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# Iron-Based Core-Shell Nanowires for Combinatorial Drug Delivery, Photothermal and Magnetic Therapy

*Aldo Isaac Martínez-Banderas<sup>‡</sup>, 1, Antonio Aires<sup>‡</sup>,2, Marta Quintanilla<sup>2</sup>, Jorge A.*

*Holguín-Lerma<sup>3</sup>, Claudia Lozano-Pedraza<sup>4</sup>, Francisco J. Teran<sup>4,5</sup>, Julián A. Moreno<sup>3</sup>,*

*Jose Efrain Perez<sup>1</sup>, Boon S. Ooi<sup>3</sup>, Timothy Ravasi<sup>1</sup>, Jasmeen S. Merzaban<sup>1</sup>, Aitziber*

*L. Cortajarena<sup>2,4,5\*</sup>, Jürgen Kosel<sup>3\*</sup>.*

<sup>1</sup>Division of Biological and Environmental Sciences and Engineering, King Abdullah

University of Science and Technology, Thuwal Jeddah, 23955-6900, Saudi Arabia.

<sup>2</sup>CIC biomaGUNE, Parque Tecnológico de San Sebastián, Paseo Miramón 182, 20014

Donostia-San Sebastián, Spain.

<sup>3</sup>Division of Computer, Electrical, and Mathematical Sciences and Engineering, King

Abdullah University of Science and Technology, Thuwal Jeddah, 23955-6900, Saudi

Arabia.

1  
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3  
4 <sup>4</sup>iMdea Nanociencia, Campus Universitario de Cantoblanco, C\Faraday, 9, 28049

5  
6  
7 Madrid, Spain.  
8  
9

10  
11 <sup>5</sup>Nanobiotechnology Unit (iMdea Nanociencia) associated with Centro Nacional de

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14  
15 Biotecnología (CNB-CSIC), Campus Universitario de Cantoblanco, Madrid, 28049,

16  
17  
18 Spain.  
19  
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21  
22  
23 <sup>6</sup>Ikerbasque, Basque Foundation for Science, M<sup>a</sup> Díaz de Haro 3, 48013 Bilbao, Spain.  
24  
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26  
27 KEYWORDS iron-iron oxide core-shell, nanowires, photothermal therapy, magnetic

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30 cancer therapy, drug delivery.  
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39 **ABSTRACT**  
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44 Combining different therapies into a single nanomaterial platform is a promising approach

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47 for achieving more efficient, less invasive and personalized treatments. Here, we report

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50 on the development of such a platform by utilizing nanowires with iron core and iron oxide

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55 shell as drug carriers and exploiting their optical and magnetic properties. The iron core

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4 has a large magnetization, which provides the foundation for low-power magnetic  
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7 manipulation and magneto-mechanical treatment. The iron oxide shell enables  
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10 functionalization with doxorubicin through a pH-sensitive linker, providing selective  
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13 intracellular drug delivery. Combined, the core-shell nanostructure features an enhanced  
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16 light-matter interaction in the near-infrared region, resulting in a high photothermal  
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19 conversion efficiency of >80% for effective photothermal treatment. Applied to cancer  
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22 cells, the collective effect of the three modalities results in an extremely efficient treatment  
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25 with nearly complete cell death (~90%). In combination with the possibility of guidance  
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28 and detection, this platform provides powerful tools for the development of advanced  
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31 treatments.  
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## 43 INTRODUCTION

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48 The combination of therapeutic strategies into a single agent or platform is a promising  
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51 approach towards more efficient, safer, and less invasive cancer treatments.<sup>1-2</sup>  
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54 Nanotherapies triggered by stimuli based on remotely activated agents are attractive  
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3 alternatives, compared to chemical or radiation therapies that are highly aggressive to the  
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6 organism.<sup>3</sup> Selective subcellular delivery of pharmaceutical agents may increase the  
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9 therapeutic efficiency and simultaneously overcome secondary effects. Nanomaterials  
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12 have been employed to reach therapeutic dosing, establish sustained-release drug  
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15 profiles,<sup>4</sup> and increase the half-life of drugs, avoiding efflux or degradation.<sup>5</sup>  
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21 Nanomaterials have shown interesting structural, optical and electromagnetic  
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23 properties that together with their kinetic behavior can be modulated by their physical  
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26 properties such as size, shape and surface functionalization.<sup>4</sup> Large amounts of  
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29 therapeutic molecules, such as anticancer drugs, can be loaded onto their vast surface.<sup>6</sup>  
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32 Thus, the potential of nanomaterials as therapeutic agents can be modulated and  
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35 personalized by the biomedical properties of different surface coatings<sup>7</sup> and combined  
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38 with the intrinsic electromagnetic or optical properties of the core material.<sup>8</sup> The  
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41 biodistribution of colloidal suspensions of nanomaterials that are directly injected into the  
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44 target area or the bloodstream could be potentially controlled with different targeting  
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47 agents or remote manipulation via their electromagnetic properties.<sup>9-10</sup> In case of  
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3 magnetic nanomaterials, a magnetic field can be used for their remote guidance,<sup>11</sup>  
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7 rotation<sup>12</sup> or to induce heat.<sup>13</sup>  
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10 In the search for new treatments, the heat-sensitivity of cancer cells has been  
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12 extensively exploited for tumor therapy<sup>14</sup> and recently with nanomaterials-mediated  
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14 hyperthermia.<sup>15</sup> Heat losses of nanomaterials can be triggered remotely either by  
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16 alternating magnetic fields<sup>16</sup> or by light irradiation.<sup>17</sup> In the latter case, this so-called  
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18 photothermal therapy is based on the heat release from nanoparticles while irradiation  
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20 with near-infrared (NIR) light, minimizing biological tissue damage.<sup>18</sup> Plasmonic  
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22 nanomaterials made of gold,<sup>19</sup> silver<sup>20</sup> or copper<sup>21</sup> are the main candidates for  
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24 photothermal therapy. Optical excitation causes local plasmonic heating that affects  
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26 cancer cells in the direct vicinity of the nanomaterials, generating promising results both  
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28 *in vitro*<sup>18, 22</sup> and *in vivo* in animal models.<sup>18, 23-24</sup> The efficiency of a nanomaterial to  
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30 translate optical energy into heat is known as photothermal conversion efficiency.<sup>25</sup> This  
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32 has been determined for different gold (Au) nanomaterials, which is the most widely used  
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34 photothermal agent, reaching values from 60% to almost 100% for Au nanorods, Au/Au<sub>2</sub>S  
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3 nanoshells, and Au nanostars. Thereby, a dependence on the geometry and dimensions  
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7 of the nanomaterial was found.<sup>26-28</sup>  
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10 Iron (Fe) and iron oxide ( $\text{Fe}_x\text{O}_y$ ) nanomaterials have been exploited for cell therapies  
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12 since a long time, and their development for cancer treatment in the form of magnetic  
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14 particle hyperthermia has reached the clinical trials.<sup>29-31</sup> These materials are highly  
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17 biocompatible with a pronounced degradation and clearance *in vivo*; indeed, the body  
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20 assimilates the ions released through a highly regulated process.<sup>32-35</sup> In addition, their  
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23 magnetic properties allow the manipulation by magnetic forces<sup>11, 15, 36</sup> as well as tracking  
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26 by magnetic resonance imaging.<sup>37-40</sup> This makes iron-based nanomaterials highly  
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29 attractive for next-generation multifunctional platforms.  
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38 Several types of  $\text{Fe}_x\text{O}_y$  nanoparticles have been tested for photothermal therapy *in vitro*  
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40 and *in vivo*. Their efficiency typically lags behind the one of their Au counterparts. For  
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42 instance, 13 nm Fe/ $\text{Fe}_x\text{O}_y$  (core/shell) particles were reported with a conversion efficiency  
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44 around 20% (808 nm, 0.3–0.4 W/cm<sup>2</sup>),<sup>40</sup> 180 nm  $\text{Fe}_3\text{O}_4$  chitosan-modified spherical  
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46 particles induced a temperature change ( $\Delta T$ ) of about 54°C (808 nm, 2 W/cm<sup>2</sup>),<sup>41</sup> highly  
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48 crystallized 15 nm  $\text{Fe}_x\text{O}_y$  nanoparticles yielded a  $\Delta T$  of 33°C (885nm, 2.5W/cm<sup>2</sup>)<sup>42</sup>, and  
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3 nanoparticle clusters of 225 nm in diameter showed a  $\Delta T$  of 51°C (808 nm, 5 W/cm<sup>2</sup>).<sup>43</sup>

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7 Recently, Fe<sub>3</sub>O<sub>4</sub> nanocubes were used for a dual treatment using magnetic and  
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10 photothermal heating. The nanocubes were exposed to both, an alternating magnetic field  
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13 (AMF) and NIR laser irradiation (808 nm, 0.3 and 0.8 W/cm<sup>2</sup>) that highly amplified their  
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17 heating effect.<sup>44</sup>

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21 Magnetic Nanowires (NWs) are characterized by their large magnetic moments and  
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24 saturation.<sup>45</sup> NWs composed of Fe have shown cellular internalization with high  
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27 biocompatibility, even at high concentrations with long incubation periods.<sup>46</sup> Due to the  
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31 NWs' shape anisotropy, forces and torques can be generated when a magnetic field is  
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34 applied.<sup>47-50</sup> At low frequencies, a magneto-mechanical effect is produced by the oscillation of  
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37 the NWs,<sup>49</sup> while a hyperthermia effect can be generated at high frequencies (~100 kHz)<sup>51-52</sup>.  
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40 Magnetic NWs have been reported to induce cancer cell death through a magneto-mechanical  
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43 effect by applying an AMF (0.4 kA/m, 1 Hz and 1 kHz, 10 min), where any temperature  
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46 contribution was disregarded, since no temperature change was detected between the testing  
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49 groups. Cell death was partially attributed to cell membrane rupture, due to the magneto-  
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52 mechanical disruption exerted by the NWs.<sup>47</sup> Furthermore, the potential of doxorubicin (DOX)-  
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60 functionalized Fe NWs for cancer treatment has been previously assessed *in vitro* by



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3 combining the chemotherapeutical effect of DOX, with the magneto-mechanical  
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6 disturbance exerted by the NWs, when a low frequency AMF is applied (0.8 kA/m, 10 Hz,  
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9 10 min). An additive cytotoxic effect was found by the combinatory treatment, decreasing  
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11 the cell viability by ~70%, an efficacy that was higher than the ones obtained by either  
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14 strategy individually.<sup>50</sup>  
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21 Here, we report the first observation of the photothermal effect in NWs composed of an  
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23 Fe core and an Fe<sub>x</sub>O<sub>y</sub> shell and study its efficacy for killing cancer cells. The optical  
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25 properties of the core-shell NWs were characterized, and a photothermal efficiency that  
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27 is competitive with Au-based structures was obtained. Their photothermal response  
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29 inside breast cancer cells was evaluated by temperature measurements through a NIR  
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31 thermal camera. Cell internalization and the effectiveness of the NWs as drug carriers  
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34 were further corroborated. Finally, the combination of the chemotoxic, magneto-  
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36 mechanical, and optical treatment modes with the functionalized core-shell NWs was  
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38 evaluated through the decrease in cell viability of breast cancer cells, revealing an  
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40 extremely high efficiency, exceeding the one of the individual treatments and the free  
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42 chemotherapeutic treatment with the anticancer drug.  
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## RESULTS AND DISCUSSION

### Nanowire characterization

The physical and chemical properties of core-shell NWs composed of Fe used in this study have been previously described and reported.<sup>50, 53</sup> With a deposition time of 1.5 h, NWs with an average length of  $6.4 \pm 1.3 \mu\text{m}$  ( $n=100$ ) and a diameter of 30 to 40 nm were fabricated as observed in transmission electron microscopy (TEM) and scanning electron microscopy (SEM) images, respectively (Figure 1A). Since the NWs are exposed to air, water, sodium hydroxide, ethanol, etc., oxidation of their surface is unavoidable. The resulting  $\text{Fe}_x\text{O}_y$  layer is typically 4-7 nm thick,<sup>46</sup> composed of both  $\text{Fe}_3\text{O}_4$  and  $\text{Fe}_2\text{O}_3$ ,<sup>50, 53</sup> and has a significant contribution to the biocompatibility,<sup>53</sup> functionalizability,<sup>46, 50, 54</sup> and magnetic properties of the NWs.<sup>55</sup>

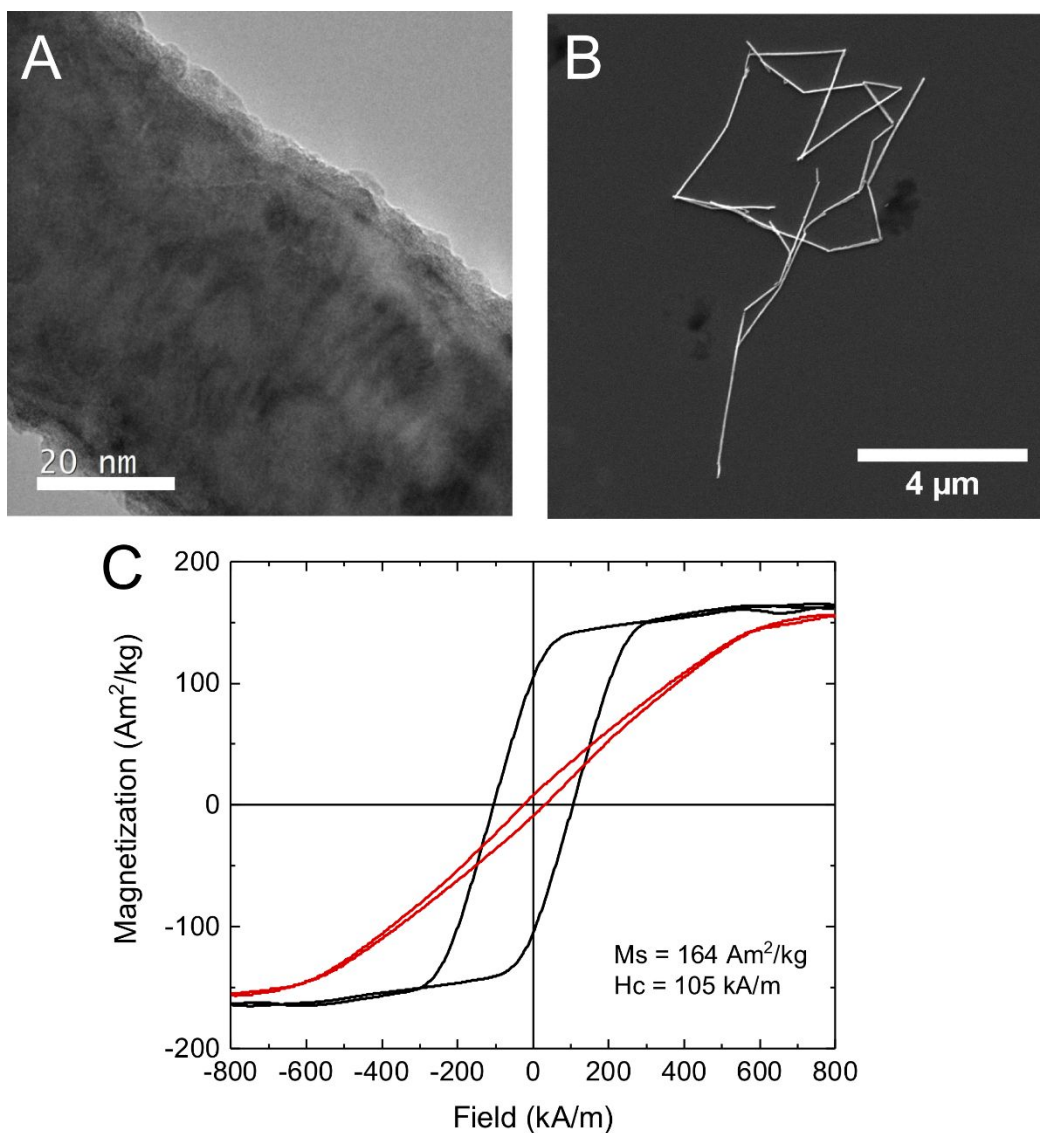
A sample of NWs was first coated with bovine serum albumin (BSA)<sup>56</sup>. Zeta potential changed to -58 mV upon coating, compared to +2.85 mV of bare NWs,<sup>57</sup> aiding the dispersion of the NWs by electrostatic interaction. The presence of the coating around

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3 the NWs has been previously confirmed<sup>58</sup> and improved the biocompatibility<sup>50</sup> and  
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6 colloidal properties with a reduction of agglomeration and enhancement of the dispersion.  
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10 A DOX derivative<sup>50, 59</sup> was bound to the BSA coated NWs (NWs\_DOX) through a pH-  
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13 sensitive, covalent bond that allows the selective release of the unmodified drug, when  
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16 exposed to intracellular conditions (pH = 5 in endosomes/lysosomes).<sup>6, 60</sup> The release  
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19 kinetics of DOX from the functionalized NWs (identical to the ones used in this study) has been  
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22 previously reported.<sup>50</sup> A DOX release of 80% was observed, when placing the NWs in an acidic  
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25 environment after 2 h, in comparison to the minor release observed, when the NWs remained in a  
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28 solution at neutral pH. Due to several sonication processes that break the NWs apart during  
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31 the functionalization process, the length of the NWs was reduced to  $3.0 \pm 1.2 \mu\text{m}$  (Figure  
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35 1B).

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38 The magnetization curve of the NWs inside the alumina membrane is shown in Figure  
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41 1C. The values of the saturation magnetization and the coercive field are  $164 \text{ Am}^2/\text{kg}$  and  
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44  $105 \text{ kA/m}$ , respectively, for a field applied parallel to the NWs. Similar values for the  
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47 saturation magnetization ( $M_S$ ) have been reported for Fe NWs before,<sup>46</sup> and they are  
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50 lower than the one of bulk Fe at room temperature ( $218 \text{ Am}^2/\text{kg}$ ).<sup>61</sup> The difference is  
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53 caused by the presence of the oxide layer surrounding the NWs. Magnetization  
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3 measurements of core-shell NWs composed by Fe with different oxidation levels revealed  
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6 that the saturation and remanent magnetizations depend on the oxide interphase  
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10 thickness.<sup>53</sup> It is important to note that the magnetization loop of a single NW deviates  
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13 considerably from the one of an array, because of the magnetostatic interaction between  
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16 the NWs inside of the template. Single Fe NWs demonstrated single domain properties,  
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19 and therefore are permanently magnetized with the magnetic remanence value being  
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24 equal to the one of  $M_S$  measured in the parallel direction.<sup>45</sup>  
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**Figure 1.** Characterization of Fe-Fe<sub>x</sub>O<sub>y</sub> core-shell NWs. (A) TEM image of a single NW. (B) SEM image of NWs on a silicon substrate after functionalization. (C) Magnetization curves of NWs embedded in the alumina membrane with the NWs placed parallel (black curve) and perpendicular (red curve) to the direction of the applied magnetic field (M<sub>S</sub> is the saturation magnetization and H<sub>C</sub> the coercive field, n = 3).

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7 A sample of core-shell NWs was subjected to oxidizing conditions and its chemical  
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10 composition compared with the one of NWs with a native oxide layer. The electron energy  
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13 loss spectroscopy (EELS) composition maps in Figure S1 confirms a core-shell structure  
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16 with an Fe core (Figure S1AII and S1BII) surrounded by an  $\text{Fe}_x\text{O}_y$  shell (Figure S1AIII  
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18 and S1BIII). Moreover, the EELS map of the sample subjected to oxidizing conditions  
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21 shows an increase in the thickness of the  $\text{Fe}_x\text{O}_y$  shell with  $\sim 10$  nm (Figure S1BI to S1BIV)  
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24 in comparison to the NWs with native  $\text{Fe}_x\text{O}_y$  layer with a thickness of  $\sim 5$  nm (Figure S1AI  
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26 to S1AIV). This shell can be identified in the Fe map (Figure S1BII), where a layer of lower  
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28 color intensity is observed at the edges of the NW, which exactly overlaps with the oxygen  
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30 map (Figure S1BIII). The oxide shell displays a constant thickness, in contrast to the  
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32 sample with a native oxide layer that appears more diffuse. Furthermore, Figures S1BIII  
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34 and S1BIV indicate an apparent increase of oxygen in the core region. Full oxidation of  
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36 NWs composed of Fe, such as the ones employed in this study, has been previously  
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38 corroborated using similar oxidizing conditions.<sup>53</sup>  
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## Photothermal efficiency

The absorption spectra of aqueous solutions of both core-shell NWs, with thick and native  $\text{Fe}_x\text{O}_y$  shell (Figure 2A) show that the absorption (i.e. the optical density) gradually decreases from the ultraviolet through the visible region (300 nm to 700 nm) down to the NIR region (>700 nm) for both NW samples. This trend is in agreement with reported spectra of different Fe-based and  $\text{Fe}_x\text{O}_y$ -based nanomaterials.<sup>40-41, 62-63</sup> Even though the light absorbance of both core-shell NWs is lower for the NIR compared to the visible range, deep light penetration into the biological tissue occurs only in the NIR range,<sup>64</sup> hence, this range is the most interesting one.

The inset of Figure 2A shows that at the 808 nm wavelength region the NWs with native oxide shell (Figure 2A, blue line) exhibit an absorption ~27% higher than that of the oxidized NWs (Figure 2A, black line). From the absorption spectra, the extinction coefficients (at 808 nm) for NWs with native  $\text{Fe}_x\text{O}_y$  shell and oxidized NWs were calculated to be ~922 L/mol·cm and ~680 L/mol·cm, respectively. The absorbance spectra of previously reported nanoparticles composed of Fe measured at different time points during oxidation process display the same trend. Slightly oxidized nanoparticles,

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3 analogous to our NWs with their Fe-Fe<sub>x</sub>O<sub>y</sub> core-shell structure, showed higher absorption  
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7 in the NIR range compared to the same nanoparticles at a longer oxidation time.<sup>65</sup>  
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10 Altogether, these results confirm that the presence of both Fe and Fe<sub>x</sub>O<sub>y</sub> have an  
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14 influence on the optical properties of nanomaterials.  
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17 The optical absorption spectra of different Fe<sub>x</sub>O<sub>y</sub> nanocrystals have been explained by  
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20 the charge transfer and ligand transitions of Fe in its oxidized forms<sup>63</sup>. However, the role  
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24 of the solid Fe core on the optical properties of core-shell Fe-Fe<sub>x</sub>O<sub>y</sub> nanoparticles has not  
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28 been described in the past.  
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31 In general, the fate of light incident onto the surface of Fe depends on its wavelength.  
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34 High-energy light will be absorbed at specific energy transitions of Fe such as the first  
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38 ionization energy (~7.9 eV)<sup>66</sup> or the workfunction (~4.5 eV).<sup>67</sup> Since the energy of the light  
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42 at 808 nm (1.53 eV) is lower than the work function or the ionization energies of Fe, most  
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46 of the light will be reflected or scattered, due to the electric field component.<sup>68</sup> However,  
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49 given the physical confinement at the nano-scale (e.g. the short-axis of the NWs) the  
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53 electrons in the Fe core are still subject to oscillations and dipoles created by the  
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57 alternating electric field of the incident light. This leads to significant electron-electron and  
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3 electron-phonon interactions similar to the ones described for noble metals.<sup>69</sup> These types  
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7 of interactions are weaker in semiconductors such as  $\text{Fe}_x\text{O}_y$ , due to the lower amount of  
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10 free electrons and phonons participating in the conduction phenomena. A clear example  
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13 of this difference is illustrated by the thermal conductivity, depicting values of 80 W/m·K  
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16 for Fe,<sup>70</sup> and <7 W/m·K for  $\text{Fe}_x\text{O}_y$ .<sup>71</sup> Other nanoscale-related effects such as photon  
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18 trapping and photon localization<sup>72</sup> as well as interfacial effects such as metal-oxide band  
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21 alignment and electron transport<sup>73</sup> can lead to increased light-matter interactions in core-  
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24 shell structures in contrast to pure  $\text{Fe}_x\text{O}_y$  nanoparticles.  
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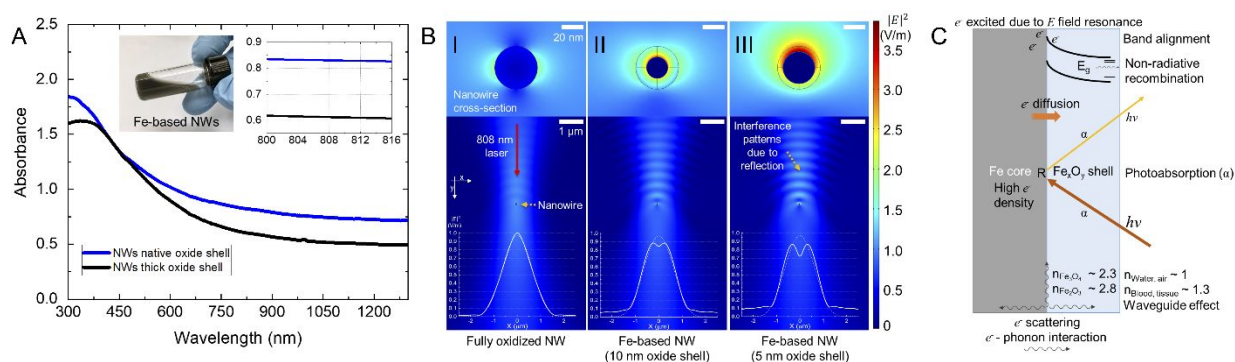
31 As compared to Au-based nanoparticles coated with  $\text{Fe}_x\text{O}_y$ , the energy needed to move  
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34 electrons from the metal to the oxide is lower in the case of Fe- $\text{Fe}_x\text{O}_y$  core-shell  
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37 nanoparticles. The work function of Au ( $\Phi_{\text{Au}} \sim 5.1$  eV) is larger than the one of Fe ( $\Phi_{\text{Fe}} \sim$   
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39 4.5 eV),<sup>67</sup> giving rise to a lower potential barrier for the electrons in the Fe core to diffuse  
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42 into the conduction band of the oxide shell upon light excitation. This is normally  
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45 correlated to an enhanced photocatalytic activity<sup>74</sup> and will lead to recombinations related  
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48 to the photothermal effect.<sup>75</sup> An electromagnetic wave traveling into an Fe- $\text{Fe}_x\text{O}_y$  core-  
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51 shell NW will first interact with the oxide shell, where it gets partially absorbed, then it will  
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3 interact with the metal, partly being subject to reflection, and then it will interact again with  
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7 the oxide in a multi-absorption path. Meanwhile, in the case of pure  $\text{Fe}_x\text{O}_y$  nanoparticles,  
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10 light travels in a single-pass absorption event, whereas pure Fe nanoparticles could  
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13 reflect most of the light. In order to evaluate this theory, finite element method simulations  
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16 were performed by comparing core-shell Fe NWs with different thickness of the oxide  
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19 shell and evaluating the amplitude of the electric field originating from the electromagnetic  
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22 wave interacting with the sample (Figure 2B). For simplicity we used the cross-section of  
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25 the NWs to illustrate the short-axis (i.e. the in-plane vectors), while the out-of-plane vector  
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28 corresponds to the long-axis of the NWs. As seen in Figure 2B, a laser light with a  
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31 wavelength of 808 nm is projected along the y-axis in order to interact with three different  
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34 types of NWs. The images in the top row show the detail of the interaction, whereas the  
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36  
37 images in the bottom row show the projection path of the light and the intensity profile at  
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39  
40 a distance of 0.5  $\mu\text{m}$  after the NWs. In Figure 2BI, a NW made of only  $\text{Fe}_x\text{O}_y$  concentrates  
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42  
43 the electric field of the incident light ( $E = 1 \text{ V/m}$ ) up to 1.9 times, due to the dipole created  
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46 under the influence of the alternating electric field from the light. There is very low  
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49 reflection (i.e. subtle interference patterns) and most of the incident light is undisturbed.  
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4 The later effect can be observed from the intensity profile after interaction with the NW,  
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7 showing a Gaussian distribution closely similar to the one exhibited by the same laser  
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10 light in an obstacle-free path (i.e. without NW interaction), shown as a dotted line in the  
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12  
13 plot. In Figure 2BII and Figure 2BIII, Fe-Fe<sub>x</sub>O<sub>y</sub> core-shell NWs with a thick oxide shell (10  
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16 nm) and with a thin oxide shell (5 nm) showed an increase in the strength of the electric  
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19 field by a factor of ~3.9 and ~3, respectively. These values represent an increase of 51%  
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22 and 37% as compared to the NW composed of only Fe<sub>x</sub>O<sub>y</sub>. This enhancement of the light-  
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24  
25 matter interaction among the core and the shell has been observed on metal-  
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28 semiconductor NW structures designed to improve the light absorption of  
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31 semiconductors.<sup>76</sup> In a similar way, as seen in the simulations, the peak intensities of the  
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34 electric field are found within the oxide shell giving rise to a potential enhancement of the  
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37 photothermal effect. A model of a NW made of pure Fe (i.e. without any oxide shell)  
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40 reveals a concentration of the electric field of up to ~8.8 times of the incident beam (Figure  
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44 S2). This is expected from the strong interaction of electromagnetic waves with the  
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47 electron density of the metal. Even though this could be attractive as a potential  
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50 photothermal agents, an oxide layer is unavoidable in reality. Moreover, the strong  
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3 interaction of light with the elemental Fe can be responsible for reducing the penetration  
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7 of light through an array of NWs, limiting the depth and the number of NWs involved in  
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10 the light-matter interaction. These findings highlight the novelty of utilizing Fe-Fe<sub>x</sub>O<sub>y</sub> core-  
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14 shell NWs.  
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17 Figure 2BII and Figure 2BIII also reveal interference patterns, due to the significant  
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20 reflection from the Fe core, as well as scattering that can be seen in the perturbed  
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23 intensity profile of the light after interaction with the core-shell NWs. These phenomena  
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27 is expected to enhance the overall absorption in randomly dispersed NWs by achieving  
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30 multiple absorption events, where the light that is being reflected from one NW would be  
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33 recycled towards another NW. Additional considerations such as a the high refractive  
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36 index contrast (Fe<sub>3</sub>O<sub>4</sub>:  $n \sim 2.3$ ; Fe<sub>2</sub>O<sub>3</sub>:  $n \sim 2.8$ ; compared to blood and tissue:  $n \sim 1.3$ )<sup>77-</sup>  
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39 <sup>79</sup> and the energy band alignment at the Fe-Fe<sub>x</sub>O<sub>y</sub> interface, could potentially benefit the  
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42 light guiding, photon trapping, electron diffusion, and electron-phonon interaction, leading  
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45 to an increased photothermal effect in the oxide shell. A summary of the proposed light-  
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49 NW interaction is shown in Figure 2C.  
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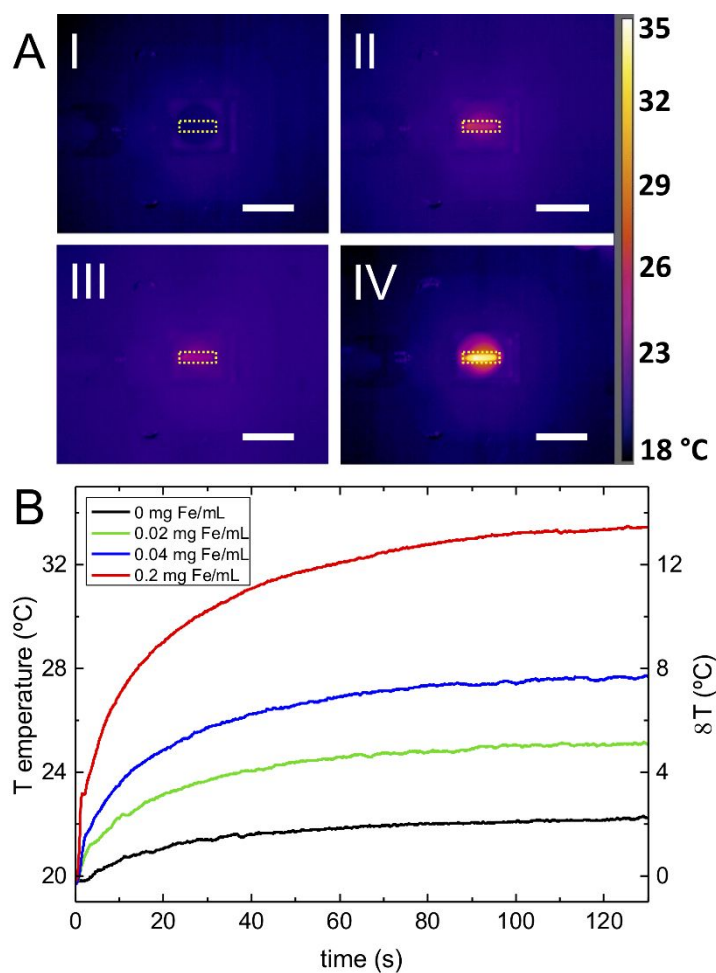


**Figure 2.** Optical characterization of Fe-Fe<sub>x</sub>O<sub>y</sub> core-shell NWs with different oxidation level. (A) Optical absorption spectra of aqueous solutions of Fe-Fe<sub>x</sub>O<sub>y</sub> core-shell NWs with native oxide layer (blue) and exposed to oxidizing conditions (black), both at the Fe concentration of 0.05 mg of Fe/mL. Insets show an aqueous solution of Fe NWs (left) and a magnification of the region of interest (right). (B) Simulation of the light absorption in NWs with different oxidation levels showing the intensity of electric field generated by the interaction of a focused laser light (808 nm) and the cross-section of the NWs. The top row shows the vicinity of the NWs and the bottom row shows the light path and intensity profile of the incident light after interaction with (BI) a fully oxidized NW, (BII) a model of the NW exposed to oxidizing conditions (Fe<sub>x</sub>O<sub>y</sub> shell = 10 nm), and (BIII) a model of the NW with native oxide shell (Fe<sub>x</sub>O<sub>y</sub> shell = 5 nm). For comparison, the electric field profile of the laser light without obstacles (i.e. without NWs) is plotted as dotted line. (C)

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3 Proposed phenomena of the light-matter interaction for Fe-Fe<sub>x</sub>O<sub>y</sub> core-shell NWs upon  
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7 light exposure, leading to increased light absorption and augmented photothermal effect.  
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15 The core-shell NWs with native oxide layer (~5 nm thick) were chosen for further  
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18 experiments, due to the higher absorption observed at 808 nm in comparison with NWs  
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21 exposed to oxidizing conditions. Infrared thermography images from the NW suspensions  
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25 are shown in Figure 3A. A significant difference in the temperature is observed between  
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28 the image of the phosphate buffer saline (PBS) solution (0 mg Fe/mL, Figure 3AI) and the  
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31 NW suspensions in PBS containing 0.02, 0.04, and 0.20 mg Fe/mL in quartz micro-  
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35 cuvettes during the laser irradiation (Figure 3AII-3AIV) that increased with the Fe  
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38 concentration. The average temperatures of the solutions were calculated from the area  
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41 within the cuvette, indicated by yellow squares (9 mm x 2 mm) in each sample, and were  
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45 plotted as a function of time (Figure 3B). After 2 min, a  $\Delta T$  of about 13°C was measured  
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49 in the solution with the highest NW concentration (0.2 mg Fe/mL), whereas the solution  
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53 with 10 times less NW content showed a  $\Delta T$  of approximately 4°C. These results  
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3 confirmed that the heating occurred by the NWs present in the solution, as the control  
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7 sample, containing only PBS, showed a  $\Delta T$  of only  $2^{\circ}\text{C}$ . Cyclic measurements of the initial  
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10 and final temperature of a NW solution in PBS ( $0.2\text{ mg Fe/mL}$ ) throughout 5 consecutive  
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14 days show no decrease in the photothermal response of the NWs, indicating stability after  
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17 multiple irradiation sessions (Figure S3).  
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3 **Figure 3.** Photothermal effect of Fe-Fe<sub>x</sub>O<sub>y</sub> core-shell NWs. (A) Thermal images of the NW  
4 solutions in quartz micro-cuvettes acquired with an IR camera. (A1) PBS solution before  
5 laser irradiation. (AII) to (AIV) samples with 0, 0.02 and 0.20 mg Fe/mL, respectively, after  
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14 2 min of NIR laser irradiation at 808 nm. The laser was applied with 0.8 W/cm<sup>2</sup>, and the  
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17 images show top views of the samples. The yellow rectangles indicate the area from  
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21 which the average temperature was calculated. Scale bar = 1 cm. (B) Temperature  
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24 response of the NW suspensions, when irradiated with a NIR laser (808 nm) at the  
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27 concentrations of 0, 0.02, 0.04, and 0.20 mg Fe/mL.  
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36 The efficiency of core-shell NWs to convert optical energy into heat was determined by  
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39 calculating the photothermal conversion efficiency as explained in the Methods section.  
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43 From the temporal response curves of each NW solution, when cooling down, the  
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46 characteristic thermal time constant of the system was determined (Figure S4). This  
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49 thermal time constant was correlated to a linearized heat transfer coefficient (Equation 5)  
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53 that can, in turn, be used to calculate the amount of heat energy accumulated in or lost  
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3 from the sample, given the temperature inside (Equation 3 and 4). The calculated  
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7 parameters are summarized in Table S1. An average efficiency value of 83% was found  
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10 for the three NW solutions. This value is in the same range as those obtained for Au-  
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13 based nanoparticles, Au nanorods, Au/Au<sub>2</sub>S nanoshells, and Au nanostars at similar  
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16 irradiation conditions.<sup>26-28</sup> The photothermal conversion efficiency of the solution  
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21 decreases with increasing NW concentration, which can be explained by a reduction in  
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24 the light penetration when increasing the NW concentration, as the laser beam is  
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28 attenuated by the NW suspension.  
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32 Additionally, the specific loss power (SLP) was determined, considering the dynamical  
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35 temperature curves of each NW suspension shown in Figure 2C, from which the slope at  
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38 initial times after NIR irradiation (Figure S5) was used together with the specific heat  
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41 capacity and mass of the suspension components (Equation 6, see Supporting  
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44 Information). The calculated SLP values range from 121.7±1.3 kW/g Fe to 74.4±0.7 kW/g  
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48 Fe for NW dispersions with Fe contents of 0.02 and 0.2 mg Fe/ml, respectively (Table  
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51 S2). The reason for the decrease in the SLP value at higher concentrations is again  
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55 attributed to the increased laser beam attenuation by the NW suspension. Although the  
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3 temperature response curves in Figure 2C were obtained in non-adiabatic conditions,  
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7 which significantly influence the temperature slope at initial times during NIR irradiation,<sup>80-</sup>  
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10 <sup>83</sup> the SLP values of core-shell Fe-Fe<sub>x</sub>O<sub>y</sub> NWs remained much higher than those reported  
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14 for other Fe<sub>x</sub>O<sub>y</sub> nanoparticles.<sup>44, 84-88</sup>  
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### 21 Cellular internalization

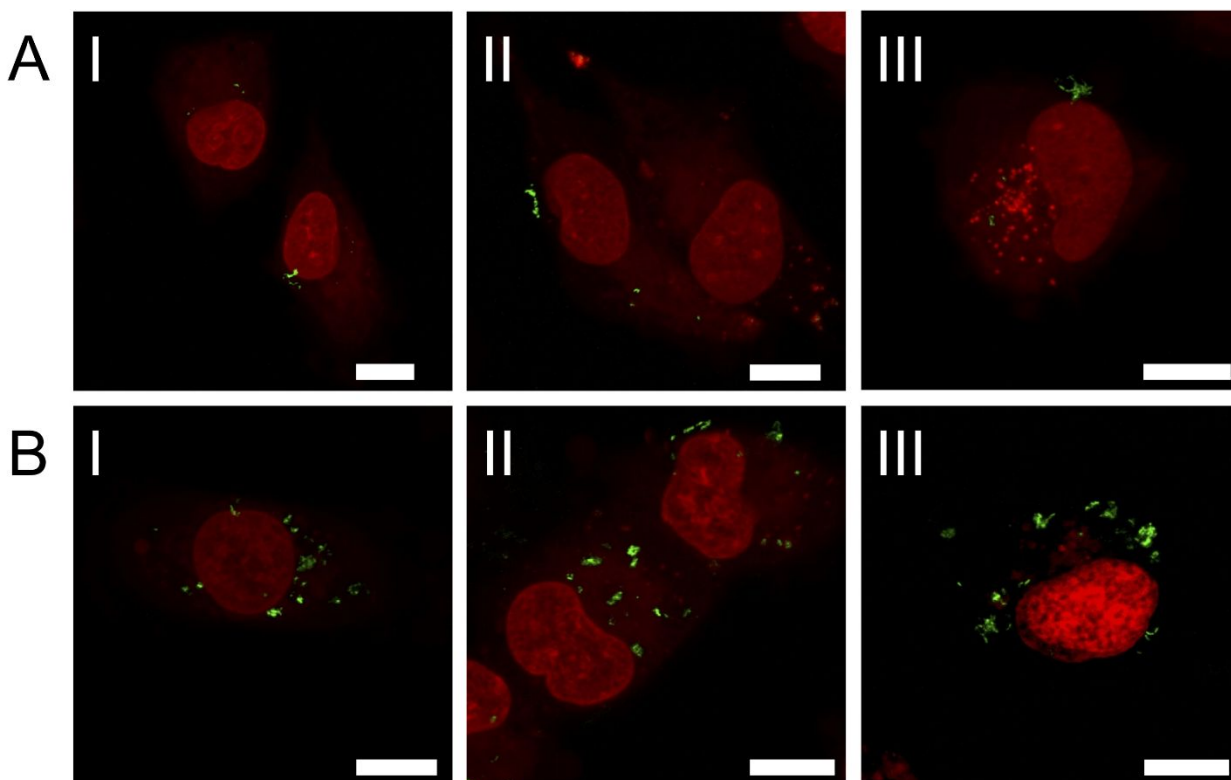
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24 Studies on the cellular uptake and degradation of NWs similar to the ones employed in  
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27 this study have been previously reported.<sup>89-90</sup> In this study, NWs internalization on breast  
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30 cancer cells was assessed through inductively coupled plasma mass spectrometry (ICP-  
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33 MS) measurements and confocal reflection microscopy. From the ICP measurements, an  
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36 average Fe mass of 42±2 and 115±2 pg Fe/cell was quantified for cells incubated with  
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39 0.01 or 0.02 mg of Fe/mL of core-shell NWs coated with BSA. This internalization  
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42 represents ~60% and ~79% of the NW mass dispersed in the cell media for incubation,  
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46 respectively. It should be noted that these values refer not only to internalized NWs but  
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49 also to NWs embedded in or adsorbed on the extracellular structures surrounding the  
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56 plasma membrane.  
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4 Confocal reflection microscopy images of internalized BSA coated NWs in breast  
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7 cancer cells were taken after 24 h of incubation with 0.01 mg Fe/mL (Figure 4AI to 4AIII)  
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10 or 0.02 mg Fe/mL (Figure 4BI to 4BIII) with  $n = 3$  in both cases. This method exploits the  
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13 ability of the NWs to reflect light at a wavelength of 488 nm and has been successfully  
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16 implemented before to study the internalization of NWs in MDA-MB-231 cells.<sup>50</sup> The BSA  
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19 coated NWs, which are shown in green, were colored with ZEN-ZEISS imaging software,  
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22 and the nucleus, shown in red, was stained with NucRed™ Live 647 (ThermoFisher). A  
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28 considerably larger number of NWs appeared in the cells incubated with 0.02 mg Fe/mL.  
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31 Previous studies utilizing NWs with similar dimensions show that cellular internalization is a  
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34 continuous process that starts upon contact between NWs and cells,<sup>57</sup> and takes place through the  
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37 activation of the integrin-mediated phagocytosis pathway.<sup>48, 91</sup> Frustrated phagocytosis, that could  
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40 led to inflammatory process *in vivo*, has been observed in cells incubated with longer NWs ( $>14$   
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43  $\mu\text{m}$ ).<sup>92</sup> Perez et al., 2016 have reported that internalized NWs were observed inside endosomes 24  
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46 h post incubation and that a minimal fraction ( $\sim 2\%$ ) of them dissolved intracellularly after 72 h  
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49 due to the acidic environment of the lysosomal compartments in the cytoplasm.<sup>49</sup>

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51 In order to investigate the subcellular location of the DOX functionalized NWs after  
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54 endocytosis, confocal microscopy was performed after 48 h of incubation (Figure S6,  
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57 Supporting videos S1 and S2). The NWs were monitored by confocal reflection mode, the  
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3 nucleus and endosomes/lysosomes were stained with NucRed™ Live 647  
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7 (ThermoFisher), and the released DOX was monitored by its fluorescence (Figure S6).  
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10 Confocal fluorescence imaging corroborated the cellular internalization of the NWs,  
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13 which mostly co-localized with the endosomes/lysosomes. It also confirmed that DOX  
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16 was internalized with the NWs and was released after 48 h post incubation, when it started  
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19 to accumulate inside the endosomes/lysosomes.  
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24 Furthermore, localization of DOX in the nucleus was observed after 72 h of incubation  
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27 of the cells with the functionalized NWs (Figure S7).  
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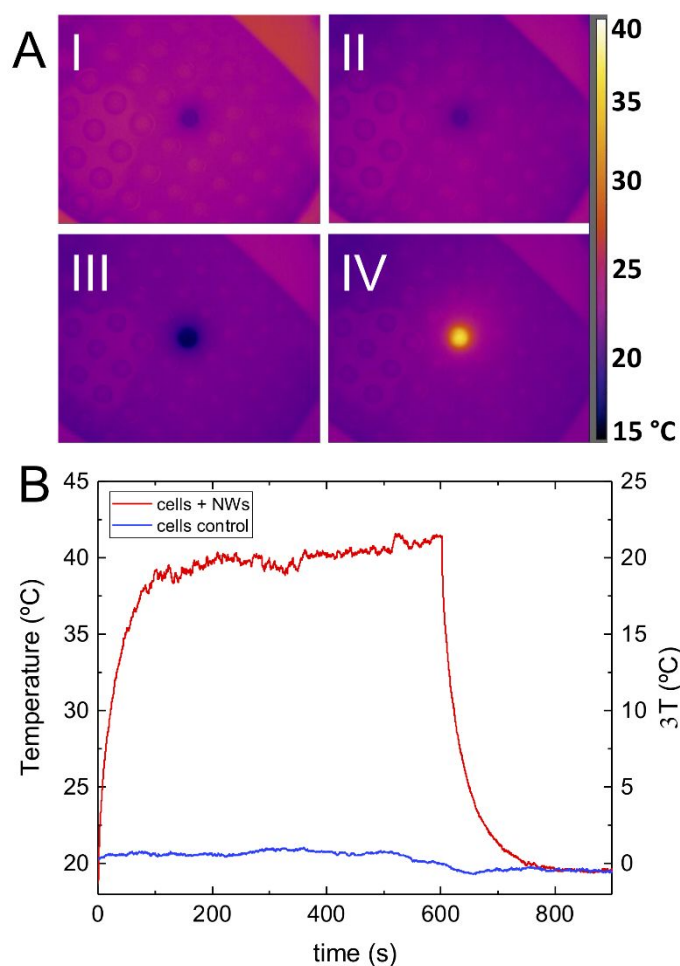


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4 **Figure 4.** Confocal microscopy images of MDA-MB-231 cells incubated with BSA coated  
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7 NWs. Cell incubated with BSA coated NWs after 24 h with a concentration of 0.01 mg  
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10 Fe/mL (AI-AIII) and 0.02 mg Fe/mL (BI-BIII). Scale bars = 10  $\mu$ m. NWs through light-  
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13 reflected signal are shown in green and were pseudo-colored using ZEN-ZEISS imaging  
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16 software. The nucleus, shown in red, was stained with NucRed™ Live 647. These are  
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19 representative images of 3 independent experiments for each NW concentration.  
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#### 27 **Photothermal effect of nanowires in cancer cells**

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31 The photothermal conversion effect of the BSA coated NWs inside cells was evaluated  
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34 by using a concentrated suspension of breast cancer cells ( $1.5 \times 10^6$  cells/mL) after being  
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37 incubated with the NWs at a concentration of 0.02 mg Fe/mL. A concentrated cell  
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40 suspension with no internalized NWs was used as a negative control. The concentrated  
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43 cellular suspensions inside a well of a 96 well plate were irradiated with an 808 nm laser  
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46 at  $0.8 \text{ W/cm}^2$  for 10 min at room temperature, and the temperature was monitored with  
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49 an IR thermal camera fixed above the samples (Figure 5). As shown in Figure 5A, thermal  
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52 images from both the control and the NW-incubated cell suspensions before and during  
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3 the laser irradiation were acquired, and the temperature profiles were plotted in Figure  
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7 5B. During irradiation, the NW-incubated cell suspension reached a temperature of  
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10 almost 40°C (Figure 5AIV), which is translated into a  $\Delta T$  of  $\sim 20^\circ\text{C}$ , whereas control cells  
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13 (Figure 5AII) showed only a slight temperature increase of  $\sim 2^\circ\text{C}$ . This result indicates that  
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16 intracellular confinement did not hinder the photothermal conversion of NWs when a high  
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21 cell density is used.  
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**Figure 5.** Photothermal effect of BSA coated NWs in breast cancer cells. (A) Thermal images acquired with an infrared camera of a concentrated suspension of breast cancer cells. Cells without NWs before (AI) and after (AII) NIR laser irradiation. Cells incubated with BSA coated NWs before (AIII), and after (AIV) NIR laser irradiation. The laser was applied with a power density of 0.8 W/cm<sup>2</sup>, and the images correspond to the view from the top of a 96 well plate. (B) Temperature response curves of concentrated suspensions

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3 of breast cancer cells non-incubated (control) and incubated with BSA coated NWs (0.02  
4 mg Fe/mL) that were irradiated with a NIR laser (808 nm).  
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15 A notable difference is observed between the temperature change with the dense  
16 cellular suspension (initially incubated with NWs at a concentration of 0.02 mg Fe/mL;  
17 Figure 5B;  $\Delta T = 20^\circ\text{C}$ ) and the aqueous suspension of NWs (Figure 3B;  $\Delta T = 5^\circ\text{C}$ ; 0.02  
18 mg Fe/mL), which can be explained by the smaller volume in which the cells remained  
19 after being concentrated into a pellet that is equivalent to increase the NWs concentration.  
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32 The temperature change of the dense suspension of cells with internalized NWs was even  
33 higher than the one observed in the NW solution with a concentration that is 10 times  
34 higher (0.2 mg Fe/mL,  $\Delta T = 13^\circ\text{C}$ ). Considering the dynamical temperature curves from  
35 Figure 5, the temperature slope at initial times after NIR irradiation was obtained (Figure  
36 S8), and together with the specific heat capacity and mass of the cell suspension  
37 components (Equation 7, see Supporting information), the SLP of the NWs inside breast  
38 cancer cells was estimated with a value of  $5.0 \pm 0.1 \text{ kW/g Fe}$ . In addition, from the NW  
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3 mass inside cells (i.e.,  $115 \pm 2$  pg Fe/cell), the average heat released by the NWs per cell  
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7 under irradiation at the mentioned exposure conditions can be determined. This average  
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10 heat dose per cell (HDC)<sup>93</sup> is the product of SLP, Fe mass per cell, and heat exposure  
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13 time (i.e., irradiation time) resulting in  $HDC = SLP \cdot m_{FeCell} \cdot t_{irrad} = 345 \pm 30$   $\mu$ J per cell (see  
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16 Supporting Information for parameter values). As mentioned above, the non-adiabatic  
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19 conditions and strong conduction losses during the measurement of the temporal  
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22 response curves affect the estimated SLP of NWs inside breast cancer cells and therefore  
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25 the HDC.<sup>81-82</sup> Recently, a 40% decrease of the temperature slope at initial times has been  
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28 shown, when the temporal response curves were recorded in the absence of vacuum  
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31 shield (i.e. high conduction thermal losses of the sample holder).<sup>83</sup> Hence, the calculated  
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## Combinatorial treatment

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4 The ability of the functionalized core-shell NWs to induce cancer cell death by  
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7 combining the selective drug release with both, the mechanical disturbance exerted by  
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10 the NWs upon the application of an AMF (8 kA/m, 10 Hz for 10 min) and the irradiation  
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13 with an NIR laser (808 nm, 0.8 W/cm<sup>2</sup> for 10 min) was examined on MDA-MB-231 breast  
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16 cancer cells using Alamar Blue assays with n = 4 in each experimental condition (Figure  
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19 6). Cultured cells in the absence of NWs and empty wells were used as positive and  
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22 negative controls, respectively. Neither of the applied treatments, i.e., AMF, NIR laser  
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25 irradiation or a combination of the two reduced the cell viability of cultured breast cancer  
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28 cells in the absence of NWs. Cancer cells were also incubated with free DOX at a  
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31 concentration of 1 μM, which reduced the cell viability by ~75%. The chemotoxic effect of  
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34 the free anticancer drug was not affected by the application of the AMF and/or the NIR  
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37 laser irradiation.  
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45 BSA coated NWs did not show any cytotoxic effect, when no external stimuli were  
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48 applied at the time periods used in this study, confirming their excellent biocompatibility.  
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52 A decrease of ~28%, 22%, and 34% in cell viability was observed for cells treated with  
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55 BSA coated NWs (0.02 mg Fe/mL), when the NIR laser irradiation, AMF, and combinatory  
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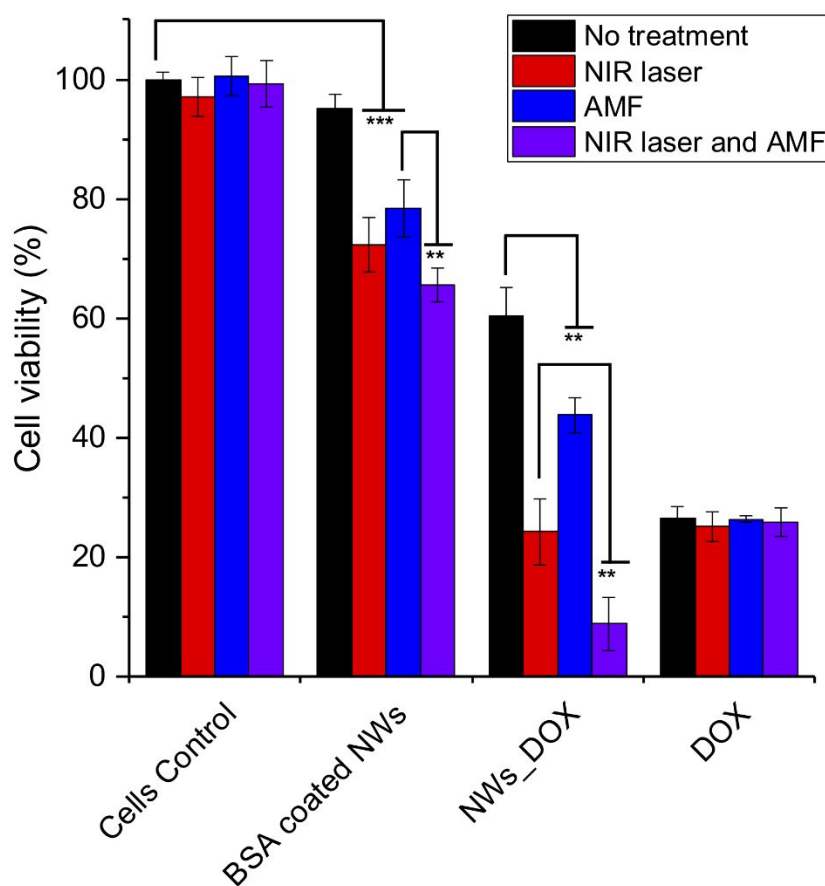
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3 treatment were applied, respectively. The combination of the NIR laser irradiation and  
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7 AMF has a slightly stronger effect on reducing cell viability than the independent  
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10 treatments and there is a similar efficiency between NIR laser irradiation and AMF  
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13 induced stress, which we attribute to the fact that only a certain number of cells internalize  
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16 enough NWs to be sensitive to the photothermal effect and/or the magneto-mechanical  
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19 disruption. It is important to note that no temperature change is expected by applying the  
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21  
22 AMF at the frequency and field strength employed.<sup>47, 49, 51-52</sup> This was confirmed by a control  
23  
24  
25 test, where the temperature of a NWs solution (0.2 mg Fe/mL) remained constant, when the AMF  
26  
27  
28 (8 kA/m, 10 Hz for 10 min) was applied for 10 min.  
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33  
34 In the case of DOX\_NWs (0.02 mg of Fe/mL with 1  $\mu$ M DOX), the cytotoxic effect, due  
35  
36  
37 to the DOX release, showed a decrease of approximately 40% in cell viability. It is  
38  
39  
40 noticeable that the cytotoxic effect of the free DOX is higher than the one triggered by the  
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42  
43 released drug from the NWs. However, the important feature is that the NWs act as nano drug-  
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45  
46 delivery vehicle, and DOX can only be released when the NWs are located in endosomes after the  
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48  
49 internalization, ensuring a selective release,<sup>6, 60</sup> as observed in Figure S6 and Figure S7. This, in  
50  
51  
52 turn, prevents the appearance of side effects arising from the non-specific effect of DOX in an *in*  
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54  
55 *vivo* scenario,<sup>56, 94</sup> and the development of drug resistance.<sup>95</sup>  
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4 Combining the chemotoxic action with the laser irradiation and the AMF resulted in a  
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7 decrease of ~76% and ~54%, respectively. The combination of the anticancer drug with  
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9  
10 the NIR laser irradiation is significantly more effective than the combination of DOX and  
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12  
13 AMF. We assume that the temperature increase from the photothermal treatment  
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15  
16 enhances the cytotoxicity probably by increasing the susceptibility of the cancer cells to  
17  
18  
19 the effect of DOX. Through our experimental design, we cannot assess if the laser irradiation  
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21  
22 induces the release of the DOX. However, the cell viability was measured 72 h after the  
23  
24  
25 adding the NWs, ensuring the release, localization of DOX in the nucleus<sup>50</sup> and maximum  
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27  
28 chemotoxic effect. Thus, any contribution to the rate of drug release through the  
29  
30  
31 photothermal or magneto-mechanical treatments can be disregarded.  
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38 Finally, the combination of the three treatments, i.e., DOX, NIR laser irradiation, and  
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41 AMF, yielded a highly efficient additive cytotoxic effect. A reduction in the cell viability of  
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43  
44 ~91% was observed when applying the combinatory treatment to the cells incubated with  
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48 NW\_DOX that increased the cytotoxic effect by 15% and 30% when compared to the  
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51 bimodal treatments of DOX in combination with NIR laser irradiation and AMF,  
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3 respectively. This treatment is even more efficient than the free anticancer drug at the  
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7 same concentration.  
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**Figure 6.** Viability of MDA-MB-231 cells incubated with different formulations of Fe-Fe<sub>x</sub>O<sub>y</sub> core-shell NWs with or without application of a low power AMF and/or NIR laser irradiation. BSA coated NWs: 0.02 mg Fe/mL, NWs\_DOX: 0.02 mg Fe/mL and 1 μM of DOX. Free DOX: 1 μM. (\*p < 0.05, \*\*p < 0.01, and \*\*\*p < 0.001; n = 4).

## CONCLUSION

Fe-Fe<sub>x</sub>O<sub>y</sub> core-shell NWs are nanomaterials with attractive properties for biomedical applications, due to their ability to interact with cells in various ways. This provides different control mechanisms, which can be remotely applied by magnetic fields or, as shown in this work, laser light. NWs combine low cytotoxicity with large surface areas, magnetization values, and photothermal efficiency. While their magnetic properties have been explored for killing cancer cells before, their optical properties have not been employed yet. In this work, the potential of core-shell NWs for photothermal treatment has been evaluated using NIR laser-mediated heating. We found an extremely high photothermal conversion efficiency of more than 80%, which is in the range of the best Au-based nanomaterials. This photothermal conversion efficiency was translated into a large intracellular heat dose. The efficiency of the NWs' photothermal effect was further

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3 supported by the outstanding SLP values of NWs in aqueous solution and inside breast  
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6 cancer cells. The Fe-Fe<sub>x</sub>O<sub>y</sub> core-shell structure of our NWs was found to be essential for  
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8  
9 their photothermal efficiency through the enhancement of the light-matter interaction,  
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11  
12 when compared to pure Fe<sub>x</sub>O<sub>y</sub> NWs. Finally, the multifunctional capability of the NWs was  
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14  
15 explored for cancer cell destruction by combining the chemotherapeutic effect of DOX-  
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18 functionalized core-shell NWs with their optical and magnetic properties. The combinatory  
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21 treatment resulted in nearly complete cancer cell death and was more effective than  
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24 individual or bimodal strategies. In case of the latter, either the magneto-mechanical effect  
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26  
27 or the photothermal therapy with the chemotoxic effect of DOX delivered to cancer cells  
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29  
30 by the NWs were combined. The combination of the chemotoxic, magneto-mechanical  
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32  
33 and optical treatment modes was found to have synergistic effects and led to a higher  
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35  
36 cytotoxic effect than the free DOX at the same concentration. The treatments employed  
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39 require low power magnetic fields and low laser power density, avoiding the need for large  
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41  
42 and complex equipment and favoring further translation into clinical application. Utilizing  
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44  
45 the different control mechanisms of the core-shell NWs individually or in combination  
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48 provides new avenues for personalized medical treatments. With the additional possibility  
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3 of tracking by magnetic resonance imaging, the core-shell NWs have immense potential  
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7 for developing advanced nanotherapies and theranostic applications.  
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## 14 METHODS

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18 The main aspects of the methods are mentioned in this section. For detailed  
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21 explanations of some of the procedures see the Supplementary Information.  
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24

25 *Chemical reagents:* Bovine serum albumin (BSA) and doxorubicin (DOX) were  
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28 purchased from Sigma-Aldrich. Double distilled water was used in all experiments. A DOX  
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30  
31 derivative [(5-Maleimidovaleroyl) hydrazone of Doxorubicin] was synthesized as  
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34  
35 previously described<sup>94</sup> using as precursor 5-aminovaleric acid instead of 6-aminocaproic  
36  
37  
38 acid, to functionalize the coated NWs with DOX. <sup>1</sup>H NMR (400 MHz, MeOD,  $\delta$ ): 7.92 (bd,  
39  
40  
41  
42 IH), 7.81 (t, IH), 7.55 (d, IH), 6.57 (m, 2H), 5.51 (m, IH), 5.07 (m, IH), 4.54 (d, IH), 4.25 (m,  
43  
44  
45  
46 IH), 4.06 (s, 3H), 3.61-2.7 (m, 5H), 2.55-2.26 (m, 4H), 2.20-1.90 (m, 3H), 1.62-1.25 (m,  
47  
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49  
50 10 H); HRMS (ESI) m/z: [M+H]<sup>+</sup> calculated for C<sub>36</sub>H<sub>41</sub>N<sub>4</sub>O<sub>13</sub>, 737.2664; found, 737.2638.  
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4     *Cell culture:* The MDA-MB231 cell line was purchased from American Type Culture  
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7 Collections (Manassas, VA, USA). Cells were grown as a monolayer in Dulbecco's  
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10 Modified Eagle's Medium (DMEM) supplemented with 10% fetal bovine serum (FBS), 2  
11  
12 mM L-glutamine, 100 units of penicillin/mL and 100 µg/mL of streptomycin. All reagents  
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14  
15 were purchased from GIBCO. Cells were maintained in an incubator at 37°C in a  
16  
17  
18 humidified atmosphere of 95% air and 5% CO<sub>2</sub>.  
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24     *Nanowires synthesis and characterization:* The core-shell NWs composed of Fe were  
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26  
27 fabricated by electrochemical deposition into nanoporous alumina membranes, as  
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30 previously reported.<sup>96-98</sup> The NWs' length was controlled by the deposition time, which  
31  
32  
33 was 1.5 h. The template containing the NWs was dissolved with 1 M sodium hydroxide,  
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35  
36 and the alumina membrane was removed. The sodium hydroxide solution was replaced  
37  
38  
39 every hour for four times. The NWs were then collected with a magnetic rack  
40  
41  
42 (DynaMag™-2; Life Technologies, Carlsbad, CA, USA) and rinsed thoroughly several  
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44  
45 times with ethanol with sonication steps in-between. The released NW's were suspended  
46  
47  
48 in 1 mL of absolute ethanol and stored at room temperature. The morphology, length, and  
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50  
51 diameter of the NWs were investigated by SEM (Quanta 3D; FEI Company, Hillsboro,  
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3 OR, USA) and TEM (Tecnai BioTWIN; FEI Company). The images were analyzed using  
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5  
6  
7 ImageJ software as previously described.<sup>49</sup> The NWs' dimensions (i.e., length and  
8  
9  
10 thickness) were determined out of 100 NWs from different samples. Magnetization loops  
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12  
13 of NWs composed of Fe inside the alumina membrane were measured at room  
14  
15  
16 temperature with a vibrating sample magnetometer (Micro-Mag™ 3900, Lake Shore  
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18  
19 Cryotonics Inc., Westerville, OH). The alumina template with the embedded NWs was  
20  
21  
22 aligned parallel and perpendicular to the magnetic field applied. Measurements were  
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24  
25 performed by triplicate and expressed as average values. A sample of NWs was  
26  
27  
28 subjected to an oxidation process, where the NWs were first dried and then placed in an  
29  
30  
31 oven at 150°C overnight. The chemical composition of the NWs was investigated by  
32  
33  
34 scanning transmission electron microscopy (STEM) and EELS (Thermofisher (FEI) Titan  
35  
36  
37 Cube 80-300). The EELS maps were acquired in STEM mode as so-called spectrum  
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39  
40 imaging from 4 individual NWs. For sample preparation, 2µl of NWs suspended in  
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43 absolute ethanol (0.2ug/ml) were added on a copper-carbon mesh substrate and left to  
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52 dry before the examination.  
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4     *Optical characterization of iron nanowires:* The optical absorbance profile of two  
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7 different samples of core-shell NWs composed of Fe in aqueous solution (0.05 mg Fe/ml)  
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9  
10 were determined in a Shimadzu UV-3600 Spectrophotometer. Measurements were  
11  
12  
13 performed in the optical range from 400 to 1300 nm in 1 cm path length cuvettes. A  
14  
15  
16 cuvette filled with miliQ water was used as a reference. Finite element method simulations  
17  
18  
19 of the Fe-based NWs was performed with COMSOL Multiphysics software and the model  
20  
21  
22 was based on the electromagnetic waves (frequency domain) module using Drude-  
23  
24  
25 Lorentz dispersion model for the metallic part (i.e. Fe) and relative permittivity model for  
26  
27  
28 the semiconductor part (i.e. the  $\text{Fe}_x\text{O}_y$ ) and the surrounding media (i.e. air).  
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35     *Photothermal efficiency of iron nanowires:* The optical set-up used to trigger the  
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38 photothermal effect of the core-shell NWs used a NIR 808 nm diode laser (Lumics,  
39  
40  
41 LU0808T040) as the illumination source with an irradiance of 0.8 W/cm<sup>2</sup>. The laser beam  
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43  
44 was conducted through an optical fiber to the sample. The temperature was monitored  
45  
46  
47 using an infrared thermal camera (FLIR A35). In order to determine the efficiency of the  
48  
49  
50 core-shell NWs for photothermal applications, solutions of NWs in PBS with  
51  
52  
53 concentrations of 0.02, 0.04, and 0.2 mg Fe/mL were prepared. 110  $\mu\text{L}$  of each solution  
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3 was added into a quartz micro-cuvette (Cuvette Ultra Micro Cell, Hellma™), which was  
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7 then irradiated with a NIR laser for 10 min. Special care was taken in order to guarantee  
8  
9  
10 that the full sample area was evenly illuminated. The temperature of the solution was  
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12  
13 monitored during irradiation and for 10 min after the laser was turned off. The camera  
14  
15  
16 was located on top of the sample to take thermal images directly from the solution's  
17  
18  
19 surface. Thermographic images were collected from each solution at the point of  
20  
21  
22 maximum temperature, and a PBS solution without NWs was used as a negative control  
23  
24  
25 and for background correction. Temperature measurements were expressed as the  
26  
27  
28 change in the solution's temperature over time. The photothermal response of the NWs  
29  
30  
31 after multiple irradiation cycles was evaluated by measuring the temperature of a solution  
32  
33  
34 of NWs in PBS (0.2 mg Fe/mL) before and after 10 min of laser irradiation for 5  
35  
36  
37 consecutive days. The temperature delta at each irradiation cycle was normalized to the  
38  
39  
40  
41 first measurement.  
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49 The photothermal conversion efficiency of the core-shell NWs was calculated as  
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52 described by Roper et al.,<sup>26</sup> and adapted by Cole et al.,<sup>27</sup> where the following energy  
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3 balance equation can be used to describe the change of temperature of the sample over  
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7 time during and after the irradiation with the NIR laser.  
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9

$$\sum_i m_i C_{p,i} \frac{dT}{dt} = Q_I + Q_O + Q_{ext}, \quad (1)$$

10  
11  
12  
13  
14 where  $m_i$  and  $C_{p,i}$  are the masses and heat capacities of each component  $i$  of the  
15  
16  
17 sample,  $\frac{dT}{dt}$  is the change of the sample temperature  $T$  as a function of time  $t$ ,  $Q_I$  is the  
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19  
20 energy input of the NWs, due to illumination,  $Q_O$  is the energy input from the sample in  
21  
22  
23 the absence of NWs, *i.e.* the contribution of the solvent and the cuvette, and  $Q_{ext}$  is the  
24  
25  
26 outgoing energy. A model, in which  $Q_{ext}$  is linearly proportional to the temperature, is used  
27  
28  
29 with a heat transfer coefficient ( $h$ ) as the proportionality constant  
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31  
32  
33

$$Q_{ext} = hA(T - T_{amb}), \quad (2)$$

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36  
37  
38 where  $T_{amb}$  is the ambient temperature and  $A$  is the surface area of the sample. When  
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40  
41 the sample reaches an equilibrium temperature ( $\frac{dT}{dt} = 0$ ), the energy flowing into the  
42  
43  
44 sample becomes equivalent to the energy outflow and from Equation (1) and (2),  
45  
46  
47  
48

$$Q_I + Q_O = hA(T_{max} - T_{amb}), \quad (3)$$

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3 where  $T_{max}$  is the equilibrium temperature.  $Q_I$  is proportional to the energy absorbed  
4  
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6  
7 by the NWs and depends thus on the illumination conditions and on the photothermal  
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9  
10 transduction efficiency ( $\eta$ ) defined as the ratio of the heat energy produced by the NWs  
11  
12  
13  
14 to the energy of the incident laser  
15

$$16 \quad Q_I = I(1 - 10^{-A\lambda})\eta \rightarrow \eta = \frac{hA(T_{max} - T_{amb}) - Q_0}{I(1 - 10^{-A\lambda})}, \quad (4)$$

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20  
21 where  $I$  is the power of the incident laser radiation and  $A_\lambda$  is the optical density of the  
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23  
24 sample solution at the laser wavelength used (808 nm). In the second term of Equation  
25  
26  
27  
28 (4), Equation (3) has been used, and the resulting expression has been rearranged to  
29  
30  
31 give a definition of  $\eta$  in which almost every parameter can be easily determined  
32  
33  
34  
35 experimentally. Indeed, only  $h$  remains unknown. However, within this model, a time  
36  
37  
38 constant ( $\tau$ ) can be introduced to describe the thermal evolution over time that would be  
39  
40  
41  
42 given by  
43

$$44 \quad \tau = \frac{\sum_i m_i C_{p,i}}{hA}, \quad (5)$$

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46  
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48  
49 From the cooling part of the temporal response curve, the thermal evolution behaves  
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51  
52 as a simple exponential decay with  $\tau$  as time constant. Thus, the cooling curve can be  
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3 fitted to experimentally determine  $hA$ . Additionally, the SLP was calculated from the  
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6  
7 temperature response curves of each NW solution by using the following expression:  
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9

$$SLP = \sum \frac{C_i m_i dT}{m_{Fe} dt} \Big|_{max}, \quad (6)$$

10  
11  
12  
13  
14 where  $C_i$  is the specific heat capacity of each component of the solution,  $m_i$  is the mass  
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16  
17 of each component of the solution,  $m_{Fe}$  is the mass of NWs employed, and  $\frac{dT}{dt} \Big|_{max}$  is the  
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19  
20 slope of the temperature response immediately after starting with NIR irradiation of the  
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22  
23 sample. A linear fit was performed from the temperature response curves of aqueous  
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25  
26 suspensions with different concentration of NWs (see Supporting Information).  
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30  
31 *Functionalization and quantification of nanowires:* NWs were functionalized following  
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33  
34 the previously described methodologies.<sup>50, 56</sup> The NWs were first coated with BSA. The  
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37 surface charge,  $\zeta$  (zeta) potential, of the NWs coated with BSA was measured in  
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39  
40 deionized (DI) water using a Zetasizer Nano ZS, He–Ne laser 633 nm (Malvern  
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42  
43 Instruments, Malvern, UK,  $n = 3$ ). Coated NWs were then functionalized with a DOX  
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45  
46 derivative in and, from the functionalization supernatant, the covalently immobilized DOX  
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53 onto thiolated NWs was indirectly determined by quantification of free DOX in solution  
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4 ( $\lambda_{\text{max}} = 495 \text{ nm}$ ) by UV/Vis spectrophotometry comparing the result with the result  
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6  
7 obtained from a solution of free DOX at the same concentration. All functionalization  
8  
9  
10 processes were carried out under sterile conditions and the DOX solution used was  
11  
12  
13 filtered through a 0.22- $\mu\text{m}$  strainer. In order to quantify the amount of NWs contained in  
14  
15  
16 the NW solutions that are added to the seeded cells and the NWs that interact with the  
17  
18  
19 incubated cells, ICP-MS) for Fe quantification was performed ( $n = 3$ ).  
20  
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23

24 *Confocal microscopy:* The internalization of the core-shell NWs coated with BSA in  
25  
26  
27 MDA-MB-231 breast cancer cells was assessed using confocal reflection microscopy.  
28  
29  
30 Ibbidi  $\mu$ -slides 8 wells, seeded with  $1 \times 10^4$  cells/well and incubated for 24 h in 200  $\mu\text{L}$  of  
31  
32  
33 DMEM containing 10% FBS for 24 h at  $37^\circ\text{C}$  and 5%  $\text{CO}_2$  to reach confluence. The cells  
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35  
36 were treated with the NW concentrations 0.01 mg Fe/mL and 0.02 mg Fe/mL and  
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38  
39 incubated for 24 h at  $37^\circ\text{C}$ . Then, the cells were incubated for 30 min with NucRed™ Live  
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41  
42 647 (ThermoFisher) (Figure 4 and Figure S6) or with DAPI (Figure S7), washed three  
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44  
45 times with PBS to remove free NWs, and, finally, 250  $\mu\text{L}$  of Opti-MEM medium was added  
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49 to each well. Cellular uptake was detected with a confocal laser scanning microscope  
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52 (LSM 880, Carl Zeiss Jena, German) using a confocal reflection mode. Fixed excitation  
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3 wavelengths of 633 nm and 488 nm were used for all the confocal fluorescent microscopy  
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7 experiments for the cell nucleus observation and the NW detection by the reflection mode,  
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10 respectively. Intracellular, focal plane-independent images, as well as intracellular z-  
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13 stacks, were taken from samples incubated for 24, 48 and 72 h with the NW formulations.  
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16  
17 Experiments were performed by triplicate.  
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21 *Photothermal effect of iron nanowires in cells:* The potential of the core-shell NWs for  
22  
23  
24 photothermal therapy was evaluated in vitro in breast cancer cells.  $6 \times 10^4$  MDA-MB-231  
25  
26  
27 breast cancer cells per well were seeded in a 24 well plate and incubated for 24 h to reach  
28  
29  
30 90% confluence at 37°C and 5% CO<sub>2</sub>. Then, 0.02 mg Fe/mL BSA coated NWs were  
31  
32  
33  
34 added to the cells and incubated for 24 h at 37°C, 5% CO<sub>2</sub>. The cells were washed twice  
35  
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37  
38 with PBS and incubated for 10 min with 500 μL of trypsin at 37°C. Unattached cells from  
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42 24 wells ( $1.5 \times 10^6$  cells) were collected in Eppendorf tubes, centrifuged at 10000 rpm for  
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46 20 min and the supernatant discarded carefully without drying the pellet, which was then  
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49 solvated in 100 μL of PBS. A second pellet of non-treated cells (without NWs) was also  
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53 formed and used as a negative control ( $1.5 \times 10^6$  cells). The complete volume of both cell  
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56 solutions (200 μL) was placed into a 96 well plate, which was then irradiated with a NIR  
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3 laser (808 nm) with a power density of 0.8 W/cm<sup>2</sup> for 10 min. The temperature was  
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7 monitored every second during the irradiation time and for 5 min after the laser was turned  
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9  
10 off. The camera was located on top of the sample. Images were collected from each  
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12  
13 concentrated cell solution once the maximum temperature was reached. The results were  
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15  
16 expressed as the change in the temperature of the solution over time. The SLP of cells  
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19 with internalized NWs was calculated by using the following expression:  
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$$23 \quad SLP = \frac{(C_{PBS}m_{PBS} + C_{cell}m_{cell} + C_{Fe}m_{Fe})dT}{m_{Fe}} \Big|_{max}, \quad (7)$$

24  
25  
26  
27 where  $C_{PBS}m_{PBS}$  are the mass and specific heat capacity of the PBS,  $C_{cell}m_{cell}$  are the  
28  
29 mass and specific heat capacity of the breast cancer cells,  $C_{Fe}m_{Fe}$  are the mass and  
30  
31 specific heat capacity of the Fe NWs employed, and  $\frac{dT}{dt}|_{max}$  is the slope of the temperature  
32  
33 response immediately after starting with NIR irradiation of the sample. A linear fit was  
34  
35  
36 performed from the temperature response curve of breast cancer cells with internalized  
37  
38  
39 NWs (see Supporting Information).  
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49 *Combinatorial treatment and cell viability assays:* To assess the cell death induction by  
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51 various NW treatments, i.e.: NWs\_DOX with and without AMF, with and without NIR laser  
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3 irradiation as well as with and without AMF and combined with NIR laser irradiation, MDA-  
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7 MB-231 cells were cultured on a 4-well plate at a density of  $6 \times 10^4$  cells per well in 500  $\mu$ l  
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9  
10 of DMEM containing 10% FBS at 37°C and 5% CO<sub>2</sub> to reach 90% confluence. After 24  
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14 h, the growth medium was removed, and the cells were incubated for 24 h at 37°C with  
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17 free DOX (1  $\mu$ M), BSA coated NWs (0.02 mg Fe/mL), and NWs\_DOX (0.02 mg Fe/mL, 1  
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19  
20  $\mu$ M of DOX). The concentration of the NWs tested in this experiment was found by ICP-  
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23 MS from the NWs' stock solutions of both formulations, as previously described. As  
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27 controls, non-treated cells and empty wells were used. After incubation, cells were  
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31 washed three times with PBS and then maintained in 0.5 mL of DMEM containing 10%  
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34 FBS at 37°C and 5% CO<sub>2</sub>. Then, the magnetic field was applied for 10 min, while  
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37 maintaining the temperature at 37°C. The AMF generator employed in this study was a  
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41 home-made air-cooled ferrite core with a C shape and a gap of 16 mm, coiled with Litz  
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44 wires. The AMF generator allows adjusting independently the frequency and intensity.  
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47  
48 The size of the core gap allowed applying the AMF to a single well of NUNC(TM) 4 well  
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52 dishes (internal well diameter of 10 mm). The AMF direction was perpendicular to the  
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56 wells, and its field intensity gradient was about 10% from the center of the well to the  
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3 external border. Before the in vitro studies, it was experimentally confirmed that the AMF  
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7 generator does not heat up the cell media under the conditions employed in this study.  
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10 The applied AMF was 8 kA/m (field amplitude) and 10 Hz (field frequency). In order to  
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13 investigate a possible heat generation by the NWs in the AMF, a solution of NWs in PBS  
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17 (0.2 mg Fe/mL) was subjected to the AMF and the temperature recorded. Immediately  
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21 after the magnetic treatment, NIR laser irradiation (808 nm, 0.8 W/cm<sup>2</sup>) was applied for  
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24  
25 10 min at 37°C. Cell viability was assessed using the Alamar Blue assay. After 72 h of  
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29 post-treatment incubation, the medium was replaced with DMEM containing 10% FBS  
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33 and 5% of Resazurin dye (1 mg/ml PBS). Cells were maintained at 37°C and 5% CO<sub>2</sub> in  
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37 an incubator for 4 h, after which a Tecan GENiosPro multimode microplate reader was  
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41 used to determine the amount of Resazurin by measuring the fluorescence of the  
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45 supernatant (excitation 540 nm, emission 590 nm). 500 µl of 5% of Resazurin dye were  
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49 added to empty wells as a negative control. The viability of the cells was expressed as  
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52 the percentage of fluorescence of treated cells in comparison to control cells (untreated).

53 All experiments were carried out in four sets of quadruplicates, one set with the AMF, one  
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3 set with NIR irradiation, one with both AMF and NIR irradiation, and one without any of  
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7 the treatments.  
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10 *Statistical analysis:* All the data obtained from the in vitro cell viability assays were  
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14 plotted and statistically analyzed using the software package GraphPad Prism version 7  
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16  
17 for Windows. All samples were compared using a one-way ANOVA and Tukey's multiple  
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20 comparison test (\*P < 0.05, \*\*P < 0.01, and \*\*\*P < 0.001). Only significant differences  
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24 among the samples are indicated in the chart.  
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## 30 ASSOCIATED CONTENT

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34 The following files are available free of charge.  
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38 Additional Figures and Tables (PDF)  
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41 Supporting Videos  
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## 51 AUTHOR INFORMATION

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## Corresponding Author

\* Jürgen Kosel

E-mail: jurgen.kosel@kaust.edu.sa

\* Aitziber L. Cortajarena

E-mail: alcortajarena@cicbiomagune.es

## Author Contributions

The manuscript was written through contributions of all authors. All authors have given approval to the final version of the manuscript. ‡These authors contributed equally.

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## 14 **Notes**

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## 48 **ABBREVIATIONS**

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52 NW(s) nanowire(s); NIR, near-infrared; AMF, alternating magnetic field; DOX,  
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55 doxorubicin; BSA, bovine serum albumin; NWs\_DOX, nanowires functionalized with  
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3 doxorubicin; PBS, phosphate buffer saline; FBS, fetal bovine serum; DMEM, Dulbecco's  
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7 modified eagle's medium; ICP-MS, inductively coupled plasma mass spectrometry; TEM,  
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9  
10 transmission electron microscopy, SEM, scanning electron microscopy; EELS, electron  
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13 energy loss spectroscopy; Ms, saturation magnetization; Hc, coercivity; u, frequency; SLP  
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17 specific loss power; HDC, heat dose per cell.  
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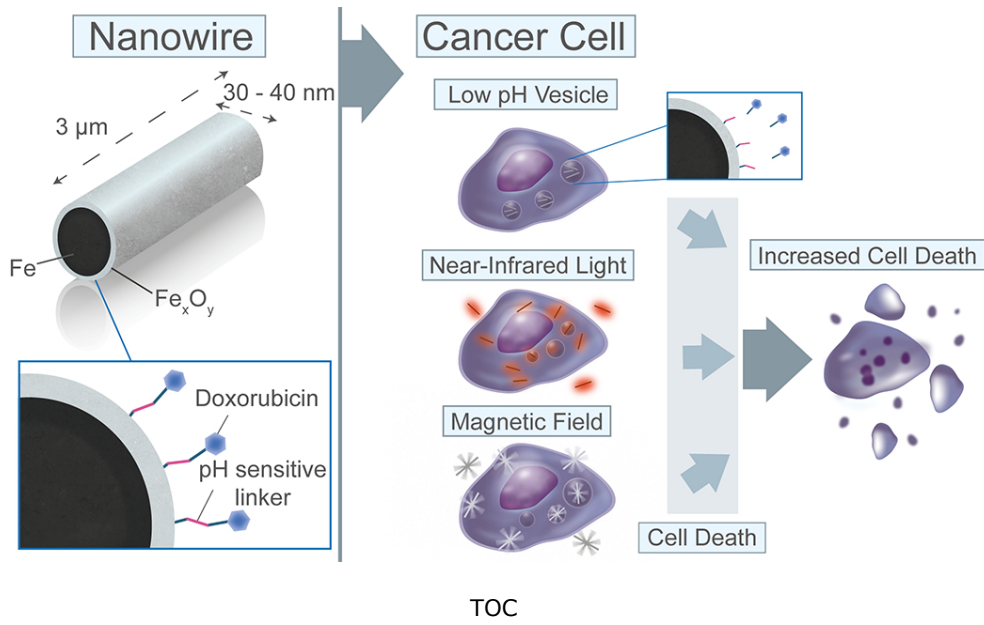
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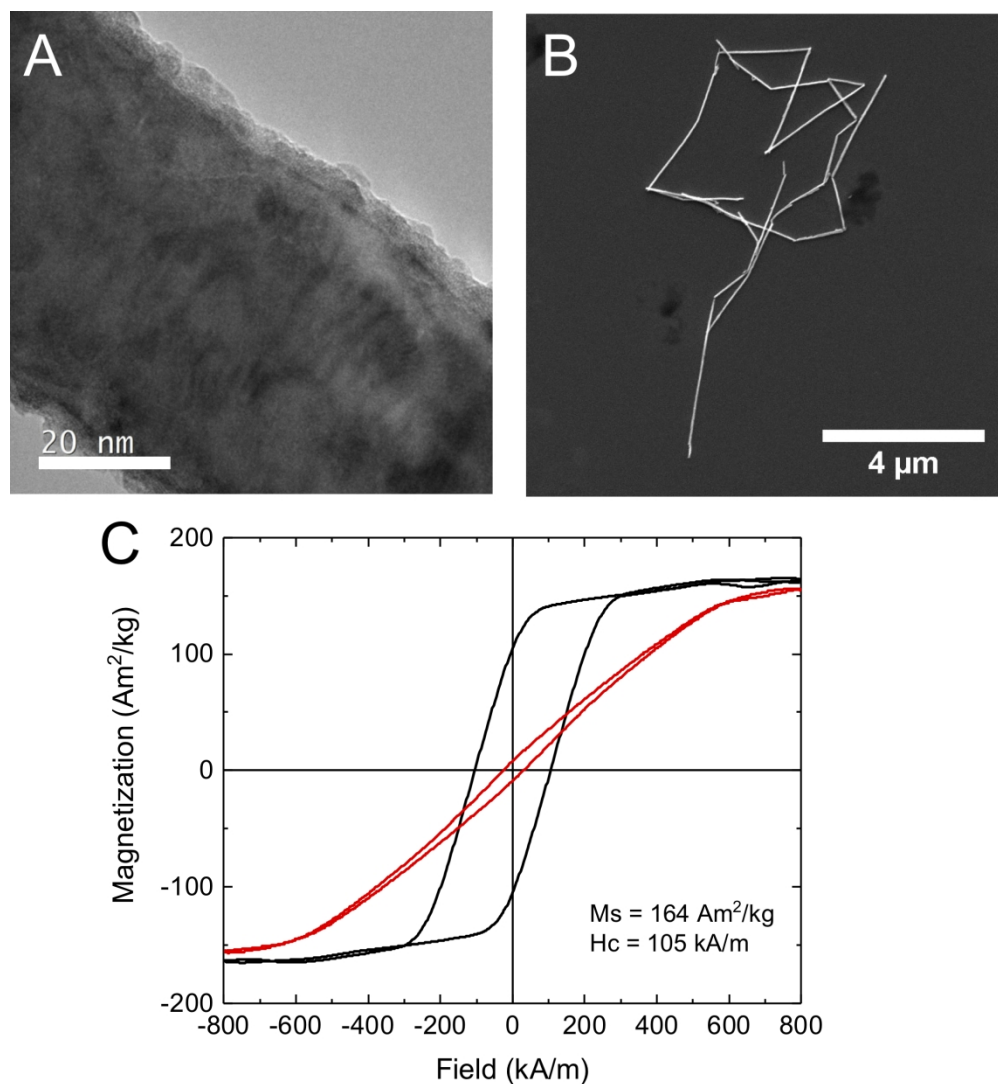


Figure 1. Characterization of Fe-FexOy core-shell NWs. (A) TEM image of a single NW. (B) SEM image of NWs on a silicon substrate after functionalization. (C) Magnetization curves of NWs embedded in the alumina membrane with the NWs placed parallel (black curve) and perpendicular (red curve) to the direction of the applied magnetic field (MS is the saturation magnetization and HC the coercive field,  $n = 3$ ).

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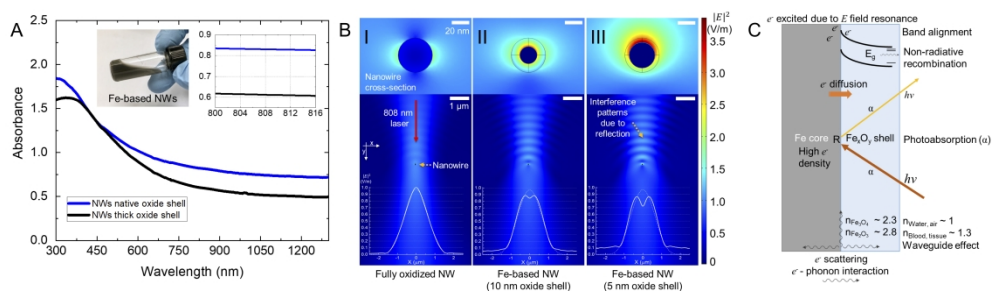


Figure 2. Optical characterization of Fe-FexOy core-shell NWs with different oxidation level. (A) Optical absorption spectra of aqueous solutions of Fe-FexOy core-shell NWs with native oxide layer (blue) and exposed to oxidizing conditions (black), both at the Fe concentration of 0.05 mg of Fe/mL. Insets show an aqueous solution of Fe NWs (left) and a magnification of the region of interest (right). (B) Simulation of the light absorption in NWs with different oxidation levels showing the intensity of electric field generated by the interaction of a focused laser light (808 nm) and the cross-section of the NWs. The top row shows the vicinity of the NWs and the bottom row shows the light path and intensity profile of the incident light after interaction with (BI) a fully oxidized NW, (BII) a model of the NW exposed to oxidizing conditions (FexOy shell = 10 nm), and (BIII) a model of the NW with native oxide shell (FexOy shell = 5 nm). For comparison, the electric field profile of the laser light without obstacles (i.e. without NWs) is plotted as dotted line. (C) Proposed phenomena of the light-matter interaction for Fe-FexOy core-shell NWs upon light exposure, leading to increased light absorption and augmented photothermal effect.

597x172mm (300 x 300 DPI)



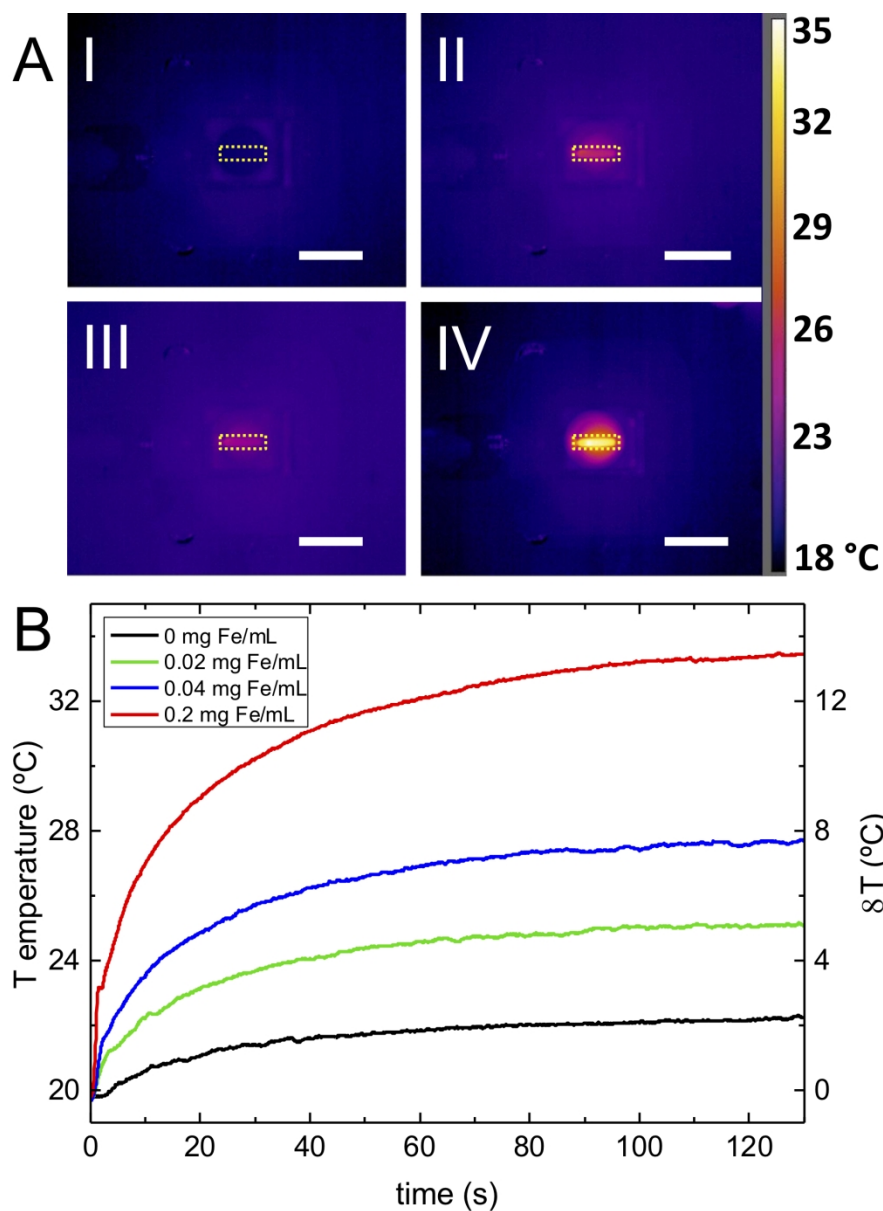


Figure 3. Photothermal effect of Fe-FexO<sub>y</sub> core-shell NWs. (A) Thermal images of the NW solutions in quartz micro-cuvettes acquired with an IR camera. (AI) PBS solution before laser irradiation. (AII) to (AIV) samples with 0, 0.02 and 0.20 mg Fe/mL, respectively, after 2 min of NIR laser irradiation at 808 nm. The laser was applied with 0.8 W/cm<sup>2</sup>, and the images show top views of the samples. The yellow rectangles indicate the area from which the average temperature was calculated. Scale bar = 1 cm. (B) Temperature response of the NW suspensions, when irradiated with a NIR laser (808 nm) at the concentrations of 0, 0.02, 0.04, and 0.20 mg Fe/mL.

167x222mm (300 x 300 DPI)

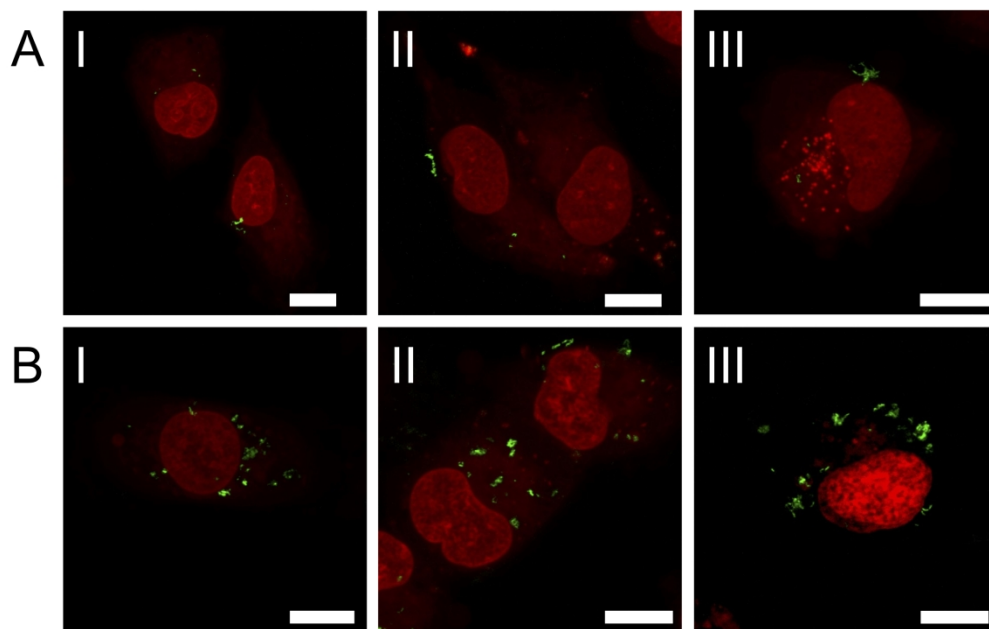


Figure 4. Confocal microscopy images of MDA-MB-231 cells incubated with BSA coated NWs. Cell incubated with BSA coated NWs after 24 h with a concentration of 0.01 mg Fe/mL (AI-AIII) and 0.02 mg Fe/mL (BI-BIII). Scale bars = 10  $\mu$ m. NWs through light-reflected signal are shown in green and were pseudo-colored using ZEN-ZEISS imaging software. The nucleus, shown in red, was stained with NucRed™ Live 647. These are representative images of 3 independent experiments for each NW concentration.

225x140mm (300 x 300 DPI)

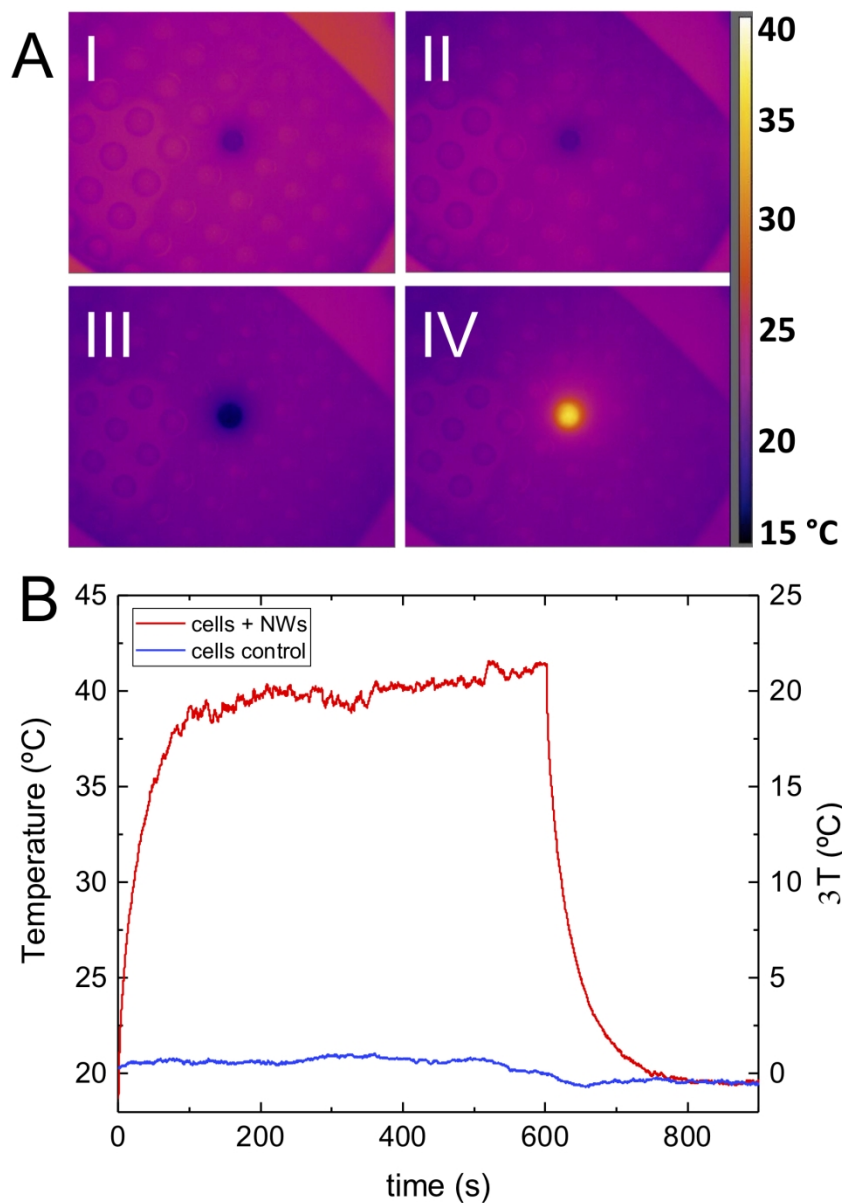


Figure 5. Photothermal effect of BSA coated NWs in breast cancer cells. (A) Thermal images acquired with an infrared camera of a concentrated suspension of breast cancer cells. Cells without NWs before (AI) and after (AII) NIR laser irradiation. Cells incubated with BSA coated NWs before (AIII), and after (AIV) NIR laser irradiation. The laser was applied with a power density of  $0.8 \text{ W/cm}^2$ , and the images correspond to the view from the top of a 96 well plate. (B) Temperature response curves of concentrated suspensions of breast cancer cells non-incubated (control) and incubated with BSA coated NWs ( $0.02 \text{ mg Fe/mL}$ ) that were irradiated with a NIR laser ( $808 \text{ nm}$ ).

155x215mm (300 x 300 DPI)

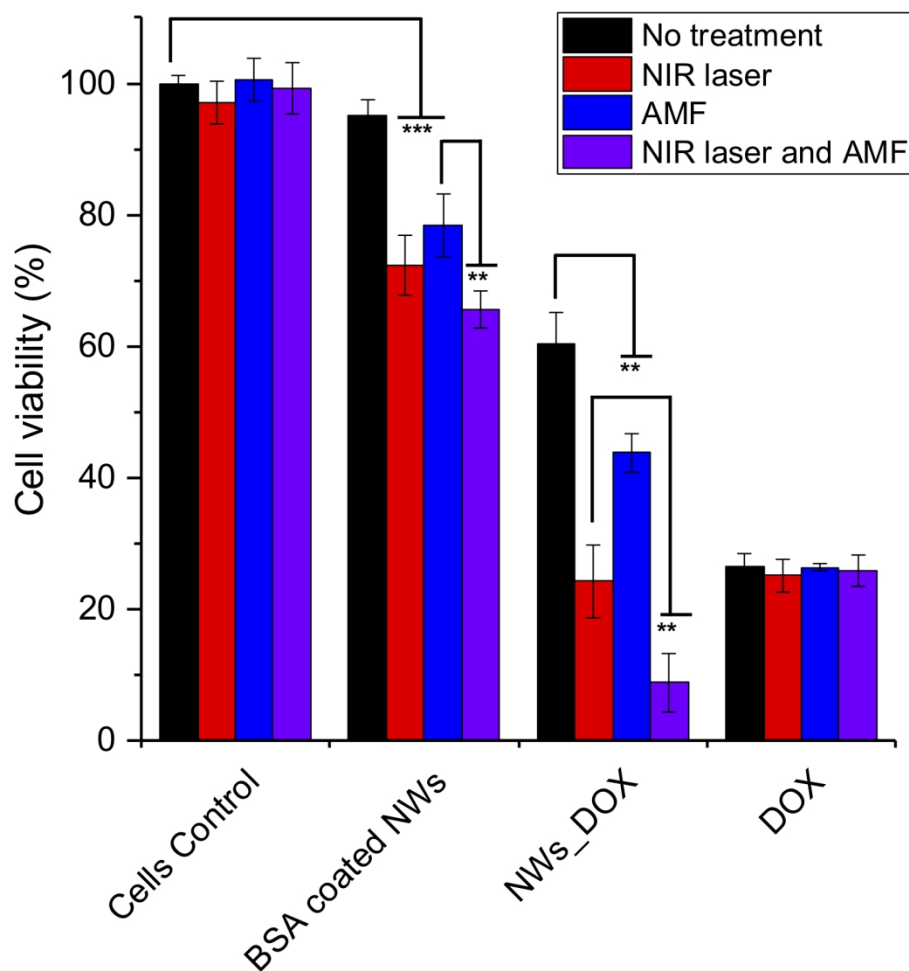


Figure 6. Viability of MDA-MB-231 cells incubated with different formulations of Fe-FexOy core-shell NWs with or without application of a low power AMF and/or NIR laser irradiation. BSA coated NWs: 0.02 mg Fe/mL, NWs\_DOX: 0.02 mg Fe/mL and 1  $\mu$ M of DOX. Free DOX: 1  $\mu$ M. (\*p < 0.05, \*\*p < 0.01, and \*\*\*p < 0.001; n = 4).

161x158mm (300 x 300 DPI)