

BOOK REVIEWS.



HOW TO SAVE MONEY. By Nathaniel C. Fowler, Jr. Author of "Practical Salesmanship," "Starting in Life," etc. Price \$1.00. A. C. McClurg, Chicago.

The possession of money has come to be classed so high an attribute that few dare to aspire to the respect of their own community unless they possess this quality which seems to command the highest places. Most people reading Mr. Fowler's book will immediately be aware of the most painful prickings of conscience and to realize how often we are guilty of sins of omission in not saving money.

There seems to be no sin so great as that of not saving money unless indeed it be the one he names as far greater—that of saving persistently and penuriously for the mere sake of accumulation, with no object in view except that of possessing a large sum; this, to quote the author, shows avariciousness—a low character, a contemptible and inexcusable lack of public spirit and no respect for the common decencies of life. The class which calls forth this strenuous denunciation is, however, far in the minority, and we are told that seventy-five per cent. of city dwellers spend all they earn, and at least one-half of them are living beyond their income.

Extravagance and a desire to get on in the world, are denounced roundly and there is much sage counsel on the subject of saving in proportion to one's income; however small this may be, the writer is inclined to believe that it is only a matter of will power to keep one's expenditures a little below rather than a fraction above one's income. Means of investing small savings other than the savings banks are not recommended, and the process of saving money would seem to be the negative one, of not spending money—which might land some of us in the class which the author so thoroughly despises.

The book calls attention to many insidious causes of waste, which every sane reader has had, at one time or another cause to deplore, chief among them is extravagance in dress.

MESSAGE AND THE ORIGINAL SWEDISH MOVEMENT. By Kurre Ostrom. From the Royal University of Upsala, Sweden. Seventh Edition, Enlarged and Revised. With one hundred and fifteen illustrations. Price \$1.00. P. Blakiston's Son & Co., 1012 Walnut Street, Philadelphia.

The following new subjects have been added to the original text: "Neuritis Splanchnic Neurasthenia, Infantile Paralysis," and some additions to the "Diseases of the Eye and Ear" are to be found. The book is well known and has been reviewed in these pages from time to time.

"The School Nurse" will form the subject of a book which is shortly to appear from Miss Lina L. Rogers, superintendent of School Nurses in Toronto, Canada. Miss Rogers is eminently well qualified to write on this subject, having been the original school nurse of New York City, where she worked out and organized the system of school nursing as it is now carried on. Later she organized the same work in several other of the large cities of America and is now engaged in systematizing the work in Canada. Her book is looked for eagerly, by all who recognize the great importance of her practical work in the field which she has opened up for school and civic work.

OUTLINE OF GENERAL AND SURGICAL NURSING. By Winifred Frederick Lindsay, Superintendent of the Training School for Nurses, of the Paradise Valley Sanitarium, National City, California. Price \$1.25. The College Press, Loma Linda, California.

This book is arranged for teachers and is interleaved with blank pages for additional notes on the "outlines" as they are presented by the author for class work.

The book is divided into three parts: Part I, General Nursing; Part II, Surgical Nursing; Part III, Solutions.

The first part, dealing with clinical records, sick-room teaching, clinical procedures, including lavage, hypodermic injections, enemata, and the usual subjects embraced by the subject general nursing. The second part is devoted to the technique of the operating room and the care of surgical cases, also accidents and minor surgery and first aid to the injured. There is no claim made to cover the subject exhaustively—rather to "briefly and concisely give the essentials, thus firmly impressing the main principles or skeleton as it were of the various subjects. These should be elaborated by the instructor."

In the absence of the, now universally demanded, school of pedagogy trained teachers, this book will prove immensely serviceable to the teacher who lacks time or training for preparing her class work.