

Life Design Lab

## Life Design in the Virtual Environment

### 2021 MCC PD CONFERENCE

Presentation by:

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studentaffairs.jhu.edu/life-design 💟 @ldlhomewood



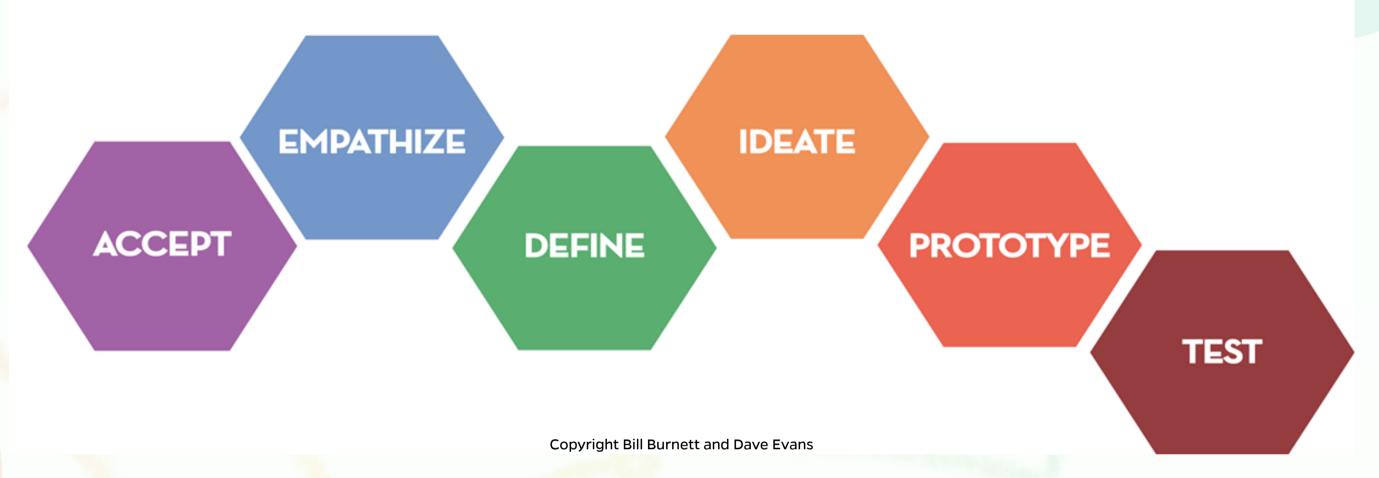
# WHAT'S LIFE DESIGN?



TESSA MCKENZIE

@TESSAMCKENZIE15

#### DESIGNING YOUR LIFE FRAMEWORK



Life Design applies design thinking to a student's pursuit of inspiration and success. As Life Design Educators, we focus on connecting students to immersive experiences and mentoring relationships. Our goal is provide opportunities that will help students integrate curricular and co-curricular learning experiences, explore their life's purpose, and make bold steps toward their desired career field.

# WHAT'S LIFE DESIGN?

### GET CURIOUS







### TRY STUFF





### WHAT SO WHAT? NOW WHAT?



SMITI NATHAN

@TRAVELLINGARCH

What?

So What?

Now What?







The Initiative

Its Significance Next Steps

# WHAT THE HECK?



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#### CELEBRATING NATIONAL ARTS & HUMANITIES MONTH



NADINE GOLDBERG

@NADINEBGOLDBERG



"A series of 10 Life Design programs in celebration of National Arts & **Humanities** Month (NAHM) in October"

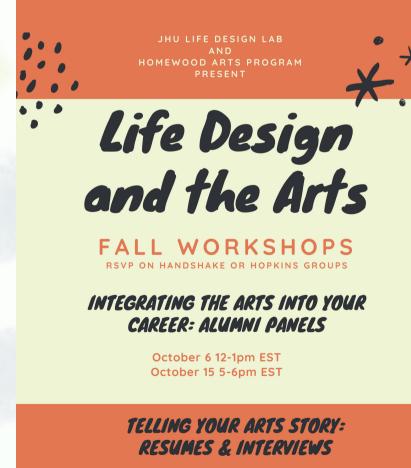


"The jam-packed calendar helped students see our commitment to supporting **Humanities majors.**"



"NAHM illustrated the power of meeting students where they're already highly engaged - whether in their academic departments or their student orgs."





#### **Writing Seminars Alumni Panel** Thurs, 10/29 | 6:00pm ET

bit.ly/jhu-nahm



October 14 12-1pm EST October 19 12-1pm EST

# EMPLOYER RELATIONS TRENDS



ALEANAIRIS NUNEZ

@ N12ALY



"By analyzing changing employer relations trends, we shifted our practices for the campus recruiting experience."

EMPLOYERS STARTED TO REDESIGN THEIR TIMELINES, ROLES, AND ONBOARDING.

2



"We offered a menu of options, focused on relevancy, and saw increased engagement on Handshake."

407

"Continuously rethinking ways on how we might be able to incorporate more design thinking frameworks in the virtual recruiting space.

EMPLOYERS WERE
INTENTIONAL ABOUT HOW
THEY COMMUNICATED THEIR
BRAND IN THE VIRTUAL
SPACE

WE SAW AN INCREASE IN VIRTUAL PROGRAMMING

# BUILDING "FAILURE IMMUNITY"



#### CIARA FLOWERS

@FLOWERSINBALTI1



"Leveraging the life design model to communicate to parents our growth mindset approach."



"Most failures have an identifiable cause and a viable solution(s) ."



"Reframing
'Failure' can help your
student get unstuck
when facing
challenges and allows
them to
determine what insights
they can use for next
time."

#### Not all failures are alike....

Screwups (S)=Simple mistakes you made that you normally get right. You don't need to learn anything here; just apologize as needed and move on.

Growth Opportunities (GO)=
Failures that have an
identifiable cause and an
available solution. We want to
direct our attention to this
type of failure.

Weaknesses (W)=Mistakes you make over and over again because of one of your abiding shortcomings. Your best strategy is to avoid situations that prompt them.

Insights (I)= Lessons you learn for real improvement. What went wrong (the critical failure factor), and what could be done differently next time (the critical success factor)?

Copyright Bill Burnett and Dave Evans

F	S	W	GO	
Had some major flubs on my presentation to campus stakeholders last week.			X	I only practiced my presentation once and added changes that I wasn't very comfortable with just an hour before.
Burned dinner!	X			I forgot to reset my timer after I checked the oven.

#### #RESILIENCEU



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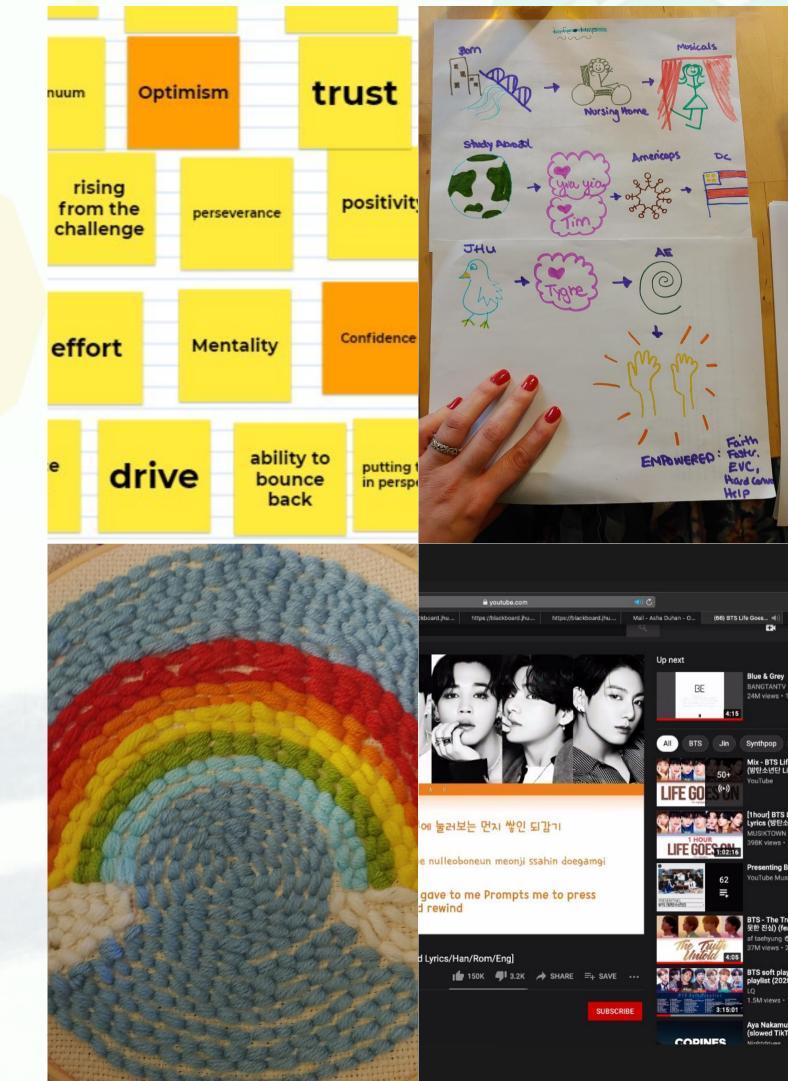
"The Course You Need Right Now: Stories, Service & Resilient Roots"



"The ability to bounce back has taken on new urgency."



"Students will author their own "profiles in resilience," testing, and iterating post-class prepared with tools and growth mindsets to live rooted in their mission, vision, and values."





**Life Design Lab** 



#### NADINE GOLDBERG

@NADINEBGOLDBERG



Join us tomorrow at Noon! Navigate Working While Black/Navigating Working with Black (Coworkers): Employer Perspective (Advocacy and Allyship)

bit.ly/3eC15bt via @HubJHU @ldlhomewood @AlaynaHayes12



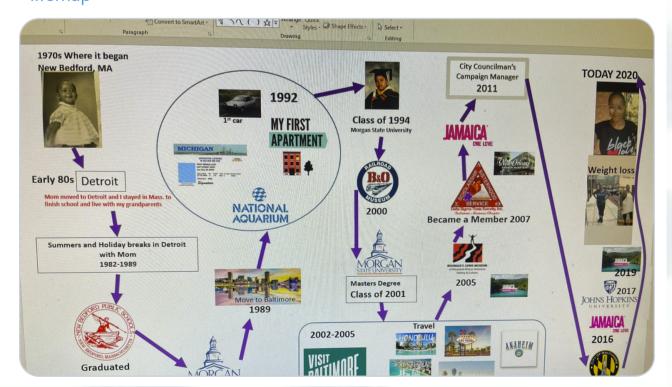
Navigate Working While Black/Navigating Working with Black... Employers from Riot Games and The Chemours Company will share their perspective in a discussion on "Navigate Working ... ⊗ hub.jhu.edu

2:54 PM · Jul 20, 2020 · Twitter Web App



Cori A. Ramos @coriaramos · Dec 15, 2020

Diversity, Equity & Inclusion Retreat for @ldlhomewood staff today! Was able to display my Life Map to the team! I enjoyed putting that together! It gave me Time to reflect back on my life and where I have been! #lifedesign #lifemap



#### This Week

for the week of **December 7, 2020** 

See more details for all events at bit.ly/LDLPrograms



**DEI Collective Info** Sessions with Carlos. Clifton, and Mike!

Finding opportunities for underrepresented minority

Mon, Dec 7th @ 6 PM

Wed, Dec 9th @ 12 PM

Tue, Dec 8th @ 4 PM

**Find Your Future** Friday with Tessa

Discusses a variety of topics with rotating quests including, industry experts, student leaders, alums, and

(LDL-TV)

Fri. Dec. 11th @ 12 PM

**DEI Collective Resume** Workshop

Get your resume ready for this great hiring event!



Louise Lassalle, PhD @louiselassalle · Jan 8

For this intercession, with @Leah Banks7 we expand our usual Biotech trek to include Medical Device companies and since we can't go to Boston this year, we invited both West Coast and East Coast companies for our virtual

@ldlhomewood @JHU\_Alumni #jhu #hopkins

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Karen Mardock @KarenMardock · Jan 4

Intersession class Day 1! Excited to spend the next two weeks with @beyondbrandable and 33 students who are exploring how to find their fit in the healthcare ecosystem.



Life Design Lab

## LET'S DISCUSS



**CONNECT WITH US**