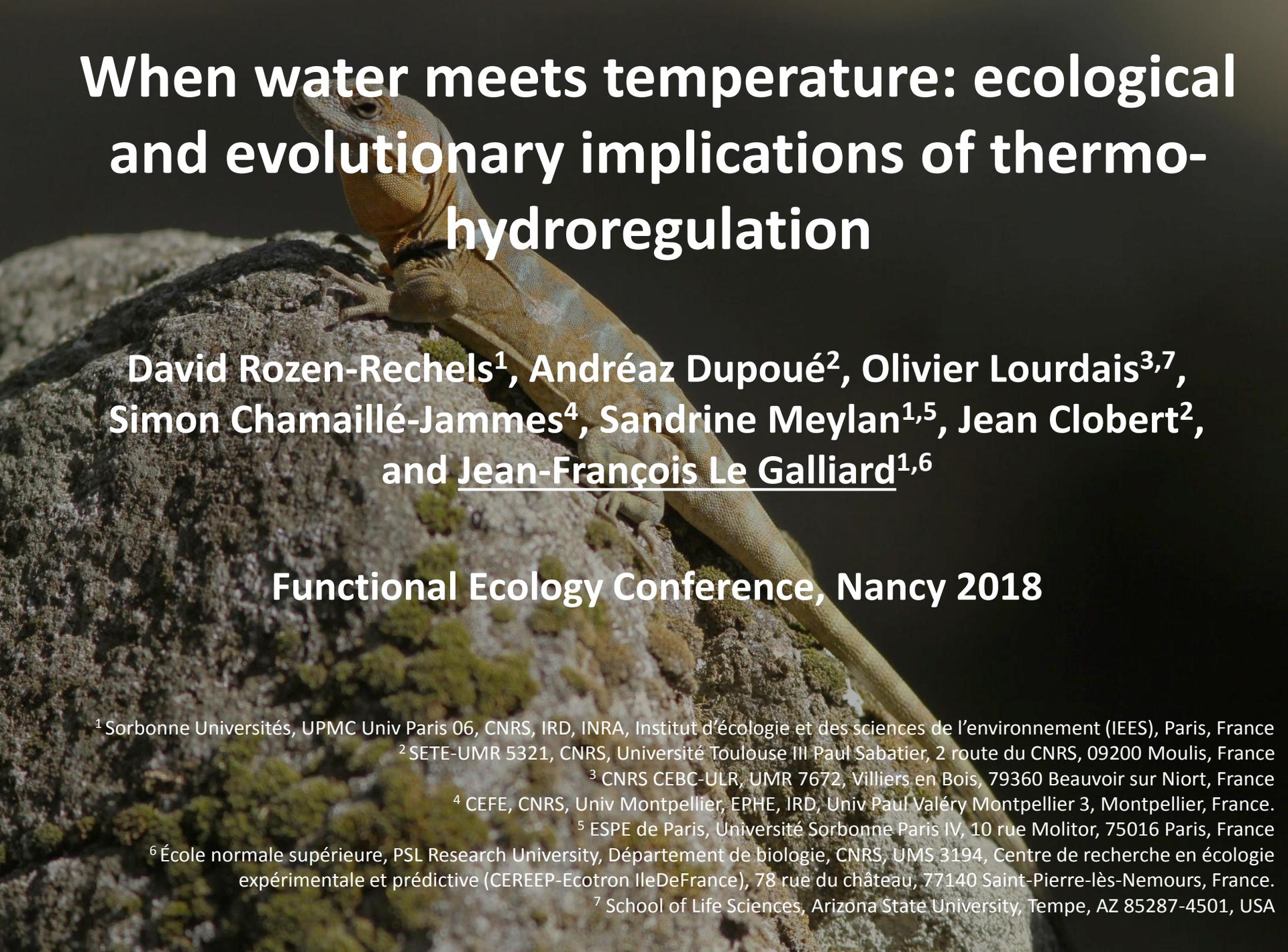


When water meets temperature: ecological and evolutionary implications of thermo-hydroregulation

A green lizard is perched on a large, mossy rock. The lizard is facing left and looking upwards. The background is a soft, out-of-focus natural setting.

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Functional Ecology Conference, Nancy 2018

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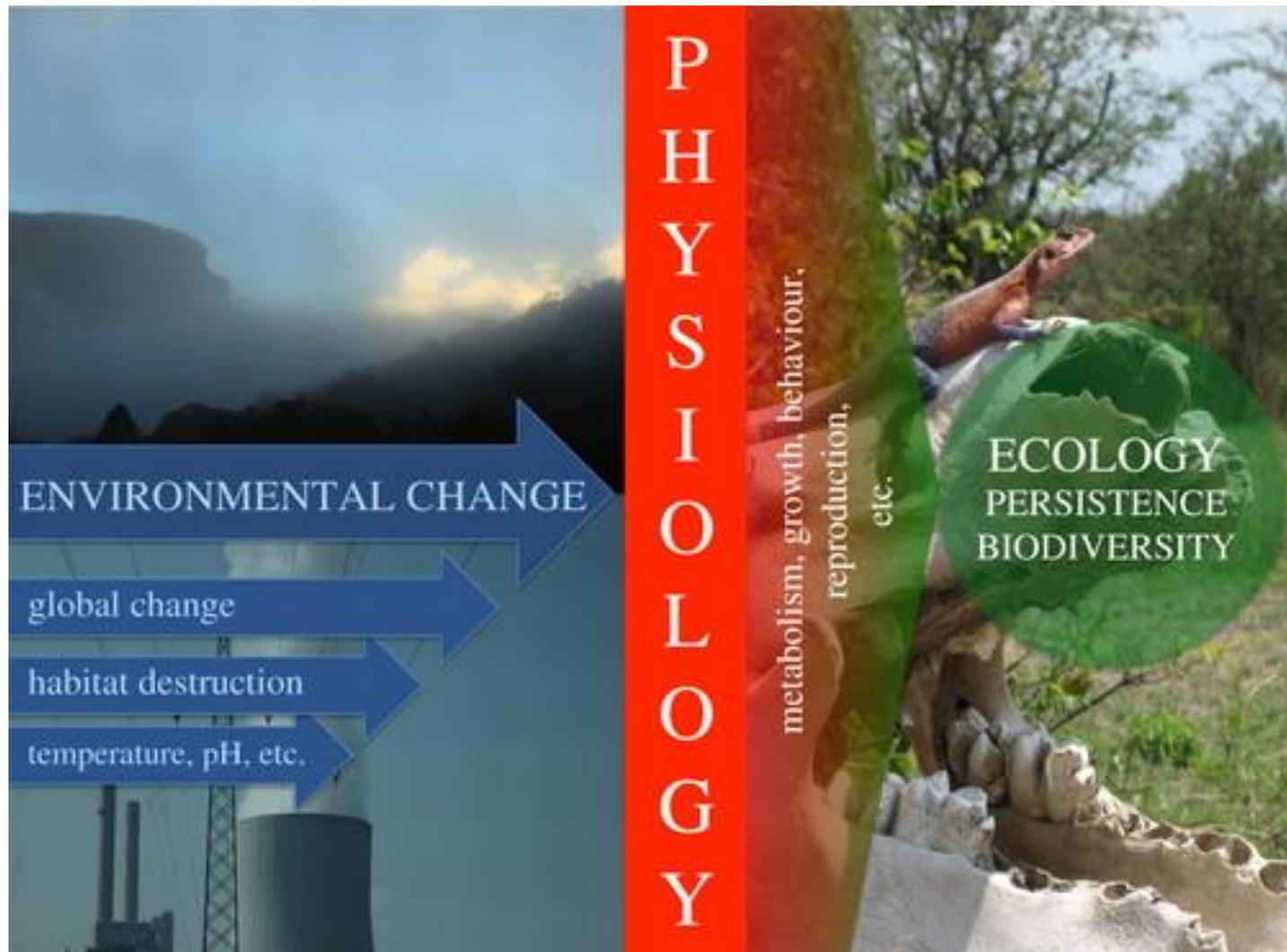
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From physiology and behaviour to ecological patterns



Thermal biology in metazoans (animals)

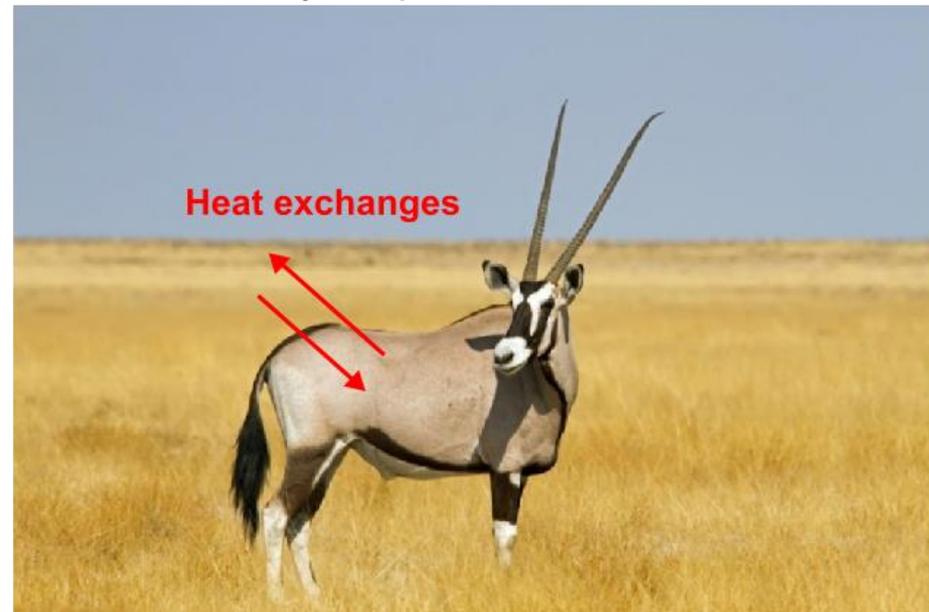
Ectothermic species



*“Broad range” of body temperatures
varying around a thermal preference*

Behavioural regulation relying on
environmental temperatures
Some evaporative cooling and
metabolic heat production

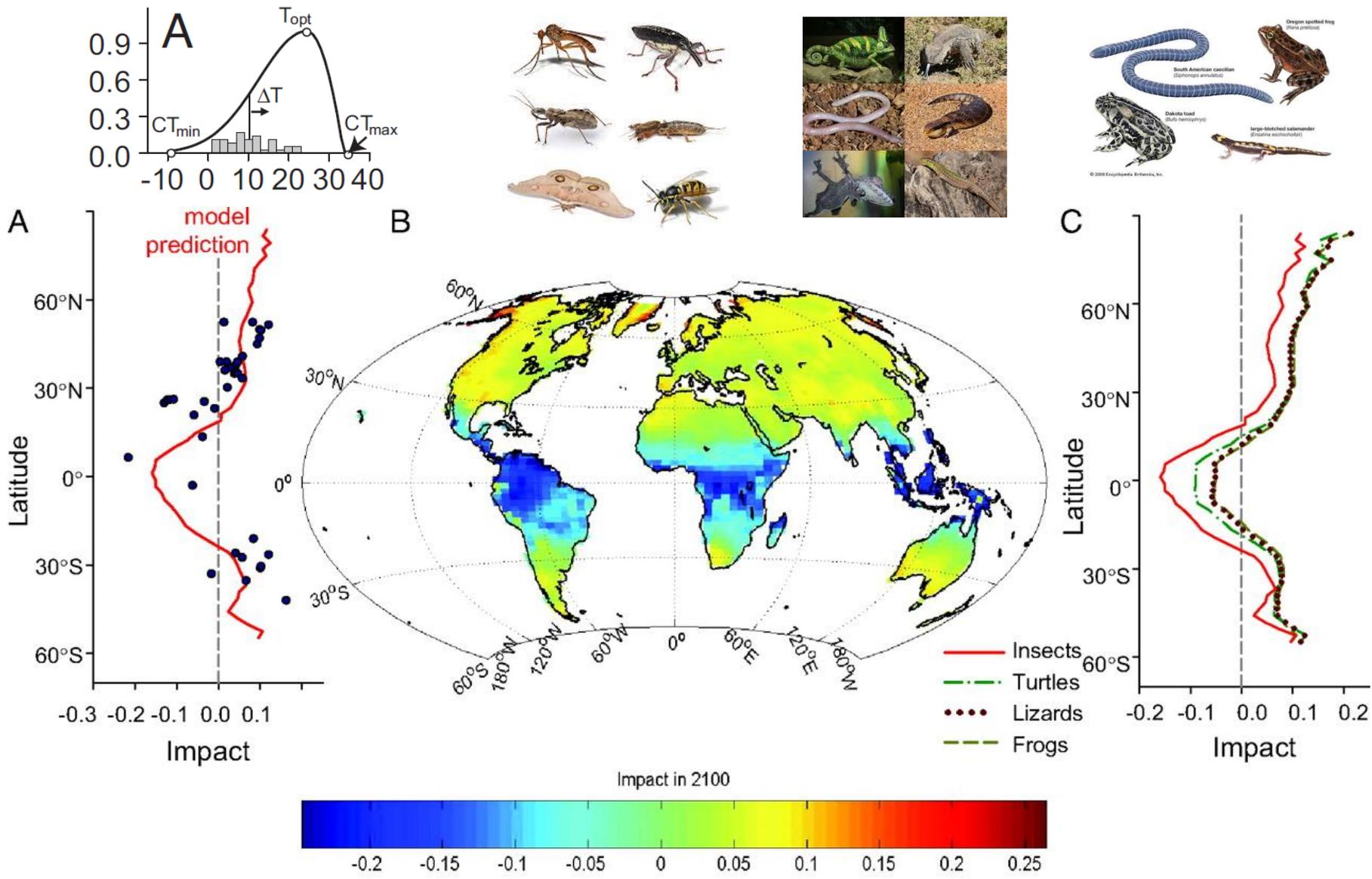
Endothermic species



*“Tightly regulated” body temperatures
within a safe zone*

Metabolic heat production
Evaporative cooling
Some behavioural regulation

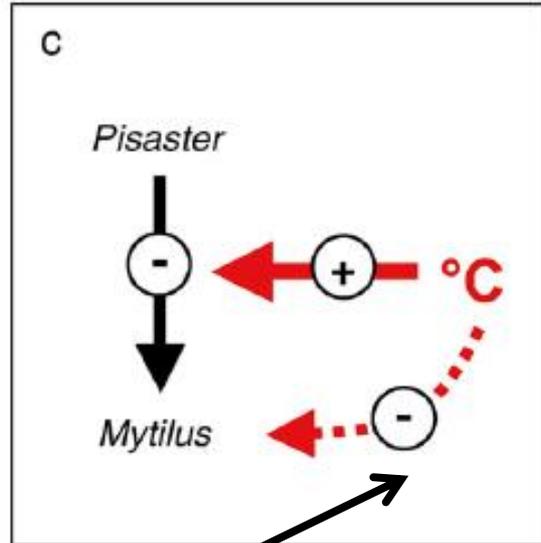
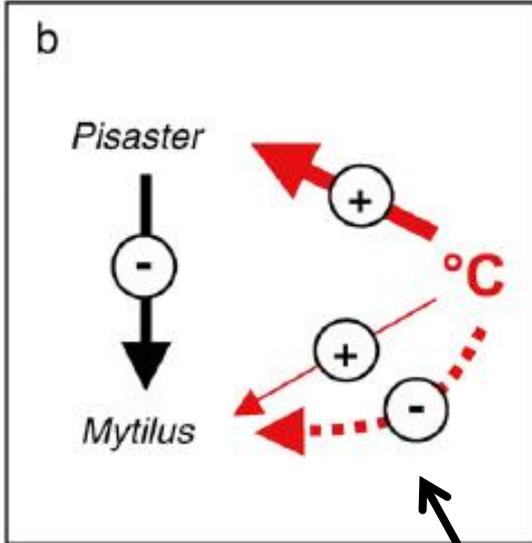
Climate warming and the need for thermoregulation



Ecosystem-level consequences of thermal biology

Density-dependent effects

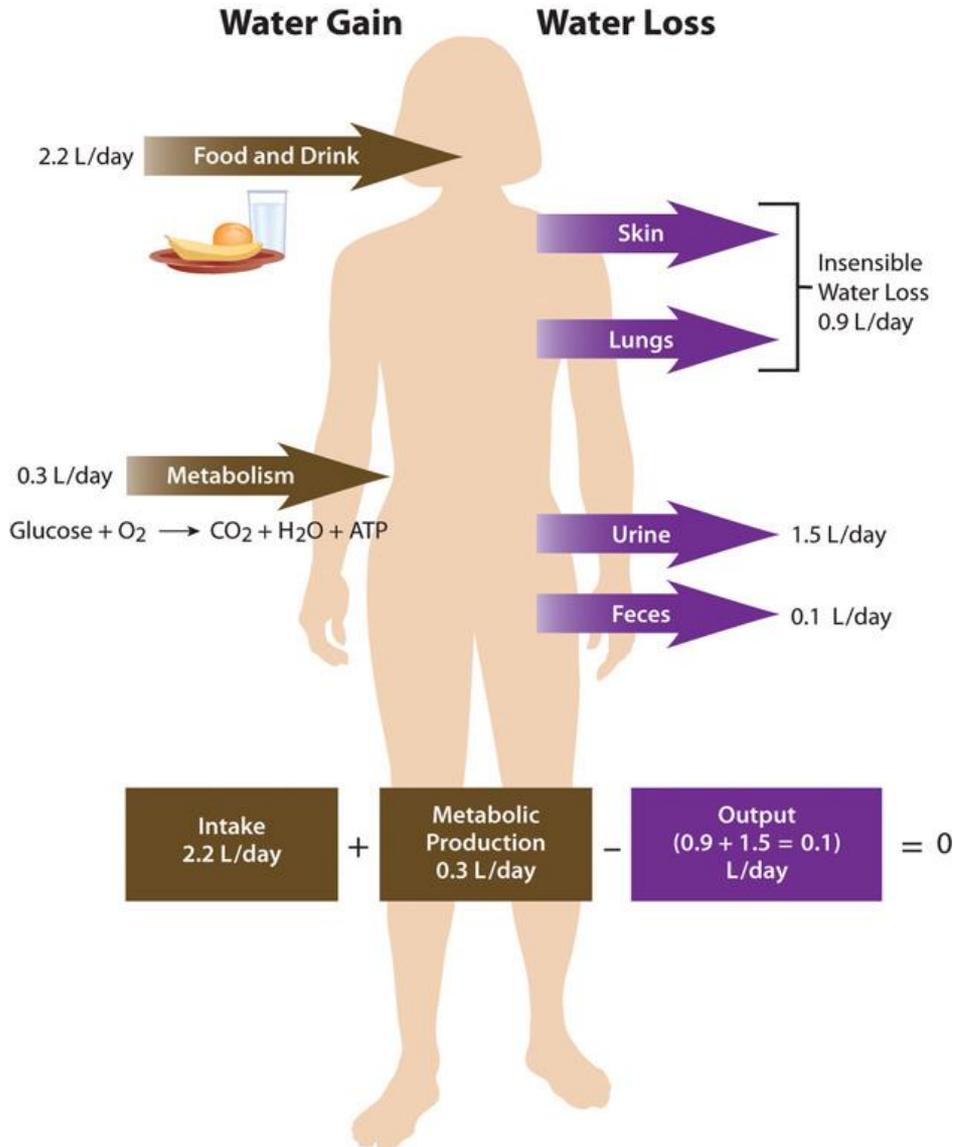
Direct effects



Net effect on the prey population driven by the predator thermal biology

Kordas, R. L., Harley, C. D. G. & O'Connor, M. I. (2011) Community ecology in a warming world: The influence of temperature on interspecific interactions in marine systems. *Journal of Experimental Marine Biology and Ecology*, **400**, 218-226.

Water balance regulation in animals: a neglected component



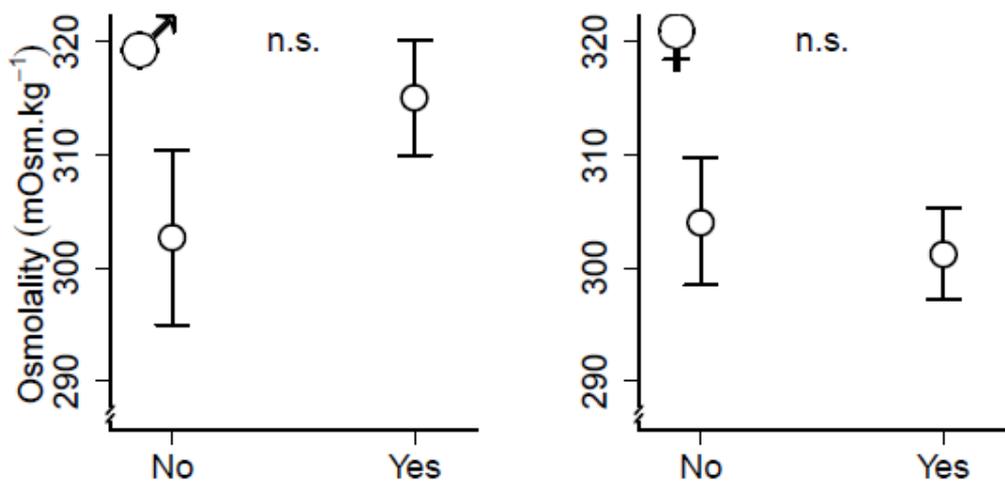
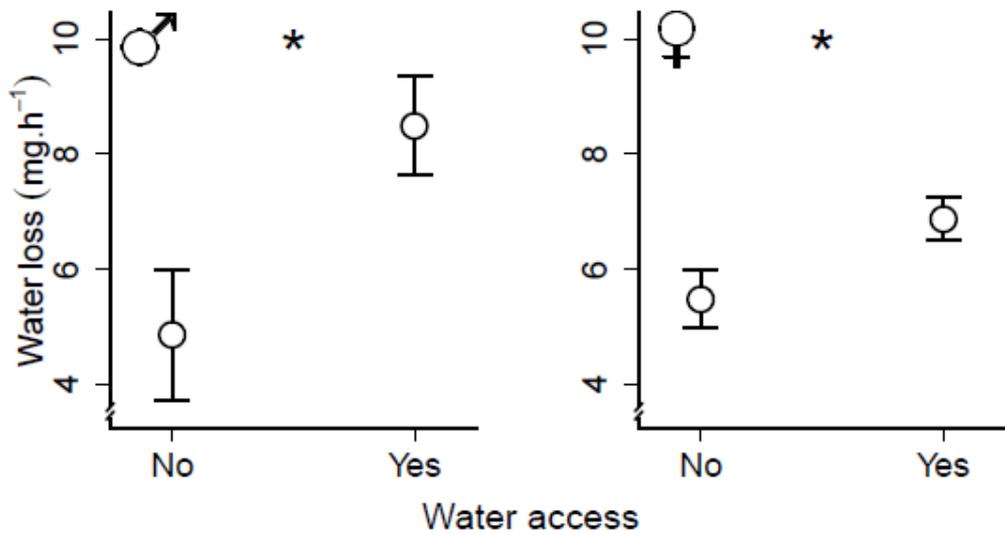
Regulation of the water balance (hydroregulation) in animals involves

Inputs from food and free standing water = *foraging behaviour and habitat selection*

Metabolic water production = *basal and activity metabolism, especially lipid metabolism*

Water loss through the skin, lungs and urine or feces = *evaporative water loss, respiration and ventilation, osmoregulation*

Example of hydoregulation mechanism: skin water loss

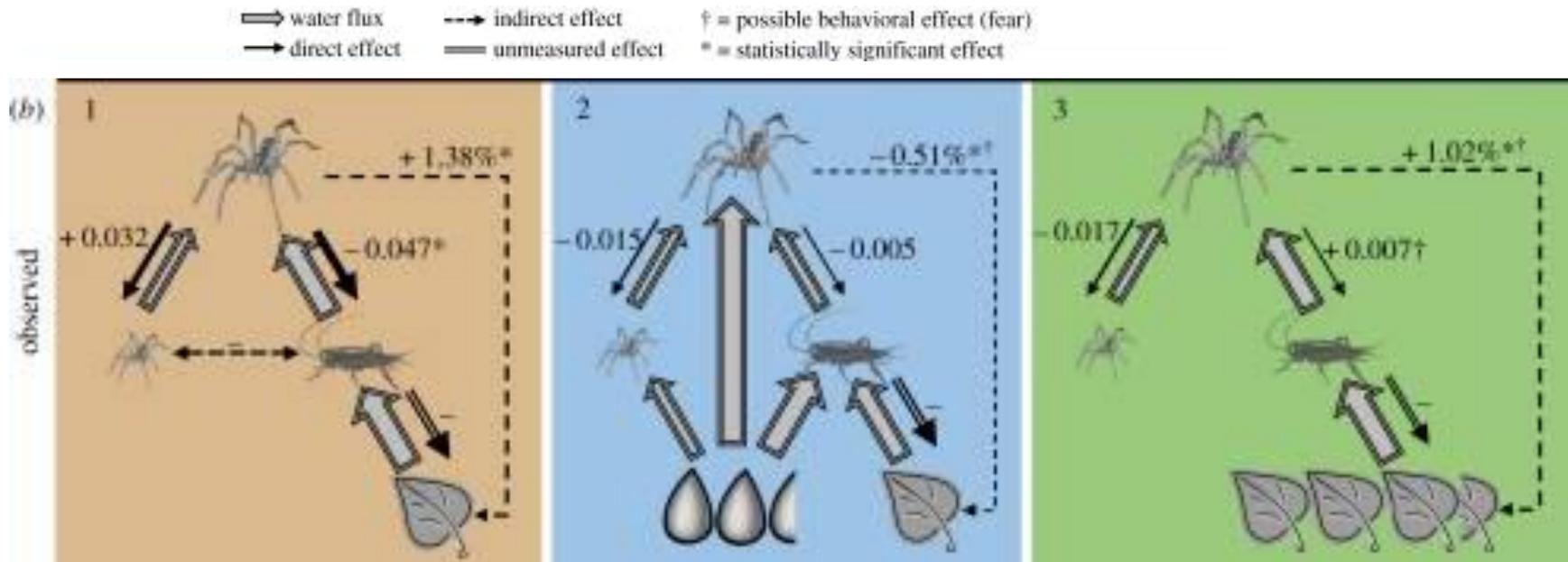


Water loss: lower standard water loss rates in habitats without access to free standing water

Water balance: plasma osmolality similar in habitats with or without access to free standing water (homeostatic state)

Dupoué, A., Rutschmann, A., **Le Galliard, J.-F.**, Miles, D. B., Clobert, J., DeNardo, D., Bruschi, G. A. and S. Meylan. 2017. Water availability and environmental temperature correlate with geographic variation in water balance in common lizards. *Oecologia* 185(4):561-571

Trophic interactions and top-down effects of water imbalance



Dry natural forest (left): strong water flux from leaves to predators through grazers and a top-down control of primary production by top predators

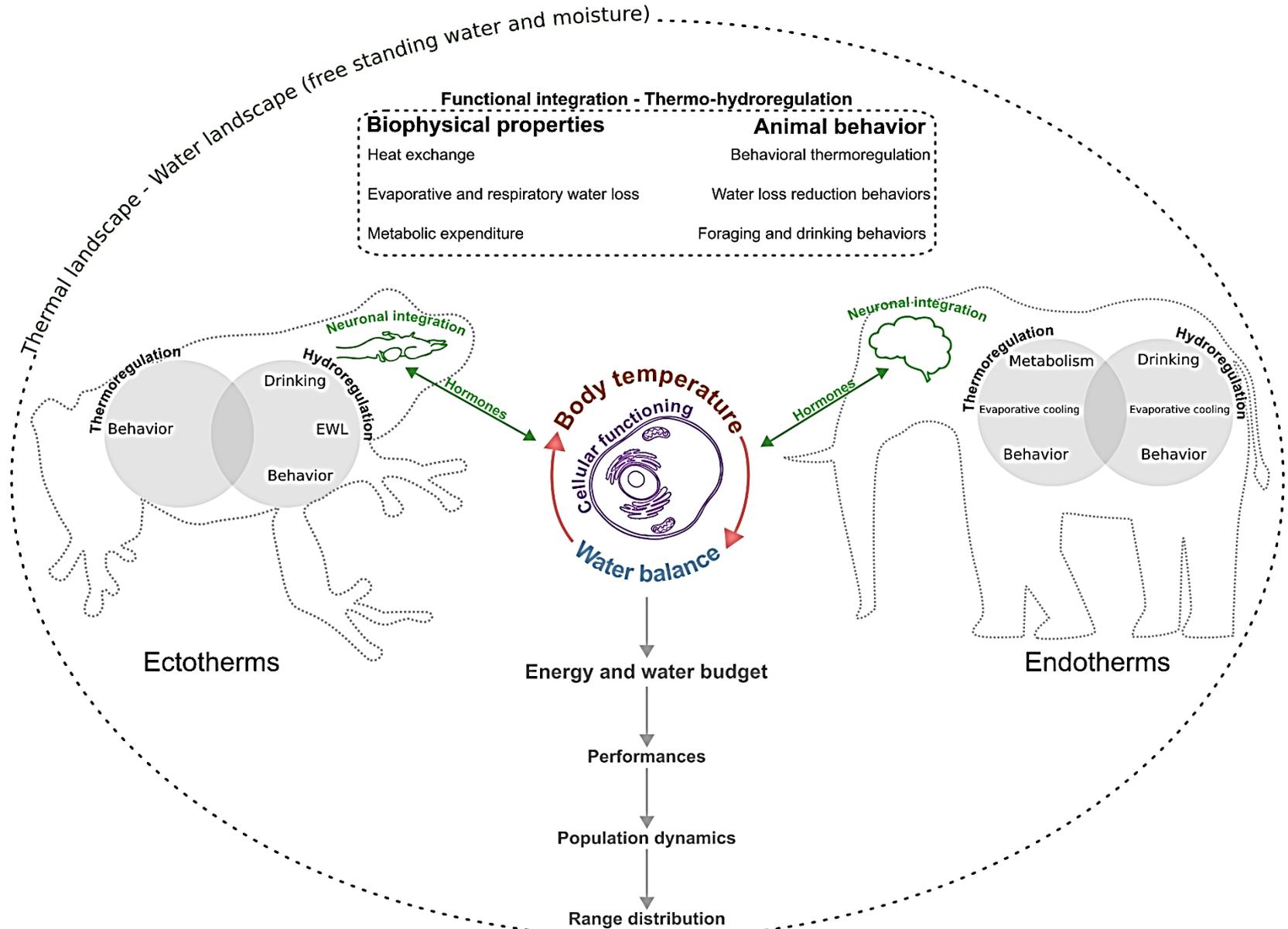
Free standing water addition (centre): strong direct water flux to top predators, loss of top-down control of herbivores by spiders due to change in trophic cascade and effects on habitat selection by grazers

Moist leaves addition (left): strong water flux from leaves to spiders through grazers but no top-down trophic cascade

Interplays between thermoregulation and hydroregulation

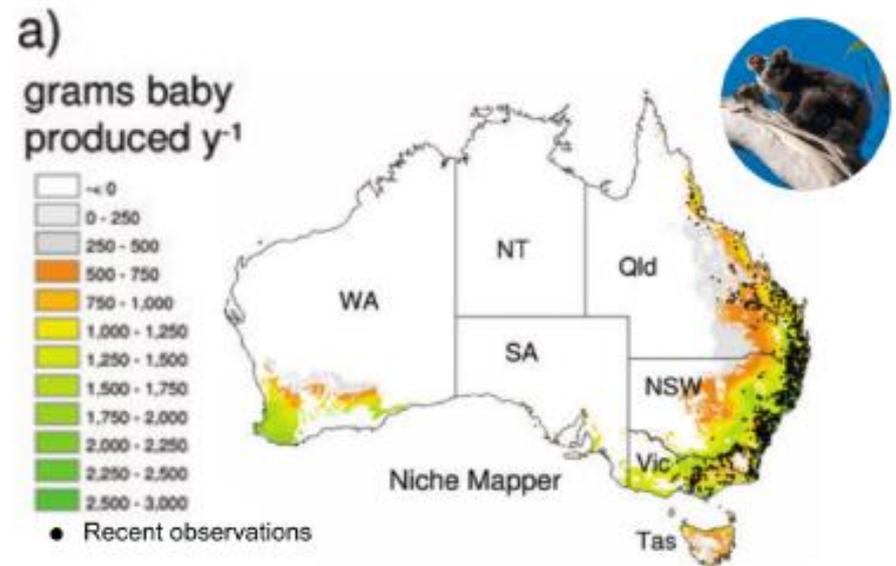
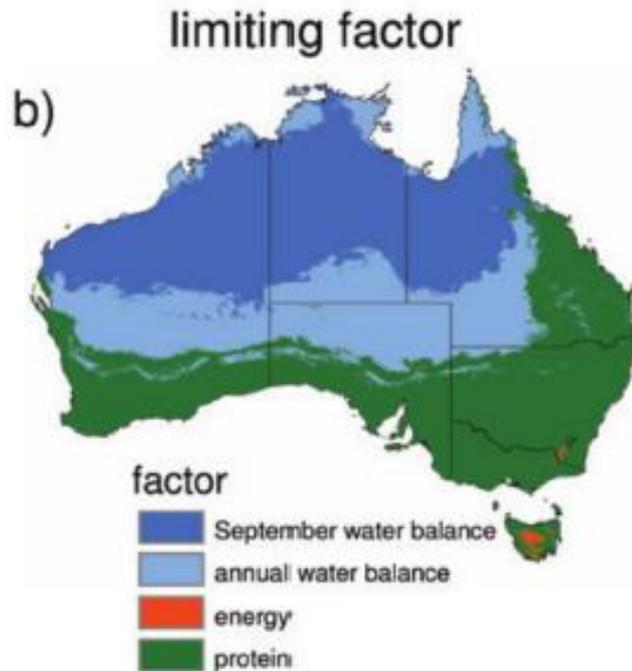
- Previous studies of water and temperature regulation in animals have emphasized independent processes
- Contra, we believe that mechanisms of thermo- and hydroregulation must also be viewed as interactive processes in wild terrestrial animals because
 1. **Environmental patterns** of water availability, rainfall and temperatures are often **correlated**
 2. **Water is a limiting factor** for many terrestrial species and biophysical mechanisms involve both water (e.g., VPD) and temperature
 3. **Biophysical mechanisms of hydro- and thermoregulation are tightly coupled**
 4. **Behavioural hydroregulation and thermoregulation overlap substantially**

The thermo-hydroregulation concept



Water is a limiting factor for terrestrial animals

Mechanistic niche model of the Australian gliding possum

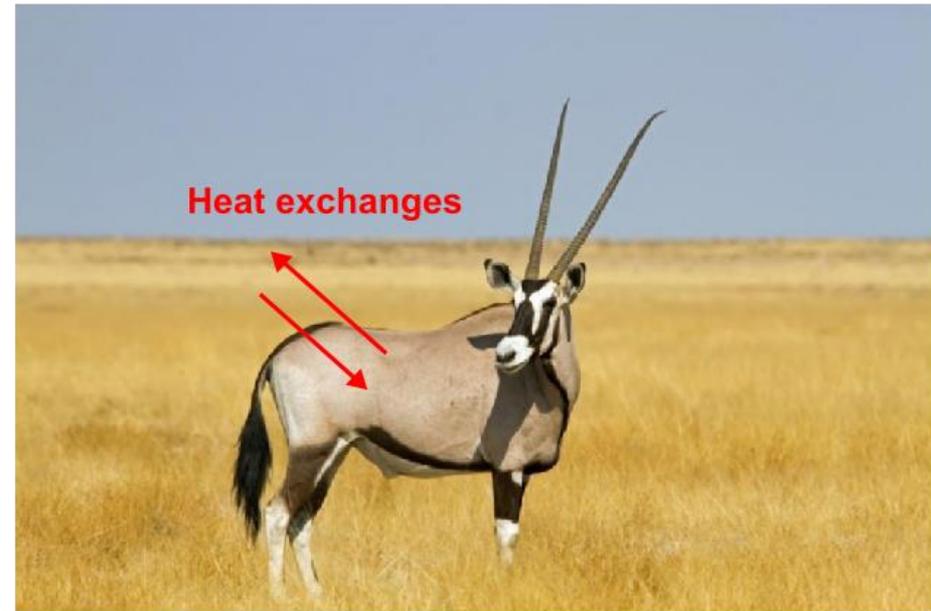


Broad scale distribution largely determined by limited rainfall during the year and secondarily by energy and thermal biology

Thermal physiology interacts with hydroregulation

Thermoregulation and EWL in ectotherms

Evaporative cooling in endotherms



- ↑ body temperature
- ↑ dehydration
- ↓ **water balance**

- ↑ evaporative water losses
- ↑ dehydration
- ↓ **water balance**

Examples in reptiles, amphibians or numerous insects

Examples in desert ungulates or bird species

3. Physiological trade-offs between water and temperature regulation

Thermal consequences of gestation in viviparous reptiles

- selects for more thermoregulation effort due to strong benefits of higher and more accurate maternal thermoregulation
- leads to facultative endothermy in some snakes (pythons)
- viviparity is an adaptive response to “cold climate” conditions



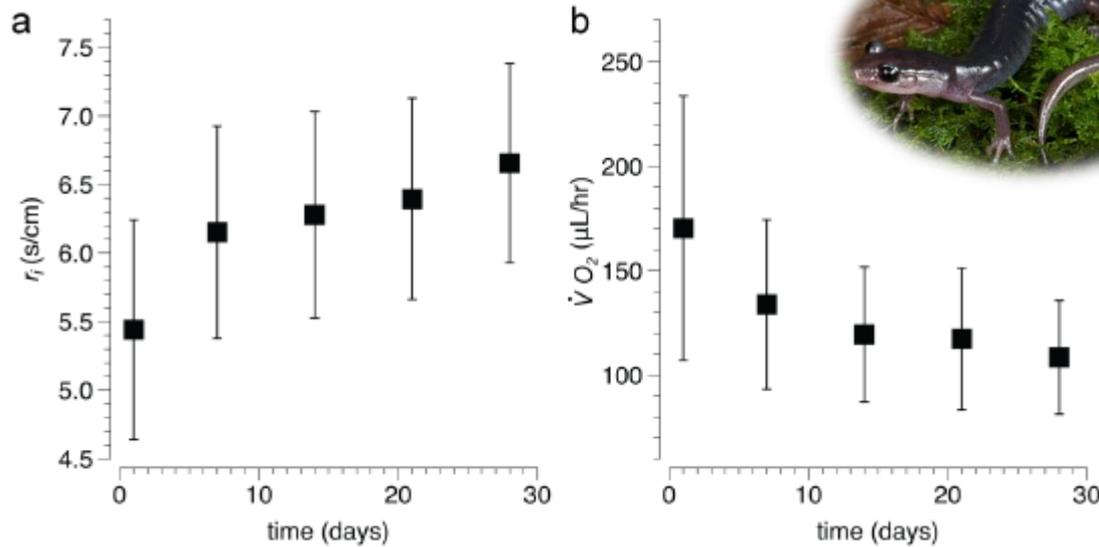
Water balance during gestation in viviparous reptiles

- concurrent need for water especially at the end of gestation
- stronger evaporative water loss during gestation due to physical burden of reproduction and thermoregulation effort
- environmental water availability might set a constraint on the evolution of viviparity in cold climate

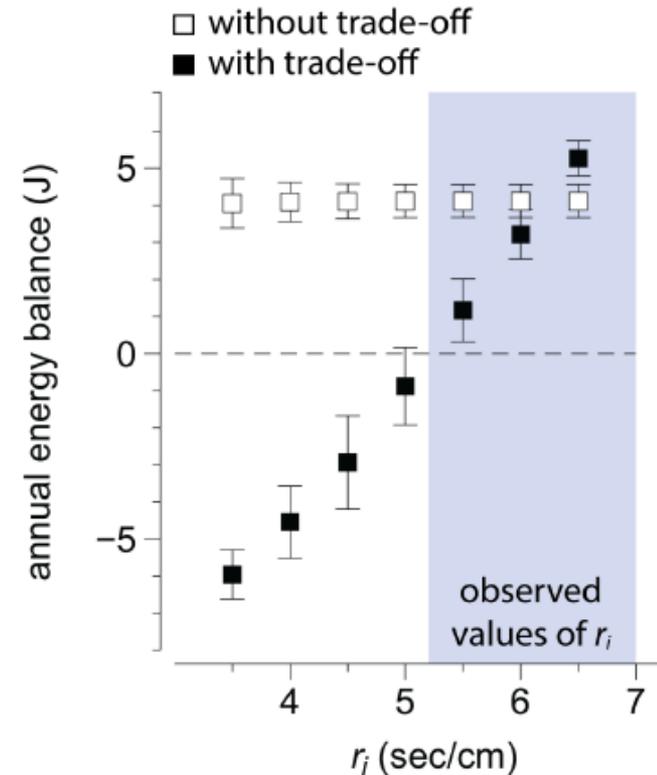


Thermo-hydroregulation crucial to our understanding of the evolution of viviparity

3. Physiological trade-offs, acclimation and energy budget

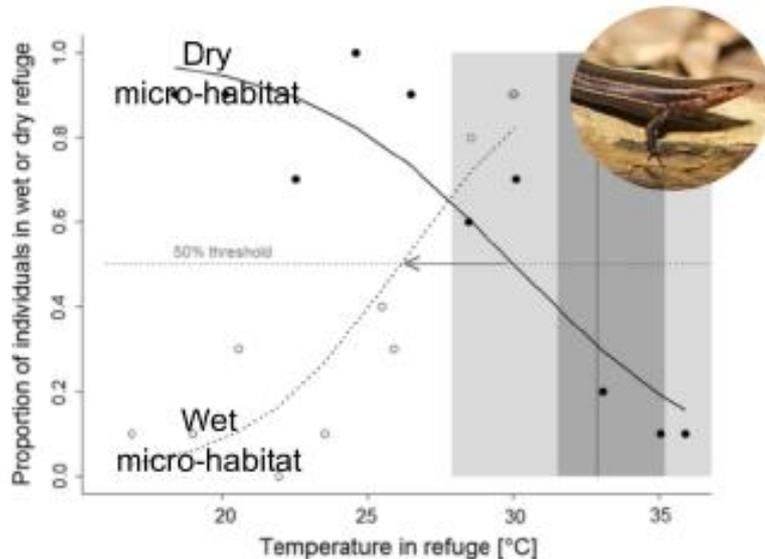


Respiratory-energy metabolism decrease and resistance to evaporative increase during warm acclimation, with individual-level analyses revealing a physiological trade-off between respiratory metabolism and water loss

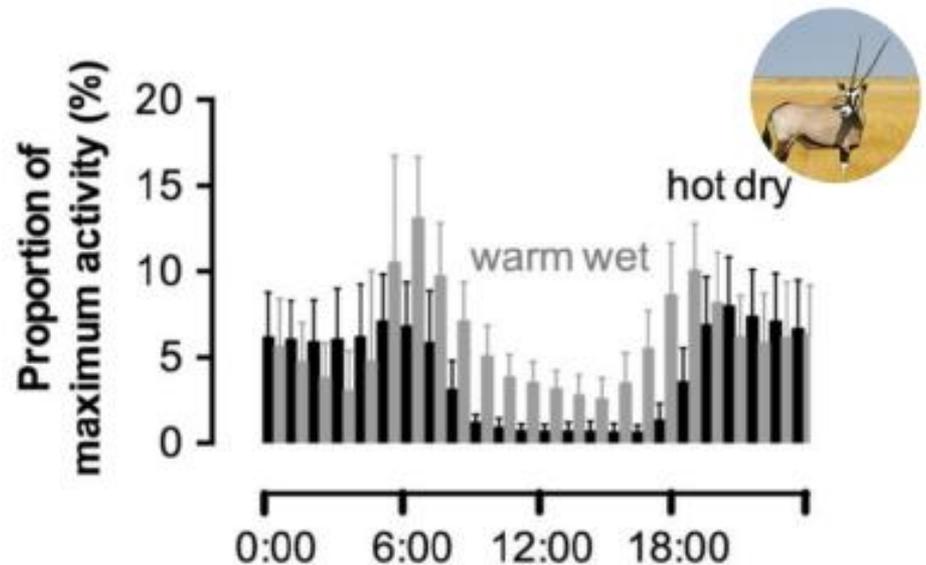


4. Behavioural thermoregulation trades off with hydroregulation

Refuge use in lizards



Activity in desert ungulates



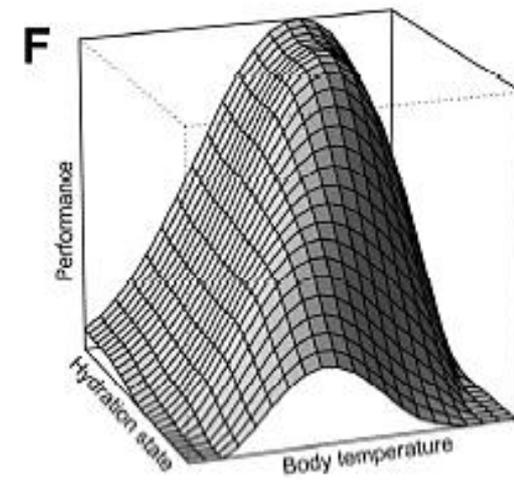
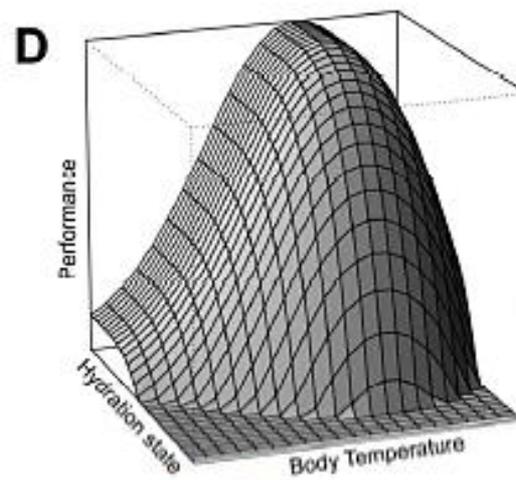
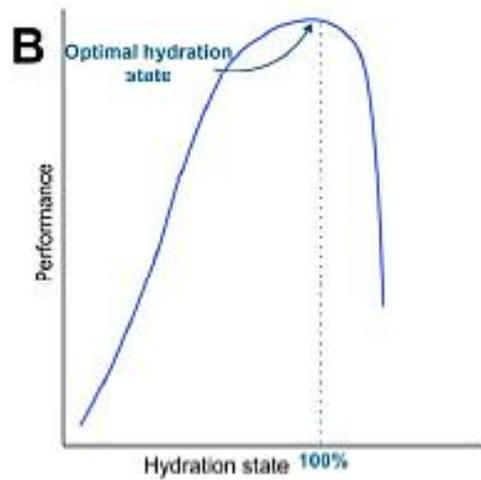
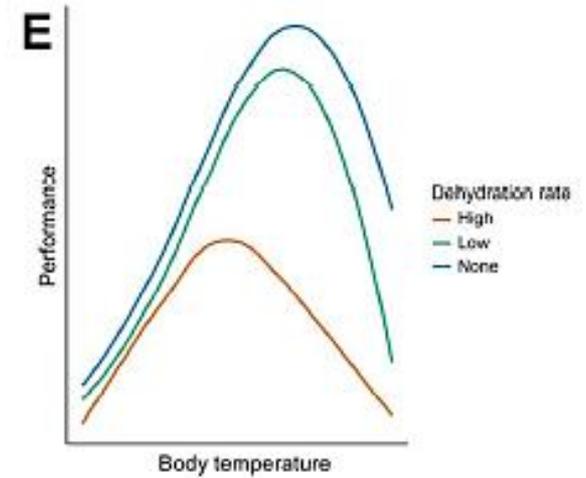
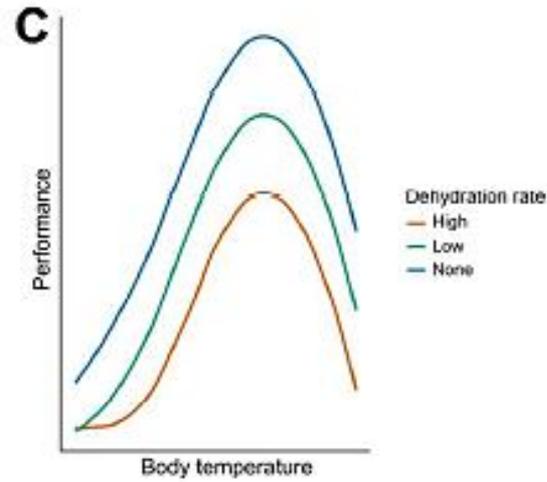
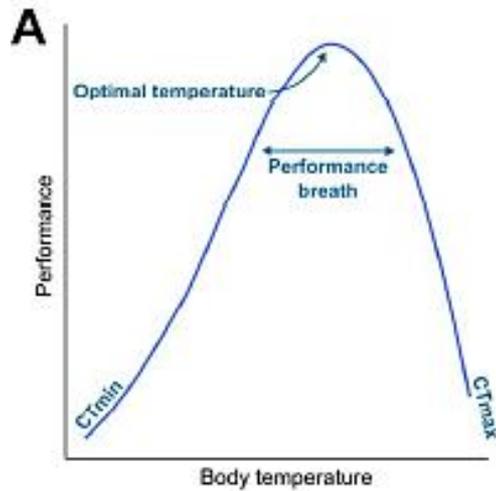
Warming increases refuge use disproportionately for moist microhabitats

Mid-day conditions induce a loss of activity especially during dry days

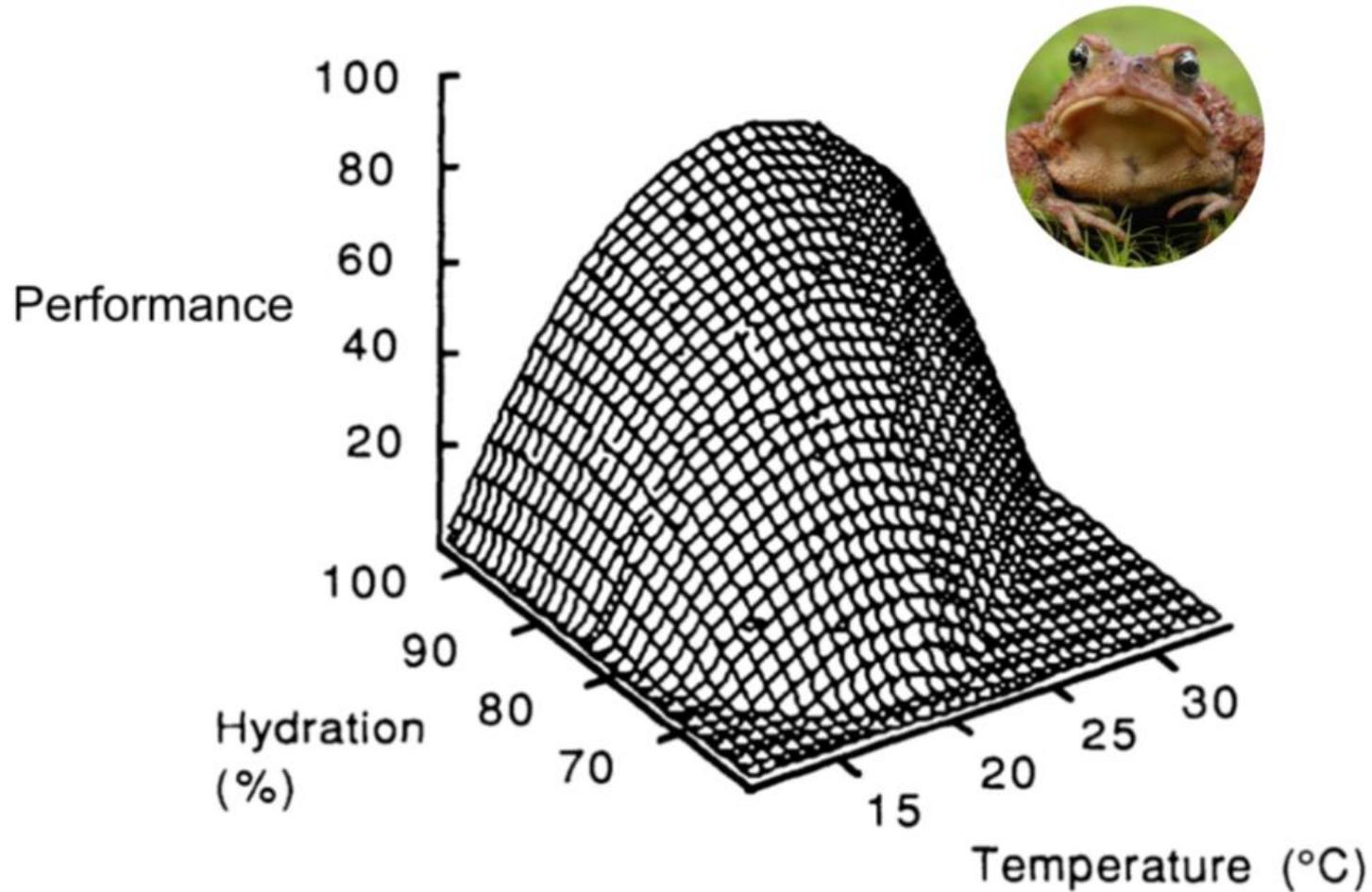
Interactive effects on performance variation

Additive effects

Non additive effects



Interactive effects on performance: case study



Conclusions

- **Animal thermal and water biology both play a key role** in ecological responses to climate change and ecosystem responses to changing climate
- Thermal and water biology are **functionally integrated** and physiological or behavioural traits have evolved in terrestrial animals to cope with both thermal and water needs, especially through trade-offs between some functional traits
- The **thermo-hydroregulation concept will help** refine our mechanistic understanding of global change effects on terrestrial animals including numerous keystone species with top-down effects on ecosystem functioning
- Future studies will require **bivariate analyses of water imbalance and thermal stress** and joint experiments on water availability and thermal stress

Acknowledgments to colleagues and funders



AQUATHERM: The potential of hydroregulation and thermoregulation to influence ecological responses to climate change

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