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SOME ADDITIONAL OBSERVATIONS ON THE EFFECTS OF INJURY TO PERIPHERAL NERVES.*

D. S. FAIRCHILD, M.D.

Division Surgeon, C. & N.-W. R. R.: Special Examining Surgeon.
C., M. & St. P. R. R.: Local Surgeon, B., C. R. & N. R. R.
CLINTON, IOWA.

Two years ago I read a paper before the Academy, on "Injuries to Peripheral Nerves," in which a case was related illustrating the effects of a comparatively slight injury to the nerves of the thumb, resulting in very distressing symptoms covering a period of more than two years. The extremely painful symptoms were due to a pressure lesion including the branches of the median nerve supplying the thumb. The amount and density of the connective tissue attending the healing of the wound was remarkable. The healing of the original injury was scarcely accomplished before painful twitching of the thumb occurred. It was at once recog-

nized that the nerve branches were caught in the scar, and it was apparent that relief could be obtained only through surgical means. Twice the scar was dissected out and the nerve freed. Later the external cutaneous and the collateral branches of the median supplying the thumb were resected with the effect of producing paralysis of sensation on the palmar surface, but the pain recurred after the healing, with the addition of painful spasms of the fingers supplied by the median nerve, painful sensations extending up the arm, and vasomotor paralysis together with somewhat widespread reflex disturbances.

A fourth operation consisted in a division of all the soft parts, including the adductor muscles, nerves and vessels, to the inner side of the original injury down to the bone, at the same time removing the scar tissue, allowing the parts to retract, uniting only the skin with a few stitches and using gauze drain.

The fifth operation consisted in amputating the thumb through the middle of the metacarpal bone. Complete relief would follow each operation for a period of about six weeks, when the old pain would return—although it may be said that after the last operation the pain did not reach its original intensity, in fact, for a few days in succession comparative relief would be obtained, then for several days the pain would be very severe, extending up the arm, and attended with vasomotor paralysis in the hand and fingers, violent and painful flexion of the fingers into the palm of the hand. It was at this time that the case was reported.

At the end of six months, the condition not improving—and, as the pain had increased and the man totally incapacitated for any kind of employment—propositions for further operative procedure were made. The patient was now quite willing to have the median nerve resected with all the crippling effects resulting therefrom, or even to have his arm amputated if it would afford any relief. At the suggestion of Dr. Owens, the remaining portion of the metacarpal bone of the thumb was removed by amputation at the carpo-metacarpal articulation, all the scar tissue dissected out and the median nerve carefully raised and freed from any nerve connective with the thumb—if any existed. The wound healed promptly, but in three weeks the pain returned in all its former intensity. I had already been impressed with the fact that a chronic neuritis existed in the median nerve, and that under the influence of this morbid condition trophic changes occurred in the new-forming tissue of the wound, resulting in the production of a large amount of dense connective tissue, which exercised a pressure influence on the already irritated nerve. The great suffering of the patient, his utter inability to perform any labor, and my failure thus far to furnish any permanent relief led me to consider every possible means short of the mutilation operation of the median nerve resection or amputation. After considerable reflection, it occurred to me that if I could protect the nerve from the compressing influence of dense scar tissue, something could be accomplished. I therefore secured from a dentist a sheet of gold of the uniform thickness of 1/500 of an inch, 1 3/4 inches in length and 3/4 of an inch in width. This I placed in the sterilizer, and I prepared the hand with great care, observing the most rigid asepsis. I again opened up the wound, dissected out all the scar tissue, lifted up the median nerve as it passed through the wound, on a strabismus hook, to make sure that the nerve was free from scar tissue. When this was done I covered the nerve with the sterilized gold sheet above

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referred to, pressing it down on each side of the nerve, fitting it evenly so that the nerve could come in contact with the tissues of the hand only at its posterior surface as it passed along its course. The flaps, composed of the skin and subcutaneous tissue—which I had formed in exposing the field of operation—were united over the gold foil with silkworm gut and horsehair. The greatest care was taken at every step of the operation to secure the most perfect asepsis and coaptation of all the parts. The wound was covered with copious dressings which were removed at the end of ten days, when the wound was found perfectly dry and the stitches removed.

This last operation was made April 18, 1899, and about two months later the patient resumed work as a bridge carpenter, and has continued in this employment since, having been practically free from pain.

When he first resumed work, if he exercised the muscles of his arm much or exposed it to any continued jarring influence, or if he became exhausted from any cause, he would suffer more or less severe attacks of pain, which would however subside after a day of rest. The condition of the nerve gradually improved until at the end of a year he was practically free from pain, whatever he might do. At that time an incident occurred which illustrated the serious nutritive disturbance resulting from two and one-half years of constant irritation. He was employed to pick up nails for three hours, and that night suffered considerable pain, contraction of fingers into the palm of the hand and vasomotor paralysis. This all cleared up without treatment, after a day or two of rest. It may be observed in this connection that the hand was very susceptible to the influence of cold.

At the present time—one and one-half years after the operation—the median nerve may be said to have been restored to its normal state of nutritive stability, and that the man is able to perform any labor adapted to his years and strength with entire freedom from pain.

AN OPERATION FOR CYSTOCELE.

GEORGE H. NOBLE, M.D.

ATLANTA, GA.

The necessity of operating for cystocele, either with or without plastic operations, of the female genital tract, is not an infrequent occurrence. The unsatisfactory results of operations usually employed, especially in old women with relaxed and dilated vaginal outlets, are frequent. Usually failure is due to stretching of the newly formed cicatrix, or to imperfect attachment when the base of the bladder is anchored to structures above the plane of the anterior vaginal wall.

In the absence of dense fascia in this part of the genital canal the repair of cystocele must depend upon the fixation of soft yielding structures to similar parts, but should be reinforced by ample support from the posterior vaginal wall and perineum, and in certain cases with ventrosuspension or some similar operation. Even then the results are not invariably good. This, with the fact that extensive operations in old women are objectionable, makes an urgent appeal for improvement in technique.

Hoping to find something to answer the demand, various procedures were tried as cases of this kind presented themselves to me. First, superimposed layers of catgut sutures were used in the sulci on either side of the vagina with fair success, and perhaps superior to the ordinary Stoltz-Sims operation or elliptical denuda-

tion. Following this the redundancy of tissue was folded in upon itself and pressed into the bladder-space by superimposed layers of catgut sutures in the median line (see Case 1). The effect was quite good, but occasionally there would be some return of the cystocele in after years. Other modifications were tried with varying success until buried sutures of silk, silver and kangaroo were used.

With patient in Sims' position, a diamond-shaped denudation is made over the protruding cystocele, which should be outlined in the following manner: With two pairs of tenacula the mucosa is picked up on either side of the vagina, about half-way up the canal, and drawn toward the median line. This is repeated until two points are selected that will barely meet or touch when slight tension is put on them. They are marked by snipping out the pieces of mucous membrane engaged by the hook. In like manner the angle at the base of the urethra, and also one anterior to the cervix uteri, are marked. A tenaculum should engage the point on the right-hand side and sufficient tension be made upward to throw the mucous membrane of the vagina into a sharp fold or ridge running from the urethra to the tenaculum. With a pair of scissors a strip of mucous membrane is pared off along the crest of the ridge marking the right inferior side of the quadrangle. The hook should then be fixed at the mark anterior to the cervix and a thumb forceps should catch the lateral angle just released from the tenaculum. The two instruments are then drawn in opposite directions, forming a fold in the vaginal wall similar to that described above. A strip of mucous membrane is removed between the instruments marking the right superior side of the quadrangle. In like manner outlining of the diamond is completed upon the opposite side, after which it becomes an easy matter to remove the island of mucous membrane in one piece. All fatty tissue should be removed as far as practicable, that it may not interfere with direct contact of the muscular tissue. The sutures are easiest introduced by starting on one side of the urethral angle. The needle should enter the edge of the denuded surface beneath the mucous membrane, penetrating at the junction of the middle and lower third of the right anterior side of the quadrangle, passing in an eccentric direction to a depth of one-half inch into the vesico-vaginal septum. On returning it should emerge from the margin of the wound one-half inch away, completely burying the suture. It is then carried a short distance toward the center of the field, perhaps one-half inch, and a deep stitch taken in the vaginal wall but not including the mucosa of the bladder. The suture is then returned to the margin of the wound and another buried stitch made as first described, but penetrating the septum one-fourth to one-half inch further. Another stitch is then made in the denuded surface, after which a third one is introduced upon the outer side of the wound as first described (see Fig. 1). In this way five stitches are introduced on each side of the diamond (see Fig. 1), three of which are submucous and extended horizontally outward, including the muscularis of the vagina and bladder; the other two are made in the denuded field and passed at right angles to the surface. It will be observed that a line drawn from the tips of each of the loops extending outward will approximate a circle, and the suture when drawn tight will assume a similar shape, effectually closing the wound on the principle of a purse-string. The sides of the diamond are forced sharply inward and each converted into a right-angled triangle,