

## Preparation of Nanoparticle-Protein Conjugates

To produce NP-protein conjugates, NPs and protein in either 10% or 20% protein-NP ratio were coupled in 500  $\mu\text{L}$  citrate buffer (10 mM, pH 4), sodium phosphate buffer (10 mM, pH 7.4), Tris buffer (10 mM, pH 9) or  $\text{dH}_2\text{O}$  for 16 hours on a rotational wheel at  $4^\circ\text{C}$ .

For couplings, the proteins Lysozyme (from hen egg white, lyophilized powder, Sigma-Aldrich), Ovalbumin (from hen egg white, lyophilized powder, Sigma-Aldrich), Beta-lactoglobulin a (from bovine milk, lyophilized powder, Sigma-Aldrich), Serotransferrin (apo-transferrin human powder, Sigma-Aldrich), birch pollen extract (*Betula Pendula*, ThermoFisher Scientific) and recombinant birch pollen allergen Bet v 1, were used.

For coupling of an artificial protein mix with pristine and APTES-coated  $\text{SiO}_2$  NPs, the proteins Lysozyme, Ovalbumin, Beta-lactoglobulin a, and Serotransferrin were mixed. For coupling of birch pollen extract (*Betula Pendula*, ThermoFisher Scientific) with pristine and APTES-coated  $\text{SiO}_2$  NPs, 100 mg of the birch pollen extract (BPE) were dissolved in 1 mL pure water for 1 hour on a sample shaker at 700 rpm. The BPE was then centrifuged for 10 min at 16 000  $g$  and the supernatant was collected and used for the couplings in 1:2 dilution.

## Protein Quantification – Determining the Binding Capacity of $\text{SiO}_2$ NPs

To determine the amount of protein bound to the NPs after the coupling reaction, the samples were centrifuged twice for 1 hour, 16 000  $g$  at  $4^\circ\text{C}$ . This two-step collection of the supernatant diminishes contamination risk of the supernatant with parts of the pellet. The resulting pellet was dissolved in  $\text{dH}_2\text{O}$  and the protein content of the pellet (bound protein) and supernatants (unbound protein) was quantified by using SDS-PAGE by comparing the samples quantitatively with control protein solutions without NPs, treated likewise the coupling samples.

## SDS-PAGE (Sodium Dodecylsulfate-Polyacrylamide Gel Electrophoresis)

To determine the molecular weight of the applied proteins, the samples were compared to a molecular weight marker (Pierce™ Unstained Protein MW Marker, Thermo Scientific™) and to determine the amount of protein in the sample, control samples with known protein concentration were added to the gel for quantitative comparison.

To prepare four 15% polyacrylamide gels, 10 mL Acrylamide/Bis solution (Rotiphorese NF-Acrylamid/Bis-Solution 30% 29:1, Carl Roth) was added to 5 mL  $\text{dH}_2\text{O}$  and 5 mL lower buffer (1.5 M Tris-HCl, 0.4% SDS, pH 8.8), followed by 10  $\mu\text{L}$  TEMED (Bio-Rad) and 60  $\mu\text{L}$  10% Ammonium persulfate (APS) and the pouring of the resulting solution in glass plates adjusted in the casting chambers. After addition of  $\text{dH}_2\text{O}$  to exclude oxygen, which disturbs the polymerization, the separating gel can stably polymerize. The stacking gel could then be prepared by adding 0.7 mL 30% Acrylamide/Bis solution to 2.6 mL  $\text{dH}_2\text{O}$  and 1.1 mL upper buffer (0.5 M Tris-HCl, 0.4% SDS, pH 6.8), followed by 7  $\mu\text{L}$  TEMED and 50  $\mu\text{L}$  APS. The

solution was poured on top of the separating gel and a 10-slot comb was added to exclude oxygen for polymerization and form the sample wells.

The investigated protein samples and control samples were mixed with 4x loading buffer (250 mM Tris, 8% SDS, 40% glycerol, 10%  $\beta$ -mercaptoethanol, 0.04% Bromphenol blue) to dilute it to 1x and put in a reaction tube heating block at 95°C, 10 min for heat denaturation. 15  $\mu$ L of the samples were loaded into the slots of the prepared gels, mounted in the electrophoresis chamber filled with 1x SDS running buffer (250 mM Tris, 1.92 M glycine, 1% SDS, pH 8.3) and constant current of 0.06 A per gel was applied for ca. 30 min until the samples were separated completely in the gel. The gels were then stained with Coomassie R250 Staining solution (0.1% Coomassie Brilliant blue R250, 50% methanol, 10% acetic acid) and imaged with the ChemiDoc Imaging system (ChemiDoc MP, Bio-Rad) and ImageLab™ (Version 6.0.1 build 34, Bio-Rad) was used for analysis to calculate the relative quantity of protein in the samples compared to the protein quantity in the control sample.

For analysis of the SDS-PAGE results of the NP-BPE conjugates, the five most prominent bands of the Gels were chosen for quantitative comparisons. They were assigned to the main birch pollen allergens according to their molecular weight: band 1 corresponds to Bet v 6 (MW 34.2 kDa), band 4 to Bet v 1 (MW 17.4 kDa) and band 5 to Bet v 2 (MW 14.1 kDa).