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RESEARCH ARTICLE

PREVALENCE OF PLACENTAL INFECTION WITH PLASMODIUM FALCIPARUM DETECTED BY POLYMERASE CHAIN REACTION AND ASSOCIATED RISK FACTORS IN WOMEN AFTER DELIVERED OUAGADOUGOU (BURKINA FASO)

Sawadogo Haffsatou¹, Zida Adama^{2,4}, Zongo Cheikna¹, Soulama Issiaka⁸, Sawadogo Patindoilba Marcel^{2,4}, Guiguemde Kiswendsida Thierry^{1,7}, Sermé Sindie Samuel⁶, Sangare Ibrahim⁵, Sangare Lassana^{2,3}, Traore Yves⁴, Ouédraogo-Traore Rasmata^{4,7}, Guiguememde T. Robert^{2,4} and Savadogo Aly¹

1. Laboratoire de Biochimie et Immunologie Appliquées (LABIA), Université Joseph KI-ZERBO, 03 BP 7021 Ouagadougou 03, Burkina Faso.
2. Service de Parasitologie-Mycologie, Centre Hospitalier Universitaire Yalgado Ouédraogo (CHU-YO), 03 BP 7022 Ouagadougou 03, Burkina Faso.
3. Service de Bactériologie-Virologie, Centre Hospitalier Universitaire Yalgado Ouédraogo, 03 BP 7022 Ouagadougou 03, Burkina Faso.
4. Unité de Formation et de Recherche en Sciences de la Santé, Université Joseph KI-ZERBO, BP 7021 Ouagadougou 03, Burkina Faso.
5. Institut Supérieur des Sciences de la Santé (INSSA), Université Nazi Boni, 01BP1091 Bobo-Dioulasso 01Burkina Faso.
6. Centre National de Recherche et de la Formation sur le Paludisme (CNRFP), Institut National de Sante Publique, 01 BP 2208, Ouagadougou, Burkina Faso.
7. Centre Hospitalier Universitaire Charles De Gaulles (CHUP-CDG), 01 BP 1198 Ouagadougou 01, Burkina Faso.
8. Institut de Recherche en Sciences de la Santé (IRSS), 03 BP 7192 Ouagadougou 03, Burkina Faso.

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Abstract

Background: Malaria is known to have a negative impact on pregnant women and their foetuses. This infection during pregnancy represents a major public health problem in tropical and subtropical regions. The aim of this study was to determine the prevalence and risk factor of Plasmodium falciparum in pregnant women the city of Ouagadougou (Burkina Faso).

Methods: A cross-sectional study was conducted from April 2019 to March 2020 in four health districts within Ouagadougou, capital city. Samples were collected from the placenta from 531 women after delivered *Plasmodium falciparum* then by PCR.

Results: The prevalence placental malaria with of Plasmodium falciparum was estimated at 7.53%. The status of unemployment and/ or the status of residence around the city of Ouagadougou represent risk of malaria infection.

Conclusion: Malaria in pregnancy is responsible for several complications so emphasis should be placed on communication about malaria control in pregnancy and, the behavior of pregnant women and health workers as well.

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Corresponding Author:- Zongo Cheikna

Address:- Laboratoire de Biochimie et Immunologie Appliquées (LABIA), Université Joseph KI-ZERBO, 03 BP 7021 Ouagadougou 03, Burkina Faso.

Introduction:-

Malaria is a life-threatening parasite disease transmitted by an infected *Anopheles* female mosquito. According to the World Health Organization (WHO), more than half of the world's population was at risk of malaria in 2019 (WHO, 2021). Unfortunately, the vast majority of malaria cases and deaths occur in sub-Saharan Africa, where about 30 million pregnant women are highly exposed to the disease each year (Tegegne et al., 2017).

Malaria infection during pregnancy is a major public health problem, and poses substantial risks to the mother, her fetus and the newborn (Kanbanyanyiet al., 2008). Indeed, it may cause a variety of adverse consequences including maternal anaemia and death, placental accumulation of parasites, low-birth-weight neonates from intrauterine growth retardation, congenital infections and infant mortality with higher rates of miscarriage, intrauterine demises, premature delivery and neonatal death (Feleke et al., 2020).

Burkina Faso is among the ten countries with the highest number of malaria cases and deaths with 3% of the global cases and deaths and is also among the 20 countries where the prevalence of exposure to malaria infection during pregnancy was more than 30% while maternal anaemia was over 40% in 2018 (WHO, 2019).

For the prevention of malarial disease during pregnancy the World Health Organization has recommended since 2004 relevant strategies, such as the administration of intermittent preventive treatment IPT with Sulfadoxine/Pyrimethamine during pregnancy, the use of insecticide-treated bed nets (ITN) by pregnant women and the effective management of clinical cases to reduce the burden of malaria and improve pregnancy outcome. In Burkina Faso, Intermittent preventive treatment with Sulfadoxine/Pyrimethamine (IPTp-SP) was adopted in 2005, with the objective of giving at least three doses of sulfadoxine-pyrimethamine to women during their pregnancy (Cissé et al., 2017).

Despite the implementation of WHO strategies, the recent studies have shown that an important proportion of pregnant women were infected and had sequestered parasites in their placenta (Cissé et al., 2014; Tiono et al., 2009; Elimeet et al., 2019). This situation could be explained by many risk factors such as pregnant women behaviour towards disease prevention. Lack of formal education, attitude health workers, access measures prejudices and resistance of *Plasmodium falciparum* to antimalarial agents constitute important other factors contributing to the persistence of malaria with its adverse effects (Ouedraogo et al., 2011). This cross-sectional study was performed with the aim to determine by using a PCR detection method the prevalence and risk factors of placental malaria infection in pregnant women living in Ouagadougou the capital city of Burkina Faso. The study results will help to update on the placental malaria infection in Burkina Faso.

Methods:-**Study sites**

A cross-sectional study was conducted in the hospital of four health districts of the city of Ouagadougou named, the Boulmiougou district hospital, the Paul VI hospital, the Schiphra hospital and the Noongr-Massom district hospital.

Ouagadougou is the capital of Burkina Faso (lat. 12°22'N and long. 1°31'W). Its population is estimated at around 2 684 052 inhabitants in 2020. This city is subjected to tropical savanna climate with a rainy season between June and October, a cold and dry season between November and January, and a hot and dry season between February and May. There are three artificial lakes located within the city intended to supply water to the population. Malaria transmission is considered to be high in Ouagadougou.

We sectioned 4 sites that correspond to the major hospitals of the city which are the Boulmiougou district hospital located in the district of Boulmiougou, the Paul VI hospital in the district of Sig-Nonghin, the Schiphra hospital and the Noongr-Massom district hospital in the district of Nongr-Massom (Fig 1).

Study population

The study enrolled all of pregnant women who accepted to participate to the study and signed the written informed consent form. HIV positive pregnant women were excluded. A total of 531 women were enrolled. The study was carried out during one year from April 2019 to March 2020.

Ethical considerations

Approval for this study was granted by the National Ethics Committee for Health Research of Burkina Faso (deliberation N° 2019-4-056). The study received administrative approval from the district medical officer, the mayor, and the head of each local health centre where the study took place. Pregnant women were approached when reporting delivery. Only pregnant women volunteer who signed an inform consent form for their participation were enrolled.

Demographic and clinical data capturing

A structured questionnaire was used to capture demographic and clinical data from the pregnant women participating to the study. Data collected included age, marital status, educational level, occupation, current and previous pregnancies, environmental and living conditions. Information about the use of Intermittent Preventing Treatment (IPT) and Insecticide Treated Nets (ITNs) bare also recorded.

Blood sample collection

To determine the infection of the placenta by *Plasmodium falciparum*, blood from the maternal face of placenta, thick and thin films preparation according to WHO protocol (WHO, 2020) and blood spotting on filter paper (Whatman N° 3) for PCR detection (Fig 2).

Malaria diagnosis by microscopic method

Microscopy, which is the WHO reference method for diagnosing malaria was used. Thick and thin films prepared from blood of the maternal face of placenta of each woman were examined by two laboratory microscopists. First, the dried slides were stained with May Grunwald Giemsa for 15 minutes. They are then rinsed with water and left to dry. The slides were read using the oil immersion objective lens of an optimal microscope at 100X magnification. *Plasmodium falciparum* parasites were counted parallelly with leukocytes. The counting was stopped when the number of leukocytes reached 200 and the following formula was used to determine the parasite density per microlitre of blood:

$$PD = \frac{\text{number of counted parasites} \times 8000}{40}$$

PD is the parasites density per microlitre of blood

8000 is the average number of leukocytes per microliter of blood.

At least 100 high power fields were examined before a thick smear was declared negative

Detection of *Plasmodium falciparum* by Polymerase Chain Reaction

Plasmodium falciparum DNA was extracted from dried blood spots using QIAamp® DNA Mini Kit (250) according to the manufacture's recommendation. Eluted DNA was immediately used in amplification reactions or stored at – 20 ° C until processing. The DNA amplification method was described elsewhere by nested polymerase chain. The primers sequences for first (nested) amplification were: rPLU5 5-CCT GTT GTT GCC TTA AAC TTC-3 (forward) rPLU6 5-TTA AAA TTG TTG CAG TTA AAA CG-3 (reverse). For the second (nested) amplification were used rFAL1 5-TTA ACC TGG TTT GGG AAA ACC AAA TAT ATT-3 (forward) rFAL2 5-ACA CAA TGA ACT CAA TCA TGA CTA CCC GTC-3 (reverse).

PCR amplification of *Plasmodium falciparum*

Amplification was performed on an Applied Biosystem 2720 Thermal cycler. It was in 20µl volume containing 1µl of genomic DNA, 2µl of polymerase chain reaction (PCR) buffer 10X, 0.5µl of 10µM of each primer, 1.25µl of mM of dNTP, 0.8µl of 50mM of MgCl₂ and 0.1 of 5UI Taq polymerase. The system was programmed to 5 min for initial denaturation at 95°C, to 1min of denaturation at 94°C and this was followed by 24 cycles, each consisting of 1 min of denaturation at 94°C, 2 min of annealing at 58°C, 2 min of extension at 72°C. At the final cycle, an additional 5 min of incubation at 72°C was performed to complete the extension. For second amplification the cycle condition outer PCR 30 cycles. The amplified PCR products were either stored at + 4°C or analysed immediately by electrophoresis on a agarose gel (Fig 3).

Data interpretation

Data DNA fragments from the second amplification electrophoresis were assessed and data interpreted as *Plasmodium falciparum* positive when the size the DNA is about 205 bp.

Statistical analysis

The data were analysed using R software. The proportions comparison was made by Chi-Square and normally distributed continuous data by the Student's t-test and ANOVA.

Results:-**Characteristics of the study population**

A total 531 blood spots samples were obtained. The mean age of the study participants from the four sites was estimated at 26.9 years. About 30.80% patients were primigravidae, 54.04% patients lived in Ouagadougou city and 45.63% were unemployed, of which 53.04% were married.

Prevalence of placental malaria

In our study, we obtained a prevalence of placental malaria of 7.53%. This prevalence was only for *Plasmodium falciparum*.

Factors associated with placental malaria infection

Several factors are identified to be associated with placental malaria. These different risk factors are summarized in Table 1.

Influence of risk factors on placental malaria prevalence

The Table 2 represent age, residence place, occupation, gestures, and parity prevalences. It reveals more positive cases in the 18 to 25 years, among parturient living around Ouagadougou city's, those who were without a profession, paucigestures and pauciparous. The difference was statistically significant at the level of place and occupation with p value of (P= 0.0046 and P=0.0186) respectively. The Table 3 reveals more positive cases in the 18 to 25 years, among parturients living around the city of Ouagadougou, those whose were without a profession, paucigestes and pauciparus. The difference was statistically significant at the level of place of residence and occupation (P= 0.0046 and P= 0.0186).

The table below sums up the influence of the location antenatal consultation (ANC) the qualification of the ANC agent on the placental malaria infection (Table 4). There were more positive cases among women who underwent their antenatal consultation (ANC) in the SPHC and by midwives. The difference was statistically significant among women who have had their antenatal consultation with a midwife (P= 0.0174). There was no statistically significant association between placental malaria infection of TPI supervised, using long-acting insecticide-treated mosquito net, start IPT and secondary effects (Fig 4).

Discussion:-

The present study was designed to determine the prevalence of placental malaria infection and risk factor among delivering women at the main hospitals in Ouagadougou, Burkina Faso. The prevalence observed in our study 7.53% was lower compared to the prevalence previously reported elsewhere ,19.40% and 19.50% in Angola (Valente et al., 2011) and Burkina Faso (Ouedraogo et al., 2012) respectively. The factors responsible for such variations in the placental malaria prevalence were reported to be acquired immunity related to the malaria transmission in the various setting (Omer et al., 2017). This difference may be explained by the fact that parturients in our study received intermittent preventive treatment with Sulfadoxine/Pyrimethamine. Moreover, this prevalence is higher than the previous recorded in a study in Ghana (Stephens et al., 2014).

The risk of the malaria infection was higher in pregnant women aged between 18 and 25 years. This is confirmed by Bianor (Valente et al., 2011) who found that the age was also identified as a risk factor for placental malaria infection.

In addition, women unemployed and who lived around the city of Ouagadougou, performing their prenatal consultation in a health and social promotion centre and by midwife. Therefore, the young age, precarious living condition and lack of financial support would be constituting a risk factor increasing malaria infection.

The prevalence of placental malarial was found higher in paucigestates, and who started their intermittent preventive treatment in the second trimester of their pregnancy. Probably due to the late start of the intermittent preventive

treatment with Sulfadoxine/Pyriméthamine different from World Health Organization’s recommendation of the start of the intermittent preventive treatment (IPT) at the end of the 28 weeks of pregnancy.

Indeed, malaria prevalence is higher in the first and second trimesters of pregnancy and decreases in third trimester to reach the rate before childbirth. This would explain the high placental malaria infection prevalence in pregnant women starting their intermittent preventive treatment in the second trimester. Essibenet al. (2016) reported the same results in Cameroun. Sulfadoxine/Pyrimethamine administration was not supervised and more than 50% of the women slept regularly under untreated mosquito net (Essibenet al., 2016).

Placenta malaria prevalence was higher in pregnant women who were not taking intermittent preventive treatment unattended by a health professional and those who had no side effects after taking intermittent preventive treatment. The difference was not statically significant ($P=0.2198$). Mosquito net impregnated with repellents reduces nocturnal mosquito bites, thus limiting Plasmodium infestation. According to WHO, women should be encouraged to use insecticide-treatment mosquito nets throughout their pregnancy because Sulfadoxine/Pyrimethamine intermittent preventive treatment would not replace Long Lasting Insecticide Nets (LLINs).

The management strategies adopted for malaria preventive in pregnancy are the use of the LLINs, Intermittent preventive treatment of malaria in pregnancy using sulfadoxine-pyrimethamine (IPTp-SP) and adequate cases management thanks to rapid malaria treatment in pregnant women. The value of this work lies in the identification of factors that may have an influence on placental malaria infection.

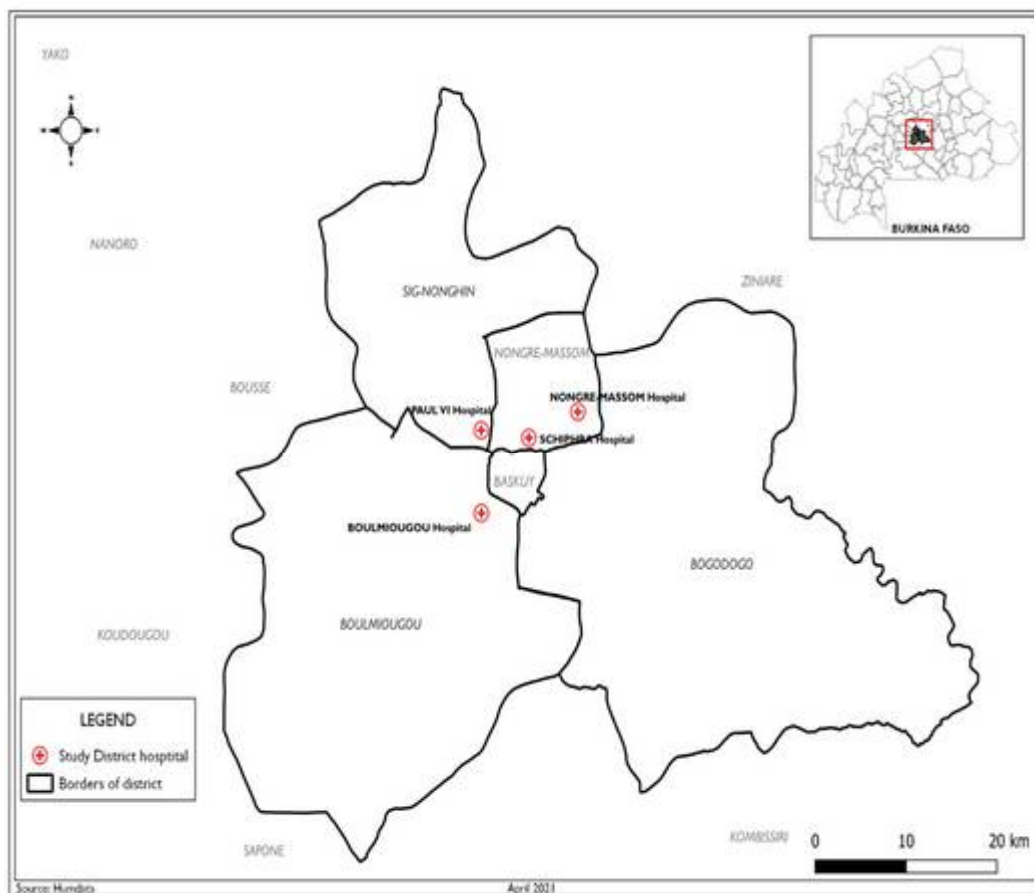
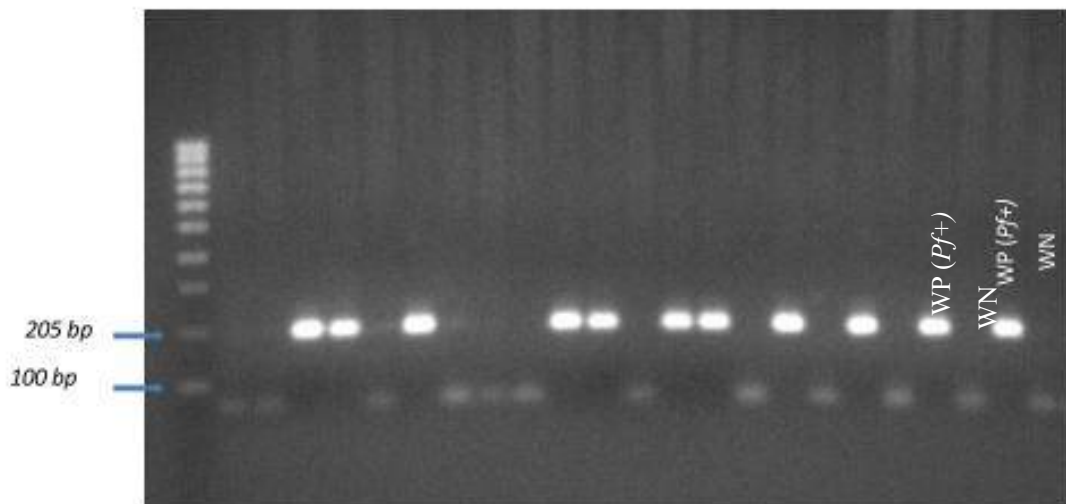


Figure 1:- Map of the study areas and selected sites.



Figure 2:- Blood confetti for molecular analyses.



WP : positive witness (Pf+) of Plasmodium falciparum
 WN : negative witness
 100 bp : standard molecular weight marker
 205 bp : P. falciparum diagnostic strip:

Figure 3:- bands revealed after gel migration read with UV rays

Table 1:- Identified risk factors associated with placental malaria infection.

Place of residence	Risk factors				
	Ouaga	Around Ouaga		Other	
	228	330		3	
Age (years)	< 18	[18-25[[25-32[[32-39[≥39
	21	375	24	103	7

		Risk factors					
Profession	No occupation	Salaried agent	Shopping	Agriculture	Breeding	Worker	Student
	242	106	102	1	1	19	59
Secondary effects	No	General tired	Nausea	fear of heights		Vomitting	
	412	53	15	4		27	
Parity	Primigravidae			Paucigravidae		Multigravidae	
	182			257		59	
Gesture	Primigests			Paucigests		Multigests	
	163			260		112	
ANC place	CSPS		Private clinic	CMA		CHR	Other
	316		108	100		5	2
ANC Agent	Gynecologist			Midwife		Other	
	57			472		2	
Use of LLIN	Yes				No		
	478				53		
Start of IPT	1 ^{er} trimester			2 nd trimester		3 ^{eme} trimester	
	70			430		18	
Supervised IPT	Yes			No			
	54			475			

Table 2:- The influence of age, place of residence, occupation, number of pregnancies and parity on placental malaria infection.

	PCR results			<i>p value</i>
	Negative	Positive		
Age (years)	< 18 years	20	1	<i>p = 0,6298</i>
	[18- 25[343	32	
	[25- 32 [24	0	
	[32- 39[96	7	
	≥39years	8	0	
Place of residence	Around ouaga	20	27	<i>P= 0.0046</i>
	Ouaga	287	13	
	other	3	0	
Profession	No occupation	221	21	

	PCR results		<i>p value</i>	
	Negative	Positive		
	salaried agent	103	3	<i>P= 0.0186</i>
	Schopping	95	7	
	Agriculture	0	1	
	Breeding	1	0	
	Worker	16	3	
	Student	54	5	
	Other	1	0	
Number of gestures	Primigeste	151	12	<i>P= 0.6266</i>
	Paucigeste	238	22	
	Multigeste	106	6	
Number of parity	Primipare	170	13	<i>P= 0.5424</i>
	Paucipare	234	23	
	Multipare	87	4	

Table 3:- Influence of the location of the Prenatal Consultation (ANC), the qualification of the ANC agent on placental malaria infection.

	PCR results		<i>p value</i>	
	Negative	Positive		
Place of prenatal consultation	SPHC	290	26	<i>p = 0.6617</i>
	CMA	103	5	
	Clinical	91	9	
	RHC	50	0	
	Other	2	0	
Prenatal consultation agent	Gynecologist	56	1	<i>p= 0.0174</i>
	Midwife	434	38	
	Other	1	1	

Table 4:- Influence of the use of long-acting insecticide-treated mosquito net, side effects, supervised IPT, on placental malaria infection.

	PCR results		<i>p value</i>	
	Negative	Positive		
Use of LLIN	Yes	441	37	<i>p= 0.5862</i>
	No	5	3	
Start TPI	Trimester 1	67	3	<i>p= 0.2305</i>
	Trimester 2	396	34	
	Trimester 3	15	3	
TPI supervised	Yes	52	2	<i>p= 0.4847</i>
	No	437	38	
Secondary effects	No	377	35	<i>p= 0.2198</i>
	general fatigue	52	1	
	Nausea	15	0	
	fear of heights	4	0	
	Vomiting	27	1	

Conclusion:-

The observed prevalence of placental parasitaemia at delivery suggest that malaria remains one of the main concerns during pregnancy. As malaria in pregnancy is responsible for several complications so emphasis should focus on communication for change of behaviour of pregnant women and also of health professionals. Our study allowed to determine placental malaria prevention and risks factors associated with placental malaria infection.

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