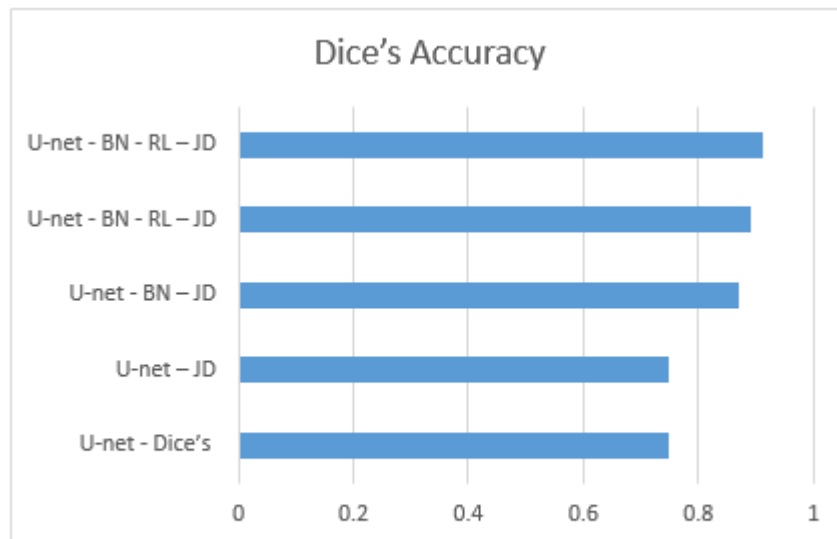


Fig.5 UNET Image Segmentation Accuracy

the purpose of evaluating the methodology on the Sunny Brooks Data. Thus, we developed methods to segment 3 separate outcomes firstly we evaluated the batch normalization, residual learning and the proposed objective function loss (Figure 3), with respect to commonly used dice coefficient on the classic UNET architecture (Figure 4). We have come to know with the help of empirical results (Figure 5), that jaccard ( $0.6 \pm 0.1$  mean accuracy Dice's value) outplays the dices co efficient ( $0.58 \pm 0.1$  mean accuracy Dice's value).

## VI. DISCUSSION

### A. Limitation

There are generally several limitations in our studies. The first phase of this study was the usage of open data sources available on the web source, followed by data from a real-time data source and finally an SNCD magnetic rational image, the results of which are not generalizable to other systems.

However, we believe that the results of our study accurately reflect the current dataset. The data we have examined may include patients with a variety of diseases such as cardiovascular diseases, respiratory neurological, gastrointestinal, kidney, endocrine, infectious, vascular, traumatic and so may have different effects on MEWS and ML prediction scores. It can also lead to miscalculations. Therefore, future research should be analyzed separately in advance. Another limitation of our study is that although the ML score is shown to have good internal validity according to our data used, external validation of the score for routine clinical usage is required. Finally, the main limitation of this study the lack of a meta-analysis of quantitative data. However, if our objective is to play a key role, this limit does not evaluate the contribution of the review. For future research, further in-depth study of image segmentation should be conducted. In addition, new technologies and application of deep learning in limited periods may be added. In this case, there is no detailed

description of how deep neural networks and Machine learning work in the theoretical context. However, given the nature of our goal, review and the understanding of the learners (researchers who do not focus on deep learning in the domain of expertise), such a theoretical approach is not necessarily considered.

## **B. Findings**

Deep learning in the field of medicine has the benefit of consciousness. Accordingly, the diagnosis is conducted in the medical field using the deep learning method. This includes cardiovascular image segmentation, classification, prognosis, and others, as previously presented. The results of the studies we have reviewed so far show that deep learning methods have higher efficiency as compared to other methods.

Deep learning in the future promises to be useful in various fields of medicine, especially for early detection of diseases. However, at present, it is not clear whether deep learning will change the role of physicians / clinicians in clinical diagnosis. The deep learning system has been good support for therapists. They point to the more widespread usage of deep learning in various fields in different domains such as Netflix, Amazon online services, banking fraudulent, transportation, communication and location service.

According to the literature review cited in this paper, the CNN plays a very important role in accurately specifying the discriminating areas in the cardiac MRI image segmentation. Therefore, the assorted CNN method was used to easily identify pieces with knots. They used discriminatory territorial features to distinguish fragmented parts from complete parts. This method is called a knot activation diagram. Each researcher has used a variety of approaches and data, primarily from CT and CMR images, to illuminate the threshold for cardiac structures. Many authors' approach to heart image segmentation, however, is poorly reporting their methodology and results. It is important to note that only one of the four authors provides an account of their reproductions. Due to infrequent and inaccurate reporting we are unable to provide the abstract and precise results needed for this image extraction system. For this extraction we take 23 heart images and take 7.1 hours

## **VII. CONCLUSION**

According to our observation so far, tele monitoring seems to be used in a manner to reduce hospitalization and reading rates for patients with heart failure. This study has shown that tele monitoring alone may not be effective in reducing morbidity and mortality in patients with heart failure. Clearly, the full potential of home tele monitoring is not realized and further clinical trials are needed. However, these data need to be confirmed in larger, long-term studies that are adequately powered for clinical relevant outcomes. To achieve that we added a system of informing physicians and patient relatives in case of emergency situation.

The tele monitoring system is very useful in reducing the frequency of hospital admissions. It can also be used to prevent the aggravation of heart failure symptoms. Early perception and management of precipitating factors for

myocardial infraction such as, infraction or persistent hypertension, new-onset atrial fibrillation, could also considerably reduce admissions. Treatment of beta-blockers, ACE inhibitors and aldosterone antagonists are considered to be very important to improve the health of patients with heart failure caused by left ventricular systolic dysfunction.

In addition, Scientific medical image analysis solves medical problems by analyzing images created in clinical practice. The purpose is to effectively extract information for advanced clinical diagnostics. Recent advances in the field of medicine make medical image analysis one of the bests in research and development areas. An important reason for the advancement of the analysis of these medical images is the optimal usage of machine learning techniques. Deep learning technique has been successfully used as a tool for machine learning where a neural network is capable of automatically learning features. Here, in this paper, we have included details about abnormal diagnosis, early detection of heart disease, heart disease classification, MRI image segmentation and recovery. Moreover, the current state and progress of the Deep Learning System Medical Image Analysis, and the techniques currently used and their challenges are explained.

The heart diseases prediction and the cardiovascular format obtained from medical images such as CT and MRI images are essential step in the progress of patients specific, minimizing the risk of having heart diseases and left ventricle automatic segmentation. This review has been done on the basis of manual and semi automated segmentation techniques that required immense knowledge and considerable amount of time for the operator. The results finding of this review doesn't defer with the contents of previews authors who have listed the reasons why left ventricle heart image segmentation yet to become a part of routine health care. With reference to these results certain recommendation have been made with regard to left ventricle image segmentation. It's expected that the finding of this research will be instrumental to the growth and motivation of precocious image segmentation techniques.

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