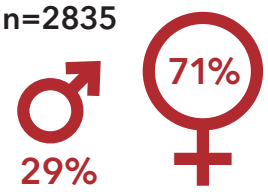
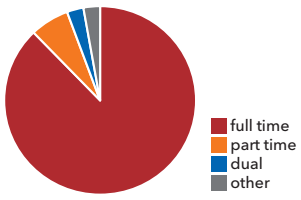
Student experiences during corona crisis

At the beginning of May 2020 Inholland students received an invitation to participate in a large international study[1] on the corona crisis impact on student life and studies. First results are presented in the poster 'Student life in time of corona'. This additional poster is a follow-up on the first one.

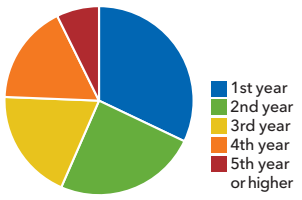
average age: 23,4
n=2835



type of education



study year

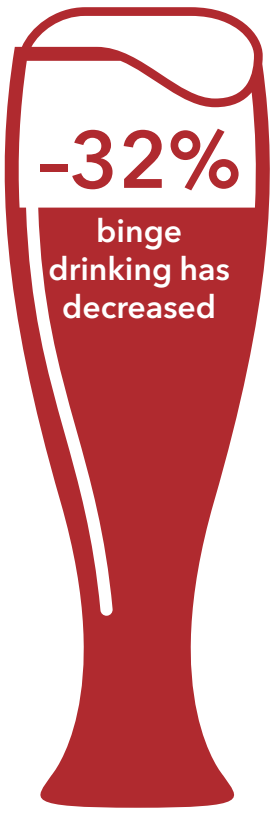


Lifestyle and (un)healthy habits

Stimulants

83%
of the students (almost) never smoke

89%
of the students (almost) never use cannabis



Smoking behavior and use of cannabis haven't changed since the corona crisis. **Binge drinking**, when six or more glasses of alcohol on a single occasion are taken, has decreased substantially. The group **abstainers** did increase from 31% to 38%.

Physical activities

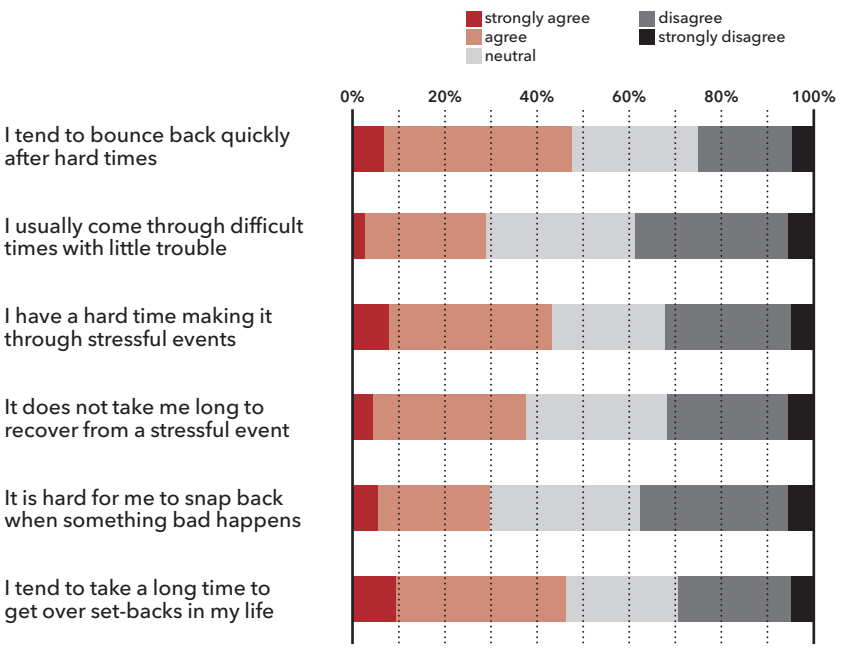
-48%

Vigorous physical activities have decreased

-43%

Moderate physical activities have decrease

Resilience



Information

59% believes that the government provided timely information about the coronavirus

67% believes that the government provided sufficient information about the coronavirus

Coronavirus and worries

Risk perception

1 / 4
mean score: 4,9 (0–10)
SD: 2,4

Over 1 out of 4 students believe it is likely to get (re)infected with the coronavirus (score 7/10 or higher).

Worries to get infected

1 / 5
mean score: 4,0 (0–10)
SD: 2,6

1 out of 5 students is seriously worried to get infected with the coronavirus (score 7/10 or higher).

Worries to get severely ill

1 / 5
mean score: 3,9 (0–10)
SD: 2,7

1 out of 5 students is seriously worried to get severely ill from the coronavirus (score 7/10 or higher)

Financial resources

Before the corona crisis only 5% of the students indicated to have **insufficient financial resources** to cover monthly costs. Since the corona crisis this percentage increased to 24%.

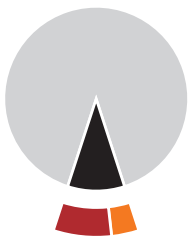
High-risk group

There are underlying conditions that raise the risk of severe illness form the virus. Students were asked whether they have such condition(s).

86%
indicates to have none of these conditions

The three most mentioned conditions:
- lung disease (7%)
- obesity (3%)
- high blood pressure (1%)

Caregiver



Roughly 10% of the students indicates to support or provide long-term care for a close person

68% of them indicates that caregiving has become more difficult since the corona crisis

32% of them indicates this is not the case

Coronavirus in network

Half of the students knows someone in their personal network that was or currently is infected with the coronavirus

16% of them indicates that this person died from the coronavirus

20% of them indicates that this person has been hospitalized

32% of them indicates that illness was severe, but that the person was not hospitalized

33% of them indicates that illness was mild

1 https://www.uantwerpen.be/en/research-groups/centre-population-family-health/research2/

Coronavirus: MYTHS AND FACTS

The average knowledge of students about the coronavirus is pretty good (mean 6,1 out of 8)

4 out of 10 students are extremely well informed (46% scores 7 out of 8)

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