

"I have many open questions and very few answers."

S.M. Perren, 2019

- in posterior dislocations?

DISLOCATED SPLIT-HEAD PROXIMAL HUMERUS FRACTURES

A. Fernández, J. Jupiter

Is there a high **AVN risk**:

 ID: 11-AD-223 / 70y
 ID: 11-AD-520 / 70y

- in anterior dislocations?

May 3D interactive colored models analysis help in the AVN forecast, and pre-op planning, for each case?

Rather than oversimplifying rules?

Start-to-finish full HD data from each case is available at icuc.net

4 cases of Dislocated Split-Head proximal humerus fractures were found in ICUC database at October 2020.

ICUC Posters

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ICUC Posters are based on surgical cases taken from our library, meaning the full set of data used by the authors is accessible through our platform.

BACKGROUND

It was reported that the split-head fragment in a posterior fracture–dislocation remained in good contact with an intact inferomedial attachment in 90% of the cases, and henceforth that the risk of AVN is low with head-splitting fractures associated with a posterior dislocation. Ogawa (1999).

The risk factors for AVN include a complex fracture pattern, the presence of anterior dislocation... Gavaskar (2015)

ID: 11-AD-223 / 70y



ID: 11-AD-223 / 70y



64

Was ORIF correctly executed?

How would you rate this result:

- very good
- good
- mid
- poor
- very poor

ICUC Score is FL 2=, P 0

ID: 11-PD-335 / 75y



ID: 11-PD-335 / 75y



35w

142w



Was ORIF correctly executed?

How would you rate this result:

- very good
- good
- mid
- poor
- very poor

ICUC Score is FL 2+, P 0

ID: 11-PD-692 / 50y



ID: 11-PD-692 / 50y



Was ORIF correctly executed?

How would you rate this result:

- very good
- good
- mid
- poor
- very poor

ICUC Score is FL 1+, P 0

ID: 11-AD-520 / 70y

PRE



ID: 11-AD-520 / 70y







ID: 11-AD-520 / 70y













Was ORIF correctly executed?

How would you rate this result:

- very good
- good
- mid
- poor
- very poor

ICUC Score is FLO, P 0

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Results:

From the 4 cases 2 had an evident AVN (1 posterior and 1 anterior dislocation) 2 had no signs of AVN so far (1 posterior and 1 anterior dislocation)

Conclusions / Open Questions:

Even with a so short series, we may question simple rules which associates higher or lower AVN risk according to anterior or posterior dislocations. We may rather prefer to carefully analyze each case of a dislocated split-head proximal humerus fracture, looking for a remaining metaphyseal attachment to the head fragment.

Further reading

Ogawa K, Yoshida A, Inokuchi W (1999) Posterior shoulder dislocation associated with fracture of the humeral anatomic neck: treatment guidelines and long-term outcome. JTrauma46:318–323

Gavaskar AS, Tummala NC (2015) Locked plate osteosynthesis of humeral head-splitting fractures in young adults. J. Shoulder Elbow Surg 24:908–914

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