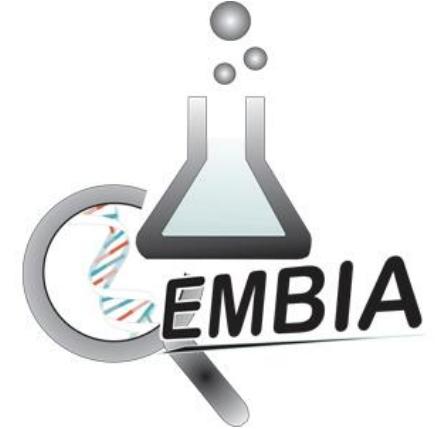




ΠΑΝΕΠΙΣΤΗΜΙΟ  
ΠΑΤΡΩΝ  
UNIVERSITY OF PATRAS



# Nicotinic Cholinergic Pathway and COVID-19

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Patras

# inspired-RIs

The National  
on Integrated Structural Biology,  
Drug Screening Efforts &  
Drug target functional characterization

**Δημόσια Δαπάνη:** € 3.818.820,00

**Θεματικός Τομέας RIs:** Υγεία και Φάρμακα

**Συμμετέχοντες Φορείς:**

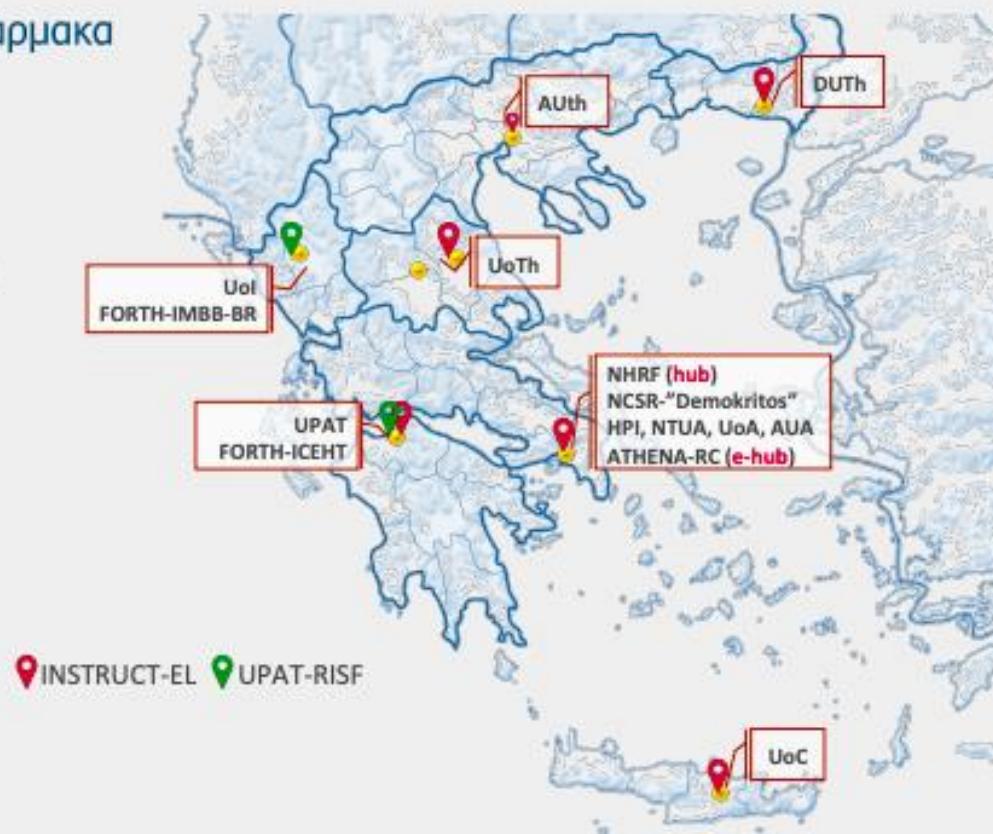
Ερευνητικά Κέντρα

1. Εθνικό Ίδρυμα Ερευνών (Συντονιστής, **Hub**)\*
2. Εθνικό Κέντρο Έρευνας Φυσικών Επιστημών – «Δημόκριτος»
3. ΙΤΕ - Ινστιτούτο Επιστημών Χημικής Μηχανικής
4. ΙΤΕ - Ινστιτούτο Μοριακής Βιολογίας & Βιοτεχνολογίας – BE
5. Ελληνικό Ινστιτούτο Παστέρ
6. Ερευνητικό Κέντρο «Αθηνά» (**e-Hub**)

Πανεπιστημιακά Ιδρύματα

7. Πανεπιστήμιο Πατρών
8. Εθνικό & Καποδιστριακό Πανεπιστήμιο Αθηνών
9. Γεωπονικό Πανεπιστήμιο Αθήνας
10. Πανεπιστήμιο Ιωαννίνων
11. Πανεπιστήμιο Θεσσαλίας
12. Πανεπιστήμιο Κρήτης
13. Δημοκρίτειο Πανεπιστήμιο Θράκης
14. Εθνικό Μετσόβιο Πολυτεχνείο

\* Αριστοτέλειο Πανεπιστήμιο Θεσσαλονίκης, μέσω του EIE



# Research team



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Tzartos NeuroDiagnostics



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**George Papadopoulos**  
University of Thessaly



**Nikolaos Alexandris**  
University of Patras



**Stathis Giotis**  
Imperial College London

# COVID-19 and smoking/vaping

REUTERS

Business Markets World Politics TV More

HEALTH NEWS MARCH 8, 2020 / 8:58 PM / 3 MONTHS AGO

**Smoking or vaping increases risks for those with coronavirus: NYC mayor**

1 MIN READ  



FILE PHOTO: New York City Mayor Bill de Blasio is seen at a news briefing in the Manhattan borough of New York City, New York, U.S., March 2, 2020. REUTERS/Andrew Kelly/File Photo

## ***Smokers and Vapers May Be at Greater Risk for Covid-19***

Tobacco and marijuana products damage lungs, where the virus does its harm. Health officials are urging people to quit, and temporary sales bans are even being discussed.



"Clean air is what the lungs should be inhaling, especially during a global pandemic," said one doctor. Antonio Perez/Chicago Tribune, via Alamy Live News

J APRIL 29, 2020

## **Smoking may explain why more men than women die of COVID-19 in Spain**

by Universitat Oberta de Catalunya



# Κάπνισμα και COVID-19

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- Οι καπνιστές υπο-εκπροσωπούνται μεταξύ των νοσηλευομένων από COVID-19
- Οι καπνιστές έχουν μικρότερη πιθανότητα να διαγνωστούν από COVID-19
- Οι καπνιστές έχουν μεγαλύτερη πιθανότητα να αναπτύξουν σοβαρή νόσο ΕΦ' ΟΣΟΝ νοσηλευθούν
- Το κάπνισμα είναι επιβαρυντικός παράγοντας για βαριά νόσο μεταξύ του μικρού ποσοστού των καπνιστών που θα αναπτύξουν βαριά νόσο και που θα απαιτήσει νοσηλεία

# Current smoking, former smoking, and adverse outcome among hospitalized COVID-19 patients: a systematic review and meta-analysis

Konstantinos Farsalinos<sup>ID</sup>, Anastasia Barbouni, Konstantinos Poulas, Riccardo Polosa<sup>ID</sup>, Pasquale Caponnetto and Raymond Niaura

*Ther Adv Chronic Dis*  
2020, Vol. 11: 1–14  
DOI: 10.1177/  
2040622320935765  
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EUROPEAN RESPIRATORY journal

FLAGSHIP SCIENTIFIC JOURNAL OF ERS

Early View

Original article

Characteristics and risk factors for COVID-19 diagnosis and adverse outcomes in Mexico: an analysis of 89,756 laboratory-confirmed COVID-19 cases

Theodoros V. Giannouchos, Roberto A. Sussman, José M. Mier, Konstantinos Poulas, Konstantinos Farsalinos



International Journal of  
*Environmental Research*  
*and Public Health*

Article

## A Systematic Review and Meta-Analysis of Hospitalised Current Smokers and COVID-19

Jesus González-Rubio<sup>1,†</sup>, Carmen Navarro-López<sup>2</sup>, Elena López-Nájera<sup>3</sup>, Ana López-Nájera<sup>4</sup>, Lydia Jiménez-Díaz<sup>5,\*</sup>, Juan D. Navarro-López<sup>5,\*</sup> and Alberto Nájera<sup>1,\*</sup>

The number of hospitalised smokers was smaller than expected based on the smoking prevalence in the different countries. The meta-analysis results obtained in China, the US and Italy indicated that a smoking habit lowers the likelihood of being hospitalised by COVID-19.



# Κάπνισμα και COVID-19

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- Οι καπνιστές υπο-εκπροσωπούνται μεταξύ των νοσηλευομένων από COVID-19
- Οι καπνιστές έχουν μικρότερη πιθανότητα να διαγνωστούν από COVID-19
- Οι καπνιστές έχουν μεγαλύτερη πιθανότητα να αναπτύξουν σοβαρή νόσο ΕΦ' ΟΣΟΝ νοσηλευθούν
- Το κάπνισμα είναι επιβαρυντικός παράγοντας για βαριά νόσο μεταξύ του μικρού ποσοστού των καπνιστών που θα αναπτύξουν βαριά νόσο και που θα απαιτήσει νοσηλεία
- **ΓΙΑΤΙ?**



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Editorial: Nicotine and SARS-CoV-2: COVID-19 may be a disease of the nicotinic cholinergic system

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EUROPEAN RESPIRATORY *journal*

FLAGSHIP SCIENTIFIC JOURNAL OF ERS

Early View

Correspondence

## COVID-19 and the nicotinic cholinergic system

Konstantinos Farsalinos, Athina Angelopoulou, Nikos Alexandris, Konstantinos Poulas

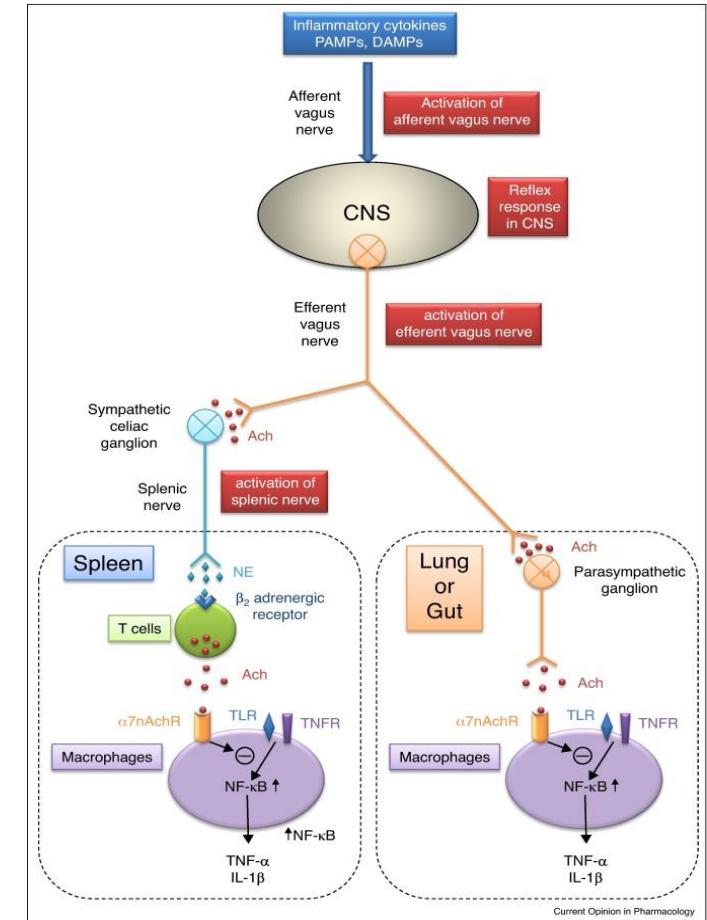
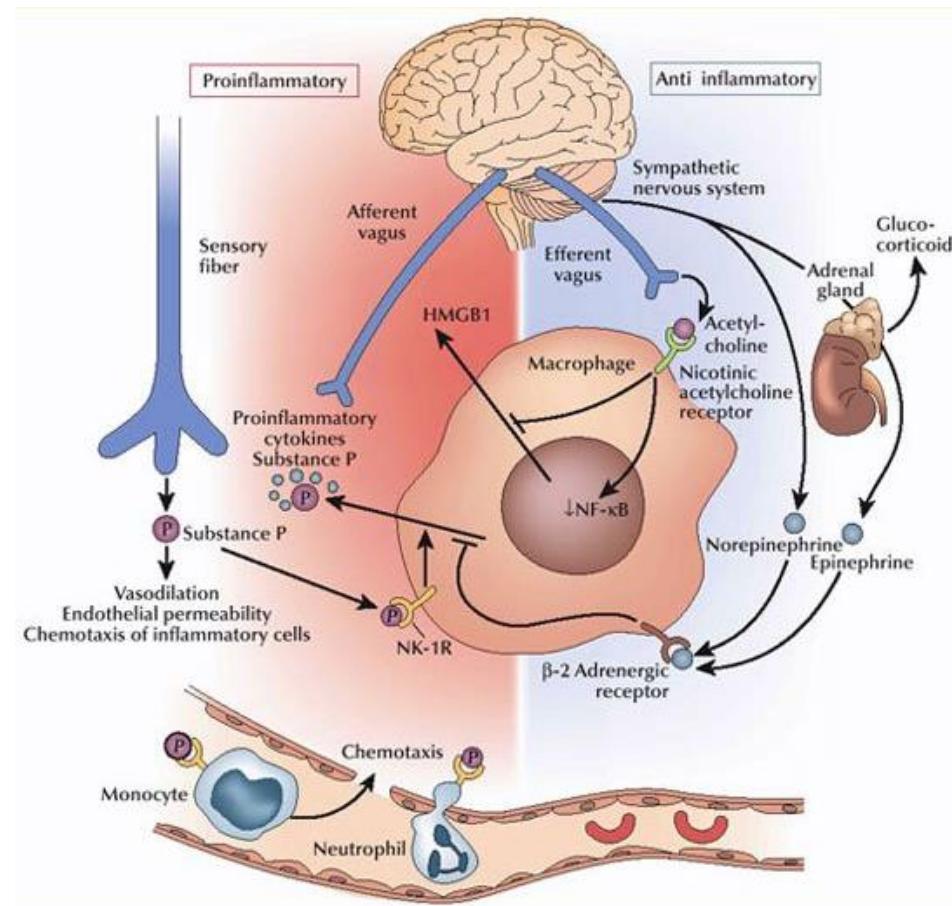
# Nicotinic receptors and SARS-CoV-2

Low smoking prevalence among hospitalized COVID-19 patients generated a new hypothesis about an interaction between SARS-CoV-2 and nicotinic cholinergic system

## Cholinergic anti-inflammatory pathway

Matthay et al., Nature Med 2004

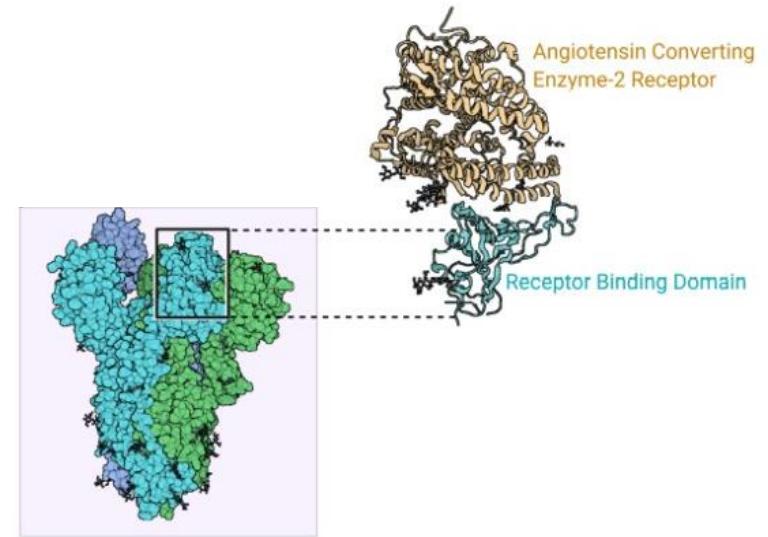
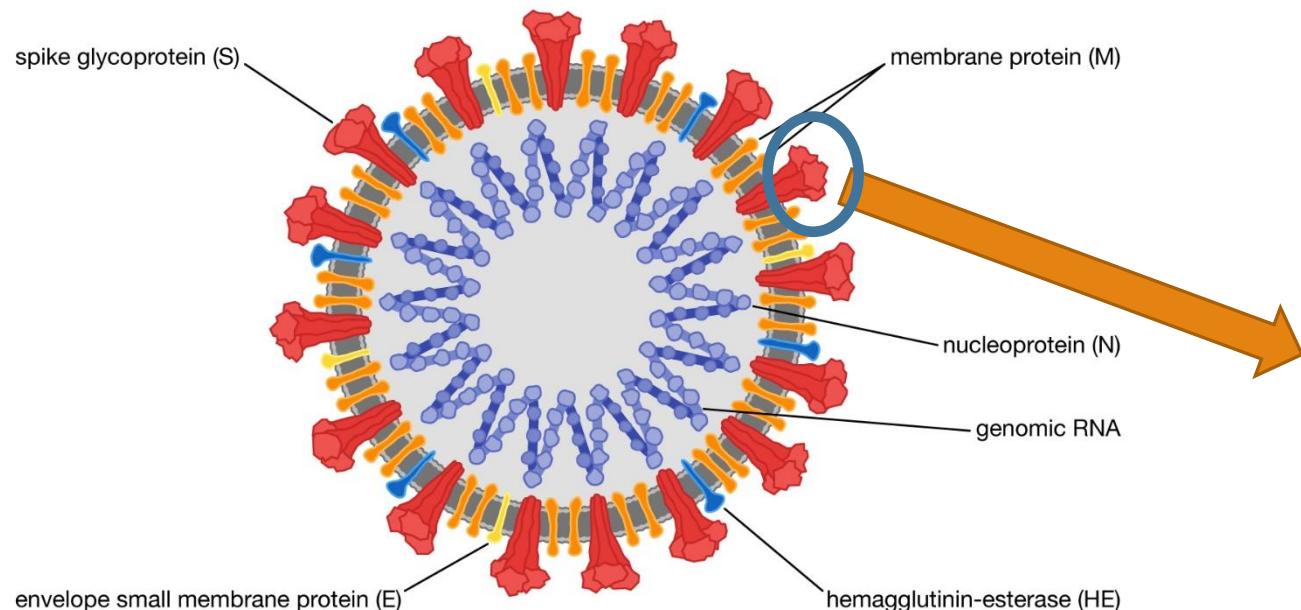
Yamada et al. Curr Opin Pharmacol 2018



Current Opinion in Pharmacology

# SARS-CoV-2 and ACE2

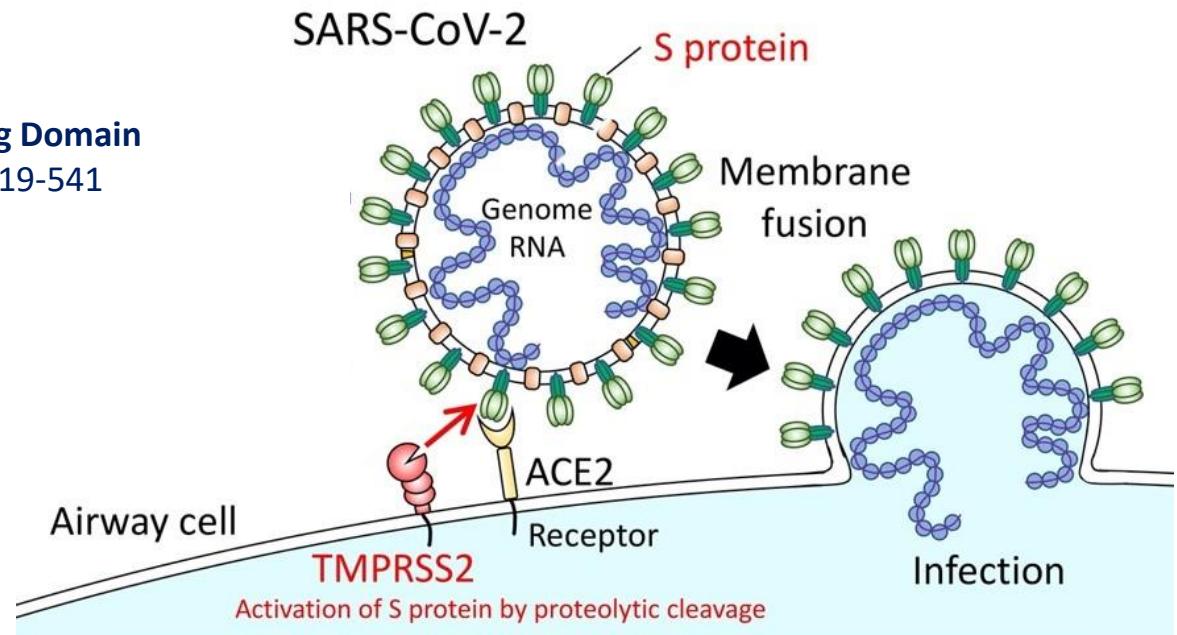
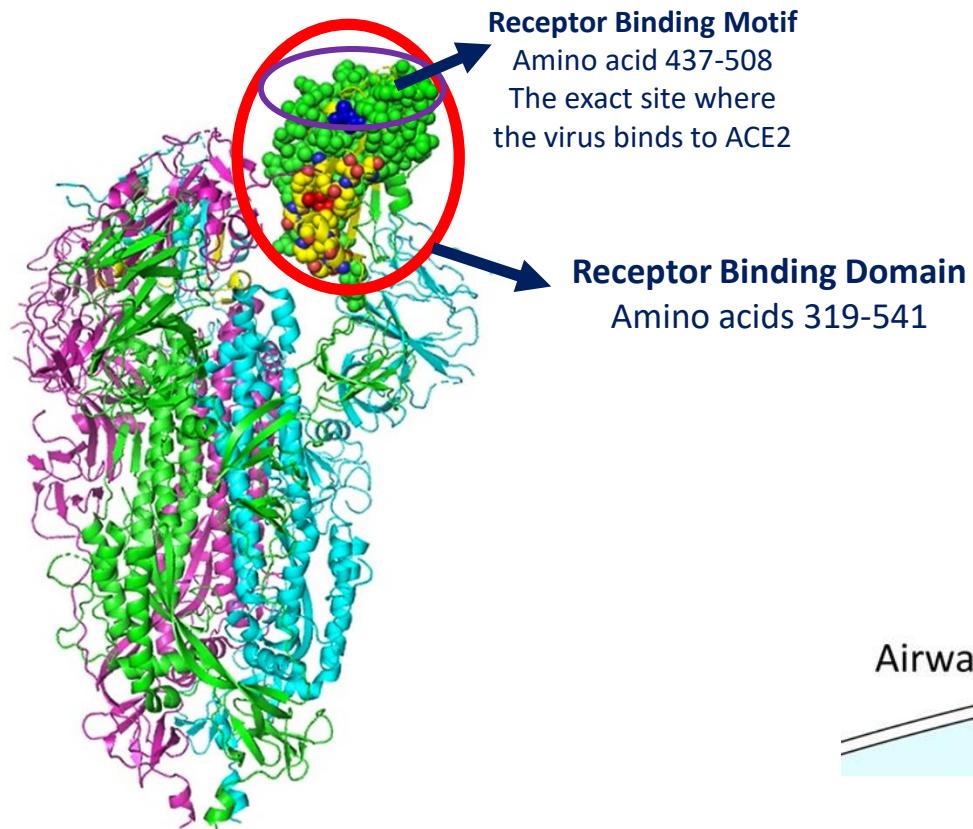
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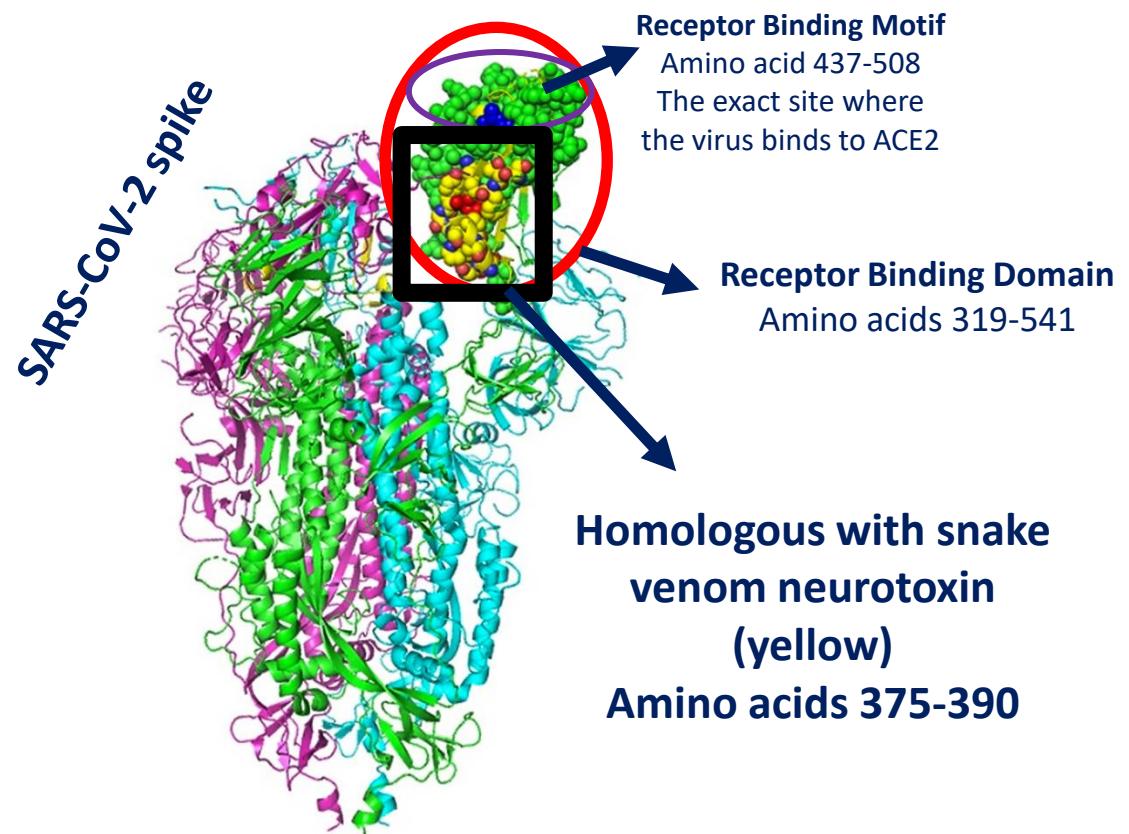
SARS-CoV-2 Structure. Contributed by Rohan Bir Singh, MD; Made with Biorender.com. Casella et al., STATPEARLS 2020.

# SARS-CoV-2 and ACE2

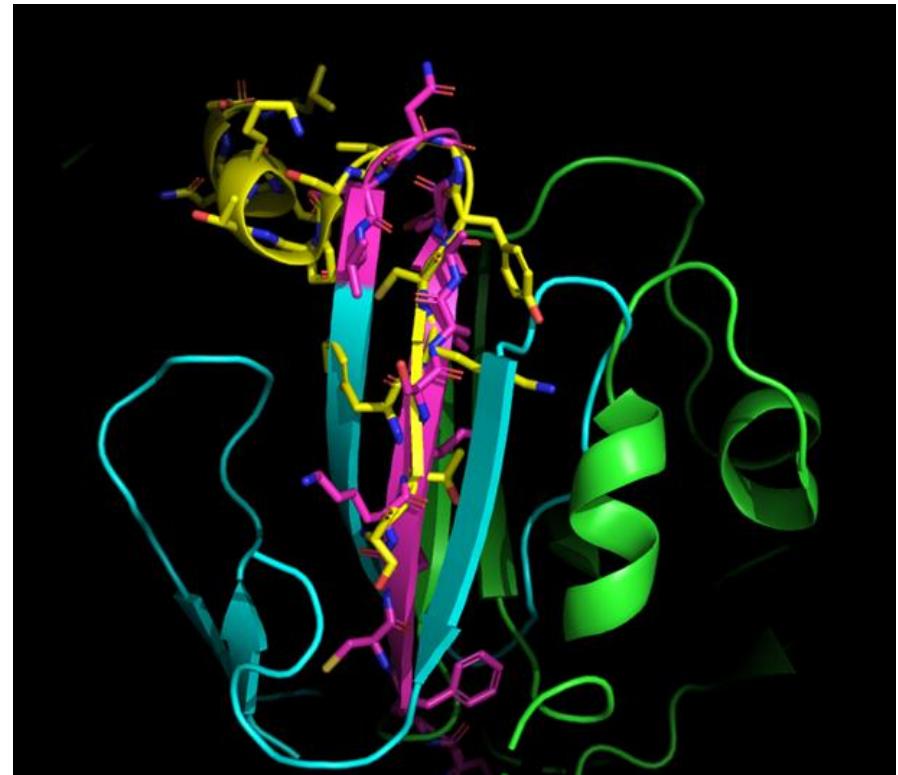


Hoffman et al., Antimicrob Agents Chemother. 2020

# A direct interaction?

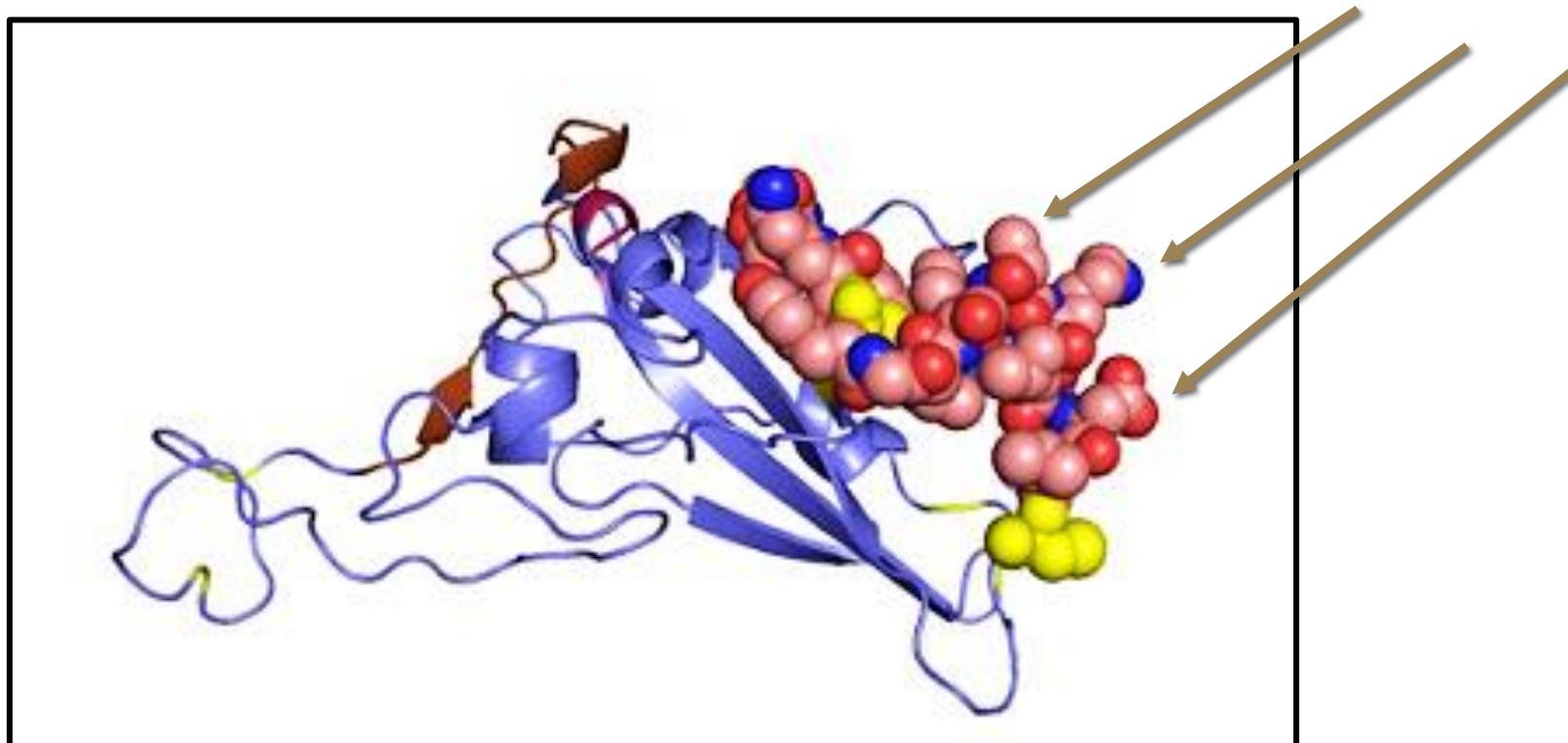


Snake venom toxins bind to nAChRs

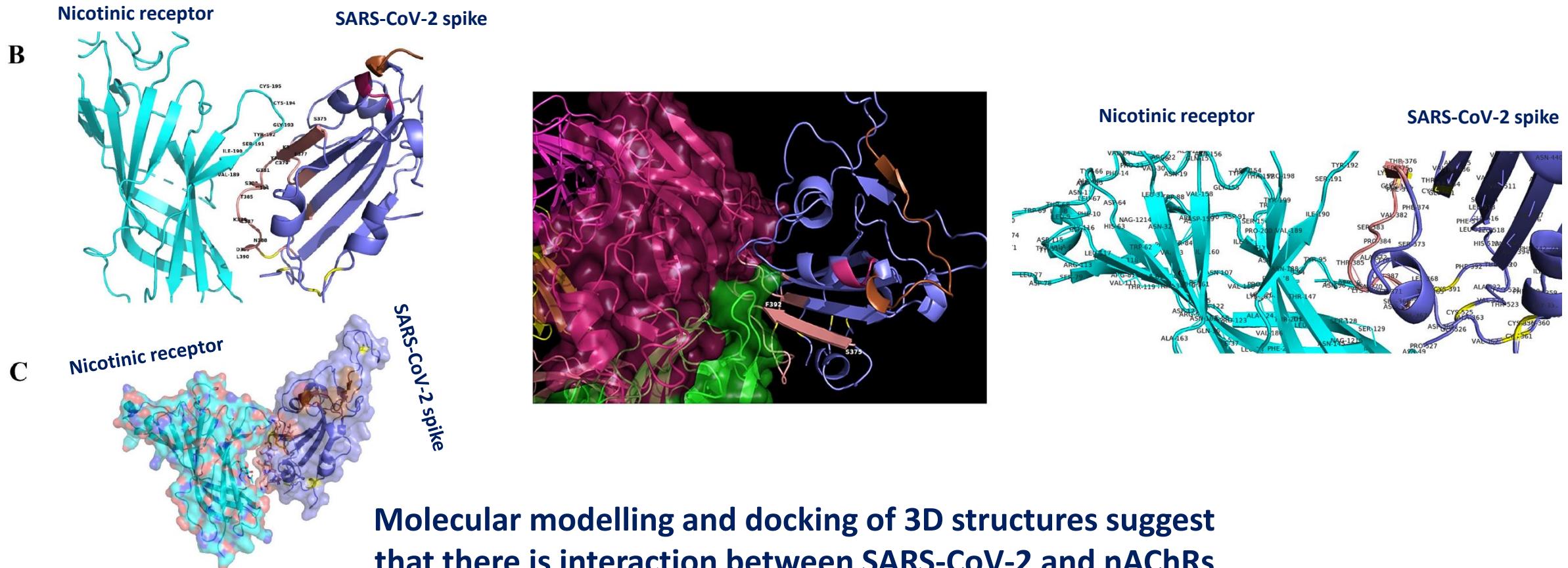


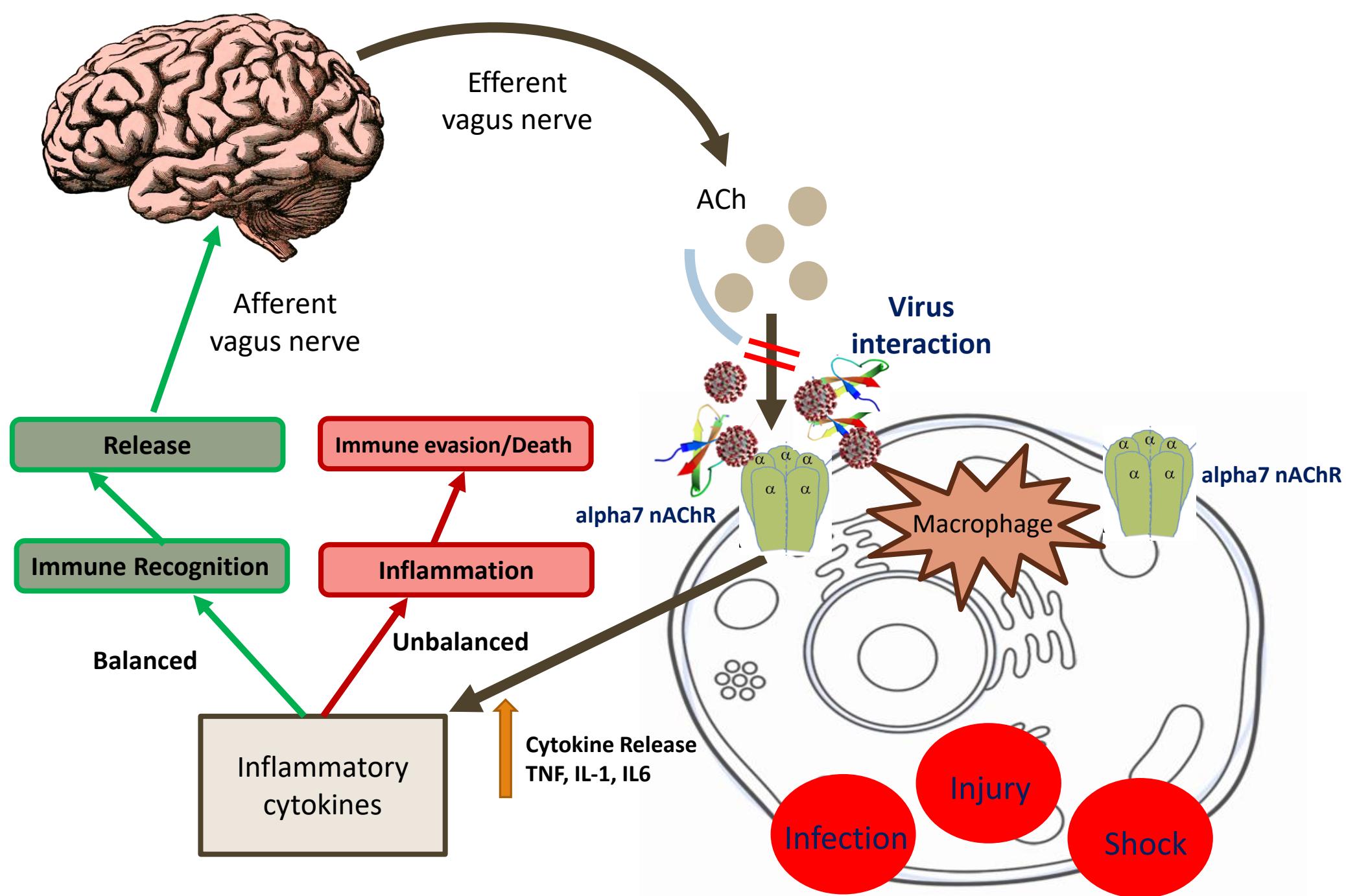
Farsalinos et al., Int J Mol Sci 2020

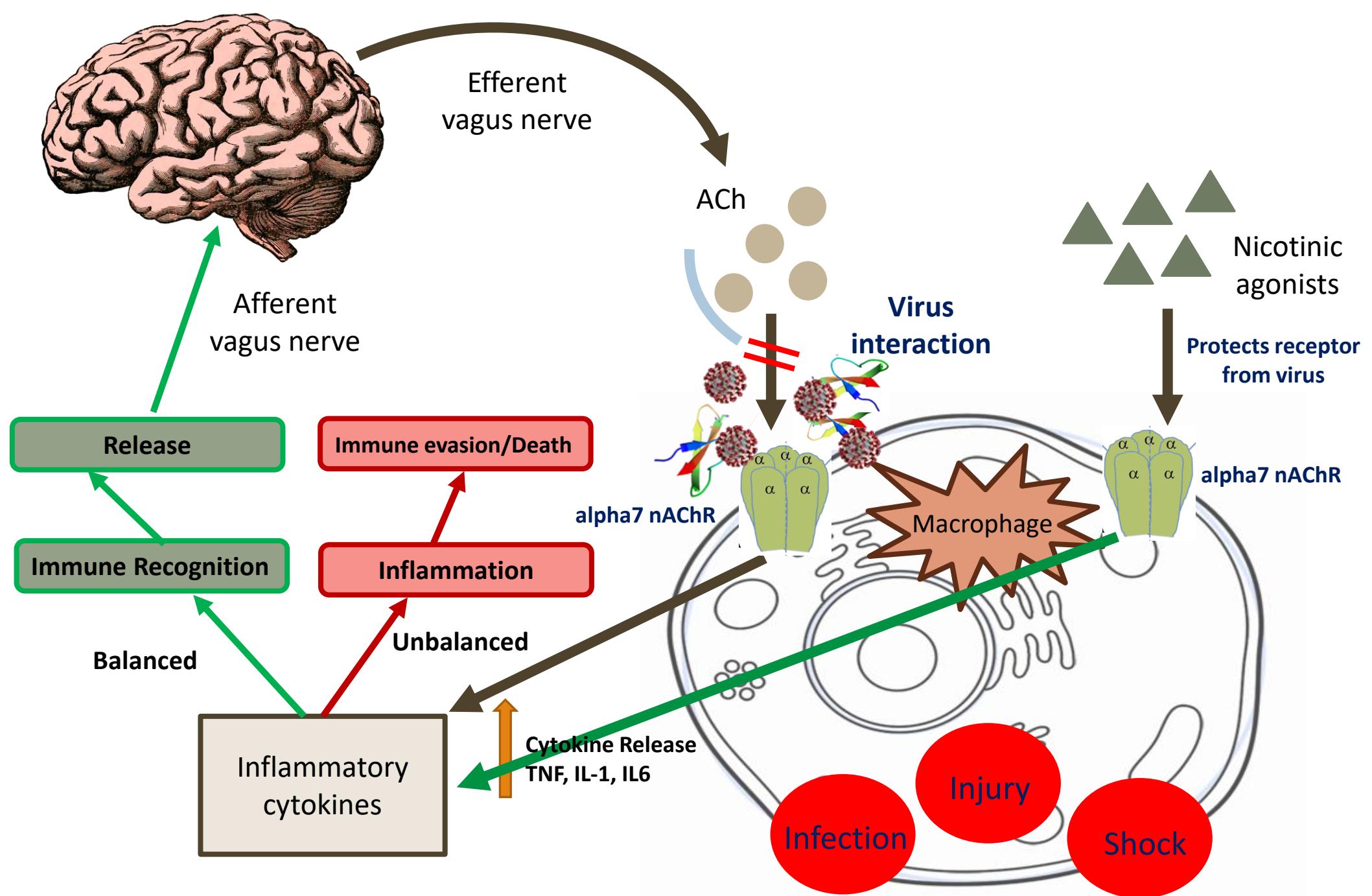
*Three finger  
snake toxin*



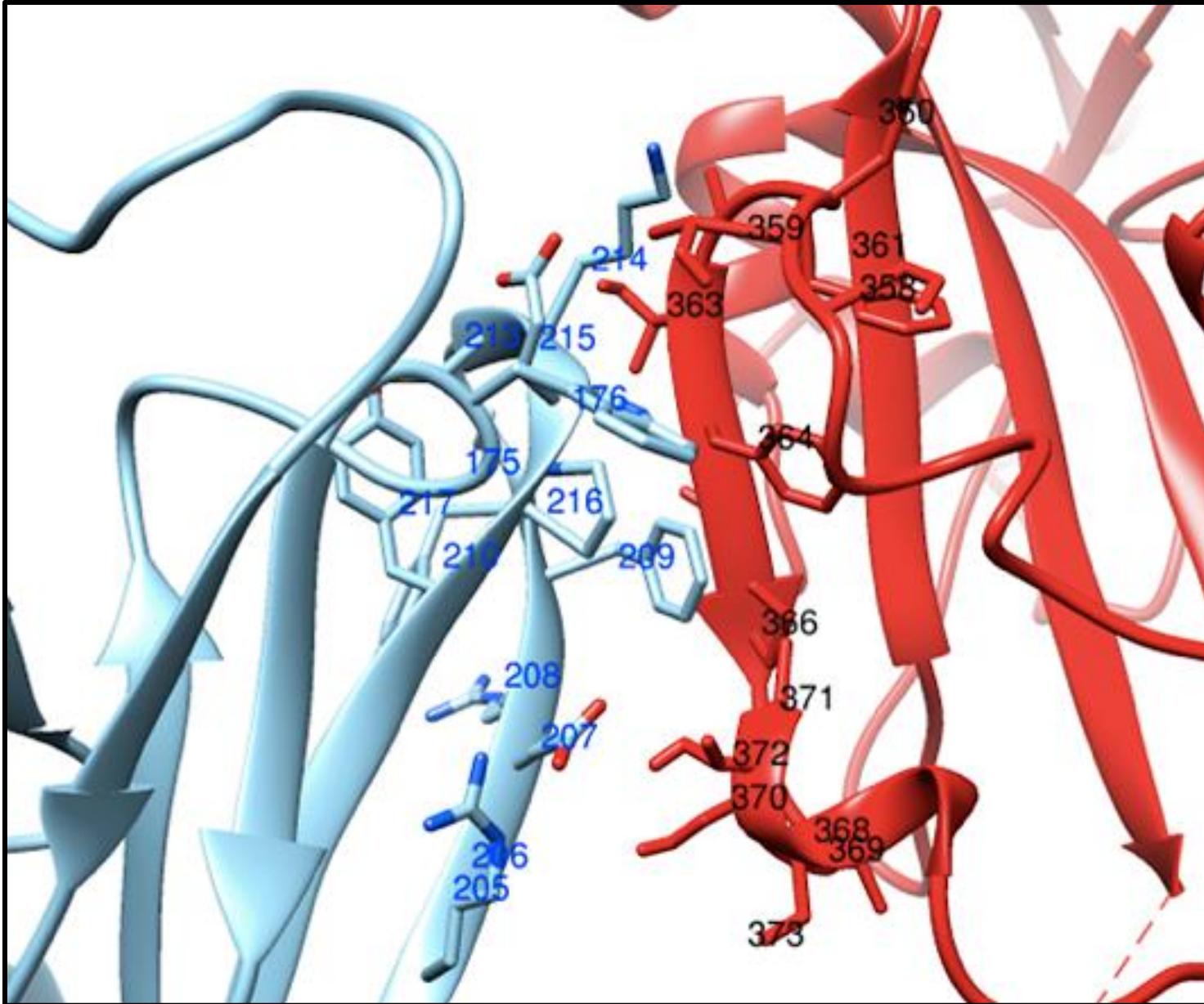
# A direct interaction?







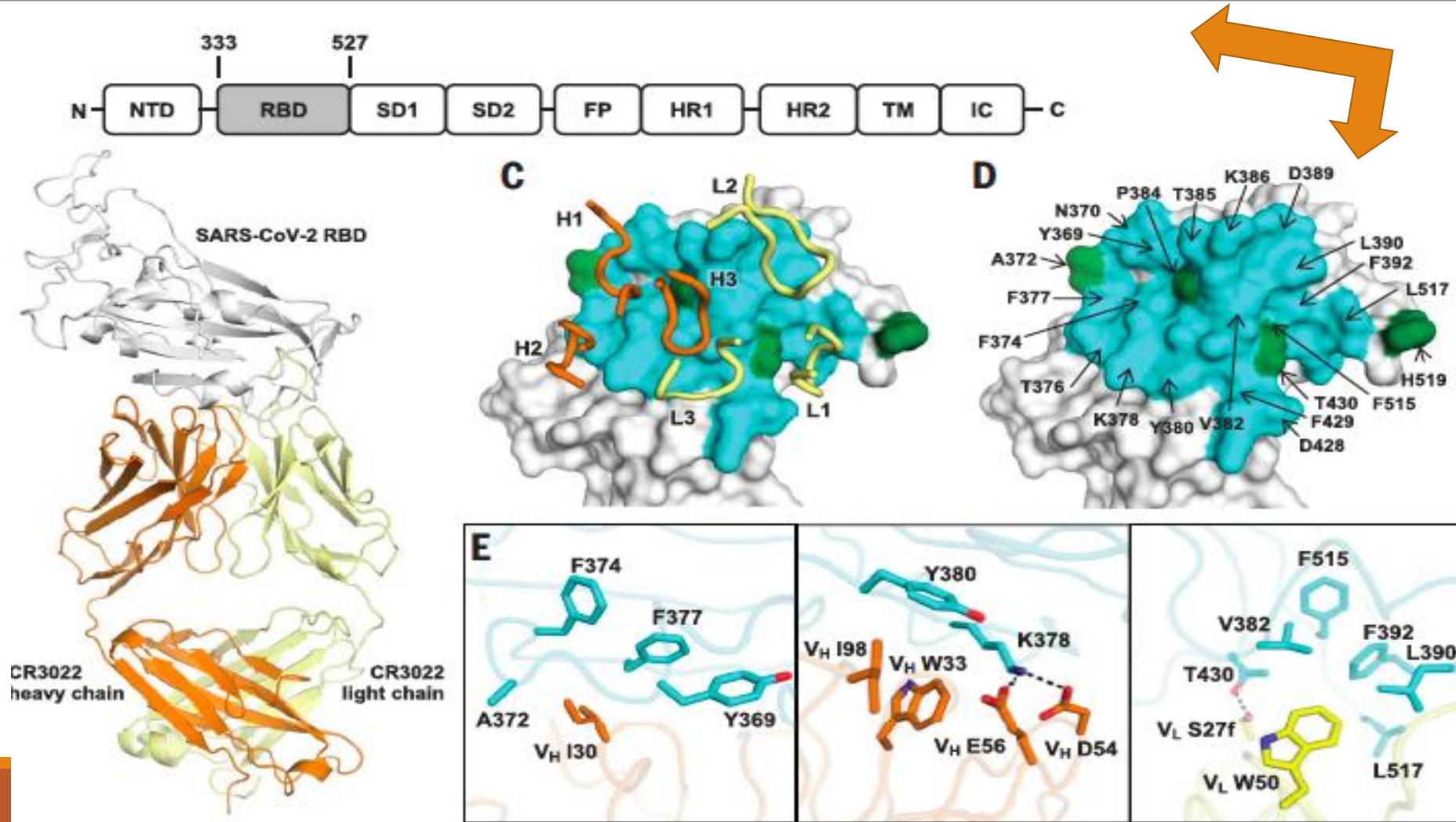
G  
L  
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I  
N



nAChR

This group has identified the binding of a human antibody to the SPIKE PROTEIN

\*\*\*\*\*THE MAIN EPITOPE IS aa 375--390\*\*\*\*\*



A highly conserved cryptic epitope in the receptor binding domains of SARS-CoV-2 and SARS-CoV

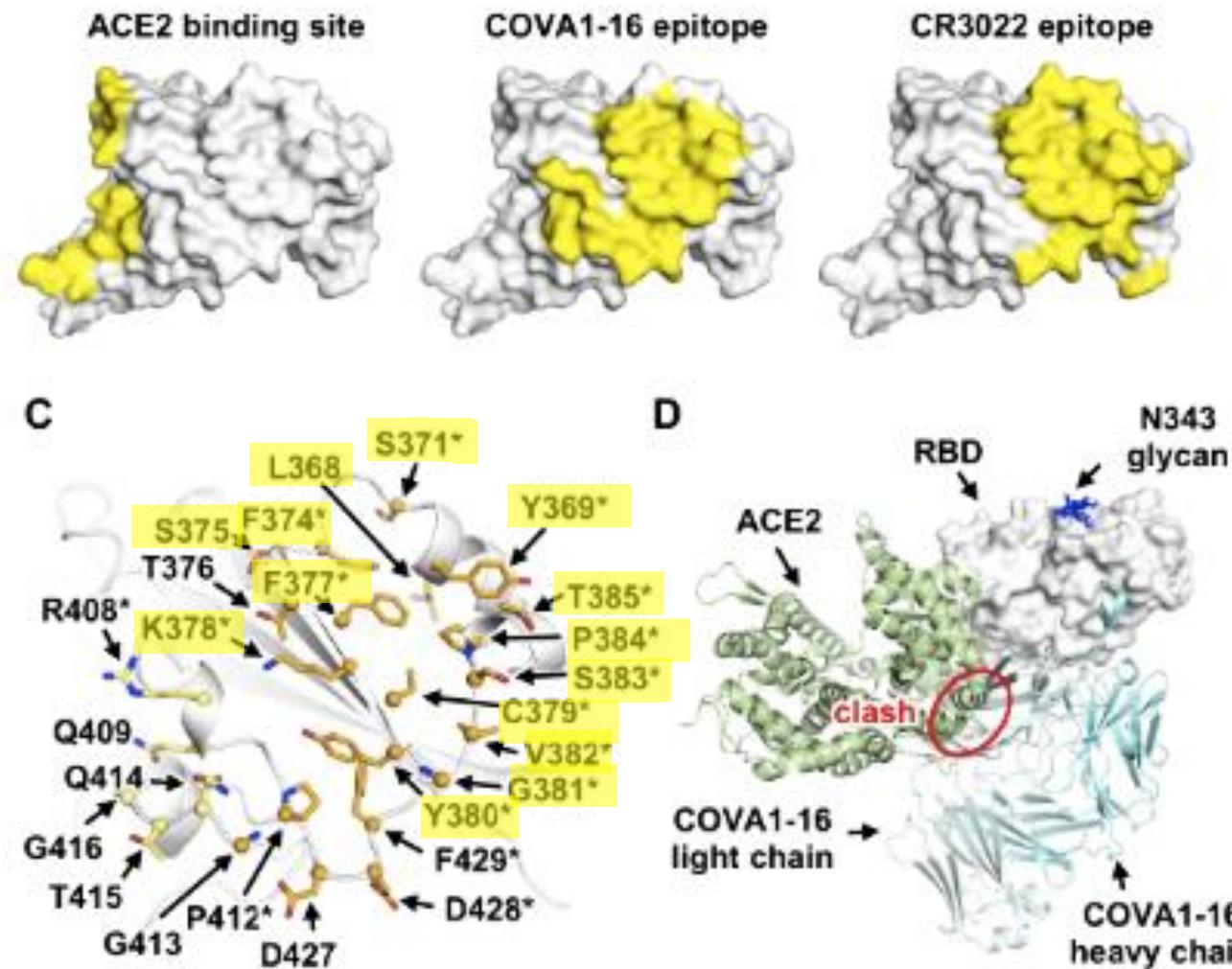
This group has identified the binding of a human antibody  
to the SPIKE PROTEIN

\*\*\*\*\*THE MAIN EPITOPE IS aa 375--390\*\*\*\*\*

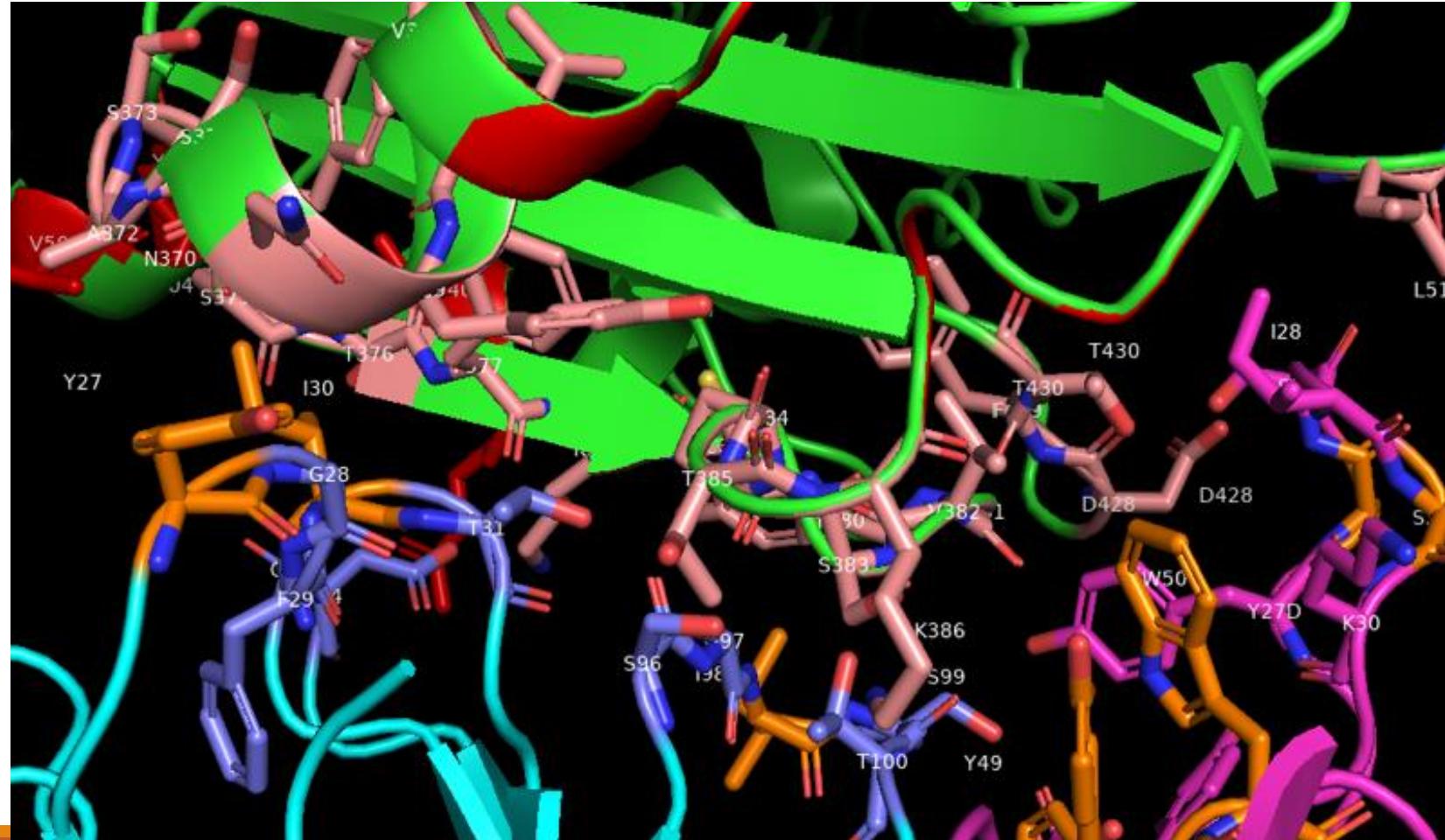
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|                |     |  |     |
|----------------|-----|--|-----|
| SARS-CoV RBD   | 306 | RVVPSGDVVRFPNITNLCPFGEVFNATKFPSVYAWERKKISNCVADYSVL     | 355 |
| SARS-CoV-2 RBD | 319 | RVQPTESIVRFPNITNLCPFGEVFNATRFASVYAWNRKRISNCVADYSVL     | 368 |
| SARS-CoV RBD   | 356 | YNSTFF*STFKCYGVSA*TKLNDLCFSNVYADSFVVKGDDVRQIAPGQTGVI   | 405 |
| SARS-CoV-2 RBD | 369 | YNSASF*STFKCYGVSP*TKLNDLCFTNVYADSFVIRGDEV*VRQIAPGQTGKI | 418 |
| SARS-CoV RBD   | 406 | ADNYKLPDDFMGCVLAWNTRNIDATSTGNHNYKYRYLRHGKL*P*FERDI     | 455 |
| SARS-CoV-2 RBD | 419 | ADNYKLPDDFTGCVIAWNSNNLDSKVGGN*NYLYRLFRKSNLKP*FERDI     | 468 |
| SARS-CoV RBD   | 456 | SNVPFSPDGKPCTP-PALNCYWPLNDYGFYTTTGIGYQPYRVVVLSFELL     | 504 |
| SARS-CoV-2 RBD | 469 | STEIYQAGSTPCNGVEGFNCYFPLQS*YGFQPTNGVGYQPYRVVVLSFELL    | 518 |
| SARS-CoV RBD   | 505 | NAPATVCGPKLSTDLIK*KNQCVNF                              | 528 |
| SARS-CoV-2 RBD | 519 | HAPATVCGPKKSTNLVKNKCVNF                                | 541 |

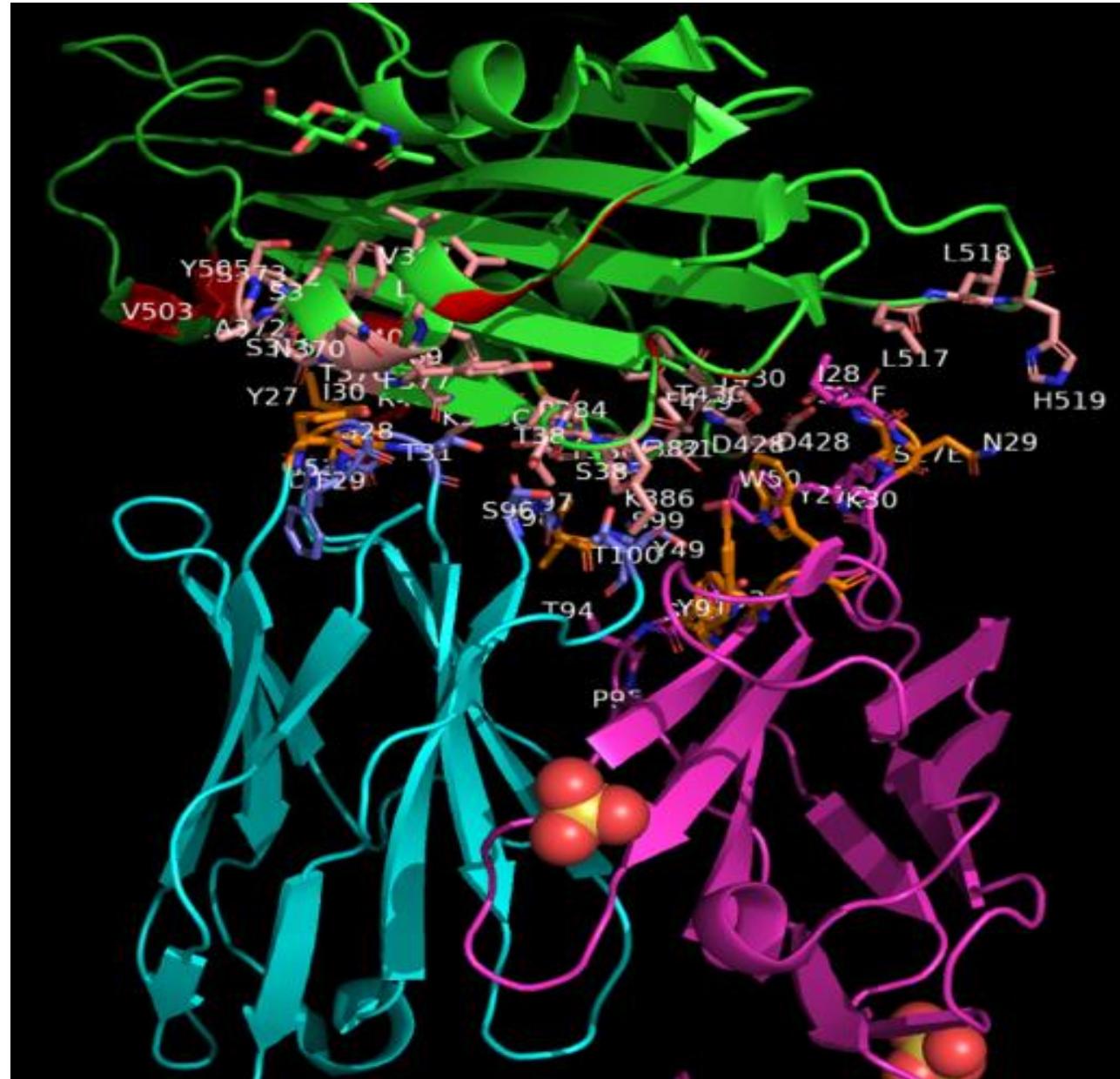
# The epitopes for CR3022 and COVA1-16 coincides with the toxin-like epitope 375-390



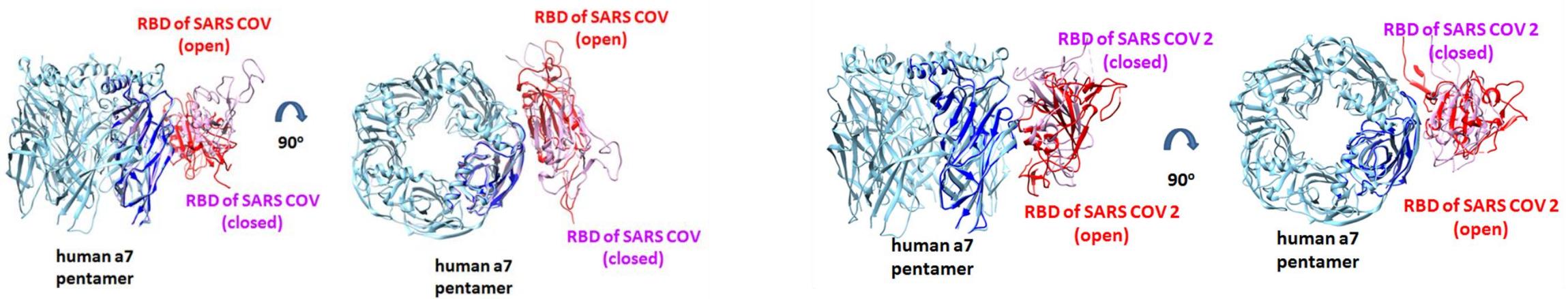
# HUMAN ANTIBODIES - MUTANTS



I N T E R A C T I O N  
O F T H E M U T A N T S  
W I T H  
S A R S - C O V - 2  
S P I K E



# Similar interaction with SARS-CoV 2003 epidemic



Similar interaction with both SARS-CoV and SARS-CoV-2

# Limitations

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- Still a hypothesis under investigation
- Other factors could explain the findings (sociodemographic, under-reporting or false reporting of smoking status, no objective assessment of smoking status)
- No clinical proof that nicotinic agonists affect COVID-19 progression – Clinical trials needed

# Preliminary results

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Clinical trials are on the way with two “cholinergic agonists” mixtures

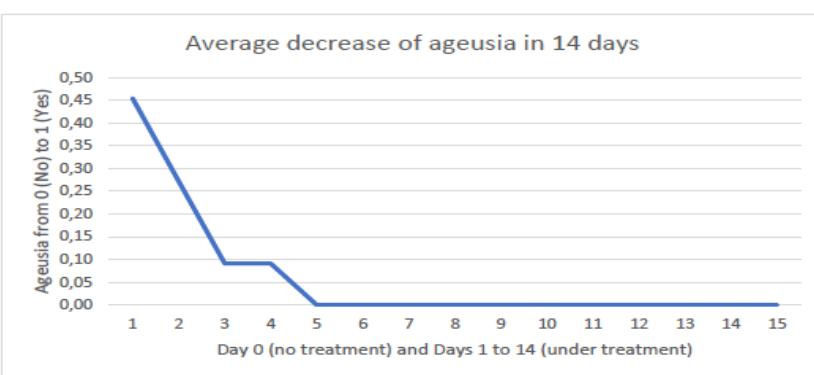
- phytotherapeutic version of the product containing following plants extracts combinations with specific formulations and from special plant varieties: *nicotiana* sp., *Zingiber officinale*, *Allium sativum*, *Curcuma longa*, and *Piper nigrum*.
- Synthetic version of the product containing (among other) following molecules and a preferred combination of two or two plus some other of : nornicotine, anabasine, anabaseine, anatabine, cotinine, myosmine, N-formylnicotine, isonicotine, nicotyrine, S-allylcysteine, S-allyl mercaptocysteine, 6-shogaol, 6-gingerol, and curcumin.

## AGEUSIA

Day 0 (before starting treatment). Niccovid/Yanavir treatment from Day 1 to Day 14

| Initial and final values of ageusia | Day 0 | Day 14 |
|-------------------------------------|-------|--------|
| Maximum value ageusia               | 1     | 0      |
| Minimum value ageusia               | 0     | 0      |
| Average value ageusia               | 0,45  | 0      |

| Percentage improvement in ageusia             | Value in % |
|---|------------|
| Percentage improvement in ageusia at 24 hours | 40%        |
| Percentage improvement in ageusia at 48 hours | 80%        |
| Percentage improvement in ageusia at 72 hours | 80%        |
| Percentage improvement in ageusia at day 14   | 100%       |



## ANOSMIA

Day 0 (before starting treatment). Niccovid/Yanavir treatment from Day 1 to Day 14

| Initial and final values of anosmia | Day 0 | Day 14 |
|-------------------------------------|-------|--------|
| Maximum value anosmia               | 1     | 0      |
| Minimum value anosmia               | 0     | 0      |
| Average value anosmia               | 0,55  | 0      |

| Percentage improvement in anosmia          | Value in % |
|--|------------|
| Percentage improvement anosmia at 24 hours | 33%        |
| Percentage improvement anosmia at 48 hours | 50%        |
| Percentage improvement anosmia at 72 hours | 67%        |
| Percentage improvement anosmia at day 14   | 100%       |

- Flag icon Research in order to identify the direct interaction between SPIKE and nAChRs (COLLABORATION: IMPERIAL COLLEGE)
- Flag icon Clinical trials for nicotine and varenicline
- Flag icon Peptide synthesis – Competition experiments (MERCK ISRAEL)
- Flag icon ELISA development – Biomarker characterization
- Flag icon Mouse, Human, Humanized antibody production (WEIZMANN INSTITUTE-ISRAEL)

# Conclusions

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- Severe COVID-19 is a disease of immune dysregulation and hyper-inflammation (cytokine storm).
- The nicotinic cholinergic system is an immune modulator.
- Smokers appear to be under-represented among hospitalized COVID-19 patients.
- Nicotine is the most plausible candidate for smoking-related effects.
  - Smoking is expected to mask the potential benefits of nicotine.
- Hypothesis
  - Protective effect on nicotinic acetylcholine receptors which may be dysregulated by the virus.
  - Hospitalization results in abrupt cessation of nicotine intake (unless NRTs are administered during hospitalization) → plasma nicotine levels non-detectable within 10-12 hours after hospital admission → unsaturated receptors → possible harm due to abrupt nicotine cessation
- Mechanisms are still under investigation.

A wide-angle photograph of a cable-stayed bridge at sunset. The bridge's towers and cables are silhouetted against a bright sky. In the foreground, a rocky beach with smooth stones and driftwood is visible, leading towards the bridge. The water is calm with gentle waves. In the background, distant hills or mountains are visible across the horizon.

**THANK YOU**