Topic guide for qualitative study, Version 1.0, 30 April 2020 Study title: Social, ethical and behavioural aspects of COVID-19 (SEBCOV)

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Opening questions

- 1. Can you tell me about yourself?
 - a. Probe: age, job, family/living situation
- 2. How are you feeling today?
- 3. Can you tell me how life in the last weeks has been for you?

Response to social isolation/ social distancing/ travel restrictions/ quarantine

- 4. What do you think about the measures that your government has put in place to deal with coronavirus?
 - a. Prompt (to support reflection, if needed): These measures include socialisolation, social distancing, travel restrictions and quarantine.
- 5. Among all the measures that you mentioned, which measure has affected you the most¹?
- 6. How have the government's measures affected you and your life?
 - a. Prompt (if needed): Can you give me an example of any positive effects that you have experienced? (e.g. more time with family/children, less time commuting, doing more regular sport/walks outside etc.);
 - b. Prompt (if needed): Can you give me an example of any negative effects that you have experienced? (e.g. lost wages, challenges with childcare, food and household supplies, loneliness etc.)
- 7. Have you made changes to your daily life to cope with the new measures?
- 8. Have you faced any difficult decisions over the last weeks?
- 9. Is there something that would help you cope better with the current measures?
 - a. Probe: Anything else that could help you cope?
- 10. How do you think your friends and family are responding to the new measures?
- 11. How do you think other people in the general public are responding to the new measures?
- 12. Were there times when you weren't able or didn't want to self-isolate/practice social distancing/adhere to travel restrictions/quarantine¹?
- 13. If you weren't able to self-isolate/respond to the other measures¹, what did you do?

Wellbeing and mental health

14. How have you been feeling over the last weeks?

- a. Prompt: Do you feel fearful about anything in relation to coronavirus?
- 15. What has helped your wellbeing and mental health in the last weeks?
- 16. Is there something you think could help support your wellbeing and mental health in the current situation?

¹ Note for interviewers: Only discuss those measures in detail, which the participant has said are relevant to their life (e.g. while social isolation/distancing is likely to affect most participants, travel restrictions and quarantine may not, in which case focus discussions on the former).

Information, misinformation and rumours

- 17. Where do you get information on Coronavirus?
- 18. What do you think about the information you receive?
- 19. How much do you trust different sources of information?
- 20. Do you have suggestions of how this information could be improved?

Ending

- 21. If there is one thing that you would like to know about Coronavirus, what would it he?
- 22. If you could have one thing to improve your situation, what would it be?
- 23. Do you have any other comments that you would like to add?