

Health Care Challenges in India

Psycho-Social Perspectives

**Edited By
S.K. Srivastava and
Kalpana Sharma**



CONTENTS

<i>List of Contributors</i>	(v)
<i>Preface</i>	(ix)

Section - I **PSYCHOLOGICAL FACTORS AS** **PREDICTOR OF HEALTH**

1	Personality Correlates of Good Health <i>Amreen Fatima and Archana Shukla</i>	3
2	Spiritual Intelligence and Personality Traits: Exploring The Youth <i>Baby Chaurasia and Shambhu Upadhyay</i>	17
3	Gender Differences in Perceived Parenting and Career Decision Making of Adolescents <i>Suruchi Bhatia , Anika Yadav, Nandita Babu, & Gopa Bharadwaj</i>	32
4	Does Emotional Intelligence Contribute to One's Satisfaction in Life and Work: An Empirical Study on School Teachers <i>V. Jayalakshmi and M. Aravindakshan</i>	48
5	A Study of Mental Health of Retired Army Officers of Lower and Middle Ranks <i>Rashmi Verma and Arun Kumar</i>	64

GENDER DIFFERENCES IN PERCEIVED PARENTING AND CAREER DECISION MAKING OF ADOLESCENTS

*Suruchi Bhatia** , *Anika Yadav*** , *Nandita Babu****
& *Gopa Bharadwaj*****

Adolescence is the stage which brings with itself lots of responsibilities, dilemma, and changes. One major challenge during this phase of life is making decisions regarding one's career. At this stage the parenting practices used by the parents might differ with respect to the gender of the child, so as to cater to the specific needs of the gender. It becomes important to have an insight about the perception of these parenting practices from the perspective of the adolescents. The current paper explores the same and tries to examine the prevalence of gender differences in Perceived Parenting and Career Decision Making. It also tries

* Assistant Professor, Department of Applied Psychology, Shyama Prasad Mukherjee College, University of Delhi, Delhi

** Research Scholar, Department of Psychology, University of Delhi, Delhi

*** Professor, Department of Psychology, University of Delhi, Delhi

**** Retd. Professor, Department of Psychology, University of Delhi, Delhi