

sportive tendencies of youth are easily found to be quite as productive of evil as no work and no aim in life. Hard work and no play is as bad for "Jill" as it is for "Jack." Therefore, a life of temperance (using the word in its broadest significance), is one of the best prophylactics for these neuropathic patients.

Religious excitement is one of the etiological factors which we cannot overlook in the study of these cases. We believe that some of our religious customs are largely responsible for the outbreak of insanity in girls of neurotic temperament. Reference is made more particularly to the religious revival, with its series of meetings, possessing such an absorbing interest for girls of the sensitive, emotional type.

The young should be taught the principles of right thinking and right living, but customs which appeal to their emotions alone not only fail to accomplish the good that is desired, but they actually serve to arouse an unhealthful excitability which furnishes the soil for perversions, and the manifestation of these perversions, which are wholly inconsistent with their religious professions. These inconsistencies make us wish to urge parents and pastors to keep the religious training of the young on a rational rather than an emotional basis.

In conclusion, we would say that the above list of contributing causes could, we believe, be largely supplemented by still further investigations of the environments of these neuropathic girls, and that it is only by such investigations, and an intelligent supervision and direction concerning the tendencies and environments, that other neurotic young women can be prevented from having attacks of adolescent insanity.