

Questionnaire COVID-19 International Student Well-being Study

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Welcome! Please indicate your preferred language in the right corner to continue. The COVID-19 outbreak has impacted university life. Students may experience stress because of the Covid-19. The outbreak may have had a significant impact on your life (where you live, who you are able to meet in real life, how you can make a living, etc.). This study investigates if these changes have impacted your well-being and health. The results will be useful to your university/college, they will inform on how to organize future lockdowns. Because this survey is conducted in multiple countries, we will also be able to access the impact of local/national policy on well-being and health in the student population. Most students need about 10 minutes of their time to fill out the survey. However, you can stop at any moment, and your participation is completely voluntary. Your identity and participation in this study will be treated strictly confidential. We will ask you questions about sensitive topics, such as your well-being and substance use. If you would like to talk to someone about this or would like more information, you can find support on the following websites: XX Do you provide consent to participate in this study?

ar	in find support on the following websites: XX Do you provide consent to participate in this study?	?
	O Yes (1)	
	O No (2)	
Plo	lease check:	
	I understand that I can stop participating in this study at any moment in time, and that refusa participate or discontinuing participation at any time will involve no penalty or loss of benefits. (1	
	I understand that information collected through this survey will be treated confidentially. (1)	
	O understand the purpose and nature of this study (1)	
	I grant permission for the data generated from this survey to be used for the research objection of the study and that these data can be shared with international research partners that are involved in the research project. (1)	ves



Q1 What is your gender?						
O male (1)						
O female (2)						
O x (3)						
Q2 Your current age in years						
Q3 Are you currently in a steady relationship?						
O No, I am single (1)						
○ Yes (2)						
O It is complicated (3)						
Display This Question:						
If Are you currently in a steady relationship? != No, I am single						
Q3a When was the last time you have seen your partner face-to-face? Enter a date (dd/mm/yyyy):						
Q4 Were you born in [country of the survey]?						
○ Yes (1)						
O No (2)						



Display This Question:

If Were you born in [country of the survey]? = No

Q4a In which country were you born?

(If the country in which you were born no longer exists, select the country in which your place of birth is currently located)

currently locatedy
▼ Afghanistan (1) Zimbabwe (198)
Q5 Were your parents born in [country of the survey]?
○ Yes (1)
O No, one of my parents was born outside [country of the survey] (2)
O No, both parents were born outside [country of the survey] (3)
O Do not know (4)
Display This Question:
If Were your parents born in [country of the survey]? = No, one of my parents was born outside [country of the survey]
Q5a In which country? (If the country in which one of your parents was born no longer exists, select the country in which his/her place of birth is currently located.)

Display This Question:

▼ Afghanistan (1) ... Zimbabwe (198)

If Were your parents born in [country of the survey]? = No, both parents were born outside [country of the survey]

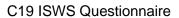
Q5b In which countries?

(To select more than one country hold ctrl if on a pc or cmd if on a mac)



(If the country in which (one of) your parents (was/)were born no longer exists, select the country in which (his/her) heir place of birth is currently located.)

▼ Afghanistan (1) Zimbabwe (198)
Q6 What is the highest level of education your mother has completed?
C Less than secondary education (1)
Secondary education (2)
O Higher education (3)
O Do not know (4)
Q7 What is the highest level of education your father has completed?
C Less than secondary education (1)
Secondary education (2)
O Higher education (3)
O Do not know (4)





8a-f From how many of the following people could you easily borrow 500 euros within two days? I could borrow 500 euros from... (one answer per line)

	0 persons (1)	1 person (2)	2 persons (3)	3 persons or more (4)
my parents (Q8_a)	\circ	\circ	\circ	\circ
my partner (Q8_b)	0	\circ	\circ	\circ
my siblings (Q8_c)	\circ	\circ	\circ	0
my grandparents (Q8_d)	0	0	0	0
friends (Q8_e)	\circ	\circ	\circ	\circ
colleagues and/or acquaintances (Q8_f)	0	\circ	0	0



Q9 Indicate which of the following best describes your field of study? (multiple answers are possible)

Education (Education science, training for pre-school teachers, teacher training without subject specialization, teacher training with subject specialisation) (1)
Arts (Audio-visual techniques and media production, fashion, interior and industrial design, fine arts, handicrafts, music and performing arts) (2)
Humanities (except languages) (Religion and theology, history and archaeology, philosophy and ethics) (3)
Languages (language acquisition, literature and linguistics) (4)
Social and behavioural sciences (Economics, political sciences and civics, psychology, sociology and cultural studies) (5)
Journalism, media and communication studies, and information studies (Journalism and reporting, media and communication studies, library, information and archival studies) (6)
Business and administration (Accounting and taxation; Finance, banking and insurance; Management and administration; Marketing and advertising; Secretarial and office work; wholesale and retail sales; work skills) (7)
Law (8)
Natural sciences, mathematics and statistics (Biology; biochemistry; environmental sciences; Natural environments and wildlife; Chemistry; Earth sciences; Physics; Mathematics and statistics) (9)
Information and communication technologies (Computer use; Database and network design and administration; Software and applications development and analysis) (10)
Engineering and engineering trades (Chemical engineering and processes; Environmental protection technology; Electricity and energy; Electronics and automation; Mechanics and metal trades; Motor vehicles, ships and aircraft) (11)
Manufacturing and processing (Food processing; Materials (glass, paper, plastic and wood); Textiles (clothes, footwear and leather); Mining and extraction) (12)



engineering)	Architecture and construction (Architecture and town planning; Building and civil (13)
	Agriculture, forestry, fishery, and veterinary (Crop and livestock production; Forestry; Fisheries; Veterinary) (14)
midwifery; M	Health (Medicine; Public health and Health sciences; Dental studies; Nursing and ledical diagnostic and treatment technology; Therapy and rehabilitation; Pharmacy; and complementary medicine and therapy) (15)
	Nelfare (Care of the elderly and of disabled adults; Childcare and youth services; Social inselling). (16)
	Personal services (Domestic services; Hair and beauty services; Hotel, restaurants and orts; Travel, tourism and leisure) (17)
H and safety) (Hygiene and occupational health services (Community sanitation; Occupational health 18)
	ransport services (Seamanship, ship's officer, nautical science, air crew, air traffic vay operations, road motor vehicle operations, postal service) (19)
S	security services (Military and defence; Protection of persons and property) (20)
	Other, please specify (21)



Q10 Which program are you currently enrolled in?
O Bachelor program (1)
O Master program (2)
O Doctoral program (3)
Other, specify (4)
Q11 At which higher-education institution are your currently enrolled? [Country specific list]
Other, specify
Q12 Is this your first year in higher education?
○ Yes (1)
O No (2)
Q13 Please indicate your status in [Country]
Country] citizen (1)
O Permanent resident within [country] (2)
Temporary resident in [country] for one year or less (e.g., through an Erasmus exchange program or with a short term student visa of 1 year or less) (3)
O Temporary resident who is enrolled at the university in [country] for more than one year (with or without a long term student visa) (4)



Display This Question:

If Please indicate your status in [Country] = Temporary resident in [country] for one year or less (e.g., through an Erasmus exchange program or with a short term student visa of 1 year or less)

Or Please indicate your status in [Country] = Temporary resident who is enrolled at the university in [country] for more than one year (with or without a long term student visa)

Q14 Did you move back to your previous country of residence since the first implementation of COVID- 19 measures ?							
O Yes (1)							
O No (2)							
	Q15 How important are your studies compared to other activities (e.g. meeting with friends, doing hobbies, etc.) for you?						
O More in	nportant (1)						
O Equally	important (2)						
O Less im	portant (3)						
Q16 How did yo	ou cover the tuition of the current academic year?						
(tick all that app	oly)						
	Not relevant, as enrollment is free for all students (publicly funded) (1)						
	My parents paid (a part of) my tuition (2)						
	I paid (a part of) my tuition myself (3)						
	I paid for (a part of) my tuition through a bank loan or student loan (4)						
	I got a scholarship to cover (a part of) my tuition (5)						
	Other specify (6)						



Q17a-b

In the upcoming section, we will ask you a couple of questions about your situation before the COVID-19 outbreak and during the last week.

With "<u>before the COVID-19 outbreak</u>", we refer to the average situation during the month prior to the moment that the first COVID-19 measures (e.g., social distancing measures) were implemented.

With "during the last week", we refer to the week prior to filling out this survey.

To what extent do you agree with the following statement?

'I had sufficient financial resources to cover my monthly costs'

	Strongly agree (1)	Agree (2)	Neither agree nor disagree (3)	Disagree (4)	Strongly disagree (5)
Before the COVID-19 outbreak (Q17_a)	0	0	0	0	0
During the last week (Q17_b)		\circ	0	\circ	0

Q18a-b With "<u>before the COVID-19 outbreak</u>", we refer to the average situation during the month prior to the moment that the first COVID-19 measures (e.g., social distancing measures) were implemented. With "<u>during the last week</u>", we refer to the week prior to filling out this survey. How



many hours did you spend in offline courses, online courses, personal study, and paid jobs on a weekly basis?

busis:						
	Teaching materials delivered through offline courses (e.g. face-to-face lectures, seminars, labs, tests, etc.) (1)	Teaching materials delivered through online courses (e.g. online lectures, seminars, labs, tests, delivered through internet, etc.) (2)	Personal study time (like preparation, learning, reading, writing homework, etc.) (3)	Paid jobs (not including student jobs during the holidays) (4)		
Before the COVID-19 outbreak (Q18_a)						
During the last week (Q18_b)						

Q19a-b Where did you mainly live (excluding weekends and holidays)?

	I stayed with my parent(s) (1)	I stayed in a student hall of the university/college; boarding home or a dormitory (2)	I rented accommodation with others (3)	I rented accommodation by myself (alone) (4)	Other (5)
Before the COVID-19 outbreak (Q19_a)	0	0	0	0	0
During the last week (Q19_b)	0	0	0	\circ	0



Q20a-b With how many persons did you live together (excluding weekends and holidays)?

	Number of persons (excluding yourself) (1)
Before the COVID-19 outbreak (Q20_a)	
During the last week (Q20_b)	

Q21a-b

With "<u>before the COVID-19 outbreak</u>", we refer to the average situation during the month prior to the moment that the first COVID-19 measures (e.g., social distancing measures) were implemented. With "<u>during the last week</u>", we refer to the week prior to filling out this survey.

On average, how often did you smoke tobacco (cigarettes, cigars, or e-cigarettes)?

	(Almost) never (1)	Less than once a week (2)	Once a week (3)	More than once a week (4)	(Almost) daily (5)	Prefer not to say (6)
Before the COVID-19 outbreak (Q21_a)	0	0	0	0	0	0
During the last week (Q21_b)	0	0	0	\circ	0	0



Display This Question:

If With "before the COVID-19 outbreak", we refer to the average situation during the month prior to... = Less than once a week

Or With "before the COVID-19 outbreak", we refer to the average situation during the month prior to... = Once a week

Or With "before the COVID-19 outbreak", we refer to the average situation during the month prior to... = More than once a week

Or With "before the COVID-19 outbreak", we refer to the average situation during the month prior to... = (Almost) daily

Q21c-d How many cigarettes did you smoke on average per day?

	Number of cigarettes, cigars, e-cigarettes (1)
Before the COVID-19 outbreak (Q21_c)	
During the last week (Q21_d)	



Q22a-b With "before the COVID-19 outbreak", we refer to the average situation during the month prior to the moment that the first COVID-19 measures (e.g., social distancing measures) were implemented. With "during the last week", we refer to the week prior to filling out this survey.

On average, how many glasses of alcohol did you dr	ink in one week?
	Number of glasses (e.g. a glass of wine, a shot, a glass of beer between 25 to 33 cl) (1)
Before the COVID-19 outbreak (Q22_a)	
During the last week (Q22_b)	
Q23a-b How often did you drink six or more glasses o	of alcohol on a single occasion?

	(Almost) never (1)	Less than once a week (2)	Once a week (3)	More than once a week (4)	(Almost) daily (5)	Prefer not to say (6)
Before the COVID-19 outbreak (Q23_a)	0	0	0	0	0	0
During the last week (Q23_b)	0	0	0	0	0	\circ



Q24a-b On average, how often did you use cannabis (marijuana, weed, hash,...)?

	(Almost) never (1)	Less than once a week (2)	Once a week (3)	More than once a week (4)	(Almost) daily (5)	Prefer not to say (6)
Before the COVID-19 outbreak (Q24_a)	0	0	0	0	0	0
During the last week (Q24_b)	0	0	0	0	0	0

Q25a-b With "before the COVID-19 outbreak", we refer to the average situation during the month prior to the moment that the first COVID-19 measures (e.g., social distancing measures) were implemented. With "during the last week", we refer to the week prior to filling out this survey.

On average, how often did you perform vigorous physical activities like lifting heavy things, running, aerobics, or fast cycling for at least 30 minutes?

	(Almost) never	Less than once a week (2)	Once a week (3)	More than once a week (4)	(Almost) daily (5)
Before the COVID-19 outbreak (Q25_a)	0	0	0	0	0
During the last week (Q25_b)	0	0	0	\circ	\circ

Q26a-b On average, how often did you perform moderate physical activities like easy cycling or walking for at least 30 minutes?

	(Almost) never	Less than once a week (2)	Once a week (3)	More than once a week (4)	(Almost) daily (5)
Before the COVID-19 outbreak (Q26_a)	0	0	0	0	0
During the last week (Q26_b)	0	0	0	\circ	\circ



Q27 Do you ha	ve any of the following underlying conditions? (tick all that apply)
	A recent cancer diagnosis (1)
	Diabetes (2)
	Heart disease (3)
	High blood pressure (4)
prolonged	Immunocompromised conditions (e.g., bone marrow or organ transplantation, HIV use of corticosteroids) (5)
	Kidney disease (6)
	Lung disease (including moderate or severe asthma) (7)
	Obesity (8)
	\otimes None of these conditions (9)
	⊗Prefer not to say (10)
Q28 Have you	had symptoms such as coughing, sneezing, or a runny nose during the last month?
O Yes (1	
O No (2)	
O Unsure	e (3)



Display This Question:

If Have you had symptoms such as coughing, sneezing, or a runny nose during the last month? = Yes

Or Have you had symptoms such as coughing, sneezing, or a runny nose during the last month? =

Unsure

Q28a Were there occasions that you tried to hide the the street,)?	ese sy	ympt	oms	from	oth	er pe	ople	(e.g.	in a	shop	, on
O Yes (1)											
O No (2)											
O Unsure (3)											
Q29 Did you have COVID-19, or do you currently have	e it?										
O Yes, confirmed by a lab test (1)											
O Yes, my health care provider told me I proba	bly h	ave i	t, bu	t wit	hout	a lab	test	(2)			
O I think I had or currently have COVID-19, but	a he	alth (care	provi	ider (did n	ot co	nfirm	n it (3)	
O No, I do not think I had it or currently have it	(4)										
Display This Question:											
If Did you have COVID-19, or do you currently ha	ve it:	$P = Y\epsilon$	es, co	onfirr	ned l	by a l	lab te	est			
Or Did you have COVID-19, or do you currently he probably have it, but without a lab test	ave it	t? = \	∕es, r	ny he	ealth	care	prov	vider	told	me I	
O20a ta vasa agiaisa havulihah aga vas											
Q29a In your opinion, how likely are you		Ver	y un	likely	′			Ver	y like	ly	
	0	1	2	3	4	5	6	7	8	9	10
to get re-infected by COVID-19? ()						-					

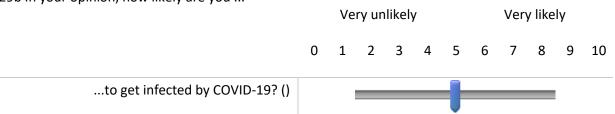


Display This Question:

If Did you have COVID-19, or do you currently have it? = I think I had or currently have COVID-19, but a health care provider did not confirm it

Or Did you have COVID-19, or do you currently have it? = No, I do not think I had it or currently have

Q29b In your opinion, how likely are you ...

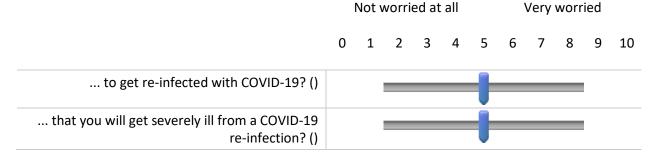


Display This Question:

If Did you have COVID-19, or do you currently have it? = Yes, confirmed by a lab test

Or Did you have COVID-19, or do you currently have it? = Yes, my health care provider told me I
probably have it, but without a lab test

Q30a How worried are you ...



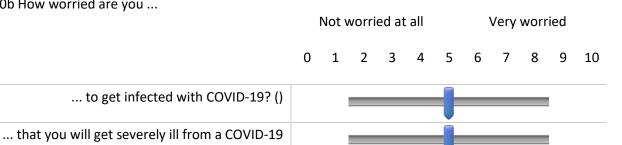


Display This Question:

If Did you have COVID-19, or do you currently have it? = I think I had or currently have COVID-19, but a health care provider did not confirm it

Or Did you have COVID-19, or do you currently have it? = No, I do not think I had it or currently have

Q30b How worried are you ...

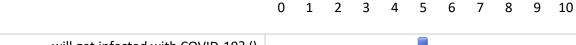


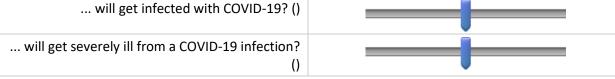
Q31a-b How worried are you that anyone from your personal network ...

infection? ()

Not worried at all

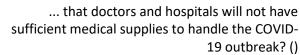
Very worried





Q32 How worried are you ...

Not worried at all Very worried 0 1 2 3 8 10





Q33 Do you know anyone in your personal network that was or currently is infected with COVID-19?
O Yes (1)
O No (2)
Display This Question:
If Do you know anyone in your personal network that was or currently is infected with COVID-19? = Yes
Q33a How severe were the symptoms of that person? (If you know multiple persons that were infected by COVID-19, please describe the symptoms of the person that was most severely infected)
O Mild (1)
O Severe but not hospitalized (2)
O Severe and hospitalized without provision of intensive care (3)
O Severe and hospitalised with provision of intensive care (4)
O Deceased (5)
Q34 To what degree do you adhere to the COVID-19 measures that are currently implemented by the government?
Totally not Very strictly
0 1 2 3 4 5 6 7 8 9 10
Please indicate: ()



Q35 During the last week, did you engage in one of the following activities? *(multiple options are possible)*

	You went for a walk with another person while respecting social distancing measures
measures	You went for a bike ride with another person while respecting social distancing
measures	You had drinks or a picnic with friends or family while respecting the social distancing
measures	You talked to friends or family on the street while respecting the social distancing
	You participated in a recreational class online (e.g. yoga, aerobics, fitness, etc)
	You played a game or a quiz online with friends or family
	You talked to friends or family through a video-call
	You talked to friends or family over the phone
	You chatted with friends or family online (excluding video-calls or phone calls)
	⊗None of the above



Q36a Did you have *more* or *less* contact (offline and online combined) with **family** since the implementation of the first COVID-19 measures?

More (1)
About the same (2)
Less (3)

Q36b Did you have *more* or *less* contact (offline and online combined) with **friends** since the implementation of the first COVID-19 measures?

More (1)
About the same (2)
Less (3)

Q37 Do you have anyone with whom you can discuss any intimate and personal matters?

Yes (1)
No (2)



Q38a-n Please indicate how much of the time during the past week \dots



	None or almost none of the time (1)	Some of the time (2)	Most of the time (3)	All or almost all of the time (4)
you felt depressed (Q38_a)	0	0	0	0
you felt that everything you did was an effort (Q38_b)	0	\circ	0	\circ
your sleep was restless (Q38_c)	0	\circ	\circ	\circ
you were happy (Q38_d)	0	\circ	\circ	\circ
you felt lonely (Q39_e)	0	\circ	\circ	\circ
you enjoyed life (Q38_f)	0	\circ	\circ	\circ
you felt sad (Q38_g)	0	\circ	\circ	\circ
you could not get going (Q38_h)	0	\circ	\circ	\circ
you were bored (Q38_i)	0	\circ	\circ	\circ
you were frustrated with things in general (Q38_j)	0	0	0	\circ
you felt anxious (Q38_k)	0	\circ	\circ	\circ
you felt calm and peaceful (Q38_l)	0	\circ	\circ	\circ
you lacked companionship (Q38_m)	0	0	0	\circ

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v	J	101	v	w	ıcsı	IUI	II IAI	ᆫ



felt isolate from other (Q38_n)		0	0	С)	0
	parison to the pe ng staff at your u Not applicable (I have not done this before and since the COVID-19 outbreak) (1)			tbreak, did you Similar (4)	seek more or More (5)	less contact Much more (6)
to discuss worries about studies (Q39_a)	0	0	0	0	0	0
to discuss psychosocial problems (Q39_b)	\circ	0	\circ	\circ	0	0
	COVID-19 outbrea university/colle	-	contact with	student-counse	elling services	or social
O No (2)						



Display This Question:

If Since the COVID-19 outbreak, did you seek contact with student-counselling services or social ser... = Yes

Q40a What wa (more options		
	Discuss worries about studies (1)	
	Discuss financial worries/difficulties (2)	
	Discuss psychosocial problems (3)	
	Discuss other worries, please specify (4)	
	⊗Prefer not to say (5)	



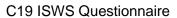
Q41a_h Please indicate to what degree you agree with the following statements:



	Strongly agree (1)	Agree (2)	Neither agree nor disagree (3)	Disagree (4)	Strongly disagree (5)
(a) My university/college workload has significantly increased since the COVID-19 outbreak. (Q41_a)	0	0	0	0	0
(b) I know less about what is expected of me in the different course modules/units since the COVID-19 outbreak. (Q41_b)	0	0	0		
(c) I am concerned that I will not be able to successfully complete the academic year due to the COVID-19 outbreak. (Q41_c)	0	0	0		
(d) The university/college provides poorer quality of education during the COVID-19 outbreak as before. (Q41_d)		0			0



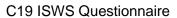
(e) The change in teaching methods resulting from the COVID-19 outbreak has caused me significant stress. (Q41_e)	0	0	0	0	0
(f) The university/college has sufficiently informed me about the changes that were implemented due to the COVID-19 outbreak. (Q41_f)	0		0	0	0
(g) I am satisfied with the way my university/college has implemented protective measures concerning the COVID-19 outbreak. (Q41_g)	0	0	0	0	0
(h) I feel I can talk to a member of the university/college staff (e.g., professor, student counsellor) about my concerns due to the COVID-19 outbreak. (Q41_h)	0				0





Q42a-h Please indicate which of the following statements are true or false:

	True (1)	False (2)	Don't know (3)
(a) The virus survives for days outside the body in open air. (Q42_a)	0	0	0
(b) The virus survives for a week outside the body on a plastic surface. (Q42_b)	\circ	\circ	
(c) Most people who get COVID-19 get very ill. (Q42_c)	\circ	\circ	
(d) A possible vaccine will take around 12 to 18 months to produce. (Q42_d)	\circ	\circ	
(e) Smokers who get COVID-19 are more likely to get severely ill than non-smokers. (Q42_e)	0	0	
(f) You can have the virus without any symptoms. (Q42_f)	0	0	
(g) On average, children get less ill from the virus than adults. (Q42_g)	0	\circ	
(h) Only elderly people die from COVID-19. (Q42_h)	\circ	\circ	





Q43a-b Please indicate to what degree you agree with the following statement:

	Strongly agree (1)	Agree (2)	Neither agree nor disagree (3)	Disagree (4)	Strongly disagree (5)
The government provided information concerning the COVID-19 outbreak on time (Q43_a)	0	0	0	0	0
The government provided comprehensive information concerning the COVID-19 outbreak (Q43_b)					