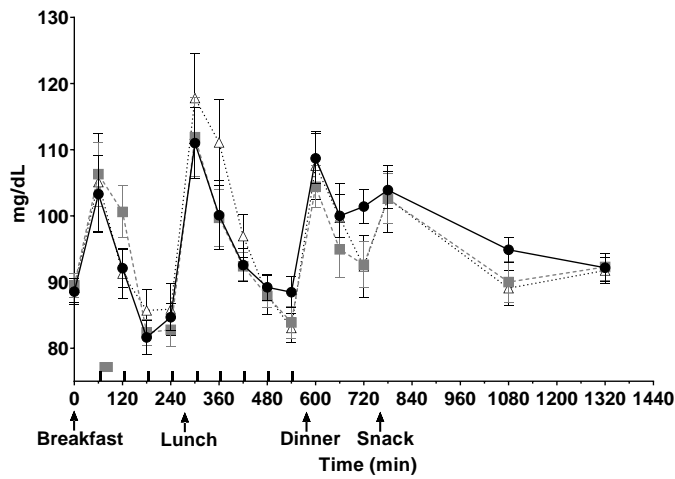
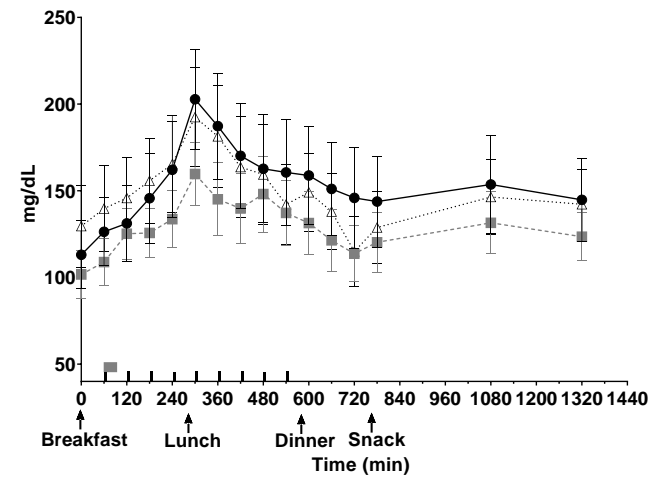


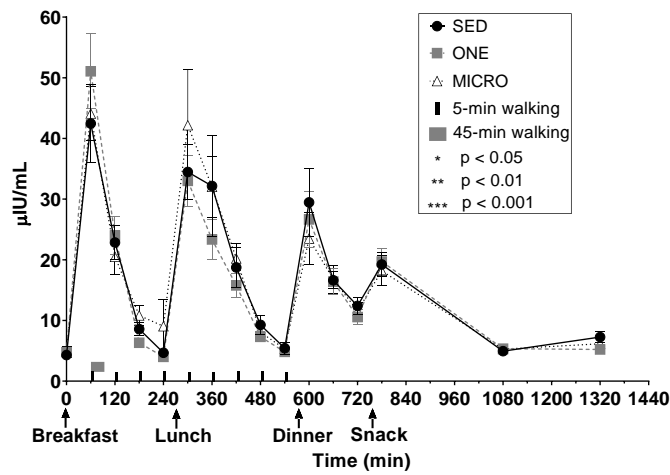
### A. Glucose



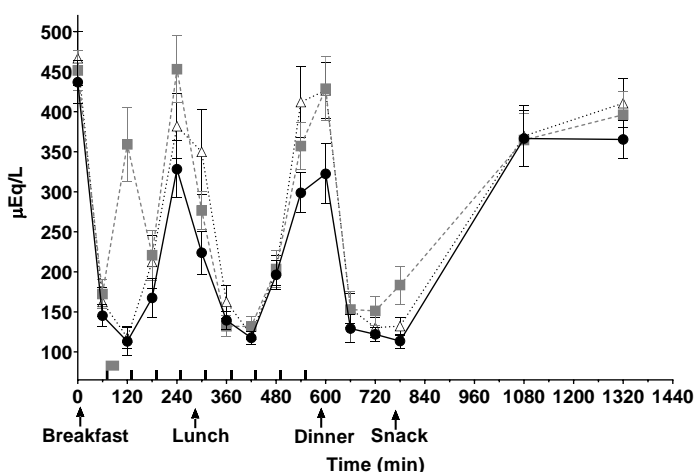
### B. TG



### C. Insulin



### D. FFA



## Supplemental Figure 2: Twenty-four hour plasma metabolite

The pattern of change in plasma metabolite concentrations during the study day. (A) Pattern of change for glucose through the study day. (B) Pattern of change for triglyceride through the study day. (C) Pattern of change for insulin through the study day. (D) Pattern of change for FFAs through the study day. TG, triglyceride; FFA, free fatty acid. Data are presented as mean  $\pm$  SEM. \*  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ .

■ indicates 45 minute bout of walking. ▮ indicates 5 minute walking bout. ↑ indicates meals.