

he finally sets before us, but he does it with such gayety that the reader is compelled to share it and even to be an accessory to his somewhat impossible facts.

Even the fairy godmother is accepted, and if the story leaves us rather breathless and not wholly convinced, at least we are immensely entertained and distinctly wish he would "do it again."

L. D. D.

SUBSTITUTES FOR THE SALOON. By Raymond Calkins. Houghton, Mifflin & Co.

Delos F. Wilcox writes for "Municipal Affairs" an exhaustive review of this book, which was the outcome of investigations made for the Committee of Fifty, organized in 1893 for the investigation of the liquor problem from its physiological, legislative, ethical, and economic aspects.

Mr. Wilcox summarizes the duties of the municipality as follows from the pages of facts and recommendations presented by Mr. Calkins:

First. The city should provide an adequate number of public comfort stations, so that men will not be obliged to buy a glass of beer to pay the saloon-keeper for such service.

Second. The city should maintain municipal buildings in every locality, with library and reading-room attachments, for the use of private clubs and for social gatherings. These buildings could be entirely free, or running expenses could be paid by charging a moderate rental for the use of public halls or club-rooms.

Third. The school buildings might be utilized to their full capacity by keeping them open as centres of play and social activity outside of school hours.

Fourth. The city should provide small parks and playgrounds, gymnasiums, public baths, and swimming-pools, so that summer and winter the opportunities for healthful exercise, physical recreation, and cleanliness shall be guaranteed to the people of all classes.

Fifth. The city should provide for the culture and entertainment of its citizens by means of evening schools, popular lectures, concerts, and perhaps even municipal theatres.

Sixth. Let the city apply itself to the solution of the housing problem.

THE COST OF FOOD: A STUDY IN DIETARIES. By Ellen H. Richards. 12mo, pp. 161. Cloth, \$1. John Wiley & Sons, New York.

This little book on the scientific aspect of food is full of interest to anyone who is associated with the food supply of a family or community.

Mrs. Richards opens it with a chapter on "Food a Necessity—Knowledge of Food—Values a Present-Day Necessity—Kind, Quality, and Cost of Food;" then devotes a chapter to "Food for the Infant," the "School-Child," the "Active Youth," the "Youth at College and for the Brain-Worker," the "Traveller and Professional Person," "Those in Institutions," and "Food for Middle Life and Old Age." The latter part is devoted to the consideration of dietaries ranging in cost from ten cents upward.

The author states that "the object of this book is not so much to give information as to stimulate research. Its pages are teeming with valuable suggestions to be worked out and developed by the thinking professional woman, who occupies an important part in the proper physical and mental development of the coming generations."

E. S.