

Physical Activity Observation Form

Location: Brushy Fork 4th Street Salem Lake West End Strollway

Observer name: _____ **Date:** ___/___/___ **Start time:** ___:___ **End time:** ___:___

Number of Walkers/Runners	YOUTH (2-20 years)		ADULT (21-59 years)		SENIOR (60+ years)	
	Moderate	Vigorous	Moderate	Vigorous	Moderate	Vigorous

Female						
White						
Black						
Asian						
Hispanic						
Other/Unsure						

Male						
White						
Black						
Asian						
Hispanic						
Other/Unsure						

Number of Bike Riders	YOUTH (2-20 years)		ADULT (21-59 years)		SENIOR (60+ years)	
	Moderate	Vigorous	Moderate	Vigorous	Moderate	Vigorous

Female						
White						
Black						
Asian						
Hispanic						
Other/Unsure						

Male						
White						
Black						
Asian						
Hispanic						
Other/Unsure						

Activity Level: Moderate = moving at a slow, casual pace; Vigorous = engaged in an activity more vigorous than an ordinary walk

Go to <https://ctsi.wakehealth.edu/community/what-we-do/citizen-science> to input data or scan QR Code



Conditions of Target Area			
Is the area accessible (e.g., not locked or rented to others)?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Is the area usable (e.g., not excessively wet or windy)?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Is equipment available in the area (e.g., sport balls available)?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Is the area supervised (e.g., park-related personnel present)?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Is there organized activity in the area (e.g., group bike ride)?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Is the area sufficiently lit (if dawn/dusk/nighttime)?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> NA
Amount of sun or shade in the target area:	<input type="checkbox"/> Mostly shade	<input type="checkbox"/> Shade/ <input type="checkbox"/> sun mix	<input type="checkbox"/> Mostly sunny

General comments/observations:

