

We have used various composition of chondritic Fe content which is provided in Hutchison (2004) to generate the data for figure 3. We have used Johnson (2001) formula to calculate the total Fe for various chondrites. The formula is as follows: Total bioavailable input to ocean = [(Extraterrestrial Flux) \times 0.9 (considering 90% ablation) \times 0.7 (70% area of Earth is covered by ocean) \times (weight percent of iron of various chondrites)] / [area of ocean \times molar mass of Fe]. The area of global ocean considered for this study is $\sim 3.62 \times 10^8$ km². We have incorporated 90% ablation for ground based collection technique to calculate the total flux before atmospheric entry. This 90% ablation is based on Taylor et al. (1998) which they have used using Love and Brownlee (1993).

The weight percent of iron of various chondrites is as follows:

CI	CM	CO	CV	CK	CR	CH	H	L	LL	R	EL	EH
18.2	21	24.8	23.5	23.6	24	40.4	27.5	21.5	18.5	24.25	22	29

The values in the table are in umol Fe m⁻² yr⁻¹

	Total Fe for CI	Total Fe for CM	Total Fe for CO	Total Fe for CV	Total Fe for CK	Total Fe for CR	Total Fe for CH	Total Fe for H	Total Fe for L	Total Fe for LL	Total Fe for R	Total Fe for EL	Total Fe for EH
A	0.23	0.26	0.31	0.29	0.29	0.30	0.50	0.34	0.27	0.23	0.30	0.27	0.36
B	0.17	0.20	0.23	0.22	0.22	0.22	0.38	0.26	0.20	0.17	0.23	0.21	0.27
C	0.15	0.18	0.21	0.20	0.20	0.20	0.34	0.23	0.18	0.16	0.20	0.19	0.24
D	0.23	0.27	0.32	0.30	0.30	0.31	0.52	0.35	0.27	0.24	0.31	0.28	0.37
E	0.62	0.72	0.85	0.81	0.81	0.82	1.38	0.94	0.74	0.63	0.83	0.75	0.99
F	0.01	0.01	0.01	0.01	0.01	0.01	0.02	0.01	0.01	0.01	0.01	0.01	0.01
G	0.01	0.01	0.01	0.01	0.01	0.01	0.01	0.01	0.01	0.01	0.01	0.01	0.01
H	0.02	0.03	0.03	0.03	0.03	0.03	0.05	0.03	0.03	0.02	0.03	0.03	0.04
I	0.09	0.10	0.12	0.11	0.11	0.11	0.19	0.13	0.10	0.09	0.11	0.10	0.14

Love and Brownlee., 1993
Peucker-Ehrenbrink and Ravizza,
2000

Taylor et al., 1998

Maurette *et al.*, 1987

Yada *et al.* 2004

Prasad *et al.* 2013

Murrel *et al.* 1980

Takayanagi and Ozima, 1987

Yiou *et al.* 1991

J	0.11	0.13	0.15	0.15	0.15	0.15	0.25	0.17	0.13	0.12	0.15	0.14	0.18	Dohnanyi.1972
K	0.11	0.13	0.15	0.15	0.15	0.15	0.25	0.17	0.13	0.12	0.15	0.14	0.18	Hammer and Maurette, 1996
L	0.14	0.16	0.19	0.18	0.18	0.18	0.31	0.21	0.16	0.14	0.19	0.17	0.22	Peng and Lui 1989

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