

Abbas Nazarian Madavani, **Maryam Mokhtari Dinani**. (2018). [The relationship between conception of decision making styles of coaches with player's burnout of the Iranian Premier League](#), [Research in Sport Management & Motor Behavior](#), 8 (15): 29-39.

The relationship between conception of decision making styles of coaches with player's burnout of the Iranian Premier League

Abbas Nazarian Madavani¹, Maryam Mokhtari Dinani²

Abstract

The purpose of this study was to investigate the relationship between conception of decision making styles of volleyball coaches and players burnout of the Iranian Premier League. The research method was applied - correlation and the population statistical was census. So, statistical sample included 240 male and female players (100 females and 140 males) of Iran volleyball in the Premier League in 2012 – 2013 years. The instruments were Scott and Bruce (1995) decision making styles standard questionnaire and Radeke and Smith (2001) athlete burnout standard questionnaire. The reliability of questionnaire there was approved by Cronbach's alpha (0/79). For data analysis, correlation and stepwise regression were used. Results showed there was significant relationship between conception of decision making styles of coaches (rational, intuitive, impulsive, avoidant and dependent) and athletes burnout (emotional exhaustion, diminished performance, and apathy) (<0/05). Also, the rational, dependent, spontaneous and avoidant decision making styles, totally, explain 40% of volleyball player's burnout variances.

Key Words: Burnout, Emotional exhaustion, Apathy, Decision-making style

¹ . Assistant Professor of Shahid Rajaei University, Email: Abbasnazarian@Sru.ac.ir

² . Assistant Professor of Alzahra University, Email: M.mokhtaridinani@alzahra.ac.ir

