Erasmus School of Health Policy & Management

Generating population weights for the Well-being of older people measure (WOOP)

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Methodological choices, Pre-study and next steps

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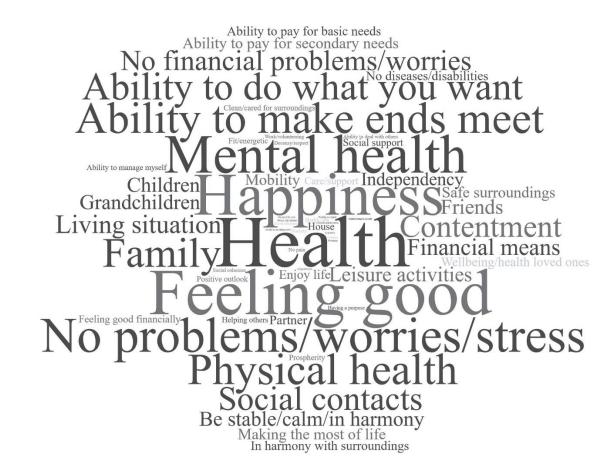


Disclaimer

- Was not involved in the generation process of the measure
- Not a complete expert in health/well-being state valuation (yet)
- At this stage any input welcome, as it is before data collection



Wellbeing of older people



The wellbeing of older people measure (WOOP)

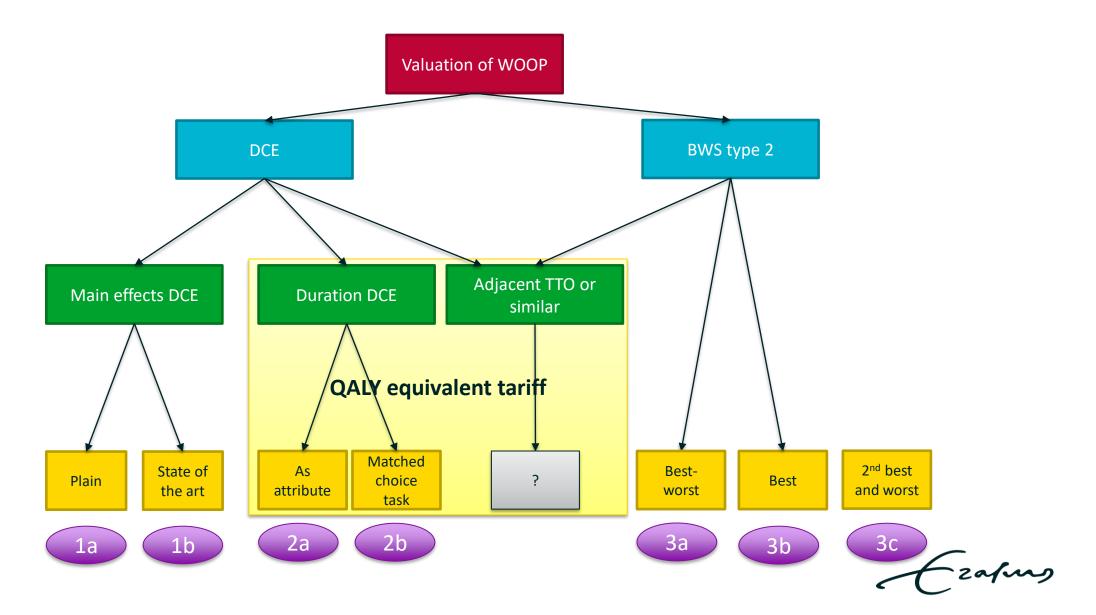
- Measure aims to capture all relevant wellbeing domains in older people (65+) in terms of functionings (Hackert et al., 2019)
- Selection of nine dimensions based on the findings of a Q-methodology study among Dutch seniors (n=53)
- First promising results for validity and test-retest reliability in the Dutch context (Hackert et al., 2020)
- A 5-point Likert response scale was assigned to each item, to ensure relatively easy choices while keeping sufficient discriminatory power



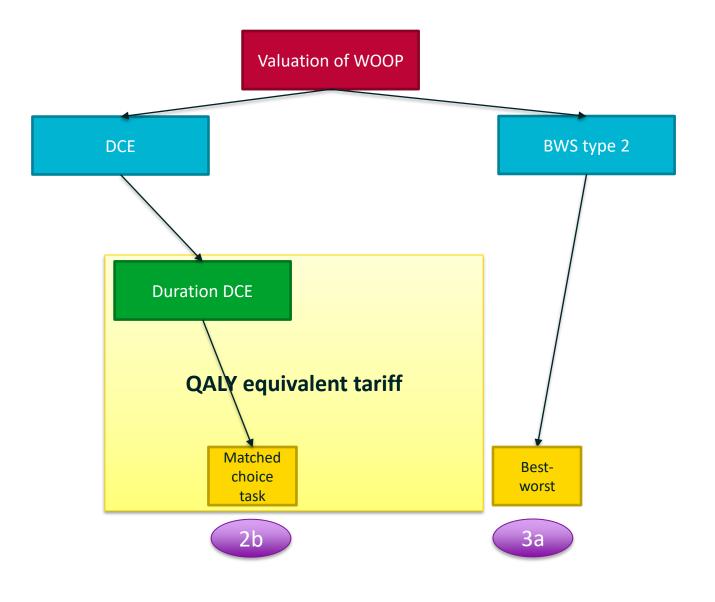


The nine dimensions of wellbeing in the WOOP I have slight problems with my physical health Physical health 17 Living situation I am almost unable to make ends meet Making ends Social contacts meet I am dissatisfied with the support I receive ŵ Receiving Independency support Acceptance and Feeling useful resilience \checkmark zafing

Considered options for valuation



Considered options for valuation



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How to choose?

- Cognitive burden and feasibility were our main concern
- Cognitive burden of BWS exercises was claimed to be lower than the cognitive burden of answering DCE tasks (Flynn, 2010)
- So far, however, only little evidence exists pointing toward lower cognitive burden of BWS tasks (Whitty et al., 2017)



Pre-study for assess cognitive burden of

...this task ...

Example: Which of the described well-being states do you prefer, A or B? Hint: Put the cursor above the underlined elements to receive further information on the dimensions.

| | Α | В | |
|-------------------------|------------------------------|--------------------------|--|
| <u>Physical health</u> | Very well able to cope | Very well able to cope | |
| <u>Mental health</u> | Feeling dependent | Feeling dependent | |
| <u>Social contacts</u> | Reasonably able to meet ends | Barely able to meet ends | |
| Receiving support | Feeling unuseful | Feeling unuseful | |
| <u>Acceptance</u> | Dissatisfied | Dissatisfied | |
| Feeling useful | Moderate problems | Slight problems | |
| Independency | Slight problems | Moderate problems | |
| <u>Making ends meet</u> | Very dissatisfied | Satisfied | |
| Living situation | Dissatisfied | Dissatisfied | |
| | \bigcirc | \bigcirc | |

• Color coded and level-overlapped DCE task (Jonker et al., 2018)

...or this task.

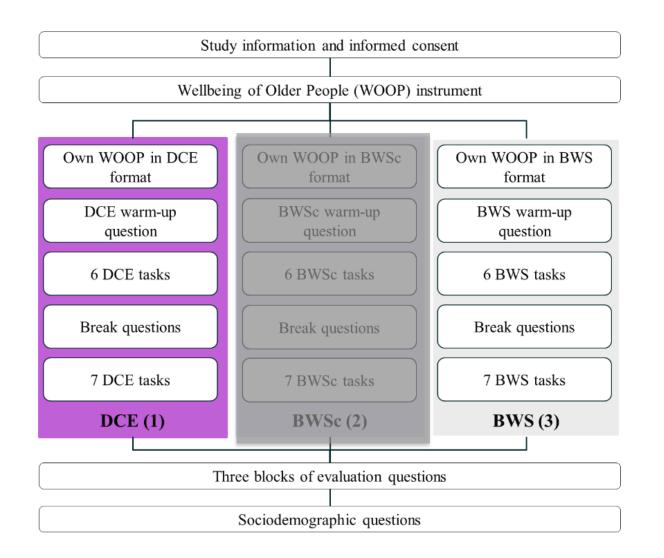
Imagine living in the well-being state presented below and think about which aspect you would <u>most</u> prefer, and which aspect you would <u>least</u> prefer. Please select one answer per column.

| Most | Well-being state | | | |
|------------|--|------------|--|--|
| \bigcirc | I am dissatisfied with my social contacts | | | |
| \bigcirc | I am reasonably satisfied with the support I receive | | | |
| \bigcirc | I am reasonable able to deal with my circumstances and changes therein | \bigcirc | | |
| \bigcirc | I feel reasonably useful | \bigcirc | | |
| \bigcirc | I have slight problems with my physical health | \bigcirc | | |
| \bigcirc | I have very severe problems with my mental health | \bigcirc | | |
| \bigcirc | I feel very dependent | \bigcirc | | |
| \bigcirc | I am very well able to make ends meet | \bigcirc | | |
| \bigcirc | I am dissatisfied with my living situation | \bigcirc | | |

• Standard BWS task

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Pre-study: Design



- Programmed in SAWTOOTH and administered using online platform Prolific.ac
- 469 respondents were randomized to one of the three arms
- UK or US citizens aged 65+ were included

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Pre-study: Results

- All in all no indication that cognitive burden or quality of answers from BWS is better compared to DCE
- Many elements actually point in the other direction, which is also in line with the study by Krucien et al. (2017) and the review by Whitty et al. (2017)
- Unclear how transferable results are to different contexts and DCE/BWS formats

| Question on Likert scale from 1 to 5 (5=strongly agree) | (1) DCE (N=159) | (2) BWSc (N=158) | (3) BWS (N=152) |
|--|--------------------|---------------------|--------------------|
| The choice tasks were clear | 4.45 | 4.11 | 4.25 |
| I could easily choose between the alternatives | 3.55 | 3.65 | 3.62 |
| I fully understood the choice tasks from the beginning | 4.75 | 4.26 | 4.36 |
| The tasks got easier after answering several | 3.77 | 3.87 | 3.84 |
| I found some of the presented states difficult to imagine | 3.43 | 2.97 | 2.84 |
| I compared all dimensions/items before making my choice | 4.72 | 4.77 | 4.79 |
| I decided all dimensions/items are equally important | 2.86 | 3.00 | 3.20 |
| I always used the same 1 or 2 wellbeing dimensions to make my choice | 3.04 | 2.65 | 2.57 |
| The color coding made the choice task easier | 3.67 | 3.32 | - |
| I made my choices mainly based on the colors | 1.57 | 1.68 | - |
| The number of choice tasks was manageable | 4.64 | 4.54 | 4.50 |
| It was difficult to stay concentrated over all choice tasks | 1.72 | 1,94 | 1.92 |
| I could have answered more choice tasks | 4.07 | 3.91 | 3.66 |
| Answering another block of six 6 choice tasks would be manageable | 4.43 | 4.19 | 4.18 |
| Quality of answers etc. | | | |
| Failed consistency I | 4.4% | 19.6% | 17.8% |
| Failed consistency II | 2.5% | 46.8% | 19.1% |
| Lexicographic score | 28.9% | 79.1% | 80.1% |
| Dropout rate | 0% | 1.9% | 3.8% |
| Mean total completion time (minutes) | 20.5 | 22.4 | 20.4 |
| Mean choice task completion time (minutes) | 6.0 | 7.6 | 7.2 |

Moving forward with DCE including duration: Visual presentation

Which options do you prefer, A or B?

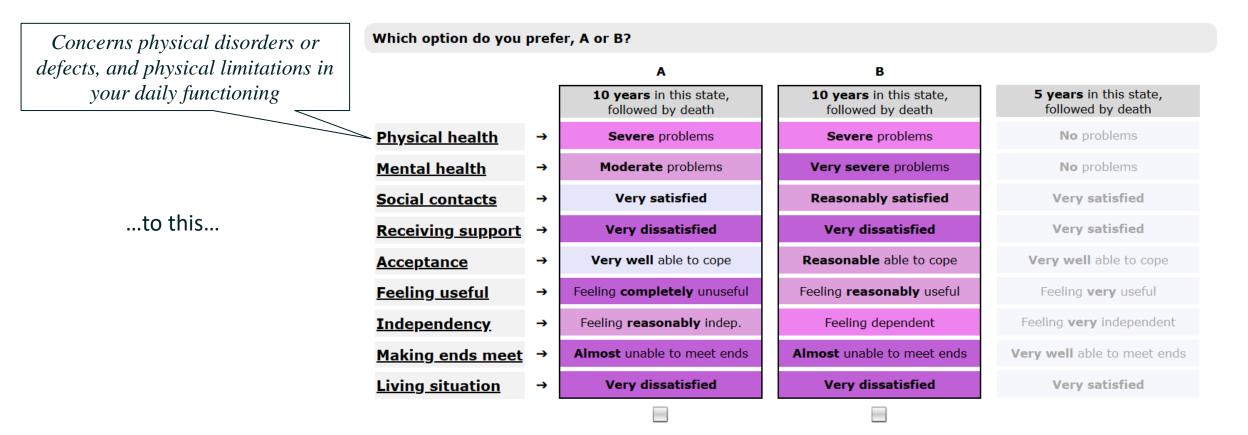
(1 of 1)

| deith deith deith 1. Physical health Concerns physical disorders or defects, and physical limitations in your daily functioning. I have slight problems with my physical health I have no problems with my physical health I have severe problems with my mental health 2. Mental health Concerns physical disorders or defects, and physical limitations in your daily functioning. I have no problems with my mental health I have severe problems with my mental health 3. Social contacts Concerns physical disorders or defects, and physical difty, and other mental limitations in your daily functioning. I am very satisfied with my social contacts I am reasonably satisfied wit social contacts 3. Social contacts Concerns physical disorders or belt physical to your Tile partner, family and duality and the quantity of contact. I am very satisfied with my social contacts I am reasonably satisfied wit social contacts 4. Receiving support Concerns receiving the help and support you need, for example from your life partner, family, frince, for example from your life partner, family, frince, for example from your life partner, family, frince, for example from your correct circumstances and adapting to changes therein, possibly with the support of your religion or belief. I am almost unable to deal with therein I am barely able to deal with therein 6. Feeting useful concerns fieling free to make your own choices or do the activities you consider important. I feel reasonably independent I feel independent 7. Independency concerns fieling free to make your own choices or do the activities you consider important. I am very well | | | |
|---|---|--|---|
| Concerns physical disorders or defects, and physical limitations in your daily functioning. physical fealth physical health 2. Mental health Ihave no problems with my mental health Ihave severe problems with my mental health 3. Social contacts Ihave no problems with my mental health Ihave severe problems with my mental health 3. Social contacts I am reasonably satisfied with social contacts I am reasonably satisfied with social contacts 4. Receiving support I am dissatisfied with the support i receive I am reasonably satisfied with social contacts 5. Acceptance and resilience I am almost unable to deal with concerns incerpting popret of your religion or belief. I am almost unable to deal with my circumstances and changes therein 6. Feeling useful Concerns recent geople. I feel useful I feel reasonably useful 7. Independency Concerns religing roe to make your own choices or do the activities you consider important. I am very well able to make ends meet I am well able to make ends meet 8. Making ends meet Concerns living in a house or neighbourhood where you feel comfortable. I am very satisfied with my living situation I am dissatisfied with my living | | | 7 years in this state, followed by death |
| Concerns anxiety or depression, problems with your thinking ability; and other mental limitations in your daily functioning. mental health mental health 3. Social contacts I am very satisfied with my social contacts. I am reasonably satisfied with social contacts. 4. Receiving support I am dissatisfied with the support of contact. I am reasonably satisfied with social contacts. 5. Acceptance and resilience I am almost unable to deal with my circumstances and adapting the hele. I am almost unable to deal with my circumstances and changes therein 6. Feeling useful I feel reasonably independent I feel reasonably useful 7. Independency I feel reasonably independent I feel independent 6. Making ends meet Concerns and worries and having enough more to meet daily needs. I am very satisfied with my living situation 7. Independency I am very satisfied with my living situation I feel independent 6. Making ends meet I am very well able to make ends in more taily needs. I am very satisfied with my living situation 6. Living situation I am very satisfied with my living situation I am very satisfied with my living situation | Concerns physical disorders or defects, and physical | I have slight problems with my physical health | |
| Concerns the relationship with your life partner, family and other people who are important to you. Think about the quality and the quantity of contact. social contacts 4. Receiving support I am dissatisfied with the support I receive I am reasonably satisfied with support I receive concerns receiving the help and support you need, for example from your life partner, family, friends, locals, volunteers or health professionals. Think about the quantity and quality of support. I am dissatisfied with the support I receive S. Acceptance and resilience I am almost unable to deal with for concerns receiving the help appreciation by doing something for other people. I am almost unable to deal with for concerns accepting your current circumstances and adapting to changes therein I am barely able to deal with the support of your religion 6. Feeting useful I feel useful I feel reasonably useful Concerns fee to make your own choices or do the activities you consider important. I am very well able to make ends meet 8. Making ends meet I am very well able to make ends meet I am well able to make ends i meet 9. Living situation I am very satisfied with my living situation I am dissatisfied with my living 9. Living situation I am very satisfied with my living I am dissatisfied with my living | Concerns anxiety or depression, problems with your thinking | | I have severe problems with my mental health |
| Concerns receiving the help and support you need, for example from your life partner, family, friends, locals, volunteers or health professionals. Think about the quantity and quality of support. receive support I receive 5. Acceptance and resilience Concerns accepting your current circumstances and adapting to changes therein, possibly with the support of your religion or belief. I am almost unable to deal with my circumstances and changes therein I am barely able to deal with circumstances and changes therein 6. Feeling useful I deal with for other people. I feel useful I feel reasonably useful 7. Independency Concerns feeling free to make your own choices or do the activities you consider important. I feel reasonably independent I feel independent 8. Making ends meet Concerns having no financial worries and having enough money to meet daily needs. I am very satisfied with my living situation I am dissatisfied with my living situation | Concerns the relationship with your life partner, family and other people who are important to you. Think about the | | I am reasonably satisfied with my social contacts |
| Concerns accepting your current circumstances and adapting to changes therein, possibly with the support of your religion or belief. my circumstances and changes therein circumstances and changes therein 6. Feeting useful Concerns contributing or getting appreciation by doing something for other people. I feel useful I feel reasonably useful 7. Independency Concerns feeling free to make your own choices or do the activities you consider important. I feel reasonably independent I feel independent 8. Making ends meet Concerns having no financial worries and having enough money to meet daily needs. I am very well able to make ends meet I am well able to make ends in the support of your feel situation 9. Living situation Concerns living in a house or neighbourhood where you feel comfortable. I am very satisfied with my living situation I am dissatisfied with my living situation | Concerns receiving the help and support you need, for example from your life partner, family, friends, locals, volunteers or health professionals. Think about the quantity | | I am reasonably satisfied with the support I receive |
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| Concerns having no financial worries and having enough money to meet daily needs. meet 9. Living situation Concerns living in a house or neighbourhood where you feel comfortable. I am very satisfied with my living situation | Concerns feeling free to make your own choices or do the | I feel reasonably independent | I feel independent |
| Concerns living in a house or neighbourhood where you feel situation situation situation | Concerns having no financial worries and having enough | | I am well able to make ends meet |
| Select Select | Concerns living in a house or neighbourhood where you feel | | I am dissatisfied with my living situation |
| occes occes | | Select | Select |

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From this.....

Visual presentation (similar to Jonker et al. 2018)



• Positive aspects are light blue and negative aspects are darker purple

• Put the cursor above the <u>underlined items</u> for descriptions

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Visual presentation (similar to Jonker et al. 2018)

| | | | В | С |
|-----------|---------------------------|--|--|---|
| | | 10 years in this state, followed by death | 10 years in this state, followed by death | 5 years in this state, followed by death |
| | Physical health → | Severe problems | Severe problems | No problems |
| | <u>Mental health</u> → | Moderate problems | Very severe problems | No problems |
| | Social contacts → | Very satisfied | Reasonably satisfied | Very satisfied |
| and this. | Receiving support → | Very dissatisfied | Very dissatisfied | Very satisfied |
| | <u>Acceptance</u> → | Very well able to cope | Reasonable able to cope | Very well able to cope |
| | Feeling useful → | Feeling completely unuseful | Feeling reasonably useful | Feeling very useful |
| | Independency → | Feeling reasonably indep. | Feeling dependent | Feeling very independent |
| | <u>Making ends meet</u> → | Almost unable to meet ends | Almost unable to meet ends | Very well able to meet ends |
| | Living situation → | Very dissatisfied | Very dissatisfied | Very satisfied |
| | | | | |

Which option do you prefer, B or C?

• Positive aspects are light blue and negative aspects are darker purple

• Put the cursor above the <u>underlined items</u> for descriptions

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Visual presentation (similar to Jonker et al. 2018)

Which option do you prefer, A or B?

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| | | | | |

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| | | | | |

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Positive aspects are light blue and negative aspects are darker purple
Put the cursor above the <u>underlined items</u> for descriptions

Next steps

- Currently creating full survey including several warm-up tasks introducing respondents to visual format, overlap, duration
- Think aloud interviews, testing whether the format makes sense to respondents
- Generating designs for DCE
- Pilot testing



Conclusions

- It will be important to measure well-being of older people or what is relevant to older people
- Weighting the dimensions is crucial for informing trade-offs of wellbeing, economic consequences and health risks
- The WOOP and our study is just one example on how this could be implemented in the future



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Thank you for your attention!

Questions and comments in the chat or to

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