

the various grades of walking exercise and manual labour without any reactive auto-inoculation. The initial dose of tuberculin is $\frac{1}{4000}$ milligramme, and it is gradually increased by weekly inoculations until $\frac{1}{100}$, $\frac{1}{50}$, or $\frac{1}{20}$ milligramme (maximum) is reached. Up to the present fifty cases have been treated by this new combined method, and the results obtained have been excellent.

The importance of the educational influence in the campaign against tuberculosis, more especially as a factor in minimizing the risks of relapse, is insisted upon. At intervals a course of lectures is delivered to the patients on important personal aspects of the tuberculosis problem. A careful record of the subsequent history of all old patients is kept in a special register. Patients when discharged are supplied with a schedule of information containing particulars as to their progress, and recommendations regarding future treatment.

H. HYSLOP THOMSON, M.D.,
Resident Medical Superintendent.

THE ASHOVER SANATORIUM.

The Ashover Sanatorium stands half a mile from the village of Ashover in Derbyshire at an altitude of 600 feet, surrounded by private



ASHOVER SANATORIUM.

parkland, and has a large kitchen-garden and orchard. It has a south aspect, and is well sheltered on the north and east sides, and commands a fine view over the valley of the Amber. The soil is porous mill-

stone grit, and the water-supply (which is private) is good and abundant. The drainage is on the water-carriage system, and is separate from that of the village.

The sanatorium is lighted throughout by acetylene gas. Special care is given to the nature of the food. The quantity is regulated as far as possible by common sense, and by the individual requirements of each patient.

Special rooms are reserved for non-tuberculous cases. The terms are £3 3s. to £5 5s. weekly, according to the room occupied and the nature of the case.

Ashover can be reached by the Midland Railway from Chesterfield (7 miles), Stretton ($3\frac{1}{2}$ miles), or Matlock (4 miles). Conveyances from Ashover meet all trains at Stretton, and special arrangements can be made to meet patients at any of the other stations.

IDA E. FOX, M.D.,
Medical Superintendent.