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THE EVOLUTIONARY HISTORY OF THE HUMAN FACE

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22 Abstract: The face is the most distinctive feature used to identify others. Modern humans have 23 a short, retracted face beneath a large globular brain case that is distinctively different from that 24 of our closest living relatives. The face is a skeletal complex formed by 14 individual bones 25 housing parts of the digestive, respiratory, visual, and olfactory systems. A key to understanding 26 the origin and evolution of the human face is to analyze the faces of extinct taxa in the hominin 27 clade over the last 6 million years. Yet as new fossils are recovered, and the number of hominin 28 species grows, the question of how and when the modern human face originated remains 29 unclear. By examining key features of the facial skeleton, here we evaluate the evolutionary 30 history of the modern human face in the context of its development, morphology, and function, 31 and suggest that its appearance is the result of a combination of biomechanical, physiological 32 and social influences.

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44 Introduction

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46 The human face differs across populations and is the most distinctive feature used to identify 47 and recognize others. Beneath the skin and muscles of facial expression, the face is a skeletal 48 complex formed by 14 individual bones housing parts of the digestive, respiratory, visual and 49 olfactory systems. The face plays an important role in social interaction and communication, 50 signaling more than 20 different categories of emotion via the contraction or relaxation of 51 muscles¹. The face begins forming in the human embryo around 24 days via a complex cascade 52 of molecular interactions. A number of specializations at this level set the face apart, including the functions of specialized pluripotent cells known as cranial neural crest cells (CNC), the main 53 contributors to the development of the facial skeleton² Facial shape appears to be influenced by 54 a limited set of candidate genes³. Important constraints in the development of the face, or 55 56 viscerocranium, are the surrounding cranial structures as facial growth is closely integrated with 57 the development of the braincase (neurocranium), and other cranial components⁴, highlighting 58 the interdependence of different morphological traits, or modules, during growth and 59 development^{5,6} (see Box 1).

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61 A detailed account of the evolution of the human face is a difficult endeavor, largely because of 62 the intricate and complex nature of its development, and the many factors that influence the face pre- and post-natally⁷. To constrain our line of inquiry, we suggest here that the 63 evolutionary changes that occurred on the path to becoming the large-brained, short-faced 64 65 hominins we are today, are best interpreted by analyzing the extinct taxa in the hominin clade 66 over the last ~4 million years (Ma). In this review, we investigate the evolutionary roots of the 67 modern human face, describing characteristics of the australopiths, early Homo, and more 68 recent hominins to tease apart the morphological transformations that occurred over time and to 69 discuss factors that have shaped their evolution. We also highlight the earliest evidence of the 70 H. sapiens face and consider the impact of environmental and social factors, population history 71 and palaeogenomics as well as adaptive explanations, in shaping morphological changes in the 72 face over time.

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74 The ancestral facial morphotype

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That the human and chimpanzee/bonobo lineages shared a most recent common ancestor is beyond dispute, but no extant African hominoid presents an ideal facial morphotype for the

chimp-human ancestor⁸. In their facial morphology, the chimpanzee, bonobo and gorilla differ 78 79 from undoubted early hominins (like Australopithecus) in fundamental ways. For example, all 80 three share a distinctive protruding bony arch above the eyes that, in life, sets off the upper rim 81 of the naked facial mask from the braincase and other parts of the face to which the muscles of 82 mastication attach. In contrast, the earliest hominins have supraorbital structures that are weakly differentiated topographically from the braincase, even when there is a distinct 83 supraorbital torus, as is common in some species of *Homo*^{9,10}. As has been suggested for other 84 ectocranial structures¹¹, these differences may reflect a combination of social display 85 mechanisms and biomechanical performance¹². As discussed below with respect to the 86 evolution of the modern human face, the role of social factors in shaping the morphology of the 87 craniofacial skeleton has received much less attention than those relating to the biomechanics 88 89 of the feeding system.

90

91 In the non-human African great apes (i.e., chimpanzees, bonobos and gorillas), as compared to 92 known fossil hominins, postnatal growth results in a vertically deep, long and strongly inclined 93 snout, at the front end of which the prow-like projection of the premaxilla places the expansive 94 incisor row well forward of the large, tusk-like canine crowns, creating a gap (diastema) between 95 the lateral incisor and canine. In contrast, the midface of early hominins is shorter with a more 96 vertical profile seen from the side-a derived condition shared with modern humans-and 97 although the premaxilla in the most basal hominin species remains primitively prognathic, the 98 diastema is less frequent. Independent evolution of the maxillary and premaxillary components 99 of the early hominin midface is consistent with hypotheses of modular development of the 100 face¹³. The observed differences in prognathism are associated with distinct growth patterns and remodeling activity of bone cells ¹⁴⁻¹⁶ (see Box 2). The derived facial configuration of early 101 102 hominins is likely due to a combination of factors including cranial base shortening and canine 103 crown/root reduction.

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105 Ardipithecus vs. Australopithecus: Principal morphological shifts - canines vs.
 106 mastication

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The facial morphologies of *Ardipithecus ramidus* (~4.4 Ma), a candidate basal hominin, and generalized *Australopithecus* species (best represented by *Australopithecus afarensis*, ~3.7-3.0 Ma) differ in similar ways from the non-human African great ape condition yet they are distinguishable from one another (Fig. 1a). As in later hominins, including modern humans, the

112 maxilla is vertically short, midfacial projection is reduced and the supraorbital structures are topographically integrated with the braincase ¹⁷. Both taxa feature shortened basicrania and 113 reduced, modest sexually dimorphic canine crowns and roots as well as smaller incisors ^{9,17}. On 114 115 the other hand, Ar. ramidus and Au. afarensis differ from one another in the parts of the face 116 anchoring the muscles of mastication (Fig. 1a). The Au. afarensis face is dominated by 117 expansive zygomatic (cheek) bones with robust, flaring arches that bridge the face to the 118 braincase⁹, whereas Ar. ramidus shares with the chimpanzee vertically short, lightly built zygomatic bones and arches¹⁷. The *Au. afarensis* anatomy is part of a presumptively derived 119 120 masticatory system that includes transversely thick mandibular bodies, tall mandibular rami, and 121 thickly enameled cheek teeth. Although it is tempting to tie these features to the species' 122 expansive range of dietary-carbon isotopic values, which includes individuals with a significant 123 component of C4 plants (e.g., grasses, sedges, undergrounds storage organs) in their diet ¹⁸, 124 the lesser known Au. anamensis (~4.2-3.9 Ma), the probable phyletic ancestor of Au. afarensis 125 (see Fig. 1b for the temporal placing of taxa discussed), shares many of these masticatory 126 features yet it maintained a strongly C3 plant-focused (e.g. fruits, leaves) diet similar to that of chimpanzees and Ardipithecus¹⁹. The contrast between Ardipithecus and early 127 128 Australopithecus highlights the modularity of facial anatomy in the early part of the hominin 129 lineage. The initial changes were focused in the central and upper portions of the face, perhaps 130 in response to changes in the function of the canines and supraorbital region in social signaling, 131 whereas subsequent changes mainly involved the masticatory apparatus. 132 133 FIGURE 1 HERE

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135 Australopithecus (incl. Paranthropus) craniofacial diversity: Patterns and causes

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137 Relative to extant great apes and Ardipithecus, Australopithecus species (including those some 138 authors classify within the genus Paranthropus) are characterized by a suite of specialized 139 craniofacial features including the relative expansion of premolar-molar occlusal area, especially 140 robust mandibular bodies and osteological indications of the enlargement or rearrangement of 141 the jaw-adductor muscles to maximize vertical bite forces. These derived features have long 142 been interpreted as adaptations to mechanically tough or hard plant foods that dominated in African environments during a period of aridification in the late Pliocene ($\leq 2.8-2.7$ Ma) ^{20,21}. Yet 143 144 incipient expressions of these features can already be seen in the early australopith species 145 (such as Au. afarensis and Kenyanthropus platyops), which thrived in the relatively equable,

146 though highly seasonal, environments of the African mid-Pliocene (~3.5-3.0 Ma). Furthermore, 147 molar microwear, an indicator of food mechanical properties, does not necessarily agree with 148 suggestions that hard or tough food items were an increasingly common component of the 149 diet²². This is despite progressive changes in the masticatory system (extreme forward shifts in 150 the origins masseter and temporalis, two large muscles of mastication; increased massiveness 151 and lateral flare of the zygomatic arches; marked retraction of the dental arches; enhanced 152 postcanine megadonty and enamel thickness, etc.) among the diverse australopith species after 153 ~3.0 Ma, culminating in the appearance by ~2.6 Ma of the bizarre "robust" australopith 154 (=Paranthropus) configuration. Australopithecus africanus of southern Africa (~2.7-2.3 Ma) and 155 Au. garhi of eastern Africa (~2.5 Ma) appear to represent early stages of this structural transformation. The younger species Au. sediba (~2.0 Ma) from South Africa ²³ shares derived 156 157 facial features with Au. africanus¹⁰, but its facial remodeling differs from all other Australopithecus facial skeletons (see Box 2, Fig. 2)¹⁵. Resolving the dissonant dietary signals 158 159 from isotopes, microwear, and craniofacial functional morphology should be an important focus 160 of future research in early hominin paleobiology.

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162 Patterns of diversity in the early Homo face

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164 Evidence from the face constitutes one of the strongest arguments for a taxonomically diverse 165 fossil record of early Homo (~2.1-1.7 Ma), which recognizes Homo habilis, H. rudolfensis and 166 early African H. erectus (=H. ergaster of some authors) as distinct species. If large specimens 167 such as KNM-ER 1470 and KNM-ER 62000 (usually attributed to H. rudolfensis), on the one 168 hand, and smaller specimens like KNM-ER 1813 and OH 13 (H. habilis), on the other, are 169 combined in a single species, then the implied pattern of sexual dimorphism, in which 170 divergence in supraorbital form, masticatory structure, and midfacial proportions accompanies 171 differences in size, is unlike that seen in any of the extant great ages or Old World monkeys 172 (see Table 1 for specimen attribution). Despite these differences, the faces of all three Homo 173 species are less projecting than those of australopiths, especially in the premaxillary region, and 174 they show a tendency for the circumnasal plates, the outer rims of the orbits, and the zygomatic 175 bones to face laterally in fully mature growth stages compared to their front-facing orientation in 176 the australopiths. While its prominent supraorbital torus is a species hallmark, the face of early 177 H. erectus is more modern human-like than that of either H. habilis or H. rudolfensis, with a 178 more vertical profile featuring a retracted subnasal plate and a prominent nasal bridge. In 179 support of these modifications in the upper face of *H. erectus*, it should also be considered that although *H. habilis* and *H. rudolfensis* have less robust mandibular bodies than do the
australopiths, when scaled against admittedly crude estimates of body mass, neither of them
have mandibular bodies as gracile as those seen in early *H. erectus*²⁴.

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184 There is a tendency to interpret the morphology of the early Homo face exclusively in terms of 185 dietary behavior, but to do so would be an oversimplification. As suggested above for the 186 earlier, more generalized hominins, there were likely other influences. Nonetheless, historically, 187 diet has played a large part in explaining changes in facial morphology within the hominin clade, 188 and particularly in and around the hypothesized origin of the genus Homo²⁵. These narratives 189 either explicitly or implicitly suggest that the origin of Homo coincides with a grade shift that 190 includes a change in feeding behavior. Under this scenario, early Homo consumed foods that 191 could be processed without the large postcanine processing area, expanded masticatory 192 musculature, or robust mandibular bodies that characterized the australopiths. Conventional 193 wisdom suggests that the relaxation of selection for postcanine megadontia and robust jaws 194 coincided with a new emphasis on stone tool-assisted meat consumption. Two recent developments complicate this scenario. First, the earliest known stone tools, at 3.3 Ma²⁶, 195 196 coincide in time with Au. afarensis (and the australopith-grade taxon K. platyops of eastern 197 Africa), predating the earliest fossils of Homo by several hundred thousand years -although the 198 function(s) of these tools is yet unclear, as is their possible use in carnivory. Second, a shift 199 towards a strong C4 dietary signature occurred in Homo with the appearance of early African H. 200 *erectus* (≤ 1.7 Ma), rather than in the earlier species *H. habilis* and *H. rudolfensis*, whose modal 201 carbon stable isotope signal is similar to that of Au. afarensis and Au. africanus, suggesting a 202 mixed C3/C4 diet ¹⁹. These observations are consistent with evidence that early African H. 203 erectus was likely the first hominin taxon to show reduction in facial size, postcanine processing 204 area and mandibular body robusticity-changes that may have resulted from an adaptation to 205 the routine consumption of foods that require less oral processing. If increased meat 206 consumption was part of that dietary shift, it would imply that the meat was tenderized before 207 being ingested. An added component here would be the advent of methods for pre-processing 208 underground storage organs (e.g. tubers, bulbs), thus reducing the mechanical demands of masticating these items ²⁷. 209

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FIGURE 2 HERE

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212 The faces of the Middle Pleistocene hominins and the LCA

213 To date, *H. erectus*, is the earliest hominin found outside Africa, in the early Pleistocene ²⁸. 214 Following the first dispersal out of Africa, Homo evolved into new forms in the Middle 215 Pleistocene (MP), spreading over parts of Eurasia. MP hominins share a number of facial 216 characteristics, some of which are present in earlier hominins, but also show a number of new 217 traits. In some, there is a trend towards increased overall facial robusticity, with enlarged 218 midfaces, strongly built brows and a large braincase, all seen in the fossil record by ~600 219 thousand years ago (Ka) (Fig. 3). These MP hominins are a possible ancestral pool for the 220 emergence of Homo sapiens. Hence, MP taxa could include the last common ancestor (LCA) of 221 H. sapiens and other now extinct taxa. But, which of the known MP hominins might be best 222 suited as the LCA? Importantly also, the LCA should predate the appearance of a modern face, 223 which begs the question: What is the earliest evidence of a modern human face? In considering 224 the origins of the human face, we should take into account that mounting genetic and morphological data support the notion that *H. sapiens* first appeared in Africa ²⁹⁻³¹. But these same data also imply 225 226 that while fully fledged H. sapiens likely had an African beginning, the evolutionary origins of traits 227 characteristic of the modern face, represented by the LCA, may be found elsewhere.

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229 To address the question of the LCA, we here focus on key features, with an emphasis on 230 phylogenetic and functional discussions of the modern human zygomaxillary morphology. 231 Modern human zygomaxillary morphology is quite distinct from that found in MP groups such as 232 the early Neanderthals (Fig. 3a) and the large crania assigned to *H. heidelbergensis*, including 233 Petralona (Greece), Bodo 1 (Ethiopia) (Fig. 3b), and Broken Hill 1 (Zambia) (Fig. 3c) (see also 234 Table 1). In modern humans, the anterior surface of the zygomatic is angled at about 90° to the 235 midline, the inferior border is either vertically below the superior border or is retracted, and the 236 inferior border reaches the alveolar process in a sharp inflexion rather than in a more gradual 237 curvature. There is usually a malar notch, a zygomaxillary tubercle and a canine fossa (a 238 depression below the orbit). Was the zygomaxillary region in the LCA of the H. sapiens and H. 239 neanderthalensis lineages more like the modern human or the Neanderthal condition, or was it 240 intermediate? We will now review potential candidates of the LCA.

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244 *Homo heidelbergensis* as the LCA?

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FIGURE 3 HERE

Stringer ³² has argued that shape resemblances between the Petralona and Broken Hill 1 crania 246 247 indicated the existence of a widespread MP population which, if the Mauer mandible (Germany) 248 is included, would be called *H. heidelbergensis*. Excluding the Mauer jaw whose diagnostic credentials have been questioned³³, the nomen *H. rhodesiensis* could be applied^{32,34}. 249 250 Furthermore, it was argued that this species represented the best candidate for the LCA of the 251 H. sapiens and H. neanderthalensis lineages (see also ³⁵). Mounier and Lahr ³⁶ produced 252 several hypothetical virtual reconstructions of the LCA, and these also showed a H. 253 heidelbergensis-like facial morphology. One implication of a H. heidelbergensis-like LCA would 254 be that the zygomaxillary morphology found in these large MP crania would have undergone 255 gracilisation to become the form found in recent H. sapiens, and a second trajectory, featuring 256 increased midfacial projection and maxillary inflation, that led to the facial configuration found in 257 the Neanderthals.

258

259 One complicating factor, often minimized or omitted from these discussions, is the differing and 260 arguably more *H. sapiens*-like morphology found in smaller individuals sometimes assigned to 261 H. heidelbergensis, including the Thomas Quarry (Morocco) and Ndutu (Tanzania) partial crania, and the Broken Hill 2 maxilla ³⁰. It is possible that allometric factors influence the 262 zygomaxillary morphology when comparing smaller and larger individuals ^{37,38} given the 263 association between body size and facial size in primates³⁹. Thus, sexual dimorphism could also 264 265 be a factor if Thomas Quarry, Ndutu and Broken Hill 2 represent female individuals, and 266 Petralona, Broken Hill 1 and Bodo much larger males. This issue is further complicated by the 267 apparent presence of a more *H. sapiens*-like midfacial morphology in Chinese fossils from the MP, such as Zhoukoudian, Nanjing (Fig. 3d), Dali and Jinniushan⁴⁰. This morphology is 268 269 especially apparent in the newly announced (but not vet published scientifically) cranium, said to 270 be from Harbin, North East China. These examples could perhaps be the result of gene flow or 271 an independent evolutionary trajectory convergent on that of H. sapiens, raising the issue of 272 whether these differences are phylogenetically meaningful. However, an alternative and 273 plausible scenario implicates the morphology of the early European hominin species, H. 274 antecessor, as we shall discuss.

275

276 Homo antecessor as the LCA?

In this scenario, a more ancient and taxonomically distinct LCA for the *H. sapiens* and *H. neanderthalensis* lineages, is based on the claimed "modern" maxillary conformation of the
 ATD6-69 *H. antecessor* face from Gran Dolina, Atapuerca, dated at ~850 Ka ^{41,42} (Fig. 2e). This

280 model implies that a H. antecessor-like facial morphology was retained in the descendant H. 281 sapiens lineage, but was modified in that of the Neanderthals. Some original reservations regarding this morphology given the juvenile status of ATD6-69⁴³ were removed with the finding 282 of similar morphology in fragmentary adult maxillae^{41,44}. The modern appearance of ATD6-69 is 283 284 also substantiated by growth simulations of this specimen based on both the Neanderthal and 285 modern human facial growth trajectories³⁸, and by the analysis of the facial growth and 286 remodeling of ATD6-69, which identified resorptive fields on that maxilla similar to those found in sub-adult *H. sapiens*¹⁶ (see Box 2, Fig. 2). By contrast, the maxillae of Neanderthals and the 287 288 fossils from Sima de los Huesos, Atapuerca (Spain), were similar to those of more ancient Pliocene homining showing a pattern of bone deposition⁴⁵. If these analyses of facial 289 290 development are correct, deriving the Sima de los Huesos and Neanderthal facial morphologies 291 from that of a species represented by a specimen like ATD6-69 would require evolutionary ontogenetic changes in the growth of the face, as illustrated in immature individuals from the 292 Sima de los Huesos⁴⁵. While these remodeling changes may be construed as evolutionary 293 294 reversals, we suggest that this is not the case. Instead, the remodeling changes should be 295 viewed as a developmental process aligned with the facial morphological characteristics of the 296 species.

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298 The LCA, ancient genomes and the earliest Homo sapiens face

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300 Fossil and ancient DNA data provide further information on the nature and timing of the LCA of Neanderthals and modern humans^{29-31,46}. The clear Neanderthal morphological, ontogenetic 301 302 and genetic affinities of the Sima de los Huesos fossils dated to ~430 Ka and regarded as 303 Neanderthal ancestors ⁴⁷, suggest an evolutionary divergence of the Neanderthal lineage 304 considerably before that date. Comparative analyses on the large sample of 17 crania from 305 Sima de los Huesos showing a number of shared facial features with Neanderthals, indicate that 306 modifications in facial shape were one of the first steps in the evolution toward the Neanderthal morphology ⁴⁷ (Fig. 4). But, using recently published estimates of the autosomal human 307 308 mutation rate, it has been suggested that the divergence date of the H. neanderthalensis and H. sapiens lineages could indeed be placed earlier — between 550 and 765 Ka⁴⁸. These dates 309 310 would be consistent with the oldest suggested examples of H. heidelbergensis potentially 311 representing the LCA, although other estimates are younger (e.g. ~503-565 Ka⁴⁶). An 312 alternative would be to consider a H. antecessor-like facial morphology as more likely for the 313 LCA of H. sapiens and H. heidelbergensis, with the H. heidelbergensis group exemplified by

Petralona, Bodo and Broken Hill 1 having more in common facially with the Sima de los Huesos fossils and subsequent Neanderthals. When challenging the position of *H. heidelbergensis* as LCA of *H. sapiens* and *H. neanderthalensis*, and highlighted the significance of the *H. sapiens*like facial morphology of *H. antecessor*, Bermúdez de Castro⁴⁴ cautioned that other aspects of *H. heidelbergensis* morphology suggested that it might be a side-branch alongside one of the early Pleistocene lineages in Eurasia that eventually gave rise to Neanderthals in Europe and to *H. sapiens* in Africa.

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FIGURE 4 HERE

323 Further evidence of the antiquity of a *H. sapiens*-like facial morphology is provided by the recent 324 study and redating of new and old fossil material from Jebel Irhoud (Morocco) (Fig. 3f), now 325 placed at ~300 Ka³¹. This modern facial morphology, supported by quantitative approaches (Fig. 326 5), is present in two fossils from Irhoud. This morphology is similar to that shown by Florisbad 327 (South Africa) and Herto (Ethiopia) (Fig. 3g) at a somewhat later date, Ndutu and Thomas 328 Quarry at an earlier date, and in the currently undated Elive Springs (Kenya) and Broken Hill 2 329 fossils. These specimens show considerable size variation, but a consistency in their *H. sapiens* 330 -like midfaces. This observation challenges the view that allometric factors and/or sexual dimorphism might have produced the midfacial variation within a single lineage or species^{37,38}. 331 332 The evidence instead suggests that the large and non-H. sapiens-like faces of Bodo and Broken 333 Hill 1 (Figs. 3b & c), represent taxonomic diversity in the African MP record, which could exclude 334 the large fossils assigned to *H. heidelbergensis/H. rhodesiensis* as representing an ancestral 335 morph for *H. sapiens*. Given other shared and more *H. sapiens*-like facial morphologies, ranging 336 from the late lower Pleistocene of Europe to the MP of China and Africa, it begins to look more 337 parsimonious to interpret a H. antecessor-like facial morphology as primitive for the clade 338 containing H. sapiens and H. neanderthalensis. This symplesiomorphic morphology was also 339 present in at least some fossils assigned to Chinese H. erectus, in other archaic Chinese 340 hominins, and in the lineage of H. sapiens present in Africa from ~500 Ky, while it was 341 apparently lost in the *H. heidelbergensis/H. rhodesiensis* and *H. neanderthalensis* lineages. The 342 more recent fossil material of *H. naledi* from South Africa, dated to ~ 250 Ka⁴⁹, is unfortunately 343 too incomplete in the face so far to add much to this picture, beyond displaying a transversely flat but overall very prognathic morphology ⁵⁰. 344

345

346 Adaptation in MP and modern human faces

To consider the impact of functional adaptation in the evolution of the face, we should first revisit key characteristics of the modern human face. The modern human face is distinct from that of earlier hominin species in several important ways (Fig. 3h): it is relatively small and nonprojecting, shows a depression - the 'canine fossa' - below the orbit and lacks the pronounced supraorbital structures and the alveolar and midfacial prognathism exhibited by MP hominins. These features do not appear all at once in the fossil record, but crucial elements are already in place among the earliest representatives of the *H. sapiens* lineage ³¹.

355

356 The transition from MP hominins to modern humans was marked by these changes and gracilisation of the face^{51,52}. As biologists we habitually seek adaptive explanations for such 357 changes^{52,53}, but we must also consider non-adaptive ones, including structure, constraints and 358 neutral evolutionary processes such as drift ⁵⁴ and founder effect ⁵⁵. Adaptive explanations for 359 360 an enlarged midface and large brows have focused either on enlargement of the nasal cavity and paranasal sinuses emphasizing respiratory/energetic demands ⁵⁶ and climatic adaptation 361 ^{57,58}, or on mechanical adaptations to diet, paramasticatory activity ^{59,60}, or increase in body size 362 61-64 363

364

365 Thus, in Sima de los Huesos (Fig. 4), H. heidelbergensis and Neanderthals (Fig. 3a), there is a 366 shared large nasal cavity and midfacial configuration, in many cases accompanied by large 367 paranasal sinuses. Compared to modern humans, the region that most differs is the nasal cavity 368 itself, suggesting reduction of this is the primary underlying cause of midfacial reduction in 369 modern humans. As such, midfacial reduction may have arisen simply as a result of loss of pre-370 existing selective pressures to maintain a large midface, with cultural adaptations to climate, 371 feeding and lifestyle being possible factors in reducing these pressures and so allowing drift and 372 other neutral processes to impact on midfacial form.

373

Alternatively, it can be argued that the large midface, chinless jaws and enlarged brow ridges of MP hominins make up a suite of features adapted to masticatory or paramasticatory uses ^{59,60,65,66}. While brow ridges have been considered to arise as a structural consequence of fitting a large face under a retracted frontal (spatial hypothesis) ⁶⁷, it has also been argued, but is less likely, that they play a role in resisting loading of the jaws (masticatory loading hypothesis) ⁶⁸. Could the reduction of brows, midfaces, jaws and the development of a chin in modern humans be a response to altered jaw loading?

381

382 One way of addressing this guestion is to assess the impact of diet as a driver for facial 383 changes in *H. sapiens*. The main mode of subsistence in modern human populations (i.e. 384 agricultural vs non-agricultural diet; plant-based vs meat-based diet) is recognized as playing an 385 important role in shaping the face, with masticatory stress particularly affecting the mandible and lower face^{6,69,70}. Although the gracile modern human face is likely less well adapted to 386 387 powerful, sustained chewing, it has been argued⁷¹ that *H. sapiens* facial skeletons show increased bite force relative to MP hominins ^{72,73}, which could be an advantage in fracturing 388 389 hard objects. Alternatively, because H. sapiens shows decreased ability to resist masticatory 390 loading despite increased bite force, the increased bite force may simply be a by-product of facial reduction, driven by other factors ⁷⁴, as we will further discuss below. 391

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FIGURE 5 HERE

393 Population history and climatic adaptation shape the face

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395 We have stated earlier that, although the face is the most distinctive feature used to identify and 396 recognize others, the human face differs across populations. In fact, it is recognized that 397 modern humans have a high degree of cranial variation exceeding that found in other primate species, with the face being an important contributor to this variation ^{75,76}. For this reason, 398 several hypotheses have considered the influence of population history, subsistence and 399 400 climate adaptation in shaping the human facial skeleton. To address the contribution of these 401 sources, a major question is whether facial morphology accurately reflects population history 402 and genetic relatedness or, alternatively, predominantly represents responses to external 403 conditions through plastic response or genetic adaptation. This issue also has implications for 404 interpreting the MP faces: if facial anatomy is found to be plastic or highly responsive to 405 environmental conditions among modern humans, this would suggest that the facial morphology 406 of MP hominins and the LCA may also have been, to some degree, affected by external factors 407 rather than genetically determined or indicative of phylogeny. An illustration of this conundrum is 408 the well-studied Neanderthal face, which shows a distinctive combination of features discussed 409 above, including a large nasal opening and cavity, a projecting midface, a "puffy" maxilla and 410 infraorbital region, and a double-arched, continuous supraorbital torus ⁷⁷. Could some of these features be the result of adaptation to extreme cold⁷⁸? Or, are they simply features that became 411 fixed in the Neanderthal lineage through genetic drift acting on small, isolated populations ^{31,79}? 412 413 The answer lies in developing a deeper understanding of this type of variation among modern 414 humans.

416 In recent years, several studies have been conducted using quantitative genetic approaches to 417 evaluate the effects of different factors on facial phenotypic expression. Together, they indicate 418 a complex pattern of influences. While the modern human cranium, overall, appears to be mainly shaped by neutral evolutionary processes⁸⁰⁻⁸², the modern human face reflects both 419 phylogenetic and environmental factors⁸¹⁻⁸⁴. The latter appear to act on different parts of the 420 421 cranium in varying ways and to differentially affect facial features. Early studies compared the 422 overall shape of cranial regions, including the basicranium, neurocranium and face, among a set 423 of modern human populations to neutral genetic and climate data for the same (or closely 424 related) groups. Results indicated that while facial morphology does carry a neutral genetic or 425 population history signal, it is more strongly affected by climatic conditions than other parts of the cranium, especially in high latitude populations^{81,82,83} Additional work has shown that both 426 427 the external nasal morphology and nasal cavity are related to temperature and humidity ^{80,82,85}. 428 This effect is particularly pronounced in populations living in extreme cold, where the internal nasal morphology plays a crucial role in warming and humidifying the inspired air ⁸⁴. It appears 429 430 to affect the dimensions as well as the projection of the nasal cavity and external nose. 431 Therefore, climate may have been an important contributor to the evolution of the Eurasian MP 432 face, and computational fluid dynamic modelling might provide a useful way of relating midfacial 433 morphology to air-flow and energetic demands, as has been demonstrated in a recent study⁵⁸.

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435 A cultural/social component for the evolution of the face?

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437 The substantial relative reduction in the size of the face compared to the neurocranium in modern humans⁸⁶ has been implicated in, and attributed to, cultural and social change. In 438 439 addition to diet, respiratory physiology and climate, as highlighted above, facial reduction since 440 the MP has also been attributed to the evolution of enhanced social tolerance as well as to reduced androgen activity ⁵². Thus, the modern human face is more sculpted and remodeled, 441 442 has more complex topography than any other hominin face¹⁶, and has considerably more 443 topographic relief than the "inflated" midfaces of MP fossils. MP crania such as Bodo, Arago 21 444 (France), Petralona or Broken Hill 1, for example, have a facial skeleton that has the 445 appearance of a stiff "facial mask" rather than the more "expressive" human face. Does this 446 suggest that our face evolved to provide more possibilities for gestural (nonverbal) 447 communication?

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449 It is of interest in this regard that brow ridge reduction accompanied midfacial reduction. Russell et al. ⁶⁸ noted that the supraorbital torus has been implicated in many functions. Of particular 450 451 interest is its role in the proposed threat display in Neanderthals. Similarly, after excluding 452 spatial and masticatory loading resistance roles for the extremely large brow ridges of the 453 Broken Hill 1 cranium, a recent study suggested that a social signaling role, particularly in 454 relation to dominance/aggression, was likely⁸⁷. It was also noted that reduction of the brow 455 ridge and retraction of the midface under the frontal bone would have likely increased the range of visible motion of the eyebrows among modern humans⁸⁷. Whatever the cause of this 456 457 reduction, such a shift in eyebrow mobility could have enabled a wider range of subtler social 458 signals, enhancing social communication. These considerations raise the possibility that the role 459 of the face in social signaling may have been an important contributor to its later evolution, as 460 we have suggested (see above) for the earliest stages of the hominin record as well. This 461 possibility remains under- studied.

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463 Conclusion

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465 The evolutionary history of the human face involved many intermediate morphological 466 transformations leading to the short-faced cranium with a large globular brain case of modern 467 humans. We have explored facial evolution over the past 4 Ma, from Ardipithecus and the early 468 australopiths to the earliest known examples of a H. sapiens-like faces found ~300 Ka. The 469 earliest changes during the australopith to early Homo transition may have been driven, in part, 470 by abiotic environmental factors but also by the social context, since some sexually dimorphic 471 structures (e.g. canines, browridges) reduced in size over time. In more recent fossil Homo, 472 facial projection decreased further, with a moderate but cumulative increase in brain size. A 473 striking feature observed in the MP hominins is that the face evolved more rapidly than other cranial components, as illustrated by the facial characteristics of H. antecessor, a key LCA 474 475 candidate, presenting modern facial features while retaining some primitive characters 476 elsewhere in the cranium. This is also evidenced in Asian specimens such as Nanjing. These 477 new faces continued to evolve during challenges by their environment, impacted increasingly by 478 culture and social factors. Over time, the face became more gracile, potentially gaining an ability 479 to generate more diverse facial expressions, likely enhancing non-verbal communication.

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481 Multidisciplinary efforts are required to reach a detailed understanding of the complex 482 evolutionary history of the face. Looking at future challenges, important areas that remain to be elucidated include how to integrate potentially conflicting evidence from craniofacial biomechanics, occlusal-microwear and stable isotopes into hypotheses about early hominin dietary behavior. Further, resolution of the debate over whether simulated stress patterns in the australopith craniofacial skeleton faithfully track feeding adaptations will be critical to the success of this venture ^{88,89,90}. Moreover, we must disentangle the complex effects of shared ancestry, climate adaptation and the influence of subsistence in shaping the evolution of the human face.

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491 Finally, although projecting evolution is fraught with difficulties, given the impact of the softer 492 diets of industrialized societies on facial shape, it is possible that the face will continue to 493 decrease in size somewhat in the coming millennia. In addition, some projections of global 494 warming suggest humans could soon be living on a planet that is 4° C warmer than today, with 495 somewhat different atmospheric composition, which would certainly affect human physiology. 496 Yet, there are important limitations in the amount of change as breathing requires a sufficiently 497 large nasal cavity and upper respiratory tract. In addition, the size of the jaws is restricted by 498 the housing of teeth. It is also important to recognize the role of gene flow associated with 499 migrations across the globe, which will likely affect the pace of evolutionary change. Within 500 these and other limitations on the amount of change, the evolution of the human face is likely to 501 continue as long as our species survives, migrates and encounters new environmental, social 502 and cultural conditions.

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511 Box 1. Modularity and Integration of the Craniofacial Complex: The mammalian skull is developmentally 512 complex and a highly integrated structure ⁹¹. Modularity and integration reflect the degree of autonomy and interaction among various cranial components during growth and development ⁶. Modularity refers to the relative 513 514 independence of components, ranging from the molecular units that code for programmed growth to capsular 515 matrices such as the brain, orbital, oral, and nasal capsules. Integration refers to the connectedness or 516 interdependence among these components during development, and throughout mature life. Integration, or 517 covariation, among morphological units can be quantitated, enabling the development of mathematical models that 518 predict how changes of individual units may occur in response to changes in other units ⁹². Environmental factors at 519 different stages of development have also been proposed to affect covariation ⁹¹. In the evolution of the human skull, it has been predicted that the shortening of the human face, one of the main characteristics of H. sapiens 86 , could be 520 521 explained by three major changes: increased flexion of the cranial base, a relatively longer anterior cranial base, and 522 a shorter upper face ⁹³. One aspect of this organization in the craniofacial skeleton is the presence of bone growth centers ^{22, 55}, which are situated to optimize the organism's physiological requirements through the actions of 523 integrating factors over time. Such factors include biomolecular and mechanical signals that trigger coordinated 524 525 bone forming and bone resorbing activity during growth (see Box 2).

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527 Box 2. Facial Growth and Remodeling of the Hominin Face: Growth remodeling (bone formation and bone 528 resorption) is an integral process of craniofacial growth that relates to maintaining the shape and proportions of the 529 face during development ⁹⁴. Growth remodeling can be determined by analysis of the distribution of <u>depository</u> and 530 resorptive fields on bone surfaces due to the activities of osteoblasts and osteoclasts, respectively. Genetic, mechanical and hormonal signals determine the distribution of these fields ⁹⁴. Such developmental signatures are 531 532 best characterized in sub-adult individuals. In modern humans, there is a predominance of widely-spread resorptive 533 fields variously spread over the maxilla, infraorbital and anterior zygoma as well as the mental region and coronoid 534 process of the mandible, contributing to facial retraction (orthognathy) (see Fig. 2)⁹⁵. In prognathic faces such as in 535 chimpanzees or early Australopithecus, this prognathism is characterized by a pattern of bone deposition.

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- 545 Table legend:
- Table 1. List of key specimens discussed in the text, taxonomic attribution and geological age. Ma= million
 years ago. Ka=thousand years ago.
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- 549 Figure legends:
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551 Figure 1: a) Australopithecus and Ardipithecus faces compared: Anterior views of hemisected crania, 552 Australopithecus afarensis (A.L. 822-1, left) and Ardipithecus ramidus (ARA-VP 6/500 reconstruction, right -from ref¹⁷) illustrating the fundamental characteristics of facial shape. Note similarities in frontal/supraorbital form and 553 554 inferior maxillary depth (corresponding to the limited extension of the canine roots), but pronounced differences in 555 the lateral flare and vertical depth of the infraorbital and zygomaxillary regions (reflecting enhancement of the 556 masticatory system in Au. afarensis). Specimens oriented on Frankfurt Horizontal and reproduced at equivalent 557 orbital breadths. b) Species recognized in hominin taxonomy discussed in the text. The height of the lines 558 represents currently accepted geological ages for each group or species. Abbreviations: Ar = Ardipithecus; Au =559 Australopithecus; K. = Kenyanthropus; P. = Paranthropus; H. = Homo. Note: Sima de los Huesos fossils are 560 currently unassigned to species.

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562 Figure 2: Summary of growth remodeling maps in fossil hominins compared to H. sapiens. Bone resorption is 563 represented in blue and deposition is pink. a) Au. africanus and Au. afarensis facial skeletons show a depositional 564 pattern in all anteriorly-facing surfaces of the face, in keeping with the growth of a prognathic facial skeleton 14 . 565 Only the anterior border of the mandibular ascending ramus is resorbing, which is a mechanism to relocate the 566 ramus to the borders of the pharynx in compensation for anterior displacement caused by condylar growth. b) The 567 more recent species Au. sediba (~2.0 My) illustrates some vertically oriented resorption over the maxilla 568 contributing to its less prognathic face compared to Au. afarensis and Au. africanus, and represents an evolutionary modification in facial ontogeny¹⁵. c) Paranthropus (P. boisei and P. robustus) together, differ from 569 570 Australopithecus showing narrow fields of resorption along the nasoalveolar clivus and in the vicinity of the canines 571 of the lower jaw, indicative of some posterior relocation of the jaws, and reduced prognathism 14 . d) The juvenile 572 African Homo erectus (H. ergaster) KNM-WT 15000 showed only deposition on the limited periosteal bone preserved ¹⁶. To our present knowledge, all anteriorly-facing surfaces were forming in African *H. habilis*, 573 574 reminiscent of those surfaces found in the more prognathic species of the genus Australopithecus 14 . e) The oldest known European species, H. antecessor, has resorption over the nasoalveolar clivus ¹⁶. This species is also 575 characterized morphologically as being relatively orthognathic and modern human-like ⁴² f) Fossils from Sima de 576 los Huesos, Atapuerca are, by contrast, characterized by forming bone surfaces anteriorly ⁴⁵. The Sima de los 577 Huesos population are considered Neanderthal ancestors ⁴⁷ and in keeping with this. Neanderthal faces are also 578 characterized by formation on all anteriorly facing surfaces 45 as shown in **g**). The forwardly placed midface and 579 580 nasal aperture of the Neanderthals resulted in a more anterior positioning of the tooth row en bloc, taking with it the 581 maxillary tuberosity and generating the retromolar space characteristic of Neanderthals ⁴⁵. By the anterior repositioning of the entire midface, the Neanderthal achieved relative orthognathy. h) An example of a recent 12 year old *H. sapiens* individual showing widely distributed field of bone resorption.

Figure 3: Middle-Late Pleistocene hominin crania compared to *H. sapiens*: a) La Ferrassie 1 Neanderthal dated
to ~ 60-40 Ka. b) Bodo (Ethiopia) dated to ~ 600 Ka. b) Broken Hill 1 (Zambia) dated to ~250-300 Ka. d) Nanjing,
China, dated to ~400 Ka. e) ATD6-69 maxilla, the holotype of *H. antecessor*, dated to ~850 Ka. f) *H. sapienns* from
Jebel Irhoud 1 (Morocco) dated to ~ 300 Ka. g) *H. sapiens idaltu* from Herto (Ethiopia) dated to ~ 160 Ka. h) *H. sapiens* Abri Pataud, France (dated to ~20 Ka). Skulls not to scale.

590 Figure 4: Sima de los Huesos fossils show facial differences from Neanderthals. In this frontal view of the adult 591 specimen Cranium 17 from Sima de los Huesos (SH) (Atapuerca, Spain), the face is reminiscent of that of the 592 Neanderthals in its marked nasal projection and a supraorbital torus that is continuous through the glabellar region as 593 shown by A. However, there are also key differences from "classic" Neanderthal specimens (i.e., late Middle and 594 Late Pleistocene Neanderthals). In particular, SH 17 (and the rest of the SH faces) shows the following archaic 595 features: 1) a root of the zygomaticoalveolar crest that is placed higher than in "classic" Neanderthals" (making the 596 crest more curved); 2) there is some "flexion" (depression) of the maxillae at the infraorbital foramen and groove 597 (instead of being completely flat); 3) the orbits are rectangular (and not truncated in the lower and medial corner); 598 and 4) there is a prenasal groove (i.e., the lateral nasal crests are placed in front of the spinal crests, instead of being 599 continuous with them).

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601 Figure 5: Morphometric analysis of the face discriminates Pleistocene fossils. We here show a principal 602 components analysis of nineteen facial three-dimensional landmarks (illustrated as black points on the faces shown 603 in the left panel) of a number of Middle-Late Pleistocene fossils and a sample of modern humans, revealing clusters 604 of fossils based on facial shape. Shape differences between modern humans (high PC2 scores) on the one hand, and 605 Neanderthals and other Pleistocene fossils (low PC2 scores) are illustrated in the left panel. Modern humans are 606 distinguished by a flat and anteriorly oriented face, angled zygomatic, and gracile browridge (top left), contrasting 607 with the large browridge and 'puffy' midface of the Neanderthals (bottom left). These quantitative analyses also 608 indicate the morphological proximity of some these fossils to modern humans. Irhoud 1, found in Morocco and 609 recently dated to ~300 Ka³¹, is likely an early member of the *Homo sapiens* lineage, and unlike Neanderthals and 610 other MP crania (Petralona, Bodo, Broken Hill 1, Sima de los Huesos), Irhoud 1 already shows almost completely 611 modern human-like facial morphology. Other examples of *H. sapiens* include Qafzeh from Israel ~100 Ka, Wadi 612 Kubbaniya from Egypt (~18 Ka) and possibly also the Moroccan fossils of Dar es Soltane (110-125 Ka). Grey 613 diamonds: recent modern humans; black diamonds: early anatomically modern humans; green triangles: European 614 Upper Paleolithic modern humans; red triangles: African Late Paleolithic modern humans; blue stars: North African 615 Iberomaurusians; black solid squares: African Middle Pleistocene fossils; Black open squares: European Middle 616 Pleistocene fossils; purple dots: Neanderthals. Labels as follows: Ar: Arago 21 (France); Bd: Bodo (Ethiopia); Pe: 617 Petralona (Greece); Si: Sima 5 (Spain); BH: Broken Hill 1 (Zambia); Qz6 and Qz9: Qafzeh (Israel); WK: Wadi

- 618 Kubbaniya (Egypt); DS5: Dar es Soltane 5 (Morocco). Plot produced using data collected by KH, previously
- **619** analyzed in ref 96 where additional details can be found.

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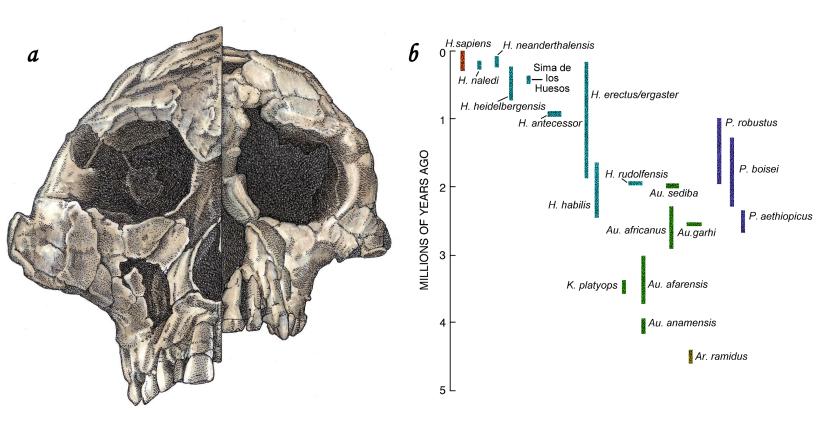
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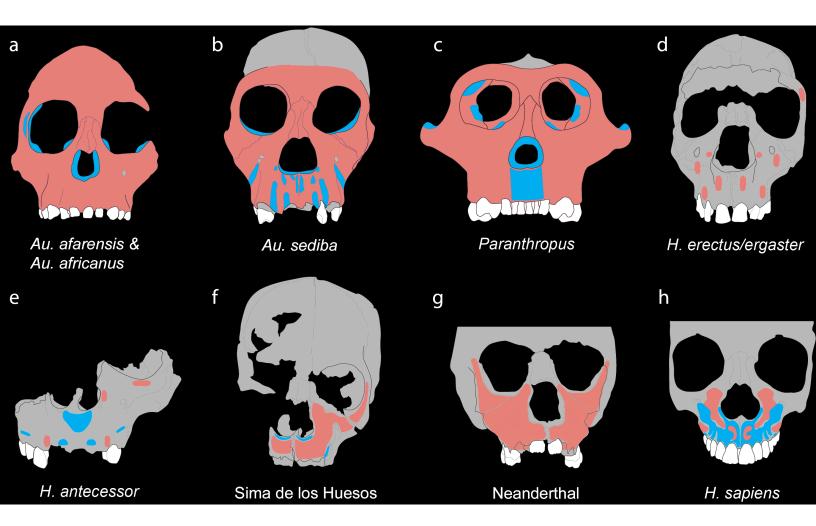
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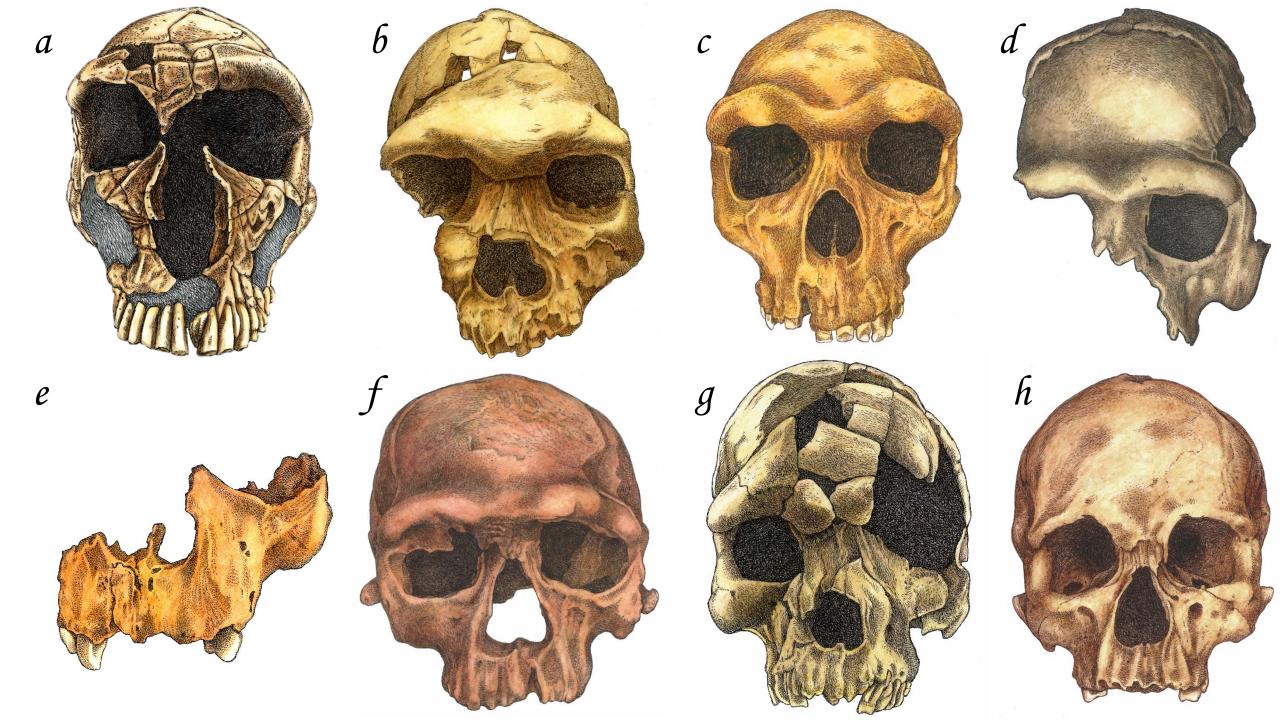
- 860 Author order reflects the relative size of the contributions made. All authors included contributed
- to the development of the study and wrote the paper.
- 862

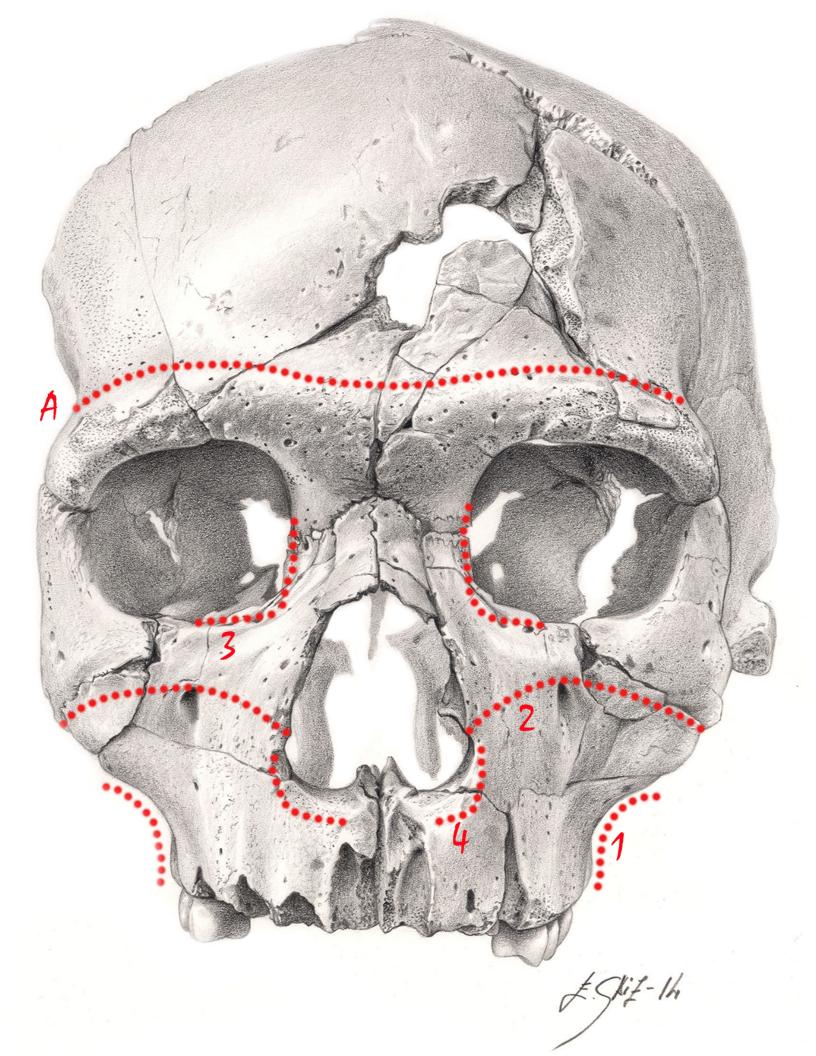
863 Competing interests

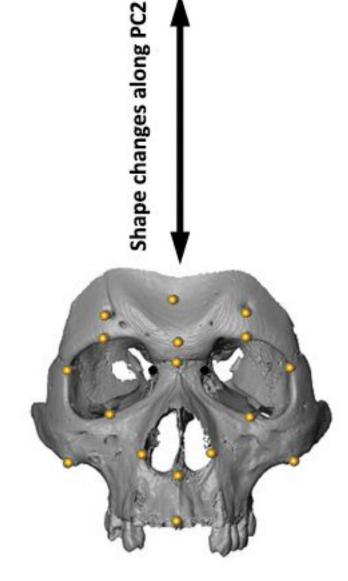
864 The authors declare no competing interests

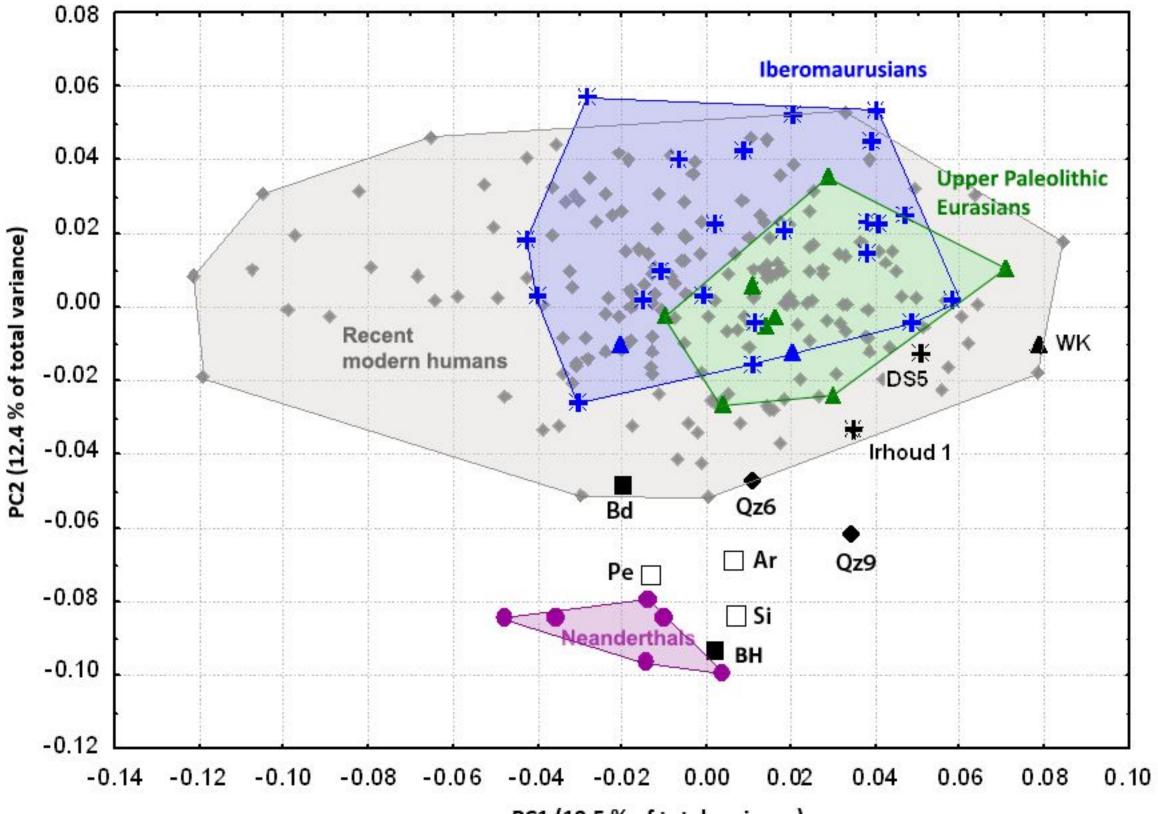












PC1 (19.5 % of total variance)

Specimen	Taxon	Geological age
KNM-ER 1470	H. rudolfensis	~1.9 Ma
KNM-ER 62000	H. rudolfensis?	~1.9 Ma
KNM-ER 1813	H. habilis	~1.9 Ma
OH 13	H. habilis	~1.6 Ma
ATD6-69	H. antecessor	~850 Ka
Bodo 1	H. heidelbergensis/ H. rhodesiensis	600 Ka
Nanjing	H. erectus?	~500 Ka
Thomas Quarry	archaic H. sapiens/ H. heildelbergensis	300-400 Ka
Ndutu	archaic H. sapiens/ H. heildelbergensis	~350 Ka
Petralona	H. heidelbergensis/ H. rhodesiensis	350-150 Ka
Jebel Irhoud	archaic <i>H. sapiens</i>	~300 Ka
Broken Hill 1	H. heildebergensis/ H. rhodesiensis	~250-300 Ka
Florisbad	archaic H. sapiens/ H. heildebergensis / H. "helmeii"	~ 250 Ka
Herto	H. sapiens "idaltu"	160 Ka
Eliye Springs	archaic H. sapiens	?

Table 1. Specimens discussed in the text, their taxonomic attribution and geological age. Ma = millions of years ago. Ka = thousands of years ago.