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How influential is the stiffness of the foam dressing on

soft tissue loads in negative pressure wound therapy?

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Abstract

Negative pressure wound therapy (NPWT) is an established adjunctive modality for treatment of both acute and chronic wounds. However, little is known about the optimal settings and combination of treatment parameters and importantly, how these translate to target tissue strains and stresses that would result the fastest healing and buildup of good-quality tissues. Here we have used a three-dimensional open wound computational (finite element) model that contains viscoelastic skin, adipose and skeletal muscle tissue components for determining the states of tissue strains and stresses in and around the wound when subjected to NPWT with foam dressings of varying stiffnesses. We found that the skin strain state is considerably more sensitive to the pressure level than to the stiffness of the foam dressing within a 8.25 to 99 kPa range which covers the current industry standard. Accordingly, peri-wound skin strains and stresses which stimulate cell proliferation/migration and angiogenesis and thereby, healing of the wound, can be more effectively controlled by adjusting the pressure level than by varying the stiffness of the foam dressing.

1. Introduction

Negative pressure wound therapy (NPWT), a wound care technology employing a suction pump with tubing connected to a foam dressing for removal of excess exudates and promotion of healing, is currently one of the most popular treatment approaches. Since its introduction in the 1990's, NPWT is considered a mainstream procedure for management of acute, chronic and complex wounds in both acute and outpatient care [1]. Today, NPWT is used for treating a variety of wound types, including those associated with orthopaedic and soft tissue traumas, burns, surgical incisions, pressure ulcers and diabetic foot ulcers [2–7].

Application of NPWT induces physical and biological responses at the macroscopic and microscopic scales within the wound-bed and also, in peri-wound tissues [8–10]. There are multiple mechanisms of action that have been proposed in the literature as contributing to the efficacy of NPWT. The fluid management feature of NPWT forms a controlled moist environment, drains excessive exudates and, thereby reduces the edema, which reliefs tissue loads and helps to contract the wound edges. The NPWT – induced deformations, are also beneficial for mechanically stimulating the wound bed and enhancing the blood flow around the wound, which supports further angiogenesis and the formation of granulation tissue [11–13].

Macro-strain is the physical wound shrinkage that can be observed immediately after application of a NPWT device, as the wound edges are pulled together [10,14]. At the tissue microscale, these macro-level deformations are associated with mechanobiological stimulation of keratinocytes, fibroblasts, leukocytes, endothelial and other epithelial cells that play a role in epithelization of the wound-bed and later, in tissue repair and regeneration through fibrosis and angiogenesis [15]. Exposure of these cells to deformations, either static or dynamic, activates mechanoreceptors in their plasma membrane and triggers collective proliferation and/or migratory activities [13]. Accordingly, understanding the multi-scale mechanobiology of NPWT is pivotal for improving this wound care technology further. For example, in our recently published work employing an in vitro cell stimulation system developed to simulate the cell-scale microenvironment induced by NPWT, we have identified specific micro-deformation levels and wave shapes that promote collective migration of fibroblasts towards damage sites in cultures [16].

To date, the overall lack of basic science research into the mechanisms of action and in particular, the mechanobiology of NPWT is manifested in a large variety of NPWT devices with different operating modes. The NPWT protocols, programmed options and adjustments of parameters are set in practice, based on clinical judgment and experience which may be subjective and influenced by the manufacturer agenda and commercial considerations. Deeper understanding of the mechanobiology of NPWT will lead to a better-informed device and/or protocol design process, more focus on objective performances and less confusion in this market, which will ultimately improve wound care outcomes. Specifically, for improving the design of devices and protocols and for tailoring treatment sessions to individual patients so that reproducible and consistent clinical outcomes are achieved, it is crucial to understand how NPWT affects soft tissues from a biomechanical perspective.

Computational finite element (FE) modelling is a powerful tool for investigating and comparing the efficacies of medical devices, including those in the wound care arena. Very little biomechanical modelling work has been published in the context of NPWT and in particular, regarding magnitudes and distributions of the mechanical loads that form in the wound-bed and peri-wound tissues under the effect of these devices. The pioneering work of Saxena and colleagues [17] described a two-dimensional (2D), linear-elastic FE model of the biomechanical interactions between a foam dressing and a wound surface during application of sub-atmospheric pressure through the porous foam. In a later study of Wilkes et al. [18], they extended the modelling to a 3D geometry of the dressing-wound interaction at the meso-scale and investigated the effects of the dressing type (focusing on open cell foam versus gauze), sub-atmospheric pressure (0-200 mmHg) and tissue mechanical properties on the micro-deformations in the wound-bed. However, their work did not consider viscoelastic tissue behavior or the wound shape (as their model geometry described the meso-scale). In further work, Wilkes et al. [19] up-scaled their analyses to the macro-level, investigating a closed-incision surgical wound managed through NPWT, however, they only considered a 2D cross-sectional plane through the incision, which ignores the out-of-plane biomechanical interactions. Similarly, Loveluck et al. [20]

developed a thin-slice FE model of a surgical incision treated by a single-use NPWT device that was limited to in-plane analysis of tissue loads. Both works simplified soft tissue behaviors as being hyperelastic and neglected any viscoelastic effects which are fundamental and highly influential in the context of NPWT. Our group were the first to introduce viscoelastic soft tissue behavior to the NPWT modelling framework, which is essential in order to account for stress relaxation phenomena that occur in the affected tissues during application of either static or dynamic NPWT [21]. We further considered additional realistic and physiologically/clinically-relevant features, including a noncircular wound geometry and distinct epidermis versus dermis layers of skin (as opposed to the simplified bulk skin layer used in previous works) and have subjected the simulated wound to time-dependent negative pressure levels applied through a foam dressing [21]. Our present study builds upon our aforementioned published modelling work [21]. Specifically, we utilize a 3D viscoelastic, large-deformation, open wound FE model for determining the states of tissue strains and stresses during application of NPWT, with a present focus on the influence of the stiffness properties of the foam dressing that covers the wound in this therapeutic method. Our objective has been to determine whether altering the stiffness of the foam dressing is a valid and effective route for modulating the tissue loads generated by the negative pressures, e.g. for different healing stages or for personalized medicine.

2. Methods

2.1 Geometry of the model

We have modelled a deep skin defect with elliptical dimensions of 120×70 mm (length \times width) that extends into subepidermal adipose tissue (Fig. 1a) and represents an open wound, such as a category III pressure ulcer, which would be treated by NPWT without primary suture closure. The model comprised of four soft tissue layers: epidermis, dermis, adipose and underlying skeletal muscle with thicknesses of 1,2,8 and 12 mm, respectively [22] (Fig. 1a). A NPWT foam dressing has been modelled as a single rectangular layer of foam with dimensions of $145\times95\times15$ mm (length \times width \times height), where the longest aspect of the foam aligned with the widest dimension of the wound, so that the foam dressing covered the entire wound-bed and peri-wound skin (Fig. 1b). The overall model

dimensions (i.e. the geometrical model domain) were $500 \times 500 \times 23$ mm (length × width × height).

The above geometry of the model domain (Fig. 1a) was created using the Scan-IP module of the Simpleware[®] software package [23].

2.2 Boundary, contact and loading conditions

The side faces of the model were fixed for all translations and rotations to consider the continuum interactions with tissues outside the model domain, whereas the superior (skin side) and inferior surfaces of the model were allowed to move in response to the applied negative pressures. The contacts between tissue layers (epidermis-dermis, dermis-adipose and adipose-muscle) were all set as "tie" ('no-slip condition') (Fig. 1a; bottom frame). The foam dressing was likewise modeled as being adhered to the skin (i.e. no slippage allowed between the foam and skin) (Fig. 1b). Negative pressure was simulated as hydrostatic compression applied to all 6 surfaces of the foam dressing (the superior aspect, inferior aspect and the 4 sides).

2.3 Finite element simulations and outcome measures

Each of the aforementioned soft tissues was assumed to behave as a viscoelastic solid. The hyperelastic component of this viscoelastic behavior was considered to be Neo-Hookean [21,24,25] with a strain energy density function W:

$$W = \frac{\mu}{2}(I_1 - 3) - \mu \ln J + \frac{\lambda}{2}(\ln J)^2$$
(Eq.1)

where λ and μ are Lame's first and second parameters, respectively, I_1 being the first invariant of the right Cauchy-Green deformation tensor and J is the determinant of the deformation gradient tensor. The viscous components of the individual tissue layer behavior was simulated using a Prony-series of stress relaxation functions:

$$G(t) = 1 + \sum_{i=1}^{N} \gamma_i e^{-t/\tau_i}$$
 (Eq.2)

where γ_i , τ_i , and *i*=1, 2, ... *N*, are the tissue-specific material constants. For efficiency of the computations and reduction of the number of parameters, we have selected the minimal *N*=2, which yields short-term and long-term viscoelastic relaxation time constants for each

soft tissue type, τ_1 and τ_2 , respectively. The λ and μ , τ_1 and τ_1 , and γ_1 and γ_2 parameter values for each tissue type have been selected based on published literature as detailed in Table 1. To determine the NPWT foam dressing properties, we have conducted experimental testing of commercial NPWT foam specimens using an electromechanical testing machine (Instron[®] Series 5944, Instron Co., MA, USA) following the relevant testing standard ASTM D3574-11[26]. We have tested flexible cellular foam specimens compressed at a deformation rate of 50 ± 5 mm/min and converted the compressive force displacement data to stress-strain curves as per the above testing standard. Considering the tested foam as homogenous, isotropic and hyperelastic materials, we have used the ABAQUS software suite (Dassault Systems, Vélizy-Villacoublay, France) to determine the λ and μ parameters of the tested foams, and the corresponding representative values are also specified in Table 1.

The action of the NPWT was simulated as static negative pressure, delivered through the foam dressing (Fig. 1b) at a range of 10 to 175 mmHg, which covers the whole range of the commercially available static NPWT devices (including the single-use devices). In order to test the effects of the stiffness of the applied foam dressing on the calculated tissue strain and stress data, we have made the foam up to one order of magnitude stiffer or, up to one order of magnitude softer with respect to the current industry standard (i.e. elastic modulus E of 16.5 kPa; Table 1), which yielded a foam stiffness range of E = 8.25 to 99 kPa [27,28].

The aforementioned model geometry was meshed using the Scan-IP module of Simpleware® software [23]. The meshing was performed semi-automatically, i.e. with manual refinements near the borders of the wound-bed and the foam dressing (Fig. 1b). All the mesh elements were tetrahedral; the numbers of elements for each tissue type and the foam dressing are further listed in Table 1. All the FE analyses were conducted using the FEBio Software suite [24].

The model was analyzed for the Green-Lagrange strains and Cauchy stresses in adipose tissue at the center of the wound-bed and at the peri-wound skin. Accordingly, two regions of interest (ROIs) were defined, a disc with diameter of 2 cm and depth of 7 mm at the center of the wound-bed and a second disc of identical size, located 7 cm laterally from the center of the wound-bed on the axis of the narrower wound width (i.e. the shorter axis of

the ellipse-shape wound). The latter ROI therefore contained the full thicknesses of both the epidermis and dermis layers of the peri-wound skin.

Outcome measures for data analysis included the distributions of effective strain and stress magnitudes at the model domain with focus on the strain/stress values in tissues at the two ROIs with respect to the NPWT pressure level and as function of the stiffness of the NPWT foam dressing. Since denser foam dressings with smaller pores would generally require a higher negative pressure level to collapse compared to less dense foams with larger pores [29], we have conducted further analyses to determine the sensitivity of the strain/stress values in tissues at the two ROIs to the foam stiffness within the 75-125 mmHg pressure range.

3. Results

The highest tissue strains occurred at the simulated wound-bed (Fig. 2a) whereas tissue stresses maximized in peri-wound skin. At the margins of the wound, stress values were highest at the epidermis, then in the dermis and lowest in adipose tissue, at approximate ratios of 1:2:10, respectively (Fig. 2b).

An increase in the negative pressure level within the 10-175 mmHg range caused both the effective tissue strain and stress values to rise. Specifically, for the above pressure range, strains in the wound-bed increased from 3% to 43% and strains in peri-wound skin increased from 0.3% to 3%; the corresponding (effective) wound-bed and peri-wound tissue stresses increased from 0.3 kPa to 5 kPa and from 96 kPa to 1250 kPa, respectively (Figs. 3,4). While the median tissue strain and stress values increased monotonically with the rise in pressure levels, the variation (standard deviation of strain/stress data around the mean value) widened considerably as the pressure levels grew, particularly with regards to strains in peri-wound skin. Specifically, as the pressure levels increased within the 10-175 mmHg range, the coefficient of variation (CV) for the wound-bed outcome measures increased from 73% to 86% for strains and from 72% to 89% for stress data. Likewise, for peri-wound skin (i.e. epidermis and dermis pooled), the CV increased from 71% to 169% for strains and from 116% to 124% for stresses.

The stiffness of the foam dressing only had a mild effect on strain and stress levels in the wound-bed. Moreover, the foam stiffness had a negligible effect on peri-wound strain and

stress levels, which is in stark contrast to the influence of the negative pressure intensity on these outcome measures (Figs. 5-7). Specifically, for a variation in the elastic modulus of the foam dressing within an order of magnitude around the industry standard (for a dry dressing), i.e. from 8.25 to 99 kPa where the negative pressure value was set to the midrange value of 100 mmHg, wound-bed loads increased in the range of 20-30% for strains and 2.25-3.25 kPa for stresses (Figs. 5-7). Furthermore, our sensitivity analyses concerning the effects of negative pressure variations on tissue strains/stresses demonstrated that for the peri-wound skin (epidermis and dermis), the mean effective strain and stress values only varied negligibly with the foam stiffness for each certain negative pressure level within the 75-125 mmHg range (Figs. 6,7). Importantly, these peri-wound skin strain and stress data remained nearly unchanged for the studied variation in the foam stiffnesses: Epidermis and dermis strains were 1.6 and 2%, respectively, and remained at approximately those values within a $\pm 0.15\%$ strain interval regardless of the foam dressing stiffness value (Figs. 6,7). Consistent with the above, epidermis and dermis stresses were 1438 kPa and 178 kPa, respectively, and likewise did not change by more than \pm 15 kPa for the entire studied range of foam stiffnesses.

Our present computational simulation data therefore demonstrated that the strain and stress states in peri-wound skin are considerably more sensitive to the pressure level set in the NPWT device/protocol (Figs. 3b, 4b) than to the stiffness of the foam dressing (Figs. 5b, 6b). Stiffer and softer foam dressings over an order of magnitude around the mean industry standard (for a dry dressing) yielded indistinguishable strains and stresses, particularly in peri-wound skin which, from a biological perspective, is the reservoir for healing, being the source for immune and tissue-repairing cells, as well as of vascular supply (Figs. 5b, 6b).

4. Discussion

Negative pressure wound therapy is an established adjunctive modality for treatment of both acute and chronic wounds [14,30–32]. Yet, level-1 clinical evidence (including randomized controlled trials, RCTs and systematic reviews) reveals that clinical outcomes differ substantially across populations, wound types and etiologies, clinical settings, protocols, devices and treatment parameters [33–39]. A recent systematic review of 93

RCTs specifically stated that trial findings are inconsistent with respect to clinically relevant endpoints, such as the incidence of, or the time to complete wound closure [37]. The above mixed clinical outcomes must connect with the overall poor science and knowledge regarding optimal protocols, device settings and combination of treatment parameters. What is optimal for wave-shapes of the negative pressure, pressure magnitudes and, the frequency of pressure changes is currently unknown. Importantly, how negative pressure wave-shapes and magnitudes translate to target soft tissue strains and stresses that would result the fastest healing, buildup of good-quality tissues and no keloid scarring is yet to be discovered [21,40,41]. Work is underway in our laboratory in this regard, focusing on development of an experimental-computational modelling framework for better understanding of the mechanobiology of cells and tissues at peri-wound and wound-bed sites subjected to NPWT [16].

The present work has made significant progress in modelling NPWT, as both the Wilkes et al. [19] and the Loveluck et al. [20] previous NPWT models were substantially more simplified than what we have achieved here. Specifically, the Loveluck model was a thin-slice model and the Wilkes model was a two-dimensional cross-section (i.e. with no thickness assigned to it). This implies that the Loveluck and the Wilkes models did not consider out-of-plane forces applied by the NPWT and tissue reaction forces to these out-of-plane forces. Furthermore, the tissue material behaviors in both the Loveluck and Wilkes works are considered to behave according to an Ogden hyperelastic strain energy function and therefore, they are time-independent (which is again an oversimplifying assumption). Contrarily, in the present study, we have considered the viscoelasticity (i.e. the stress relaxation phenomena) in all soft tissues (Table 1). Our consideration of full three-dimensionality of the wound-bed and the entire geometrical domain as well as the viscoelastic soft tissue behaviors are key features in the progress made in this present NPWT modelling framework, which is substantially more advanced and realistic with respect to the Wilkes [19] and Loveluck [20] papers.

In the above context, the present work was aimed at developing a computational FE modelling framework where we have developed a 3D, open wound model and utilized it for determining the states of tissue strains and stresses around the aforementioned wound, when subjected to NPWT. In particular, the present model facilitated studies of the

influence of the stiffness properties of the foam dressings that are generically being used in NPWT, on the dynamic strain and stress states generated in the wound-bed and at the peri-wound. Of note, it is important to determine tissue stresses in both locations as intact skin is stiffer than wound-bed tissues, indicating that greater deformations are expected in the wound-bed [21]. It is not surprising therefore that the higher stresses are associated with adipose tissue. Accordingly, NPWT which is applied externally to the body surface, is expected to form greater tissue stresses at peri-wound (intact skin) regions than in the wound-bed, which is an important principle not previously underpinned in the literature. In fact, the applied negative pressure directly forms high stress sites at the skin surface, which then diffuse to deeper dermal layers and to subcutaneous fat. As noted in our previously published work, the NPWT affects different tissue layers at various extents, depending on the mass and stiffness of each such layer [21].

The most important and perhaps unexpected finding of the present study is that the periwound skin stresses, which are considered to be physiologically important for stimulating healing by NPWT (e.g. through angiogenesis, proliferation and migration of phagocyte and fibroblast cells, and synthesis of collagen [8,9,42,43]) were only slightly affected by the stiffness of the foam dressing (around an order of magnitude with respect to measured commercial product stiffnesses) (Figures 5b, 6b).

While we did not model direct relations between exudate fluid retention and the stiffness of the foam dressing, we surmise that these effects are inherently incorporated in the wide range of variation of foam stiffness properties that had already been considered in the present sensitivity analyses (8.25 to 99 kPa, which is an order of magnitude difference between the different tested foam stiffness levels). Based on the work of Brown and Pearcy [44], who measured the effect of water content on the stiffness of open-cell polyurethane foams which are the primary NPWT dressing material, we deduce that stiffness changes caused by wetness will be less than 5-fold, which is well contained within the range of foam stiffnesses tested here (for which no substantial effect of the foam stiffness on the peri-wound skin strain-stress states has been shown) [44]. As with any modelling work, the present study involved assumptions and limitations that need to be reviewed for completeness. The stiffness and thickness properties of the soft tissue layers assumed uniform, whereas in reality they are not, and the wound itself was simulated to be axi-

symmetrical, which rarely occurs in the real-world. Nevertheless, the above simplifications were helpful in describing a more 'generic' wound shape and tissue structure, which assisted in focusing on the influence of the foam dressing stiffness on tissue stresses, being the primary purpose of this work. Non-uniformities in tissue stiffness or thickness, or shape asymmetries of the wound would like contribute to the intensities of the formed tissue stress concentrations and make them more irregular. This, in turn, would have caused the results to be more difficult to interpret systematically, which justifies the uniform tissue thickness and wound shape choices made here for the specific study objectives.

In conclusion, we have developed an FE modelling framework of NPWT treatments of an open wound, which indicates that the strain-stress states induced be the NPWT system at peri-wound tissues can be more effectively controlled by adjusting the pressure level than by varying the stiffness of the foam dressing. Whilst peri-wound skin is the main biological reservoir for wound healing, the effective approach to control its level of stimulation is to regulate the NPWT pressure level. By leading to this conclusion through a sensitivity analysis approach, our present modelling work contributes to better understanding of the mechanobiological effects of NPWT and how this technology could be potentially improved in terms of controlling the strains and stresses in the wound-bed and peri-wound skin.

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Figure captions

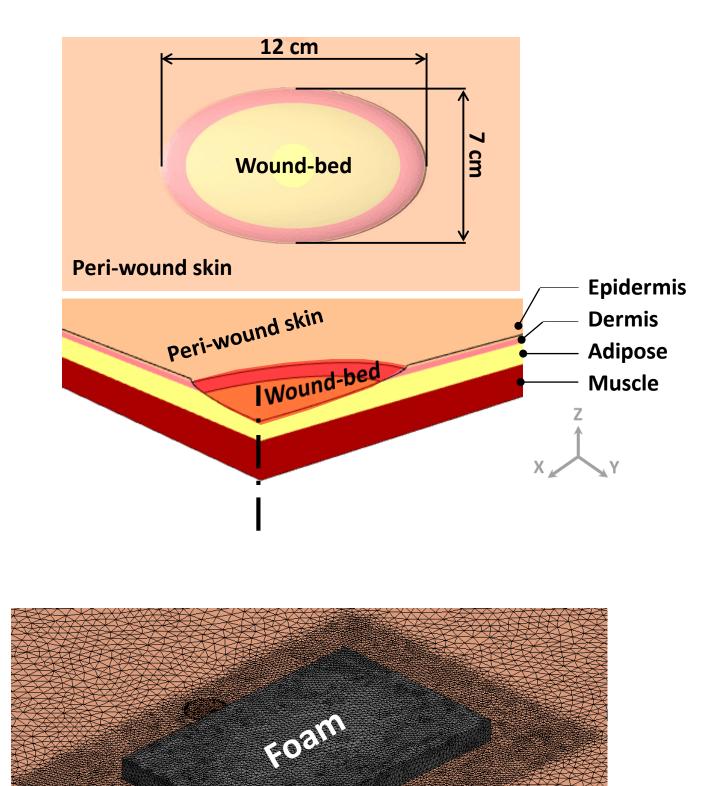
Figure 1	Geometry and finite element mesh of the wound model: (a) The model with							
	tissue and wound components. (b) The mesh around the wound-bed with							
	the applied foam, showing an increased mesh density around the foam.							
Figure 2	Distributions of the effective (a) strains and (b) stresses in the wound-bed							
	and peri-wound tissues when a static negative pressure of 100 mmHg h							
	been applied (the foam was hidden for clarity). The strains in (a) are shown							
	through a cross-section (marked in the upper right frame).							
Figure 3	Effective strain levels in (a) the wound-bed and (b) peri-wound skin							
	different negative pressure levels. Data are shown as box plots wi							
	medians represented by horizontal lines with the 75 th percentile at the top							
	and the 25 th percentile at the bottom. The ends of the vertical lines (the							
	"whiskers") in each such box indicate the minimum and maximum data							
	values in the dataset. Variability in the plotted data is due to both the spatial							
	and temporal variances as the computational data are collected from across							
	the region of interest and while the tissues are responding viscoelastically							
	to the applied negative pressure level.							
Figure 4	Effective stress levels in (a) the wound-bed and (b) peri-wound skin for							
	different negative pressure levels. Data are shown as box plots with							
	medians represented by horizontal lines with the 75 th percentile at the top							
	and the 25 th percentile at the bottom. The ends of the vertical lines (the							
	"whiskers") in each such box indicate the minimum and maximum data							
	values in the dataset. Variability in the plotted data is due to both the spatial							
	and temporal variances as the computational data are collected from across							
	the region of interest and while the tissues are responding viscoelastically							
	to the applied negative pressure level.							
Figure 5	Influence of the foam stiffness on wound-bed effective tissue (a) strain and							
	(b) stress levels for static negative pressures of 75, 100 and 125 mmHg.							
	Data are shown as box plots with medians represented by horizontal lines							
	with the 75 th percentile at the top and the 25 th percentile at the bottom. The							
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	ends of the vertical lines (the "whiskers") in each such box indicate the							
	minimum and maximum data values in the dataset. Variability in the plotted							
	data is due to both the spatial and temporal variances as the computational							
	data are collected from across the region of interest and while the tissues							
	are responding viscoelastically to the applied negative pressure level.							
Figure 6	Influence of the foam stiffness on peri-wound epidermal effective (a) strain							
	and (b) stress levels for static negative pressures of 75, 100 and 125 mmHg.							
	Data are shown as box plots with medians represented by horizontal lines							
	with the 75 th percentile at the top and the 25 th percentile at the bottom. The							
	ends of the vertical lines (the "whiskers") in each such box indicate the							
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	data is due to both the spatial and temporal variances as the computational							
	data are collected from across the region of interest and while the tissues							
	are responding viscoelastically to the applied negative pressure level.							
Figure 7	Influence of the foam stiffness on peri-wound dermal effective (a) strain							
	and (b) stress levels for static negative pressures of 75, 100 and 125 mmHg.							
	Data are shown as box plots with medians represented by horizontal lines							
	with the 75 th percentile at the top and the 25 th percentile at the bottom. The							
	ends of the vertical lines (the "whiskers") in each such box indicate the							
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	data is due to both the spatial and temporal variances as the computational							
	data are collected from across the region of interest and while the tissues							
	are responding viscoelastically to the applied negative pressure level.							

Model component	Lamé constants λ [MPa] μ [MPa]		Viscoelastic material parameters				Numbers of elements
Epidermis ^{a,b,c}	827	34.45	0.0864	0.212	0.214	4.68	133,157
Dermis ^{a,b,c}	82.7	3.44	0.0864	0.212	0.214	4.68	174,710
Adipose ^{a,b,c}	0.0827	0.0034	0.3988	2.04	0.12381	76.96	140,173
Muscle ^c	0.659	0.071	4.836	0.016	0.423	8.59	69,918
Foam ^d	0.051	0.0057	_	_	_	_	77,079

Table 1: Mechanical properties of the model components.

^aHendricks et al., 2006 [25] ^bXu and Lu, 2009 [45] ^c Katzengold et al., 2018 [21] ^d Measured in the present study



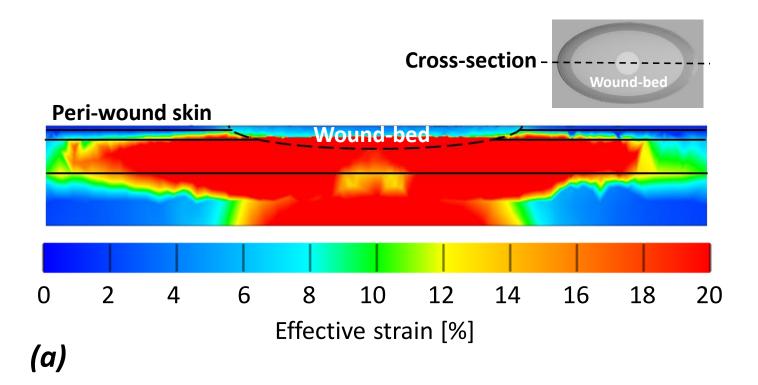
(b)

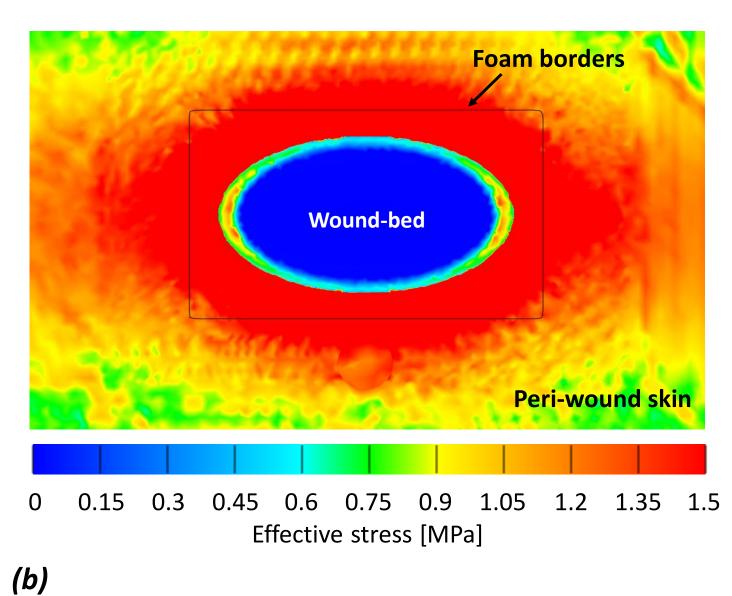
(a)

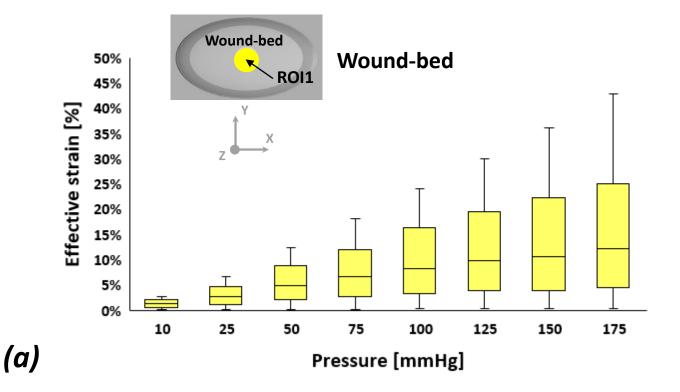
Figure 1

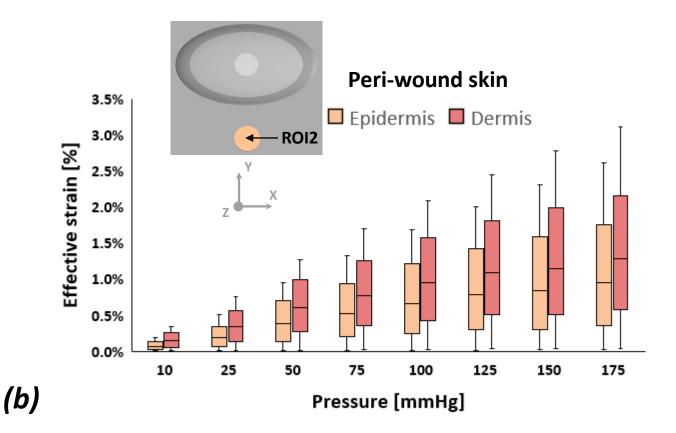
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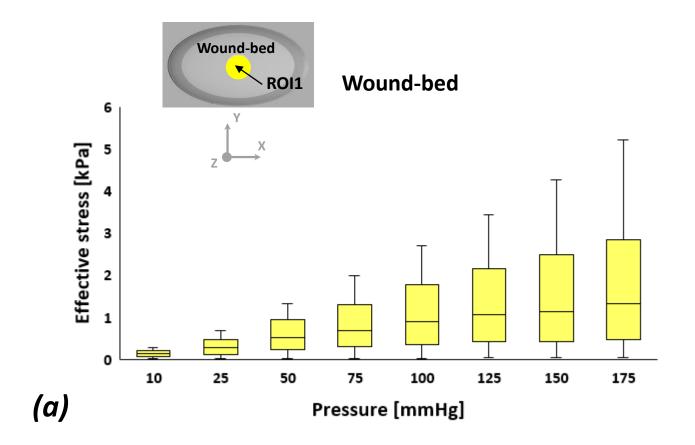
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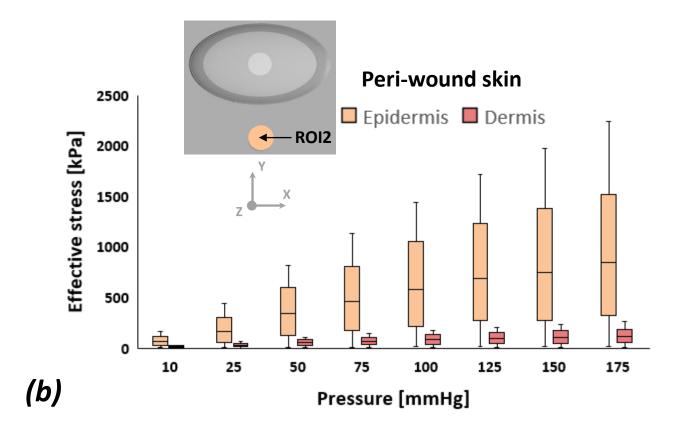


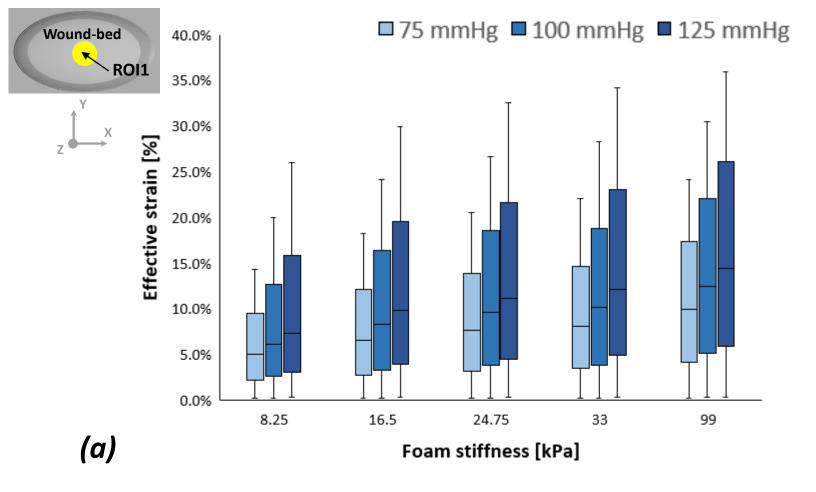


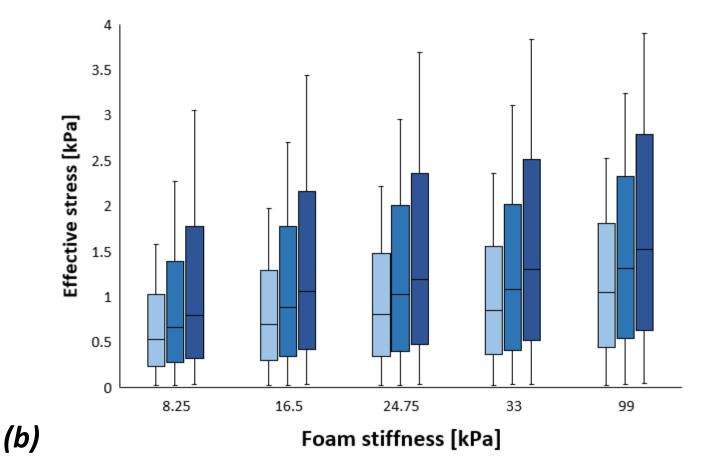


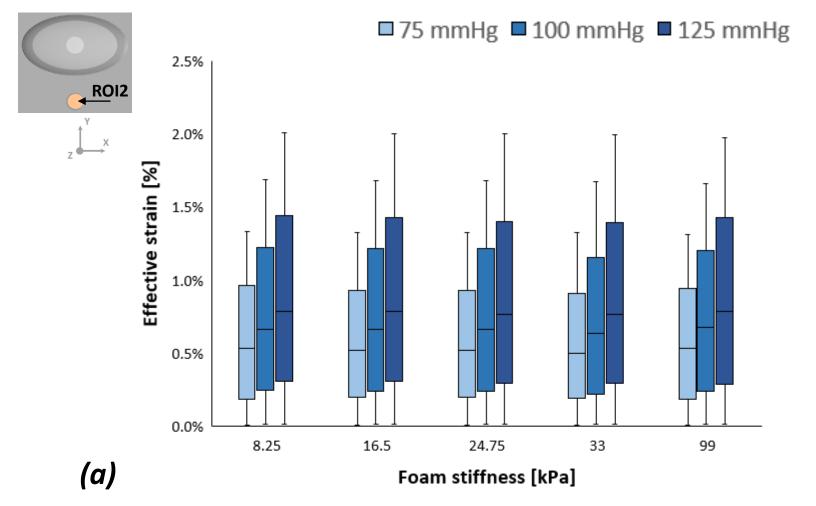


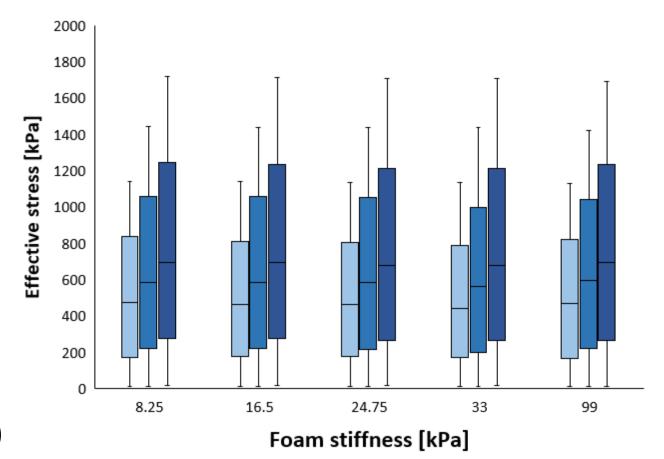












(b)

